

Health Check up Booking Confirmed Request(bobE12650),Package Code-PKG10000240, Beneficiary Code-29050

Mediwheel <customercare@policywheel.com>

Fri 6/10/2022 2:17 PM

To: Insurance Ghaziabad <insurance.ghaziabad@manipalhospitals.com>

Cc: Mediwheel CC <customercare@mediwheel.in>; Mediwheel CC <mediwheelwellness@gmail.com>

011-41195959

Email:wellness@mediwheel.in

Hi Manipal Hospitals,

Diagnostic/Hospital Location : NH-24 Hapur Road, Oppo. Bahmeta Village, Near Lancroft Golf Links Apartment, City: Ghaziabad

We have received the confirmation for the following booking .

Beneficiary Name : PKG10000240

Beneficiary Name : MR. SAXENA ASHUTOSH

Member Age : 31

Member Gender : Male

Member Relation : Employee

Package Name : Medi-Wheel Metro Full Body Health Checkup Male Below 40

Location : GHAZIABAD, Uttar Pradesh-201001

Contact Details : 9974114602

Booking Date : 08-06-2022

Appointment Date : 11-06-2022

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.



नाम
Name ASHUTOSH SAXENA

कर्मचारी कूट नं.
E.C. No. 118814



Ashutosh

जारीकर्ता प्राधिकारी
Issuing Authority

Ashutosh

धारक के हस्ताक्षर
Signature of Holder

Ashutosh
9974114602

आयकर विभाग
INCOME TAX DEPARTMENT

भारत सरकार
GOVT. OF INDIA

ASHUTOSH SAXENA

AVDESH KUMAR SAXENA

15/01/1990
Permanent Account Number

ENQPS9725H

Ashutosh
Signature

18/12/2012

Ashutosh
9924114602



TMT INVESTIGATION REPORT

Patient Name : Mr. ASHUTOSH SAXENA	Location : Ghaziabad
Age/Sex : 32Year(s)/male	Visit No : V0000000001-GHZB
MRN No : GHZB-0000174481	Order Date : 11/6/2022
Ref. Doctor : HCP	Report Date : 11/6/2022

Protocol : Bruce **MpHR** : 188BPM
Duration of exercise : 6min 57sec **85% of MpHR** : 159BPM
Reason for termination : THR achieved **Peak HR Achieved** : 169BPM
Blood Pressure (mmHg) : Baseline BP : 124/82mmHg **% Target HR** : 89%
Peak BP : 140/86mmHg **METS** : 8.4METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	82	124/82	Nil	No ST changes seen	Nil
STAGE 1	3:00	123	130/82	Nil	No ST changes seen	Nil
STAGE 2	3:00	151	140/86	Nil	No ST changes seen	Nil
STAGE 3	0:57	169	140/86	Nil	No ST changes seen	Nil
RECOVERY	3:02	102	128/86	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes during exercise & recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Fair effort tolerance.

IMPRESSION:

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh
MD, DM (CARDIOLOGY), FACC
Sr. Consultant Cardiology

Dr. Abhishek Singh
MD, DNB (CARDIOLOGY), MNAMS
Sr. Consultant Cardiology

Dr. Sudhanshu Mishra
MD
Cardiology Registrar

RECOVERY

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Opp. Bahmeta Village, Ghaziabad, Uttar Pradesh - 201 002

P : 0120-616 5666

Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

Regd. Off. The Annexe, #98/2, Rustom Bagh, Off. HAL Airport Road, Bengaluru - 560 017



HCMCT

ManipalHospitals

LIFE'S ON



Name : MR ASHUTOSH SAXENA Age : 32 Yr(s) Sex : Male
Registration No : MH010165440 RefHosp No. : ghzb-0000174481 Lab No : 32220604010
Patient Episode : R03000038593 Collection Date : 11 Jun 2022 20:41
Referred By : MANIPAL HOSPITALS GHAZIABAD Reporting Date : 12 Jun 2022 12:41
Receiving Date : 11 Jun 2022 20:57

BIOCHEMISTRY

Glycosylated Hemoglobin

Specimen: EDTA

HbA1c (Glycosylated Hemoglobin) 5.7

As per American Diabetes Association (ADA)
% [4.0-6.5] HbA1c in %
Non diabetic adults \geq 18years $<$ 5.7
Prediabetes (At Risk) 5.7-6.4
Diagnosing Diabetes \geq 6.5

Methodology Turbidimetric inhibition immunoassay (TINIA)

Estimated Average Glucose (eAG) 117 mg/dl

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

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-----END OF REPORT-----

Neelam Singal

Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY



Human Care Medical Charitable Trust

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LIFE'S ON



Name : MR ASHUTOSH SAXENA Age : 32 Yr(s) Sex : Male
Registration No : MH010165440 RefHosp No. : ghzb-0000174481 Lab No : 32220604010
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Referred By : MANIPAL HOSPITALS GHAZIABAD Reporting Date : 12 Jun 2022 12:41
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BIOCHEMISTRY

THYROID PROFILE, Serum

			Adult > 20 yrs
T3 - Triiodothyronine (ECLIA)	1.39	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	8.28	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	2.090	µIU/mL	[0.340-4.250]

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet,stress and illness affect TSH results.

* References ranges recommended by the American Thyroid Association

1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128

2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

Page 1 of 1

-----END OF REPORT-----

Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY



Human Care Medical Charitable Trust

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LABORATORY REPORT

Name	ASHUTOSH SAXENA	Age	32y 4m 27d	Gender	MALE
MRN	GHZB-0000174481	Visit No	V0000000001-GHZB		
Lab No	G000319262	Collected On	11/06/2022 10:27AM	Received On	11/06/2022 10:29AM
Referred By	Deepak Verma	Reported On	11/06/2022 12:48PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
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GLUCOSE, FASTING (F) (Serum Fasting)	107 mg/dl		70 - 110 mg/dl	
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..... END OF REPORT

Processed by :- DEEPTI KUMARI

Charu
Registration No: 419422
DR CHARU AGARWAL
CONSULTANT PATHOLOGIST
Pathologist

LABORATORY REPORT

Name	ASHUTOSH SAXENA	Age	32y 4m 27d	Gender	MALE
MRN	GHZB-0000174481	Visit No	V0000000001-GHZB		
Lab No	G000319273	Collected On	11/06/2022 10:59AM	Received On	11/06/2022 11:00AM
Referred By	Deepak Verma	Reported On	11/06/2022 3:04PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
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URINE EXAMINATION, ROUTINE (Urine)

PHYSICAL EXAMINATION

Colour	Pale Yellow
Appearance	Clear
pH	5.0
Specific gravity	1.025

CHEMICAL EXAMINATION

Glucose	Nil
Protein	Present(Trace)
Ketone bodies	Absent
Urobilinogen	Absent

MICROSCOPIC EXAMINATION

Leukocytes	1-2 /HPF
Erythrocytes	NIL
Epithelial Cells	0-1 /HPF
Casts	NIL
Crystals	NIL
Others	NIL

..... END OF REPORT

Processed by :- DEEPTI KUMARI

mcg-39093
DR ALKA DIXIT VATS
CONSULTANT PATHOLOGIST
PATHOLOGIST

Report Printed On: 13/6/2022 1:24PM

Page 1 of 1

LABORATORY REPORT

Name	ASHUTOSH SAXENA	Age	32y 4m 27d	Gender	MALE
MRN	GHZB-0000174481	Visit No	V0000000001-GHZB		
Lab No	G000319319	Collected On	11/06/2022 3:01PM	Received On	11/06/2022 3:02PM
Referred By	Deepak Verma	Reported On	11/06/2022 4:32PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
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GLUCOSE, POST PRANDIAL (PP), 2 HOURS (Serum Post Prandial)	94 mg/dl		80 -140 mg/dl	
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..... END OF REPORT

Processed by :- DEEPTI KUMARI

MCT-39093
DR ALKA DIXIT VATS
CONSULTANT PATHOLOGIST
PATHOLOGIST

Report Printed On: 13/6/2022 3:22PM

Page 1 of 1

LABORATORY REPORT

Name	ASHUTOSH SAXENA	Age	32y 4m 27d	Gender	MALE
MRN	GHZB-0000174481	Visit No	V0000000001-GHZB		
Lab No	G000319263	Collected On	11/06/2022 10:27AM	Received On	11/06/2022 10:29AM
Referred By	Deepak Verma	Reported On	11/06/2022 5:23PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
BLOOD GROUP (A, B, O) AND RH FACTOR WITH REVERSE GROUPING (Whole Blood)			
BLOOD GROUPING	"B"		
RH TYPING	POSITIVE		

..... END OF REPORT

Processed by :- SHAHID SAIFI

MCT-39093
DR ALKA DIXIT VATS
CONSULTANT PATHOLOGIST
PATHOLOGIST

LABORATORY REPORT

Name	ASHUTOSH SAXENA	Age	32y 4m 27d	Gender	MALE
MRN	GHZB-0000174481	Visit No	V0000000001 GHZB		
Lab No	G000319263	Collected On	11/06/2022 10:27AM	Received On	11/06/2022 10:29AM
Referred By	Deepak Verma	Reported On	11/06/2022 12:48PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
ESR (WESTERGREIN),AUTOMATED ERYTHROCYTE SEDIMENTATION RATE	20 mm/1st hour		0 - 15 mm/Hr
HEMOGLOBIN, HB	16.5 g/dl		12 - 16 gm/ dl
MEAN CORPUSCULAR HAEMOGLOBIN CONCENTRATION, MCHC	34.2 g/dl		33 - 36%
MEAN CORPUSCULAR HAEMOGLOBIN, MCH	31.0 pg		26 -34 pg
MEAN CORPUSCULAR VOLUME, MCV	90.4 fl		77 - 97 fl
PLATELET COUNT	154 x10 ³ cells/ Cumm		150x10 ³ - 400x10 ³ cells/cumm
RED BLOOD CELLS, RBC COUNT	5.33 million/cu mm		3.8 - 5.3 millions /cumm
RED CELL DISTRIBUTION WIDTH, RDW	14.0 %		11.5 - 14.5 %
LEUCOCYTE COUNT, TOTAL (TLC), AUTOMATED	7.29 x10 ³ cells/ Cumm		4x10 ³ - 11x10 ³ cells/cumm
LEUCOCYTE COUNT, DIFFERENTIAL (DLC), AUTOMATED			
BASOPHILS	00 %		0 - 2%
EOSINOPHILS	01 %		2 - 7 %
LYMPHOCYTES	31 %		17 - 45 %
MONOCYTES	07 %		4 -13%
NEUTROPHILS	61 %		40 - 80%
HEMATOCRIT (HCT)	48.2 %		34 -45%

Report Printed On: 13/6/2022 3:23PM

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LABORATORY REPORT

Name	ASHUTOSH SAXENA	Age	32y 4m 27d	Gender	MALE
MRN	GHZB-0000174481	Visit No	V0000000001-GHZB		
Lab No	G000319263	Collected On	11/06/2022 10:27AM	Received On	11/06/2022 10:29AM
Referred By	Deepak Verma	Reported On	11/06/2022 12:48PM		

..... END OF REPORT

Processed by :- DEEPTI KUMARI


DR CHARU AGARWAL
CONSULTANT PATHOLOGIST
Pathologist

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LABORATORY REPORT

Name	ASHUTOSH SAXENA	Age	32y 4m 27d	Gender	MALE
MRN	GHZB-0000174481	Visit No	V0000000001-GHZB		
Lab No	G000319263	Collected On	11/06/2022 10:27AM	Received On	11/06/2022 10:29AM
Referred By	Deepak Verma	Reported On	11/06/2022 12:48PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
-----------	--------	--------------------	-------------------------------	-------------

KIDNEY FUNCTION TESTS (Serum)

UREA	21.7 mg/dl		15 - 40 mg/dl	
CREATININE, SERUM	1.16 mg/dl		0.7 - 1.2 mg/dl	
URIC ACID	6.9 mg/dl		4 - 8.5 mg/dl	
SODIUM, SERUM	141.1 mmol/L		136 - 144 mmol/ L	
POTASSIUM, SERUM	4.80 mmol/L		3.6 - 5.1 mmol/L	
CHLORIDE, SERUM	106.1 mmol/L		101 - 111 mmol/L	

LIPID PROFILE (Serum)

CHOLESTEROL, TOTAL	227 mg/dl		Upto 200 mg/dl	
TRIGLYCERIDES, SERUM	144 mg/dl		Upto 150 mg/dl	
CHOLESTEROL, HDL, DIRECT	54 mg/dl		35 - 65 mg/dl	
CHOLESTEROL, LDL, DIRECT	144 mg/dl		0 -120 mg/dl	
Cholesterol, VLDL	29 mg/dl		0 - 35 mg/dl	

LIVER FUNCTION TESTS (Serum)

BILIRUBIN, TOTAL	1.09 mg/dl		0.3 - 1.2 mg/dl	
BILIRUBIN, DIRECT	0.17 mg/dl		0 - 0.3 mg/dl	

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LABORATORY REPORT

Name	ASHUTOSH SAXENA	Age	32y 4m 27d	Gender	MALE
MRN	GHZB-0000174481	Visit No	V0000000001-GHZB		
Lab No	G000319263	Collected On	11/06/2022 10:27AM	Received On	11/06/2022 10:29AM
Referred By	Deepak Verma	Reported On	11/06/2022 12:48PM		

Test Name	Result	Criticality Factor	Biological Reference Interval	Test Method
Indirect Bilirubin	0.92		0.1 - 0.3 mg/dl	
TOTAL PROTEIN, SERUM	7.1 g/dl		6.6 - 8.7 g/dl	
ALBUMIN, SERUM	4.43 g/dl		3.5 - 5.2 gm/dl	
A/G RATIO (ALBUMIN / GLOBULIN RATIO)	1.66		1:1 - 2.5:1	
GLOBULIN, SERUM	2.7			
SGPT	32 IU/L		17 - 63 IU/L	
SGOT	23 IU/L		0 - 40 IU/L	
GGTP, GGT, GAMMA GT, GAMMA GLUTAMYL TRANSPEPTIDASE	32 IU/L		7 - 50 U/L	
ALKALINE PHOSPHATASE, ALP	80 IU/L		32 - 91 IU/L	

..... END OF REPORT

Processed by :- DEEPTI KUMARI

Registered with No. 419422
DR CHARU AGARWAL
 CONSULTANT PATHOLOGIST
 Pathologist

Report Printed On: 13/6/2022 3:26PM

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LABORATORY REPORT

Name	ASHUTOSH SAXENA	Age	32y 4m 27d	Gender	MALE
MRN	GHZB-0000174481	Visit No	V0000000001-GHZB		
Lab No	G000319263	Collected On	11/06/2022 10:27AM	Received On	11/06/2022 10:29AM
Referred By	Deepak Verma	Reported On	11/06/2022 8:3/PM		

Test Name	Result	Criticality Factor	Biological Reference Interval
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STOOL EXAMINATION, ROUTINE, STOOL, R/E (Stool)

PHYSICAL EXAMINATION

Colour	BROWN
Consistency	SEMI SOLID
Mucus	ABSENT

CHEMICAL EXAMINATION

Occult Blood	NEGATIVE
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MICROSCOPIC EXAMINATION

Cyst	NOT SEEN
Erythrocytes	NOT SEEN
Pus cells	NOT SEEN
Ova	NOT SEEN

..... END OF REPORT

Processed by :- SHAHRUKH KHAN

Registration No: 5416
DR ASHUTOSH RAWAT
MICROBIOLOGIST

RADIOLOGY REPORT

Name	ASHUTOSH SAXENA	Modality	US
Patient ID	GHZB-0000174481	Accession No	1105054
Gender/Age	M / 32Y 4M 25D	Scan Date	11-06-2022 11:31:45
Ref. Phys	Dr. Deepak Verma	Report Date	11-06-2022 13:16:40

USG ABDOMEN & PELVIS**FINDINGS**

LIVER: appears mildly enlarged in size (measures 152 mm) but normal in shape and shows diffuse increase in liver echotexture, in keeping with diffuse grade I fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 78 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears upper limit of normal and measures 12.7 mm.

COMMON BILE DUCT: Appears normal in size and measures 5 mm.

IVC, HEPATIC VEINS: Normal.

BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.

Right Kidney: measures 96 x 41 mm.

Left Kidney: measures 106 x 38 mm.

PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged.

FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PROSTATE: Prostate is normal in size, shape and echotexture. It measures 36 x 23 x 22 mm with volume 10 cc. Rest normal.

SEMINAL VESICLES: Normal.

BOWEL: Visualized bowel loops appear normal.

IMPRESSION

-Mild hepatomegaly with diffuse grade I fatty infiltration in liver.

Recommend clinical correlation.



Dr. Monica Shekhawat, MBBS, DNB,
Consultant Radiologist, Reg No MCI11 10887

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RADIOLOGY REPORT

Name	ASHUTOSH SAXENA	Modality	DX
Patient ID	GHZB-0000174481	Accession No	1105053
Gender/Age	M / 32Y 4M 25D	Scan Date	11-06-2022 10:40:08
Ref. Phys	Dr. Deepak Verma	Report Date	11-06-2022 14:41:35

XR- CHEST PA VIEW

FINDINGS:

LUNGS: Normal.
TRACHEA: Normal.
CARINA: Normal.
RIGHT AND LEFT MAIN BRONCHI: Normal.
PLEURA: Normal.
HEART: Normal.
RIGHT HEART BORDER: Normal.
LEFT HEART BORDER: Normal.
PULMONARY BAY: Normal.
PULMONARY HILA: Normal.
AORTA: Normal.
THORACIC SPINE: Normal.
OTHER VISUALIZED BONES: Normal.
VISUALIZED SOFT TISSUES: Normal.
DIAPHRAGM: Normal.
VISUALIZED ABDOMEN: Normal.
VISUALIZED NECK: Normal.

IMPRESSION:

No significant abnormality noted.

Recommend clinical correlation .



Dr. Monica Shekhawat, MBBS, DNB,
Consultant Radiologist, Reg No MCI 11 10887

MANIPAL HOSPITALS

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ashutosh saxena

32 years
Male

Caucasian

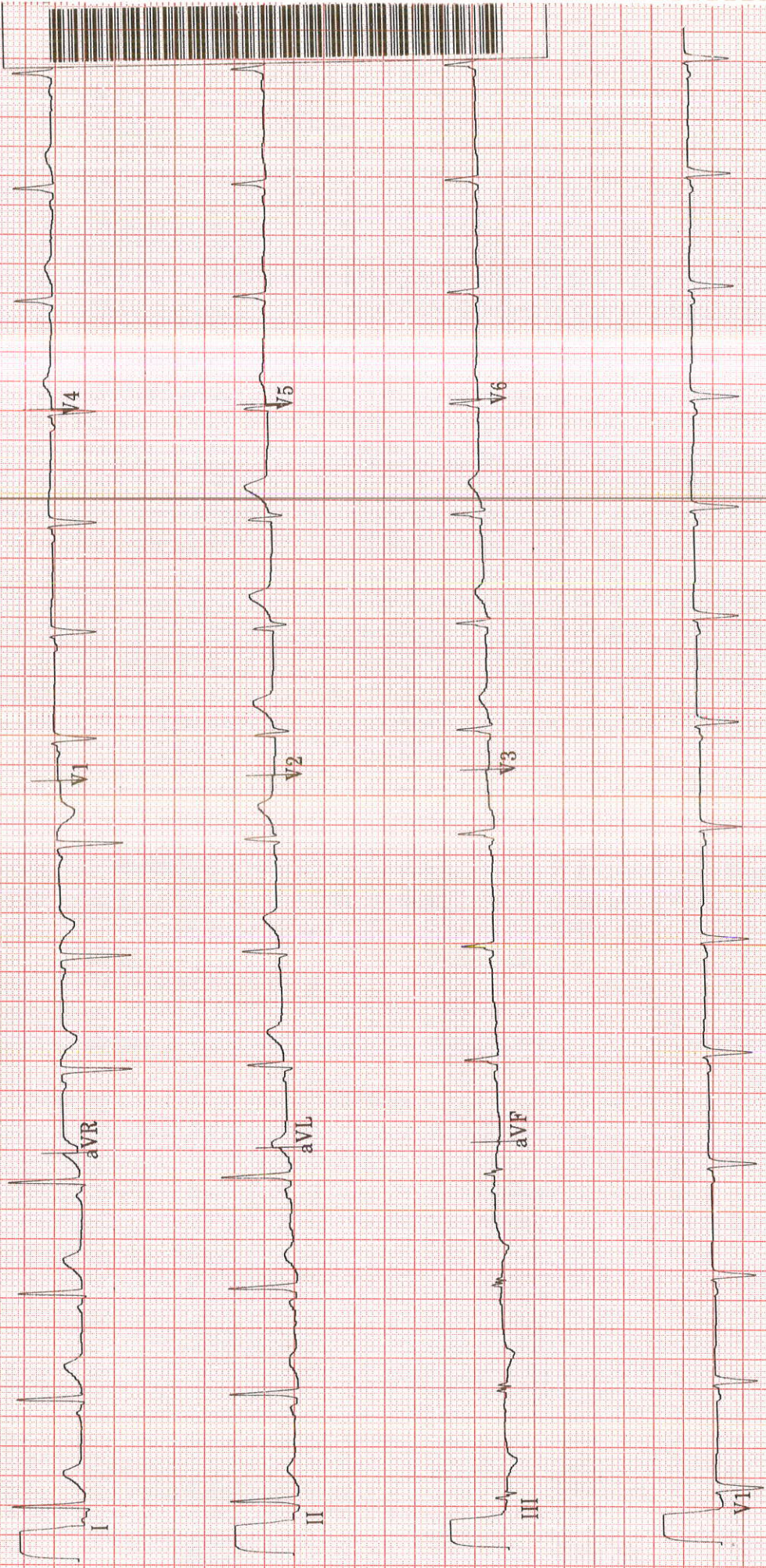
Vent. rate 81 bpm
PR interval 120 ms
QRS duration 76 ms
QT/QTc 342/397 ms
P-R-T axes 57 31 -1

Normal sinus rhythm
Normal ECG

Technician:
Test ind:

Referred by:

Unconfirmed



MAC55 009C
12SL™ v239

4 by 2.5s + 1 rhythm ld

20 Hz 25.0 mm/s 10.0 mm/mV