



NABL



BHAILAL AMIN  
GENERAL HOSPITAL

ESTD. 1964

## CONCLUSION OF HEALTH CHECKUP

ECU Ref. No : MH/22/000447 Patient No : 21038321 Date : 12/03/2022  
Name : **MS. DEEPIKA** Sex / Age : FEMALE 29  
Height / Weight : 161 Cms 62 Kgs Ideal Weight 60 Kgs BMI : 23.9

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**Dr. Manish Mittal**  
Physician

*Note: General Physical Examination & Routine Investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.*

Page 1 of 6



Name : MS. DEEPIKA

Sex / Age : FEMAL 29

**Present History**

NO ANY MAJOR ILLNESS AT PRESENT

**Past History**

K/C/O ALLLERGIC RHITNITES

**Family History**

FATHER- BRONHCIAL ASTHMA

**Personal History**

VEG DIET; NO SMOKING OR ALCOHOL

**Clinical Examination**

B.P. 100/70 MMHG

Pulse 82/MIN; REG

Others NAD

**Respiratory System**

CLINICALLY NAD

**Cardio Vascular System**

CLINICALLY NAD

**Abdominal System**

CLINICALLY NAD

**Neurological System**

CLINICALLY NAD



Name : MS. DEEPIKA

Sex / Age : FEMALE 29

**Eye Checkup**

Doctor Name Dr. Ketan J. Patel

	Right	Left
History	NIL	NIL
Uncorrected vision	6/6	6/6
Corrected vision	N.6	N.6
IOP	14.6 MMHG	14.6 MMHG
Fundus	NORMAL	NORMAL
Any other	NAD	NAD
Advice	-	-



### Dietary Assessment

Name : **MS. DEEPIKA** Sex / Age : FEMALE 29  
Height : 161 Cms Weight : 62 Kgs Ideal Weight : 60 Kgs BMI : 23.9

Body Type : Normal / Underweight / Over weight

#### Diet History

Diet preference : Vegetarian / Eggeterian / Mixed

Frequency of consuming fried food : / day / week or occasional

Frequency of consuming sweets : / day or occasional

Frequency of consuming outside food : / week or occasional

Amount of water consumed / day : glasses / liters

#### Life style assessment

Physical activity : Active / moderate / Sedentary / Nil

Alcohol intake : Yes / No

Smoking : Yes / No

Allergic to any food : Yes / No

Are you stressed out ? : Yes / No

Do you travel a lot ? : Yes / No

#### General diet instructions :

Have small frequent meals.

Avoid fatty products like oil, ghee, butter, cheese.

Take salt restricted diet and avoid table salt.

Consume fibrous food regularly like whole grains, Daliya, Oats, Bajra, Flex seeds, Pulses, Fruits and Salads.

Keep changing your cooking oil every three months.

Avoid Maida, Starchy foods and Bakery products.

Consume 1-2 servings of all fruits and vegetables, For Diabetic patients avoid Mango, Chikoo, Banana, Grapes and Custurd Apple.

Drink 3 to 4 liters (12 - 14 glass) of water daily.

Eat Beetroot, Figs, Almond, Walnut, Dates, leafy vegetables, roasted Channa and Jeggary (Gur) for Heamoglobin. In case of diabetic patient avoid Rasins, Dates and Jeggary.

Drink green Tea or black Coffee once in a day.

Do brisk walking daily.

Dietitian



Name : **MS. DEEPIKA** Sex / Age : FEMALE 29  
Height / Weight : 161 Cms 62 Kgs Ideal Weight : 60 Kgs BMI : 23.9

Obstetric History MARRIAGE- DEC 2020

Menstrual History

Present Menstrual Cycle LMP- 3/03/2022

Past Menstrual Cycle REGULAR

Chief Complaints

NIL

**Gynac Examination**

P/A SOFT

P/S CERVIX- NORMAL; VAGINA- NORMAL

P/V UTERUS NORMAL SIZE; FX CLEAR

Breast examination - Right NORMAL

Breast examination - Left NORMAL

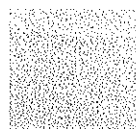
PAP Smear TAKEN

BMD -

Mammography -

Advice FOLLOW UP WITH REPORTS

**Dr. Sonia Golani**  
Gynecologist



Patient Name : Ms. DEEPIKA  
 Gender / Age : Female / 29 Years 5 Months 28 Days  
 MR No / Bill No. : 21038321 / 221029946  
 Consultant : Dr. Manish Mittal  
 Location : OPD

Type : OPD  
 Request No. : 30939  
 Request Date : 12/03/2022 09:03 AM  
 Collection Date : 12/03/2022 09:30 AM  
 Approval Date : 12/03/2022 12:23 PM

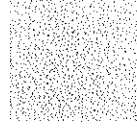
**CBC + ESR**

Test	Result	Units	Biological Ref. Range
<b>Haemoglobin.</b>			
Haemoglobin	12.9	gm/dL	12 - 15
Red Blood Cell Count (T-RBC)	4.09	mill/cmm	3.8 - 4.8
Hematocrit (HCT)	38.6	%	36 - 46
Mean Corpuscular Volume (MCV)	94.4	fl	83 - 101
Mean Corpuscular Haemoglobin (MCH)	31.5	pg	27 - 32
MCH Concentration (MCHC)	33.4	%	31.5 - 34.5
Red Cell Distribution Width (RDW-CV)	13.4	%	11.6 - 14
Red Cell Distribution Width (RDW-SD)	<b>47.4</b>	fl	39 - 46
<b>Total Leucocyte Count (TLC)</b>			
Total Leucocyte Count (TLC)	6.60	thou/cmm	4 - 10
<b>Differential Leucocyte Count</b>			
Polymorphs	62	%	40 - 80
Lymphocytes	28	%	20 - 40
Eosinophils	<b>7</b>	%	1 - 6
Monocytes	3	%	2 - 10
Basophils	0	%	0 - 2
Polymorphs (Abs. Value)	4.04	thou/cmm	2 - 7
Lymphocytes (Abs. Value)	1.90	thou/cmm	1 - 3
Eosinophils (Abs. Value)	0.43	thou/cmm	0.2 - 0.5
Monocytes (Abs. Value)	<b>0.19</b>	thou/cmm	0.2 - 1
Basophils (Abs. Value)	0.04	thou/cmm	0.02 - 0.1
Immature Granulocytes	0.2	%	1 - 3 : Borderline > 3 : Significant
<b>Platelet Count</b>			
Platelet Count	223	thou/cmm	150 - 410
Smear evaluation	Adequate		
ESR	4	mm/1 hr	0 - 12

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / retest may be requested.

365 Days / 24 Hours Laboratory Services

Home Collection Facility Available  
(Mon To Sat 8:00 am to 5:00 pm)



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DEPARTMENT OF LABORATORY MEDICINE

Patient Name	: Ms. DEEPIKA	Type	: OPD
Gender / Age	: Female / 29 Years 5 Months 28 Days	Request No.	: 30939
MR No / Bill No.	: 21038321 / 221029946	Request Date	: 12/03/2022 09:03 AM
Consultant	: Dr. Manish Mittal	Collection Date	: 12/03/2022 09:30 AM
Location	: OPD	Approval Date	: 12/03/2022 12:23 PM

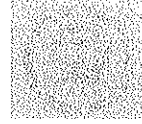
### CBC + ESR

Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological; except in pregnancy and neonates of < 7 days.  
Method : HB by Non-Cyanide Hemoglobin analysis method. HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser+Smear verification. ESR on Ves metic 20, comparable to Westergrens method and in accordance to ICSH reference method.

---- End of Report ----

Dr. Nikunj V. Mehta  
MD (Path.)

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**Haematology**

Test	Result	Units	Biological Ref. Range
<b>Blood Group</b>			
ABO system	B		
Rh system.	Positive		

By Gel Technology / Tube Agglutination Method

Note :

- This blood group has been done with new sensitive Gel Technology using both Forward and Reverse Grouping Card with Autocontro
- This method check's group both on Red blood cells and in Serum for "ABO" group.

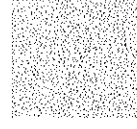
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Dr. Nikunj V. Mehta  
MD (Path.)



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DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Ms. DEEPIKA  
Gender / Age : Female / 29 Years 5 Months 28 Days  
MR No / Bill No. : 21038321 / 221029946  
Consultant : Dr. Manish Mittal  
Location : OPD

Type : OPD  
Request No. : 30939  
Request Date : 12/03/2022 09:03 AM  
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Clinical Biochemistry

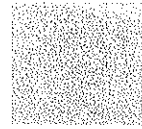
Test	Result	Units	Biological Ref. Range
Fasting Plasma Glucose	80	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	91	mg/dL	70 - 140

By Hexokinase method on RXL Dade Dimension

— End of Report —

Dr. Rakesh Vaidya  
MD (Path). DCP.

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / retest may be requested.



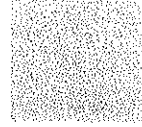
Patient Name	: Ms. DEEPIKA	Type	: OPD
Gender / Age	: Female / 29 Years 5 Months 28 Days	Request No.	: 30939
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Consultant	: Dr. Manish Mittal	Collection Date	: 12/03/2022 09:30 AM
Location	: OPD	Approval Date	: 12/03/2022 01:56 PM

**Complete Lipid Profile**

Test	Result	Units	Biological Ref. Range
<b>Complete Lipid Profile</b>			
Appearance	Clear		
Triglycerides	118	mg/dL	1 - 150
<i>(By Lipase / Glycerol dehydrogenase on RXL Dade Dimension</i>			
<i>&lt; 150 Normal</i>			
<i>150-199 Borderline High</i>			
<i>200-499 High</i>			
<i>&gt; 499 Very High)</i>			
Total Cholesterol	194	mg/dL	1 - 200
<i>(By enzymatic colorimetric method on RXL Dade Dimension</i>			
<i>&lt;200 mg/dL - Desirable</i>			
<i>200-239 mg/dL - Borderline High</i>			
<i>&gt; 239 mg/dL - High)</i>			
HDL Cholesterol	51	mg/dL	40 - 60
<i>(By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension</i>			
<i>&lt; 40 Low</i>			
<i>&gt; 60 High)</i>			
Non HDL Cholesterol (calculated)	143	mg/dL	1 - 130
<i>(Non- HDL Cholesterol</i>			
<i>&lt; 130 Desirable</i>			
<i>139-159 Borderline High</i>			
<i>160-189 High</i>			
<i>&gt; 191 Very High)</i>			
LDL Cholesterol	<b>125</b>	mg/dL	1 - 100
<i>(By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension</i>			
<i>&lt; 100 Optimal</i>			
<i>100-129 Near / above optimal</i>			
<i>130-159 Borderline High</i>			
<i>160-189 High</i>			
<i>&gt; 189 Very High)</i>			
VLDL Cholesterol	23.6	mg/dL	12 - 30
LDL Ch. / HDL Ch. Ratio	2.45		2.1 - 3.5
T. Ch./HDL Ch. Ratio	3.8		3.5 - 5
<i>(Recent NECP / ATP III Guidelines / Classification (mg/dl) :)</i>			

---- End of Report ----

Dr. Rakesh Vaidya  
MD (Path). DCP.



Patient Name : Ms. DEEPIKA  
 Gender / Age : Female / 29 Years 5 Months 28 Days  
 MR No / Bill No. : 21038321 / 221029946  
 Consultant : Dr. Manish Mittal  
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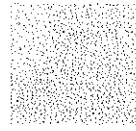
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 Request No. : 30939  
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 Approval Date : 12/03/2022 02:52 PM

## Renal Function Test (RFT)

Test	Result	Units	Biological Ref. Range
Urea <i>(By Urease Kinetic method on RXL Dade Dimension)</i>	8	mg/dL	10 - 45
Creatinine <i>(By Modified Kinetic Jaffe Technique)</i>	0.46	mg/dL	0.6 - 1.1
Estimate Glomerular Filtration rate <i>(Ref. range : &gt; 60 ml/min for adults between age group of 18 to 70 yrs. EGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)</i>	More than 60		
Uric acid <i>(By Uricase / Catalase method on RXL Siemens)</i>	2.9	mg/dL	2.2 - 5.8

— End of Report —

Dr. Nikunj V. Mehta  
 MD (Path.)



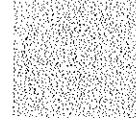
Patient Name : Ms. DEEPIKA Type : OPD  
 Gender / Age : Female / 29 Years 5 Months 28 Days Request No. : 30939  
 MR No / Bill No. : 21038321 / 221029946 Request Date : 12/03/2022 09:03 AM  
 Consultant : Dr. Manish Mittal Collection Date : 12/03/2022 09:30 AM  
 Location : OPD Approval Date : 12/03/2022 01:56 PM

**Liver Function Test (LFT)**

Test	Result	Units	Biological Ref. Range
<b>Bilirubin</b>			
Bilirubin - Total	0.31	mg/dL	0 - 1
Bilirubin - Direct	0.12	mg/dL	0 - 0.3
Bilirubin - Indirect	0.19	mg/dL	0 - 0.7
<i>(By Diazotized sulfanilic acid on RXL Dade Dimension.)</i>			
Aspartate Aminotransferase (SGOT/AST)	18	U/L	13 - 35
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alanine Aminotransferase (SGPT/ALT)	27	U/L	7 - 35
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alkaline Phosphatase	68	U/L	42 - 98
<i>(BY PNPP AMP method on RXL Dade Dimension.)</i>			
Gamma Glutamyl Transferase (GGT)	20	U/L	5 - 55
<i>(By IFCC method on RXL Dade Dimension.)</i>			
<b>Total Protein</b>			
Total Proteins	7.51	gm/dL	6.4 - 8.2
Albumin	4.10	gm/dL	3.4 - 5
Globulin	3.41	gm/dL	3 - 3.2
A : G Ratio	1.2		1.1 - 1.6
<i>(By Biuret endpoint and Bromocresol purple method on RXL Dade Dimension.)</i>			

--- End of Report ---

Dr. Rakesh Vaidya  
MD (Path). DCP.



Patient Name : Ms. DEEPIKA  
 Gender / Age : Female / 29 Years 5 Months 28 Days  
 MR No / Bill No. : 21038321 / 221029946  
 Consultant : Dr. Manish Mittal  
 Location : OPD

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**Thyroid Hormone Study**

Test	Result	Units	Biological Ref. Range
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Triiodothyronine (T3)	1.20	ng/ml	
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(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)

Reference interval (ng/ml)

1 - 3 days : 0.1 - 7.4  
 1-11 months : 0.1 - 2.45  
 1-5 years : 0.1 - 2.7  
 6-10 years : 0.9 - 2.4  
 11-15 years : 0.8 - 2.1  
 16-20 years : 0.8 - 2.1  
 Adults (20 - 50 years) : 0.7 - 2.0  
 Adults (> 50 years) : 0.4 - 1.8  
 Pregnancy (in last 5 months) : 1.2 - 2.5

(Reference : Tietz - Clinical guide to laboratory test, 4th edition ))

Thyroxine (T4)	9.15	mcg/dL	
----------------	------	--------	--

(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)

Reference interval (mcg/dL)

1 - 3 days : 11.8 - 22.6  
 1 - 2 weeks : 9.8 - 16.6  
 1 - 4 months : 7.2 - 14.4  
 4 - 12 months : 7.8 - 16.5  
 1-5 years : 7.3 - 15.0  
 5 - 10 years : 6.4 - 13.3  
 10 - 20 years : 5.6 - 11.7  
 Adults / male : 4.6 - 10.5  
 Adults / female : 5.5 - 11.0  
 Adults (> 60 years) : 5.0 - 10.7

(Reference : Tietz - Clinical guide to laboratory test, 4th edition ))

Thyroid Stimulating Hormone (US-TSH)	2.04	microIU/ml	
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(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)

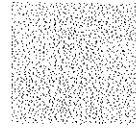
Reference interval (microIU/ml)

Infants (1-4 days) : 1.0 - 39  
 2-20 weeks : 1.7 - 9.1  
 5 months - 20 years : 0.7 - 6.4  
 Adults (21 - 54 years) : 0.4 - 4.2  
 Adults (> 55 years) : 0.5 - 8.9  
 Pregnancy :  
 1st trimester : 0.3 - 4.5  
 2nd trimester : 0.5 - 4.6  
 3rd trimester : 0.8 - 5.2

(Reference : Tietz - Clinical guide to laboratory test, 4th edition ))

— End of Report —

Dr. Rakesh Vaidya  
MD (Path). DCP.



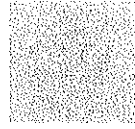
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**Urine Routine**

Test	Result	Units	Biological Ref. Range
<b>Physical Examination</b>			
Quantity	40	mL	
Colour	Pale Yellow		
Appearance	Clear		
<b>Chemical Examination (By Reagent strip method)</b>			
pH	7.0		
Specific Gravity	<=1.005		
Protein	Negative	gm/dL	Negative
Glucose	Negative	mg/dL	Negative
Ketones	Negative		Negative
Bilirubin	Negative		Negative
Urobilinogen	Negative		Negative (upto 1)
Blood	Negative		Negative
Bile Salt	Absent		Absent
Leucocytes	Negative		Negative
Bile Pigments	Absent		Absent
Nitrite	Negative		Negative
<b>Microscopic Examination (After Centrifugation at 2000 rpm for 10 min)</b>			
Red Blood Cells	Nil	/hpf	0 - 2
Leucocytes	Present (0-2)	/hpf	0 - 5
Epithelial Cells	Present (0-2)	/hpf	0 - 5
Casts	Nil	/lpf	Nil
Crystals	Nil		Nil
Mucus	Absent		Absent
Organism	Absent		

---- End of Report ----

Dr. Rakesh Vaidya  
MD (Path). DCP.



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**Pap Smear**

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>Biological Ref. Range</u>
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Pap Smear

Pap Smear Screening Report / Cervico-Vaginal Cytology...

Cyto No : 356/22  
Received at 11.50 am.Clinical Details : No complain  
P/V findings : Cx. / Vg. - NAD.  
LMP : 03/03/2022

TBS Report / Impression :

- \* Satisfactory for evaluation; transformation zone components identified.
- \* No significant inflammatory cellularity.
- \* No epithelial cell abnormality favouring squamous intraepithelial lesion or frank malignancy ( NILM ).

**Note / Method :**

The material received in LBC container, cytosmear was stained by rapid pap method and reported with due consideration to The Bethesda system (Modified 2014)

---- End of Report ----

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**DEPARTMENT OF DIAGNOSTIC RADIOLOGY**

Patient No. : 21038321      Report Date : 12/03/2022  
Request No. : 190013430      12/03/2022 9.03 AM  
Patient Name : **DEEPIKA**  
Gender / Age : Female / 29 Years 5 Months 28 Days

**ADVANCED DIGITAL SOLUTIONS**

- Computer Radiography
- Ultra Sensitive Colour Doppler
- Ultra High Resolution Sonography
- Multi-Detector CT Scan
- Mammography
- Interventional Radiology
- Digital Subtraction Angiography
- Foetal Echocardiography
- Echocardiography

**X-Ray Chest AP**

Both lung fields are clear.  
Both costophrenic sinuses appear clear.  
Heart size is normal.  
Hilar shadows show no obvious abnormality.  
Aorta is normal.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES  
• NOT VALID FOR MEDICO-LEGAL PURPOSES  
• CLINICAL CORRELATION RECOMMENDED

**Dr. Priyanka Patel, MD**  
Consultant Radiologist







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**DEPARTMENT OF DIAGNOSTIC RADIOLOGY**

Patient No. : 21038321 Report Date : 12/03/2022  
Request No. : 190013379 12/03/2022 9.03 AM  
Patient Name : DEEPIKA  
Gender / Age : Female / 29 Years 5 Months 28 Days

ADVANCED DIGITAL SOLUTIONS

Computer Radiography  
Ultra Sensitive Colour Doppler  
Ultra High Resolution Sonography  
Multi-Detector CT Scan  
Mammography  
Interventional Radiology  
Digital Subtraction Angiography  
Foetal Echocardiography  
Echocardiography

**USG : Abdomen (Excluding Pelvis) Or Upper Abdomen**

**Liver is normal in size and echopattern. No mass lesion identified. The hepaticveins are clear and patent. PV patent. No dilated IHBR.**

Gall bladder is well distended and shows no obvious abnormality. Common bile duct is not dilated.

Pancreas shows no obvious abnormality. Tail obscured.  
Spleen is normal size and echopattern.

Both kidneys are normal in shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis or mass lesion seen.

Uterus is anteverted, normal in size and echo pattern. Endometrium thickness is about 5 mm. No obvious mass lesion seen.

Uterine length : 63 mm.  
A.P. : 30 mm.

Both ovaries are normal in size.

Urinary bladder is well distended and appears normal.

**Minimal free fluid is seen in POD.**

**COMMENT:**

**Minimal free fluid in POD, otherwise no obvious abnormality seen.**

*Kindly correlate clinically*

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES  
• NOT VALID FOR MEDICO-LEGAL PURPOSES  
• CLINICAL CORRELATION RECOMMENDED

*Prerna C Hasani*

**Dr. Prerna C Hasani, MD**  
Consultant Radiologist





ECC



BHAILAL AMIN  
GENERAL HOSPITAL

ECC

Patient No. : 21038321 Report Date : 12/03/2022  
Request No. : 190013455 12/03/2022 9.03 AM  
Patient Name : DEEPIKA  
Gender / Age : Female / 29 Years 5 Months 28 Days

### Echo Color Doppler

MITRAL VALVE : NORMAL, NO MS, NO MR  
AORTIC VALVE : TRILEAFLET, NO AS, NO AR  
TRICUSPID VALVE : NORMAL, NO TR, NO PAH  
PULMONARY VALVE : NORMAL, NO PR, NO PS  
LEFT ATRIUM : NORMAL SIZE  
AORTA : NORMAL  
LEFT VENTRICLE : NORMAL LVEF – 70%, NO RWMA AT REST  
RIGHT ATRIUM : NORMAL SIZE  
RIGHT VENTRICLE : NORMAL SIZE  
I.V.S. : INTACT  
I.A.S. : INTACT  
PULMONARY ARTERY : NORMAL  
PERICARDIUM : NO EFFUSION  
COLOUR/DOPPLER FLOW MAPPING : NO MR // AR // TR, NO PAH

### FINAL CONCLUSION:

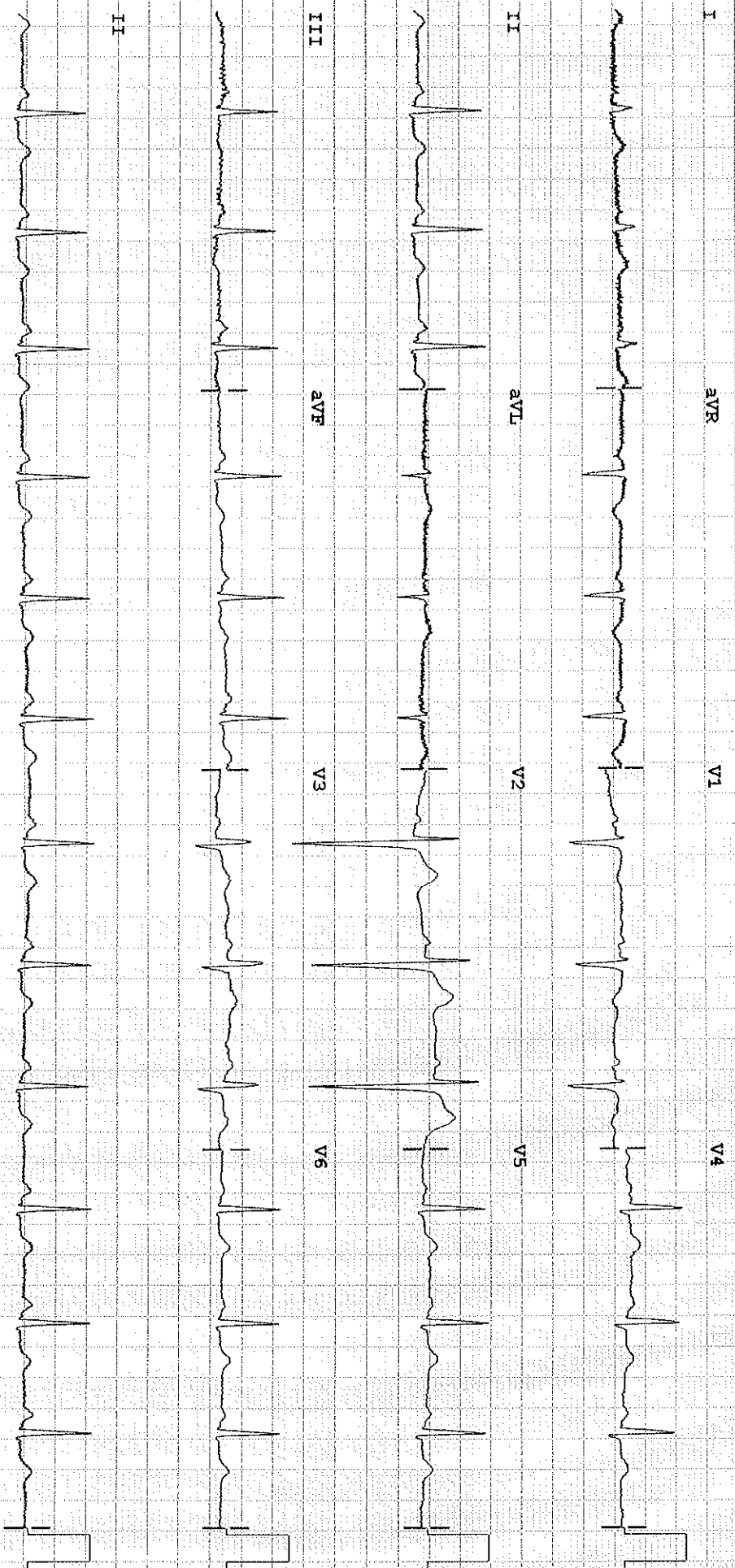
1. NORMAL SIZED ALL CARDIAC CHAMBERS
2. NORMAL LV SYSTOLIC FUNCTION LVEF – 70%
3. NO RESTING REGIONAL WALL MOTION ABNORMALITY
4. NORMAL VALVES, NO MITRAL / AORTIC STENOSIS
5. NORMAL RIGHT HEART SIZE AND RV PRESSURES
6. NO PERICARDIAL EFFUSION, CLOT OR VEGETATION SEEN, SR+.

Dr. P. P. P.  
DR. KILLOL KANERIA, M.D., D.M., CARD.

ECU/21038321 12-Mar-22 10:25:36 AM MS. DEEPIKA  
29 years Female

Rate 76  
PR 140  
QRSD 95  
QT 376  
QTc 423

--AXIS--  
P 71  
QRS 69  
T 3



Dev: Speed: 25 mm/sec Limb: 10 m IV Chest: 10 mm/mV

50 ~ 0.15-150 Hz

PH08

P2

Doctor MANISH MITTAL

**Dr. Manish Mittal**  
GENERAL HOSPITAL  
ESTD. 1984  
An NABH, NABL & ISO Accredited Institute  
*medhockey1*

# Dr. Sonica Peshin

Cosmetic Dentist & Implantologist

Reg. No. : 6966-A

M. : 9586867301



BHAILAL AMIN  
GENERAL HOSPITAL

## Dental assessment form

12/03/2022

Name: Deepika

Age/ Sex: 29 years/Female

Patient has come for a regular check up.

### On Examination:

- Stains++ Calculus+
- Bleeding on probing seen
- History of horizontal brushing
- Initial caries with respect to 18

### Provisional diagnosis:


- Chronic generalised gingivitis

### Treatment plan:

- Scaling and polishing



### Advised:

- Brush your teeth twice daily
- Salt water gargle twice daily
- Clean your tongue and floss in between everyday.
- Follow vertical brushing technique.

  
Dr Sonica Peshin

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