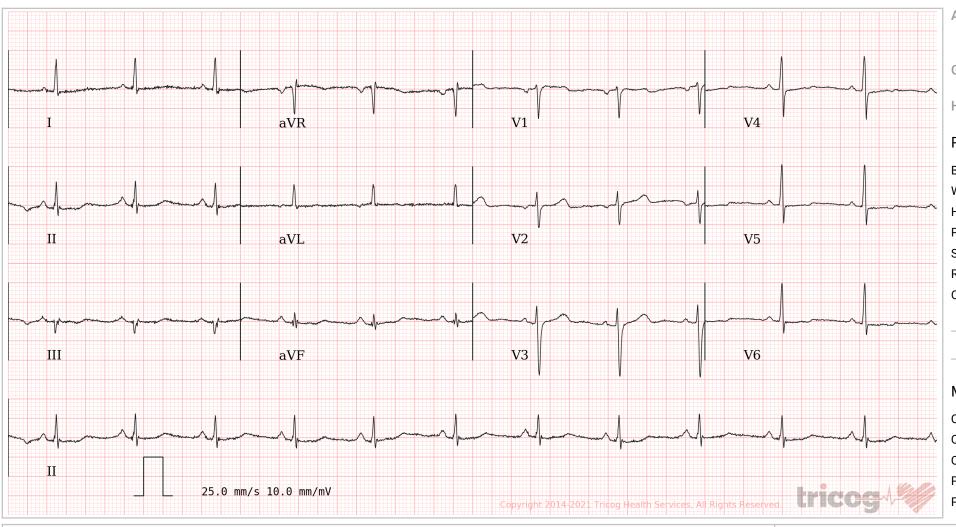
# SUBURBAN DIAGNOSTICS PRECISE TESTING - HEALTHIER LIVING

## SUBURBAN DIAGNOSTICS - MAHAVIR NAGAR, KANDIVALI WEST

Patient Name: YOGITA ARVIND SOLANKI Date and Time: 11th Dec 21 11:15 AM

Patient ID: 2134540663



Age 47 4 12 years months days

Gender Female

Heart Rate 72 bpm

## **Patient Vitals**

BP: NA
Weight: NA
Height: NA
Pulse: NA
Spo2: NA
Resp: NA
Others:

## Measurements

QSRD: 74 ms
QT: 372 ms
QTc: 407 ms
PR: 138 ms
P-R-T: 56° 11° 90°

Sinus Rhythm, Normal Axis, Nonspecific T wave Abnormality. Please correlate clinically.

REPORTED BY

Dr.Ajita Bhosale M.B.B.S/P.G.D.C.C (DIP. Cardiology) 2013062200

Disclaimer: 1) Analysis in this report is based on ECG alone and should be used as an adjunct to clinical history, symptoms, and results of other invasive and non-invasive tests and must be interpreted by a qualified physician. 2) Patient vitals are as entered by the clinician and not derived from the ECG.





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**CID** : 2134540663

Name : Mrs YOGITA ARVIND SOLANKI

Age / Sex : 47 Years/Female

Ref. Dr : Reg. D
Reg. Location : Mahavir Nagar, Kandivali West Main Report

Centre

**Reg. Date** : 11-Dec-2021 / 10:43

**Reported** : 11-Dec-2021 / 16:47

## X-RAY CHEST PA VIEW

Both lung fields are clear.

Both costo-phrenic angles are clear.

The cardiac size and shape are within normal limits.

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

## **IMPRESSION:**

NO SIGNIFICANT ABNORMALITY IS DETECTED.

------End of Report-----

Mehlen

DR. NIKHIL DEV M.B.B.S, MD (Radiology) Reg No – 2014/11/4764 Consultant Radiologist

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Name : MRS. YOGITA ARVIND SOLANKI

: 47 Years / Female Age / Gender

Consulting Dr. Collected : -

Reported :11-Dec-2021 / 14:03 Reg. Location : Mahavir Nagar, Kandivali West (Main Centre)

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## MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/TMT

CBC (Complete Blood Count), Blood			
<u>PARAMETER</u>	RESULTS	<b>BIOLOGICAL REF RANGE</b>	<u>METHOD</u>
RBC PARAMETERS			
Haemoglobin	14.0	12.0-15.0 g/dL	Spectrophotometric
RBC	4.75	3.8-4.8 mil/cmm	Elect. Impedance
PCV	41.2	36-46 %	Measured
MCV	87	80-100 fl	Calculated
MCH	29.5	27-32 pg	Calculated
MCHC	34.0	31.5-34.5 g/dL	Calculated
RDW	14.8	11.6-14.0 %	Calculated
WBC PARAMETERS			
WBC Total Count	6220	4000-10000 /cmm	Elect. Impedance
WBC DIFFERENTIAL AND ABSO	DLUTE COUNTS		
Lymphocytes	36.3	20-40 %	
Absolute Lymphocytes	2257.9	1000-3000 /cmm	Calculated
Monocytes	6.6	2-10 %	
Absolute Monocytes	410.5	200-1000 /cmm	Calculated
Neutrophils	54.2	40-80 %	
Absolute Neutrophils	3371.2	2000-7000 /cmm	Calculated
Eosinophils	1.8	1-6 %	
Absolute Eosinophils	112.0	20-500 /cmm	Calculated
Basophils	1.1	0.1-2 %	
Absolute Basophils	68.4	20-100 /cmm	Calculated

WBC Differential Count by Absorbance & Impedance method/Microscopy.

## **PLATELET PARAMETERS**

Platelet Count	289000	150000-400000 /cmm	Elect. Impedance
MPV	7.5	6-11 fl	Calculated
PDW	12.4	11-18 %	Calculated

## **RBC MORPHOLOGY**

Immature Leukocytes

Hypochromia	-
Microcytosis	-

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Name : MRS. YOGITA ARVIND SOLANKI

: 47 Years / Female Age / Gender

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Macrocytosis

Anisocytosis

Poikilocytosis

Polychromasia

**Target Cells** 

Basophilic Stippling

Normoblasts

Others Normocytic, Normochromic

**WBC MORPHOLOGY** 

PLATELET MORPHOLOGY

**COMMENT** 

Specimen: EDTA Whole Blood

ESR, EDTA WB-ESR 2-20 mm at 1 hr. Westergren

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Name : MRS. YOGITA ARVIND SOLANKI

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GLUCOSE (SUGAR) FASTING.

Fluoride Plasma

Consulting Dr. Collected

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Hexokinase

## MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/TMT

**BIOLOGICAL REF RANGE PARAMETER RESULTS METHOD** 

> Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose:

100-125 mg/dl

Diabetic: >/= 126 mg/dl

Urine Sugar (Fasting) Absent Absent Urine Ketones (Fasting) Absent Absent

111.3

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Anto **Dr.ANUPA DIXIT** M.D.(PATH) **Consultant Pathologist & Lab** Director

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Name : MRS.YOGITA ARVIND SOLANKI

Age / Gender : 47 Years / Female

Consulting Dr. : - Collected : 11-Dec-2021 / 10:28

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> -Dec-2021 / 10:28 -Dec-2021 / 15:52 **T**

## MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/TMT GLYCOSYLATED HEMOGLOBIN (HbA1c)

## PARAMETER RESULTS BIOLOGICAL REF RANGE METHOD

Glycosylated Hemoglobin 6.0 Non-Diabetic Level: < 5.7 % HPLC (HbA1c), EDTA WB - CC Prediabetic Level: 5.7-6.4 %

Prediabetic Level: 5.7-6.4 %
Diabetic Level: >/= 6.5 %

Estimated Average Glucose 125.5 mg/dl Calculated

(eAG), EDTA WB - CC

### Intended use:

- In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year
- · In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly
- For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

## Clinical Significance:

- HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.
- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

## Test Interpretation:

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

## Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

**Decreased in:** Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

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## MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/TMT URINE EXAMINATION REPORT

<u>PARAMETER</u>	<u>RESULTS</u>	<b>BIOLOGICAL REF RANGE</b>	<u>METHOD</u>		
PHYSICAL EXAMINATION					
Color	Pale yellow	Pale Yellow	-		
Reaction (pH)	5.0	4.5 - 8.0	Chemical Indicator		
Specific Gravity	1.010	1.001-1.030	Chemical Indicator		
Transparency	Clear	Clear	-		
Volume (ml)	30	-	-		
<b>CHEMICAL EXAMINATION</b>					
Proteins	Absent	Absent	pH Indicator		
Glucose	Absent	Absent	GOD-POD		
Ketones	Absent	Absent	Legals Test		
Blood	Trace	Absent	Peroxidase		
Bilirubin	Absent	Absent	Diazonium Salt		
Urobilinogen	Normal	Normal	Diazonium Salt		
Nitrite	Absent	Absent	Griess Test		
MICROSCOPIC EXAMINATION					
Leukocytes(Pus cells)/hpf	1-2	0-5/hpf			
Red Blood Cells / hnf	Occasional	0-2/hpf			

Red Blood Cells / hpf Occasional 0-2/hpf

Epithelial Cells / hpf 0-1

Casts Absent Absent Crystals **Absent Absent** Amorphous debris Absent Absent

Bacteria / hpf 2-3 Less than 20/hpf

Others







**Dr.MEGHA SHARMA** M.D. (PATH), DNB (PATH) **Pathologist** 

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Name : MRS. YOGITA ARVIND SOLANKI

Age / Gender : 47 Years / Female

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## MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/TMT **BLOOD GROUPING & Rh TYPING**

**PARAMETER RESULTS** 

**ABO GROUP** В

Rh TYPING **POSITIVE** 

NOTE: Test performed by automated column agglutination technology (CAT) which is more sensitive than conventional methods.

Specimen: EDTA Whole Blood and/or serum

## Clinical significance:

ABO system is most important of all blood group in transfusion medicine

### Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

## Refernces:

- Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
- AABB technical manual

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## MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/TMT LIPID PROFILE

<u>PARAMETER</u>	RESULTS	BIOLOGICAL REF RANGE	<u>METHOD</u>
CHOLESTEROL, Serum	204.5	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	Enzymatic
TRIGLYCERIDES, Serum	106.0	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	Enzymatic
HDL CHOLESTEROL, Serum	49.4	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Enzymatic
NON HDL CHOLESTEROL, Serum	155.1	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/d High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated l
LDL CHOLESTEROL, Serum	134.0	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Calculated
VLDL CHOLESTEROL, Serum	21.1	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	4.1	0-4.5 Ratio	Calculated
LDL CHOL / HDL CHOL RATIO, Serum	2.7	0-3.5 Ratio	Calculated

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## MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/TMT **KIDNEY FUNCTION TESTS**

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
BLOOD UREA, Serum	22.8	12.8-42.8 mg/dl	Kinetic
BUN, Serum	10.7	6-20 mg/dl	Calculated
CREATININE, Serum	0.80	0.51-0.95 mg/dl	Enzymatic
eGFR, Serum	82	>60 ml/min/1.73sqm	Calculated
TOTAL PROTEINS, Serum	7.2	6.4-8.3 g/dL	Biuret
ALBUMIN, Serum	4.6	3.5-5.2 g/dL	BCG
GLOBULIN, Serum	2.6	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	1.8	1 - 2	Calculated
URIC ACID, Serum	6.3	2.4-5.7 mg/dl	Enzymatic
PHOSPHORUS, Serum	3.1	2.7-4.5 mg/dl	Molybdate UV
CALCIUM, Serum	9.3	8.6-10.0 mg/dl	N-BAPTA
SODIUM, Serum	143	135-148 mmol/l	ISE
POTASSIUM, Serum	4.8	3.5-5.3 mmol/l	ISE
CHLORIDE, Serum	106	98-107 mmol/l	ISE

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## MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/TMT **THYROID FUNCTION TESTS**

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
Free T3, Serum	4.2	3.5-6.5 pmol/L	ECLIA
Free T4, Serum	13.7	11.5-22.7 pmol/L First Trimester:9.0-24.7 Second Trimester:6.4-20.59 Third Trimester:6.4-20.59	ECLIA
sensitiveTSH, Serum	1.85	0.35-5.5 microIU/ml First Trimester:0.1-2.5 Second Trimester:0.2-3.0 Third Trimester:0.3-3.0	ECLIA



CID : 2134540663

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### Interpretation

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

## Clinical Significance:

- 1)TSH Values between 5.5 to 15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH.
- 2)TSH values may be trasiently altered becuase of non thyroidal illness like severe infections, liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3 / T3	Interpretation	
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.	
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.	
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)	
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroid illness.	
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.	
High High High Interfering anti TP epileptics.		High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.	

**Diurnal Variation:**TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation:19.7%(with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid , TSH receptor Antibody. Thyroglobulin, Calcitonin

**Limitations:** Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.

## Reference:

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2.Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3. Tietz , Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4.Biological Variation:From principles to Practice-Callum G Fraser (AACC Press)







Dr.ANUPA DIXIT
M.D.(PATH)
Consultant Pathologist & Lab
Director

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## MEDIWHEEL FULL BODY HEALTH CHECKUP FEMALE ABOVE 40/TMT **LIVER FUNCTION TESTS**

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
BILIRUBIN (TOTAL), Serum	0.24	0.1-1.2 mg/dl	Colorimetric
BILIRUBIN (DIRECT), Serum	0.13	0-0.3 mg/dl	Diazo
BILIRUBIN (INDIRECT), Serum	0.11	0.1-1.0 mg/dl	Calculated
TOTAL PROTEINS, Serum	7.2	6.4-8.3 g/dL	Biuret
ALBUMIN, Serum	4.6	3.5-5.2 g/dL	BCG
GLOBULIN, Serum	2.6	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	1.8	1 - 2	Calculated
SGOT (AST), Serum	16.6	5-32 U/L	NADH (w/o P-5-P)
SGPT (ALT), Serum	19.7	5-33 U/L	NADH (w/o P-5-P)
GAMMA GT, Serum	44.4	3-40 U/L	Enzymatic
ALKALINE PHOSPHATASE, Serum	120,8	35-105 U/L	Colorimetric

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