



H Swaminarayan Nagar, Off Mumbai-Agra Highway,
Panchvati, Nashik - 422 003.

+91- 253 - 2510250 / 350 / 450 / 550 / 750

apollonashik@apollohospitals.com

www.askapollo.com

QFAHN/BILL/003/V1



Name : Mr. ASHWIN V MULAY (30 /M)

Date : 22/10/2022

Address : PLOT NO 36 SHRI NIVAS VIDHATA NAGAR WADDA SHIVAR NASHIK, NASHIK,
NASHIK, MAHARASHTRA, INDIA.

Examined by:

UHID : MHN1.0000127300

Package : MediWheel Full Body Health Checkup Male Below 40
Package

AHC No : NSKAH28051



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

Present known illness

No history of : - Diabetes mellitus, Hypertension, Thyroid disorder, Heart disease, Stroke, Asthma,
COPD, Cancer



DRUG ALLERGY

NO KNOWN ALLERGY

:22/10/2022



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant



Past medical history

Do you have any allergies? - No

Do you have any drug allergies? - No

Past medical history - nil significant

Covid 19 - No



Surgical history

Surgical history - Nil

Immunization history

- Covid Dose1, Covid Dose2



Personal history

Marital status - Single

Diet

- Vegetarian

Alcohol

- does not consume alcohol

Smoking

- No

Chews tobacco

- No

Physical activity

- Active

- level ground walking

Family history

Diabetes

- mother

Hypertension

- mother

Coronary artery

- none

disease

Cancer

- None

Thyroid/other

- mother

endocrine disorder

PHYSICAL EXAMINATION



General

General appearance

- normal

Build

- normal

Height

- 177

Weight

- 71.3

BMI

- 22.76

Pallor

- No

Oedema

- no

Temperature

- 96.8

SpO2

- 98



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Cardiovascular system

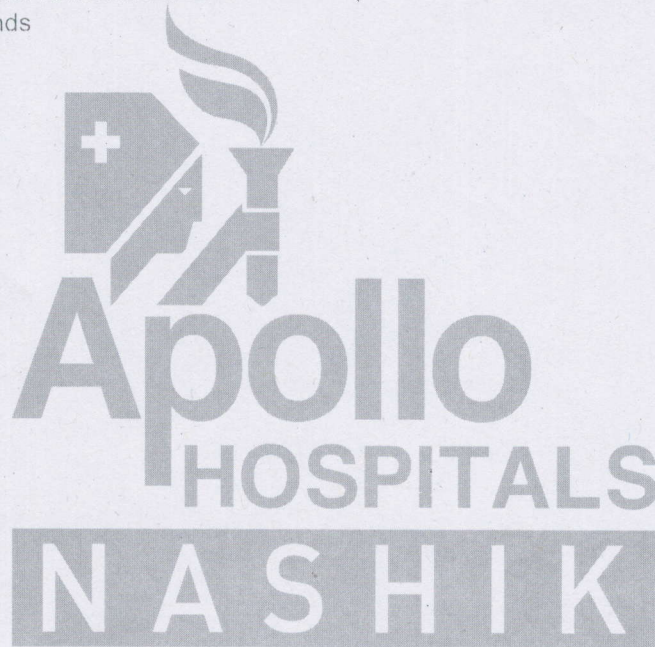
Heart rate (Per minute)	- 65
Rhythm	- Regular
	- B.P. Supine
Systolic(mm of Hg)	- 120
Diastolic(mm of Hg)	- 70
Heart sounds	- S1S2+

Respiratory system

Breath sounds	- Normal vesicular breath sounds
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Abdomen

Organomegaly	- No
Tenderness	- No





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AHC No : NSKAH28051

C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Test Name	Result	Unit	Level	Range
Hemoglobin	15.8	g/dl	●	13.0-18.0
Haematocrit	47.2	%	●	39.0-54.0
RBC COUNT	5.6	Million/ ul	●	4.2-6.5
MCV	84.3	fl	●	75.0-95.0
MCH	28.2	pg	●	26.0-32.0
MCHC	33.5	g/dl	●	31.0-36.0
RDW	15.0	%	●	11-16
Platelet Count(Optical/Impedance)	290	10 ³ /m ³	●	140-440
TLC Count	5.20	10 ⁹ /m ³	●	4.0-11.0
Neutrophils	55	%	●	45-75
Lymphocytes	37	%	●	20-45
Eosinophils	03	%	●	1-6
Monocytes	05	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	01	mm/1st hr	●	0-10

ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated) 0.9 * ● 1.1-1.8

ALKALINE PHOSPHATASE - SERUM/PLASMA 55 U/L ● 0-100

AST (SGOT) - SERUM 22 U/L ● 15-37

BILIRUBIN, TOTAL - SERUM 0.8 mg/dL ● 0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	158	mg/dL	●	0-200

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	1.0	mg/dL	●	0.8-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	16	U/L	●	0-50

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	81	mg/dL	●	70-100
URINE GLUCOSE(FASTING): (Strip Method)	Nil			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	32	U/L	●	30-65
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	3.6	g/dL	●	1.8-3.6

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	96	mg/dL	●	70-140

● Within Normal Range ● Borderline High/Low ● Out of Range



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URINE	Nil	Test Name	Result	Unit	Level	Range
GLUCOSE(POST PRANDIAL):(Strip Method)		URIC ACID - SERUM	3.8	mg/dL	●	3.5-7.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM / PLASMA	50	mg/dL	●	40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.2		●	0.0-4.5

LDL Cholesterol (Direct LDL)	110	mg/dL	●	
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LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	8.1	g/dL	●	6.4-8.2
PROTEIN, TOTAL - SERUM / PLASMA	8.1	g/dL	●	6.4-8.2

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI-IODOTHYRONINE - SERUM	162	ng/dL	●	Healthy Adults: 69 - 215
TOTAL T4: THYROXINE - SERUM	9.2	µg/dL	●	Healthy Adults:5.2-12.7

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	89	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	1.4	uIU/mL	●	Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75

URIC ACID - SERUM

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.6	mg/dL	●	0.0-0.7

CARDIAC STRESS TEST - (TMT)

ECG

ULTRASOUND - WHOLE ABDOMEN

No significant abnormality is detected in present study.

Suggest : Clinical correlation.

X-RAY CHEST PA

No significant abnormality noted.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE (LAB RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

● Within Normal Range ● Borderline High/Low ● Out of Range



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Package : MediWheel Full Body Health Checkup Male Below 40 Package

AHC No : NSKAH28051

Printed By :

AHC Physician / Consultant Internal Medicine

- cardiologist opinion

[Signature]



Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.



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AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

2

ACCEPTABLE SCORE

3

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.
- Continue with medications for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding follow up tests, consults and annual health assessment

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515

Mulaj, Ashwin

ID:

DOB:

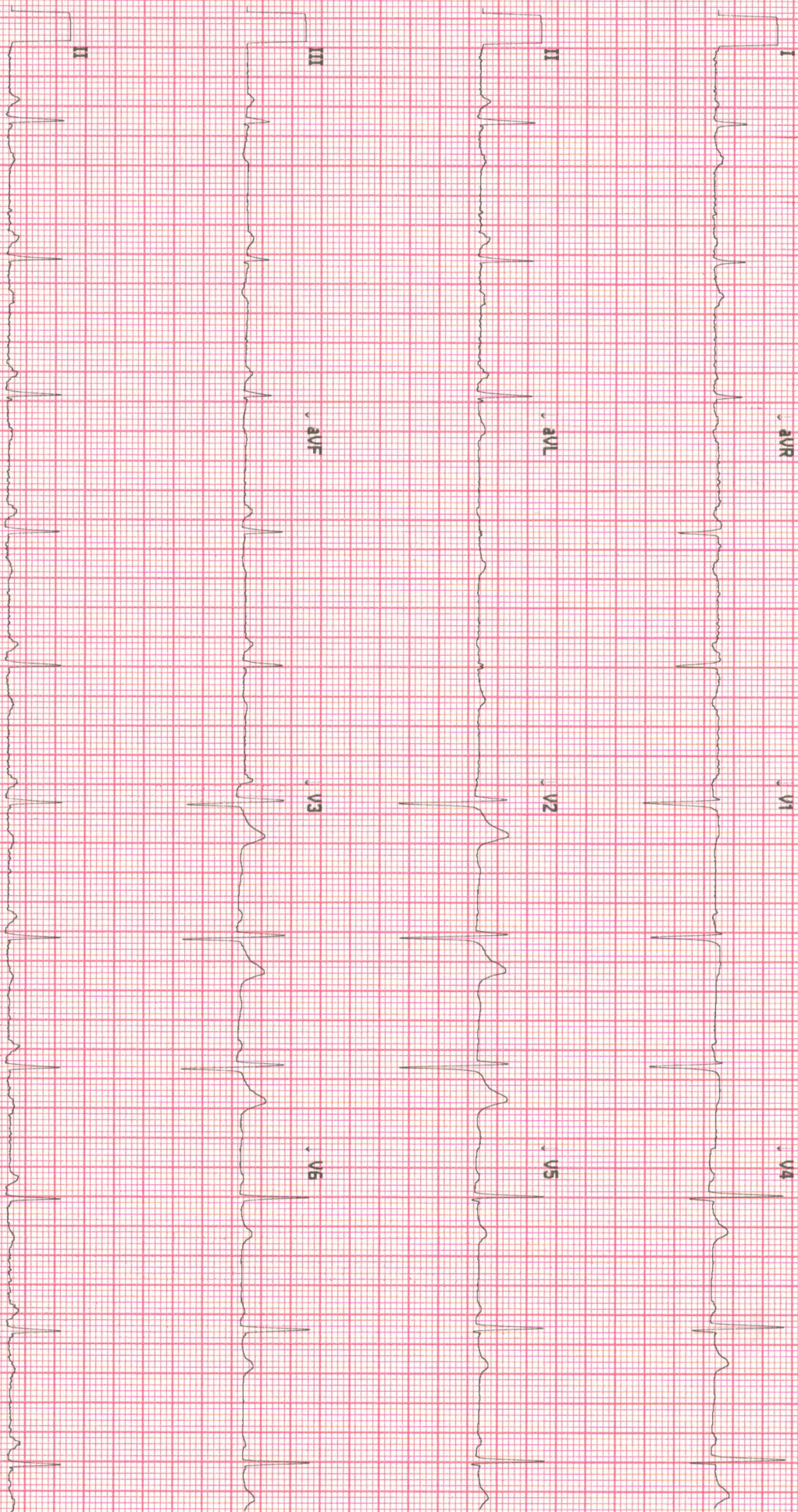
31yr, Male

22-Oct-2022 10:15:29

Vent rate: 65 BPM
PR int: 159 ms
QRS dur: 84 ms
QT/QTc: 355/367 ms
P-R-T axes: 73 55 15

SINUS RHYTHM
NONSPECIFIC T-WAVE ABNORMALITY
BORDERLINE ECG

UNCONFIRMED REPORT



H3500188213

No Site Name

Site # 0 Cart # 2 Version 2.0.4.0 Sequence #20627 25mm/s 10mm/mV 0.05-40 Hz



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Radiology

Patient Details : Mr. ASHWIN V MULAY | Male | 30Yr 0Mth 0Days

UHID : MHN1.0000127300 **Patient Location:** AHC

Patient Identifier: NSKAH28051



DRN : 222025228 **Completed on :** 22-OCT-2022 09:58

Ref Doctor : Dr. Rajashri Dhongade

ULTRASOUND - WHOLE ABDOMEN

LIVER : Normal in size and measures 13.5cm. Echotexture is uniform and normal.
No I.H.B.D./ focal lesions.

PORTAL VEIN: Normal in size.

GALL BLADDER: Well distended with normal walls and lumen.
No calculi/pericholecystic fluid.

COMMON BILE DUCT: Normal in size.

PANCREAS : Visualized portion of head and body of pancreas appears normal in size and echotexture. Rest of the pancreas is obscured due to bowel gases.

AORTA, IVC and para aortic areas are normal.

SPLEEN : Normal in size (10cm) and echotexture.

KIDNEYS: Both kidneys are normal in site, size and echotexture.

No evidence of calculi/ hydronephrosis.

Right kidney measures: 11.2 x 4.6cm.

Left kidney measures : 11.8 x 5.8cm.

URINARY BLADDER: Partially distended.

PROSTATE : Normal in size with homogenous echogenicity. No evidence of calcification within.

Prostate measures : 13.6gms.

Seminal vesicles are normal.



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Mr. ASHWIN V MULAY

MHN1.0000127300

NSKAH28051

ULTRASOUND - WHOLE ABDOMEN

Visualized bowel loops appear grossly normal.

No evidence of any free fluid in the peritoneal cavity.

Impression

No significant abnormality is detected in present study.

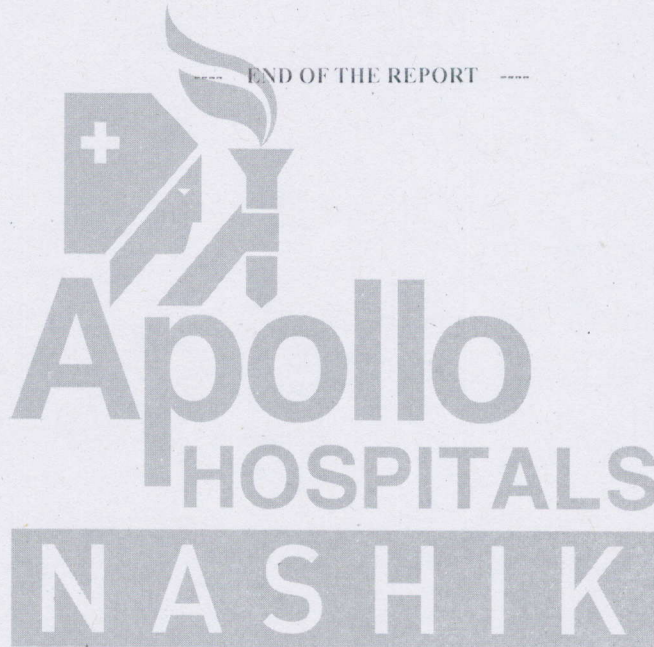
Suggest : Clinical correlation.

--- END OF THE REPORT ---

Sonawane

Dr.Samruddhi Sonawane

Consultant - Radiology





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QFAHN/BILL/003/V1



MD (Radiology)

Patient Details : Mr. ASHWIN V MULAY | Male | 30Yr 0Mth 0Days

UHID : MHN1.0000127300

Patient Location: AHC

Patient Identifier: NSKAH28051



DRN : 122041069

Completed on : 22-OCT-2022 09:57

Ref Doctor : Dr. Rajashri Dhongade

X-RAY CHEST PA

Both lung fields are clear.

Both hila are normal in size and position.

Costophrenic and cardiophrenic angles are clear.

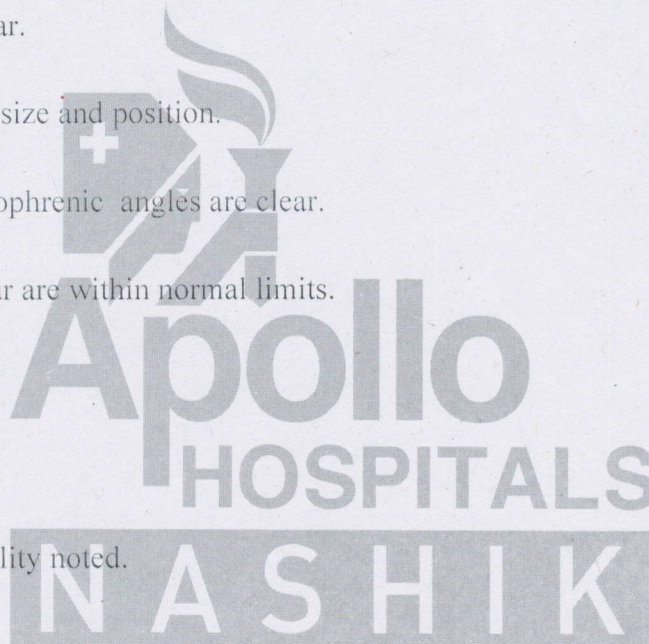
Cardiac size and contour are within normal limits.

Rib cage is normal.

Soft tissues are normal.

Impression

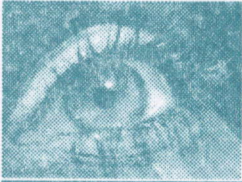
No significant abnormality noted.



--- END OF THE REPORT ---

Kunal Kalyanrao Patil

Consultant - MD (Radiodiagnosis)



OPHTHALMOLOGY



Name : Mr. Ashwin Mulay Date 22/10/22 UNIT _____
 Occupation : _____ Room No. _____ Out Patient
 Age : 31 Sex : Male Female S/M/W/D _____ Ref. Physician : _____
 Address : Nsk _____ Copies to : _____
 _____ Tel. No. _____

REPORT ON OPHTHALMIC EXAMINATION

HISTORY : - H10 - skin infection. On Rx 2yr.

PRESENT COMPLAINT : -

PAST HISTORY : DM / HTN / ALLERGY

ON EXAMINATION

RE 6/6 LE 6/6

VISION :

	RIGHT				LEFT			
PGP	SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA
DIST	_____				_____			
NEAR	_____				_____			

AR / Retinoscopy :

	RIGHT			LEFT		
	SPH	CYL	AXIS	SPH	CYL	AXIS
	_____			_____		

Refraction or Acceptance :

	RIGHT				LEFT			
	SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA
DIST	<u>R</u>	_____	_____	<u>6/6</u>	<u>R</u>	_____	_____	<u>6/6</u>
NEAR	_____				_____			

Handwritten signature/initials

CONSULTANT OPTOMETRIST



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22/10/22

Mr. Ashwin

311M

- No H/O of DM & HTN.

- Supra & Subgingival plaque present

- class I malocclusion bilaterally.

Adus- Scaling req.

Apollo
HOSPITALS
NASHIK

ID: 000127300

Visit:

31years

Asian

Male

BRUCE

Max HR: 158bpm 88% of max predicted 178bpm

Max BP: 130/80 Maximum workload: 10.7METS

Total Exercise time: 9:23

25.0 mm/s

10.0 mm/mV

100hz

22-Oct-2022

12:03:13

Referred by:

Test ind:

Reason for Termination: Max HR attained

Comments:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	WorkLoad (METS)	HR (bpm)	BP (mmHg)	RPP (x100)
PRETEST	SUPINE	3:03	***	***	1.0	77	110/80	85
	STANDING	0:12	***	***	1.0	74	110/80	81
	HYPERVENT	0:25	0.8	0.0	1.1	77	110/80	85
	STAGE 1	3:00	1.7	10.0	4.6	103		
	STAGE 2	3:00	2.5	12.0	7.0	122	110/80	134
	STAGE 3	3:00	3.4	14.0	10.1	148	120/80	178
	STAGE 4	0:23	4.2	16.0	10.7	158	130/80	205
RECOVERY	Post	4:09	***	***	1.0	89	130/80	116

TNT positive for S11

