

Mr. RAJESH PATNI (41 /M)

UHID : AHIL.0000818185

AHC No : AHILAH176249

Date : 21/11/2022

MEDIWHEEL-FULL BODY CHK-ABOVE40-MALE

Dear Mr. RAJESH PATNI

Thank you for choosing Apollo ProHealth, India's first personalized, predictive health screening program with health risk assessments curated just for you to guide targeted intervention, continuum of care and a path to wellness. Our holistic care continuum integrates clinical expertise and artificial intelligence to gauge and avert the risk, onset and progression of non-communicable diseases (NCDs).

In this personalized health report, you will find your

- Medical History and Physical examination results
- Investigations Results
- Artificial Intelligence powered risk scores
- Physician's Impressions on your Health
- Path to Wellness: A personalized management protocol, including follow-up assessments
- Vaccination counselling advice

Apollo ProHealth encompasses the following processes:

Personalized Health Risk Assessment (pHRA): Based on your online risk assessment, medical history, physical examination, and psychological evaluation, we recommended a health screening assessment for you, including diagnostic and imaging tests. Based on the results of these assessments, we have advised additional follow-up tests and consultations - details of which we have included in your report. Your physician will explain their relevance, and we strongly suggest you comply with the recommendations.

Health Mentor: We have assigned a dedicated health mentor to proactively work with you towards your health goals and ensure that you regularly adhere to the guidance and recommendations from clinical and nutrition consultants. Your health mentor will call you periodically to track your progress

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ProHealth App: You will get access to the Apollo ProHealth App, which will facilitate easy navigation of personal health records, progress towards your health goals, appointment booking, customized tips and guidance for health and lifestyle management, and regularly connecting with your Health Mentor through the in-app chat. Until you return for your 2nd-year assessment, you will receive periodic updates and reminders to motivate you to keep up the momentum regarding health goal milestones.

Follow- Up Consultation:

For any follow-up consultations, you can visit your ProHealth physician in-person at the center or you can book a virtual consultation through <https://www.apollo247.com/specialties> or through the Apollo 247 app on your phone.

Scan the QR code to download the Apollo 247 App



You can also download the Apollo 247 app on
ANDROID IOS

Disclaimer: The services offered in the program may vary as per the respective agreements made in the program or center or agreed mutual consent.

Note: You are entitled to one complimentary follow-up consultation with your ProHealth physician within a period of 1 year. Please contact your health mentor for the complimentary consult coupon code. This is available for ProHealth Super, Regal and Covid Recovery and Wellness programs

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Date : 21/11/2022



Address :
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AHC No : AHILAH176249

Examined by : Dr. SHASHIKANT NIGAM

MEDIWHEEL-FULL BODY CHK-ABOVE40-MALE



Chief Complaints

For Annual health checkup
No specific complaints



Systemic Review

- Cardiovascular system : - Nil Significant
- Respiratory system : - Nil Significant
- Oral and dental : - Nil Significant
- Gastrointestinal system : - Nil Significant
- Genitourinary system : - Nil Significant
- Gynaec history : - Nil Significant
- Central nervous system : - Nil Significant
- Eyes : - Nil Significant
- ENT : - Nil Significant
- Musculoskeletal system :
Spine and joints
- Nil Significant
- Skin : - Nil Significant



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General symptoms : - Nil Significant

Past medical history

Do you have any allergies? - No

Do you have any drug allergies? - No

Surgical history

Surgical history - Nil

Personal history

Ethnicity - Indian Asian

Marital status - Married

No. of children - 2

Male - 2

Profession - corporate employed

Diet - Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Moderate

Family history

Father - alive

Aged - 65

Mother - alive

Aged - 60

Brothers - 2

Sisters - 3

Coronary artery disease - none

Cancer - None



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Physical Examination



General

General appearance - normal
 Build - normal
 Height - 168
 Weight - 48.1
 BMI - 17.04
 Pallor - No
 Oedema - no



Cardiovascular system

Heart rate (Per minute) - 80
 Rhythm - Regular
 - B.P. Supine
 Systolic(mm of Hg) - 130
 Diastolic(mm of Hg) - 80
 Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
 Tenderness - No

Printed By : MUKTA S ADALTI

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Date : 24/11/2022

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URINE FOR ROUTINE EXAMINATION

Urinalysis, is the physical, chemical and microscopic examination of the urine and is one of the most common methods of medical diagnosis. It is used to detect markers of diabetes, kidney disease, infection etc.

Test Name	Result	Unit	Level	Range
Volume	30	mL		
Specific Gravity	1.005			
Colour:	Pale-Yellow			
Transparency:	Clear			
pH	6			
Protein :	Nil			
Sugar:	Nil			
Blood:	Negative			
Ketone	Absent			
Bile Pigments:	Absent			
Urobilinogen	Nil	E.U./dL		
Nitrite	Negative			
Pus Cells	1-2 /h.p.f			0-5
RBC	Nil	/hpf		0-5/hpf
Epithelial Cells	Occasional			
Casts:	Absent			
Crystals:	Absent			

COMPLETE BLOOD COUNT WITH ESR

Test Name	Result	Unit	Level	Range
Hemoglobin (Photometric Measurement)	14.2	gm%	●	13.0-17.0
Packed cell volume(Calculated)	42.2	%	●	40-50
RBC COUNT (Impedance)	5.31	Million/ul	●	4.5-5.9
MCV (From RBC Histogram)	79.4 *	fl	●	80-100
MCH(Calculated)	26.77 *	pg	●	27-32
MCHC(Calculated)	33.7	%	●	31-36
RDW(Calculated)	13.4	%	●	11.5-14.5
WBC Count (Impedance)	6266	/cu mm	●	4000-11000

● Within Normal Range ● Borderline High/Low ● Out of Range

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Neutrophils	70	%	●	40-75
Lymphocytes	25	%	●	20-40
Monocytes	5	%	●	2-10
Eosinophils	0	%	●	01-06
Basophils	0	%	●	0-1
Platelet Count (Impedance)	230200	/cu mm	●	150000-450000
MPV (Calculated)	7.7	fl	●	7-11
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Automated/ optic-electronic)	02	mm/1st hr	●	0-15

URINE GLUCOSE(FASTING)

Test Name	Result	Unit	Level	Range
Urine Glucose (Post Prandial)	Nil			

URINE GLUCOSE(POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Urine Glucose (Post Prandial)	Nil			

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
BLOOD GROUP:	B Positive			

LFT (LIVER FUNCTION TEST)

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	21	U/L	●	0-50
ALKALINE PHOSPHATASE - SERUM/PLASMA	63	U/L	●	Adult(Male): 40 - 129
AST (SGOT) - SERUM	21	U/L	●	> 1 year Male : <40
Total Bilirubin	0.432	mg/dL	●	0.300-1.200
Direct Bilirubin	0.166	mg/dL	●	Upto 0.3 mg/dl

● Within Normal Range ● Borderline High/Low ● Out of Range





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Indirect Bilirubin

0.266

mg/dL



1 Day ≤5.1 mg/dL
 2 Days ≤7.2 mg/dL
 3-5 Days ≤10.3 mg/dL
 6-7 Days ≤8.4 mg/dL
 8-9 Days ≤6.5 mg/dL
 10-11 Days ≤4.6 mg/dL
 12-13 Days ≤2.7 mg/dL
 14 Days - 9 Years 0.2-0.8 mg/dL
 10-19 Years 0.2-1.1 mg/dL
 ≥20 Years 0.2-1.2 mg/dL

CREATININE - SERUM / PLASMA

Test Name

Result

Unit

Level

Range

CREATININE - SERUM / PLASMA

0.66

mg/dL



Adult Male: 0.6 - 1.3

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Test Name

Result

Unit

Level

Range

GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM

13

U/L



Male : 10 - 71
Female : 6 - 42

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name

Result

Unit

Level

Range

Glucose - Plasma (Fasting)

106 *

mg/dL



70 - 100 : Normal
100 - 125 : Impaired Glucose Tolerance
≥ 126 : Diabetes Mellitus

GLUCOSE - SERUM / PLASMA (POST PRANDIAL) - PPBS

Test Name

Result

Unit

Level

Range

Glucose - Plasma (Post Prandial)

105

mg/dL



70-140

GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name

Result

Unit

Level

Range



Within Normal Range



Borderline High/Low



Out of Range

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Glycosylated Hemoglobin (HbA1c)

5.2

%



Normal < 5.7

%Increased risk for Diabetes 5.7 - 6.4%

Diabetes >= 6.5%

Monitoring criteria for Diabetes Mellitus
<7.0 : Well Controlled Diabetes
7.1 – 8.0 : Unsatisfactory Control
> 8.0 : Poor Control & Needs Immediate Treatment

Estimated Average Glucose.

102.54

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Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM / PLASMA	7.43	g/dL	●	6.00-8.00
PROTEIN TOTAL - SERUM / PLASMA	7.43	g/dL	●	6.00-8.00
ALBUMIN - SERUM	4.99	g/dL	●	Adult(18 - 60 Yr): 3.5 - 5.2
ALBUMIN - SERUM	4.99	g/dL	●	Adult(18 - 60 Yr): 3.5 - 5.2
Globulin-Serum/Plasma	2.44		●	2.20-4.20
Globulin-Serum/Plasma	2.44		●	2.20-4.20
A/G ratio	2.05 *		●	1.00-2.00
A/G ratio	2.05 *		●	1.00-2.00

THYROID PROFILE (T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	2.1	nmol/L	●	Adults(20-120 Yrs): 1.2 - 3.1 Pregnant Female : First Trimester : 1.61 - 3.53 Second Trimester : 1.98 - 4.02 Third Trimester : 2.07 - 4.02
TOTAL T4: THYROXINE - SERUM	116	nmol/L	●	Adults(20-100 Yrs):66 - 181 Pregnant Female : First Trimester : 94.3 - 190 Second Trimester : 102 - 207 Third Trimester : 89 - 202
TSH: THYROID STIMULATING HORMONE - SERUM	2.78	µIU/mL	●	14-120 years : 0.27 - 4.20



Within Normal Range



Borderline High/Low



Out of Range



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URIC ACID - SERUM

Uric acid is a product of the metabolic breakdown of purine. High blood concentrations of uric acid can lead to gout. It is also associated with other medical conditions including diabetes and the formation of kidney stones.

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.8	mg/dL	●	Male : 3.4-7.0 Female : 2.4-5.7

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

PSA is present in small quantities in the serum of men with healthy prostates, but is often elevated in the presence of prostate cancer or some prostate disorders. PSA is not a unique indicator of prostate cancer, it may also detect prostatitis or benign prostatic hyperplasia. Only about 30 percent of patients with high PSA have prostate cancer diagnosed after biopsy. It is recommended in men above 50 years of age.

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	0.894	ng/mL	●	0.000-4.000

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	13	mg/dL	●	6-20
UREA - SERUM / PLASMA	28	mg/dL	●	15 - 50

LIPID PROFILE - SERUM

Test Name	Result	Unit	Level	Range
Total Cholesterol	178	mg/dl	●	0 - 200 : Desirable 200 - 240 : Borderline High 240 - 280 : High > 280 : Very High
Triglycerides - Serum	79	mg/dL	●	0-150
HDL CHOLESTEROL - SERUM / PLASMA (Direct Enzymatic Colorimetric)	54 *	mg/dL	●	< 40 : Major risk factor for heart disease 40 - 59 : The higher The better. >=60 : Considered protective against heart disease
LDL Cholesterol (Direct LDL)	122	mg/dL	●	100 : Optimal 100-129 : Near Optimal 130-159 : Borderline High 160-189 : High >=190 : Very High

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VLDL CHOLESTEROL

16



< 40 mg/dl

C/H RATIO

3



0-4.5

X-RAY CHEST PA

X-ray imaging creates pictures of the inside of your body. Chest X-ray can reveal abnormalities in the lungs, the heart, and bones that sometimes cannot be detected by examination.

NORMAL STUDY.

Investigations Not Done / Not Yet Reported

Haematology

STOOL ROUTINE

CARDIOLOGY

ECHO/TMT

ECG



Within Normal Range



Borderline High/Low



Out of Range

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Rate 79

PR 155
QRS 91
QT 365
QTc 419

--AXIS--
P 84
QRS 75
T 48
12 Lead; Standard Placement




Speed: 25 mm/sec
Time: 10.0 mm/100 ms
P 84 QRS 75 T 48
PR 155 QRS 91 QT 365 QTc 419
12 Lead; Standard Placement



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Radiology

Patient Details : Mr. RAJESH PATNI | Male | 41Yr 8Mth 14Days
UHID : AHIL.0000818185 **Patient Location:** AHC
Patient Identifier: AHILAH176249 
DRN : 222060105 **Completed on :** 21-NOV-2022 10:47
Ref Doctor : DR. SHASHIKANT NIGAM

USG WHOLE ABDOMEN

FINDINGS :

Liver appears normal in size and shows uniform normal echotexture. No evidence of focal or diffuse pathology seen. Intra and extra hepatic biliary radicles are not dilated. Portal vein is normal in calibre. Intrahepatic portal radicles appear normal.

Gall bladder appears normal with no evidence of calculus. Wall thickness appears normal. No evidence of pericholecystic collection.

Head, body and tail of pancreas appear normal in size and echotexture. No focal lesions identified. Pancreatic duct appears normal in caliber.

Spleen measures 7.4 cms and shows uniform echotexture.

Both kidneys are normal in size and show normal echopattern with good corticomedullary differentiation. Cortical outlines appear smooth. No evidence of calculi. Pelvicalyceal system on both sides appear normal.

No evidence of ascites or lymphadenopathy.

Urinary bladder is normal in contour and outline. Wall thickness appears normal. No evidence of any intraluminal pathology seen.

Prostate is normal in size (volume 18 cc) and echopattern.

IMPRESSION :-

Normal study.

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USG WHOLE ABDOMEN

--- END OF THE REPORT ---

A. A. PATEL

Dr. ALPESH A PATEL

DNB Resident

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DEPARTMENT OF RADIOLOGY AND IMAGING SCIENCES

Patient Details : Mr. RAJESH PATNI | Male | 41Yr 8Mth 14Days

UHID : AHIL.0000818185

Patient Location: AHC

Patient Identifier: AHILAH176249



DRN : 122131982

Completed on : 21-NOV-2022 10:29

Ref Doctor : DR. SHASHIKANT NIGAM

X-RAY CHEST PA

FINDINGS :

Lung fields are clear.

Cardio thoracic ratio is normal.

Both costophrenic angles are clear.

Domes of diaphragm are well delineated.

Bony thorax shows no significant abnormality.

IMPRESSION

NORMAL STUDY.

— END OF THE REPORT —

DR. VAIBHAVI PATEL

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CIN No. : U85110TN1997PLC039016 | GSTin : 24AABCA4150H225
For online appointment : www.askapollo.com

For online appointment : www.askapollo.com
Keep the records carefully and bring them along during your next visit to our Hospital



AHIL.0000818185

Mr. RAJESH
PATNI

41 Year(s) / Male

RECORDS

Date: 21/11/22

OPHTHALM

Name :

UHID :

Distance Vision :

Right Eye - 6/6 BE 6/6
Left Eye - 6/9

Near Vision :

Right Eye : N ~~6~~ 6 (P)
Left Eye : N ~~6~~ 6 (P)

APLN.TN - Right Eye 14 Left Eye - 12 mmHg

Both Eye - Colour Vision Normal

Both Eye - Anterior Segment Examinations - Wm

Both Eye Posterior Segment Examinations - Wm

JR
Dr. Jagriti Sinha
MS (Ophthalmology)
Jr. Consultant
Apollo Hospitals International Ltd., Gendlingar,
Gurgaon-122422, INDIA. Regd. No.: G-68792

Doctor's Signature

Ophthalmologist Name



DENTISTRY

Name :

Date : 21/11/22 Unit No. :

Occupation :

Ref. Physician :

Age : Sex : Male Female

Copies to :

DENTAL RECORD

ALLERGIES :

- N/A

PAIN : Score (0-10) 0 Location : - Character : -

DENTAL CLEANING HABIT Once Twice Occasionally
 Brush Finger Stick Any other
 Tooth Paste Powder Any other

DO THE GUMS BLEED WHEN YOU BRUSH YOUR TEETH? Yes No

ARE YOUR TEETH SENSITIVE TO HEAT / COLD? Yes No

ORAL HYGIENE Good Fair Poor

ORAL TISSUE EXAMINATION	PERIODONTAL EXAMINATION	OCCLUSION
NORMAL FINDINGS IN DISEASE	MILD MOD SEV	CLASS I II III CROSSBITE
Lips : Cheeks : Tongue : Floor of the mouth : Palate : Tonsillar Area : <u>N/A</u> Any other :	Gingivitis <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Calculus <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Recession <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Periodontal Pockets <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Attrition <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Erosion <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Mobility <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Hypoplasia Impaction Non-vital Fracture <u>4/8</u> Abscess Ulcers Caries <u>6/7</u> Missing Teeth <u>1/2</u> Supernumerary Others

PRESENT COMPLAINT : Poverty decay

PRE-MEDICAL HISTORY: DM HTN Thyroid Acidity Pregnancy
 Anticoagulant Under Drug Therapy

- N/A -

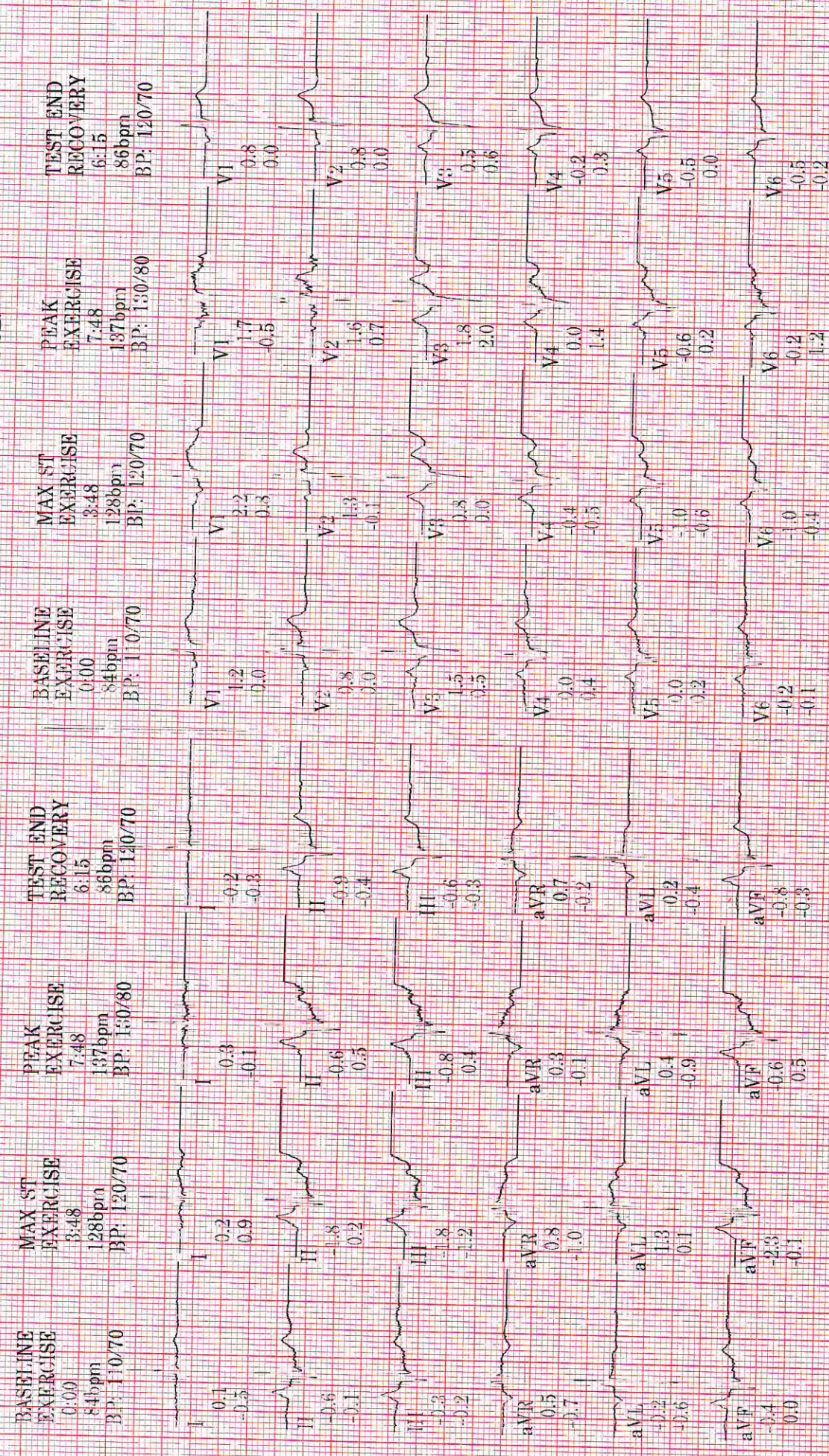
ID: 009818185
 Visit: MEDIUM
 21-Nov-2022 14:59:22

4 years
 168cm
 Asian
 48kg
 Male

Referred by: DR.SAMEER DANI, MHC
 Test ind:

BRUCE
 Total Exercise time: 7:43
 Max HR: 137bpm 76% of max predicted 179bpm
 Max BP: 130/80
 Maximum workload: 9.7METS
 Reason for Termination: Patient fatigue

Comments: TEST IS INCONCLUSIVE FOR INDUCIBLE ISCHEMIA AT MODERATE WORKLOAD AND NORMAL HEYDYNAMIC RESPONSE
 NO ANGINA OCCURRED, NO ARRHYTHMIAS AT PROVOKED NO GALLOP / MURMUR AT PEAK EXERCISE
 TEST TERMINATED DUE TO PATIENT FATIGUE AND THR WAS NOT ACHIEVED MODERATE EFFORT TOLERANCE.



BASELINE EXERCISE BP: 110/70
 MAX ST EXERCISE BP: 120/70
 PEAK EXERCISE BP: 130/80
 TEST END RECOVERY BP: 120/70

Technician: FALGUNJ VIHOL

Unconfirmed
 APOLLO HOSPITALS INTERNATIONAL LIMITED

GE Healthcare

Lead ST(mm)