

SARDA

CENTRE FOR DIABETES & SELF CARE

NAME: MRS. SIMRAN ANJUM SHAIKH

SEX: Female AGE: .

REF. BY : BOB

DATE :04/03/2023

BLOOD PROFILE

TEST	RESULT	NORMAL
BLOOD UREA N2	09 mg%	5-25 mg %
CREATININE	0.8mg%	0.6-1.4 mg %
BILIRUBIN TOTAL	0.49mg%	0.2-1.0 mg
DIRECT	0.17	0.0-0.3
INDIRECT	0.32	0.3-0.7
S.G.O.T	25 IU/L	15-40 IU/L
S.G.P.T	27 IU/L	15-40 IU/L
ALK PHOSPHATASE	111 IU/L	42-128IUL
S.PROTEIN TOTAL	6.7gm%	6.0-8.0 gm%
ALBUMIN	3.6gm%	3.2-4.4 gm%
GLOBULINS	3.1gm%	2.3-3.5 gm%
ALB/GLO RATIO	1.1	
G.G.T.P	34	upto50IU
SR.URIC ACID	5.2	3.5-7.0 mg %\$sruric-

Dr.S R. SARDA
M.D Reg. No.56462
SARDA CENTER FOR DIABETES & SELF CARE
4, Vyanktesh Nagar, Jalna Road, Aurangabad
M.D.(Pathology) 2333851, 2334858

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NAME: MRS. SIMRAN ANJUM SHAIKH

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REF. BY : BOB

DATE :04/03/2023

COMPLETE BLOOD COUNT

TEST	RESULT	NORMAL RANGE
WBC COUNT	5000 /cumm	4.0 - 11.0 x 10 ³ /cumm
Haemoglobin:	11.3 g%	13.0 - 18.0 g%
Platelets:	2,52000 /cumm	1,50,000 - 4,50,000 / cumm
Red Blood Cells:	4.62 /Mill/ul	4.20 - 6.00 Mill/ul
MCV:	75.5 fL	80.0 - 97.0 fL
MCH:	24.4 pg	26.0 - 32.0 pg
MCHC:	32.4 g/dL	31.0 - 36.0 g/dL
HCT:	34.8 %	37.0 - 51.0 %
Differential Count		
Neutrophils:	44 %	40 - 75 %
Lymphocyte:	48 %	20 - 45 %
Monocytes:	04 %	2 - 10 %
Eosinophills:	04 %	1 - 06 %
Basophills:	00 %	0 - 1 %
ESR:	16 mm at 1 Hr.	Male: 0 - 8 mm at 1 Hr. Female: 0 - 20 mm at 1 Hr.

AGE: YRS

BLOOD GROUP

BLOOD GROUP : "A"
R.H.FACTOR : POSITIVE

Dr.S R. SARDA

M.D Reg. No.56462

CENTRE FOR DIABETES & SELF CARE

4, Vyanktesh Nagar, Jalna Road, Aurangabad

Ph: 2333851, 2334858

Dr.Sampat Sarda
M.D.(Pathology)

4, Vyanktesh Nagar, Jalna Road, Aurangabad (MH). Ph.: 2333851, 2334858, Mob.: 9823040323

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CENTRE FOR DIABETES & SELF CARE

NAME: MRS. SIMRAN ANJUM SHAIKH

SEX: Female AGE: .

REF. BY : BOB

DATE :04/03/2023

BLOOD SUGAR EXAMINATION

TEST	RESULT
Fasting Blood Sugar:	75 mg/dl
Post Meal Blood Suagr Level:	108 mg/dl

REFERANCE RANGE	:	NON DIABETIC	IGT	DIABETIC
FASTING		</=90MG	90-126 mg %	>/=126mg %
POSTMEAL		</=140mg	140-200mg%	>/=200mg

GYCOCYTED HAEMOGLOBIN

TEST	RESULT	NORMAL
HbA1C:	5.0 %	4.7-5.9 %
M.B.G	88.9% mg	70 - 120 mg

INTERPRETATION:
FOR DIABETIC PATIENT
Good Control: 6.0 - 7.0 %
Fair Diabetic Control: 7.0 - 8.0 %
Unsatisfactory control: 8.0 - 10 %
Poor Diabetic Control: Above 10 %

=====

Dr. Sampat Sarda
M.D. (Pathology)
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4, Vyankateshnagar, Jalna Road, Aurangabad
Phone No. 2333851, 2334858

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NAME: MRS. SIMRAN ANJUM SHAIKH

SEX: Female AGE: .

REF. BY : BOB

DATE :04/03/2023

AGE: YRS

THYROID FUCTION TEST

TEST	RESULT	NORMAL RANGE
Total T 3 :	137.05 ng/ml	87-178 ng/ml
Total T 4 :	10.05 ug/dl	6.09-12.23 ug/dl
TSH Ultrasensitive :	1.55 uIU/ml	0.38-5.33uIU/ml

Dr.S R. SARDA
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Phone No.2333851, 2334858

SARDA

CENTRE FOR DIABETES & SELF CARE

NAME: MRS. SIMRAN ANJUM SHAIKH

SEX: Female AGE: .

REF. BY : BOB

DATE :04/03/2023

Urine Routine Examination

Physical Examination

Colour:	Pale Yellow
Appearance:	Clear
Reaction:	Acidic
Deposit	Absent

Chemical Examination:

Specific Gravity	1.025
Albumin	Absent
Sugar:	Absent
Acetone:	----
Bile Salts	----
Bile Pigment:	----

Microscopic Examination

RBC :	Absent
Pus Cells:	OCASSIONAL/HPF
Epihtelial cells:	Absent
Crystals:	Absent
Casts:	Absent

Dr. S R. SARDA
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SEX: Female AGE: .

REF. BY : BOB

DATE :04/03/2023

LIPID PROFILE

Serum Cholesterol :	143 mg/dl	130 - 250 mg/dl
HDL Cholesterol:	39 mg/dl	30 - 95 mg/dl
Serum Triglyceride:	106 mg/dl	up to 165 mg/dl
LDL Cholesterol:	82.8 mg/dl	up to 165 mg/dl
VLDL Cholesterol:	21.2 mg/dl	up to 40 mg/dl
LDL / HDL Cholesterol Ratio:	2.12	Low risk : 0.5 - 3.0 Moderate risk: 3.0 - 6.0 High risk: > 6.0
CHOL./HDL Cholesterol Ratio:	3.67	Low risk : 3.3 - 4.4 Average risk: 4.4 - 7.1 Moderate risk: 7.0 - 11.0 High risk: > 11

Dr. S R. SARDA
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Phone No 2333851, 2334858

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CENTRE FOR DIABETES & SELF CARE

NAME: MRS. SIMRAN ANJUM SHAIKH

SEX: Female AGE: .

REF. BY : BOB

DATE :04/03/2023

AGE: YRS

EXAMINATION OF STOOL

Physical Examination

Colour	Brownish
Consistency	Semisolid
Blood (Gross)	Absent
Mucus	Absent

Microscopic Examination

Red Blood Cells	Absent
Pus Cells	1 - 2 / hpf
Macrophages	
Ova	Absent
Cyst	Absent
Parasites	

Remark :

Dr. S R. SARDA
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4, Vyanktesh Nagar, Jalna Road, Aurangabad
PHONE NO. 2333851, 2334858

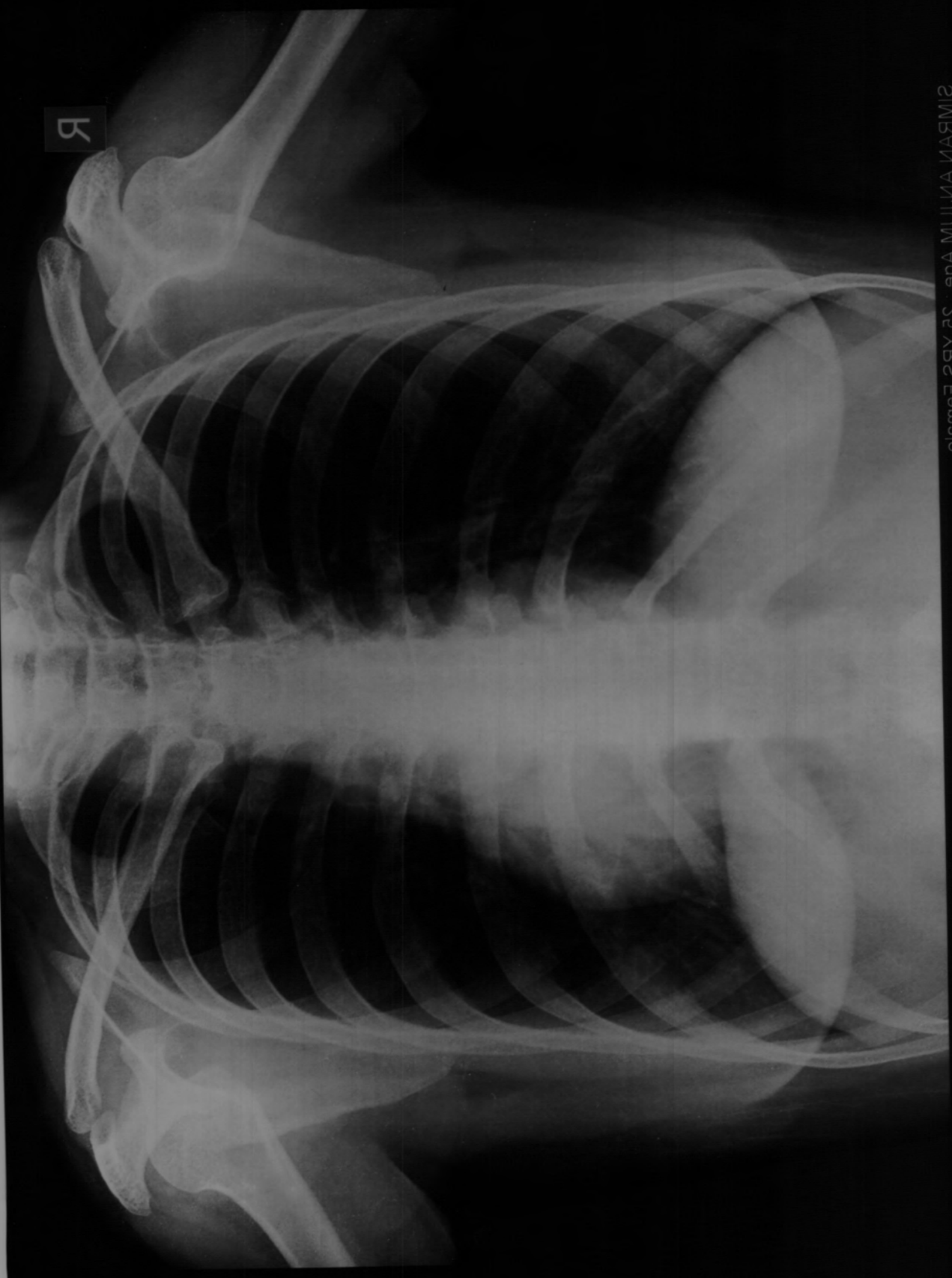
Ellora Diagnostic Centre, Aurangabad (0540) 5323185

Guest : PA Patient ID :

SIMRAN ANJUM Age : 52 YRS Female

Date : 04-03-2023 AM 10:28:38

Ref Dr :- DR S SARDAR



R

DIGITAL X-RAY
INTERVENTIONAL RADIOLOGY
3D/4D SONOGRAPHY & COLOR DOPPLER
2-D ECHOCARDIOGRAPHY
PERIPHERAL COLOR DOPPLER
HI-SPEED HELICAL C.T. SCAN
C.T. ANGIOGRAPHY
PATHOLOGY LAB. SERVICES



DIAGNOSTIC CENTRE
X-RAY, IMAGING & PATHOLOGY

1, VYANKATESH NAGAR, OPP. SFS
HIGH SCHOOL, JALNA ROAD,
AURANGABAD - 431005
☎ : 0240-2353182, 2325282, 8446100111

SIMRAN ANJUM
25 YRS

04-03-2023

CHEST

Trachea central.
Apices are clear.
Both lung appeared well pneuamtised and appeared normal.
Both cp angles are clear.
Cardiac silhoutte normal.

IMPRESSION
NORMAL CHEST

Dr. P. A. Barjatya
Radiologist
Regd.No.58902
Sarda Center For Diabetes & Selfcare
4, Venkatesh Nagar Rd, Aurangabad.

DR. P. A. BARJATYA
M.B.B.S., M.D.
9823344449

DR. G. S. LAHOTI
M.B.B.S., D.M.R.D.
9850171587

DIGITAL X-RAY
INTERVENTIONAL RADIOLOGY
3D/4D SONOGRAPHY & COLOR DOPPLER
2-D ECHOCARDIOGRAPHY
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SIMRAN ANJUM

04-03-2023

Ref. by:

USG ABDOMEN

Liver is normal in size, shape and revealed normal echotexture.
Intrahepatic biliary radicles and portovenous echocomplex appeared normal.
No e/o any focal solid, cystic, or diffuse parenchymal pathology seen.
Normal cbd and portal vein.
Gallbladder is physiologically distended and appeared normal, no e/o any gallbladder calculus.
Normal gb wall thickness.
Spleen is normal in size & echogenicity. no e/o focal lesion seen.
Pancreas is normal in size, shape and echotexture. Normal peripancreatic fat planes.
No e/o pancreatic calcification/calculi. normal pancreatic duct.
Both kidneys are normal in size, shape, position and revealed normal cortical & medullary echopattern,
No e/o any calculus seen, No e/o hydronephrosis.
No e/o ascitis. no e/o any paraaortic adenopathy.
Normal bowel loop peristalsis & caliber.
Urinary bladder is well distended and appeared normal, no e/o any vesical calculus or mass lesion.
No changes of cystitis.
Normal uterus, ovaries.

IMPRESSION :

**NORMAL LIVER, GALL BLADDER, SPLEEN, PANCREAS, BOTH KIDNEYS, .
NORMAL UR BLADDER, UTERUS & OVARIES.**

DR. P. A. BARJATYA
M.B.B.S., M.D.
9823344449

Dr. Gokuldas S. Lahoti
Radiologist
Regd.No.59887
Sarda Center For Diabetes & Selfcare
4, Venkatesh Nagar Rd, Aurangabad.

DR. G. S. LAHOTI
M.B.B.S., D.M.R.D.
9850171587

सिमांन अरुजुं शेख कासिम
Simran Arjum Shaikh Kasim
जन्म तिथि/DOB: 16/08/1997
नरित्वा/ FEMALE

Download Date: 01/07/2020

Issue Date: 28/02/2020

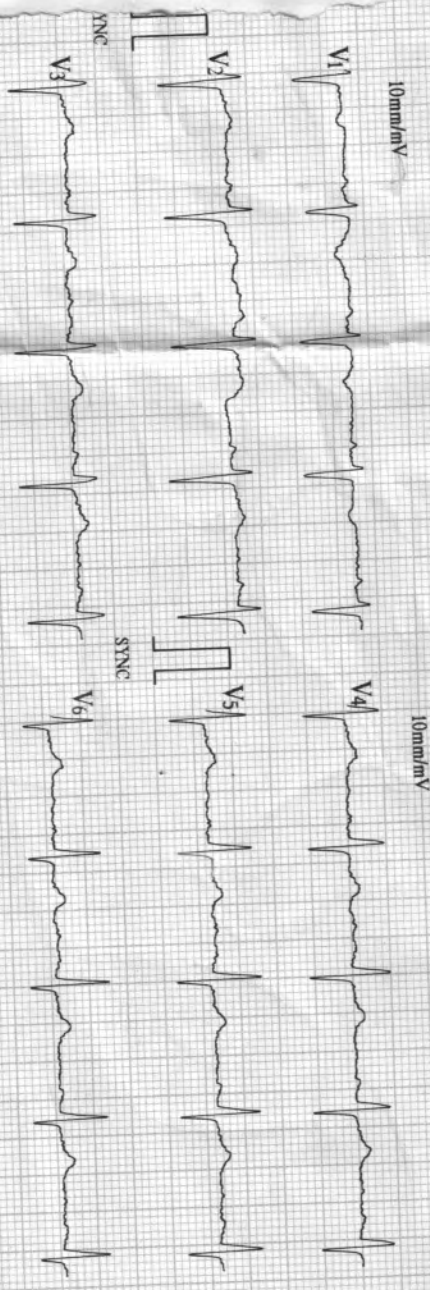
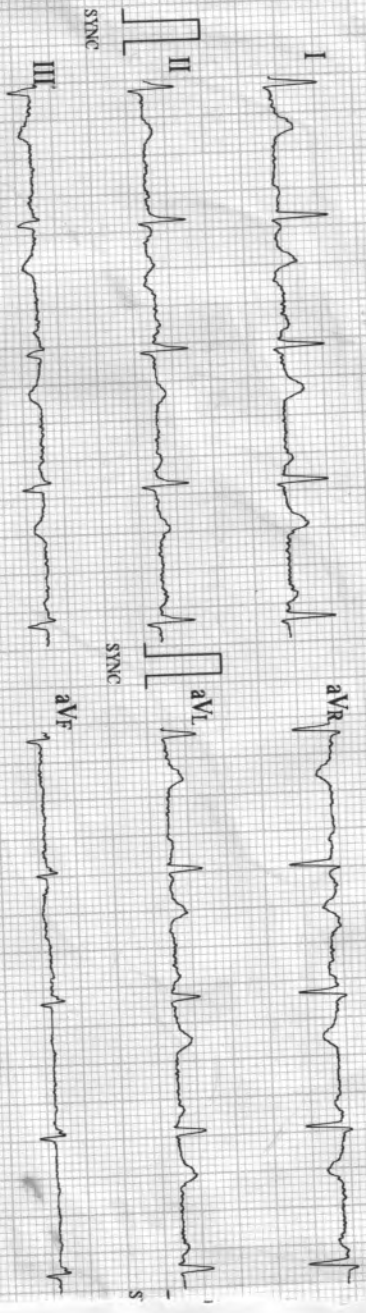
2657 5167 9649
VID : 9104 2344 9411 4871

25mm/s 0.5-25Hz
10mm/mV

10mm/mV

ECG-1203 V2.004(BIOS: V2.004 AMP: V1.008)

BIOMEDICS SADASHIV PETH PUNE-30



CELL-9822198798

03/04/2023 09:07

ID : 1861

Name: **SIMYAN**

Sex :

Age :

HR	: 87	bpm
R-R	: 686	ms
P-R	: 140	ms
QRS	: 92	ms
QT/QTc	: 343/413	ms
P/QRS/T	: 77-177	ms
RV5/SVL	: 0.580/0.630	mV
RV5+SVL	: 1.210	mV

Machine Interpretation Only

Confirm with Physician

Physician:

BIOMEDICS SADASH

SARDA

CENTRE FOR DIABETES & SELF CARE

4, Vyankatesh Nagar, Jaina Road, Aurangabad. Ph. : (0240) 2333851, 2334858.

Name : MOB. SIMRAN ANJAN Age : 25 YRS/F
BOB

CLINICAL SUMMARY :

Weight : _____ Height (Cms) : _____ Blood Pressure : _____

ECG FINDINGS :

Rate : 87 min ORS. Complex : N

Rhythm : N ST Segment : N

Mechanism : N T. Wave : N

Axis : N QT Interval : N

P. Wave : N PR Interval : N

Recommendation : W2

Dr. A. S. SARDA

M.D. Reg. No. 73570

SARDA CENTER FOR DIABETES & SELF CARE
Vyankatesh Nagar, Jaina Road, Aurangabad

Ph: 0240 2333851, 2334858

Date : 04/03/2023

Name : Mrs.Anjum Simran

Date: 04/03/2023

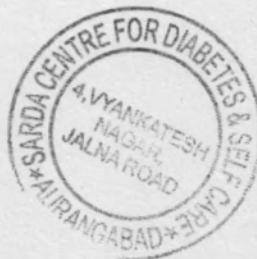
Age/Sex: 25Yrs/Female

Ref By DR. Sarda sir

Stress Test Report

- 1) Protocol-Bruce
- 2) Exercise Time-7.01min
- 3) Baseline Heart Rate and Blood Pressure-127bpm.BP-120/80mm of Hg.
- 4) Mets-10.10
- 5) ST-T Segment Changes-No Significant ST-T changes
- 6) Angina-None
- 7) Arrhythmias-None
- 8) Other Symptoms-None
- 9) Maximal Heart Rate and Blood Pressure-193bpm.BP-150/80mm of Hg.
- 10) Predicted Maximal Heart Rate Achieve -98%
- 11) Reason for Termination- Dyspnea.

CONCLUSION :- Stress Test Negative for exercise induced ischemia.



DR.DEORAO THENGE
M.D.D.N.B.(CARDIOLOGY)

Dr. Devrao Thenge
MD, DNB (Cardiology)
Reg. No. 2001/02/491

ASIAN HOSPITAL
MOTIWALA SQUARE
AURANGABAD

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Anjum, Simran
Patient ID: 20332
Height: 163 cm
Weight: 62 kg

DOB: 16.08.1997
Age: 25yrs
Gender: Female
Race: Asian

Study Date: 04.03.2023
Test Type: --
Protocol: BRUCE

Referring Physician: --
Attending Physician: DR. DEORAO THENGE
Technician: --

Medications:

--

Medical History:

--

Reason for Exercise Test:

--

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:12	0.00	0.00	113	120/80	
	STANDING	00:05	0.50	0.00	115		
EXERCISE	STAGE 1	03:00	1.70	10.00	134	130/80	
	STAGE 2	03:00	2.50	12.00	171	140/80	
	STAGE 3	01:02	3.40	14.00	190		
RECOVERY		03:57	0.00	0.00	105	150/80	

The patient exercised according to the BRUCE for 7:01 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 127 bpm rose to a maximal heart rate of 193 bpm. This value represents 98 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Dyspnea.

Interpretation

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

Conclusions

Exercise of bruce protocol for 7.01 min.

Target heart rate achieved.

No angina/arrhythmias.No ST-T Changes.

Test is negative for induced ischemia.



Dr. Devrao Thenge
Dr. Devrao Thenge
MD, DNB (Cardiology)
Reg. No. 2001/02/491

Physician _____

Technician _____

Tabular Summary

Anjum, Simran
 Patient ID 20332

Female 163 cm 62 kg
 04.03.2023
 1:02:49pm
 25yrs Asian
 Meds:

BRUCE: Total Exercise Time 07:01
 Max HR: 193 bpm 98% of max predicted 195 bpm HR at rest: 127
 Max BP: 150/80 mmHg BP at rest: 120/80 Max RPP: 24220 mmHg*bpm

Maximum Workload: 10.10 METS
 Max. ST: -0.95 mm, 0.00 mV/s in III; EXERCISE STAGE I 01:00
 Arrhythmia: A:99

ST/HR index: 0.06 μ V/bpm

Reasons for Termination: Dyspnea

Summary: Resting ECG: normal Functional Capacity: normal. HR Response to Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: none. Overall impression: Normal stress test.

Conclusion: Exercise of bruce protocol for 7.01 min.

Target heart rate achieved.

No angina/arrhythmias.No ST-T Changes.

Test is negative for induced ischemia.

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (minHg*bpm)	VE (/min)	ST Level (III mm)	Comment
PRETEST	SUPINE	00:12	0.00	0.00	1.0	113	120/80	13560	0	-0.70	
	STANDING	00:05	0.50	0.00	1.0	115			0	-0.65	
EXERCISE	STAGE 1	03:00	1.70	10.00	4.6	134	130/80	17420	0	-0.50	
	STAGE 2	03:00	2.50	12.00	7.0	171	140/80	23940	0	-0.35	
	STAGE 3	01:02	3.40	14.00	10.1	190			0	0.05	
RECOVERY		03:57	0.00	0.00	1.0	105	150/80	15750	0	-0.35	

Anjum, Simran
Patient ID 20332
04.03.2023
1:03:01pm

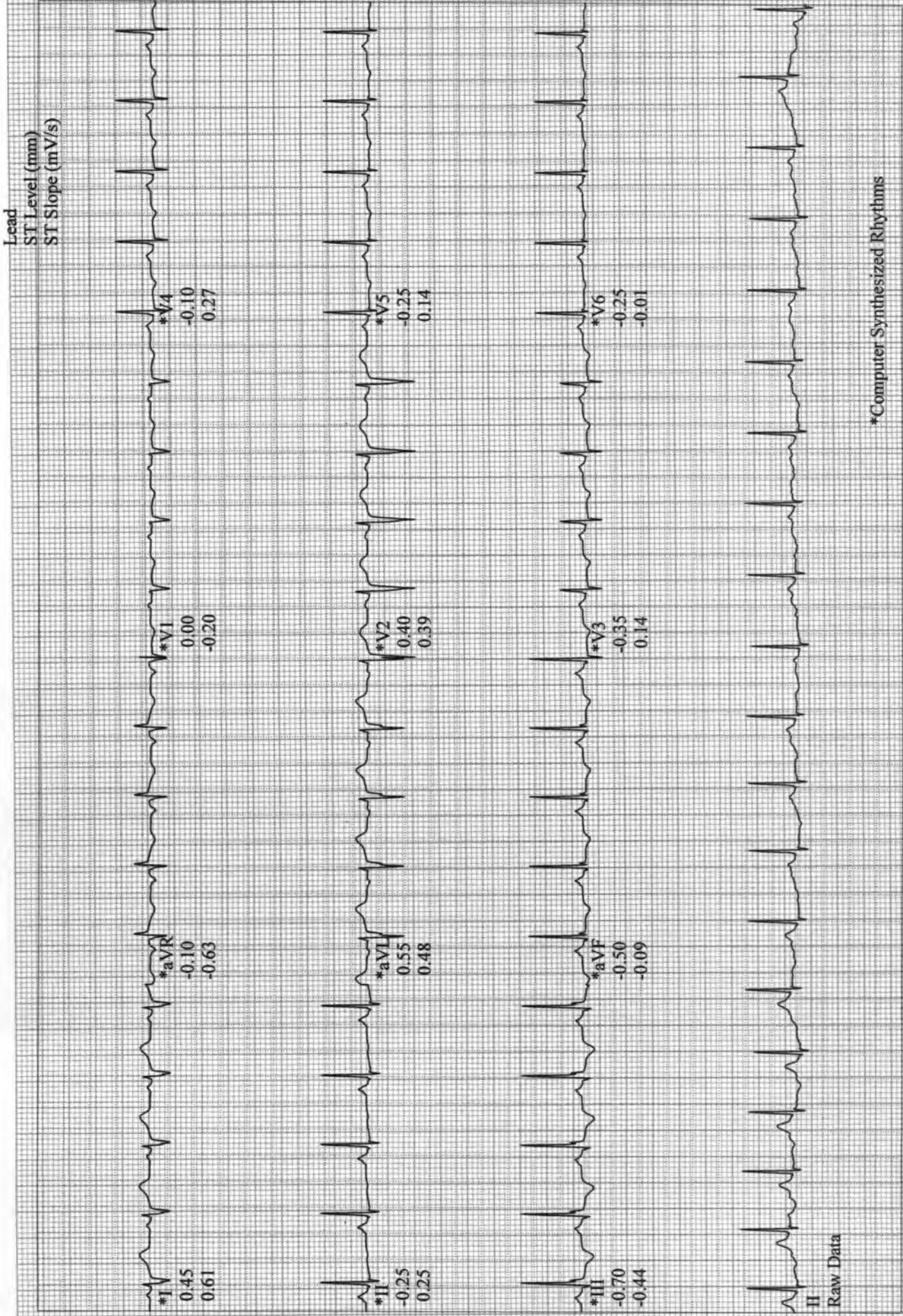
Linked Medians

BRUCE
0.0 mph
0.0 %

PRETEST
SUPINE
00:10

115 bpm
120/80 mmHg

ASIAN HOSPITAL



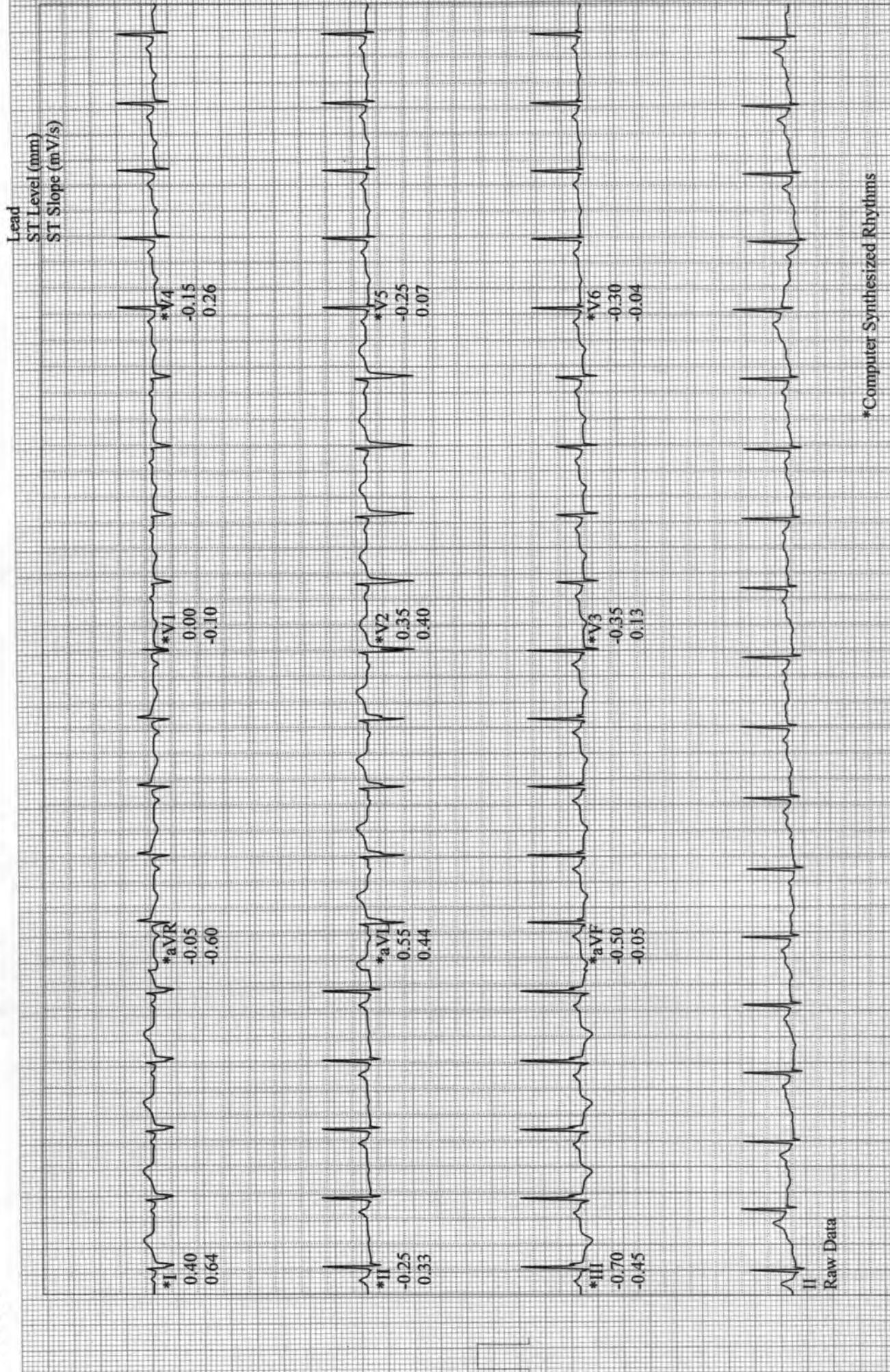
*Computer Synthesized Rhythms

Anjum, Simran
Patient ID 20332
04.03.2023
1:03:02pm

Linked Medians
PRETEST
STANDING
00:12

BRUCE
0.0 mph
0.0 %

ASIAN HOSPITAL



Anjum, Simran
Patient ID 20332
04.03.2023
1:06:01pm

12-Lead Report

EXERCISE
STAGE 1
02:50

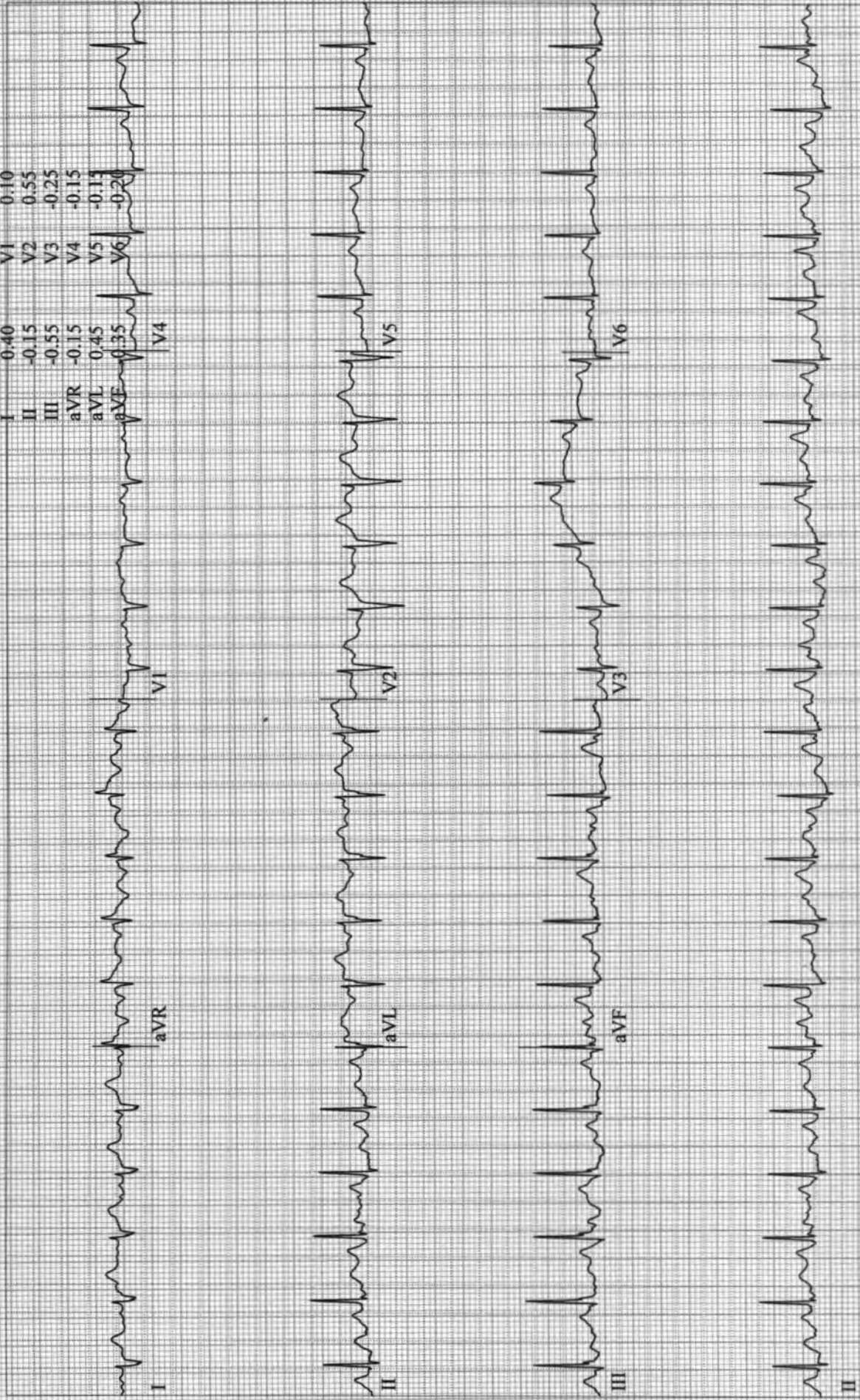
131 bpm
130/80 mmHg

ASIAN HOSPITAL

BRUCE
1.7 mph
10.0 %

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	0.40	V1	0.10
II	-0.15	V2	0.55
III	-0.55	V3	-0.25
aVR	-0.15	V4	-0.15
aVL	0.45	V5	-0.15
aVF	0.35	V6	-0.20



Anjum, Simran
Patient ID 20332
04.03.2023
1:09:01pm

12-Lead Report

EXERCISE
STAGE 2
05:50

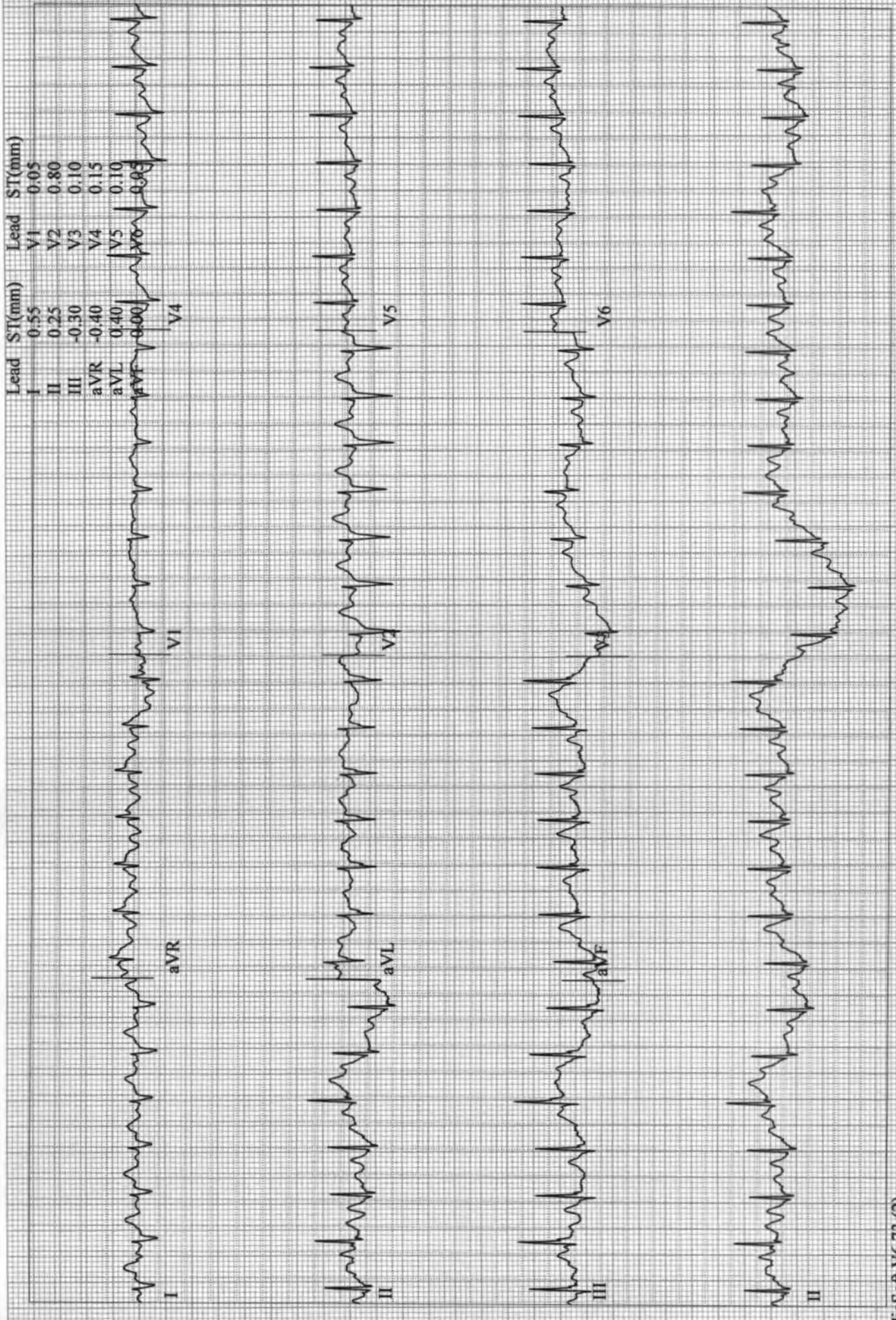
166 bpm
140/80 mmHg

BRUCE
2.5 mph
12.0 %

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	0.55	V1	0.05
II	0.25	V2	0.80
III	-0.30	V3	0.10
aVR	-0.40	V4	0.15
aVL	0.40	V5	0.10
aVF	0.00	V6	0.00

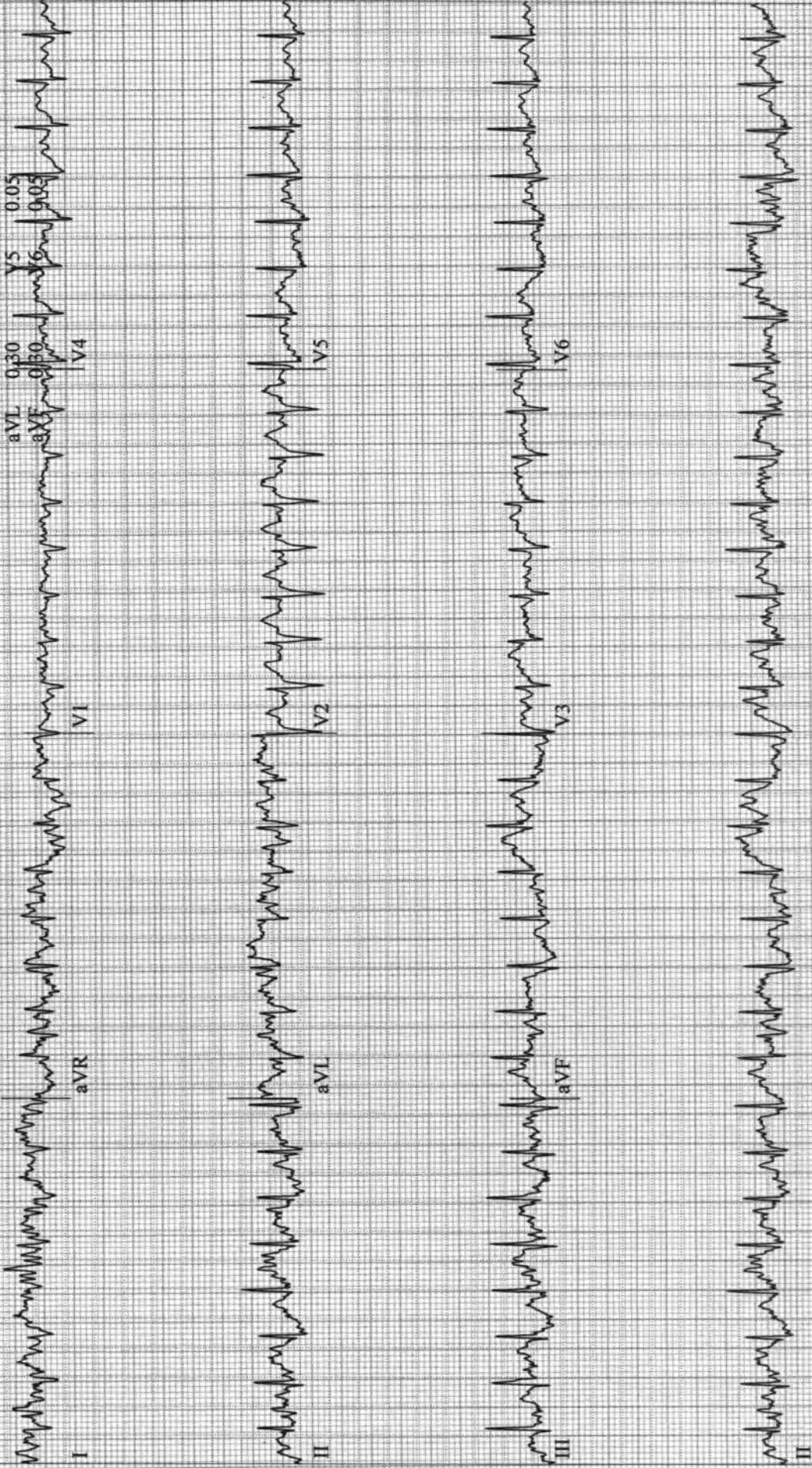


Anjum, Simran
Patient ID 20332
04.03.2023
1:10:13pm

12-Lead Report (PEAK EXERCISE)
EXERCISE BRUCE
STAGE 3 3.4 mph
07:02 14.0 %

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	0.55	V1	0.05
II	0.55	V2	1.25
III	0.00	V3	0.05
aVR	-0.55	V4	0.30
aVL	0.30	V5	0.05
aVF	0.30	V6	0.05



Anjum, Simran
Patient ID 20332
04.03.2023
1:11:02pm

12-Lead Report

RECOVERY
#1
00:50

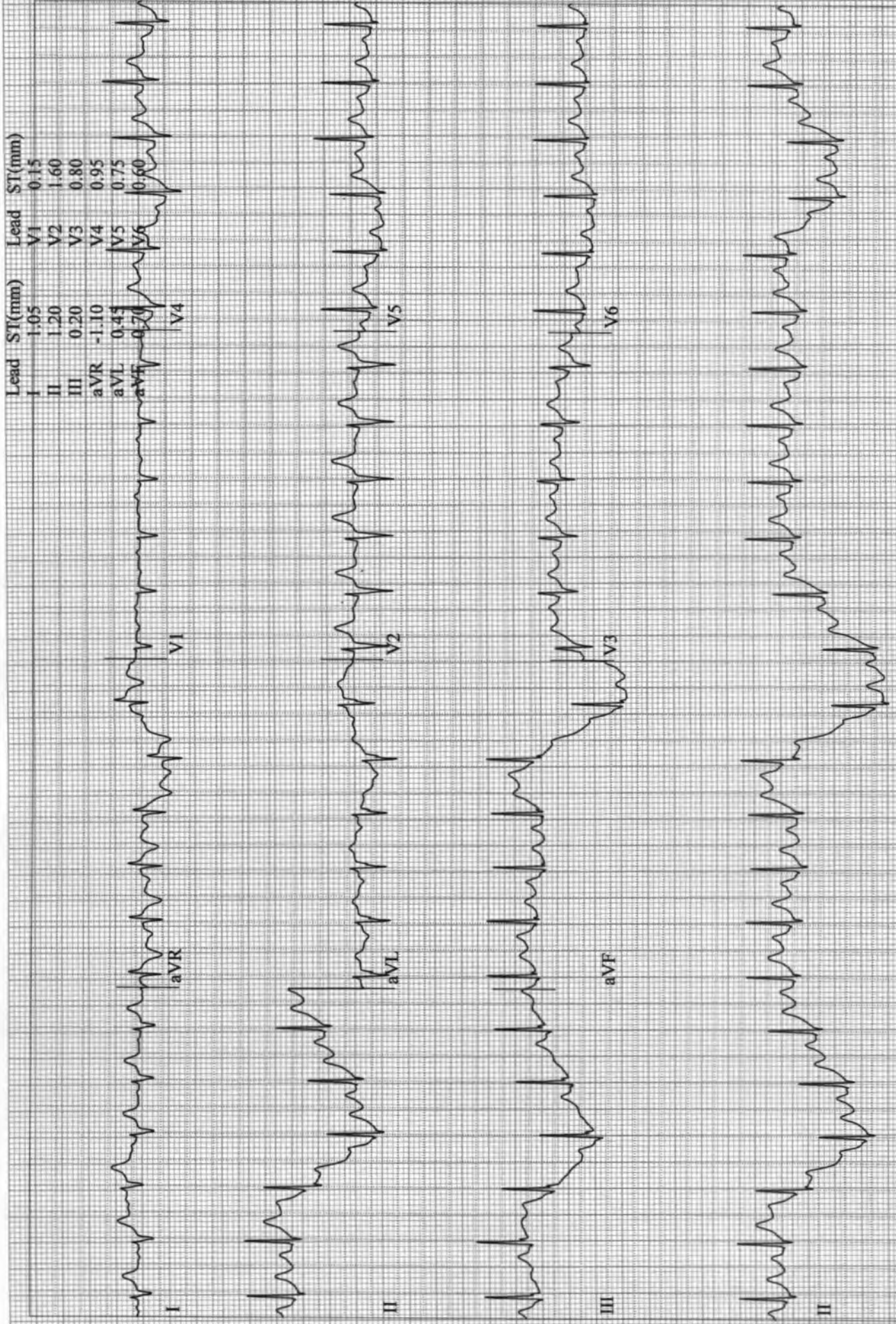
146 bpm

BRUCE
0.0 mph
0.0 %

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	1.05	V1	0.15
II	1.20	V2	1.60
III	0.20	V3	0.80
aVR	-1.10	V4	0.95
aVL	0.45	V5	0.75
aVF	0.20	V6	0.60



Anjum, Simran
Patient ID 20332
04.03.2023
1:12:02pm

12-Lead Report

RECOVERY

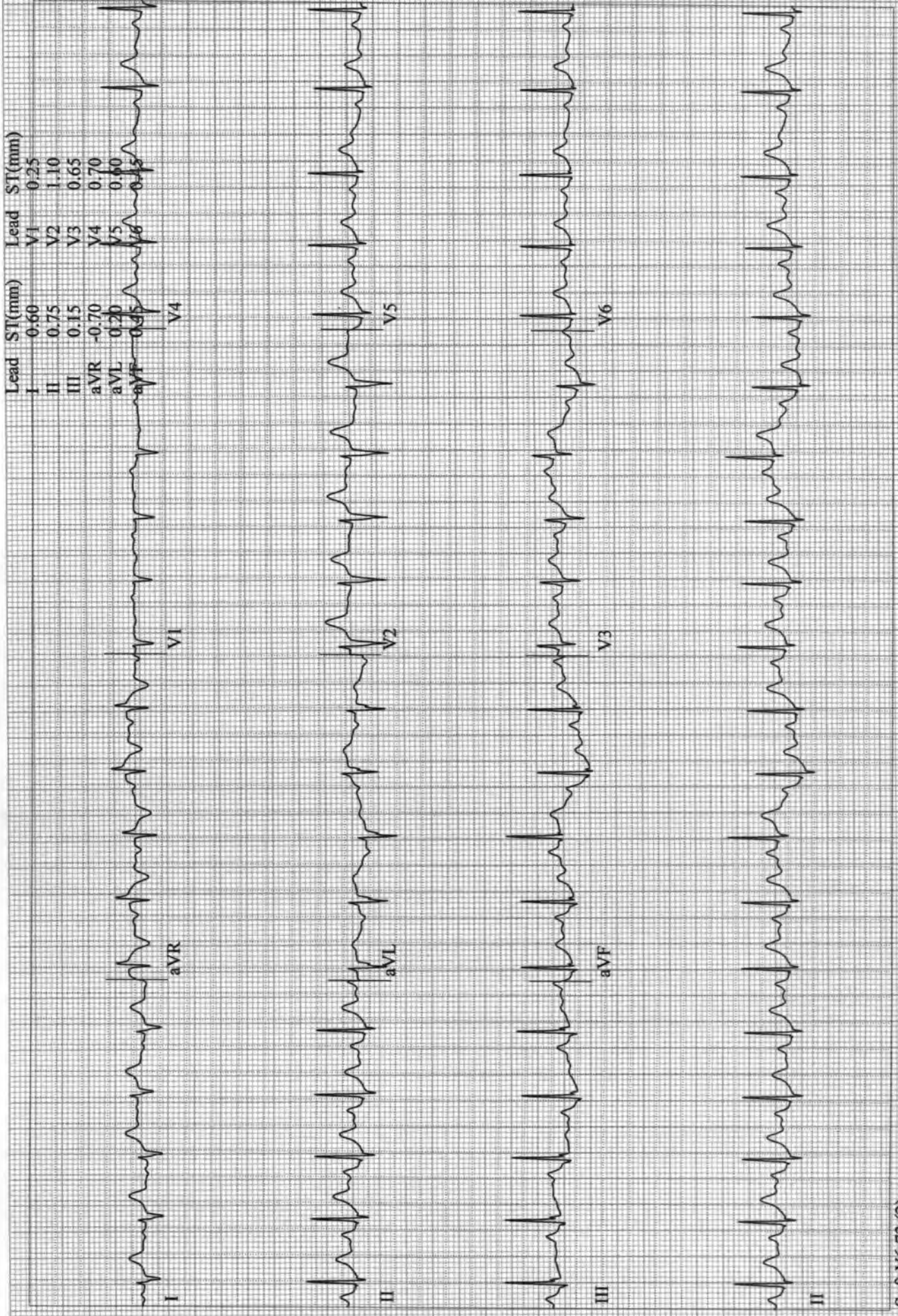
#1
01:50

126 bpm

BRUCE
0.0 mph
0.0 %

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
Auto Points



Anjum, Simran
Patient ID 20332
04.03.2023
1:13:02pm

12-Lead Report
RECOVERY
#1
02:50

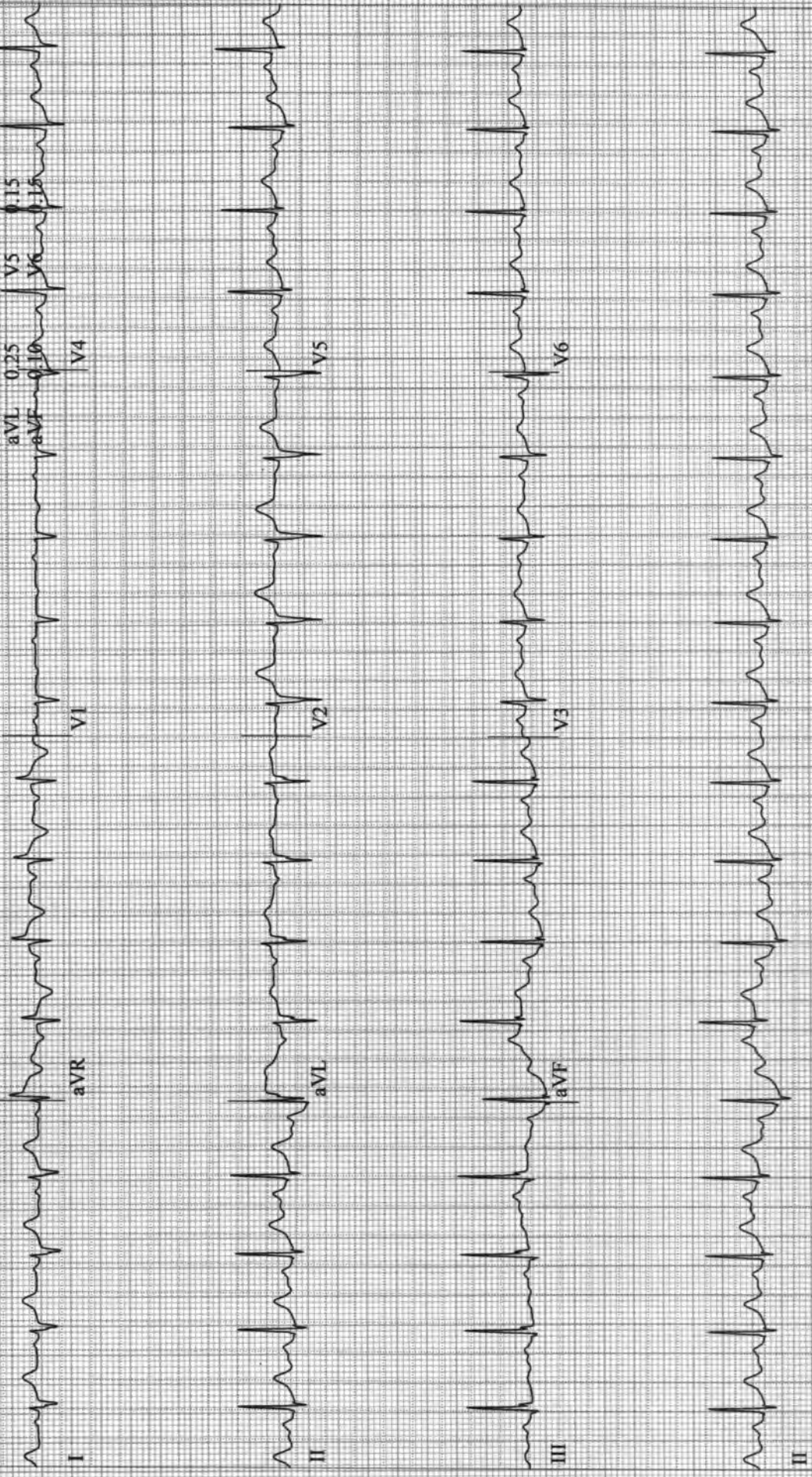
109 bpm
150/80 mmHg

BRUCE
0.0 mph
0.0 %

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	0.40	V1	0.15
II	0.25	V2	0.70
III	-0.15	V3	0.20
aVR	-0.35	V4	0.25
aVL	0.25	V5	0.15
aVF	0.10	V6	0.15



Anjum, Simran
Patient ID 20332
04.03.2023
1:14:02pm

12-Lead Report
RECOVERY
#1
03:50

109 bpm

BRUCE
0.0 mph
0.0 %

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)
Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	0.25	V1	0.10
II	-0.05	V2	0.45
III	-0.35	V3	-0.05
aVR	-0.10	V4	0.00
aVL	0.30	V5	0.05
aVF	0.20	V6	-0.05

