



CID : 2304222149  
Name : MRS.HIMANI SONI  
Age / Gender : 35 Years / Female  
Consulting Dr. : -  
Reg. Location : Kandivali East (Main Centre)

Collected : 11-Feb-2023 / 09:32  
Reported : 11-Feb-2023 / 12:17

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**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**

**CBC (Complete Blood Count), Blood**

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
<b><u>RBC PARAMETERS</u></b>			
Haemoglobin	12.8	12.0-15.0 g/dL	Spectrophotometric
RBC	4.76	3.8-4.8 mil/cmm	Elect. Impedance
PCV	40.5	36-46 %	Measured
MCV	85	80-100 fl	Calculated
MCH	26.9	27-32 pg	Calculated
MCHC	31.6	31.5-34.5 g/dL	Calculated
RDW	16.0	11.6-14.0 %	Calculated
<b><u>WBC PARAMETERS</u></b>			
WBC Total Count	8040	4000-10000 /cmm	Elect. Impedance
<b><u>WBC DIFFERENTIAL AND ABSOLUTE COUNTS</u></b>			
Lymphocytes	26.3	20-40 %	
Absolute Lymphocytes	2114.5	1000-3000 /cmm	Calculated
Monocytes	5.1	2-10 %	
Absolute Monocytes	410.0	200-1000 /cmm	Calculated
Neutrophils	63.6	40-80 %	
Absolute Neutrophils	5113.4	2000-7000 /cmm	Calculated
Eosinophils	4.7	1-6 %	
Absolute Eosinophils	377.9	20-500 /cmm	Calculated
Basophils	0.3	0.1-2 %	
Absolute Basophils	24.1	20-100 /cmm	Calculated
Immature Leukocytes	-		

WBC Differential Count by Absorbance & Impedance method/Microscopy.

**PLATELET PARAMETERS**

Platelet Count	287000	150000-400000 /cmm	Elect. Impedance
MPV	9.5	6-11 fl	Calculated
PDW	18.3	11-18 %	Calculated

**RBC MORPHOLOGY**

Hypochromia	-
Microcytosis	-



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Macrocytosis -  
Anisocytosis Mild  
Poikilocytosis Mild  
Polychromasia -  
Target Cells -  
Basophilic Stippling -  
Normoblasts -  
Others -  
WBC MORPHOLOGY -  
PLATELET MORPHOLOGY -  
COMMENT -

Specimen: EDTA Whole Blood

ESR, EDTA WB-ESR 29 2-20 mm at 1 hr. Sedimentation

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Borivali Lab, Borivali West  
\*\*\* End Of Report \*\*\*



*Bmhasakar*

**Dr.KETAKI  
MHASKAR  
M.D. (PATH)  
Pathologist**



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Reported : 11-Feb-2023 / 15:00

**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**

<u>PARAMETER</u>	<u>RESULTS</u>	<u>BIOLOGICAL REF RANGE</u>	<u>METHOD</u>
GLUCOSE (SUGAR) FASTING, Fluoride Plasma	100.2	Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >/= 126 mg/dl	Hexokinase
GLUCOSE (SUGAR) PP, Fluoride Plasma PP/R	100.3	Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >/= 200 mg/dl	Hexokinase
BILIRUBIN (TOTAL), Serum	0.38	0.3-1.2 mg/dl	Vanadate oxidation
BILIRUBIN (DIRECT), Serum	0.12	0-0.3 mg/dl	Vanadate oxidation
BILIRUBIN (INDIRECT), Serum	0.26	<1.2 mg/dl	Calculated
TOTAL PROTEINS, Serum	7.3	5.7-8.2 g/dL	Biuret
ALBUMIN, Serum	4.3	3.2-4.8 g/dL	BCG
GLOBULIN, Serum	3	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	1.4	1 - 2	Calculated
SGOT (AST), Serum	20.3	<34 U/L	Modified IFCC
SGPT (ALT), Serum	21.5	10-49 U/L	Modified IFCC
GAMMA GT, Serum	25.7	<38 U/L	Modified IFCC
ALKALINE PHOSPHATASE, Serum	107.0	46-116 U/L	Modified IFCC
BLOOD UREA, Serum	21.8	19.29-49.28 mg/dl	Calculated
BUN, Serum	10.2	9.0-23.0 mg/dl	Urease with GLDH
CREATININE, Serum	0.54	0.50-0.80 mg/dl	Enzymatic
eGFR, Serum	137	>60 ml/min/1.73sqm	Calculated
URIC ACID, Serum	6.2	3.1-7.8 mg/dl	Uricase/ Peroxidase



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Urine Sugar (Fasting)	Absent	Absent
Urine Ketones (Fasting)	Absent	Absent

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Borivali Lab, Borivali West  
\*\*\* End Of Report \*\*\*



MC-2111



*Bmhasakar*

**Dr.KETAKI  
MHASKAR  
M.D. (PATH)  
Pathologist**





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Age / Gender : 35 Years / Female  
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Reg. Location : Kandivali East (Main Centre)

Collected : 11-Feb-2023 / 09:32  
Reported : 11-Feb-2023 / 18:11

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**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**  
**GLYCOSYLATED HEMOGLOBIN (HbA1c)**

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
Glycosylated Hemoglobin (HbA1c), EDTA WB - CC	5.9	Non-Diabetic Level: < 5.7 % Prediabetic Level: 5.7-6.4 % Diabetic Level: >/= 6.5 %	HPLC
Estimated Average Glucose (eAG), EDTA WB - CC	122.6	mg/dl	Calculated

**Intended use:**

- In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year
- In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly
- For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

**Clinical Significance:**

- HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.
- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

**Test Interpretation:**

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

**Factors affecting HbA1c results:**

**Increased in:** High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

**Decreased in:** Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

**Reflex tests:** Blood glucose levels, CGM (Continuous Glucose monitoring)

**References:** ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab

\*\*\* End Of Report \*\*\*



*Anupa*

**Mr. ANUPA DIXIT**  
**M.D.(PATH)**  
**Consultant Pathologist &**  
**Lab Director**



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Reg. Location : Kandivali East (Main Centre)

Collected : 11-Feb-2023 / 09:32  
Reported : 11-Feb-2023 / 15:29

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**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**  
**URINE EXAMINATION REPORT**

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
<b><u>PHYSICAL EXAMINATION</u></b>			
Color	Pale yellow	Pale Yellow	-
Reaction (pH)	6.0	4.5 - 8.0	Chemical Indicator
Specific Gravity	1.005	1.001-1.030	Chemical Indicator
Transparency	Clear	Clear	-
Volume (ml)	20	-	-
<b><u>CHEMICAL EXAMINATION</u></b>			
Proteins	Absent	Absent	pH Indicator
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	Absent	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Absent	Absent	Griess Test
<b><u>MICROSCOPIC EXAMINATION</u></b>			
Leukocytes(Pus cells)/hpf	2-3	0-5/hpf	
Red Blood Cells / hpf	Absent	0-2/hpf	
Epithelial Cells / hpf	1-2		
Casts	Absent	Absent	
Crystals	Absent	Absent	
Amorphous debris	Absent	Absent	
Bacteria / hpf	10-12	Less than 20/hpf	
Others	-		

**Interpretation:** The concentration values of Chemical analytes corresponding to the grading given in the report are as follows:

- Protein:(1+ ~25 mg/dl, 2+ ~75 mg/dl, 3+ ~ 150 mg/dl, 4+ ~ 500 mg/dl)
- Glucose:(1+ ~ 50 mg/dl, 2+ ~100 mg/dl, 3+ ~300 mg/dl,4+ ~1000 mg/dl)
- Ketone:(1+ ~5 mg/dl, 2+ ~15 mg/dl, 3+ ~ 50 mg/dl, 4+ ~ 150 mg/dl)

**Reference:** Pack insert

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Borivali Lab, Borivali West

\*\*\* End Of Report \*\*\*



MC-2111



*Bmhasakar*

**Dr.KETAKI  
MHASKAR  
M.D. (PATH)  
Pathologist**



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Reported : 11-Feb-2023 / 17:32

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**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**  
**BLOOD GROUPING & Rh TYPING**

<u>PARAMETER</u>	<u>RESULTS</u>
ABO GROUP	B
Rh TYPING	Positive

NOTE: Test performed by automated Erythrocytes magnetized technology (EMT) which is more sensitive than conventional methods.

Specimen: EDTA Whole Blood and/or serum

**Clinical significance:**  
ABO system is most important of all blood group in transfusion medicine

**Limitations:**

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

**References:**

1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
2. AABB technical manual

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab  
\*\*\* End Of Report \*\*\*



MC-5460



*Dr. Leena Salunkhe*  
**Dr.LEENA  
SALUNKHE  
M.B.B.S, DPB (PATH)  
Pathologist**





CID : 2304222149  
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Consulting Dr. : -  
Reg. Location : Kandivali East (Main Centre)

Collected : 11-Feb-2023 / 09:32  
Reported : 11-Feb-2023 / 18:31

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**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**  
**LIPID PROFILE**

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
CHOLESTEROL, Serum	197.6	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	CHOD-POD
TRIGLYCERIDES, Serum	192.6	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	Enzymatic colorimetric
HDL CHOLESTEROL, Serum	40.4	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Elimination/ Catalase
NON HDL CHOLESTEROL, Serum	157.2	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/dl High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated
LDL CHOLESTEROL, Serum	118.9	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Calculated
VLDL CHOLESTEROL, Serum	38.3	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	4.9	0-4.5 Ratio	Calculated
LDL CHOL / HDL CHOL RATIO, Serum	2.9	0-3.5 Ratio	Calculated

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab  
\*\*\* End Of Report \*\*\*



*J. Thakker*

**Dr. JYOT THAKKER**  
M.D. (PATH), DPB  
Pathologist & AVP(  
Medical Services)





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Age / Gender : 35 Years / Female  
Consulting Dr. : -  
Reg. Location : Kandivali East (Main Centre)

Collected : 11-Feb-2023 / 09:32  
Reported : 11-Feb-2023 / 15:10

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**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**  
**THYROID FUNCTION TESTS**

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
Free T3, Serum	4.6	3.5-6.5 pmol/L	CLIA
Free T4, Serum	12.9	11.5-22.7 pmol/L	CLIA
sensitiveTSH, Serum	3.426	0.55-4.78 microIU/ml	CLIA

**Interpretation:**

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

**Clinical Significance:**

- 1)TSH Values between high abnormal upto15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH.
- 2)TSH values may be transiently altered because of non thyroidal illness like severe infections,liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3 / T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.

**Diurnal Variation:**TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am , and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation:19.7%(with in subject variation)

**Reflex Tests:**Anti thyroid Antibodies,USG Thyroid ,TSH receptor Antibody. Thyroglobulin, Calcitonin

**Limitations:**

1. Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.
2. Patient samples may contain heterophilic antibodies that could react in immunoassays to give falsely elevated or depressed results. this assay is designed to minimize interference from heterophilic antibodies.

**Reference:**

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2.Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3.Tietz ,Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4.Biological Variation:From principles to Practice-Callum G Fraser (AACC Press)



*Anupa*

**Dr.ANUPA DIXIT**  
**M.D.(PATH)**  
**Consultant Pathologist &**  
**Lab Director**



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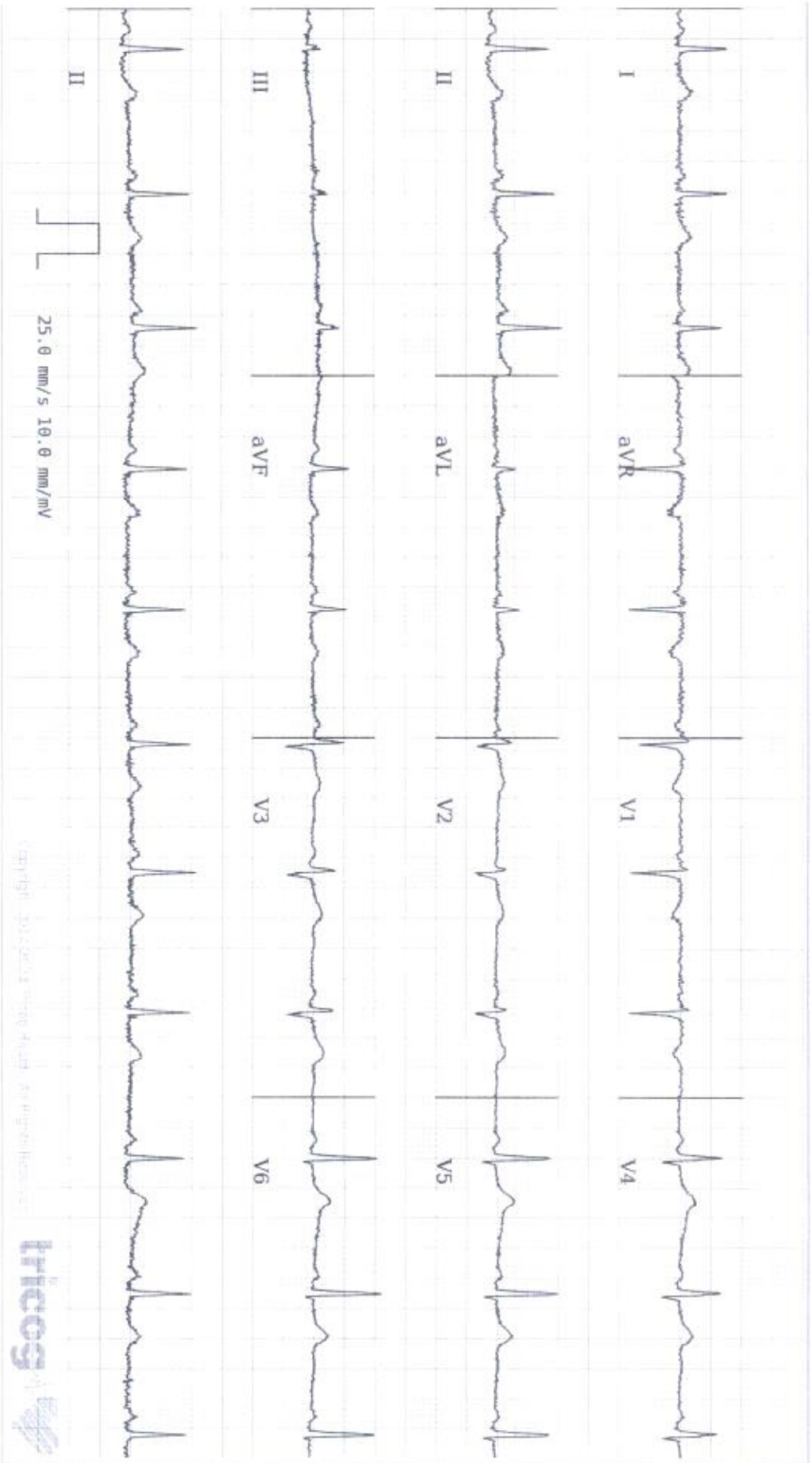
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\*\*\* End Of Report \*\*\*

Patient Name: HIMANI SONI  
Patient ID: 2304222149

**SUBURBAN DIAGNOSTICS - KANDIVALI EAST**

Date and Time: 11th Feb 23 10:30 AM



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Age **35** 7 13  
years months days

Gender **Female**

Heart Rate **65bpm**

Patient Vitals

BP: 129/80 mmHg

Weight: 92 kg

Height: 157 cm

Pulse: NA

Spo2: NA

Resp: NA

Others:

**Measurements**

QRSD: 80ms

QT: 418ms

QTc: 434ms

PR: 126ms

P-R-T: 46° 43° 32°

REPORTED BY

*[Signature]*

DR AKHIL PARULEKAR  
MRBS&MD MEDICINE, DNB Cardiology  
Cardiologist  
2012082483

ECG Within Normal Limits: Sinus Rhythm. Please correlate clinically.

**SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD.**  
Phase 1, Plot No. 7, 1, 3, Aaregam,  
Thane West, Dist. Kandivali (west),  
Mumbai - 400149.  
Tel : 617000000

Disclaimer: 1) Analysis in this report is based on ECGs above and should be used as an adjunct to clinical history, symptoms, and results of other available and non-invasive tests and must be interpreted by a qualified physician. 2) Patient vitals are as entered by the clinician and not derived from the ECG.

### DENTAL CHECK - UP

Name:- Himansu Sone

CID: 2306222149 Sex / Age: F / 35

Occupation:-

Date: 11/02/2023

Chief complaints:- No complaints

Medical / dental history:- No relevant history

#### GENERAL EXAMINATION:

##### 1) Extra Oral Examination:

- a) TMJ: Normal movements.
- b) Facial Symmetry: Bilateral symmetrical

##### 2) Intra Oral Examination:

- a) Soft Tissue Examination: Normal
- b) Hard Tissue Examination:  $\frac{7}{7}$  Carious
- c) Calculus: -
- Stains: +  $\frac{8}{8}$  Impacted.

18 17 16 15 14 13 12 11 21 22 23 24 25 26 27 28

48 47 46 45 44 43 42 41 31 32 33 34 35 36 37 38

○ Missing # Fractured  
○ Filled/Restored RCT Root Canal Treatment  
○ Cavity/Caries RP Root Piece

Advised: a)  $\frac{7}{7}$  Filling  
b)  $\frac{8}{8}$  ↓ Observation

Provisional Diagnosis:-

- NIL -

**DR. BHUMIK PATEL**  
(B.D.S) A - 23378  
SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD.  
Row 1, Col 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100  
Thaker V. N. Road, Thaker V. N. Road (Opp. to...)  
Mumbai - 400001.  
Tel : 61700900

DR. Bhumik Patel  
BP







**CID** : 2304222149  
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**Age / Sex** : 35 Years/Female  
**Ref. Dr** :  
**Reg. Location** : Kandivali East Main Centre  
**Reg. Date** : 11-Feb-2023  
**Reported** : 11-Feb-2023 / 10:59

## USG WHOLE ABDOMEN

### LIVER:

The liver is enlarged in size (18.3 cm) shape and smooth margins. It shows bright parenchymal echo pattern. The intra hepatic biliary and portal radical appear normal. No evidence of any intra hepatic cystic or solid lesion seen. The main portal vein measures 12 mm and CBD appears measures 3.7 mm .

### GALL BLADDER:

The gall bladder is well distended and shows few polyps within gallbladder lumen , largest measuring 6 mm. No evidence of any gall bladder calculi noted.

### PANCREAS:

The pancreas is well visualized and appears normal. No evidence of solid or cystic mass lesion.

### KIDNEYS:

Right kidney measures 11.2 x 5.2 cm. Left kidney measures 12.2 x 4.6 cm.  
Both the kidneys are normal in size shape and echotexture.  
No evidence of any calculus,hydronephrosis or mass lesion seen.

### SPLEEN:

The spleen is normal in size (11.7 cm) and echotexture.No evidence of focal lesion is noted.  
There is no evidence of any lymphadenopathy or ascites.

### URINARY BLADDER:

The urinary bladder is well distended and reveal no intraluminal abnormality.

### UTERUS:

The uterus is anteverted and appears normal.It measures 8.1 x 5.3 x 4.2 cm in size.  
The endometrial thickness is 6.7 mm.

### OVARIES:

Right ovary = A 4.7 x 3.5 cms sized simple cyst is noted in right ovary .  
Left ovary = 2.7 x 2.0 cm, Normal in size shape and echotexture

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**IMPRESSION:-**

**HEPATOMEGALY WITH GRADE II FATTY LIVER.**

**GALL BLADDER POLYPS.**

**RIGHT OVARIAN SIMPLE CYST AS DESCRIBED.**

-----End of Report-----

**This report is prepared and physically checked by Dr Akash Chhari before dispatch.**

DR. Akash Chhari  
MBBS. MD. Radio-Diagnosis Mumbai  
MMC REG NO - 2011/08/2862

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**X-RAY CHEST PA VIEW**

Both lung fields are clear.  
Both costo-phrenic angles are clear.  
The cardiac size and shape are within normal limits.  
The domes of diaphragm are normal in position and outlines.  
The skeleton under review appears normal.

**IMPRESSION:**

**NO SIGNIFICANT ABNORMALITY IS DETECTED.**

-----End of Report-----

**This report is prepared and physically checked by DR. FAIZUR KHILJI before dispatch.**

*Khilji Faizur*

**Dr. FAIZUR KHILJI**  
**MBBS, RADIO DIAGNOSIS**  
**Reg No-74850**  
**Consultant Radiologist**

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CID# : 2304222149

Name : MRS.HIMANI SONI

Age / Gender : 35 Years/Female

Consulting Dr. :

Collected : 11-Feb-2023 / 09:10

Reg.Location : Kandivali East (Main Centre)

Reported : 12-Feb-2023 / 09:39

## PHYSICAL EXAMINATION REPORT

### History and Complaints:

No

### EXAMINATION FINDINGS:

Height (cms): 157 cms

Temp (0c): Afebrile

Blood Pressure (mm/hg): 120/80

Pulse: 80/min

Weight (kg): 92/min

Skin: Normal

Nails: Normal

Lymph Node: Not Plapable

### Systems

Cardiovascular: Normal

Respiratory: Normal

Genitourinary: Normal

GI System: Normal

CNS: Normal

### IMPRESSION:

### ADVICE:

Low fatty diet  
w cardio diet

Surgical opinion  
Ultrasound  
Dusctalogram

### CHIEF COMPLAINTS:

• HbA1c - 5.9%  
• Dyslipidemia  
• USA - Hepatomegaly & fatty liver  
• Gall bladder polyp  
• Right ov-cyst simple

CID# : 2304222149

Name : MRS.HIMANI SONI

Age / Gender : 35 Years/Female

Consulting Dr. :

Collected : 11-Feb-2023 / 09:10

Reg.Location : Kandivali East (Main Centre)

Reported : 12-Feb-2023 / 09:39

- |  |        |
|--|--------|
| 1) Hypertension:                         | No     |
| 2) IHD                                   | No     |
| 3) Arrhythmia                            | No     |
| 4) Diabetes Mellitus                     | No     |
| 5) Tuberculosis                          | No     |
| 6) Asthama                               | No     |
| 7) Pulmonary Disease                     | No     |
| 8) Thyroid/ Endocrine disorders          | No     |
| 9) Nervous disorders                     | No     |
| 10) GI system                            | No     |
| 11) Genital urinary disorder             | No     |
| 12) Rheumatic joint diseases or symptoms | No     |
| 13) Blood disease or disorder            | No     |
| 14) Cancer/lump growth/cyst              | No     |
| 15) Congenital disease                   | No     |
| 16) Surgeries                            | 3 LSCS |
| 17) Musculoskeletal System               | No     |

**PERSONAL HISTORY:**

- |               |     |
|---------------|-----|
| 1) Alcohol    | No  |
| 2) Smoking    | No  |
| 3) Diet       | Veg |
| 4) Medication | No  |

\*\*\* End Of Report \*\*\*

SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD.  
Row House No. 3, Aangan,  
Thakur Village, Kandivali (east),  
Mumbai - 408101.  
Tel : 61700880

**Dr. Jagruti Dhale**  
MBBS  
Consultant Physician  
Reg. No. 69548



# SUBURBAN DIAGNOSTICS KANDIVALI EAST

Report



EMR#:

992 (2304222149) / HIMANI SONI / 35 Yrs / F / 157 Cms / 92 Kg  
 Date: 11 / 02 / 2023 11:54:05 AM Refd By : ARCOFEMI Examined By: DR.AKHIL PARULEKAR

Stage	Time	Duration	Speed(Kmph)	Elevation	METS	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:09	0:09	00.0	00.0	01.0	073	39%	120/80	087	00	
Standing	00:38	0:29	00.0	00.0	01.0	081	44%	120/80	097	00	
HV	00:48	0:10	00.0	00.0	01.0	079	43%	120/80	094	00	
ExStart	01:09	0:21	00.0	00.0	01.0	099	54%	120/80	118	00	
BRUCE Stage 1	04:09	3:00	02.7	10.0	04.7	140	76%	120/80	168	00	
PeakEx	06:05	1:56	04.0	12.0	06.3	163	88%	150/80	244	00	
Recovery	07:05	1:00	00.2	00.0	01.0	141	76%	150/80	211	00	
Recovery	07:14				00.0	000	0%	---	000	00	

## FINDINGS :

**Exercise Time** : 04:56  
**Initial HR (ExStrt)** : 99 bpm 54% of Target 185  
**Initial BP (ExStrt)** : 120/80 (mm/Hg)  
**Max Workload Attained** : 6.3 Fair response to induced stress  
**Duke Treadmill Score** : 05.7  
**Test End Reasons** : Heart Rate Achieved

**Max HR Attained** 163 bpm 88% of Target 185  
**Max BP Attained** 150/80 (mm/Hg)

**Dr. Akhil P. Parulekar:**  
 MBBS, MD, MCh(PT)  
 DNB Cardiology  
 Reg. No. 2012082483

**SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD.**  
 Row House No. 3, A-33/34,  
 Thakur Village, Kandivali (East),  
 Mumbai - 406005.  
 Tel: 817008000

Doctor : DR.AKHIL PARULEKAR





Email:

992 / HIMANI SONI / 35 Yrs / F / 157 Cms / 92 Kg Date: 11 / 02 / 2023 11:54:05 AM Refd By : ARCOFEMI

REPORT :

Heart Rate 163.0 bpm

Systolic BP 150.0 mmHg Diastolic BP 80.0 mmHg

Exercise Time 04:56 Mins Ectopic Beats 0.0

METS 6.3 Test End Reason , Heart Rate Achieved Target Heart Rate 88% of 185

TEST OBJECTIVE	ROUTINE CHECK UP
RISK FACTOR	NONE
ACTIVITY	MODERATE ACTIVE
MEDICATION	NONE
REASON FOR TERMINATION	HEART RATE ACHIEVED
EXERCISE TOLERANCE	GOOD
EXERCISE INDUCED ARRHYTHMIAS	NO
HAEMODYNAMIC RESPONSE	NORMAL
CHRONOTROPIC RESPONSE	NORMAL
FINAL IMPRESSION	NO SIGNIFICANT ST T CHANGES NOTED STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE FOR GIVEN DURATION OF EXERCISE

DISCLAIMER Negative stress test does not rule out coronary artery disease. Positive stress test is suggestive but not confirmatory of coronary artery disease. Hence clinical correlation is mandatory

SUBURBAN DIAGNOSTICS KANDIVALI EAST  
 Plot House No. 3, A.P. Path,  
 Thakur Village, Kandivali East,  
 Mumbai - 400101.  
 Tel : 617009800

Doctor : DR. AKHIL PARULEKAR  
 MBBS, MD, Med  
 DNB Cardiology  
 Regd No. 2012082433





992 (2304222149) / HIMANI SONI / 35 Yrs / F / 157 Cms / 92 Kg / HR : 71

Date: 11/02/2023 11:54:05 AM METS: 1.0/71 bpm/38% of THR BP: 120/80 mmHg Row: ECG/BLO/CM/Notch/On/HF 0.05 Hz/LE 35 Hz

EXTIME: 00:00 0.0 kmph, 0.0%

4X 80 ms Post J

25 mm/sec 1.0 cm/mV

STL 0.1  
STB 0.1



V1 0.2  
0.2

II 0.3  
III 0.3



V2 0.4  
0.5

III 0.4  
aVR 0.1



V3 0.1  
0.3

aVR 0.1  
aVL 0.3



V4 0.0  
0.2

aVL 0.3  
aVF 0.4



V5 0.1  
0.0

aVF 0.4  
V6 0.1



V6 0.2  
0.1



V2 0.4



V5



V6

REMARKS:  
I II III aVR aVL V1 V2 V3 V4 V5 V6





992 (2304222149) / HIMANI SONI / 35 Yrs / F / 157 Cms / 92 Kg / HR : 81

Date: 11 / 02 / 2023 11:54:05 AM METS: 1.0/81 bpm 44% of THR BP: 120/80 mmHg Raw ECG/BLC Div/Notch On/HE 0.05 Hz/LF 35 Hz

ExTime: 00:00:00 kmph 0.0%

4X 80 mS Post J

25 mm/Sec 1.0 cm/mV

SI 0.7  
ST 0.8

V1 0.2  
V2 0.1

V1

I 1.1  
II 1.1  
III -0.6

V2 0.1  
V3 0.4

V2

III -2.2  
II -2.2  
I -1.3

V3 0.3  
V4 0.6

V3

avR 0.5  
avL 0.1

V4 0.7  
V5 1.2

V4

avL 1.3  
avF 1.1

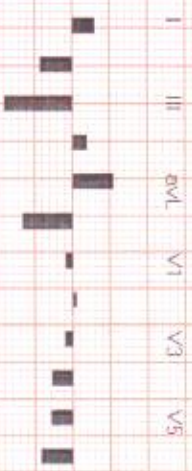
V5 0.7  
V6 1.3

V5

avF -1.6  
avR -1.0

V5 1.0  
V6 0.8

V6



REMARKS:





992 (2304222149) / HIMANI SONI / 35 Yrs / F / 157 Cms / 92 Kg / HR : 79

Date: 11 / 02 / 2023 11:54:05 AM METS: 1.0 / 79 bpm 43% of THR BP: 120/80 mmHg Raw ECG/ ELC 0m/ Natch Day/ HF 0.05 Hz/ LF 35 Hz

ExTime: 00:00:00 Kmph 0.0%

4X 90 mS Post J

25 mm/500 1.0 Cm/mV

ST1 0.0  
ST5 0.2



II 0.5  
0.4



V2 0.4



III 0.6  
0.6  
0.6



aVR 0.3  
0.2



aVL 0.3  
0.4



aVF 0.5  
0.5  
0.5



I II aVL V1 V3 V5



II aVR aVF V2 V4 V6



V1 0.2  
0.3



V2 0.4  
0.5



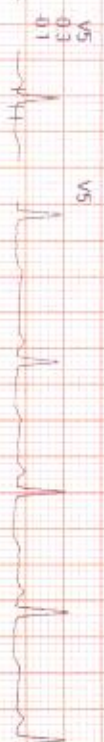
V3 0.2  
0.0



V4 0.2  
0.1



V5 0.3  
0.1



V6 0.3  
0.2





992 (2304222149) / HIMANI SONI / 35 Yrs / F / 157 Cms / 92 Kg / HR : 96

Date 11 / 02 / 2023 11:54:05 AM METS: 1.0 / 96 bpm 52% of THR BP: 120/80 mmHg Raw ECG/BLC On/Notch On/HF 0.05 Hz/LF 35 Hz

EXTime 00:00 0.0 KmPh 0.0%

4X

06 no. Pad J

25 mm/Sec 1.0 cm/mV

SI 0.1  
STI 0.8

V1 0.3  
V2 0.3



II 0.5  
III 0.1

V2 1.0  
V3 0.7



III 0.6  
aVR 0.2  
aVL 0.8

V3 0.4  
V4 0.3



aVR 0.2  
aVL 0.4  
aVF 0.4

V4 0.4  
V5 0.4



aVL 0.6  
aVF 0.7

V5 0.4  
V6 0.4



aVF 0.5  
aVL 0.4

V6 0.3  
V7 0.4



REMARKS: I II III aVR aVL aVF V1 V2 V3 V4 V5 V6





992 (2304222149) / HIMANI SONI / 35 Yrs / F / 157 Cms / 92 Kg / HR : 140

Date 11 / 02 / 2023 11:54:05 AM METS: 471140 bpm 76% of THR BP: 120/80 mmHg Raw ECG/BLC On/Notch On/HF 0.05 Hz/LF 35 Hz

EXTime 03:00 2.7 Km/Ph 10.0%

4X

ED and Post J

25 mm/Sec 1.0 Cm/mV

ST: 0.2  
STs: 0.6

V1 0.3  
V2 1.1

II 1.0  
III 1.2

V2 0.4  
V3 1.1

III 0.8  
V3 0.2  
V4 0.8

V3 0.2  
V4 0.8

aVR 0.5  
aVL 0.3

aVR 0.5  
aVL 0.3

aVL 0.3  
aVF 1.1

aVL 0.3  
aVF 1.1

aVF 0.9  
V5 0.3  
V6 0.0

aVF 0.9  
V5 0.3  
V6 0.0



REMARKS:







992 (2304222149) / HIMANI SONI / 35 Yrs / F / 157 Cms / 92 Kg / HR : 163

Date : 11 / 02 / 2023 11 54 05 AM METS : 6.3 / 1.63 bpm 88% of THR BP : 150/80 mmHg Raw ECG/BLC On/Notch On/HF 0.05 Hz/LF 35 Hz

ExTime: 0456 4.0 Km/h 12.0%

4X 60 ms Post J

25 mm/Sec 1.0 mV/mV

ST1 0.0  
ST2 0.0  
ST3 0.8

V1 0.4  
V4 0.1

II 1.2  
III 1.2  
aVF 0.6

V2 0.4  
V5 0.9

III 1.2  
aVR 0.7  
aVL 0.7

V3 0.0  
V6 0.8

aVR 0.7  
aVL 0.5  
aVF 0.4

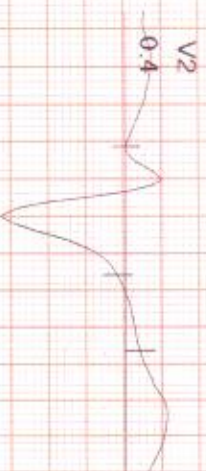
V4 0.6  
V7 0.5

aVL 0.5  
aVF 0.4

V5 0.7  
V8 0.5

aVF 1.2  
aVL 1.2  
aVR 0.2

V6 0.6  
V9 0.3



REMARKS





**SUBURBAN DIAGNOSTICS KANDIVALI EAST**

Recovery : ( 01:00 )



992 (2304222 149) / HIMANI SONI / 35 Yrs / F / 157 Cms / 92 Kg / HR : 141

Date 11 / 02 / 2023 11 54:05 AM METS: 1.0/1.41 bpm 76% of THR BP: 150/80 mmHg Raw ECG/BLC/Or/Naich/Or/HF 0.05 Hz/LF 35 Hz

EXTime: 04:55 0.2 Km/Wh

4X 60 mg Post J

25 mm/Sec 1.0 Cm/mV



REMARKS: aVR -0.2 aVL 0.6 aVF 0.8 I 0.7 II 0.2 III 0.0 V1 0.4 V2 0.9 V3 0.4 V4 0.2 V5 0.1 V6 0.1





SUBURBAN DIAGNOSTICS KANDIVALI EAST

Recovery : ( 01:09 )



992 (23042222149) / HIMANI SONI / 35 Yrs / F / 157 Cms / 92 Kg / HR 136

Date: 11 / 02 / 2023 11:54:05 AM METS: 1.0 / 1.36 bpm 24% of THF BP: 150/80 mmHg Raw ECG: BLC On/Notch On/HF 0.05 Hz/LF 35 Hz

EXTime: 04:56 0.0 KmPh. 0.0%

4X

60 ms Post J

25 mm/Sec 1.0 Cm/mV

SI 0.5  
SI2 1.3

V1 0.3  
V2 1.0



II 0.2  
III 0.2  
aVF 1.4

V2 0.9  
V3 0.7



III 0.7  
aVR 0.1  
aVL 1.4

V3 0.3  
V4 0.8



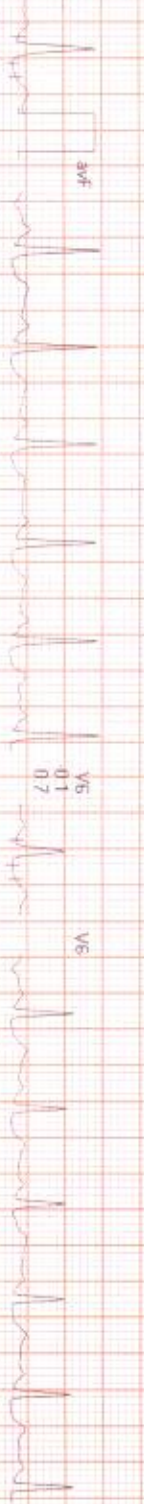
aVR 0.2  
aVL 0.6  
aVF 0.6

V4 0.2  
V5 0.8



aVR 0.4  
aVL 0.4  
aVF 0.7

V5 0.1  
V6 0.7



REMARKS: I II III aVR aVL aVF V1 V2 V3 V4 V5 V6

