

Name : Mrs. SHARMISTHA CHATTOPADHYAY (30 /F)

Date : 07/04/2023

Address : 151,NANDAN KANAN,NEAR BHAI RABI MATA ASHRAM,P.O-DANKUNI,HOOGHLY,  
HOOGHLY, HOOGHLY, WEST BENGAL, INDIA

Examined by: Dr .SHARMISTHA MALLIK

UHID : AGHL.0001482853

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH  
TMT/ECHO)

AHC No : AMHLAH171698



## CHIEF COMPLAINTS

For corporate health checkup

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension,  
Dyslipidemia, Heart  
disease, Stroke, Asthma

Thyroid disease - hypothyroidism;  
Medication - regular; -  
Thyronorm 25 mcg  
Since - Glyciphage SR  
500

Polycystic ovarian  
disease



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Oral and dental

- Nil Significant

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Gynaec history

Last menstrual period - 7.4.23; Periods - irregular;  
No of Children - 1; Last child birth - 3 yrs; No of  
deliveries - 1; Deliveries - LSCS

### Central nervous system

- Nil Significant

### Eyes

- Nil Significant

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints

- Nil Significant

### Skin

- Nil Significant



### Past medical history

Covid 19 - Yes

Post detection (3 - No

Weeks)

Jaundice - yes



### Surgical history

Appendicectomy - yes

Caesarian section - yes



### Personal history

Marital status - Married

No. of children - 1

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Mild



### Family history

Father - alive

Mother - alive

Hypertension - mother

Coronary artery - none

disease

Cancer - None

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## PHYSICAL EXAMINATION



### General

Build - over weight  
Height - 160  
Weight - 70  
BMI - 27.34  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 60  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 84  
Diastolic(mm of Hg) - 66  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath  
sounds



### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No

### Ophthalmology consultation

Ophthalmology findings - UCVA:RE:6/12P LE:6/9P  
NVA:RE:N6 LE:N6  
OCULAR MOVEMENT:WNL  
ANT.SEG:WNL  
ACCPT: SPECTACLE PWR  
RE:-0.50/-0.25X95\*(6/6,N6)  
LE:-1.25/-0.75X160\*(6/6,N6)  
ADVICE:\*Glass Rx.\*Review  
after 1yr/SOS

Printed By : Benazir Begaum

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### COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	11.9 *	g/dl	●	12.0-15.0
RBC COUNT	3.97	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	35.7 *	%	●	36-46
MCV	90.0	fl	●	83-101
MCH	30.1	pg	●	27-32
MCHC	33.5	%	●	31.5-34.5
RDW	13.6	%	●	11.8-14.0
WBC Count	5400	/cu mm	●	4000-10000
Platelet Count	1.72	lacs/cu mm	●	1.5-4.0
Neutrophils	53	%	●	40-80
Lymphocytes	38	%	●	20-40
Monocytes	08	%	●	2-10
Eosinophils	01	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	25 *	mm/1st hr	●	0-20

### STOOL ROUTINE

Test Name	Result	Unit	Level	Range
Colour:	Brown			
Consistency :	Semi Solid			
Mucus:	Trace			
Reaction:	Acidic			
Frank Blood	Absent			
Pus Cells	Occasional/hpf			
RBC:	Not found			
Ova:	Not Found			
Cysts:	Not Found			
PARASITE	Not Found			

### URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Turbid			
Specific Gravity	1.020			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	2-4	/hpf		
Epithelial Cells	1-2 /h.p.f	/hpf		
Casts:	Not Found			
Crystals:	Not Found			
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.			

### URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

### URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

### BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	AB			
Rh (D) Type:	POSITIVE			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	39	U/L	●	10-40
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5.1

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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ALKALINE PHOSPHATASE - SERUM 55 U/L ● 42-98

AST (SGOT) - SERUM 26 U/L ● 10-42

BILIRUBIN TOTAL - SERUM 0.6 mg/dL ● 0.0-1.0

#### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	208 *	mg/dL	●	0-200

#### CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7	mg/dL	●	0.6-1.1

#### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	17	U/L	●	7-64

#### GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	93	mg/dL	●	70-99

#### GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	94	mg/dL	●	70-140

#### HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.6	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

#### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	57	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	129 *	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	22	mg/dL	●	0-35

#### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.3	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.0	g/dL	●	1.8-3.6

#### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	9.7	µg/dL	●	5.1-14.1

#### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	68	mg/dL	●	0-150

#### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	4.4 *	µIU/mL	●	0.270-4.200

#### URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.6	mg/dL	●	2.6-6.0

#### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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BILIRUBIN 0.1 mg/dL ● 0.0-0.2  
CONJUGATED  
(DIRECT) - SERUM

### BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	4.7 *	mg/dL	●	7.0-18.0

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.4		●	1.0-2.0

### ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

### ULTRASOUND SCREENING WHOLE ABDOMEN

\* Bulky uterus.  
\* Bilateral normal sized ovaries with multiple follicles -  
Follow-up case of PCOS.

### X-RAY CHEST PA

Normal study.

[INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE\(LAB,RADIOLOGY & CARDIOLOGY\)](#)

### Histopathology

PAP SMEAR /CERVICAL SMEAR

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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**Printed By** :

**Dr.SHARMISTHA MALLIK**  
AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.