

CLIENT'S NAME AND ADDRESS:
ACROFEMI HEALTHCARE LTD ( MEDIWHEEL )
F-703, F-703, LADO SARAI, MEHRAULI
SOUTH WEST DELHI

SOUTH WEST DELHI NEW DELHI 110030 DELHI INDIA 8800465156 SRL Ltd

S.K. Tower, Hari Niwas, LBS Marg

THANE, 400602 MAHARASHTRA, INDIA

Tel: 9111591115, Fax: CIN - U74899PB1995PLC045956

Email: customercare.thane@srl.in

PATIENT NAME: DEV RAJ PATIENT ID: DEVRM130866181

ACCESSION NO: **0181VE001222** AGE: 55 Years SEX: Male

DRAWN: RECEIVED: 24/05/2022 09:05 REPORTED: 25/05/2022 12:09

REFERRING DOCTOR: SELF CLIENT PATIENT ID:

Test Report Status	<u>Final</u>	Results	Biological Reference Interval Units
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# MEDI WHEEL FULL BODY HEALTH CHECK UP ABOVE 40 MALE

BLOOD COUNTS,EDTA WHOLE BLOOD				
HEMOGLOBIN	13.7		13.0 - 17.0	g/dL
METHOD: SLS- HEMOGLOBIN DETECTION METHOD				
RED BLOOD CELL COUNT	4.88		4.5 - 5.5	mil/µL
METHOD: HYDRODYNAMIC FOCUSING BY DC DETECTION				
WHITE BLOOD CELL COUNT	7.61		4.0 - 10.0	thou/µL
METHOD: FLUORESCENCE FLOW CYTOMETRY				
PLATELET COUNT	254		150 - 410	thou/µL
METHOD: HYDRODYNAMIC FOCUSING BY DC DETECTION				
RBC AND PLATELET INDICES				
HEMATOCRIT	43.4		40.0 - 50.0	%
METHOD : CUMULATIVE PULSE HEIGHT DETECTION METHOD				
MEAN CORPUSCULAR VOL	88.9		83.0 - 101.0	fL
METHOD: CALCULATED FROM RBC & HCT				
MEAN CORPUSCULAR HGB.	28.1		27.0 - 32.0	pg
METHOD: CALCULATED FROM THE RBC & HGB				
MEAN CORPUSCULAR HEMOGLOBIN	31.6		31.5 - 34.5	g/dL
CONCENTRATION  METHOD: CALCULATED FROM THE HGB & HCT				
MENTZER INDEX	18.2			
RED CELL DISTRIBUTION WIDTH	12.6		11.6 - 14.0	%
METHOD : CALCULATED FROM RBC SIZE DISTRIBUTION CURVE			22.0 20	, ,
MEAN PLATELET VOLUME	11.8	High	6.8 - 10.9	fL
METHOD: CALCULATED FROM PLATELET COUNT & PLATELET HEM	1ATOCRIT			
WBC DIFFERENTIAL COUNT - NLR				
SEGMENTED NEUTROPHILS	60		40 - 80	%
METHOD: FLOW CYTOMETRY WITH LIGHT SCATTERING				
ABSOLUTE NEUTROPHIL COUNT	4.55		2.0 - 7.0	thou/µL
METHOD: FLOW CYTOMETRY WITH LIGHT SCATTERING				
LYMPHOCYTES	30		20 - 40	%
METHOD: FLOW CYTOMETRY WITH LIGHT SCATTERING				
ABSOLUTE LYMPHOCYTE COUNT	2.26		1.0 - 3.0	thou/µL
METHOD: FLOW CYTOMETRY WITH LIGHT SCATTERING				
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	2.0			
EOSINOPHILS	5		1 - 6	%
METHOD: FLOW CYTOMETRY WITH LIGHT SCATTERING				



Page 1 Of 13



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AD0011175 50071100117		0.00		0.00	
ABSOLUTE EOSINOPHI METHOD : FLOW CYTOMETR		0.38		0.02 - 0.50	thou/µL
MONOCYTES	Y WITH LIGHT SCATTERING	5		2 - 10	%
METHOD : FLOW CYTOMETR	Y WITH LIGHT SCATTERING	3		2 - 10	70
ABSOLUTE MONOCYTE		0.37		0.2 - 1.0	thou/µL
METHOD : FLOW CYTOMETR		0.07		0.2 2.0	ασα, μ=
DIFFERENTIAL COUNT	PERFORMED ON:	EDTA SMEAR			
MORPHOLOGY					
RBC		NORMOCYTIC NORM	IOCHRO	OMIC	
WBC		NORMAL MORPHOLO			
METHOD : MICROSCOPIC EX	KAMINATION				
PLATELETS		ADEQUATE			
ERYTHRO SEDIMENT	ATION RATE, BLOOD				
SEDIMENTATION RATE	(ESR)	06		0 - 14	mm at 1 hr
METHOD : WESTERGREN ME					
GLYCOSYLATED HEM	OGLOBIN, EDTA WHOLE B	LOOD			
GLYCOSYLATED HEMO	GLOBIN (HBA1C)	5.7		Non-diabetic: < 5.7 Pre-diabetics: 5.7 - 6.4 Diabetics: > or = 6.5 ADA Target: 7.0 Action suggested: > 8.0	%
METHOD : HPLC					
MEAN PLASMA GLUCOS		116.9	High	< 116.0	mg/dL
METHOD : CALCULATED PAR					
GLUCOSE, FASTING,		107	<b>L</b> iah	74.0 106.0	ma/dl
GLUCOSE, FASTING, P		107	підп	74.0 - 106.0	mg/dL
GLUCOSE, POST-PRA					
GLUCOSE, POST-PRAN		89		74 - 140	mg/dL
METHOD : GLUCOSE OXIDA					9, 4.=
CORONARY RISK PRO	OFILE (LIPID PROFILE), SI	ERUM.			
CHOLESTEROL		190		< 200 Desirable 200 - 239 Borderline High >/= 240 High	mg/dL
METHOD : CHOLESTEROL O	XIDASE				
TRIGLYCERIDES		121		Normal: <150 Borderline high: 150 - 199 High: 200 - 499 Very high: > or = 500	mg/dL

METHOD: ENZYMATIC ASSAY







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HDL CHOLESTEROL	53	< 40 Low mg/dL	
METHOD : DIRECT- NON IMMUNOLOGICAL		>/=60 High	
DIRECT LDL CHOLESTEROL	100	< 100 Optimal mg/dL 100 - 129 Near or above optimal 130 - 159 Borderline High 160 - 189 High >/= 190 Very High	
METHOD : ENZYMATIC ASSAY			
NON HDL CHOLESTEROL	137	mg/dL	
METHOD: CALCULATED PARAMETER			
CHOL/HDL RATIO  METHOD: CALCULATED PARAMETER	3.6	3.3- 4.4 Low Risk 4.5 -7.0 Average Risk 7.1 -11.0 Moderate Risk > 11.0 High Risk	
LDL/HDL RATIO	1.9	0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate Risk >6.0 High Risk	
METHOD : CALCULATED PARAMETER			
VERY LOW DENSITY LIPOPROTEIN	24.0	10 - 35 mg/dL	
METHOD : CALCULATED PARAMETER			
LIVER FUNCTION PROFILE, SERUM			
BILIRUBIN, TOTAL  METHOD: DIPHYLLINE DIAZONIUM SALTS	0.80	0.2 - 1.3 mg/dL	
BILIRUBIN, DIRECT  METHOD: DIPHYLLINE DIAZONIUM SALTS	0.30	0.0 - 0.3 mg/dL	
BILIRUBIN, INDIRECT  METHOD: DIPHYLLINE DIAZONIUM SALTS	0.50	0.0 - 1.1 mg/dL	
TOTAL PROTEIN	7.8	6.3 - 8.3 g/dL	
ALBUMIN	4.9	3.5 - 5.0 g/dL	
GLOBULIN	2.8	2.0 - 3.5 g/dL	
ALBUMIN/GLOBULIN RATIO	1.7	1.0 - 2.0 RATIO	
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	28	17 - 59 U/L	
ALANINE AMINOTRANSFERASE (ALT/SGPT)	23	< 50.0 U/L	
ALKALINE PHOSPHATASE	64	38 - 126 U/L	
GAMMA GLUTAMYL TRANSFERASE (GGT)	18	15 - 73 U/L	
LACTATE DEHYDROGENASE	202		
	202	120 - 246 U/L	
SERUM BLOOD UREA NITROGEN	10	0.0.20.0	
BLOOD UREA NITROGEN	12	9.0 - 20.0 mg/dL	





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METHOD : UREASE WITH INDICATOR DYE				
CREATININE, SERUM				
CREATININE	1.01	0.66 - 1.25	mg/dL	
METHOD: ENZYMETIC IDMS	1.01	0.00 - 1.25	mg/uL	
BUN/CREAT RATIO				
BUN/CREAT RATIO	11.88			
URIC ACID, SERUM	11.00			
URIC ACID	5.8	3.5 - 8.5	mg/dL	
METHOD : URICASE UV	5.0	5.5 - 6.5	mg/uL	
TOTAL PROTEIN, SERUM				
TOTAL PROTEIN	7.8	6.3 - 8.30	g/dL	
METHOD : BIURET, END POINT	7.0	0.3 0.30	9/42	
ALBUMIN, SERUM				
ALBUMIN	4.9	3.5 - 5.0	g/dL	
METHOD : BCG DYE BINDING METHOD			<i>3,</i> -	
GLOBULIN				
GLOBULIN	2.8	2.0 - 3.5	g/dL	
METHOD: CALCULATED PARAMETER			<b>.</b>	
ELECTROLYTES (NA/K/CL), SERUM				
SODIUM	139	137 - 145	mmol/L	
METHOD: ION SELECTIVE ELECTRODE TECHNOLOGY				
POTASSIUM	4.6	3.6 - 5.0	mmol/L	
METHOD: ION SELECTIVE ELECTRODE TECHNOLOGY				
CHLORIDE	107	98 - 107	mmol/L	
METHOD: ION SELECTIVE ELECTRODE TECHNOLOGY				
PHYSICAL EXAMINATION, URINE				
COLOR	PALE YELLOW			
METHOD: VISUAL INSPECTION				
APPEARANCE	CLEAR			
METHOD: VISUAL INSPECTION				
SPECIFIC GRAVITY	1.005	1.003 - 1.035		
METHOD : IONIC CONCENTRATION METHOD				
CHEMICAL EXAMINATION, URINE				
PH METHOD DOUBLE MIDVENTOR REMINISTRA	6.0	4.7 - 7.5		
METHOD : DOUBLE INDICATOR PRINCIPLE	NOT DETECTED	NOT DETECTED		
PROTEIN	NOT DETECTED	NOT DETECTED		
METHOD: TETRA BROMOPHENOL BLUE/SULFOSALICYLIC ACID				







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GLUCOSE	NOT DETECTED	NOT DETECTED	
METHOD : GLUCOSE OXIDASE PEROXIDASE			
KETONES	NOT DETECTED	NOT DETECTED	
METHOD: NITROPRUSSIDE REACTION			
BLOOD	NOT DETECTED	NOT DETECTED	
METHOD: PEROXIDASE			
UROBILINOGEN	NORMAL	NORMAL	
METHOD: MODIFIED EHRLICH REACTION			
NITRITE	NOT DETECTED	NOT DETECTED	
METHOD: 1,2,3,4-TETRAHYDROBENZO(H)QUINOLIN-3-OL			
LEUKOCYTE ESTERASE	NOT DETECTED	NOT DETECTED	
MICROSCOPIC EXAMINATION, URINE			
PUS CELL (WBC'S)	0-1	0-5	/HPF
METHOD: MICROSCOPIC EXAMINATION			
EPITHELIAL CELLS	0-1	0-5	/HPF
METHOD: MICROSCOPIC EXAMINATION			
ERYTHROCYTES (RBC'S)	NOT DETECTED	NOT DETECTED	/HPF
METHOD: MICROSCOPIC EXAMINATION			
CASTS	NOT DETECTED		
METHOD: MICROSCOPIC EXAMINATION			
CRYSTALS	NOT DETECTED		
METHOD: MICROSCOPIC EXAMINATION			
BACTERIA	NOT DETECTED	NOT DETECTED	
METHOD: MICROSCOPIC EXAMINATION			
YEAST	NOT DETECTED	NOT DETECTED	
THYROID PANEL, SERUM			
T3	76.4	58 - 159	ng/dL
METHOD: CHEMILUMINESCENT MICROPARTICLE IMMUNO ASSA	AY		
T4	8.21	4.87 - 11.71	μg/dL
METHOD: CHEMILUMINESCENT MICROPARTICLE IMMUNO ASSA	AY		
TSH 3RD GENERATION	1.434	0.350 - 4.940	μIU/mL
METHOD: CHEMILUMINESCENT MICROPARTICLE IMMUNO ASSA	AY		
STOOL: OVA & PARASITE			
COLOUR	BROWN		
METHOD: VISUAL			
CONSISTENCY	WELL FORMED		
METHOD: VISUAL			
ODOUR	FAECAL		



Page 5 Of 13 Scan to View Report



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METHOD: PHYSICAL					
MUCUS	NOT DETECTED	NOT DETECTED			
METHOD: VISUAL					
VISIBLE BLOOD	ABSENT	ABSENT			
METHOD: VISUAL					
POLYMORPHONUCLEAR LEUKOCYTES	2 - 3	0 - 5	/HPF		
METHOD: MICROSCOPIC EXAMINATION					
RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF		
METHOD: MICROSCOPIC EXAMINATION					
TROPHOZOITES	NOT DETECTED	NOT DETECTED			
METHOD: MICROSCOPIC EXAMINATION					
CYSTS	NOT DETECTED	NOT DETECTED			
METHOD: MICROSCOPIC EXAMINATION					
OVA	NOT DETECTED				
METHOD: MICROSCOPIC EXAMINATION					
LARVAE	NOT DETECTED	NOT DETECTED			
METHOD: MICROSCOPIC EXAMINATION					
OCCULT BLOOD	NOT DETECTED	NOT DETECTED			
METHOD : HEMOSPOT	= =				
REMARK NO OVA CYST SEEN AFTER PERFORMING CONCENTRATION TECHNIQU					

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD

ABO GROUP TYPE O

 ${\tt METHOD}: {\tt GEL} \; {\tt COLUMN} \; {\tt AGGLUTINATION} \; {\tt METHOD}.$ 

RH TYPE POSITIVE

METHOD: GEL COLUMN AGGLUTINATION METHOD.

**XRAY-CHEST** 

IMPRESSION BLUNTING OF LEFT COSTOPHRENIC ANGLE NOTED SUGGESTIVE OF ?

FOR STOOL SAMPLE

PLEURAL THICKENING.

TMT OR ECHO

TMT OR ECHO 2 D ECHO :- MILD CONCENTRIC LVH

MILD TR

GRADE I LVDIASTOLIC DYSFUNCTION.

**ECG** 

ECG WITHIN NORMAL LIMITS

**MEDICAL HISTORY** 

RELEVANT PRESENT HISTORY HYPERTENSION SINCE 22 YEARS.

RELEVANT PAST HISTORY PTCA IN 2015-ON REGULAR FOLLOW UP WITH CARDIOLOGIST.

PAST H/O KOCH""S SPINS.



Page 6 Of 13

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RELEVANT PERSONAL HISTORY MARRIED / VEG. DIET / NO ALLERGIES / NO SMOKING / NO ALCOHOL.

RELEVANT FAMILY HISTORY NOT SIGNIFICANT

HISTORY OF MEDICATIONS TAB:- ROSAVEL A / OLMEZEST BETA

**ANTHROPOMETRIC DATA & BMI** 

HEIGHT IN METERS 1.73 mts WEIGHT IN KGS. 92 Kgs

BMI & Weight Status as follows: kg/sqmts

Below 18.5: Underweight 18.5 - 24.9: Normal 25.0 - 29.9: Overweight 30.0 and Above: Obese

**GENERAL EXAMINATION** 

MENTAL / EMOTIONAL STATE **NORMAL** PHYSICAL ATTITUDE **NORMAL** GENERAL APPEARANCE / NUTRITIONAL STATUS **OBESE BUILT / SKELETAL FRAMEWORK AVERAGE** FACIAL APPEARANCE **NORMAL** SKIN **NORMAL** UPPER LIMB NORMAL LOWER LIMB **NORMAL NECK NORMAL** 

NECK LYMPHATICS / SALIVARY GLANDS NOT ENLARGED OR TENDER

THYROID GLAND NOT ENLARGED

CAROTID PULSATION NORMAL TEMPERATURE NORMAL

PULSE 72/MIN.REGULAR, ALL PERIPHERAL PULSES WELL FELT, NO CAROTID

**BRUIT** 

RESPIRATORY RATE NORMAL

CARDIOVASCULAR SYSTEM

BP 130/80 MM HG mm/Hg

(SUPINE) NORMAL NORMAL NORMAL

**ABSENT** 

RESPIRATORY SYSTEM

SIZE AND SHAPE OF CHEST NORMAL



**PERICARDIUM** 

**HEART SOUNDS** 

APEX BEAT

**MURMURS** 

Page 7 Of 13



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MOVEMENTS OF CHEST SYMMETRICAL BREATH SOUNDS INTENSITY NORMAL

BREATH SOUNDS QUALITY VESICULAR (NORMAL)

ADDED SOUNDS ABSENT

**PER ABDOMEN** 

APPEARANCE NORMAL VENOUS PROMINENCE ABSENT

LIVER NOT PALPABLE SPLEEN NOT PALPABLE

**CENTRAL NERVOUS SYSTEM** 

HIGHER FUNCTIONS

CRANIAL NERVES

NORMAL

CEREBELLAR FUNCTIONS

SENSORY SYSTEM

MOTOR SYSTEM

NORMAL

REFLEXES

NORMAL

MUSCULOSKELETAL SYSTEM

SPINE NORMAL JOINTS NORMAL

**BASIC EYE EXAMINATION** 

CONJUNCTIVA NORMAL EYELIDS NORMAL EYE MOVEMENTS NORMAL CORNEA NORMAL

DISTANT VISION RIGHT EYE WITHOUT GLASSES WITHIN NORMAL LIMIT DISTANT VISION LEFT EYE WITHOUT GLASSES WITHIN NORMAL LIMIT

NEAR VISION RIGHT EYE WITHOUT GLASSES REDUCED VISUAL ACUITY 6/12
NEAR VISION LEFT EYE WITHOUT GLASSES REDUCED VISUAL ACUITY 6/8

NEAR VISION RIGHT EYE WITH GLASSES WITHIN NORMAL LIMIT
NEAR VISION LEFT EYE WITH GLASSES WITHIN NORMAL LIMIT

COLOUR VISION NORMAL

**SUMMARY** 

RELEVANT HISTORY NOT SIGNIFICANT RELEVANT GP EXAMINATION FINDINGS OBESE (BMI:-31)







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REMARKS / RECOMMENDATIONS ADVICE:-

1)REGULAR FOLLOW UP WITH CARDIOLOGIST ADVISABLE. 2) WEIGHT LOSS:- LOW CALORIE, HIGH FIBRE DIET, REGULAR

EXERCISE.

### Interpretation(s)

BLOOD COUNTS, EDTA WHOLE BLOOD-

The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology.

RBC AND PLATELET INDICES-

Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait (<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait. WBC DIFFERENTIAL COUNT - NLR-

The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 106504 This ratio element is a calculated parameter and out of NABL scope.

ERYTHRO SEDIMENTATION RATE, BLOODErythrocyte sedimentation rate (ESR) is a non - specific phenomena and is clinically useful in the diagnosis and monitoring of disorders associated with an increased production of acute phase reactants. The ESR is increased in pregnancy from about the 3rd month and returns to normal by the 4th week post partum. ESR is influenced by age, sex, menstrual cycle and drugs (eg. corticosteroids, contraceptives). It is especially low (0 -1mm) in polycythaemia, hypofibrinogenemia or congestive cardiac failure and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis or sickle cells.

### Reference:

- 1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition
  2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin
  3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis, 10th Edition"

GLYCOSYLATED HEMOGLOBIN, EDTA WHOLE BLOODGlycosylated hemoglobin (GHb) has been firmly established as an index of long-term blood glucose concentrations and as a measure of the risk for the development of complications in patients with diabetes mellitus. Formation of GHb is essentially irreversible, and the concentration in the blood depends on both the life span of the red blood cell (average 120 days) and the blood glucose concentration. Because the rate of formation of GHb is directly proportional to the concentration of glucose in the blood, the GHb concentration represents the integrated values for glucose over the preceding 6-8 weeks.

Any condition that alters the life span of the red blood cells has the potential to alter the GHb level. Samples from patients with hemolytic anemias will exhibit decreased glycated hemoglobin values due to the shortened life span of the red cells. This effect will depend upon the severity of the anemia. Samples from patients with polycythemia

or post-splenectomy may exhibit increased glycated hemoglobin values due to a somewhat longer life span of the red cells.

Glycosylated hemoglobins results from patients with HbSS, HbCC, and HbSC and HbD must be interpreted with caution, given the pathological processes, including anemia, increased red cell turnover, transfusion requirements, that adversely impact HbA1c as a marker of long-term glycemic control. In these conditions, alternative forms of

testing such as glycated serum protein (fructosamine) should be considered.
"Targets should be individualized; More or less stringent glycemic goals may be appropriate for individual patients. Goals should be individualized based on duration of diabetes, age/life expectancy, comorbid conditions, known CVD or advanced microvascular complications, hypoglycemia unawareness, and individual patient considerations.

## References

- 1. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics, edited by Carl A Burtis, Edward R.Ashwood, David E Bruns, 4th Edition, Elsevier publication, 2006,
- 2. Forsham PH. Diabetes Mellitus: A rational plan for management. Postgrad Med 1982, 71,139-154.
- 3. Mayer TK, Freedman ZR: Protein glycosylation in Diabetes Mellitus: A review of laboratory measurements and their clinical utility. Clin Chim Acta 1983, 127, 147-184. GLUCOSE, FASTING, PLASMA-

ADA 2021 guidelines for adults, after 8 hrs fasting is as follows:

Pre-diabetics: 100 - 125 mg/dL

Diabetic: > or = 126 mg/dL

GLUCOSE, POST-PRANDIAL, PLASMA-ADA Guidelines for 2hr post prandial glucose levels is only after ingestion of 75grams of glucose in 300 ml water, over a period of 5

CORONARY RISK PROFILE (LIPID PROFILE), SERUM-

Serum cholesterol is a blood test that can provide valuable information for the risk of coronary artery disease This test can help determine your risk of the build up of plaques in your arteries that can lead to narrowed or blocked arteries throughout your body (atherosclerosis). High cholesterol levels usually don't cause any signs or symptoms, so a cholesterol test is an important tool. High cholesterol levels often are a significant risk factor for heart disease and important for diagnosis of hyperlipoproteinemia, atherosclerosis, hepatic and thyroid diseases.



Page 9 Of 13 Scan to View Report



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Serum Triglyceride are a type of fat in the blood. When you eat, your body converts any calories it doesn't need into triglycerides, which are stored in fat cells. High triglyceride levels are associated with several factors, including being overweight, eating too many sweets or drinking too much alcohol, smoking, being sedentary, or having diabetes with elevated blood sugar levels. Analysis has proven useful in the diagnosis and treatment of patients with diabetes mellitus, nephrosis, liver obstruction, other diseases involving lipid metabolism, and various endocrine disorders. In conjunction with high density lipoprotein and total serum cholesterol, a triglyceride determination provides valuable information for the assessment of coronary heart disease risk. It is done in fasting state.

High-density lipoprotein (HDL) cholesterol. This is sometimes called the ""good"" cholesterol because it helps carry away LDL cholesterol, thus keeping arteries open and blood flowing more freely.HDL cholesterol is inversely related to the risk for cardiovascular disease. It increases following regular exercise, moderate alcohol consumption and with oral estrogen therapy. Decreased levels are associated with obesity, stress, cigarette smoking and diabetes mellitus.

SERUM LDL The small dense LDL test can be used to determine cardiovascular risk in individuals with metabolic syndrome or established/progressing coronary artery disease, individuals with triglyceride levels between 70 and 140 mg/dL, as well as individuals with a diet high in trans-fat or carbohydrates. Elevated sdLDL levels are associated with metabolic syndrome and an 'atherogenic lipoprotein profile', and are a strong, independent predictor of cardiovascular disease. Elevated levels of LDL arise from multiple sources. A major factor is sedentary lifestyle with a diet high in saturated fat. Insulin-resistance and pre-diabetes have also been implicated, as has genetic predisposition. Measurement of sdLDL allows the clinician to get a more comprehensive picture of lipid risk factors and tailor treatment accordingly. Reducing LDL levels will reduce the risk of CVD and MI.

Non HDL Cholesterol - Adult treatment panel ATP III suggested the addition of Non-HDL Cholesterol as an indicator of all atherogenic lipoproteins (mainly LDL and VLDL).

NICE guidelines recommend Non-HDL Cholesterol measurement before initiating lipid lowering therapy. It has also been shown to be a better marker of risk in both primary and secondary prevention studies.

Results of Lipids should always be interpreted in conjunction with the patient's medical history, clinical presentation and other findings.

NON FASTING LIPID PROFILE includes Total Cholesterol, HDL Cholesterol and calculated non-HDL Cholesterol. It does not include triglycerides and may be best used in patients for whom fasting is difficult. LIVER FUNCTION PROFILE, SERUM-

LIVER FUNCTION PROFILE

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. Elevated levels results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors &Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood. ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health.AST levels increase during acute hepatitis, sometimes due to a viral infection, ischemia to the liver, chronic hepatitis, obstruction of bile ducts, cirrhosis.

ALP is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Paget's disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilson's disease. GGT is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc. Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease. Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc. Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc SERUM BLOOD UREA NITROGEN-

Causes of Increased levels

Pre renal

- High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal
- Renal Failure

Post Renal

• Malignancy, Nephrolithiasis, Prostatism

Causes of decreased levels

- · Liver disease

CREATININE, SERUM-

Higher than normal level may be due to:







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• Blockage in the urinary tract

- Kidney problems, such as kidney damage or failure, infection, or reduced blood flow
   Loss of body fluid (dehydration)

- Muscle problems, such as breakdown of muscle fibers
  Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

- Myasthenia Gravis
- Muscular dystrophy URIC ACID, SERUM-

Causes of Increased levels

Dietary

- High Protein Intake.
- · Prolonged Fasting,
- Rapid weight loss.

Gout

Lesch nyhan syndrome.

Type 2 DM.

Metabolic syndrome

Causes of decreased levels

- . Low Zinc Intake
- OCP's
- Multiple Sclerosis

Nutritional tips to manage increased Uric acid levels

- Drink plenty of fluidsLimit animal proteins
- High Fibre foodsVit C Intake
- Antioxidant rich foods TOTAL PROTEIN, SERUM-

Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-Josing enteropathy etc.

ALBUMIN, SERUMHuman serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc. ELECTROLYTES (NA/K/CL), SERUM-

Sodium levels are Increased in dehydration, cushing's syndrome, aldosteronism & decreased in Addison's disease, hypopituitarism, liver disease. Hypokalemia (low K) is common in vomiting, diarrhea, alcoholism, folic acid deficiency and primary aldosteronism. Hyperkalemia may be seen in end-stage renal failure, hemolysis, trauma, Addison's disease, metabolic acidosis, acute starvation, dehydration, and with rapid K infusion. Chloride is increased in dehydration, renal tubular acidosis (hyperchloremia metabolic acidosis), acute renal failure, metabolic acidosis associated with prolonged diarrhea and loss of sodium bicarbonate, diabetes insipidus, adrenocortical hyperfuction, salicylate intoxication and with excessive infusion of isotonic saline or extremely high dietary intake of salt. Chloride is decreased in overhydration, chronic respiratory acidosis, salt-losing nephritis, metabolic alkalosis, congestive heart failure, Addisonian crisis, certain types of metabolic acidosis, persistent gastric secretion and prolonged vomiting,

THYROID PANEL, SERUMTriiodothyronine T3, is a thyroid hormone. It affects almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate. Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Thyroxine T4, Thyroxine's principal function is to stimulate the metabolism of all cells and tissues in the body. Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism. Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.

Below mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3

Levels in TOTAL T4 TSH3G TOTAL T3 (ng/dL) 81 - 190 100 - 260 Pregnancy (µg/dL) (µIU/mL) 0.1 - 2.5 0.2 - 3.0 0.3 - 3.0 6.6 - 12.4 First Trimester 6.6 - 15.5 6.6 - 15.5 2nd Trimester 3rd Trimester 100 - 260

Below mentioned are the guidelines for age related reference ranges for T3 and T4.

(na/dL) (ua/dL)



Page 11 Of 13 Scan to View Report



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New Born: 75 - 260 1-3 day: 8.2 - 19.9 1 Week: 6.0 - 15.9

NOTE: TSH concentrations in apparently normal euthyroid subjects are known to be highly skewed, with a strong tailed distribution towards higher TSH values. This is well documented in the pediatric population including the infant age group.

Kindly note: Method specific reference ranges are appearing on the report under biological reference range.

- 1. Burtis C.A., Ashwood E. R. Bruns D.E. Teitz textbook of Clinical Chemistry and Molecular Diagnostics, 4th Edition. 2. Gowenlock A.H. Varley's Practical Clinical Biochemistry, 6th Edition.
- 3. Behrman R.E. Kilegman R.M., Jenson H. B. Nelson Text Book of Pediatrics, 17th Edition STOOL: OVA & PARASITE-

Acute infective diarrhoea and gastroenteritis (diarrhoea with vomiting) are major causes of ill health and premature death in developing countries. Loss of water and electrolytes from the body can lead to severe dehydration which if untreated, can be rapidly fatal in young children, especially that are malnourished, hypoglycaemic, and generally in poor health.

Laboratory diagnosis of parasitic infection is mainly based on microscopic examination and the gross examination of the stool specimen. Depending on the nature of the parasite, the microscopic observations include the identification of cysts, ova, trophozoites, larvae or portions of adult structure. The two classes of parasites that cause human infection are the Protozoa and Helminths. The protozoan infections include amoebiasis mainly caused by Entamoeba histolytica and giardiasis caused by Giardia lamblia. The common helminthic parasites are Trichuris trichiura, Ascaris lumbricoides, Strongyloides stercoralis, Taenia sp. etc ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-

Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same.

The test is performed by both forward as well as reverse grouping methods.

MEDICAL

THIS REPORT CARRIES THE SIGNATURE OF OUR LABORATORY DIRECTOR. THIS IS AN INVIOLABLE FEATURE OF OUR LAB MANAGEMENT SOFTWARE. HOWEVER, ALL EXAMINATIONS AND INVESTIGATIONS HAVE BEEN CONDUCTED BY OUR PANEL OF DOCTORS.





Page 12 Of 13



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# **MEDI WHEEL FULL BODY HEALTH CHECK UP ABOVE 40 MALE**

**ULTRASOUND ABDOMEN ULTRASOUND ABDOMEN GRADE I FATTY LIVER** 

> \*\*End Of Report\*\* Please visit www.srlworld.com for related Test Information for this accession

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