

HEALTH CHECKUP REPORT

Patient Name: MRS. ARUNABEN PANDYA
Age/Gender: 47/F
Reg. No: 372930
Package: BOB

DATE: 25/06/2022

COMPLAINTS (IF ANY):

DM-1
Primary sterility-on ivf

HISTORY OF HEALTH STATUS:

- Dm

PRESENT MEDICATIONS:

- Tab gvm-sr(2) 1-0-0

HYPERSENSITIVITY TO ANY DRUG: No

PERSONAL HISTORY:

- Bowel	:	Regular	Diet	:	Veg
- Micturition	:	Normal	Habits	:	No
- Sleep	:	Adequate	Physical Activity/Exercise: Walking		
- Appetite	:	Adequate			

HISTORY OF ILLNESS (WITH PAST MEDICATIONS): NAD

FAMILY HISTORY: NAD

VITAL SIGNS:

- Height :	148 cms	Pulse :	88/min.
- Weight :	66.7 Kgs	B.P:	160/90mmHg

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PHYSICIAN CONSULTATION:

1) Clinical Impression

- Gynec consult
- Onco consult

2) Recommendations

- Healthy life style
- SRD ADD

(Dr. Hardik Shah)

OPHTHALMO CONSULTATION:

	RE	LE
Best corrected visual acuity	6/6	6/6

DENTAL CONSULTATION:

Adv:

- Cleaning

(Dr. Parvin Chandarana)

GYNEC CONSULTATION:

M/H: PMP-

LMP: 4 day

O/H: - AML -

Nil

H/O: TL

P/H : Any other surgeries - breast lamp

O/E: P/A - Soft

P/S - Cx. MAD

P/V - UT, RV, NS, FMR, Fx. Clear

Adv: USG Pelvis/TVS

Mammography

Pap Smear

} Follow up with reports

(Dr. devang patel)

CIMS Hospital : Regd Office: Plot No.67/1, Opp. Panchamrut Bunglows, Nr. Shukan Mall, Off Science City Road,

Please take regular medicine as prescribed by the Doctor. (If given)

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Reg. No : CIMS/A/2022/372930
 Patient Name : Mrs. ARUNA PANDYA
 Referring Doctor : Dr. CIMS DOCTOR
 Ward/Room :
 Visit No : HC/250622/24 [HCV]
 Age(Y-M-D)/Sex : 47 Y 11 M 12 D. / Female
 Doctor :
 Bed :

ORD/250622/538 Lab No : 202299339 LSN : 895954 (Whole Blood) Sample Quality : Normal
 Collection Time : 25/06/2022 10:35:28 Arrival : 25/06/2022 10:51:29 Validation Time : 25/06/2022 12:25:27PM

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	Result	Unit	Reference Range
CBC With ESR			
TOTAL COUNT			
Hemoglobin <i>(SLS Hemoglobin Detection method)</i>	11.6	g/dl	12.5 - 16.0 g/dl
Total RBC Count <i>(Hydro Dynamic Focusing Method)</i>	4.35	mill/Cmm	4.2 - 5.4 mill/Cmm
HCT <i>(Hydro Dynamic Focusing Method)</i>	36.2	%	37 - 47 %
Total WBC Count <i>(Flow Cytometry)</i>	7630	/Cmm	4000 - 10500 /Cmm
Platelet Count <i>(Hydro Dynamic Focusing Method)</i>	270000	/Cmm	150000 - 450000 /Cmm
DIFFERENTIAL COUNT (by Flow Cytometry)			
Polymorphs	65	%	40 - 70 %
Lymphocytes	30	%	22 - 45 %
Eosinophils	01	%	01 - 04 %
Monocytes	04	%	01 - 06 %
Basophils	00	%	00 - 01 %
Immature Granulocytes	00	%	0 - 2 %
Smear Study			
<p>RBCs are Normochromic & Normocytic. Platelets are adequate in number. Malarial Parasites are not seen. No Premature cells are seen.</p>			
BLOOD INDICES (by Calculated Method)			
M.C.V	63.2	f	78 - 100 f
M.C.H	26.7	pg	27 - 31 pg
M.C.H.C.	32	gm/dl	32 - 36 gm/dl
RDW-CV	12.3	%	11.5 - 14.0 %
ESR (Red Cell Aggregation)			

Jan

Dr. Manisha Shah
 MD (Path & Bact)
 Consultant Pathologist
 Reg. No. : G-15496

Dr. Jitendra Nayak
 MD (Path)
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	<u>Result</u>	<u>Unit</u>	<u>Reference Range</u>
HbA1c (Glycosylated Haemoglobin)			
TEST			
HbA1c (Glyco Hb) (Immuno Turbidimetric)	10.48	%	4.8-5.9% Normal 5.9-7.0% Good diabetic control 7.0-10.0% Fair diabetic control >10.0% Poor diabetic control
Mean Plasma Glucose	295.7	mg/dL	80 - 140 mg/dL

Dr. Kazumi Gondalia
M.D. (Path)
Consultant Pathologist
Reg. No. : G-21729

Dr. Manisha Shah
MD (Path & Bact)
Consultant Pathologist
Reg. No. : G-15496

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After One Hour 28 \ mm 0 - 12 mm

*** END OF REPORT ***

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ORD/250622/538 Lab No : 202299340 LSN : 895954 (SERUM) Sample Quality : Normal
 Collection Time : 25/06/2022 10:35:28 Arrival : 25/06/2022 10:51:29 Validation Time : 25/06/2022 12:18:44PM

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	Result	Unit	Reference Range
Creatinine (Buffered Jaffe Reaction Kinetic Compensated)	0.72	mg/dL	0.5 - 0.9 mg/dL
Estimated GFR	100.64	mL/min/1.73m2	50 - 102 mL/min/1.73m2
SGOT (AST) (IFCC without pyridoxal 5 phosphate)	11.2	U/L	0 - 32 U/L
SGPT (ALT) (IFCC without pyridoxal phosphate)	9.8	U/L	0 - 33 U/L
Thyroid Function Test			
TOTAL T3 (T3) * (Electrochemiluminescence Assay)	0.92	ng/ml	0.846 - 2.02 ng/ml
TOTAL T4 (T4) * (Electrochemiluminescence Assay)	8.21	µg/dl	5.13 - 14.06 µg/dl
TSH (Electrochemiluminescence Assay)	4.74	µIU/ml	0.27 - 4.20 µIU/ml
Urea (Urease)	22.6	mg/dL	16.6 - 43.5 mg/dL
Uric Acid (Uricase Colorimetric Enzymatic)	4.55	mg/dL	2.4 - 5.7 mg/dL
Vitamin B-12 (Electrochemiluminescence Assay)	220.2	pg/ml	211-946 pg/ml
Vitamin D (25 OH) * (Electrochemiluminescence Assay)	12.11	ng/ml	Deficiency : ≤ 20 ng/ml Insufficiency : 21 - 29 ng/ml Normal : ≥ 30 ng/ml

Signature

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 Collection Time : 25/06/2022 10:35:28 Arrival : 25/06/2022 10:51:29 Validation Time : 25/06/2022 12:18:45PM

(Electrochemiluminescence Assay)

*** END OF REPORT ***

Signature

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Referring Doctor : Dr. CIMS DOCTOR
Ward/Room :

VisitNo : HC/250622/24 [HCV]
Age(Y-M-D)/Sex : 47 Y 11 M 12 D. / Female
Doctor :
Bed :

ORD/250622/538 Lab No : 202299341 LSN : 895954 (Urine) Sample Quality : Normal
Collection Time : 25/06/2022 10:35:28 Arrival : 25/06/2022 10:51:29 Validation Time : 25/06/2022 12:22:33PM

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	Result	Unit	Reference Range
Urine R & M			
PHYSICAL EXAMINATION			
Quantity	20 cc		
Colour	Yellow		
Transperancy	Slight Turbid		
Reaction (QDS-10 Strip)	5.0		
Sp. Gravity (QDS-10 Strip)	1.030		1.005 - 1.035
CHEMICAL EXAMINATION			
U. Albumin (QDS-10 Strip/Manual)	Nil		
U. Glucose (QDS-10 Strip/Manual)	Present(+++)		
U. Acetone (QDS-10 Strip/Manual)	Absent		
BS/BP (QDS-10 Strip/Manual)	Absent		
MICROSCOPIC EXAMINATION			
Pus Cell	3-4	/H.P.F.	/H.P.F.
Red Blood Cell	8-10	/H.P.F.	/H.P.F.
Epithelial Cell	4-5	/H.P.F.	/H.P.F.
Cast	Not Seen		
Crystals	Not Seen		
Amorphous	Absent		
Monilia	Absent		

*** END OF REPORT ***

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Reg. No : CIMS/A/2022/372930	VisitNo : HC/250622/24 [HCV]
Patient Name : Mrs. ARUNA PANDYA	Age(Y-M-D)/Sex : 47 Y 11 M 12 D. / Female
Referring Doctor : Dr. CIMS DOCTOR	Doctor :
Ward/Room :	Bed :

SRD/250622/538 Lab No : 202299340 LSN : 895954 (SERUM) Sample Quality : Normal
 Collection : 25/06/2022 10:35:28AM Arrival: 25/06/2022 10:55:42 Validation Time: 25/06/2022 12:13:15

<u>Lipid Profile (With Direct LDL)</u>	<u>Result</u>	<u>Unit</u>	<u>Reference Range</u>
Type of Sample	: Fasting	.	
Cholesterol <i>(Enzymatic/Colorimetric, Cholesterol Oxidase, Esterase, Peroxidase Gen. 2)</i>	: 171	mg/dL	Less than 160 mg/dl Excellent Less than 200 mg/dl Desirable 200-239 mg/dl Borderline High 240 mg/dl & over High
Triglyceride <i>(Enzymatic Colorimetric without Glycerol Blank Without Serum Blank)</i>	: 150.4	mg/dL	Less than 150 mg/dl Normal 150 - 199 mg/dl Borderline High 200-499 mg/dl High 500 mg/dl or greater Very High
LDL Cholesterol <i>(Direct Mearuse Homogenous Technique Modified Enzymatic Colorimetric Gen. 3)</i>	: 33.6	mg/dL	Less than 40 mg/dl Low 60 mg/dl or above Excellent
LDL Cholesterol (DIRECT) <i>(Homogenous Enzymatic colorimetric Assay)</i>	: 120.7	mg/dL	Less than 40 mg/dl Excellent Less than 100 mg/dl Optimal 100 - 129 mg/dl Near or above optimal 130 - 159 mg/dl Borderline High 160 - 189 mg/dl High 190 mg/dl & above Very High
VLDL Cholesterol <i>(Calculated)</i>	: 30.08	mg/dL	15 - 30 mg%
Cholesterol/HDL Ratio <i>(Calculated)</i>	: 5.09		Normal upto 4.5

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Dr. Manisha Shah MD (Path & Bact) Consultant Pathologist Reg. No. : G-15496	Print By: ankitrajput	Dr. Jitendra Nayak MD (Path) Consultant Pathologist Reg. No. : G-14786	Print Date/Time: 29/06/2022 7:14:25PM	Page 1 of 2
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ORD/250622/538 Lab No: 202299340 LSN:895954 (SERUM) Sample Quality: Normal
 Collection: 25/06/2022 10:35:28AM Arrival: 25/06/2022 10:55:42 Validation Time: 25/06/2022 12:13:15

T/L/HDL Ratio : 3.59 Less than 3.5
 (Calculated)

Remarks :

*** END OF REPORT ***



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MD (Path & Bact)
Consultant Pathologist
Reg. No. : G-15496

Print By:

Dr. Jitendra Nayak
MD (Path)
Consultant Pathologist
ankita rajput
Reg. No. : G-14786

Print Date/Time: 29/06/2022 7:14:25PM

Page 2 of 2

EKG

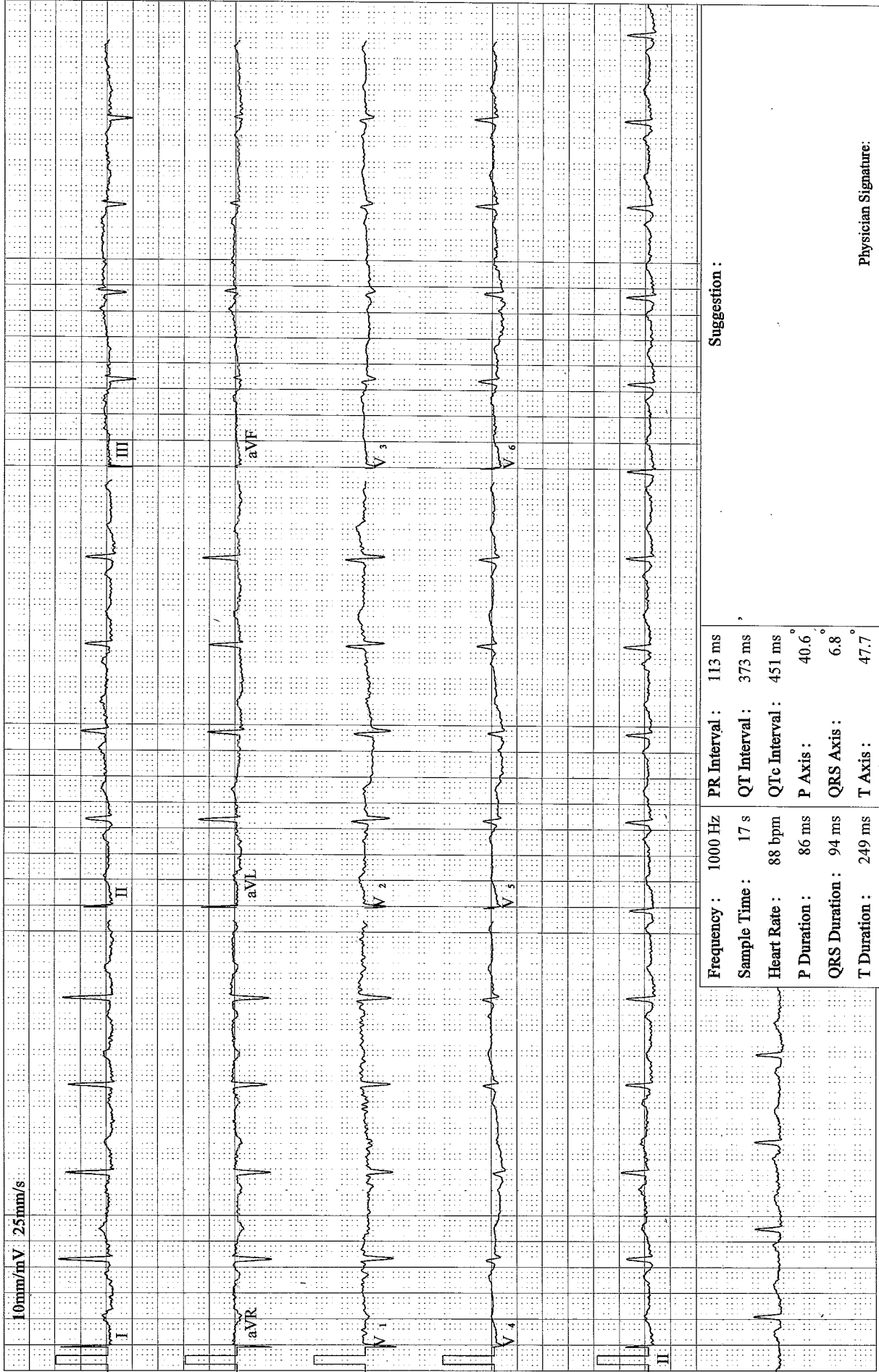
CIMS Hospital

Name :Mrs. ARUNA PANDYA

Sex :Female

Age :47

Date :6-25-2022



Frequency :	1000 Hz	PR Interval :	113 ms	Suggestion :
Sample Time :	17 s	QT Interval :	373 ms	
Heart Rate :	88 bpm	QTc Interval :	451 ms	
P Duration :	86 ms	P Axis :	40.6°	
QRS Duration :	94 ms	QRS Axis :	6.8°	
T Duration :	249 ms	T Axis :	47.7°	

Physician Signature:





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ECHO Report

Dt : 25/06/2022

Patient Details

Patient ID 313060
Name Mrs. ARUNA PANDYA
Age 47 Years
Gender Female
Blood Group
Referral Doctor

ECHO Identification Detail

Doctor Incharge Dr. VIPUL KAPOOR

Clinical Status Of Patient

ECHO Code RP

- Finding Description**
1. Normal cardiac chambers dimensions.
 2. Normal LV systolic function, LVEF: 60%.
 3. No RWMA.
 4. Stage I diastolic dysfunction.
 6. All cardiac valves are structurally normal.
 7. Mild MR, Trivial TR, Trivial PR, Trivial AR.
 8. No PAH. RVSP: 30 mmHg.
 9. Normal RV systolic function.
 10. No clot/vegetation/pericardial effusion.

Dr. VIPUL KAPOOR

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Patient's Name : ARUNA PANDYA
Reg. No. (IP/OP): HC-372930
Referred By Dr. : CIMIS

Age, Sex : 48Y/F
Date : 25/06/2022

Plain Skiagram of Chest PA standing view:
(Serial No-2636)

Rotation +.
Expiratory film.

Both lung fields appear normal.

No evidence of pleural effusion or pneumothorax is seen on either side.

Mediastinal shadow appears normal.

Heart and aorta appear normal.

Domes of diaphragm appear normal.

Bones under view appears normal.

Kindly correlate clinically

DR KIRTAN SHAH M.D. RADIODIAG. CONS. RADIOLOGIST	DR DEEPA SHAH M.D., D.M.R.IE CONS. RADIOLOGIST	DR UMA MEHTA D.M.R.D. F.R.C.R CONS. RADIOLOGIST	DR NIMISH SHARMA D.M.R.D. (D.N.B.) CONS. RADIOLOGIST	DR VRUSHTI GANDHI M.D. RADIODIAG. CONS. RADIOLOGIST	DR RAVINA CHAUHAN M.D. RADIODIAG. CONS. RADIOLOGIST
--	--	---	--	---	---

Note: This is only a radiological impression and not the final diagnosis. All diagnostic modalities have their own limitations. Therefore radiological modality report should be interpreted in correlation with clinical and pathological findings.

Dks/as

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Referred By Dr. : CIMS

Age, Sex : 48Y/F
Date : 25/06/2022

USG OF ABDOMEN & PELVIS

LIVER: Liver shows bright echotexture and is normal in size. S/O Fatty liver (Grade-I). No evidence of focal SOL or dilatation of IHBR seen. Porta hepatis appear normal.

GALLBLADDER: Gallbladder contracted.

PANCREAS: Visualised Pancreas appeared normal in size and echotexture. No focal lesion, mass or pancreatitis.

SPLEEN: Spleen appears normal in size and echotexture.

PARAAORTIC REGION: Aorta grossly appeared normal. No paraaortic lymphnodes seen.

KIDNEYS: Both kidneys appear normal in size, shape and in position.

Cortex and collecting system of both kidneys appeared normal.

No evidence of calculus or obstructive uropathy on either side.

Right kidney: 104x38mm. Left kidney: 111x44mm.

URINARY BLADDER: Bladder appeared normal. No calculus or mass lesion is seen.

UTERUS: Uterus appears normal in size and measures 75x31x50mm.

Presence of tiny cystic and echogenic areas noted in junctional zone with coarse myometrial echoes likely early adenomyosis.

Few nabothian cysts are noted in cervix.

A 42x26x36mm sized subserous fibroid noted in cervix left posterolaterally

Another small intramural fibroid is noted in right posterolateral wall.

Endometrial thickness appears normal and measures 5mm.

No GS seen.

OVARIES:

Right ovary: 37x33mm and shows presence of 32x25mm sized cyst with layered internal echoes within. Left

ovary: 33x20mm and shows presence of 26x21mm sized cyst with layered internal echoes within.

No other adnexal mass lesion seen on either side.

No evidence of free fluid or collection is seen in peritoneal spaces.

Normal small bowel peristalsis noted.

COMMENTS: Appearance suggests

- Fatty liver (Grade-I)
- Uterine and cervical fibroids as described
- Coarse myometrial echotexture with few junctional zone cystic/ echogenic areas likely early changes of adenomyosis.
- Bilateral ovarian haemorrhagic cysts with layered internal echoes. ? chocolate cysts / ?functional cysts
- Few nabothian cysts in cervix.

Kindly correlate clinically.

DR KIRTAN SHAH

M.D. RADIODIAG.

CONS. RADIOLOGIST

DR DEEPA SHAH

M.D., D.M.R.I.E

CONS. RADIOLOGIST

DR UMA MEHTA

D.M.R.D. F.R.C.R

CONS. RADIOLOGIST

DR NIMISH SHAPMA

D.M.R.D. (D.N.B.)

CONS. RADIOLOGIST

DR VRUSHTI GANDHI

M.D. RADIODIAG.

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Date : 25/06/2022

BILATERAL MAMMOGRAPHY:

Bilateral mammogram has been obtained using a low radiation dose film screen technique in the craniocaudal and oblique projections. Film markers are in the axillary / lateral portions of both breasts.

Both breasts reveal moderately dense fibroglandular parenchyma which limits optimal visualization. Few rimmed calcifications are noted in left breast.

No obvious evidence of focal spiculated mass lesion, retraction of tissues or clusters of micro calcification.

No definite evidence of skin thickening seen.

SONOMAMMOGRAPHY:

- Presence of 6x3x6mm sized hypoechoic lesion noted in right breast at 11 o'clock position
- Two well-circumscribed lobulated lesion measuring 9x4x6mm noted at 11 o'clock position and 8x8x3mm at 2 o'clock position in left breast.
- Left breast reveals a small intraglandular node at 2 o'clock position
- Bilateral scattered lobular thickenings are noted.
- No evidence of axillary lymphadenopathy on either side.

CONCLUSION: Appearance suggests

- Dense breasts with bilateral few circumscribed solid lesions as described above likely fibroadenoma.
- Bilateral scattered lobular thickenings
- A small intraglandular node in left breast at 2 o'clock position

BI-RADS Assessment Categories: Category 3: probably benign. Ultrasound follow up is suggested after 3-6 months

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BI-RADS Assessment Categories: (0=Requires additional evaluation, 1=Negative, 2=Benign findings, 3=Probably benign findings, 4=Suspicious abnormality, 5=Highly suggestive of malignancy)

NOTE: False negative rate of mammography is approximately 10%. Management of a palpable abnormality must be based on clinical grounds. If you detect a lump or any other change in your breast before your next screening mammogram, consult your doctor immediately.

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M.D., RADIODIAG. M.D., D.M.R.E D.M.R.D. F.R.C.R D.M.R.D. (D.N.B.) M.D., RADIODIAG. M.D., RADIODIAG.
CONS. RADIOLOGIST CONS. RADIOLOGIST CONS. RADIOLOGIST CONS. RADIOLOGIST CONS. RADIOLOGIST CONS. RADIOLOGIST

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