# DDRC SRL DIAGNOSTIC SERVICE PVT LTD

**Test Report**

***VISAKH P (31 M)*** ID: VK004845 Date: 12-Nov-22 Exec Time : 0 m 0 s Stage Time : 1 m 21 s ***HR: 76 bpm***

Protocol: Bruce Stage: Supine Speed: 0 mph Grade: 0 % (THR: 160 bpm) B.P: 110 / 80

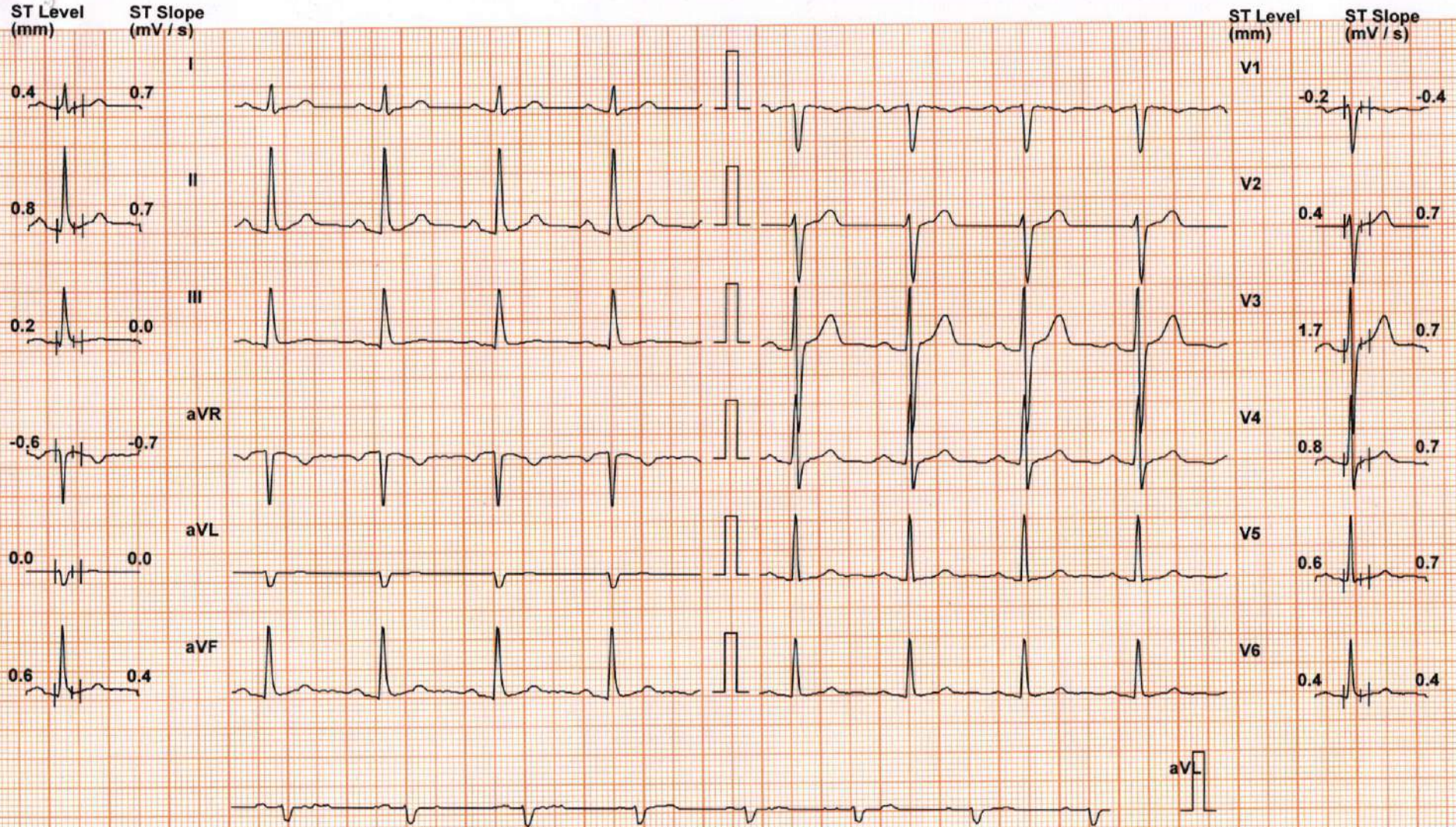



Chart Speed: 25 mm/sec Filter: 35 Hz Mains Filt: ON Amp: 10 mm *Iso = R - 60 ms J = R + 60 ms Post J = J + 60 ms*

*Schiller Spandan V 4.7*

Linked Median

# DDRC SRL DIAGNOSTIC SERVICE PVT LTD

**Test Report**

***VISAKH P (31 M)*** ID: VK004845 Date: 12-Nov-22 Exec Time : 0 m 0 s Stage Time : 0 m 44 s ***HR: 69 bpm***

Protocol: Bruce Stage: Standing Speed: 0 mph Grade: 0 % (THR: 160 bpm) B.P: 110 / 80

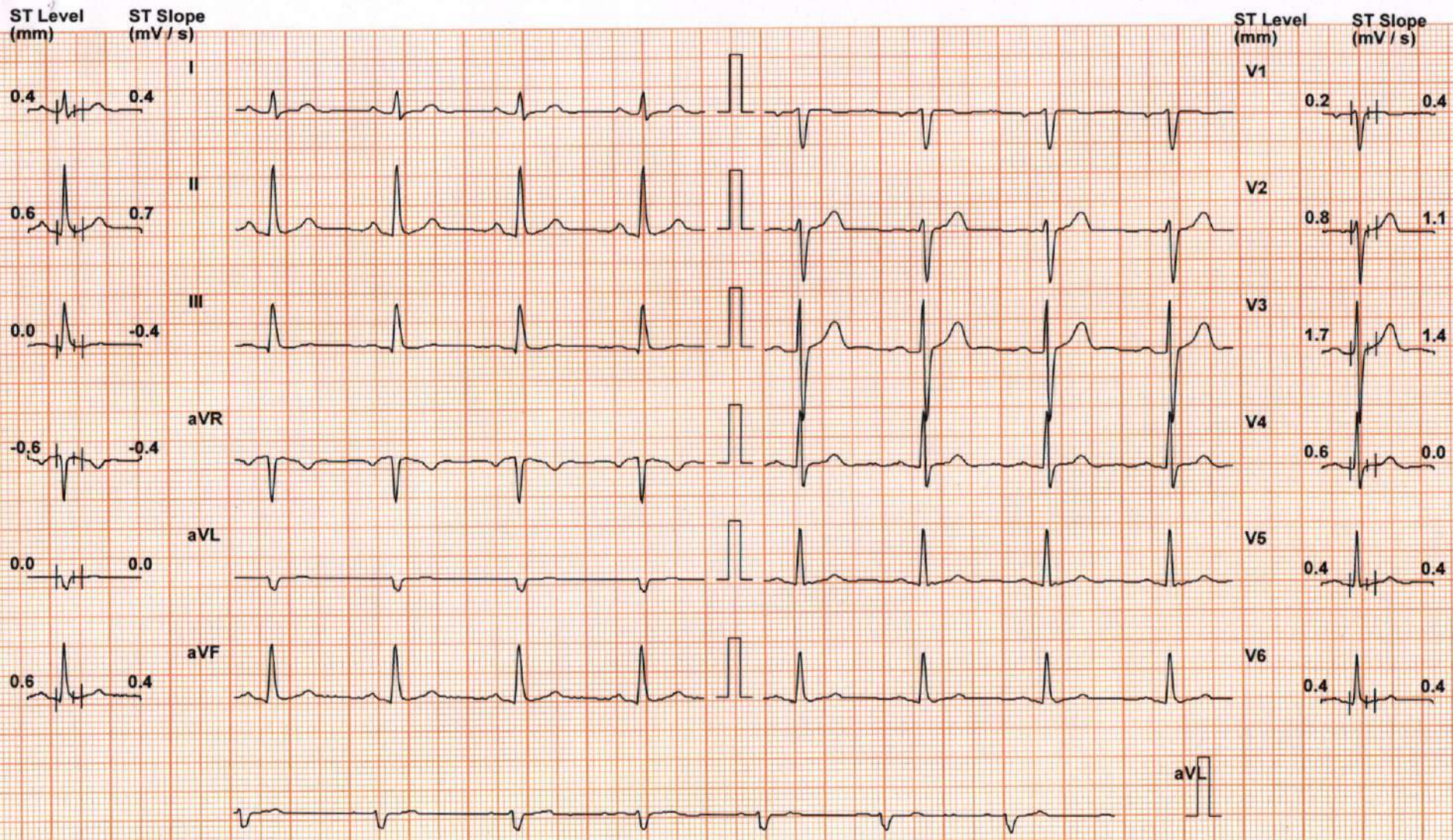



Chart Speed: 25 mm/sec Filter: 35 Hz Mains Filt: ON Amp: 10 mm *Iso = R - 60 ms* *J = R + 60 ms* *Post J = J + 60 ms*

*Schiller Spandan V 4.7*

Linked Median

# DDRC SRL DIAGNOSTIC SERVICE PVT LTD

**Test Report**

***VISAKH P (31 M)*** ID: VK004845 Date: 12-Nov-22 Exec Time : 2 m 54 s Stage Time : 2 m 54 s ***HR: 97 bpm***

Protocol: Bruce Stage: 1 Speed: 1.7 mph Grade: 10 % (THR: 160 bpm) B.P: 120 / 80

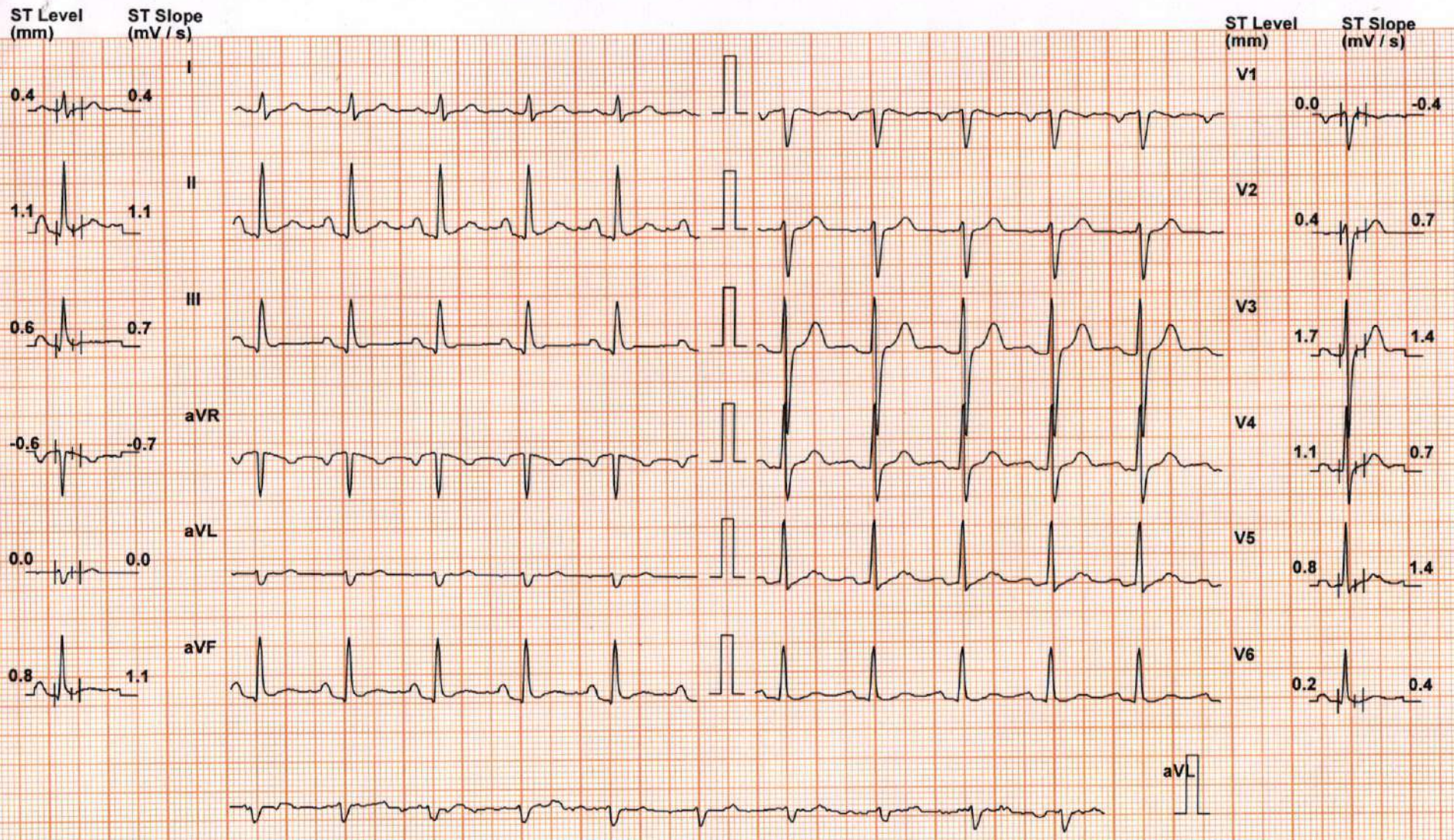



Chart Speed: 25 mm/sec Filter: 35 Hz Mains Filt: ON Amp: 10 mm *Iso = R - 60 ms* *J = R + 60 ms* *Post J = J + 60 ms*

*Schiller Spandan V 4.7*

Linked Median

# DDRC SRL DIAGNOSTIC SERVICE PVT LTD

**Test Report**

***VISAKH P (31 M)*** ID: VK004845 Date: 12-Nov-22 Exec Time : 5 m 54 s Stage Time : 2 m 54 s ***HR: 114 bpm***

Protocol: Bruce Stage: 2 Speed: 2.5 mph Grade: 12 % (THR: 160 bpm) B.P: 130 / 80

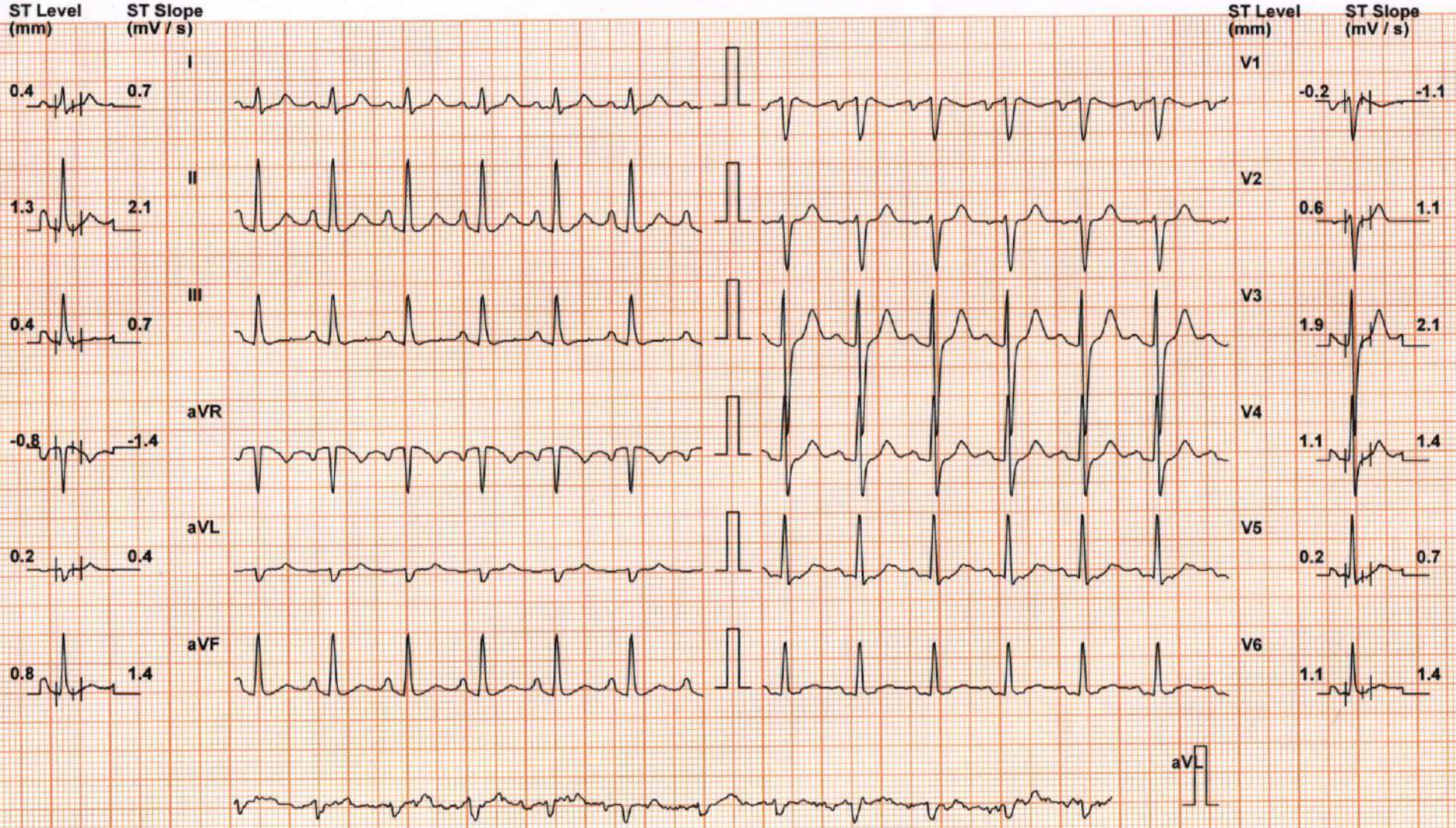



Chart Speed: 25 mm/sec Filter: 35 Hz Mains Filt: ON Amp: 10 mm *Iso = R - 60 ms* *J = R + 60 ms* *Post J = J + 60 ms*

*Schiller Spandan V 4.7*

Linked Median

# DDRC SRL DIAGNOSTIC SERVICE PVT LTD

**Test Report**

***VISAKH P (31 M)*** ID: VK004845 Date: 12-Nov-22 Exec Time : 8 m 53 s Stage Time : 2 m 53 s ***HR: 132 bpm***

Protocol: Bruce Stage: Peak Ex Speed: 3.4 mph Grade: 14 % (THR: 160 bpm) B.P: 140 / 80

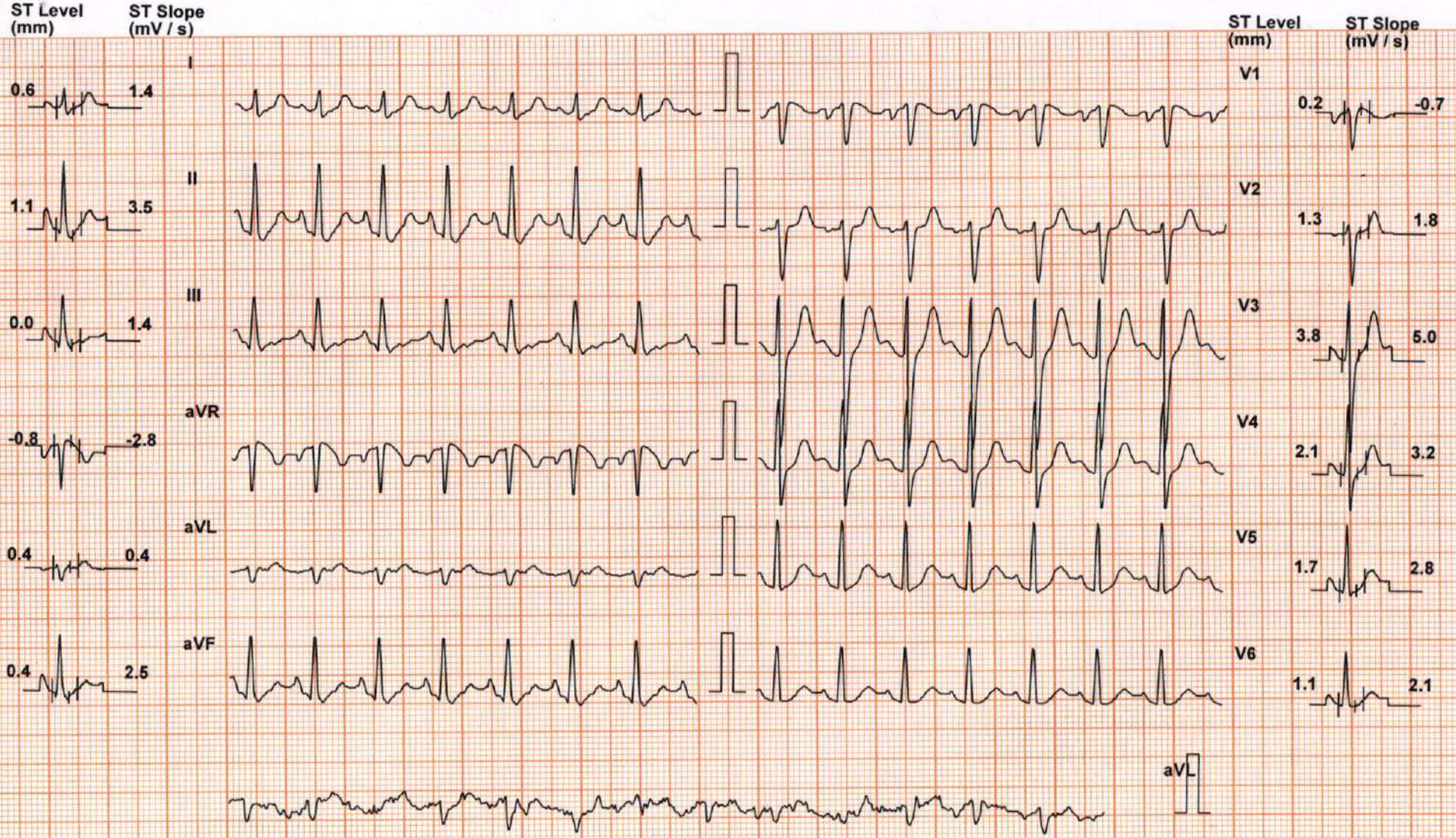



Chart Speed: 25 mm/sec Filter: 35 Hz Mains Filt: ON Amp: 10 mm *Iso = R - 60 ms* *J = R + 60 ms* *Post J = J + 60 ms*

*Schiller Spandan V 4.7*

Linked Median

# DDRC SRL DIAGNOSTIC SERVICE PVT LTD

**Test Report**

***VISAKH P (31 M)*** ID: VK004845 Date: 12-Nov-22 Exec Time : 8 m 59 s Stage Time : 0 m 54 s ***HR: 100 bpm***

Protocol: Bruce Stage: Recovery(1) Speed: 1 mph Grade: 0 % (THR: 160 bpm) B.P: 160 / 80

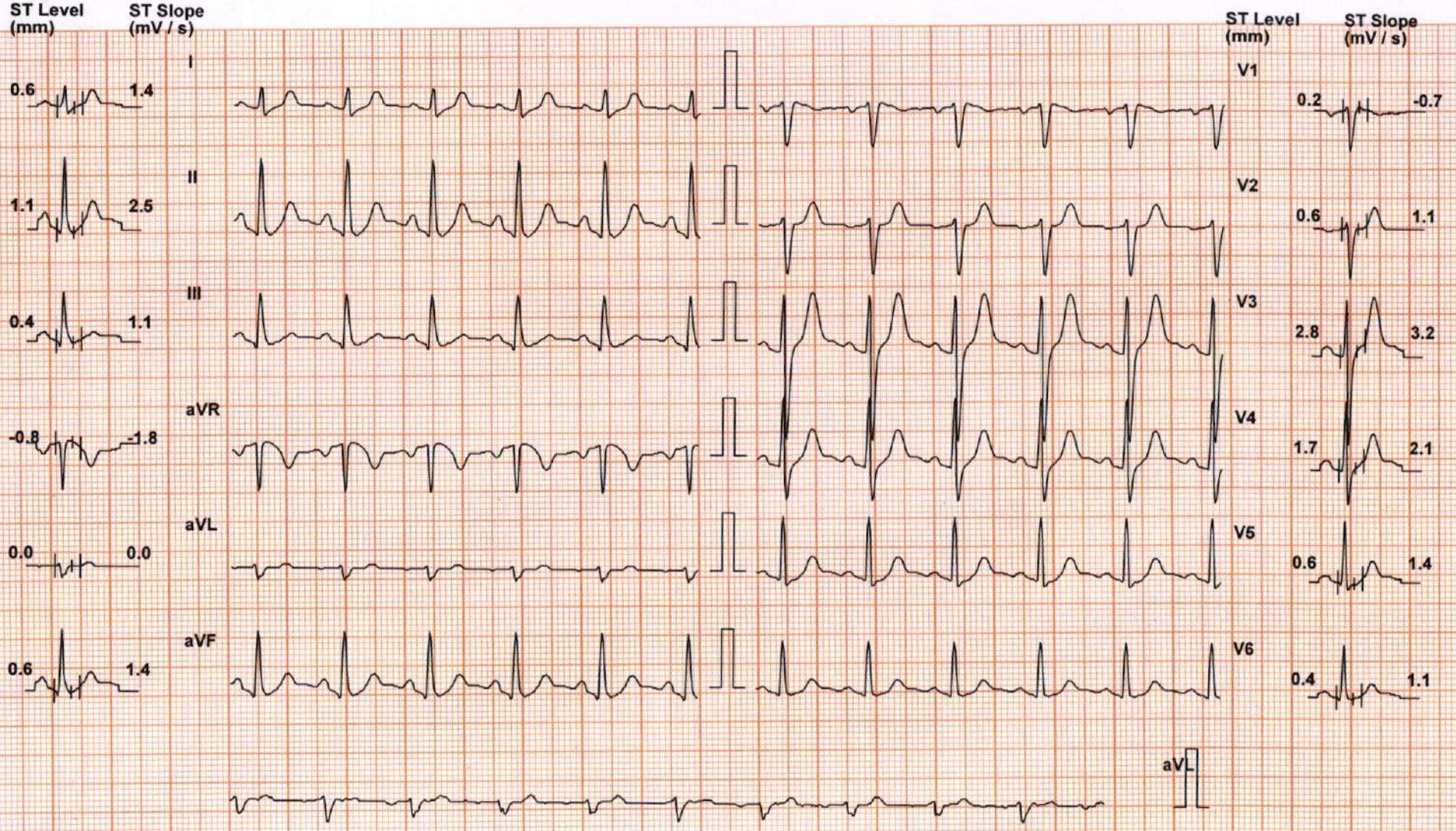



Chart Speed: 25 mm/sec Filter: 35 Hz Mains Filt: ON Amp: 10 mm *Iso = R - 60 ms* *J = R + 60 ms* *Post J = J + 60 ms*

*Schiller Spandan V 4.7*

Linked Median

# DDRC SRL DIAGNOSTIC SERVICE PVT LTD

**Test Report**

***VISAKH P (31 M)*** ID: VK004845 Date: 12-Nov-22 Exec Time : 8 m 59 s Stage Time : 0 m 54 s ***HR: 93 bpm***

Protocol: Bruce Stage: Recovery(2) Speed: 0 mph Grade: 0 % (THR: 160 bpm) B.P: 140 / 80

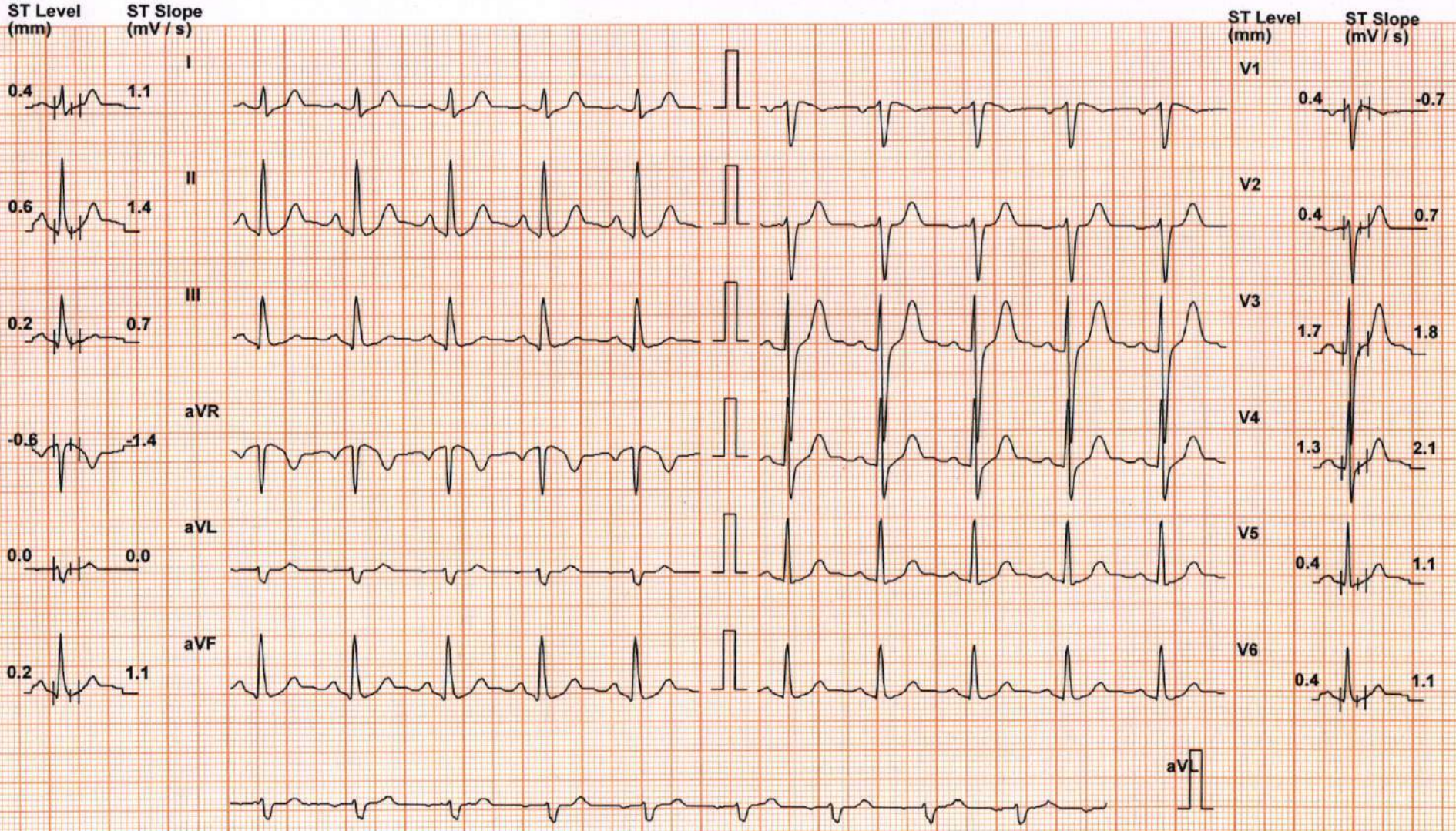



Chart Speed: 25 mm/sec Filter: 35 Hz Mains Filt: ON Amp: 10 mm *Iso = R - 60 ms* *J = R + 60 ms* *Post J = J + 60 ms*

*Schiller Spandan V 4.7*

Linked Median

# DDRC SRL DIAGNOSTIC SERVICE PVT LTD

**Test Report**

***VISAKH P (31 M)*** ID: VK004845 Date: 12-Nov-22 Exec Time : 8 m 59 s Stage Time : 0 m 54 s ***HR: 93 bpm***

Protocol: Bruce Stage: Recovery(3) Speed: 0 mph Grade: 0 % (THR: 160 bpm) B.P: 140 / 80

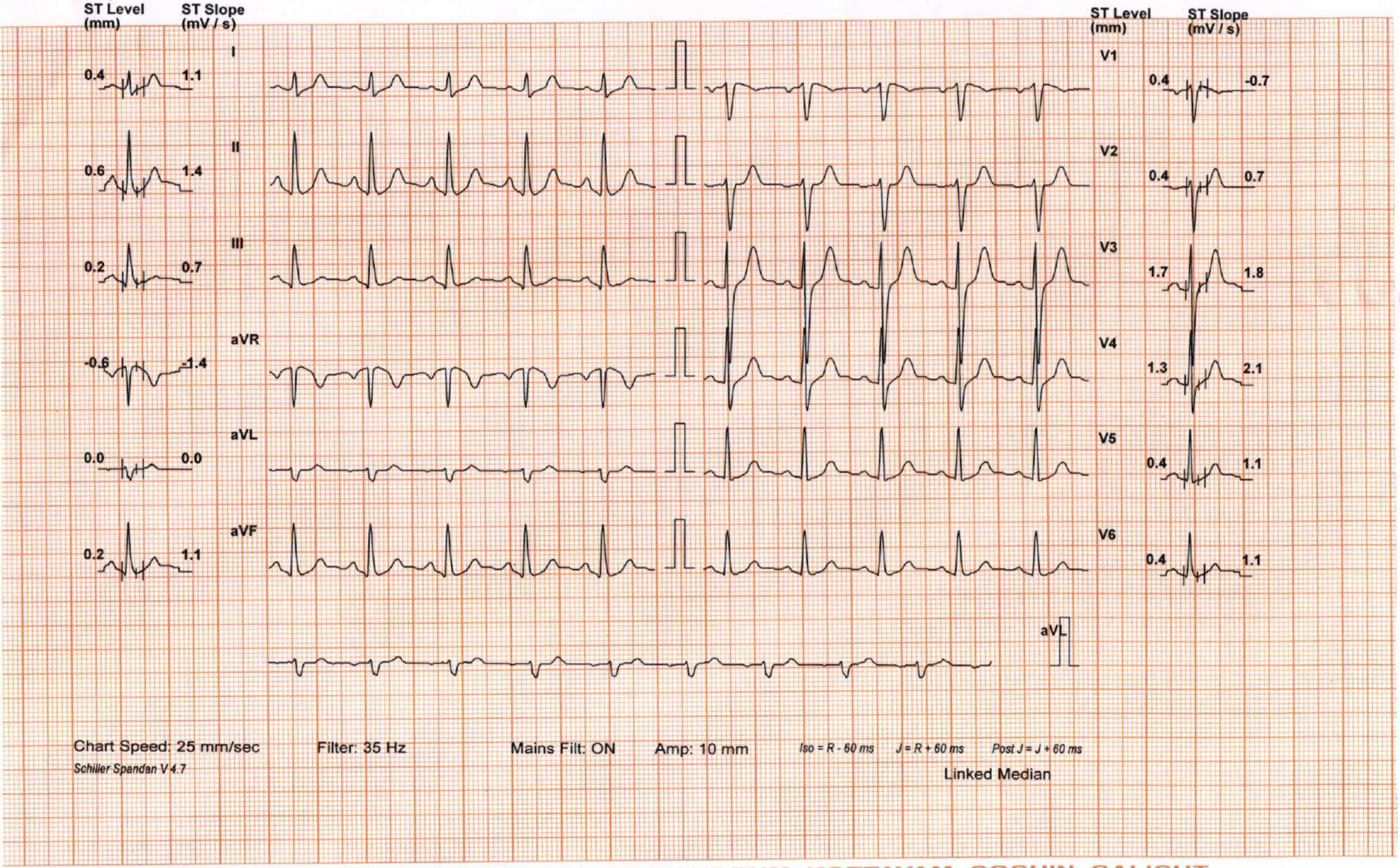



Chart Speed: 25 mm/sec Filter: 35 Hz Mains Filt: ON Amp: 10 mm *Iso = R - 60 ms* *J = R + 60 ms* *Post J = J + 60 ms*

*Schiller Spandan V 4.7*

Linked Median

# DDRC SRL DIAGNOSTIC SERVICE PVT LTD

**Patient Details** **Date: 12-Nov-22** **Time: 12:44:52**

**Name: VISAKH P** **ID: VK004845**

**Age: 31 y** **Sex: M** **Height: 175 cms** **Weight: 68 Kgs**

**Clinical History:** NIL

**Medications:**

## Test Details

**Protocol:** Bruce **Pr.MHR:** 189 bpm **THR:** 160 (85 % of Pr.MHR) bpm

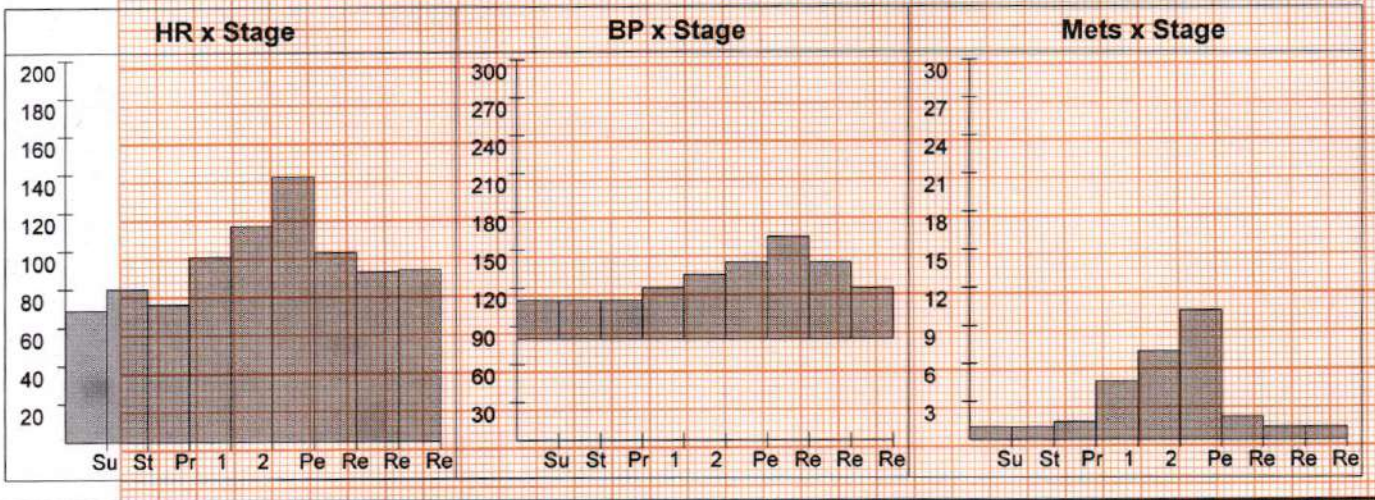
**Total Exec. Time:** 8 m 59 s **Max. HR:** 139 ( 74% of Pr.MHR )bpm **Max. Mets:** 10.20

**Max. BP:** 160 / 80 mmHg **Max. BP x HR:** 22240 mmHg/min **Min. BP x HR:** 5520 mmHg/min

**Test Termination Criteria:** Fatigue

## Protocol Details

| Stage Name | Stage Time (min : sec) | Mets | Speed (mph) | Grade (%) | Heart Rate (bpm) | Max. BP (mm/Hg) | Max. ST Level (mm) | Max. ST Slope (mV/s) |
|---|---|---|---|---|---|---|---|---|
| Supine | 1 : 27 | 1.0 | 0 | 0 | 69 | 110 / 80 | -0.85 aVR | 3.89 V3 |
| Standing | 0 : 50 | 1.0 | 0 | 0 | 80 | 110 / 80 | -5.94 V1 | 3.89 V2 |
| 1 | 3 : 0 | 4.6 | 1.7 | 10 | 97 | 120 / 80 | -3.61 V1 | -4.60 V1 |
| 2 | 3 : 0 | 7.0 | 2.5 | 12 | 113 | 130 / 80 | -1.70 V5 | 3.89 V5 |
| Peak Ex | 2 : 59 | 10.2 | 3.4 | 14 | 139 | 140 / 80 | -2.12 V5 | 5.66 V5 |
| Recovery(1) | 1 : 0 | 1.8 | 1 | 0 | 99 | 160 / 80 | -1.49 aVR | 5.66 V3 |
| Recovery(2) | 1 : 0 | 1.0 | 0 | 0 | 89 | 140 / 80 | -1.06 aVR | 3.89 V3 |
| Recovery(3) | 0 : 40 | 1.0 | 0 | 0 | 90 | 120 / 80 | -0.85 aVR | 2.48 V3 |



# DDRC SRL DIAGNOSTIC SERVICE PVT LTD

**Patient Details** **Date:** 12-Nov-22 **Time:** 12:44:52

**Name: VISAKH P ID: VK004845**

**Age:** 31 y **Sex:** M **Height:** 175 cms **Weight:** 68 Kgs

**Interpretation**

The patient exercised according to the Bruce protocol for 8 m 59 s achieving a work level of Max. METS : 10.20. Resting heart rate initially 69 bpm, rose to a max. heart rate of 139 ( 74% of Pr.MHR ) bpm. Resting blood Pressure 110 / 80 mmHg, rose to a maximum blood pressure of 160 / 80 mmHg.No Angina,No Arrhythmia.

No significant ST changes
Test negative for inducible ischemia

Dr. George Thomas MD,FCSI,FIAE
Cardiologist

SRI DDRC DIAGNOSTIC (P) LTD. KADAVIL BUILDINGS KALAMPULLY NAGAR

Ref. Doctor: MEDIWHEEL

Doctor: ------

*( Summary Report edited by user )*

ID: 4845
VISAKH P
Male 31Years

12-11-2022 11:38:44 AM COPY

| | | | |
|---|---|---|---|
| HR | : 72 | bpm | |
| P | : 112 | ms | |
| PR | : 204 | ms | |
| QRS | : 88 | ms | |
| QT/QTc | : 360/395 | ms | |
| P/QRS/T | : 45/57/13 | ° | |
| RV5/SV1 | : 1.239/0.773 | mV | |

Diagnosis Information:
T inversion in III

DR GEORGE THOMAS
MD.FCSI FIAE
CARDIOLOGIST

Technician : ALEENA
Ref-Phys. : MEDI WHEEL
Report Confirmed by:

DDRC SRL DIAGNOSTICS LTD. KATHRIKADAVU JUNCTION PANAMPILLY NAGAR KOCHI-36

I
II
III
aVR
aVL
aVF
V1
V2
V3
V4
V5
V6

0.67-100Hz AC50 25mm/s 10mm/mV 2*5.0s ♥72 V2.2 SEMIP V1.81 DDRCSRL DIAGNOSTICS P NAGAR

DDRC SRL
Diagnostic Services
INDIA'S LEADING DIAGNOSTICS NETWORK

| NAME: MR VISAKH P | STUDY DATE: 12/11/2022 |
|---|---|
| AGE / SEX : 31 YRS / M | REPORTING DATE : 12/11/2022 |
| REFERRED BY:MEDIWHEEL HEALTH | ACC NO:4126VK004845 |

## X - RAY - CHEST PA VIEW

- Both the lung fields are clear.
- B/L hila and mediastinal shadows are normal.
- Cardiac silhouette appears normal.
- Cardio – thoracic ratio is normal.
- Bilateral CP angles and domes of diaphragm appear normal.

**IMPRESSION NORMAL STUDY.**

**Kindly correlate clinically**

Navneet

**Dr. NAVNEET KAUR, MBBS,MD**
**Consultant Radiologist.**

DDRC SRL DIAGNOSTICS PVT LTD
KADAVIL BUILDINGS
PANAMPILLY NAGAR
KOCHI-36

DDRC SRL
Diagnostic Services
INDIA'S LEADING DIAGNOSTICS NETWORK

Date...12.11.2022

## OPHTHALMOLOGY REPORT

**This is to certify that I have examined**

**Mr / Ms :** Visakh.P **Aged** 31 **and his / her**

**visual standards is as follows :**

**Visual Acuity:**

**R:** 6/6

**For far vision**

**L :** 6/6

**R :** N6

**For near vision**

**L :** N6

**Color Vision :** Normal

DDRC SRL DIAGNOSTICS PVT LTD. KADAVIL BUILDINGS PANAMPILLY NAGAR KOCHI-36

Nannu Elizabeth

**(Optometrist)**

DDRC SRL
Diagnostic Services
INDIA'S LEADING DIAGNOSTICS NETWORK

| | | | |
|---|---|---|---|
| **NAME** | **MR VISAKH. P** | **AGE** | **31 YRS** |
| **SEX** | **MALE** | **DATE** | **November 12, 2022** |
| **REFERRAL** | **MEDIWHEEL HEALTH** | **ACC NO** | **4126VK004845** |

## USG ABDOMEN AND PELVIS

**LIVER** Measures ~ 13.5 cm. Bright echotexture.
Smooth margins and no obvious focal lesion within.
No IHBR dilatation.
Portal vein normal in caliber.

**GB** Partially contracted with minimal sludge in lumen ( Review scan after overnight fasting).

**SPLEEN** Measures ~ 11.5 cm, normal to visualized extent. Splenic vein normal.

**PANCREAS** Mostly obscured by bowel gases.

**KIDNEYS** RK: 9.6 x 4.9 cm, appears normal in size and echotexture.
LK: 10.7 x 5.1 cm, appears normal in size and echotexture.
No focal lesion / calculus within.
Maintained corticomedullary differentiation and normal parenchymal thickness.
No hydroureteronephrosis.

**BLADDER** Normal wall caliber, no internal echoes/calculus within.

**PROSTATE** Normal in volume and echopattern.

**NODES/FLUID** Nil to visualized extent.

**BOWEL** Visualized bowel loops appear normal.

**IMPRESSION**

- ***Grade I fatty liver.***

Kindly correlate clinically.

Navneet

**Dr. NAVNEET KAUR MBBS . MD**
**Consultant Radiologist**

***Thank you for referral. Your feedback will be appreciated.***

DDRC SRL DIAGNOSTICS PVT LTD KADAVIL BUILDINGS PANAMPILLY NAGAR KOCHI-36

NOTE: This report is only a professional opinion based on the real time image finding and not a diagnosis by itself. It has to be correlated and interpreted with clinical and other investigation findings. Review scan is advised, if this ultrasound opinion and other clinical findings / reports don't correlate.


VISAKH
12_11_2022_10_59_15
DDRC SRL KOCHI
12/11/2022 11:03:04
5C1
Abd
Tx Power 100%
MI 1.04
TIS 0.2
TIB 0.2
ASC 1
DTCE Med
Dyn R 63 dB
THI 3.4 MHz
0 dB
17 fps
D1 24.0 mm
D2 33.6 mm
D3 28.8 mm
V 12.2 cm³


VISAKH
12_11_2022_10_59_15
DDRC SRL KOCHI
12/11/2022 11:02:07
5C1
Abd
Tx Power 100%
MI 1.04
TIS 0.2
TIB 0.2
ASC 1
DTCE Med
Dyn R 63 dB
THI 3.4 MHz
0 dB
17 fps
D 117.4 mm


VISAKH
12_11_2022_10_59_15
DDRC SRL KOCHI
12/11/2022 11:01:39
5C1
Abd
Tx Power 100%
MI 1.04
TIS 0.2
TIB 0.2
ASC 1
DTCE Med
D 96.4 mm
D 49.3 mm
D 107.0 mm
D 51.3 mm


5C1
Abd
Tx Power 100%
DTCE Med
Dyn R 63 dB
THI 3.4 MHz
0 dB
17 fps
D 133.7 mm

**DDRC SRL**
Diagnostic Services
INDIA'S LEADING DIAGNOSTICS NET WORK

NE

# MEDICAL EXAMINATION REPORT (MER)

If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

1. Name of the examinee : Mr./Mrs./Ms. VISAKH. P
2. Mark of Identification : (Mole/Scar/any other (specify location)):
3. Age/Date of Birth : 31 | 29.05.1991 Gender: F/M
4. Photo ID Checked : (Passport/Election Card/PAN Card/Driving Licence/Company ID)

## PHYSICAL DETAILS:

a. Height ..... 175 ..... (cms) b. Weight ..... 68 ..... (Kgs) c. Girth of Abdomen ..... 78 ..... (cms)

d. Pulse Rate ..... 70 ..... (/Min) e. Blood Pressure: Systolic 140 Diastolic 90

| | | |
|---|---|---|
| 1st Reading | | |
| 2nd Reading | | |

## FAMILY HISTORY:

| Relation | Age if Living | Health Status | If deceased, age at the time and cause |
|---|---|---|---|
| Father | | | |
| Mother | | NS | |
| Brother(s) | | | |
| Sister(s) | | | |

## HABITS & ADDICTIONS: Does the examinee consume any of the following?

| Tobacco in any form | Sedative | Alcohol |
|---|---|---|
| — | — | — |

## PERSONAL HISTORY

a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. Y/N

b. Have you undergone/been advised any surgical procedure? Y/N

c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? Y/N

d. Have you lost or gained weight in past 12 months? Y/N

**Have you ever suffered from any of the following?**

- Psychological Disorders or any kind of disorders of the Nervous System? Y/N
- Any disorders of Respiratory system? Y/N
- Any Cardiac or Circulatory Disorders? Y/N
- Enlarged glands or any form of Cancer/Tumour? Y/N
- Any Musculoskeletal disorder? Y/N
- Any disorder of Gastrointestinal System? Y/N
- Unexplained recurrent or persistent fever, and/or weight loss Y/N
- Have you been tested for H HBsAg / HCV before? If yes attach reports Y/N
- Are you presently taking medication of any kind? Y/N



**DDRC SRL Diagnostics Private Limited**
Corp. Office: DDRC SRL Tower, G- 131, Panampilly Nagar, Ernakulam - 682 036
Ph No. 0484-2318223, 2318222, e-mail: info@ddrcsrl.com, web: www.ddrcsrl.com

Corp. Office: DDRC SRL Tower, G-131, Panampilly Nagar, Ernakulam - 682 036. Ph No. 2310688, 2318222. web: www.ddrcsrl.com

- Any disorders of Urinary System? Y/N
- Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin Y/N

**FOR FEMALE CANDIDATES ONLY** NA

a. Is there any history of diseases of breast/genital organs? Y/N

b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports) Y/N

c. Do you suspect any disease of Uterus, Cervix or Ovaries? Y/N

d. Do you have any history of miscarriage/ abortion or MTP Y/N

e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc Y/N

f. Are you now pregnant? If yes, how many months? Y/N

**CONFIDENTAIL COMMENTS FROM MEDICAL EXAMINER**

- Was the examinee co-operative? Y/N
- Is there anything about the examine's health, lifestyle that might affect him/her in the near future with regard to his/her job? Y/N
- Are there any points on which you suggest further information be obtained? Y/N
- Based on your clinical impression, please provide your suggestions and recommendations below;

Medical consult

.....

.....

- Do you think he/she is MEDICALLY FIT or UNFIT for employment.

FIT

**MEDICAL EXAMINER'S DECLARATION**

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner :

Seal of Medical Examiner :

Dr. GEORGE THOMAS
MD, FCSI, FIAE
MEDICAL EXAMINER
Reg:86614

Name & Seal of DDRC SRL Branch :

DDRC SRL DIAGNOSTICS PVT. LTD. KADAVIL BUILDINGS PANAMPILLY NAGAR KOCHI-36

Date & Time : 16/11/2022



**DDRC SRL Diagnostics Private Limited**
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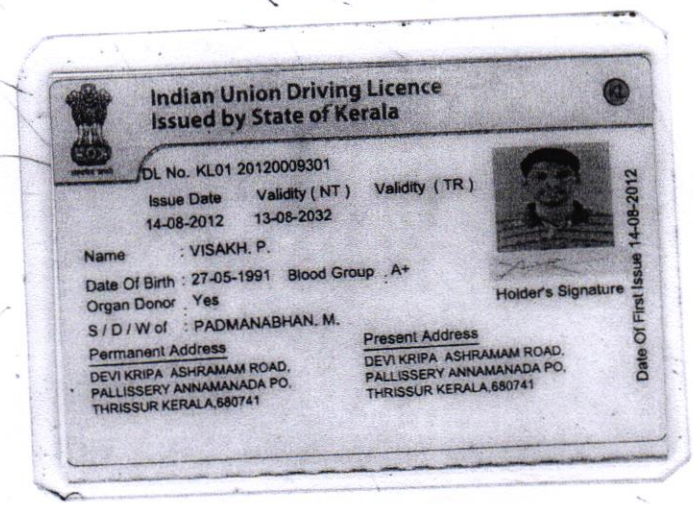
Ph No. 0484-2318223, 2318222, e-mail: info@ddrcsrl.com, web: www.ddrcsrl.com
Regd. Office: 4th Floor, Prime Square, Plot No.1, Gaiwadi Industrial Estate, S.V. Road, Goregaon (West), Mumbai – 400062.



**Indian Union Driving Licence**
**Issued by State of Kerala**

DL No. KL01 20120009301

| Issue Date | Validity ( NT ) | Validity ( TR ) |
|---|---|---|
| 14-08-2012 | 13-08-2032 | |

Name : VISAKH. P.

Date Of Birth : 27-05-1991 Blood Group : A+

Organ Donor : Yes

S / D / W of : PADMANABHAN. M.

Permanent Address

DEVI KRIPA ASHRAMAM ROAD,
PALLISSERY ANNAMANADA PO,
THRISSUR KERALA,680741

Present Address

DEVI KRIPA ASHRAMAM ROAD,
PALLISSERY ANNAMANADA PO,
THRISSUR KERALA,680741

Holder's Signature

Date Of First Issue 14-08-2012

DDRC SRL DIAGNOSTICS PVT. LTD. KADAVIL BUILDING PANAMPILLY NAGAR KOCHI-36

Stool fat not required

VISAKH.P

DDRC SRL DIAGNOSTIC PVT LTD. KADAVIL BUILDINGS PANAMPILLY NAGAR KOCHI-36

Patient Ref. No. 666000002278192

Cert. No. MC-2354

**CLIENT CODE :** CA00010147 - MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED

**CLIENT'S NAME AND ADDRESS :**
MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED
F701A, LADO SARAI, NEW DELHI,
SOUTH DELHI, DELHI,
SOUTH DELHI 110030
DELHI INDIA
8800465156

DDRC SRL DIAGNOSTICS
DDRC SRL Tower, G-131,Panampilly Nagar,
PANAMPALLY NAGAR, 682036
KERALA, INDIA
Tel : 93334 93334
Email : customercare.ddrc@srl.in

**PATIENT NAME : MR. VISAKH.P** PATIENT ID : **VISAM1211914126**

ACCESSION NO : **4126VK004845** AGE : 31 Years SEX : Male ABHA NO :

DRAWN : RECEIVED : 12/11/2022 08:56 REPORTED : 12/11/2022 18:07

**REFERRING DOCTOR :** DR. BANK OF BARODA CLIENT PATIENT ID :

| Test Report Status **Preliminary** | Results | Units |
|---|---|---|

**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**

**BUN/CREAT RATIO**

| | | | |
|---|---|---|---|
| BUN/CREAT RATIO | 10.97 | | |

**CREATININE, SERUM**

| | | | |
|---|---|---|---|
| CREATININE | 0.82 | 18 - 60 yrs : 0.9 - 1.3 | mg/dL |

METHOD : JAFFE KINETIC METHOD

**GLUCOSE, POST-PRANDIAL, PLASMA**

| | | | |
|---|---|---|---|
| GLUCOSE, POST-PRANDIAL, PLASMA | 93 | Diabetes Mellitus : > or = 200.<br>Impaired Glucose tolerance/<br>Prediabetes : 140 - 199.<br>Hypoglycemia : < 55. | mg/dL |

METHOD : HEXOKINASE

**GLUCOSE, FASTING, PLASMA**

| | | | |
|---|---|---|---|
| GLUCOSE, FASTING, PLASMA | 82 | Diabetes Mellitus : > or = 126.<br>Impaired fasting Glucose/<br>Prediabetes : 101 - 125.<br>Hypoglycemia : < 55. | mg/dL |

METHOD : HEXOKINASE

**GLYCOSYLATED HEMOGLOBIN, EDTA WHOLE BLOOD**

| | | | |
|---|---|---|---|
| GLYCOSYLATED HEMOGLOBIN (HBA1C) | 4.5 | Normal : 4.0 - 5.6%.%<br>Non-diabetic level : < 5.7%.<br>Diabetic : >6.5%<br><br>Glycemic control goal<br>More stringent goal : < 6.5 %.<br>General goal : < 7%.<br>Less stringent goal : < 8%.<br><br>Glycemic targets in CKD :-<br>If eGFR > 60 : < 7%.<br>If eGFR < 60 : 7 - 8.5%. | |
| MEAN PLASMA GLUCOSE | 82.5 | < 116.0 | mg/dL |

**CORONARY RISK PROFILE (LIPID PROFILE), SERUM**

| | | | |
|---|---|---|---|
| CHOLESTEROL | 162 | Desirable : < 200<br>Borderline : 200-239<br>High : >or= 240 | mg/dL |

METHOD : CHOD-POD

| | | | |
|---|---|---|---|
| TRIGLYCERIDES | 137 | Normal : < 150<br>High : 150-199<br>Hypertriglyceridemia : 200-499<br>Very High : > 499 | mg/dL |



Scan to View Details

Scan to View Report

Patient Ref. No. 666000002278192

Cert. No. MC-2354

**CLIENT CODE :** CA00010147 - MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED

**CLIENT'S NAME AND ADDRESS :**
MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED
F701A, LADO SARAI, NEW DELHI,
SOUTH DELHI, DELHI,
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**PATIENT NAME : MR. VISAKH.P** PATIENT ID : **VISAM1211914126**

ACCESSION NO : **4126VK004845** AGE : 31 Years SEX : Male ABHA NO :

DRAWN : RECEIVED : 12/11/2022 08:56 REPORTED : 12/11/2022 18:07

**REFERRING DOCTOR :** DR. BANK OF BARODA CLIENT PATIENT ID :

| Test Report Status **Preliminary** | Results | | | Units |
|---|---|---|---|---|
| HDL CHOLESTEROL<br>METHOD : DIRECT ENZYME CLEARANCE | 44 | | General range : 40-60 | mg/dL |
| DIRECT LDL CHOLESTEROL | 99 | | Optimum : < 100<br>Above Optimum : 100-139<br>Borderline High : 130-159<br>High : 160-189<br>Very High : >or= 190 | mg/dL |
| NON HDL CHOLESTEROL | 118 | | Desirable: Less than 130<br>Above Desirable: 130 - 159<br>Borderline High: 160 - 189<br>High: 190 - 219<br>Very high: > or = 220 | mg/dL |
| CHOL/HDL RATIO | 3.7 | | 3.3-4.4 Low Risk<br>4.5-7.0 Average Risk<br>7.1-11.0 Moderate Risk<br>> 11.0 High Risk | |
| LDL/HDL RATIO | 2.3 | | 0.5 - 3.0 Desirable/Low Risk<br>3.1 - 6.0 Borderline/Moderate Risk<br>>6.0 High Risk | |
| VERY LOW DENSITY LIPOPROTEIN | 27.4 | | Desirable value :<br>10 - 35 | mg/dL |
| **LIVER FUNCTION TEST WITH GGT** | | | | |
| BILIRUBIN, TOTAL | **2.09** | **High** | < 1.1 | mg/dL |
| BILIRUBIN, DIRECT<br>METHOD : DIAZO METHOD | **0.64** | **High** | General Range : < 0.2 | mg/dL |
| BILIRUBIN, INDIRECT | **1.45** | **High** | 0.00 - 0.60 | mg/dL |
| TOTAL PROTEIN | 6.9 | | Ambulatory : 6.4 - 8.3<br>Recumbant : 6 - 7.8 | g/dL |
| ALBUMIN | 4.6 | | 20-60yrs : 3.5 - 5.2 | g/dL |
| GLOBULIN | 2.3 | | 2.0 - 4.0<br>Neonates -<br>Pre Mature:<br>0.29 - 1.04 | g/dL |
| ALBUMIN/GLOBULIN RATIO | 2.0 | | 1.00 - 2.00 | RATIO |
| ASPARTATE AMINOTRANSFERASE (AST/SGOT) | 20 | | Adults : < 40 | U/L |
| ALANINE AMINOTRANSFERASE (ALT/SGPT)<br>METHOD : IFCC WITHOUT PDP | 30 | | Adults : < 45 | U/L |
| ALKALINE PHOSPHATASE<br>METHOD : IFCC | 68 | | Adult(<60yrs) : 40 -130 | U/L |
| GAMMA GLUTAMYL TRANSFERASE (GGT) | 16 | | Adult (Male) : < 60 | U/L |
| **TOTAL PROTEIN, SERUM** | | | | |



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| TOTAL PROTEIN<br>METHOD : BIURET | 6.9 | Ambulatory : 6.4 - 8.3<br>Recumbant : 6 - 7.8 | g/dL |
| **URIC ACID, SERUM** | | | |
| URIC ACID<br>METHOD : SPECTROPHOTOMETRY | 5.4 | Adults : 3.4-7 | mg/dL |
| **ABO GROUP & RH TYPE, EDTA WHOLE BLOOD** | | | |
| ABO GROUP<br>METHOD : GEL CARD METHOD | A | | |
| RH TYPE | POSITIVE | | |
| **BLOOD COUNTS** | | | |
| HEMOGLOBIN<br>METHOD : NON CYANMETHEMOGLOBIN | 16.2 | 13.0 - 17.0 | g/dL |
| RED BLOOD CELL COUNT<br>METHOD : IMPEDANCE | 5.24 | 4.5 - 5.5 | mil/µL |
| WHITE BLOOD CELL COUNT<br>METHOD : IMPEDANCE | 5.08 | 4.0 - 10.0 | thou/µL |
| PLATELET COUNT<br>METHOD : IMPEDANCE | 260 | 150 - 410 | thou/µL |
| **RBC AND PLATELET INDICES** | | | |
| HEMATOCRIT<br>METHOD : CALCULATED | 47.8 | 40 - 50 | % |
| MEAN CORPUSCULAR VOL<br>METHOD : DERIVED FROM IMPEDANCE MEASURE | 91.4 | 83 - 101 | fL |
| MEAN CORPUSCULAR HGB.<br>METHOD : CALCULATED | 30.9 | 27.0 - 32.0 | pg |
| MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION<br>METHOD : CALCULATED | 33.9 | 31.5 - 34.5 | g/dL |
| RED CELL DISTRIBUTION WIDTH | 14.8 | 12.0 - 18.0 | % |
| MEAN PLATELET VOLUME<br>METHOD : DERIVED FROM IMPEDANCE MEASURE | 8.0 | 6.8 - 10.9 | fL |
| **WBC DIFFERENTIAL COUNT - NLR** | | | |
| SEGMENTED NEUTROPHILS<br>METHOD : DHSS FLOWCYTOMETRY | 62 | 40 - 80 | % |
| ABSOLUTE NEUTROPHIL COUNT<br>METHOD : CALCULATED | 3.15 | 2.0 - 7.0 | thou/µL |
| LYMPHOCYTES | 27 | 20 - 40 | % |



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| METHOD : DHSS FLOWCYTOMETRY | | | |
| ABSOLUTE LYMPHOCYTE COUNT | 1.37 | 1 - 3 | thou/µL |
| METHOD : CALCULATED | | | |
| NEUTROPHIL LYMPHOCYTE RATIO (NLR) | 2.3 | | |
| EOSINOPHILS | 4 | 1 - 6 | % |
| METHOD : DHSS FLOWCYTOMETRY | | | |
| ABSOLUTE EOSINOPHIL COUNT | 0.20 | 0.02 - 0.50 | thou/µL |
| METHOD : CALCULATED | | | |
| MONOCYTES | 7 | 2 - 10 | % |
| METHOD : DHSS FLOWCYTOMETRY | | | |
| ABSOLUTE MONOCYTE COUNT | 0.36 | 0.20 - 1.00 | thou/µL |
| METHOD : CALCULATED | | | |
| BASOPHILS | 0 | 0 - 2 | % |
| METHOD : IMPEDANCE | | | |
| ABSOLUTE BASOPHIL COUNT | 0 | 0.00 - 0.10 | thou/µL |
| **ERYTHRO SEDIMENTATION RATE, BLOOD** | | | |
| SEDIMENTATION RATE (ESR) | 03 | 0 - 14 | mm at 1 hr |
| METHOD : WESTERGREN METHOD | | | |
| **STOOL: OVA & PARASITE** | RESULT PENDING | | |
| *** SUGAR URINE - POST PRANDIAL** | | | |
| SUGAR URINE - POST PRANDIAL | NOT DETECTED | NOT DETECTED | |
| **THYROID PANEL, SERUM** | | | |
| T3 | 125.70 | 80 - 200 | ng/dL |
| T4 | 6.40 | 5.1 - 14.1 | µg/dl |
| TSH 3RD GENERATION | 1.680 | 21-50 yrs : 0.4 - 4.2 | µIU/mL |
| **URINE ANALYSIS** | | | |
| COLOR | **AMBER** | | |
| APPEARANCE | CLEAR | | |
| SPECIFIC GRAVITY | 1.015 | 1.015 - 1.030 | |
| KETONES | NOT DETECTED | NOT DETECTED | |
| BLOOD | NOT DETECTED | NOT DETECTED | |
| BILIRUBIN | NOT DETECTED | NOT DETECTED | |
| NITRITE | NOT DETECTED | NOT DETECTED | |
| EPITHELIAL CELLS | 0-1 | 0-5 | /HPF |
| RED BLOOD CELLS | NOT DETECTED | NOT DETECTED | /HPF |
| BACTERIA | NOT DETECTED | NOT DETECTED | |



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| **CHEMICAL EXAMINATION, URINE** | | | |
| PH | 5.0 | 4.8 - 7.4 | |
| PROTEIN | NOT DETECTED | NOT DETECTED | |
| GLUCOSE | NOT DETECTED | NOT DETECTED | |
| UROBILINOGEN | NORMAL | NORMAL | |
| **MICROSCOPIC EXAMINATION, URINE** | | | |
| WBC | 1-2 | 0-5 | /HPF |
| CASTS | NOT DETECTED | | |
| CRYSTALS | NOT DETECTED | | |
| **SERUM BLOOD UREA NITROGEN** | | | |
| BLOOD UREA NITROGEN | 9 | Adult(<60 yrs) : 6 to 20 | mg/dL |
| *** SUGAR URINE - FASTING** | | | |
| SUGAR URINE - FASTING | NOT DETECTED | NOT DETECTED | |

**Interpretation(s)**
CREATININE, SERUM-
Higher than normal level may be due to:
• Blockage in the urinary tract
• Kidney problems, such as kidney damage or failure, infection, or reduced blood flow
• Loss of body fluid (dehydration)
• Muscle problems, such as breakdown of muscle fibers
• Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:
• Myasthenia Gravis
• Muscular dystrophy
GLUCOSE, POST-PRANDIAL, PLASMA-
ADA Guidelines for 2hr post prandial glucose levels is only after ingestion of 75grams of glucose in 300 ml water,over a period of 5 minutes.
GLUCOSE, FASTING, PLASMA-
ADA 2012 guidelines for adults as follows:
Pre-diabetics: 100 - 125 mg/dL
Diabetic: > or = 126 mg/dL

(Ref: Tietz 4th Edition & ADA 2012 Guidelines)
GLYCOSYLATED HEMOGLOBIN, EDTA WHOLE BLOOD-
Glycosylated hemoglobin (GHb) has been firmly established as an index of long-term blood glucose concentrations and as a measure of the risk for the development of complications in patients with diabetes mellitus. Formation of GHb is essentially irreversible, and the concentration in the blood depends on both the life span of the red blood cell (average 120 days) and the blood glucose concentration. Because the rate of formation of GHb is directly proportional to the concentration of glucose in the blood, the GHb concentration represents the integrated values for glucose over the preceding 6-8 weeks.
Any condition that alters the life span of the red blood cells has the potential to alter the GHb level. Samples from patients with hemolytic anemias will exhibit decreased glycated hemoglobin values due to the shortened life span of the red cells. This effect will depend upon the severity of the anemia. Samples from patients with polycythemia or post-splenectomy may exhibit increased glycated hemoglobin values due to a somewhat longer life span of the red cells.
Glycosylated hemoglobins results from patients with HbSS, HbCC, and HbSC and HbD must be interpreted with caution, given the pathological processes, including anemia, increased red cell turnover, transfusion requirements, that adversely impact HbA1c as a marker of long-term glycemic control. In these conditions, alternative forms of testing such as glycated serum protein (fructosamine) should be considered.
"Targets should be individualized; More or less stringent glycemic goals may be appropriate for individual patients. Goals should be individualized based on duration of diabetes, age/life expectancy, comorbid conditions, known CVD or advanced microvascular complications, hypoglycemia unawareness, and individual patient considerations.''



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References
1. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics, edited by Carl A Burtis, Edward R.Ashwood, David E Bruns, 4th Edition, Elsevier publication, 2006, 879-884.
2. Forsham PH. Diabetes Mellitus:A rational plan for management. Postgrad Med 1982, 71,139-154.
3. Mayer TK, Freedman ZR: Protein glycosylation in Diabetes Mellitus: A review of laboratory measurements and their clinical utility. Clin Chim Acta 1983, 127, 147-184.

CORONARY RISK PROFILE (LIPID PROFILE), SERUM-
Serum cholesterol is a blood test that can provide valuable information for the risk of coronary artery disease This test can help determine your risk of the build up of plaques in your arteries that can lead to narrowed or blocked arteries throughout your body (atherosclerosis). High cholesterol levels usually don't cause any signs or symptoms, so a cholesterol test is an important tool. High cholesterol levels often are a significant risk factor for heart disease and important for diagnosis of hyperlipoproteinemia, atherosclerosis, hepatic and thyroid diseases.

Serum Triglyceride are a type of fat in the blood. When you eat, your body converts any calories it doesn't need into triglycerides, which are stored in fat cells. High triglyceride levels are associated with several factors, including being overweight, eating too many sweets or drinking too much alcohol, smoking, being sedentary, or having diabetes with elevated blood sugar levels. Analysis has proven useful in the diagnosis and treatment of patients with diabetes mellitus, nephrosis, liver obstruction, other diseases involving lipid metabolism, and various endocrine disorders. In conjunction with high density lipoprotein and total serum cholesterol, a triglyceride determination provides valuable information for the assessment of coronary heart disease risk.It is done in fasting state.

High-density lipoprotein (HDL) cholesterol. This is sometimes called the ""good"" cholesterol because it helps carry away LDL cholesterol, thus keeping arteries open and blood flowing more freely.HDL cholesterol is inversely related to the risk for cardiovascular disease. It increases following regular exercise, moderate alcohol consumption and with oral estrogen therapy. Decreased levels are associated with obesity, stress, cigarette smoking and diabetes mellitus.

SERUM LDL The small dense LDL test can be used to determine cardiovascular risk in individuals with metabolic syndrome or established/progressing coronary artery disease, individuals with triglyceride levels between 70 and 140 mg/dL, as well as individuals with a diet high in trans-fat or carbohydrates. Elevated sdLDL levels are associated with metabolic syndrome and an 'atherogenic lipoprotein profile', and are a strong, independent predictor of cardiovascular disease.
Elevated levels of LDL arise from multiple sources. A major factor is sedentary lifestyle with a diet high in saturated fat. Insulin-resistance and pre-diabetes have also been implicated, as has genetic predisposition. Measurement of sdLDL allows the clinician to get a more comprehensive picture of lipid risk factors and tailor treatment accordingly. Reducing LDL levels will reduce the risk of CVD and MI.

Non HDL Cholesterol - Adult treatment panel ATP III suggested the addition of Non-HDL Cholesterol as an indicator of all atherogenic lipoproteins (mainly LDL and VLDL). NICE guidelines recommend Non-HDL Cholesterol measurement before initiating lipid lowering therapy. It has also been shown to be a better marker of risk in both primary and secondary prevention studies.

Recommendations:
Results of Lipids should always be interpreted in conjunction with the patient's medical history, clinical presentation and other findings.

NON FASTING LIPID PROFILE includes Total Cholesterol, HDL Cholesterol and calculated non-HDL Cholesterol. It does not include triglycerides and may be best used in patients for whom fasting is difficult.
TOTAL PROTEIN, SERUM-
Serum total protein,also known as total protein, is a biochemical test for measuring the total amount of protein in serum..Protein in the plasma is made up of albumin and globulin

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease
Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage),Burns,Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome,Protein-losing enteropathy etc.
URIC ACID, SERUM-
Causes of Increased levels
Dietary
• High Protein Intake.
• Prolonged Fasting,
• Rapid weight loss.
Gout
Lesch nyhan syndrome.
Type 2 DM.
Metabolic syndrome.

Causes of decreased levels
• Low Zinc Intake
• OCP's
• Multiple Sclerosis

Nutritional tips to manage increased Uric acid levels
• Drink plenty of fluids
• Limit animal proteins
• High Fibre foods
• Vit C Intake
• Antioxidant rich foods
ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-

| Test Report Status **Preliminary** | Results | Units |
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Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.
BLOOD COUNTS-
The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology.
RBC AND PLATELET INDICES-
The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology.
WBC DIFFERENTIAL COUNT - NLR-
The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.
(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients ; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 106504
This ratio element is a calculated parameter and out of NABL scope.
ERYTHRO SEDIMENTATION RATE, BLOOD-
Erythrocyte sedimentation rate (ESR) is a non - specific phenomena and is clinically useful in the diagnosis and monitoring of disorders associated with an increased production of acute phase reactants. The ESR is increased in pregnancy from about the 3rd month and returns to normal by the 4th week post partum. ESR is influenced by age, sex, menstrual cycle and drugs (eg. corticosteroids, contraceptives). It is especially low (0 -1mm) in polycythaemia, hypofibrinogenemia or congestive cardiac failure and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis or sickle cells.

Reference :
1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition
2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin
3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis, 10th Edition"
SUGAR URINE - POST PRANDIAL-METHOD: DIPSTICK/BENEDICT'S TEST
THYROID PANEL, SERUM-
Triiodothyronine T3 , is a thyroid hormone. It affects almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate. Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.
Thyroxine T4, Thyroxine's principal function is to stimulate the metabolism of all cells and tissues in the body. Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism. Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active.
In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.
Below mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3

| Levels in Pregnancy | TOTAL T4 (µg/dL) | TSH3G (µIU/mL) | TOTAL T3 (ng/dL) |
|---|---|---|---|
| First Trimester | 6.6 - 12.4 | 0.1 - 2.5 | 81 - 190 |
| 2nd Trimester | 6.6 - 15.5 | 0.2 - 3.0 | 100 - 260 |
| 3rd Trimester | 6.6 - 15.5 | 0.3 - 3.0 | 100 - 260 |

Below mentioned are the guidelines for age related reference ranges for T3 and T4.

| T3 (ng/dL) | T4 (µg/dL) |
|---|---|
| New Born: 75 - 260 | 1-3 day: 8.2 - 19.9 |
| . | 1 Week: 6.0 - 15.9 |

NOTE: TSH concentrations in apparently normal euthyroid subjects are known to be highly skewed, with a strong tailed distribution towards higher TSH values. This is well documented in the pediatric population including the infant age group.
Kindly note: Method specific reference ranges are appearing on the report under biological reference range.

Reference:
1. Burtis C.A., Ashwood E. R. Bruns D.E. Teitz textbook of Clinical Chemistry and Molecular Diagnostics, 4th Edition.
2. Gowenlock A.H. Varley's Practical Clinical Biochemistry, 6th Edition.
3. Behrman R.E. Kilegman R.M., Jenson H. B. Nelson Text Book of Pediatrics, 17th Edition
MICROSCOPIC EXAMINATION, URINE-
Routine urine analysis assists in screening and diagnosis of various metabolic, urological, kidney and liver disorders
Protein: Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous exercise, orthostatic proteinuria, dehydration, urinary tract infections and acute illness with fever
Glucose: Uncontrolled diabetes mellitus can lead to presence of glucose in urine. Other causes include pregnancy, hormonal disturbances, liver disease and certain medications.
Ketones: Uncontrolled diabetes mellitus can lead to presence of ketones in urine. Ketones can also be seen in starvation, frequent vomiting, pregnancy and strenuous exercise.
Blood: Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in various urological, nephrological and bleeding disorders.

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Leukocytes: An increase in leukocytes is an indication of inflammation in urinary tract or kidneys. Most common cause is bacterial urinary tract infection.
Nitrite: Many bacteria give positive results when their number is high. Nitrite concentration during infection increases with length of time the urine specimen is retained in bladder prior to collection.
pH: The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/ alkalosis or ingestion of certain type of food can affect the pH of urine.
Specific gravity: Specific gravity gives an indication of how concentrated the urine is. Increased specific gravity is seen in conditions like dehydration, glycosuria and proteinuria while decreased specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus.
Bilirubin: In certain liver diseases such as biliary obstruction or hepatitis, bilirubin gets excreted in urine.
Urobilinogen: Positive results are seen in liver diseases like hepatitis and cirrhosis and in cases of hemolytic anemia
SERUM BLOOD UREA NITROGEN-
Causes of Increased levels
Pre renal
• High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal
• Renal Failure
Post Renal
• Malignancy, Nephrolithiasis, Prostatism

Causes of decreased levels
• Liver disease
• SIADH.
SUGAR URINE - FASTING-METHOD: DIPSTICK/BENEDICT'S TEST



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**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**

*** ECG WITH REPORT**

**REPORT**

TEST COMPLETED

*** USG ABDOMEN AND PELVIS**

**REPORT**

TEST COMPLETED

*** CHEST X-RAY WITH REPORT**

**REPORT**

TEST COMPLETED

****End Of Report****
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