

Medi-Wheel

R/G → Nagpur.

Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC- 2014/01/0113



Name: Ms. Rupali Junoekar Date: 08/11/22

Age: 32y Sex: M/F Weight: 63.8 kg Height: 154.9 inc BMI: 26.6

BP: 120/80 mmHg Pulse: 82 bpm RBS: _____ mg/dl

SpO2: 100%

LMP: 25/10/22

32/F
No compl.
No known comorbidities
Planning for conception

O/E
Imp
Chest
L
P/A | N

Imp → noted

- Adv.
- Cr. Tit as per Dr. Ashi Patil
 - Diet control
 - Exercise
 - weight loss

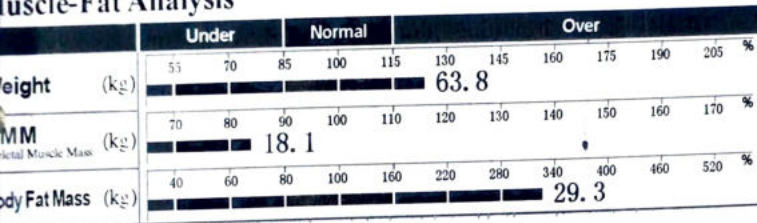
Dr. VIMMI GOEL
MBBS, MD
Sr. Consultant-Non Invasive Cardiology
Reg.No. 2014/01/0113

23537	Height 154.9cm	Age 32	Gender Female	Test Date / Time 08.11.2022 11:26
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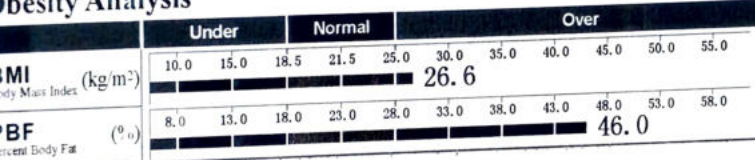
Body Composition Analysis

Total amount of water in my body	Total Body Water (L)	25.1	(26.3~32.1)
What I need to build muscles	Protein (kg)	6.7	(7.0~8.6)
What I need for strong bones	Mineral (kg)	2.7	(2.43~2.97)
Where my excess energy is stored	Body Fat Mass (kg)	29.3	(10.3~16.5)
Sum of the above	Weight (kg)	63.8	(43.9~59.3)

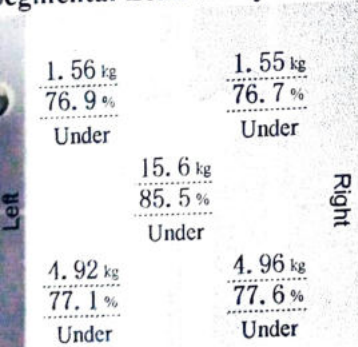
Muscle-Fat Analysis



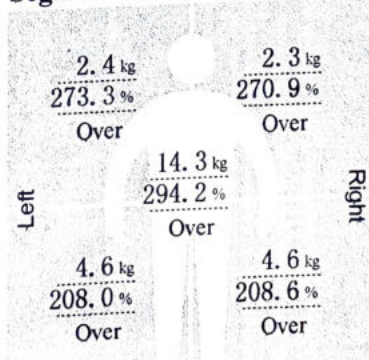
Obesity Analysis



Segmental Lean Analysis



Segmental Fat Analysis



* Segmental fat is estimated.

Body Composition History

	Weight (kg)	SMM (kg)	PBF (%)
Recent	63.8	18.1	46.0
Total			

InBody Score

57/100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight	51.6 kg
Weight Control	-12.2 kg
Fat Control	-17.5 kg
Muscle Control	+5.3 kg

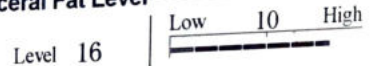
Obesity Evaluation

BMI	<input type="checkbox"/> Normal <input type="checkbox"/> Under <input checked="" type="checkbox"/> Slightly Over <input type="checkbox"/> Over
PBF	<input type="checkbox"/> Normal <input type="checkbox"/> Slightly Over <input checked="" type="checkbox"/> Over

Waist-Hip Ratio



Visceral Fat Level



Research Parameters

Fat Free Mass	34.5 kg
Basal Metabolic Rate	1114 kcal (1325~1537)
Obesity Degree	124% (90~110)
SMI	5.4 kg/m ²
Recommended calorie intake	1561 kcal

Calorie Expenditure of Exercise

Golf	112	Gateball	121
Walking	128	Yoga	128
Badminton	144	Table Tennis	144
Tennis	191	Bicycling	191
Boxing	191	Basketball	191
Mountain Climbing	208	Jumping Rope	223
Aerobics	223	Jogging	223
Soccer	223	Swimming	223
Japanese Fencing	319	Racketball	319
Squash	319	Taekwondo	319

* Based on your current weight
* Based on 30 minute duration

Impedance

	RA	LA	TR	RL	LL
Z(Ω) 20 kHz	486.4	484.0	24.3	317.0	320.6
100 kHz	447.7	448.0	21.9	290.2	294.4

Dr. Arti Patil
 MBBS, DGO, FMAS, DMAS
 Consultant Obstetrics & Gynaecology
 Reg. No. MMC-2012/01/0056
 Date: 08/11/22

Name: Mrs Rupali Janorkar
 Age: 32y Sex: M/F ✓ Weight: _____ kg Height: _____ in BMI: _____
 _____ mmHg Pulse: _____ bpm RBS: _____ mg/dl

for health check-up.
 offers no complaint

ref - 25/10/22

etc

P/A - soft

P/S - ^{ex. (H)} vaginitis

Inv
 Pap smear
 taken

P/V - NAD.

lc
 east - soft

Adv:

① Tab Relvite 5mg OD x 3 weeks.
 0 — 1 — 2.

② CLINGEN V3 VAGINAL PESSARY
 1HS
 x 3 day
 (insert into vaginal)





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Phone: +91 0712 6789100
CIN: U74999MH2018PTC303510
GST: 27AAZCS7904H1ZM

Name Mrs Rupali Janorkar

D 23537	Age Patient Type 32 Y -	Gender Female	Admission No OPRI-67870
ality:	Registration No. -	Created By Ashish Kamble	

RIGHT EYE	Cyl	Axis	Visual Acuity
	00	00	6 6
LEFT EYE	Cyl	Axis	Visual Acuity
	00	00	6 6

r: Addition

HT

ated By

LEFT
N6
08-11-2022 03:26 PM

Print Date & Time

Name	KH123537	Order Date & time	08-11-2022
Gender	Mrs Rupali Janorkar	Sample Collection Date	08-11-2022 10:09 AM
Type	32 Y/Female	Acknowledge Date	08-11-2022 10:43 AM
Ref Doctor	OP	Visit No	OP-112293
id	ODRID-280964	Refer By	Dr Vimmi Goel
		Accession Number	0146384

Haematology

Name	Result	Unit	Reference Range	Method
ogram (CBC with ESR), Whole Blood				
ocytes				
oglobin	12.5	gm/dl	12-15	
count	4.34	millions/cumm	3.8-4.8	Photometric Measurement
ed Cell Volume (PCV/HCT)	38.8	%	36-46	Photometric Measurement
	89	fl	83-101	Calculated
	28.8	pg	27-32	Calculated
	32.2	gm/dl	31.5-34.5	Calculated
ocytes	15.2 H	%	11.5-14.0	Calculated
(Total Leukocyte Count)				
trophils	6200	/cumm	4000-10000	Flow cytometry
hocytes	59.1	%	50-70	
nophils	32.4 H	%	25-30	
ocytes	4.7	%	1-5	
ophils	3.8 L	%	5-10	
bsolute Neutrophil Count	0.0 L	%	1-2	
bsolute Lymphocyte Count	3664.20	/cumm	2000-7000	Calculated
bsolute Eosinophil Count	2008.80	/cumm	1000-4800	Calculated
bsolute Monocyte Count	291.40	/Cumm	20-500	Calculated
bsolute Basophil Count	235.60	/cumm	200-1000	Calculated
lelets	0.00 L	/cumm	20-100	Calculated
atelet Count				
py	392	10 ³ /cumm	150-450	Impedance
ET (Platelet Hematocrit)	8.1	fl	6.0-9.5	Calculated
OW (Platelet Distribution Width)	0.32	%	0.2-0.5	
ipheral Smear Examination	12.30	%	9-17	
MC Morphology				
ormochromic Normocytic	+			
BCs	As Above			
latelets	Adequate			
SR (Westergren)	18	mm/hr	<20	Westergren
lood Grouping & RH Factor, Whole	"O" Rh			
ood & Serum	POSITIVE			Column agglutination test
HbA1c (Glycosylated Haemoglobin), Blood	5.0	%	Non-Diabetic: <=5.6 % Pre-Diabetic: 5.7-6.4 % Diabetic >=6.5 %	HPLC

Clinical Biochemistry

Service Name	Result	Unit	Reference Range	Method
asting Blood Sugar, Plasma	90.0	mg/dL	<100	GOD/POD, Colorimetric
Post Prandial Blood Sugar, Plasma	83.0	mg%	<140	GOD/POD, Colorimetric
ipid Profile, Serum				
Cholesterol	226.00 H	mg/dL	<200	Enzymatic Method

UHID	KH123537	Order Date & time	08-11-2022
Patient Name	Mrs Rupali Janorkar	Sample Collection Date	08-11-2022 10:09 AM
Age/Gender	32 Y/Female	Acknowledge Date	08-11-2022 10:43 AM
Patient Type	OP	Visit No	OP-112293
Ordering Doctor		Refer By	Dr Vimmi Goel
Order Id	ODRID-280964	Accession Number	0146384

Service Name	Result	Unit	Reference Range	Method
Triglyceride	100.0	mg/dL	Normal Less than 150 mg/dl Borderline High 150 - 199 mg/dl High 200 - 499 mg/dl Very High More than 499 mg/dl Major risk factor for Heart disease <40 mg/dl (Males) Major risk factor for Heart disease <50 mg/dl (Female) Negative risk factor for Heart disease >60 mg/dl Optimal <100 mg/dl Near optimal 100 - 129 mg/dl	Enzymatic(Lipase/GK/GPO/POD)
HDL Cholesterol Direct	64.0	mg/dL	Major risk factor for Heart disease <40 mg/dl (Males) Major risk factor for Heart disease <50 mg/dl (Female) Negative risk factor for Heart disease >60 mg/dl Optimal <100 mg/dl Near optimal 100 - 129 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol (Direct)	139.0 H	mg/dL	Borderline high 130 - 159 mg/dl High 160 - 189 mg/dl Very High >190 mg/dl	Enzymatic
VLDL	20.00	mg/dL	High 60 - 189 mg/dl Very High >190 mg/dl	Calculated
Cholesterol/HDL Ratio	4.00		<30	Calculated
Non HDL	162.00	mg/dL	3-5	Calculated
Kidney Function Test (KFT), Serum				Calculated
Blood Urea	17.00	mg/dL	15-36	Urease with indicator dye
Creatinine	0.48 L	mg/dL	0.52-1.04	Enzymatic (creatinine amidohydrolase)
eGFR	129.79	mL/min/1.73m ²		Calculated
Sodium	138	mmol/L	136-145	Direct ion selective electrode
Potassium	4.18	mmol/L	3.5-5.1	Direct ion selective electrode
BUN (Blood Urea Nitrogen), Serum	10	mg/dL	7-17	Urease with indicator dye
Liver Function test, Serum				
Total Bilirubin	0.38	mg/dL	0.2-1.3	Azobilirubin/Dyphylline
Bilirubin Direct	0.19	mg/dL	0.1-0.3	Calculated
Bilirubin Indirect	0.19	mg/dL	0.1-1.1	Dual wavelength Spectrophotometric
SGOT (AST)	33	U/L	13-35	Kinetic with pyridoxal 5 phosphate
SGPT (ALT)	36	U/L	13-45	Kinetic with pyridoxal 5 phosphate
Alkaline Phosphatase	87.00	U/L	38-126	Pnpp/AMP buffer
Total Protein	7.01	gm/dl	6.3-8.2	Biuret(Alkaline cupric Sulfate)
Albumin	3.72	gm/dl	3.5-5.0	Bromocresol green dye binding
Globulin	3.29	gm/dl	2-4	Calculated
Albumin/Globulin Ratio	1.13		12-43	Calculated
* Gamma GT (GGT), Serum	23.0	U/L		Kinetic Method



UHID	KH123537	Order Date & time	08-11-2022
Patient Name	Mrs Rupali Janorkar	Sample Collection Date	08-11-2022 10:09 AM
Age/Gender	32 Y/Female	Acknowledge Date	08-11-2022 10:43 AM
Patient Type	OP	Visit No	OP-112293
Ordering Doctor		Refer By	Dr Vimmi Goel
Order Id	ODRID-280964	Accession Number	0146384

Service Name	Result	Unit	Reference Range	Method
Interpretation:	<p>A high fat meal may cause decreased bilirubin levels by interfering with the clinical reactions. GT activity is elevated in all forms of liver disease. This test is much more sensitive than either the alkaline phosphatase test or the transaminase test (i.e., SGOT, SGPT) in detecting obstructive jaundice, cholangitis, and cholecystitis. It is also indicated in the differential diagnosis of liver disease in children and pregnant women who have elevated levels of LDH and alkaline phosphatase.</p>			
• Uric Acid, Serum	5.37	mg/dL	2.6-6.0	Uricase/Peroxidase (Colorimetric)
Thyroid Function Test (T3,FT4,TSH), Serum				
• T3	1.38	ng/mL	0.55-1.7	Enhanced chemiluminescence
• Free T4	1.28	ng/dL	0.8-1.7	Enhanced chemiluminescence
• Thyroid Stimulating Hormone (TSH)	1.99 ✓	uIU/mL	0.5-4.8	Enhanced chemiluminescence

Clinical Pathology

Service Name	Result	Unit	Reference Range	Method
Urine Routine and Microscopy, Urine				
Physical Examination				
• Volume	30 ml			
• Appearance	Clear			
• Colour	Pale Yellow			
• PH	7.0			
• Specific Gravity	1.005 L	NA	4.6-8.0	
Chemical Examination			1.016-1.022	Iodometric method
• Protein	Negative	mg/dL		
• Glucose	Negative			
• Ketone	Negative			
• Bilirubin	Negative			
• Urobilinogen	Normal			
• Nitrate	Negative			
Microscopic Examination				
• Pus Cells	0-1	/ hpf		
• Epithelial Cells	0-1	/ hpf		
• Red Blood Cells	Absent	/ hpf		
• Crystal	Absent			
• Cast	Absent			
• Bacteria	Absent	/hpf		
• Other	Absent			
Urine Sugar Fasting, Urine	.			
Urine Post Prandial Sugar, Urine	Negative			GOD/POD
	Negative			GOD/POD

Disclaimer: Only Starred Parameters are under the Scope of NABL.

PHID	KH123537	Order Date & time	08-11-2022
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Age/Gender	32 Y/Female	Acknowledge Date	08-11-2022 10:43 AM
Patient Type	OP	Visit No	OP-112293
Ordering Doctor		Refer By	Dr Vimmi Goel
Order Id	ODRID-280964	Accession Number	0146384



Dr Gauri Hardas
Consultant Pathologist
2011/06/1806



Dr Vaidehee Naik
Consultant Pathologist
2015/05/2163



UHID	KH123537	Patient Name	Mrs Rupali Janorkar
Age	32 Y	Gender	Female
Payer Name	Self	Payer Type	cash
Order Date & time	08-11-2022 12:00 AM	Acknowledge Date	08-11-2022 11:48 AM
Refer By	Dr Vimmi Goel	Treating Doctor Speciality	Non Invasive Cardiology
Accession Number	OPRDAC-21757	DOB	
Patient Type	OP	Order Id	ODRID-280964

USG Whole Abdomen

LIVER is normal in size, shape and echotexture. No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated. PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it. Wall thickness is within normal limits.

PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size shape and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.

No evidence of calculus or hydronephrosis seen.

URETERS are not dilated.

BLADDER is partially distended. No calculus or mass lesion seen.

Uterus is anteverted and normal measures 6.6 x 3.1 x 4.1 cm.

No focal myometrial lesion seen.

Endometrial echo-complex appears normal. ET- 5 mm.

Both ovaries are seen. No adnexal mass lesion seen.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

No significant visceral abnormality seen.

Suggest clinical correlation / further evaluation.

Naveen

Dr Naveen Pughalia
Consultant Radiologist
MBBS, MD
76125



2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

Patient Name : Mrs. Rupali Janorkar
Age : 32 years / Female
UHID : KH123537
Date : 08/11/2022
Done by : Dr. Vimmi Goel
ECG : NSR, Minor ST-T changes

Impression:

Normal 2D Echocardiography Study

Normal chambers dimensions
No RWMA of LV at rest
Good LV systolic function, LVEF 63%
Normal LV diastolic function
E/A is 1.6
Valves are normal
Trivial MR
No pulmonary hypertension
IVC is normal in size and collapsing well with respiration
No clots or pericardial effusion


Comments:

Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). LV size normal. There is no RWMA of LV seen at rest. Good LV systolic function. LVEF 63%. Normal LV diastolic function. E Velocity is 98 cm/s, A Velocity is 61 cm/s. E/A is 1.6. Valves are normal. Trivial MR. No Pulmonary Hypertension. IVC normal in size and collapsing well with respiration. Pericardium is normal. No clots or pericardial effusion seen.

M Mode echocardiography and dimension:

	Normal range (mm) (adults) (children)	Observed (mm)
Left atrium	19-40	32
Aortic root	20-37	22
LVIDd	35-55	43
LVIDS	23-39	29
IVS (d)	6-11	09
LVPW (d)	6-11	09
LVEF %	~ 60%	63%
Fractional Shortening		33%

P.T.O


Dr. Vimmi Goel
MD, Sr. Consultant
Non-invasive Cardiology

KH123537
32 Years

Female

KIMS-KINGSWAY HOSPITALS
PHC DEPT.

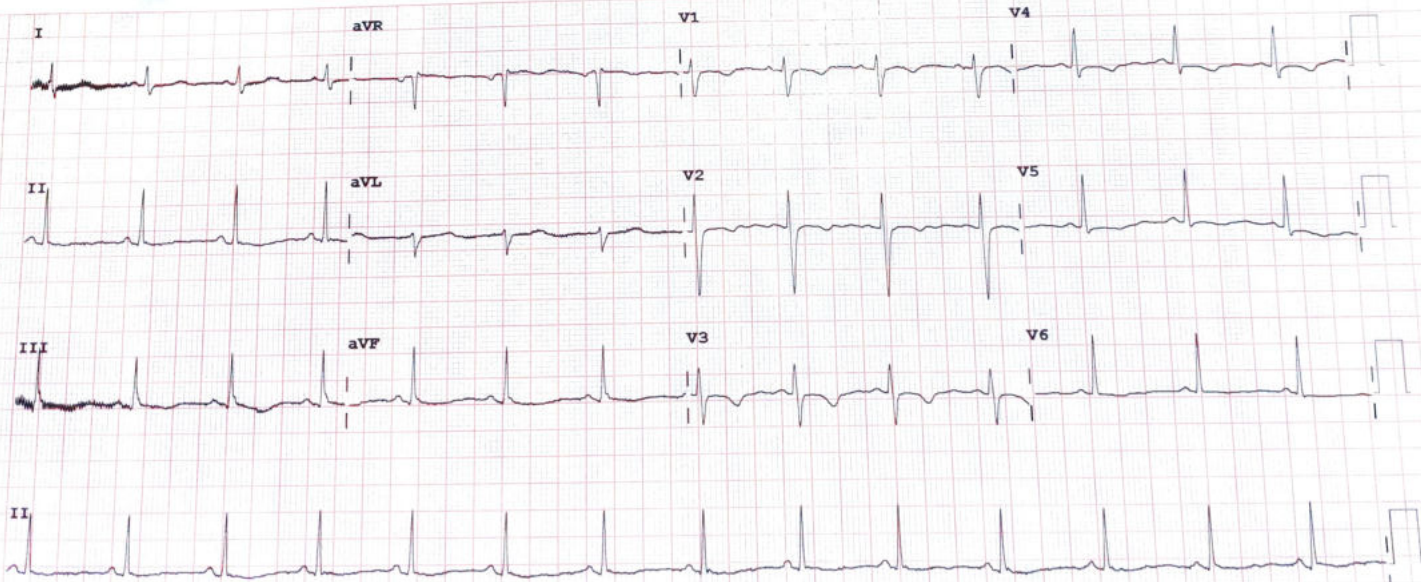
Rate 84 . Sinus rhythm.....normal P axis, V-rate 50- 99
Abnormal T, consider ischemia, anterior leads.....T <-0.20mV, V2-V4

PR 130
QRSD 90
QT 394
QTc 466

--AXIS--
P 64
QRS 80
T -47
12 Lead; Standard Placement

- ABNORMAL ECG -

Unconfirmed Diagnosis



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50- 0.50-150 Hz W 100B CL P?