

NAME:	Ms. Namita Dehara	UHID:	18695
AGE:	34 Yrs	DATE OF HEALTHCHECK:	30/01/2023
GENDER:	Female		

HEIGHT:	158 cm	MARITAL STATUS:	M
WEIGHT:	51 kg	NO OF CHILDREN:	1
BMI:	20.4		

C/O: Headache - Anxiety  
Pain in the lower back

K/C/O: PRESENT MEDICATION: - NA.

P/M/H: - Anemia

P/S/H: - LSCS.  
Lt Breast ? Fibroadenoma  
Removal 18 years.

ALLERGY: - No

PHYSICAL ACTIVITY: Active/ Moderate/ Sedentary

H/A: SMOKING:

FAMILY HISTORY FATHER: - NA

ALCOHOL: NA

MOTHER: - NA

TOBACCO/PAN:

O/E:

LYMPHADENOPATHY: NA

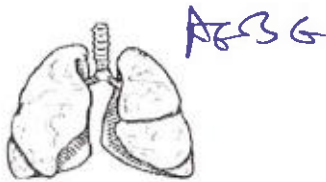
BP: 110/80 PULSE: - 66/min

PALLOR/ICTERUS/CYNOSIS/CLUBBING: NA

TEMPERATURE: - SCARS:

OEDEMA:

S/E:  
RS:



P/A: NA

CVS: - NA

Extremities & Spine: - NA

CNS: - normal, oriented

ENT: NA

Skin: NA

Vision:

	Without Glass		With Glass	
	Right Eye	Left Eye	Right Eye	Left Eye
FAR :				
NEAR :				
COLOUR VISION:				

• ANDHERI • COLABA • NASHIK • VASHI



**OPHTHALMIC EVALUATION**

UHID No.: \_\_\_\_\_

Date: 30/3/23

Name: Navita Behera

Age: 34

Gender: Male/Female

Without Correction :

Distance: Right Eye 6/6 Left Eye 6/6

Near : Right Eye N/G Left Eye N/G

With Correction :

Distance: Right Eye \_\_\_\_\_ Left Eye \_\_\_\_\_

Clear : Right Eye \_\_\_\_\_ Left Eye \_\_\_\_\_

	RIGHT					LEFT				
	SPH	CYL	AXIS	PRISM	VA	SPH	CYL	AXIS	PRISM	VA
Distance										
Near										

Colour Vision: (Normal)

Anterior Segment Examination: \_\_\_\_\_

Pupils: \_\_\_\_\_

Fundus: \_\_\_\_\_

Intraocular Pressure: Green

Diagnosis: \_\_\_\_\_

Advice: \_\_\_\_\_

Re-Check on \_\_\_\_\_ (This Prescription needs verification every year)

**DR. SHETH NIKET PRASHANT**  
M.B.B.S DOM  
Regn. No 2008/10/3646

(Consultant Ophthalmologist)

## DENTAL CHECKUP

<b>Name:</b> Namita Bahera	<b>MR NO:</b>
<b>Age/Gender :</b> 34 IF	<b>Date:</b> 30/3/2023

Medical history:  Diabetes  Hypertension  \_\_\_\_\_

EXAMINATION	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Calculus & Stains				
Mobility				
Caries ( Cavities )				
a) Class 1 (Occlusal)				
b) Class 2 (Proximal)				
c) Class 5 (Cervical)				
Faulty Restoration				
Faulty Crown				
Fractured Tooth				
Root Pieces				
Impacted Tooth				✓
Missing Tooth				
Existing Denture				

**TREATMENT ADVISED:**

TREATMENT	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Restoration / Filling				
Root Canal Therapy				
Crown				
Extraction				✓

Oral Prophylaxis:  Scaling & polishing  
 Orthodontic Advice for Braces:  Yes /  No  
 Prosthetic Advice to Replace Missing Teeth:  Denture  Bridge  Implant  
 Oral Habits:  Tobacco  Cigarette  Others since \_\_\_ years  
 Advice to quit any form of tobacco as it can cause cancer.  
 Other Findings: NA

- Impacted tooth  $\bar{e}$   $\frac{8}{t}$

- Adv OPG.



• ANDHERI • COLABA • NASHIK • VASHI

Mrs. Namita Behega.

30/03/23

34y/F.

• Patient came for Routine health check up.

• No fresh complaints.

O/E.

Ear.

BIL TM (N), intact

Rinne's  $\left\{ \begin{array}{l} R \\ L \end{array} \right\} +ve.$   
Weber  $\rightarrow \leftarrow$


Nose.

- NAD

Throat.

- ppw clear

ENT examination within normal limit at present

  
Dr. AMOL S. HEKARE  
MBBS, MS, DNB (ENT)  
Reg. No. 2013/05/1403  
Contact- 8446941033

• ANDHERI • COLABA • NASHIK • VASHI

Name: Mrs Namita Behera Age: 34 Sex: F- UHID No.: \_\_\_\_\_ Date: 30/3/23

34 F / married 7 yrs / P, 4 (LSC)

NO Complaints

come for PAP smear

Uml- 16/3/23

0/6

Cc fair

Apetite

P- 82 bpm.

Plc: rymts

P/A: soft M

P/Sc

Cp  
Hg / (H)

Plc:

WNL

Alv

Bl & fufec

Dr. Jyoti Shinde



**Apollo Clinic**  
**VASHI**

■ Consultation ■ Diagnostics ■ Health Check-Ups ■ Dentistry

Name : Mrs. Namita Behera Gender : Female Age : 34 Years  
UHID : FVAH 18695 Bill No : Lab No : V-3752-23  
Ref. by : SELF Sample Col.Dt : 30/03/2023 9:40  
Barcode No : 766 Reported On : 30/03/2023 20:19

TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

HAEMOGRAM(CBC,ESR,P/S)-WB (EDTA)

Haemoglobin(Colorimetric method)	<b>9.5</b>	g/dl	11.5 - 15
RBC Count (Impedance)	5.27	Millions/cumm.	4 - 6.2
PCV/Haematocrit(Calculated)	<b>30.6</b>	%	35 - 55
MCV:(Calculated)	<b>58</b>	fl	78 - 98
MCH:(Calculated)	<b>18</b>	pg	26 - 34
MCHC:(Calculated)	31	gm/dl	30 - 36
RDW-CV:	<b>18</b>	%	10 - 16
Total Leucocyte count(Impedance)	4630	/cumm.	4000 - 10500
Neutrophils:	53	%	40 - 75
Lymphocytes:	<b>42</b>	%	20 - 40
Eosinophils:	02	%	0 - 6
Monocytes:	03	%	2 - 10
Basophils:	00	%	0 - 2
Platelets Count(Impedance method)	<b>1.01</b>	Lakhs/c.mm	1.5 - 4.5
MPV	10	fl	6.0 - 11.0
ESR(Westergren Method)	<b>27</b>	mm/1st hr	0 - 20
Peripheral Smear (Microscopic examination)			
RBCs:	Hypochromasia(++),Microcytosis(++),Anisocytosis(+),Poikilocytosis(+)		
WBCs:	Lymphocytosis		
Platelets	<b>Reduced,Manual platelet count = 1.05 Lakhs/c.mm</b>		
Note:	Test Run on 5 part cell counter. Manual dfff performed.		

Alsaba Shaikh  
Entered By

Ms Kaveri Gaonkar  
Verified By

Page 5 of 11



Dr. Milind Patwardhan  
M.D(Path)  
Chief Pathologist

End of Report  
Results are to be correlated clinically





Indira Health And Lifestyle Private Limited.

**NABL Accredited Laboratory**

The Emerald, 1st Floor, Plot No. 195, Sector-12,  
Besides Neel Siddhi Tower, Vashi-Navi Mumbai-400703.

Tel.: (022) - 2788 1322 / 23 / 24 ☎ 8291490000

Email: apolloclinicvashi@gmail.com

**Apollo Clinic**  
**VASHI**


Name : Mrs. Namita Behera      Gender : Female      Age : 34 Years  
UHID : FVAH 18695      Bill No :      Lab No : V-3752-23  
Ref. by : SELF      Sample Col.Dt : 30/03/2023 9:40  
Barcode No : 766      Reported On : 30/03/2023 20:19

TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
<b>PLASMA GLUCOSE</b>			
Fasting Plasma Glucose :	87	mg/dL	Normal < 100 mg/dL Impaired Fasting glucose : 101 to 125 mg/dL Diabetes Mellitus : $\geq$ 126 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)
Post Prandial Plasma Glucose :	106	mg/dL	Normal < 140 mg/dL Impaired Post Prandial glucose : 140 to 199 mg/dL Diabetes Mellitus : $\geq$ 200 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)

Method : Hexokinase

Vasanti Gondal  
Entered By

Ms Kaveri Gaonkar  
Verified By

  
Dr. Milind Patwardhan  
M.D(Path)  
Chief Pathologist

Page 1 of 1

End of Report  
Results are to be correlated clinically





Name : Mrs. Namita Behera      Gender : Female      Age : 34 Years  
UHID : FVAH 18695      Bill No :      Lab No : V-3752-23  
Ref. by : SELF      Sample Col.Dt : 30/03/2023 9:40  
Barcode No : 766      Reported On : 30/03/2023 20:19

TEST      RESULTS      UNITS      BIOLOGICAL REFERENCE INTERVAL

**Lipid Profile- Serum**

S. Cholesterol(Oxidase)	132	mg/dL	Desirable < 200 Borderline:>200-<240 Undesirable:>240
S. Triglyceride(GPO-POD)	70	mg/dL	Desirable < 150 Borderline:>150-<499 Undesirable:>500
S. VLDL:(Calculated)	14	mg/dL	Desirable <30
S. HDL-Cholesterol(Direct)	43.0	mg/dL	Desirable > 60 Borderline:>40-<59 Undesirable:<40
S. LDL:(calculated)	75	mg/dL	Desirable < 130 Borderline:>130-<159 Undesirable:>160
Ratio Cholesterol/HDL	<b><u>3.1</u></b>		3.5 - 5
Ratio of LDL/HDL	<b><u>1.7</u></b>		2.5 - 3.5

Vasanti Gondal  
Entered By

Ms Kaveri Gaonkar  
Verified By



Dr. Milind Patwardhan  
M.D(Path)  
Chief Pathologist

End of Report  
Results are to be correlated clinically

Page 8 of 11

Name : Mrs. Namita Behera      Gender : Female      Age : 34 Years  
UHID : FVAH 18695      Bill No :      Lab No : V-3752-23  
Ref. by : SELF      Sample Col.Dt : 30/03/2023 9:40  
Barcode No : 766      Reported On : 30/03/2023 20:19

TEST      RESULTS      UNITS      BIOLOGICAL REFERENCE INTERVAL


**LFT(Liver Function Tests)-Serum**

S.Total Protein (Biuret method)	7.68	g/dL	6.6 - 8.7
S.Albumin (BCG method)	4.42	g/dL	3.5 - 5.2
S.Globulin (Calculated)	3.26	g/dL	2 - 3.5
S.A/G Ratio:(Calculated)	1.36		0.9 - 2
S.Total Bilirubin (DPD):	0.43	mg/dL	0.1 - 1.2
S.Direct Bilirubin (DPD):	0.18	mg/dL	0.1 - 0.3
S.Indirect Bilirubin (Calculated)	0.25	mg/dL	0.1 - 1.0
S.AST (SGOT)(IFCC Kinetic with P5P):	22	U/L	5 - 32
S.ALT (SGPT) (IFCC Kinetic with P5P):	23	U/L	5 - 33
S.Alk Phosphatase(pNPP-AMP Kinetic):	65	U/L	35 - 105
S.GGT(IFCC Kinetic):	15	U/L	07 - 32

Vasanti Gondal  
Entered By

Ms Kaveri Gaonkar  
Verified By

Page 4 of 11



Dr. Milind Patwardhan  
M.D(Path)  
Chief Pathologist

End of Report  
Results are to be correlated clinically

Name : Mrs. Namita Behera Gender : Female Age : 34 Years  
UHID : FVAH 18695 Bill No : Lab No : V-3752-23  
Ref. by : SELF Sample Col.Dt : 30/03/2023 9:40  
Barcode No : 766 Reported On : 30/03/2023 20:19

TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
<b>RFT - Renal Profile-serum</b>			
S.Urea(Urease-GLDH)	17.2	mg/dL	10.0 - 45.0
S. Urea Nitrogen( Calculated)	8.02	mg/dL	5 - 20
S.Creatinine(Jaffe's Kinetic)	0.56	mg/dL	0.50 - 1.1
S.Uric Acid(Uricase-POD)	4.9	mg/dL	2.4 - 5.7
S.Total Protein(Biuret)	7.68	g/dL	6.6 - 8.7
S.Albumin(BCG)	4.42	g/dL	3.5 - 5.2
S.Globulin(Calculated)	3.26	g/dL	2 - 3.5
A/G Ratio(Calculated)	1.36		0.9 - 2
S.Sodium(Na) (ISE-Direct)	137	mmol/L	135 - 145
S.Potassium(K) (ISE-Direct)	4.2	mmol/L	3.5 - 5.3
S.Chloride(Cl) (ISE-Direct)	101	mmol/L	95 - 106
S.Calcium(NM-BAPTA)	9.11	mg/dL	8.6 - 10.0
S.Phosphorus(UV Phosphomolybdate)	3.60	mg/dL	2.5 - 4.5

Vasanti Gondal  
Entered By

Ms Kaveri Gaonkar  
Verified By



Dr. Milind Patwardhan  
M.D(Path)  
Chief Pathologist

End of Report  
Results are to be correlated clinically

Page 9 of 11

Name : Mrs. Namita Behera Gender : Female Age : 34 Years  
UHID : FVAH 18695 Bill No : Lab No : V-3752-23  
Ref. by : SELF Sample Col.Dt : 30/03/2023 9:40  
Barcode No : 766 Reported On : 30/03/2023 20:19

TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
<b>Thyroid (T3,T4,TSH)- Serum</b>			
Total T3 (Tri-iodo Thyronine) (ECLIA)	2.21	nmol/L	1.3 - 3.1 nmol/L
Total T4 (Thyroxine) (ECLIA)	110.6	nmol/L	66 - 181 nmol/L
TSH-Ultrasensitive (Thyroid-stimulating hormone) Method : ECLIA	4.36	□IU/ml	Euthyroid :0.35 - 5.50 □IU/ml Hyperthyroid : < 0.35 □IU/ml Hypothyroid : > 5.50 □IU/ml

Grey zone values observed in physiological/therapeutic effect.

**Note:**

**T3 :**

1. Decreased values of T3 (T4 and TSH normal) have minimal Clinical significance and not recommended for diagnosis of hypothyroidism.
2. Total T3 and T4 values may also be altered in other conditions due to changes in serum proteins or binding sites ,Pregnancy, Drugs (Androgens,Estrogens,O C pills, Phenytoin) etc. In such cases Free T3 and free T4 give corrected Values.
3. Total T3 may decrease by < 25 percent in healthy older individuals

**T4 :**

1. Total T3 and T4 Values may also be altered in other condition due to changes in serum proteins or binding sites, Pregnancy Drugs (Androgens,Estrogens,O C pills, Phenytoin), Nerphrosis etc. In such cases Free T3 and Free T4 give Corrected values.

**TSH :**

1. TSH Values may be transiently altered because of non thyroidal illness like severe infections,liver disease, renal and heart failure. Severe burns, trauma and surgery etc.
2. Drugs that decrease TSH values e,g L dopa, Glucocorticoids.
3. Drugs that increase TSH values e.g. Iodine,Lithium, Amiodarone

Mrunal Gurav  
Entered By

Ms Kaveri Gaonkar  
Verified By



Dr. Milind Patwardhan  
M.D(Path)

Page 7 of 9 Chief Pathologist

End of Report  
Results are to be correlated clinically





Name : Mrs. Namita Behera Gender : Female Age : 34 Years  
UHID : FVAH 18695 Bill No : Lab No : V-3752-23  
Ref. by : SELF Sample Col.Dt : 30/03/2023 9:40  
Barcode No : 766 Reported On : 30/03/2023 20:19

### CYTOPATHOLOGY REPORT

Specimen No: AP-685-23

Specimen Adequacy: ADEQUATE

#### CELLS

ENDOCERVICAL: Absent

ENDOMETRIAL: Absent

SQUAMOUS: **SUPERFICIAL(+++) AND INTERMEDIATE(++) SQUAMOUS CELLS**

HISTIOCYTES: Absent

RBCs: Absent

POLYMORPHS: **Present(+)**

LYMPHOCYTES: Absent

#### FLORA

TRICHOMONAS VAGINALIS: Absent

MONILIA: Absent

BACTERIA: Absent

DODERLEIN BACILLI: Absent

LEPTOTHRIX: Absent

#### CELLULAR CHANGES

METAPLASIA: Absent

DYSPLASIA: Absent

MALIGNANT CELL: Absent

ATROPHIC CHANGES: Absent

IMPRESSION: **NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY**

Anushka Chavan  
Entered By

Ms Kaveri Gaonkar  
Verified By



Dr. Milind Patwardhan  
M.D(Path)  
Chief Pathologist

Page 11 of 11

End of Report  
Results are to be correlated clinically



Namita Behra  
18695

34 Years Female

30.03.2023 9:37:36  
Apollo Clinic  
1st Flr. The Emerald, Sector-12,  
Vashi, Mumbai-400703

61 bpm  
--/-- mmHg

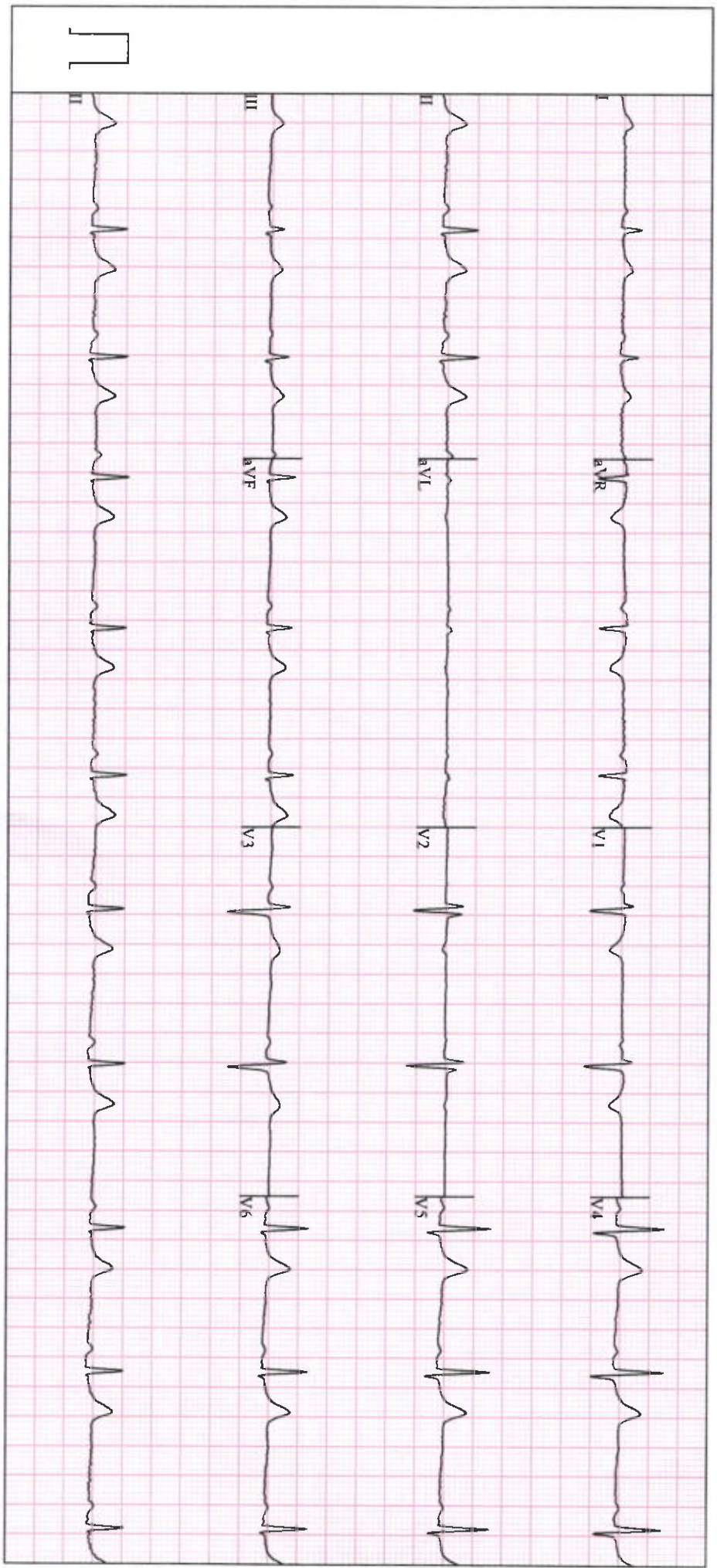
QRS : 80 ms  
QT / QTcBaz : 398 / 400 ms  
PR : 152 ms  
P : 90 ms  
RR / PP : 978 / 983 ms  
P / QRS / T : 47 / 56 / 66 degrees

Normal sinus rhythm with sinus arrhythmia  
Normal ECG

# NORMAL ECG

w r c

**DR. ANIRBAN DASGUPTA**  
M.B.B.S., D.N.B. Medicine  
Diploma Cardiology  
MMC-2005/02/0920



PATIENT'S NAME	NAMITA BEHERA	AGE :- 34 Y/F
UHID	18695	DATE :- 30-03-23

### 2D Echo and Colour doppler report

- All cardiac chambers are normal in dimension.
- No obvious resting regional wall motion abnormalities (RWMA).
- Interatrial and Interventricular septum – Appears Normal
- Valves – Structurally normal.
- Good biventricular function.
- IVC is normal.
- Pericardium is normal.
- Great vessels - Origin and visualized proximal part are normal.
- No coarctation of aorta.

### Doppler study

- Normal flow across all the valves.
- No pulmonary hypertension.
- PASP – 16 mmHg.
- No diastolic dysfunction.
- Peak systolic gradients across LVOT/AV – 06 mmHg.

• ANDHERI • COLABA • NASHIK • VASHI

**Measurements**

Aorta annulus	19 mm
Left Atrium	29 mm
LVID(Systole)	26 mm
LVID(Diastole)	38 mm
IVS(Diastole)	11 mm
PW(Diastole)	11 mm
LV ejection fraction.	55-60%

**Conclusion**

- Good biventricular function
- No RWMA
- Valves – Structurally normal
- No diastolic dysfunction
- No PAH.



**DR. RISHI BHARGAVA**  
**MD DM**

**CONSULTANT INTERVENTIONAL CARDIOLOGIST**

• ANDHERI • COLABA • NASHIK • VASHI

PATIENT'S NAME	NAMITA BEHERA	AGE :- 34y/F
UHID	18695	DATE :- 30 Mar. 23

### X-RAY CHEST PA VIEW

#### OBSERVATION:

Bilateral lung fields are clear.  
Both hila are normal.  
Bilateral cardiophrenic and costophrenic angles are normal.  
The trachea is central.  
Aorta appears normal.  
The mediastinal and cardiac silhouette are normal.  
Soft tissues of the chest wall are normal.  
Bony thorax is normal.

#### IMPRESSION:

- No significant abnormality seen.



DR. CHHAYA S. SANGANI  
CONSULTANT SONOLOGIST  
Reg No. 073826

• ANDHERI • COLABA • NASHIK • VASHI

Checks USG  
Repc

PATIENT'S NAME	NAMITA BEHERA	AGE :- 34 Y/F
UHID	18695	30 Mar 2023

old  
By  
Docto  
maye

**USG WHOLE ABDOMEN (TAS)**

**LIVER** is normal in size, shape and echotexture. No evidence of any focal lesion. The portal vein appears normal & shows normal hepato-petal flow. No evidence of intra-hepatic biliary duct dilatation.

**Gall Bladder** appears well distended with normal wall thickness. There is no calculus or pericholecystic collection. CBD appears normal.

Visualised parts of head & body of **PANCREAS** appear normal.

**SPLEEN** is normal in size, and echotexture. No focal lesion seen. Splenic vein is normal.

Both kidneys are normal in size, shape and echotexture with normal parenchymal reflectivity and maintained cortico-medullary differentiation. No hydronephrosis or calculi or mass seen.

**RIGHT KIDNEY** measures 9.6 x 3.4 cm. **LEFT KIDNEY** measures 10.1 x 4.1 cm.

**URINARY BLADDER** is well distended; no e/o increased wall thickness (3.9 mm ) or mass or calculi seen.

**UTERUS** is retroverted and is normal in size, shape and echotexture; No focal lesion seen. It measures 8.1x 5.4 x 4.0 cm; ET measures 7.1 mm. A 17 x 14 mm posterior wall subserosal fibroid .

Both ovaries are normal in size, shape and position.

Visualised **BOWEL LOOPS** appear normal. There is no free fluid seen.

**IMPRESSION -**

- Cystitis.
- Posterior wall Uterine fibroid.
- No other significant abnormality detected.

THIS REPORT IS NOT TO BE USED FOR MEDICOLEGAL PURPOSE.THE CONTENTS OF THIS REPORT REQUIRE CLINICAL CO-RELATION BEFORE ANY APPLICATION.



**DR.CHHAYA S. SANGANI**  
CONSULTANT SONOLOGIST  
Reg: No. 073826

• ANDHERI • COLABA • NASHIK • VASHI