

**Name** : Mr. DIBYA SUNDAR ROY (28 /M)

**Date** : 12/02/2022

**Address** : ROYPARA PALASHDIHA KANYAPUR, ASANSOL, BARDHAMAN, WEST BENGAL, INDIA

**Examined by:**

**UHID** : AMHL.0001916424

**Package** : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

**AHC No** : AMHLAH142136



## CHIEF COMPLAINTS

For corporate health checkup

No specific complaints

PRESENT KNOWN ILLNESS:-

No H/O HTN/DM/TB/Asthma/Heart Disease.



## DRUG ALLERGY

NO KNOWN ALLERGY

:18/02/2022



## SYSTEMIC REVIEW

### Cardiovascular system

CHEST PAIN – Occasional.

### Respiratory system

Nil significant.

### Gastrointestinal system

APPETITE - Normal, BOWEL HABITS - Regular.

### Genitourinary system

FREQUENCY – Normal.

### Central nervous system

MEMORY & CONCENTRATION – Normal, SLEEP – Normal.

### Eyes

VISION - Normal.

### ENT

HEARING – Normal.

### Skin

Nil significant.

### Weight

Steady.



## Past medical history

Past medical history - nil significant



## Surgical history

Surgical history - Nil



## Personal history

Marital status - Single

Diet - Non Vegetarian

Alcohol - consumes alcohol occasionally

Smoking - Yes

Chews tobacco - No

Physical activity - Sedentary



## Family history

Father - alive

Mother - alive

Hypertension - father

Coronary artery disease - none

Cancer - None

## PHYSICAL EXAMINATION



## General

Build - Healthy.

Height (in cms) - 170

Weight (in Kgs) - 72

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BMI - 24.91  
Pallor - no  
Oedema - no

 **Cardiovascular system**

Heart rate(Per minute) - 92  
Rhythm - Normal  
Systolic(mm of Hg) - 130  
Diastolic(mm of Hg) - 88  
Heart sounds - S1S2+

 **Respiratory system**

Breath sounds - Normal vesicular breath sounds

 **Abdomen**

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Present.

 **Central nervous system**

No neurological deficit

 **Skin**

No significant finding

 **Musculo Skeletal System**

Extremities - No significant finding  
Spine - No significant finding

Printed By : AVIJIT DAS

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	14.0	g/dl	●	13.0-17.0
RBC COUNT	4.86	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	41.1	%	●	41-53
MCV	84.5	fl	●	83-101
MCH	28.8	pg	●	27-32
MCHC	34.1	%	●	31.5-34.5
RDW	13.9	%	●	11.8-14.0
WBC Count	6500	/cu mm	●	4000-10000
Platelet Count	1.77	lacs/cu mm	●	1.5-4.0
Neutrophils	67	%	●	40-80
Lymphocytes	22	%	●	20-40
Monocytes	09	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	13	mm/1st hr	●	0-15

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.020			
pH:	7.5			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	61 *	U/L	●	10-40
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	84	U/L	●	53-128
AST (SGOT) - SERUM	48 *	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.8	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	218 *	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.8 *	mg/dL	●	0.9-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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● Within Normal Range    ● Borderline High/Low    ● Out of Range

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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 185 \* U/L ● 7-64

TOTAL T3: TRI IODOTHYRONINE - SERUM 1.0 ng/ml ● 0.8-2

TOTAL T4: THYROXINE - SERUM 8.0 µg/dL ● 5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 87 mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 164 \* mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 92 mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 0.805 µIU/mL ● 0.270-4.200

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.4 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 7.2 mg/dL ● 3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.3 \* mg/dL ● 0.0-0.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 48 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 146 \* mg/dL ● Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated) 24 mg/dL ● 0-35

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 11.0 mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.4 ● 1.0-2.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.7 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 3.2 g/dL ● 1.8-3.6

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

\* Fatty changes in liver.

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

X-RAY CHEST PA

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Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

**Haematology**

STOOL ROUTINE



Within Normal Range



Borderline High/Low



Out of Range

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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