

Name : Mr. ARKO MONDAL (30 /M)

Date : 09/09/2022

Address : 4/1, KALITALA LANE, BALLY, HOWRAH, HOWRAH, WEST BENGAL, INDIA

Examined by:

UHID : AMHL.0002014237

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH156487



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

### Present known illness

No history of : - Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart disease, Asthma



## DRUG ALLERGY

NO KNOWN ALLERGY

:10/09/2022



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Dyspepsia - yes; Nature - persistent; More than 6 weeks - yes; Since - on medication; Symptoms - acidity, bloating, belching; Bowel habits - regular

### Genitourinary system

Frequency - normal; Dysuria/burning micturition - no

### Central nervous system

- Nil Significant

### Eyes

Vision - normal with glasses; Glasses - yes; Glasses for - refractive error

### ENT

- Normal hearing

### Musculoskeletal system

Spine and joints  
- Nil Significant

### Weight

- stable



### Present medications

- names not known



### Past medical history

Covid 19 - Yes  
- 2020,2022  
Jaundice - 2018



### Surgical history

Surgical history - Nil



### Personal history

Marital status - Married  
Diet - Non Vegetarian  
Alcohol - consumes alcohol occasionally  
Smoking - No

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Chews tobacco - No  
Physical activity - Sedentary

 **Family history**

Father - alive  
Mother - alive  
Coronary artery disease - none  
Cancer - None

## PHYSICAL EXAMINATION

 **General**

Build - normal  
Height - 178  
Weight - 66  
BMI - 20.83  
Pallor - No  
Oedema - no

 **Cardiovascular system**

Heart rate (Per minute) - 86  
Rhythm - Regular  
Systolic(mm of Hg) - 114  
Diastolic(mm of Hg) - 86  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds

 **Abdomen**

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Normal

Printed By : SHARMISTHA MALLIK

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	13.5	g/dl	●	13.0-17.0
RBC COUNT	4.65	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	41.2	%	●	41-53
MCV	88.7	fl	●	83-101
MCH	29.1	pg	●	27-32
MCHC	32.8	%	●	31.5-34.5
RDW	14.3 *	%	●	11.8-14.0
WBC Count	4900	/cu mm	●	4000-10000
Platelet Count	1.70	lacs/cu mm	●	1.5-4.0
Neutrophils	65	%	●	40-80
Lymphocytes	26	%	●	20-40
Monocytes	08	%	●	2-10
Eosinophils	01	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	10	mm/1st hr	●	0-15

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.020			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	0-2	/hpf		

Epithelial Cells Occasional/hpf  
 Casts: Not Found  
 Crystals: Not Found  
 Note: Biological reference interval  
 RBC- 0-2/hpf  
 Pus Cell - 0-5/hpf.  
 Outside container.

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	31	U/L	●	10-40
ALBUMIN - SERUM	4.8	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	84	U/L	●	53-128
AST (SGOT) - SERUM	25	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	1.6 *	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	274 *	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.2	mg/dL	●	0.9-1.3

**LIVER FUNCTION TEST (PACKAGE)**

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	28	U/L	●	7-64

TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	9.7	µg/dL	●	5.1-14.1

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	83	mg/dL	●	70-99

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	178 *	mg/dL	●	0-150

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	100	mg/dL	●	70-140

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	1.4	µIU/mL	●	0.270-4.200

**HBA1C (GLYCOSYLATED**

**HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.0	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.5	mg/dL	●	3.5-7.2

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	52	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	183 *	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	39 *	mg/dL	●	0-35

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9.1	mg/dL	●	7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.8:1.0			1.0-2.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.4	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	2.6	g/dL	●	1.8-3.6

**ECG**

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

**TREADMILL TEST / STRESS TEST**

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

**ULTRASOUND SCREENING WHOLE ABDOMEN**

\* Grade-I fatty liver.

**X-RAY CHEST PA**

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Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

### Haematology

STOOL ROUTINE



Within Normal Range



Borderline High/Low



Out of Range

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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