

Name : Mr. NAVNEET VERMA (34 /M)

Date : 25/03/2023

Address :

Examined by:

UHID : AMHL.0002114617

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH170810



## CHIEF COMPLAINTS

For corporate health checkup

## PRESENT KNOWN ILLNESS

No history of - Hypertension,  
Dyslipidemia, Thyroid  
disorder, Heart disease,  
Stroke, Asthma  
Diabetes mellitus - type 2; Since - 8  
months; Medication -  
regular



## DRUG ALLERGY

NO KNOWN ALLERGY

:25/03/2023



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Oral and dental

- Nil Significant

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Central nervous system

- Nil Significant

### Eyes

Vision - normal with glasses; Glasses - yes; Glasses  
for - refractive error

### Musculoskeletal system

Spine and joints  
Back - pain

### Skin

- Nil Significant



## Past medical history

Jaundice - yes



## Surgical history

Open reduction and  
internal fixation - 2017



## Personal history

Marital status - Married  
No. of children - 1  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Sedentary



## Family history

Father - alive  
Mother - alive  
Brothers - 1  
Diabetes - father, mother  
Hypertension - father  
Coronary artery  
disease - none  
Cancer - None

## PHYSICAL EXAMINATION



### General

Build - normal  
Height - 166  
Weight - 68  
BMI - 24.68  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 80  
Rhythm - Regular

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- B.P. Sitting

Systolic(mm of Hg) - 118

Diastolic(mm of Hg) - 80

Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Appearance - Normal

Organomegaly - No

Tenderness - No

Bowel sounds - Normal

### Ophthalmology consultation

Ophthalmology findings - PGVA:RE:6/6 LE:6/6  
NVA:RE:N6 LE:N6  
OCULAR MOVEMENT:WNL  
ANT.SEG:WNL  
ADVICE: \*To continue  
present glass Rx\*Review  
after 1yr/SOS

Printed By : Benazir Begaum

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	14.5	g/dl	●	13.0-17.0
RBC COUNT	4.82	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	42.8	%	●	41-53
MCV	88.8	fl	●	83-101
MCH	30.1	pg	●	27-32
MCHC	33.9	%	●	31.5-34.5
RDW	13.4	%	●	11.8-14.0
WBC Count	3700 *	/cu mm	●	4000-10000
Platelet Count	1.82	lacs/cu mm	●	1.5-4.0
Neutrophils	56	%	●	40-80
Lymphocytes	32	%	●	20-40
Monocytes	09	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
WBC:	Leucopenia noted			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	07	mm/1st hr	●	0-15

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.025			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells	0-2
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	+++			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	95 *	U/L	●	10-40
ALBUMIN - SERUM	4.6	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	99	U/L	●	53-128
AST (SGOT) - SERUM	47 *	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.8	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	245 *	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
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● Within Normal Range      ● Borderline High/Low      ● Out of Range

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CREATININE - SERUM 1.1 mg/dL ● 0.9-1.3

GLOBULIN: (CALCULATED) - SERUM 2.9 g/dL ● 1.8-3.6

LIVER FUNCTION TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM, 126 \*, U/L, ●, 7-64

THYROID PROFILE - I(T3,T4 AND TSH)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: TOTAL T3: TRI IODOTHYRONINE - SERUM, 1.0, ng/ml, ●, 0.8-2

GLUCOSE - PLASMA (FASTING)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: GLUCOSE - PLASMA (FASTING), 121 \*, mg/dL, ●, 70-99

TOTAL T4: THYROXINE - SERUM 9.2 µg/dL ● 5.1-14.1

LIPID PROFILE TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: TRIGLYCERIDES - SERUM, 80, mg/dL, ●, 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: GLUCOSE - PLASMA (POST PRANDIAL), 211 \*, mg/dL, ●, 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: TSH: THYROID STIMULATING HORMONE - SERUM, 2.9, µIU/mL, ●, 0.270-4.200

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD, 6.4 \*, %, ●, Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

URIC ACID - SERUM

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: URIC ACID - SERUM, 4.8, mg/dL, ●, 3.5-7.2

LIPID PROFILE TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: HDL CHOLESTEROL - SERUM, 51, mg/dL, ●, 30-70. Row 2: LDL CHOLESTEROL -SERUM, 173 \*, mg/dL, ●, Optimal: <100. Row 3: VLDL CHOLESTEROL - SERUM (Calculated), 21, mg/dL, ●, 0-35

LIVER FUNCTION TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: BILIRUBIN CONJUGATED (DIRECT) - SERUM, 0.2, mg/dL, ●, 0.0-0.2

BUN (BLOOD UREA NITROGEN)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: BUN (BLOOD UREA NITROGEN), 17.7, mg/dL, ●, 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: PROTEIN TOTAL - SERUM, 7.5, g/dL, ●, 6.4-8.3

LIVER FUNCTION TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: A/G - RATIO, 1.6, ●, 1.0-2.0

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

TREADMILL TEST / STRESS TEST

● Within Normal Range ● Borderline High/Low ● Out of Range

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STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

#### ULTRASOUND SCREENING WHOLE ABDOMEN

\* Grade-I fatty liver.

\* Tiny calculi in left kidney.

#### X-RAY CHEST PA

Normal study.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

#### Haematology

STOOL ROUTINE



Within Normal Range



Borderline High/Low



Out of Range

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.