

Name : Mr. UJJAL SARKAR (31 /M)

Date : 15/06/2022

Address : 2 NO., DEBIGARH, 3RD LANE, MANASHA GOLI, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by:

UHID : AGHL.0001488165

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH149970



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

Present known illness

No history of : - Diabetes mellitus, Dyslipidemia, Thyroid disorder, Heart disease, Asthma
Hypertension : - Recently medication started.



DRUG ALLERGY

NO KNOWN ALLERGY

:15/06/2022



SYSTEMIC REVIEW

Cardiovascular system

High blood pressure - yes; Medication - yes

Respiratory system

- Nil Significant

Gastrointestinal system

Appetite - normal; Bowel habits - regular

Genitourinary system

Frequency - normal

Central nervous system

- Nil Significant

Eyes

Vision - normal

ENT

- Normal hearing

Skin

- Nil Significant

Weight

- stable



Present medications

- Tab. Telmikind (40mg) - once daily.



Past medical history

Covid 19 - Yes

- April 2021

Hospitalization for

- No

Covid 19

Jaundice

- At childhood.



Surgical history

Surgical history

- Nil



Personal history

Marital status

- Married

Diet

- Non Vegetarian

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Alcohol - consumes alcohol occasionally
Smoking - Ex.Smoker
Stopped since - 1 year
Chews tobacco - No
Physical activity - Sedentary

Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - yes

Family history

Father - alive
Mother - alive
Sisters - 1
Coronary artery disease - none
Cancer - None

Central nervous system

- No neurological deficit

Skin

- No significant finding

Musculo Skeletal System

- No significant finding

PHYSICAL EXAMINATION

General

Build - over weight
Height - 171 Cm
Weight - 82 Kg
BMI - 28.04
Pallor - No
Oedema - no

Cardiovascular system

Heart rate (Per minute) - 100
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 128
Diastolic(mm of Hg) - 80
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Printed By : AVIJIT DAS

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	13.4	g/dl	●	13.0-17.0
RBC COUNT	4.67	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	40.2 *	%	●	41-53
MCV	86.2	fl	●	83-101
MCH	28.8	pg	●	27-32
MCHC	33.4	%	●	31.5-34.5
RDW	12.9	%	●	11.8-14.0
WBC Count	7600	/cu mm	●	4000-10000
Platelet Count	1.81	lacs/cu mm	●	1.5-4.0
Neutrophils	54	%	●	40-80
Lymphocytes	37	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	04	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	14	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.025			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells Occasional/hpf
 Casts: Not Found
 Crystals: Not Found
 Note Biological reference interval
 RBC- 0-2/hpf
 Pus Cell - 0-5/hpf.

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	63 *	U/L	●	10-40
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	105	U/L	●	53-128
AST (SGOT) - SERUM	43 *	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.6	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	187	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.9	mg/dL	●	0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSEPTIDASE - SERUM	33	U/L	●	7-64

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range

● Within Normal Range ● Borderline High/Low ● Out of Range

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GLUCOSE - PLASMA (FASTING) 80 mg/dL ● 70-99

TRIGLYCERIDES - SERUM 177 * mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 106 mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 2.1 µIU/mL ● 0.270-4.200

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 4.9 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA
Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 7.0 mg/dL ● 3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.1 mg/dL ● 0.0-0.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 40 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 124 mg/dL ● Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated) 23 mg/dL ● 0-35

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 7.4 mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.7:1.0 1.0-2.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.0 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 2.6 g/dL ● 1.8-3.6

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade-I fatty liver.

X-RAY CHEST PA

* Chest skiagram does not reveal any significant abnormality.

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TOTAL T3: TRI IODOTHYRONINE - SERUM 1.2 ng/ml ● 0.8-2
TOTAL T4: THYROXINE - SERUM 7.4 µg/dL ● 5.1-14.1

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

STOOL ROUTINE

CARDIOLOGY

TREADMILL TEST / STRESS TEST

LIPID PROFILE TEST (PACKAGE)

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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