

Mr. BABUBHAI SOLANKI (59 /M)

UHID

AHIL.0000872381

AHC No

AHILAH213205

Date

13/05/2023

MEDIWHEEL-FULL BODY CHK-ABOVE40-MALE

Namaste Mr. BABUBHAI SOLANKI,

Thank you for choosing Apollo ProHealth, India's first Al-powered health management program, curated to help you make positive health shifts. Being healthy is about making smart choices, and you have taken the first step with this program. We are privileged to be your healthcare partner. Your health is our priority.

We are with you on your path to wellness by:

Predicting your risk: Artificial Intelligence-powered predictive risk scores are generated, based on your personal, medical, and family history and detailed multi-organ evaluation of your body through diagnostic and imaging tests.

Preventing onset or progress of chronic lifestyle diseases: Your Health Mentor is available to help you understand your physician's recommendations and helping you handle any concerns (complimentary service up to one year)

Overcoming barriers to your wellbeing: Your Health Mentor will help you set your health goals and guide you with tips to stay on track. We will also, digitally remind you to proactively prioritize your health.

Through this report, you will be able to understand your overall health status, your health goals and the recommendations for your path to wellness. Your Health Report will include the following:

- Your medical history and physical examination reports
- Results from your diagnostic and imaging tests
- Al powered health risk scores
- Your physician's impression and recommendations regarding your overall health
- Your personalized path to wellness, including your follow-up assessments and vaccinations



We have reviewed the results of the tests and have identified some areas for you to act on . We believe that with focus and targeted interventions, you can be healthier and happier.

Scan the QR code to download the Apollo 247 App





You can visit your proceed a physician in person at this center, or you can book a virtual consultation for review via www.apollo247.com or through the Apollo 24*7 mobile app. You can avail 30% discount on additional tests and follow-up tests at Apollo Hospitals within one week. You may call your Health Mentor on 04048492633 or email at prohealthcare@apollohospitals.com

Stay Healthy and happy! © Apollo ProHealth Care team

Disclaimer: The services offered in the program may vary depending on any prior mutual agreements between guests and the facility/unit.





Date

: 13/05/2023 A DOLO HOSPITALS

Examined by : Dr. SHASHIKANT NIGAM

UHID : AHIL.0000872381

MEDIWHEEL-FULL BODY CHK-ABOVE40-MALE

AHC No : AHILAH213205



Organization is Accordited Joint Common on Internation

Chief Complaints

For Annual health checkup No specific complaints

Present Known illness

Diabetes mellitus

Since - 2 YRS; Medication - not regular; - NOT REMEMBER THE NAME



Systemic Review

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Oral and dental

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Gynaec history

- Nil Significant

Central nervous system

- Nil Significant

Eyes

- Nil Significant

ENT

- Nil Significant

Musculoskeletal system

Spine and joints

- Nil Significant

Skin

Nil Significant

General symptoms

- Nil Significant



Past medical history

Do you have any

No

allergies?

Do you have any drug - No

allergies?

A

Surgical history

Surgical history

- Nil

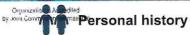
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The Emergency Special St. 1066

MEDIWHEEL-FULL BODY CHK-ABOVE40-MALE

UHID : AHIL.0000872381

Date AHC No : AHII



Ethnicity

- Indian Asian

Marital status

- Married

No. of children

- 3

Female

- 1

Male

- 2

Profession

- corporate employed

Diet

- Mixed Diet

Alcohol

- does not consume alcohol

Smoking

Chews tobacco

- No

Physical activity

- Moderate



Family history

Father

- alive

Aged

- 83

Mother

- alive

Aged

- 80

Brothers

- 2

Sisters

- 2

Diabetes

- mother

Coronary artery

- none

disease

Cancer

- None

Physical Examination



General

General appearance

- normal

Build

- normal

Height

- 159

Weight

- 76

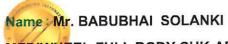
BMI Pallor - 30.06

Oedema

- No - no

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MEDIWHEEL-FULL BODY CHK-ABOVE40-MALE

Date : 13/05/2023 AHC No : AHILAH213205

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Cardiovascular system

Heart rate (Per minute) - 76

Rhythm - Regular

- B.P. Supine

UHID : AHIL.0000872381

Systolic(mm of Hg) - 140

Diastolic(mm of Hg) - 80

Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen 🔑

Organomegaly - No

Tenderness - No

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MUKTA S ADALTI

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UHID : AHIL.0000872381 Da

Date : 13/05/2023

AHC No : AHILAH213205

HOSPITALS

A COMMINS OF THE FOR ROUTINE EXAMINATION

Urinalysis, is the physical, chemical and microscopic examination of the urine and is one of the most common methods of medical diagnosis. It is used to detect markers of diabetes, kidney disease, infection etc.

Test Name	Result	Unit	Level	Range
Volume	30	mL		
Specific Gravity	1.026			
Colour:	STRAW			
Transparency:	Clear			
рН	5			
Protein:	Nil			
Sugar:	Nil			
Blood:	Nil			
Ketone	Nil			
Bile Pigments:	Nil			
Urobilinogen	normal			
Nitrite	Nil			
Pus Cells	Occassional			0-5
RBC	Nil	/hpf		0-5/hpf
Epithelial Cells	Occassional			
Casts:	Absent			
Crystals:	Absent			

COMPLETE BLOOD COUNT WITH ESR

Test Name	Result	Unit	Level	Range
Hemoglobin (Photometric Measurement)	13.9	gm%		13.0-17.0
Packed cell volume(Calculated)	42.1	%		40-50
RBC COUNT (Impedance)	4.81	Million/ul		4.5-5.9
MCV (From RBC Histogram)	87.6	fl .		80-100
MCH(Calculated)	28.92	pg		27-32
MCHC(Calculated)	33	%		31-36
RDW(Calculated)	14	%		11.5-14.5
WBC Count (Impedance)	8533	/cu mm		4000-11000

Within Normal Range



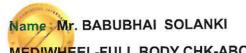
Borderline High/Low



Out of Range







MEDIWHEEL-FULL BODY CHK-ABOVE40-MALE

AHC No:

74199	ANTEN					HOSPITALS
onizatio Comm	nis According Neutrophils	67	%		40-75	HOSPITALS
	Lymphocytes	24	%		20-40	
	Monocytes	7	%		2-10	
	Eosinophils	2	%		01-06	
	Basophils	0	%		0-1	
	Platelet Count (Impedance)	277700	/cu mm		150000-450000	
	MPV (Calculated)	8.8	fl		7-11	
	RBC:	Normochromic l	Normocytic RBC	8		
	Platelets:	Adequate on the	e smear			
	ERYTHROCYTE SEDIMENTATION RATE (ESR) (Automated/ optic— electronic)	3	mm/1st hr		0-15	

UHID : AHIL.0000872381

URINE GLUCOSE(FASTING)

Test Name	Result	Unit	Level	Range

Nil Urine Glucose (Post Prandial)

URINE GLUCOSE(POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Urine Glucose (Post Prandial)	+++			

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
BLOOD GROUP:	O Negative			

LFT (LIVER FUNCTION TEST)

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	21	U/L		0-50
ALKALINE PHOSPHATASE - SERUM/PLASMA	134 *	U/L	•	Adult(Male): 40 - 129
AST (SGOT) - SERUM	18	U/L		> 1 year Male : <40

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Borderline High/Low

Out of Range



Within Normal Range

Name Mr. BABUBHAI SOLANKI

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MEDIWHEEL-FULL BODY CHK-ABOVE40-MALE

UHID : AHIL.0000872381

				LICCOLTA	10
onization is Accredited Commo Total -Bi l irubin	0.508	mg/dL		0.300-1.200	LS
Direct Bilirubin	0.204	mg/dL		Upto 0.3 mg/dl	
Indirect Bilirubin	0.304	mg/dL	•	1 Day ≤5.1 mg/dL 2 Days ≤7.2 mg/dL 3-5 Days ≤10.3 mg/dL 6-7 Days ≤8.4 mg/dL 8-9 Days ≤6.5 mg/dL 10-11 Days ≤4.6 mg/dL 12-13 Days ≤2.7 mg/dL 14 Days - 9 Years 0.2-0.8 mg/dL 10-19 Years 0.2-1.1 mg/dL ≥20 Years 0.2-1.2 mg/dL	

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.89	mg/dL		Adult Male: 0.6 - 1.3

LFT (LIVER FUNCTION TEST)

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Test Name	Result	Unit	Level	Range			
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	31	U/L		Male : 10 - 71 Female : 6 - 42			
GLUCOSE - SERUM / PLASMA (FASTING)							
Test Name	Result	Unit	Level	Range			
Glucose - Plasma (Fasting)	136 *	mg/dL	•	70 - 100 : Normal 100 - 125 : Impaired Glucose Tolerance			

GLUCOSE - SERUM / PLASMA (POST PRANDIAL) - PPBS

Test Name	Result	Unit	Level	Range	
Glucose - Plasma (Post Prandial)	275 *	mg/dL		70-140	
CLYCOCYLATED HEMOCLODIN (HDA4C) WHOLE BLOOD					

<u>GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD</u>

Test Name	Result	Unit	Level	Range

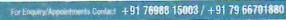
Within Normal Range

Borderline High/Low

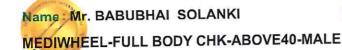
Out of Range

>= 126 : Diabetes Mellitus

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UHID : AHIL.0000872381 AHC No : AHIL

Organization Glypesylated Hemoglobin (HbA1c) by Joint Commission International

Normal < 5.7

%Increased risk for Diabetes 5.7 - 6.4%

Diabetes >= 6.5%

Monitoring criteria for Diabetes Mellitus < 7.0 : Well Controlled Diabetes 7.1 - 8.0 : Unsatisfactory Control > 8.0 : Poor Control & Needs Immediate

Treatment

Range

Level

Estimated Average Glucose.

Test Name

151.33

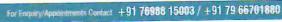
Result

LFT (LIVER FUNCTION TEST)

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

PROTEIN TOTAL - SERUM / PLASMA	7.17	g/dL	•	6.00-8.00
PROTEIN TOTAL - SERUM / PLASMA	7.17	g/dL		6.00-8.00
ALBUMIN - SERUM	4.57	g/dL	•	Adult(18 - 60 Yr): 3.5 - 5.2
ALBUMIN - SERUM	4.57	g/dL		Adult(18 - 60 Yr): 3.5 - 5.2
Globulin-Serum/Plasma	2.6			2.20-4.20
Globulin-Serum/Plasma	2.6			2.20-4.20
A/G ratio	1.76			1.00-2.00
A/G ratio	1.76			1.00-2.00
THYROID PROFILE (T3,T4 AND TSH)			
Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.7	nmol/L	•	Adults(20-120 Yrs): 1.2 - 3.1 Pregnant Female : First Trimester : 1.61 - 3.53 Second Trimester : 1.98 - 4.02 Third Trimester : 2.07 - 4.02
TOTAL T4: THYROXINE - SERUM	117	nmol/L	•	Adults(20-100 Yrs):66 - 181 Pregnant Female : First Trimester : 94.3 - 190 Second Trimester : 102 - 207 Third Trimester : 89 - 202
TSH: THYROID STIMULATING HORMONE - SERUM	2.21	μIU/mL	•	14-120 years : 0.27 - 4.20
Within Normal Range	Borderline H	ligh/Low	Out	of Range

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Uric acid is a product of the metabolic breakdown of purine. High blood concentrations of uric acid can lead to gout. It is also associated with other medical conditions including diabetes and the formation of kidney stones.

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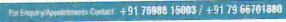
Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.3	mg/dL		Male : 3.4-7.0 Female : 2.4-5.7

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

PSA is present in small quantities in the serum of men with healthy prostates, but is often elevated in the presence of prostate cancer or some prostate disorders. PSA is not a unique indicator of prostate cancer, it may also detect prostatitis or benign prostatic hyperplasia. Only about 30 percent of patients with high PSA have prostate cancer diagnosed after biopsy. It is recommended in men above 50 years of age.

recommended in men above 50 years of age.											
Test Name	Result	Unit	Level	Range							
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	1.000	ng/mL		0.000-4.000							
BUN (BLOOD UREA NITROGEN)											
Test Name	Result	Unit	Level	Range							
BUN (BLOOD UREA NITROGEN)	16	mg/dL		6-20							
UREA - SERUM / PLASMA	35	mg/dL	•	15 - 50							
LIPID PROFILE - SERUM											
Test Name	Result	Unit	Level	Range							
Total Cholesterol	171	mg/dl	•	0 - 200 : Desirable 200 - 240 : Borderline High 240 - 280 : High > 280 : Very High							
Triglycerides - Serum	73	mg/dL		0-150							
HDL CHOLESTEROL - SERUM / PLASMA (Direct Enzymatic Colorimetric)	38 *	mg/dL	•	< 40 : Major risk factor for heart disease 40 - 59 : The higher The better. >=60 : Considered protective against heart disease							
LDL Cholesterol (Direct LDL)	142 *	mg/dL	•	100 : Optimal 100-129 : Near Optimal 130-159 : Borderline High 160-189 : High >=190 : Very High							

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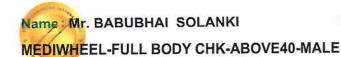


Borderline High/Low

Out of Range



Within Normal Range



UHID : AHIL.0000872381 Date AHC No : AHILA

Organization is Acceptified HOLESTEROL by Joint Commiss VIII Date of HOLESTEROL

15

< 40 mg/dl

C/H RATIO

4

0-4.5

X-RAY CHEST PA

X-ray imaging creates pictures of the inside of your body. Chest X-ray can reveal abnormalities in the lungs, the heart, and bones that sometimes cannot be detected by examination.

Mid expiratory film.

Lung fields are clear.

Cardio thoracic ratio is normal.

Both costophrenic angles are clear.

Domes of diaphragm are well delineated.

Bony thorax shows no significant abnormality.

ECHO/TMT

Investigations Not Done / Not Yet Reported

Haematology

STOOL ROUTINE

CARDIOLOGY

ECG

Within Normal Range

Borderline High/Low

Out of Range

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UHID : AHIL.0000872381

Date AHC No : AHIEAH213205

Organization is Accredited by Joint CommExecutive Summary



BODY WEIGHT 76 KG, DEAL BODY WEIGHT 47-57 KG

.K/C/O - DIABETES

.ECG - NORMAL SINUS RHYTHM

.ECHO - - MILD CONCENTRIC LVH

- NORMAL LV SYSTOLIC FUNCTION, LVEF 60%
- REDUCED LV COMPLIANCE
- MILD MR, MILD AR, NO PAH

.USG ABDOMEN - GRADE I FATTY LIVER

.CHEST X-PAY - MID EXPIRATORY FILM

.EYE - NORLA

.DENTAL - AS PER DOCTOR ADVICE

Wellness Prescription

Advice On Diet :-



BALANCED DIET---LOW FAT DIET LOW CARBOHYDRATE DIET

Advice On Physical Activity :-



REGULAR WALK FOR 30 MINS FOR HEALTH, 60 MINS WALK FOR WEIGHT REDUCTION PRACTICE YOGA AND MEDITATION MAINTAIN WEIGHT BETWEEN 47-57 KG

Follow-up and Review Plan



FBS and PPBS ONCE IN 30 DAYS HBA1C (GLYCOSYLATED HAEMOGLOBIN) NOW AND ONCE IN 3 MONTHS

Scan the QR code in AskApollo App to book your

follow-up appointments and investigations

Dr.SHASHIKANT NIGAM

AHC Physician / Consultant Internal Medicine

Dr. Shashikant Nigam MBBS, MD (Gen, Med.)

Consultant Internal Medicine Apollo Hospitals International Ltd., Gendhinagar, Gujarat-382428, INDIA. Regd. No.: G-21961

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Date : 13/05/2023 AHC No : AHILAH213205

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Note: The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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RADIOLOGY

Patient Details : Mr. BABUBHAI SOLANKI | Male | 59Yr 4Mth 12Days

UHID : AHIL.0000872381

Patient Location: AHC

Patient Identifier:

AHILAH213205

DRN

223026063

Completed on:

13-MAY-2023 09:29

Ref Doctor

DR. SHASHIKANT NIGAM

USG WHOLE ABDOMEN

FINDINGS:

Liver appears normal in size and shows uniform bright echotexture. No evidence of focal pathology seen. Intra and extra hepatic biliary radicles are not dilated. Portal vein is normal in calibre. Intrahepatic portal radicles appear normal.

Gall bladder appears normal with no evidence of calculus. Wall thickness appears normal. No evidence of pericholecystic collection.

Head, body and tail of pancreas appear normal in size and echotexture. No focal lesions identified. Pancreatic duct appears normal in caliber.

Spleen measures 10 cms and shows uniform echotexture.

Both kidneys are normal in size and show normal echopattern with good corticomedullary differentiation. Cortical outlines appear smooth. No evidence of calculi. Pelvicalyceal system on both sides appear normal.

No evidence of ascites or lymphadenopathy.

Urinary bladder is normal in contour and outline. Wall thickness appears normal. No evidence of any intraluminal pathology seen.

Prostate measures (volume 23 cc) and is normal in size and echopattern.

IMPRESSION:

Grade I fatty liver.

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15-May-2023 10:02

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717876

Page 1 of 2









Mr. BABUBHAI SOLANKI

AHIL.0000872381

AHILAH213205

USG WHOLE ABDOMEN

--- END OF THE REPORT ---

S. S. Pourue

SIDDHARTH S PARMAR

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15-May-2023 10:02

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Page 2 of 2

intments Contact +91 76988 15003 / +91 79 66701880







CARDIOLOGY

Mr. BABUBHAI SOLANKI | Male | 59Yr 4Mth 12Days Patient Details:

UHID AHIL.0000872381 Patient Location: AHC

Patient Identifier:

AHILAH213205

DRN

5623043630

Completed on:

13-MAY-2023 12:44

Ref Doctor

DR. SHASHIKANT NIGAM

ECHO/TMT

FINDINGS:

Mild Concentric LVH.

Normal cardiac chambers & dimensions.

Normal LV systolic function, LVEF: 60%.

No Regional wall motion abnormalities at rest.

Reduced LV compliance.

All cardiac valves are structurally normal

IAS / IVS intact.

Mild MR, Mild AR, Trivial TR.

No PAH.

No Clot / Vegetation / effusion.

MEASUREMENTS (mm) ::

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15-May-2023 10:02

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Page 1 of 2









Mr. BABUBHAI SC	LANKI		AHI	L.0000872381		AHILAH213205
æ			ECHO/I	ΓΜΤ		
	LVID diastole					
					0,68	
Measurements (mm)	No.					
		_				
IMPRESSION						
*						
	te.		END OF THE	REPORT		
Short			,			
DR SUBIR GHOSH	MD.DM					A.R
Interventional Cardiolo	gist				(35) (35)	
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RADIOLOGY

Patient Details · : Mr. BABUBHAI SOLANKI | Male | 59Yr 4Mth 12Days

UHID : AHIL.0000872381

Patient Location: AHC

Patient Identifier:

AHILAH213205

DRN

123064074

Completed on:

13-MAY-2023 08:55

Ref Doctor

DR. SHASHIKANT NIGAM

X-RAY CHEST PA

IMPRESSION

Mid expiratory film.

Lung fields are clear.

Cardio thoracic ratio is normal.

Both costophrenic angles are clear.

Domes of diaphragm are well delineated.

Bony thorax shows no significant abnormality.

- END OF THE REPORT -

AKSHAY SHARMA

Medical Officer

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15-May-2023 10:02

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153182

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717876

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Mr. BABUBHAI SOLANKI

59 Year(s) / Male

UHID:

Name:

13/05/23 Date:

Distance Vision:

Right Eye -

613

Left Eye -

619

Near Vision:

Right Eye:

NB NE

Left Eye:

APLN.TN - Right Eye

12

Left Eye-

13 mmHg

Both Eye - Colour Vision

Normal

Both Eye - Anterior Segment Examinations -

Both Eye Posterior Segment Examinations -

Ophthalmologist Name

AHMROP028V1



Place Label Here

872381

If label not available, write Pt, Name, IP No/UHID, Age, Sex, Date, Name of Treating Physician

Date: 13/5/23 Unit No.: Ref. Physician: Sex: Male Female Copies to : **DENTAL RECORD ALLERGIES:** PAIN : Score (0-10) Location: Character: Occasionally Twice Once **DENTAL CLEANING HABIT** Stick Finger. Any other Brush Any other Tooth Paste Powder DO THE GUMS BLEED WHEN YOU BRUSH YOUR TEETH? Yes ARE YOUR TEETH SENSITIVE TO HEAT / COLD? **ORAL HYGIENE** Poor OCCLUSION PERIODONTAL EXAMINATION **ORAL TISSUE EXAMINATION CLASS** 11 III NORMAL FINDINGS CROSSBITE IN DISEASE MOD SEV Lips Hypoplasia **Gingivitis** Impaction Cheeks Calculus Non-vital Tonque Recession Fracture Floor of the mouth: Abcess Periodontal Pockets RO Palate **Ulcers** Attrition **Tonsilar Area** Caries **Erosion** Any other Missing Teeth Mobility Supernumerary Others PRESENT COMPLAINT: Lost Chury M HTN Thyroid Acidity Pregnancy PRE-MEDICAL HISTOR ☐ Anticoagulant ☐ Under Drug Therapy

AHIL.0000872381 Mr. BABUBHAI SOLANKI

143 85 362 397

PR QRSD QT QTC

Rate

59 Year(s) / Male

					00 01 10 00
	7A	\$2	90		50~ 0 15-100 Hz
	5	ΔΔ	g ,		NV Chest: 10.0 mm/mV
59 Year(s) / Male	ave -	Ďe	a A A		Speed: 25 mm/sec Limb: 10 mm/mV
AXIS P 58 QRS 36 T 31 12 Lead; Standard Placement					Device: Spe