

**Name** : Mr. PRAMOD KUMAR (33 /M)  
**Address** : BABLATALA, OTHER, OTHER, OTHER, INDIA  
**Examined by:**  
**Package** : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

**Date** : 13/05/2022  
**UHID** : AMHL.0001954535  
**AHC No** : AMHLAH147688



## CHIEF COMPLAINTS

For corporate health checkup  
C/O Pain and stiffness in small joints.

## PRESENT KNOWN ILLNESS

### Present known illness

No history of : - Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart disease, Asthma



## DRUG ALLERGY

NO KNOWN ALLERGY :16/05/2022



## SYSTEMIC REVIEW

### Cardiovascular system

Palpitation - yes

### Respiratory system

Sneezing - yes; Blocked nose - yes; Cough - yes

### Gastrointestinal system

- Nil Significant

### Genitourinary system

Frequency - normal

### Central nervous system

- Nil Significant

### Eyes

- Decreased.

### ENT

- Normal hearing

### Skin

- Nil Significant



## Past medical history

Past medical history - nil significant



## Surgical history

Surgical history - Nil



## Personal history

Marital status - Married  
No. of children - 2  
Diet - Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Active



## Family history

Father - alive  
Mother - alive  
Brothers - 1  
Sisters - 1  
Diabetes - father,mother  
Hypertension - father,mother  
Coronary artery disease - none  
Cancer - None

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## PHYSICAL EXAMINATION

- No significant finding



### General

Build - over weight  
Height - 172 Cm  
Weight - 78 Kg  
BMI - 26.37  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 86  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 150  
Diastolic(mm of Hg) - 112  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Present



### Central nervous system

- No neurological deficit



### Skin

- No significant finding



### Musculo Skeletal System

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	13.6	g/dl	●	13.0-17.0
RBC COUNT	5.34	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	42.6	%	●	41-53
MCV	79.8 *	fl	●	83-101
MCH	25.5 *	pg	●	27-32
MCHC	31.9	%	●	31.5-34.5
RDW	14.5 *	%	●	11.8-14.0
WBC Count	11200 *	/cu mm	●	4000-10000
Platelet Count	2.43	lacs/cu mm	●	1.5-4.0
Neutrophils	74	%	●	40-80
Lymphocytes	19 *	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	01	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Microcytic Hypochromic RBCs.			
WBC:	Neutrophilic leucocytosis noted.			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	14	mm/1st hr	●	0-15

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.020			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		

Pus Cells	Occasional/hpf
Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Trace			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	51 *	U/L	●	10-40
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	98	U/L	●	53-128
AST (SGOT) - SERUM	33	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.7	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	184	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.0	mg/dL	●	0.9-1.3

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	45	U/L	●	7-64

TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	9.3	µg/dL	●	5.1-14.1

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	128 *	mg/dL	●	70-99

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	137	mg/dL	●	0-150

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	225 *	mg/dL	●	70-140

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	3.3	µIU/mL	●	0.270-4.200

**HBA1C (GLYCOSYLATED**

**HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	7.4 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.4	mg/dL	●	3.5-7.2

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	32	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	125	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	27	mg/dL	●	0-35

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9.8	mg/dL	●	7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.4:1.0			1.0-2.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.5	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.1	g/dL	●	1.8-3.6

**ECG**

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

**TREADMILL TEST / STRESS TEST**

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

**ULTRASOUND SCREENING WHOLE ABDOMEN**

\* Fatty changes in liver - Grade I.

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
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**X-RAY CHEST PA**

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Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

### Haematology

STOOL ROUTINE



Within Normal Range



Borderline High/Low



Out of Range

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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