

ID: 000133273

Visit:

28-Jan-2023

11:24:28

42years

Caucasian

Male

BRUCE

Max HR: 156bpm 92% of max predicted 168bpm

Max BP: 180/70

Reason for Termination: Max HR attained

Comments:

Total Exercise time: 7:11

Maximum workload: 8.8METS

25.0 mm/s

10.0 mm/mV

100hz

Referred by:
Test ind:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	Work Load (METS)	HR (bpm)	BP (mmHg)	RPP (x100)
PRETEST	SUPINE	1:04	***	***	1.0	80	120/70	96
	STANDING	0:05	***	***	1.0	82	120/70	96
	HYPERVENT	0:14	0.8	0.0	1.0	77	120/70	92
EXERCISE	STAGE 1	3:00	1.7	10.0	4.6	131	120/70	157
	STAGE 2	3:00	2.5	12.0	7.0	154	140/70	216
	STAGE 3	1:11	3.4	14.0	8.8	156	140/70	218
RECOVERY	Post	3:01	***	***	1.0	98	180/80	176

TMT Negative for S11



Swaminarayan Nagar, Off Mumbai-Agra Highway,
Panchvati, Nashik - 422 003.

QFAHN/BILL/003/V1

Mr. SACHIN S GOSAVI (41 /M) +91- 253 - 2510250 / 350 / 450 / 550 / 750

Date : 28/01/2023

Address : MEDIWHEEL NASHIK, NASHIK, MAHARASHTRA, INDIA



Examined by :

www.askapollo.com

UHID : MHN1.0000133273

Package : MediWheel Full Body Health Checkup Male Above 40

AHC No : NSKAH29967



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension, Thyroid
disorder, Heart disease,
Stroke, Asthma, COPD,
Cancer

Physical activity

- Active
- level ground walking



Family history

Family history - Nil significant
Diabetes - father, mother
Coronary artery
disease - none
Cancer - None

PHYSICAL EXAMINATION



General

General appearance - normal
Build - normal
Height - 163
Weight - 73.2
BMI - 27.55
Pallor - No
Oedema - no
Temperature - 95.2
SpO2 - 98



Cardiovascular system

Heart rate (Per minute) - 70
Rhythm - Regular
- B.P. Supine
Systolic(mm of Hg) - 130
Diastolic(mm of Hg) - 90
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath
sounds



Abdomen

Organomegaly - No
Tenderness - No

Printed By : Shweta Sharad Shardul



DRUG ALLERGY

NO KNOWN ALLERGY

:28/01/2023



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant



Past medical history

Do you have any - No
allergies?
Do you have any drug - No
allergies?
Past medical history - nil significant



Surgical history

Surgical history - Nil

Immunization history

- Covid Dose1, Covid Dose2



Personal history

Marital status - Married
No. of children - 02
Diet - Mixed Diet
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No



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URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Specific Gravity	1.015 *		●	1.016-1.026
Color,:	PALE YELLOW			
Transparency:	Clear			
Reaction:	Acidic			7.2-7.8
Protein :	Nil			
Sugar:	Nil			
pH	6.0		●	4.6-8
Blood:	Negative			
Ketone	Negative			
Bil. Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal			
Nitrite	Negative			
RBC	0	/hpf	●	0-2
WBC/Pus Cells	0-2/HPF	/hpf		
Tc/Sqc(Transitional/Squamous epithelial cells)	4-6/HPF	/hpf		

Monocytes	05	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	02	mm/1st hr	●	0-10

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	AB			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	24 *	U/L	●	30-65
ALBUMIN - SERUM	4.2	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	3.9 *	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.1		●	1.1-1.8

C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Test Name	Result	Unit	Level	Range
Hemoglobin	14.6	g/dl	●	13.0-18.0
Haematocrit	44	%	●	39.0-54.0
RBC COUNT	5.3	Million/ul	●	4.2-6.5
MCV	83	fl	●	75.0-95.0
MCH	27.5	pg	●	26.0-32.0
MCHC	33.1	g/dl	●	31.0-36.0
RDW	16	%	●	11-16
Platelet Count(Optical/Impedance)	256	10 ⁹ /m ³	●	140-440
TLC Count	6.36	10 ⁹ /m ³	●	4.0-11.0
Neutrophils	60	%	●	45-75
Lymphocytes	29	%	●	20-45
Eosinophils	06	%	●	1-6

ALKALINE PHOSPHATASE - SERUM/PLASMA	77	U/L	●	0-100
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AST (SGOT) - SERUM	20	U/L	●	15-37
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BILIRUBIN, TOTAL - SERUM	0.4	mg/dL	●	0.0-1.0
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LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	201 *	mg/dL	●	0-200

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	1.1	mg/dL	●	0.8-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range



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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 23 U/L ● 0-50

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	96	mg/dL	●	70-100
URINE GLUCOSE(FASTING): (Strip Method)	Nil			

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	100	mg/dL	●	70-140

GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	6.1 *	%	●	0.0-6.0
Mean Plasma Glucose (MPG) Estimate:	139.8600	mg/dL		

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM / PLASMA	51	mg/dL	●	40-60
TOTAL C. _ESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.9		●	0.0-4.5
LDL Cholesterol (Direct LDL)	156	mg/dL		

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	8.1	g/dL	●	6.4-8.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	117	mg/dL	●	0-150

UREA - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
UREA - SERUM / PLASMA	32	mg/dL	●	15-38
UREA NITROGEN SERUM/PLASMA: (Calculated)	15	mg/dL	●	7-18

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.4	mg/dL	●	3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.2	mg/dL	●	0.0-0.7

CARDIAC STRESS TEST - (TMT)

ECG

ULTRASOUND - WHOLE ABDOMEN

Grade I fatty infiltration of liver.
Non-obstructive right renal calculi with bilateral tiny renal concretions.
Cholelithiasis without changes of cholecystitis.

Suggest : Clinical correlation.

X-RAY CHEST PA

No significant abnormality is detected.

● Within Normal Range ● Borderline High/Low ● Out of Range



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Date



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INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Biochemistry

TOTAL T3: TRI IODOTHYRONINE - SERUM

TSH: THYROID STIMULATING HORMONE - SERUM

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL)

TOTAL T4: THYROXINE - SERUM



● Within Normal Range ● Borderline High/Low ● Out of Range



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Date

28/01/2023

AHC No

NSKAH29963



Printed By :

AHC Physician / Consultant Internal Medicine



Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.



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AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

4

ACCEPTABLE SCORE

5

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence -based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management** provided through the ProHealth program. **Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

- This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
- This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
- To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
- Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
- By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515

NASHIK

Gosavi, Sachin
ID:
DOB:
42Yr, Male

28-Jan-2023 09:00:43
Vent rate: 70 BPM
PR Int: 168 ms
QRS dur: 96 ms
QT/QTc: 374/394 ms
P-R-T axes: 47 64 32

SINUS RHYTHM
NORMAL ECG
UNCONFIRMED REPORT



113500188213

No Site Name

Site # 0 Cart # 2 Version 2.0.4.0 Sequence #22292 25mm/s 10mm/mV 0.05-40 Hz



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NASHIK

MD (Radiology)

Patient Details : Mr. SACHIN S GOSAVI | Male | 41Yr 8Mth 30Days

UHID : MHN1.0000133273 **Patient Location:** AHC

Patient Identifier: NSKAH29967



DRN : 223002388

Completed on : 28-JAN-2023 11:34

Ref Doctor : Dr. Rajashri Dhongade

ULTRASOUND - WHOLE ABDOMEN

LIVER : Normal in size. Diffuse increase in echogenicity of the liver parenchyma is suggestive of fatty infiltration.

No I.H.B.D./ focal lesions.

PORTAL VEIN: Normal in size.

GALL BLADDER: Well distended with normal walls and lumen.

Multiple calculi are seen within, largest measuring 9mm.

A polyp of 6 x 5mm is also seen.

No wall thickening /pericholecystic fluid.

COMMON BILE DUCT: Normal in size.

PANCREAS : Visualized portion of head and body of pancreas appears normal in size and echotexture. Rest of the pancreas is obscured due to bowel gases.

AORTA, IVC and para aortic areas are normal.

SPLEEN : Normal in size and echotexture.

KIDNEYS: Both kidneys are normal in site, size and echotexture.

No evidence of hydronephrosis.

Right kidney measures : 10.1 x 4.2cm.

Few small calculi of size 3 to 4mm are seen in lower pole of right kidney.

Left kidney measures : 10 x 5.6cm.

Multiple tiny 2 to 3mm concretions are seen in left kidney.

URINARY BLADDER: Well distended with normal walls.



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NASHIK

Mr. SACHIN S GOSAVI

MHN1.0000133273

NSKAH29967

ULTRASOUND - WHOLE ABDOMEN

No evidence of calculi/ growth/ diverticula.

Prevoid urine volume = 311cc.

Post void residual urine = 21cc (insignificant).

PROSTATE : Normal in size with homogenous echogenicity. No evidence of calcification within.

Prostate measures : 11.1gms.

Seminal vesicles are normal.

Visualized bowel loops appear grossly normal.

No evidence of any free fluid in the peritoneal cavity.

Impression

Grade I fatty infiltration of liver.

Non-obstructive right renal calculi with bilateral tiny renal concretions.

Cholelithiasis without changes of cholecystitis.

Suggest : Clinical correlation.

--- END OF THE REPORT ---

Kunal Kalyanrao Patil

Consultant - MD (Radiodiagnosis)




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NASHIK

MD (Radiology)

Patient Details : Mr. SACHIN S GOSAVI | Male | 41Yr 8Mth 30Days
UHID : MHN1.0000133273 **Patient Location:** AHC
Patient Identifier: NSKAH29967 
DRN : 123003870 **Completed on :** 28-JAN-2023 08:58
Ref Doctor : Dr. Rajashri Dhongade

X-RAY CHEST PA

Both lung fields are clear.

Both hila are normal in size and position.

Costophrenic and cardiophrenic angles are clear.

Cardiac size and contour are within normal limits.

Rib cage is normal.

Soft tissues are normal.

Impression

No significant abnormality is detected.

--- END OF THE REPORT ---

Kunal Kalyanrao Patil

Consultant - MD (Radiodiagnosis)



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28/1/23

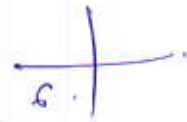
Mr. Sachin Gosavi

42M.

Dr. Priyanka Patil

9096986290.

- No H/O of DM & HTN.

- Buccal Caries seen in .

- Supra & Subgingival plaque seen.

Adv:- Scaling Req.

Filling Req.







OPHTHALMOLOGY



Name : <u>Mr. Sachin Gosavi</u> Occupation : _____ Age : <u>42</u> Sex : Male <input checked="" type="checkbox"/> Female <input type="checkbox"/> S/M/W/D Address : <u>Nashik</u> Tel. No. _____	Date : <u>28/1/23</u> UNIT _____ Room No. _____ Out Patient <input type="checkbox"/> Ref. Physician : _____ Copies to : _____
--	--

REPORT ON OPHTHALMIC EXAMINATION

HISTORY : _____

PRESENT COMPLAINT : Sometimes difficulty for reading
 PAST HISTORY : DM / HTN / ALLERGY

ON EXAMINATION

VISION :

	RE				LE				
	<u>6/6</u>				<u>6/6</u>				
	RIGHT				LEFT				
	PGP	SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA
DIST	—————					—————			
NEAR	—————					—————			

AR / Retinoscopy :

RIGHT			LEFT		
SPH	CYL	AXIS	SPH	CYL	AXIS
<u>2</u>	<u>-0.5</u>	<u>88°</u>	<u>2</u>	<u>-1.00</u>	<u>116°</u>

Refraction or Acceptance :

	RIGHT				LEFT			
	SPH	CYL	AXIS	VA	SPH	CYL	AXIS	VA
DIST	<u>R</u>	<u>-0.5</u>	<u>90°</u>	<u>6/6</u>	<u>2</u>	<u>-0.5</u>	<u>115°</u>	<u>6/6</u>
NEAR	<u>+1.25</u>	—————	—————	<u>20</u>	<u>+1.25</u>	—————	—————	<u>20</u>

CUN (N)

CONSULTANT OPTOMETRIST