

Name: _____
_ yrs _ cm _ Kg BP _

[Signature]

Ritu Paul 30/m

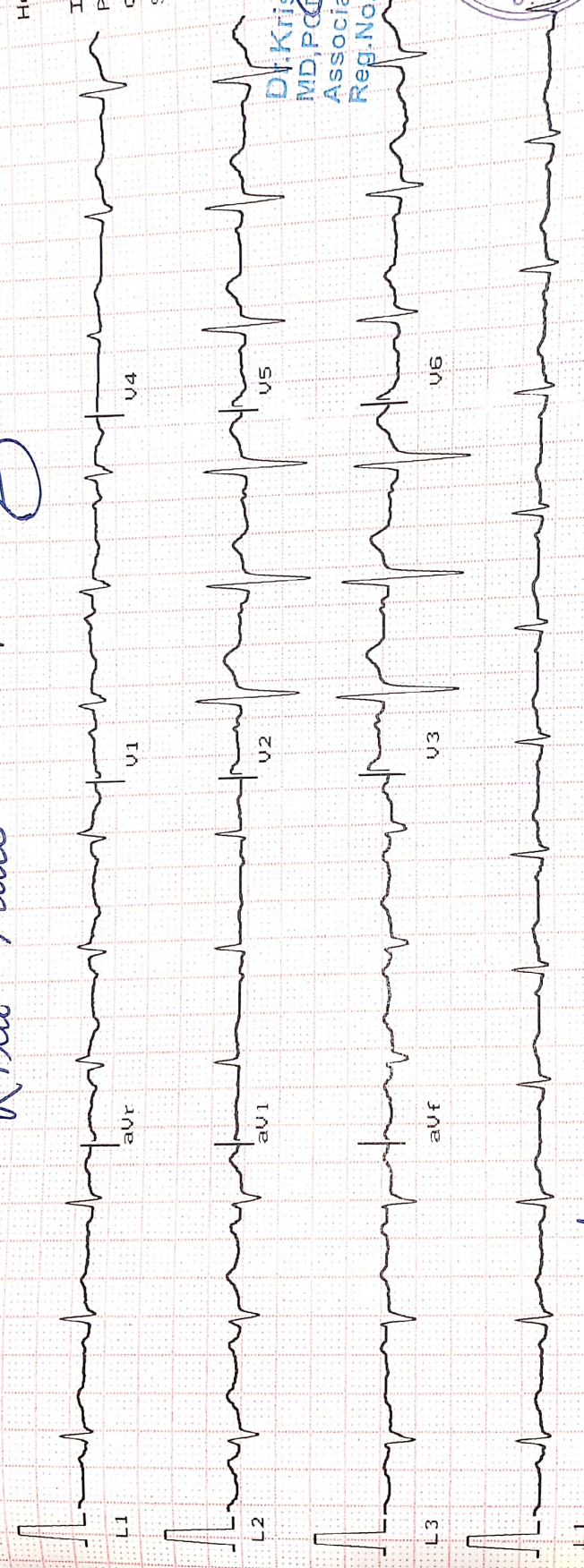
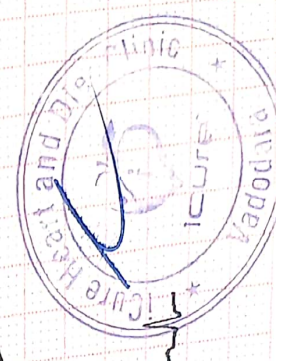
NML

Heart Rate : 95 bpm

INTERVAL (ms)
PR: 132 QRS: 27
QT: 417 QTc: 531
ST: 160

AXIS (deg)
P : 53 QRS: 4
T : 50

Dr. Kristin P. Vaidya
MD, PhD
Associate Consultant-Cardiology
Reg. No. G-50510



Ver 10mm/mV Time: 11/12/21
1.9 25mm/sec Date: 11/12/21
MUSE V10X

Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

:: PERSONAL HEALTH REPORT ::

NAME <u>Ritu Raul,</u>	DATE <u>11/12/21.</u>
	SR. NO.
	SEX. <u>M</u>
	AGE <u>30</u>
	HEIGHT <u>178</u> Cm.
	WEIGHT <u>89</u> kg.

HISTORY

Present History : NAD
 Past Illness History : NO Diabetes/Hypertension/Tuberculosis/Asthma/Epilepsy
 Past Occupational History : NO
 Family History : Father - Diabetes - cholesterol,
 Personal History : NAD
 Addiction : NO Tobacco/Gutkha/Smoking/Alcohol

GENERAL EXAMINATION

T.P.R. : 84/min B.P. : 120/80 mm Hg :
16/min
 Pallor/Icterus/Cyanosis/Varicosity/Lymph Nodes/Thyroid/Oedema/NVE/Other : NO

SYSTEMIC EXAMINATION

R.S. : NAD
 C.V.S : NAD
 C.N.S : NAD
 A.S. :
 Musculo-skelet System : NAD

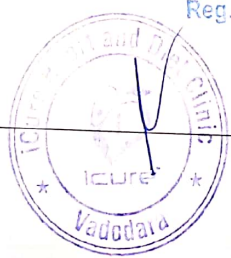
E.N.T. Ex. <u>NAD</u>	ACUITY OF VISION		RT EYE	LT EYE
	Without Glass	DISTANT	6/ <u>6</u>	6/ <u>6</u>
Near		6/ <u>6</u>	6/ <u>6</u>	
Dental Ex. <u>NAD</u>	With Glass	DISTANT	6/ <u>-</u>	6/ <u>-</u>
		Near	6/ <u>-</u>	6/ <u>-</u>
Skin Ex. <u>NAD</u>	COLOUR BLINDNESS <u>NO</u>			
Psychic Ex. <u>NAD</u>				

REMARK NO
 ADVICE Nil
 The Worker is FIT/UNFIT for the assigned job.

Dr. Krish P. Vaidya
 MD, PGCC
 Associate Consultant-Cardiology
 Reg.No G-50510

DR. KRISH VAIDYA

MD G-50510, CIH



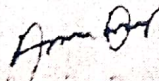



बैंक ऑफ बड़ौदा
 Bank of Baroda
 India's International Bank



नाम
 Name RITU PAUL

कर्मचारी कूट क्र.
 E.C. No. 184348


 जारीकर्ता प्राधिकारी
 Issuing Authority


 धारक के हस्ताक्षर
 Signature Holder's





आयकर विभाग
INCOME TAX DEPARTMENT



भारत सरकार
GOVT. OF INDIA

RITU PAUL

PAUL KURUMKULAM DEVASSY

13/06/1991

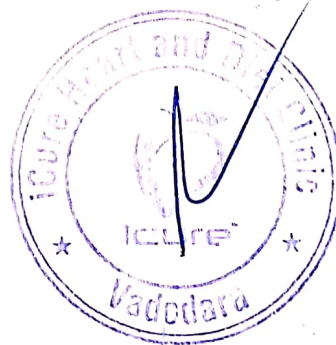
Permanent Account Number

CKLPP4007K

Signature



01102013





iCure Heart Care

402, Epsilon Tower, Race Course Road, Vadodara

TrueST 3.00

799 **RITU PAUL**
30 Yrs/M Kg / Ht- cms Ref. No.:

Date: 11-12-2021 Ref Ely:
Time: 02:05 PM Protocol: Bruce

Summary

History:

Medication:

Stage	Stg Time min:sec	Speed kmh	Grade %	METs	HR bpm	BP mmHg	RPP	PVCs
Pre Ex				1	91	120/80	109	4
Supine				1	90	120/80	108	4
Hyp Vent				1	92	120/80	110	4
Standing				1	100	120/80	120	18
S1	02:54	2.7	10.0	4.8	123	120/80	148	135
S2	03:00	4.0	12.0	6.9	137	130/80	178	170
Peak Ex	02:32	5.4	14.0	9.5	160	140/90	224	178
Post Ex 1	02:00			1	118	140/90	165	266
Post Ex 2	02:06			1	102	130/90	133	409
Finish				1		130/90		434

Findings: Exercise Time : 08:26 mins
 Max HR attained : 160 bpm 84 % of Target 190 bpm
 Max EIP : 140/90mmHg
 Max Workload attained : 9.5 METs (Good Effort Tolerance)
 Reason for Test Termination: Patient Completed Test

No significant ST segment changes noted during exercise or recovery stages.

No Angina / Arrhythmia / S3 / Murmur

Final Impression : Test is negative for inducible ischaemia.



Dr. Krish P. Vaidya

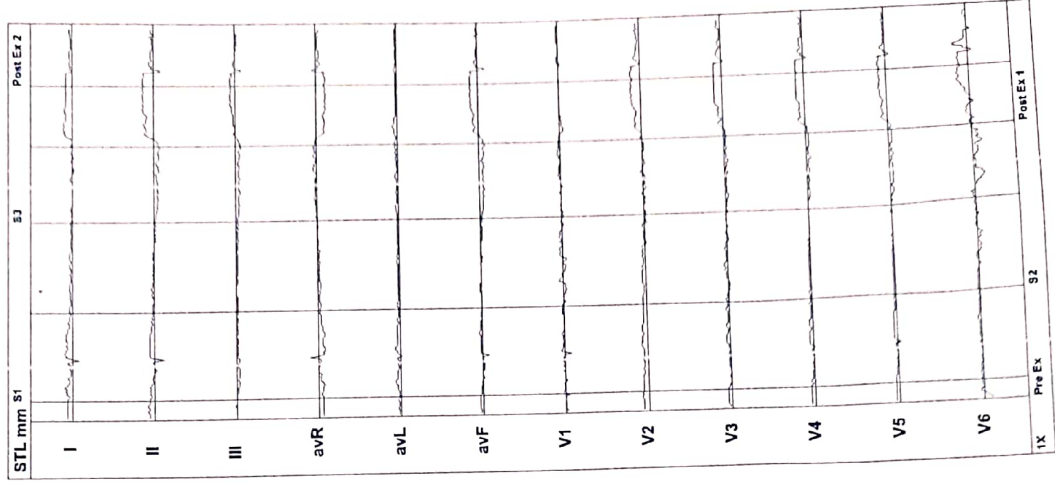
MD, FRCPC

Associate Consultant-Cardiology

Reg.No.G-50510

DR KRISH VAIDYA

Reg No- 501055





iCure Heart Care

402, Epsilon Tower, Race Course Road, Vadodara

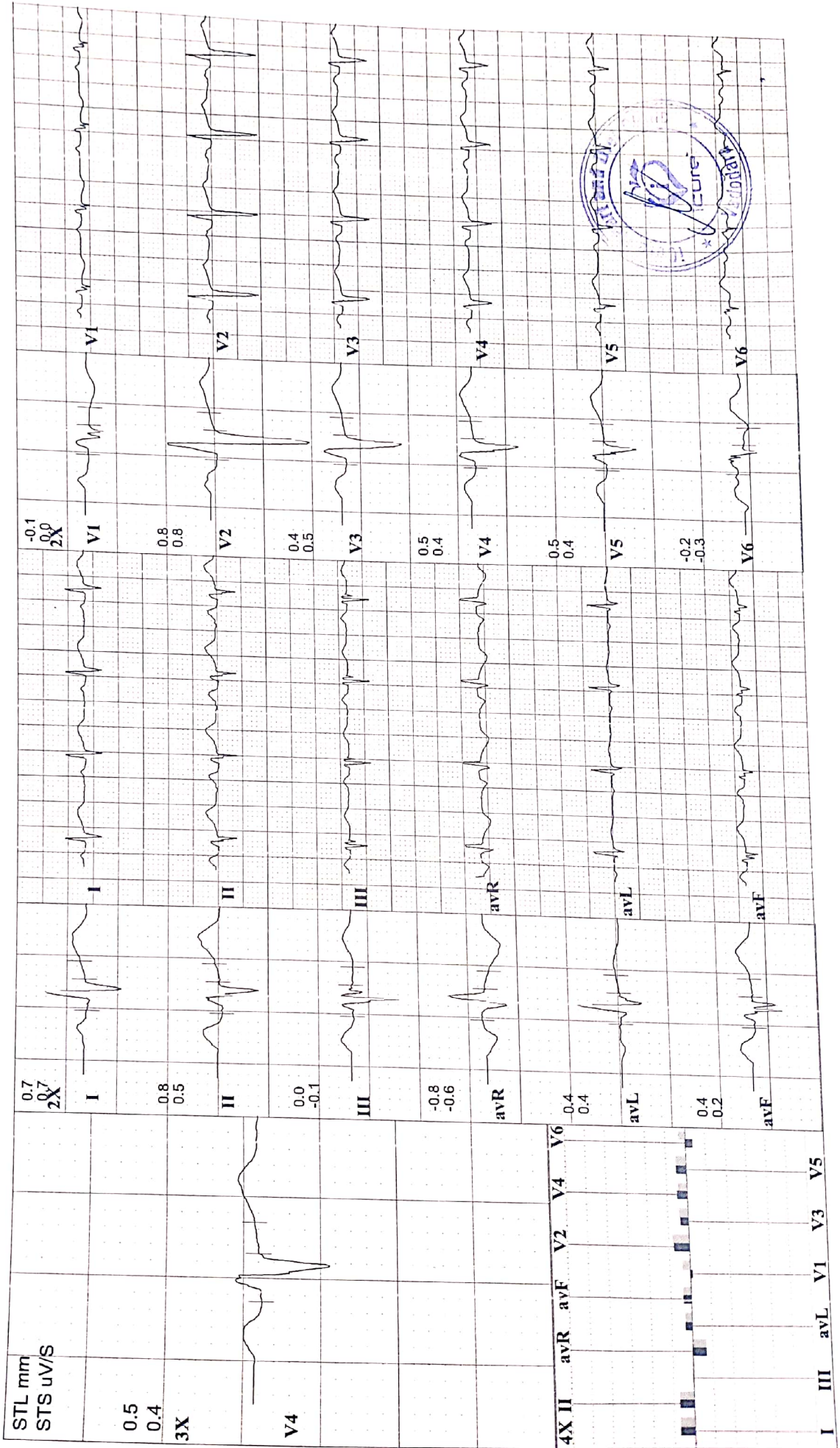
INR&SI J UVV

799 **RITU PAUL** 30 Yrs/ M Kg/ Ht- cms Ref.No.:
 Date: 11-12-2021 Time: 02:05 PM
 Post J: 74 mS

Speed: --- km/h Hr: 90 Target Hr: 47 % of 190 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
 Grade: --- % Mets: 1 Ex Time: --- min:sec BLC: On Sweep: 25 mm/s
 Protocol: Bruce BP: 120/80 mmHg Curr Time: 00:08 Median Sweep: 25 mm/s

Linked Medians

Pre Ex





iCure Heart Care

TrueST 3.00

402, Epsilon Tower, Race Course Road, Vadodara

799 **RITU PAUL**

30 Yrs/M Kg / Ht- cms

Date: 11-12-2021 Time: 02:05 PM

Post J: 74 mS

Speed: 2.7 kmh Hr: 123

Grade: 10 % Mets: 4.8

Protocol: Bruce BP: 120/80 mmHg

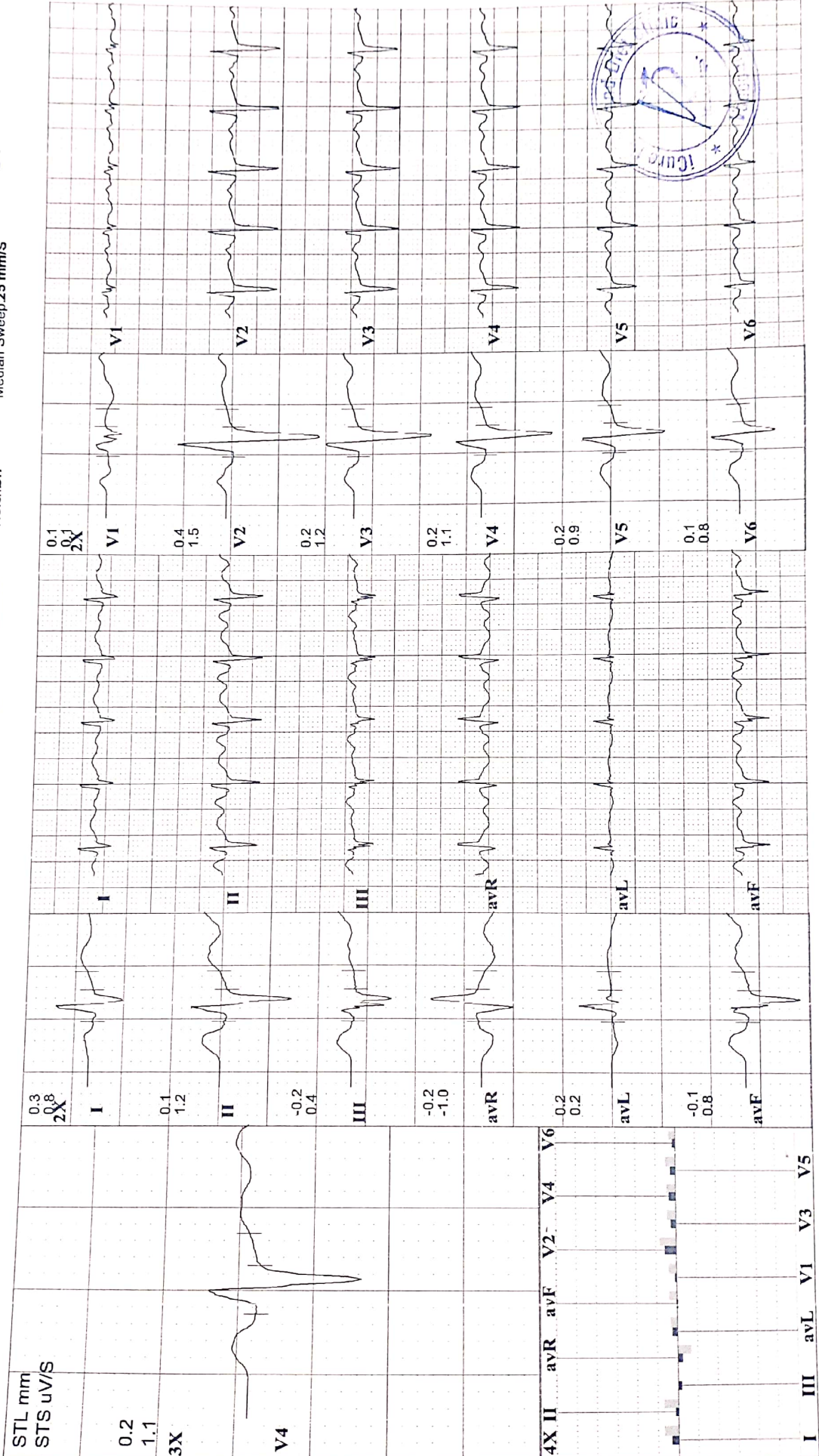
Target Hr: 64 % of 190

Filter: 0.1 - 100 Hz

Gain: 10 mm/mV

Linked Medians

S1





799
30 Yrs/ M
RITU PAUL
Kg / Ht- cms

Date: 11-12-2021 Time: 02:05 PM
Post J: 65 ms

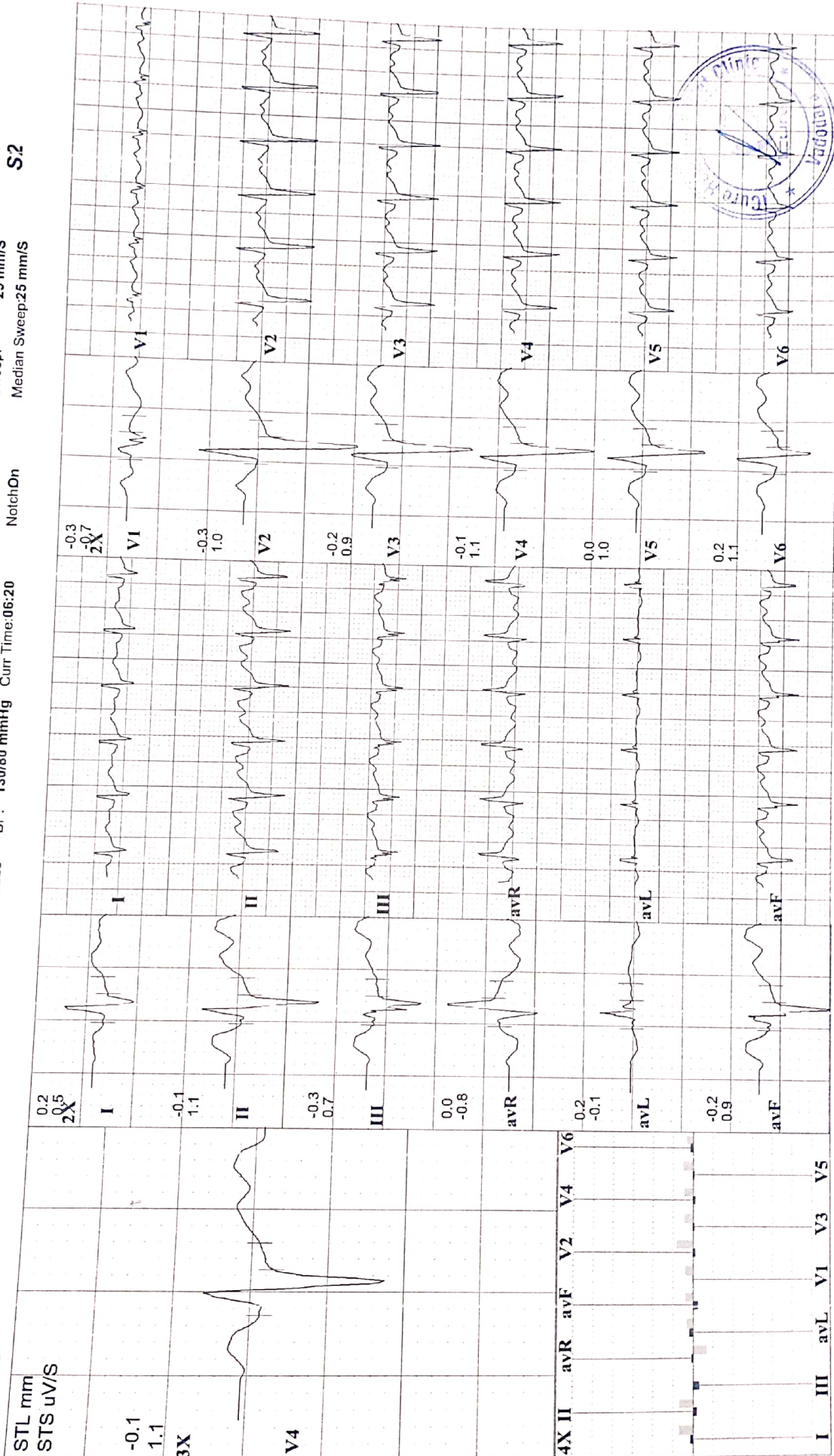
Ref.No.:

Speed: 4 kmh Hr: 137
Grade: 12 % Mets: 6.9
Protocol: Bruce BP: 130/80 mmHg Curr Time: 06:20

Target Hr: 72 % of 190 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Ex Time: 05:54 BLC: On Sweep: 25 mm/s
Median Sweep: 25 mm/s

Linked Medians
S2

T04ST 3 00





799

RITU PAUL

Kg / Ht- cms

Ref.No.:

Date: 11-12-2021 Time: 02:05 PM

Post J: 61 mS

Speed: 5.4 kmh Hr: 160

Grade: 14 % Mets: 9.5

Protocol: Bruce BP: 140/90 mmHg Cur Time: 08:52

Filter: 0.1 - 100 Hz Gain: 10 mm/mV

Sweep: 25 mm/S

Median Sweep: 25 mm/S

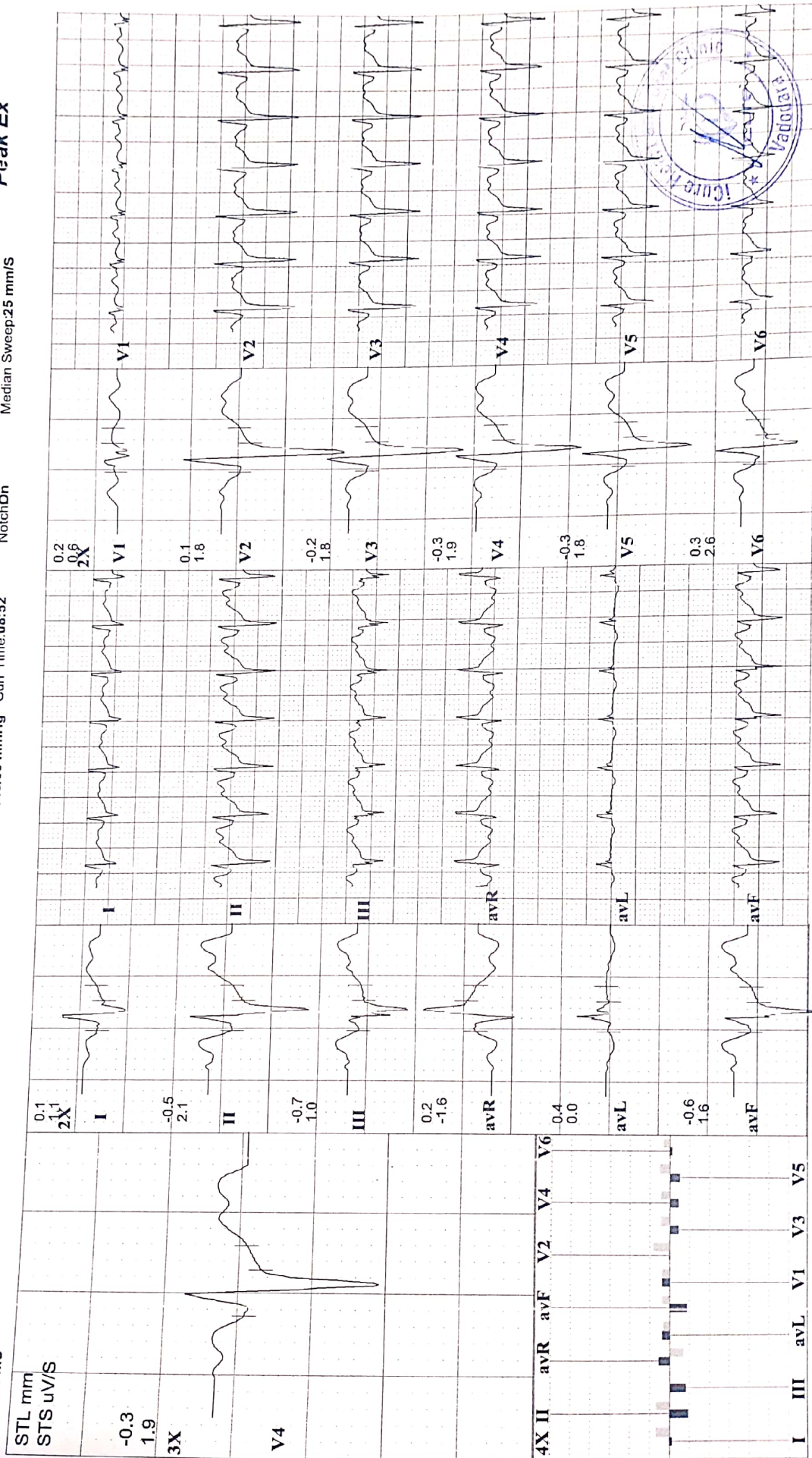
Linked Medians

Peak Ex

402 , Epsilon Tower, Race Course Road, Vadodara

iCure Heart Care

TrueST 3.00





iCure Heart Care

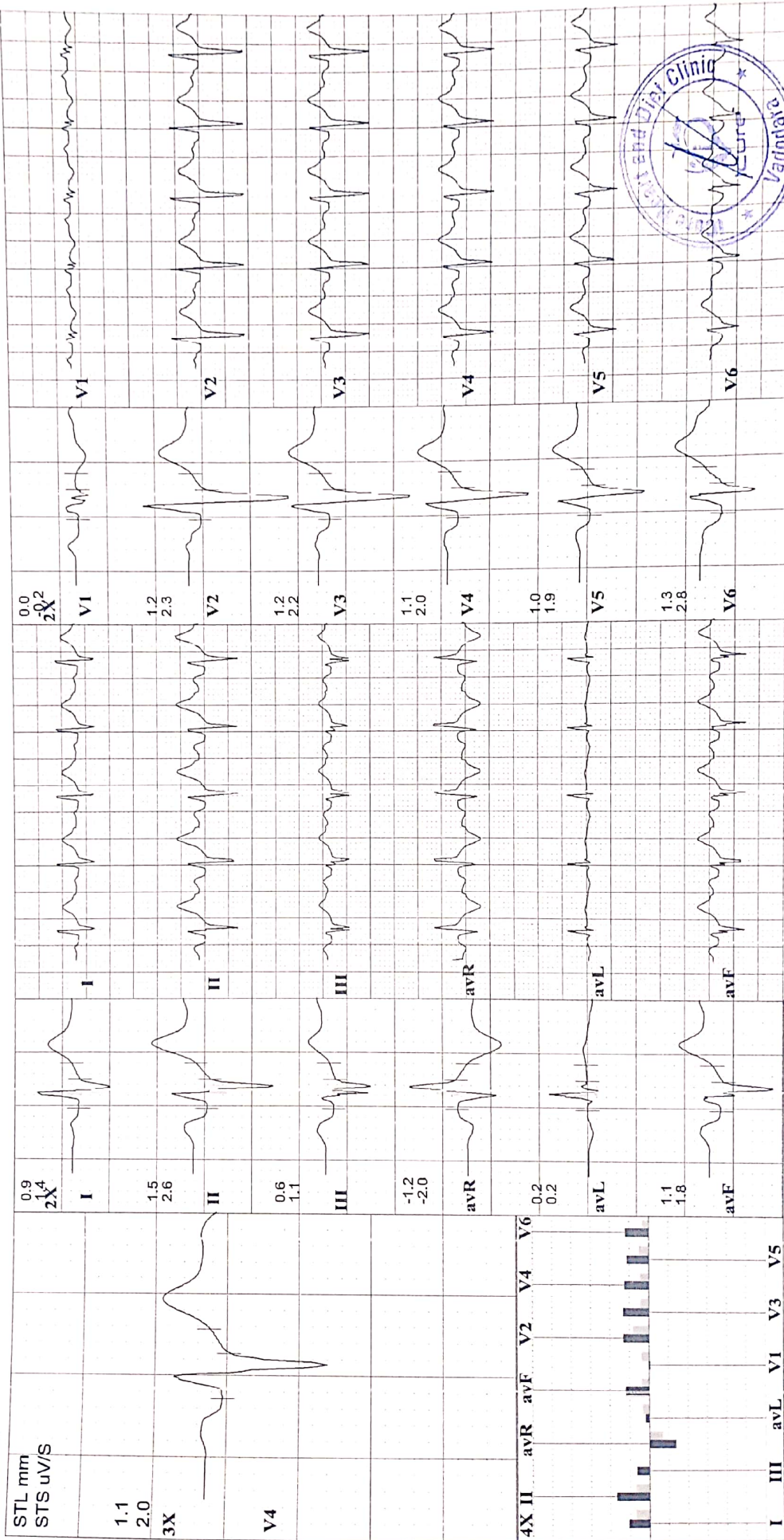
402, Epsilon Tower, Race Course Road, Vadodara

799 **RITU PAUL**
30 Yrs/M Kg / Ht- cms Ref.No.:
Date: 11-12-2021 Time: 02:05 PM

Speed: --- km/h Hr: 118 Target Hr: 62 % of 190 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: --- % Mets: 1 Ex Time: 08:26 BLC: On Sweep: 25 mm/S
Protocol: Bruce BP: 140/90 mmHg Curr Time: 10:52 NotchOn Median Sweep: 25 mm/S

Linked Medians
Post Ex 1

Post J: 60 ms





iCure Heart Care

402 Epsilon Tower, Race Course Road, Vadodra

799 RITU PAUL

30 Yrs/ M Kg / Ht- cms

Date: 11-12-2021 Time: 02:05 PM

Post J: 66 ms

Ref.No.:

Speed: --- km/h Hr: 102

Grade: --- % Met/s: 1

Protocol: Bruce BP: 130/90 mmHg Curr Time: 12:58

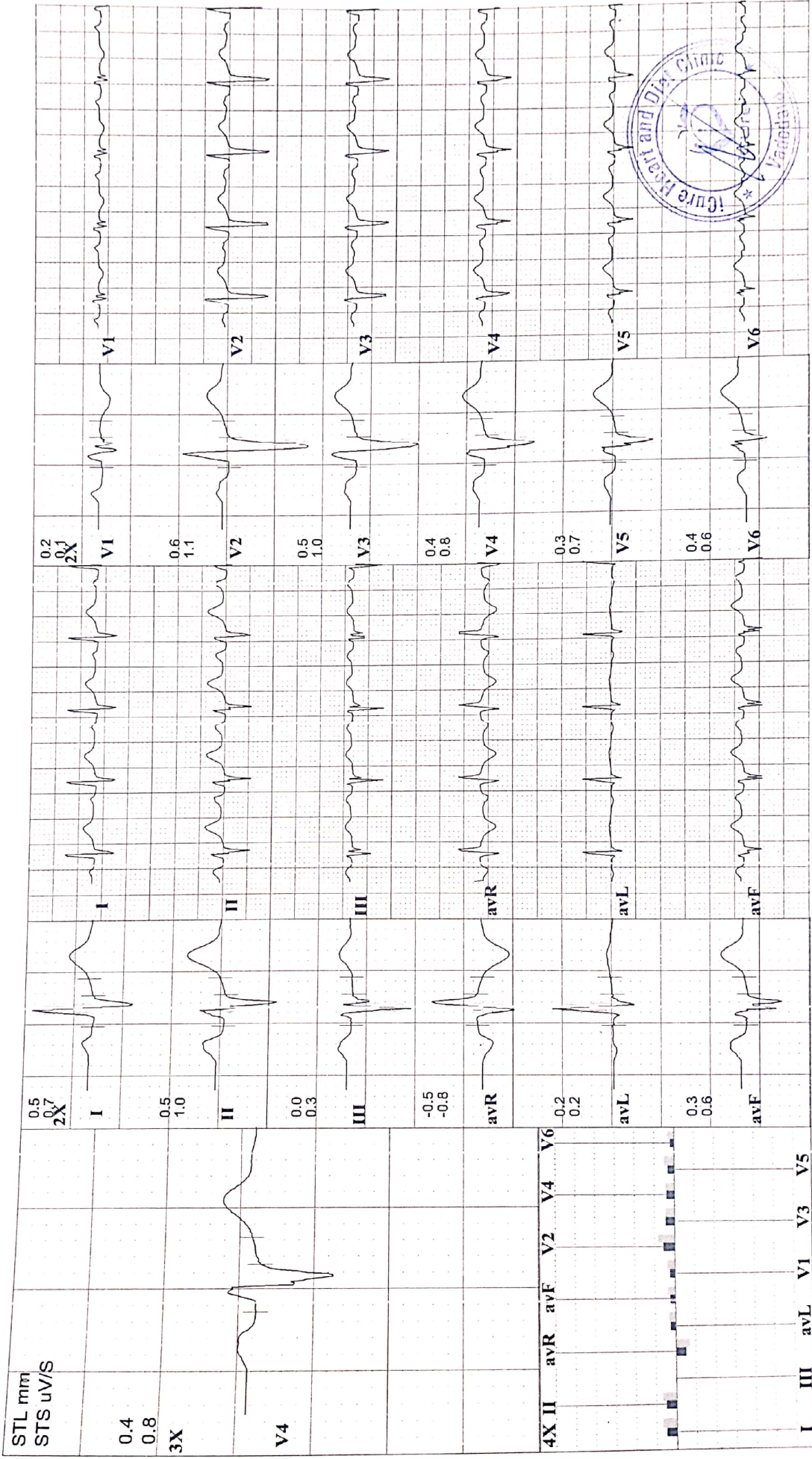
Target Hr: 53 % of 190

Filter: 0.1 - 100 Hz

Gain: 10 mm/mV

Linked Medians

Post Ex 2





iCure Heart Care

402, Epsilon Tower, Race Course Road, Vadodara

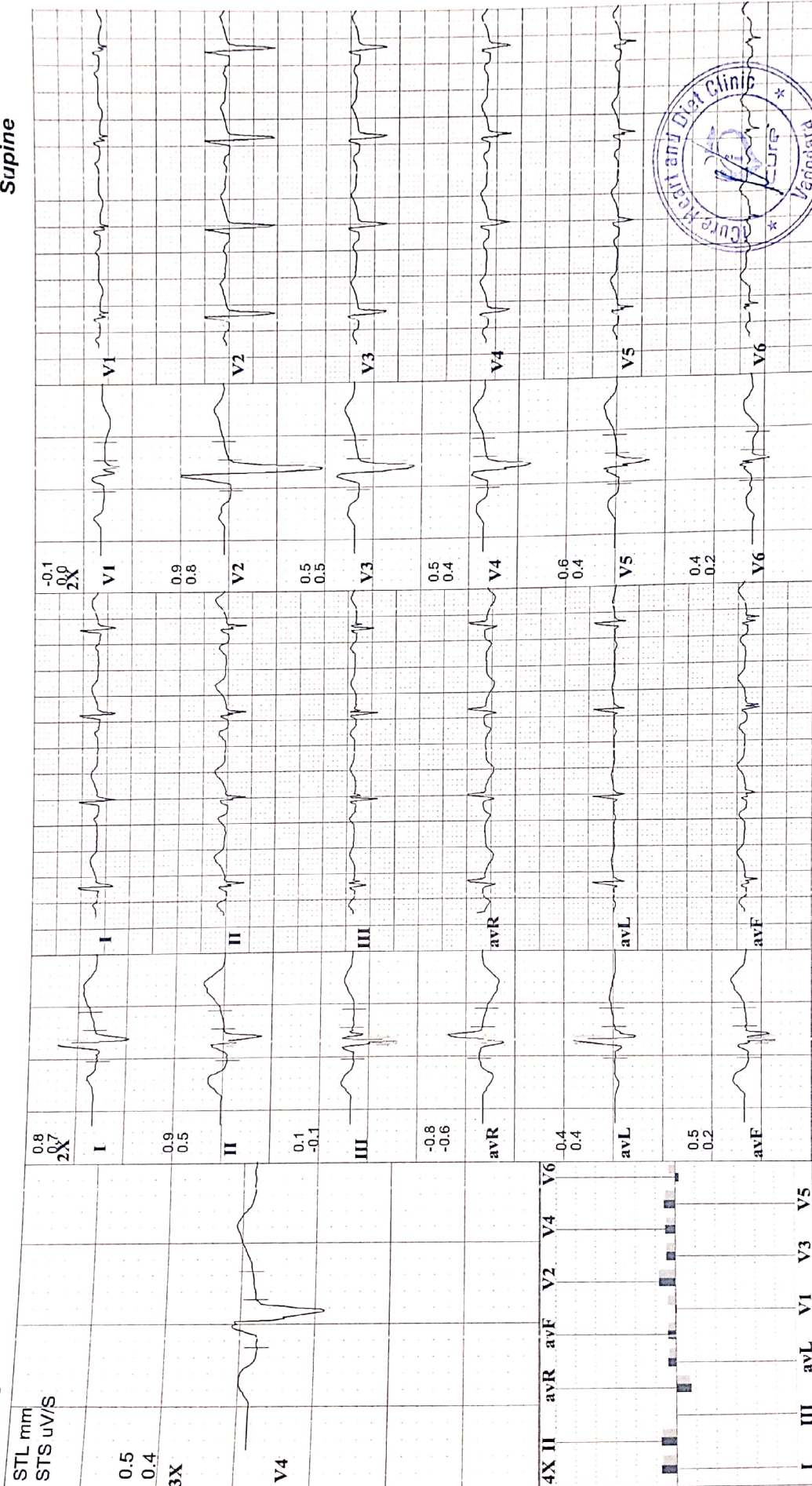
799
30 Yrs/ M
Date: 11-12-2021 Time: 02:05 PM
Post J: 70 mS

RITU PAUL
Kg / Ht- cms
Date: 11-12-2021 Time: 02:05 PM
Ref.No.:

Speed: --- km/h Hr: 91
Grade: --- % Mets: 1
Protocol: Bruce BP: 120/80 mmHg Curr Time: 00:11

Target Hr: 47 % of 190
Ex Time: --- min:sec
Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Sweep: 25 mm/S
Median Sweep: 25 mm/S

Linked Medians
Pre Ex
Supine





iCure Heart Care

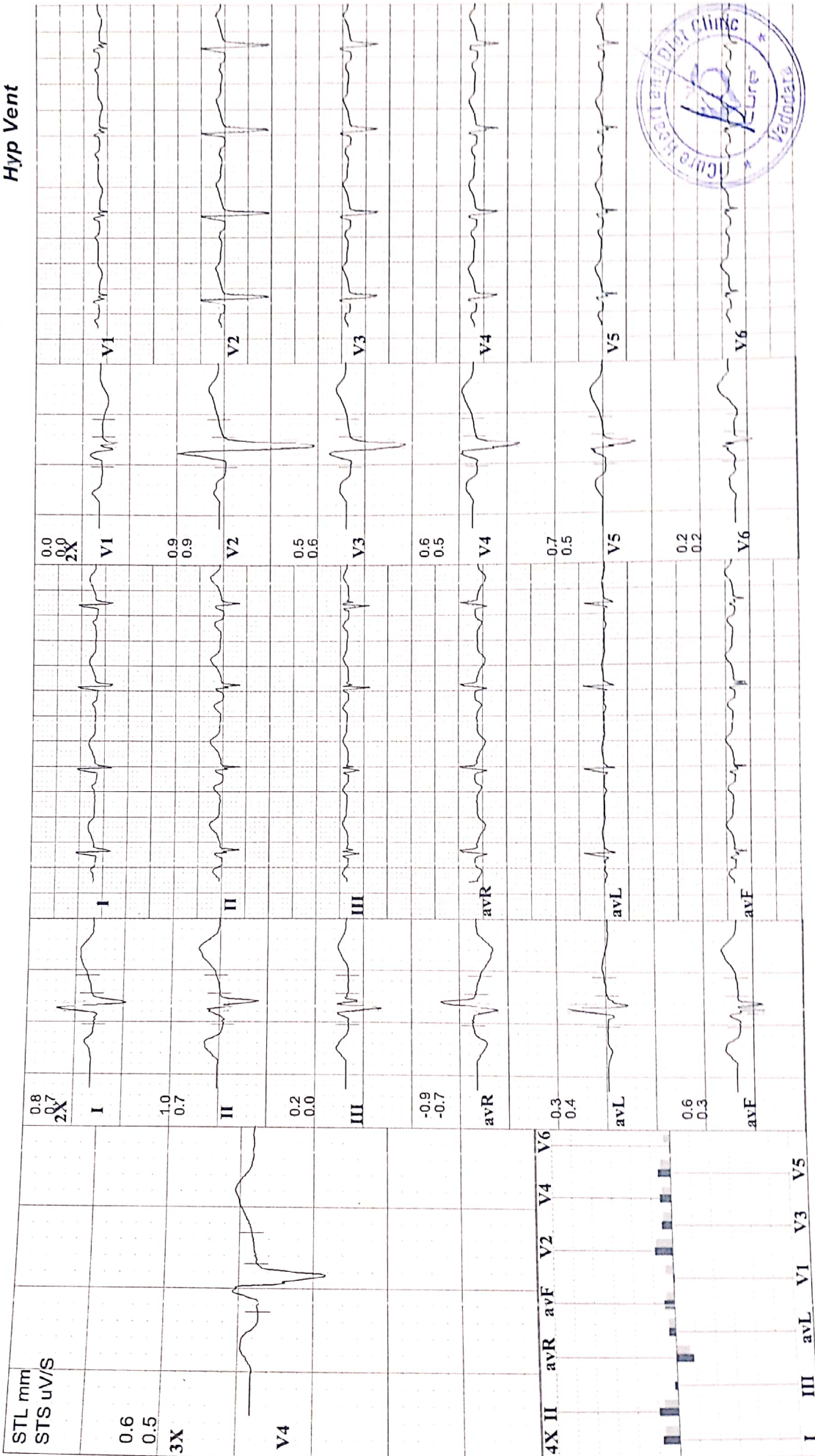
402, Epsilon Tower, Race Course Road, Vadodara

799
 30 Yrs/ M
 Date: 11-12-2021 Time: 02:05 PM
 Post J: 74 mS

RITU PAUL
 Kg / Ht- cms
 Ref.No.:

Speed: --- km/h Hr: 95
 Grade: --- % Mets: 1
 Protocol: Bruce BP: 120/80 mmHg Curr Time: 00:14 NotchOn

Target Hr: 50 % of 190
 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
 Ex Time: --- min:sec BLC: On Sweep: 25 mm/s
 Median Sweep: 25 mm/s



iCure Heart Care

402, Epsilon Tower, Race Course Road, Vadodara

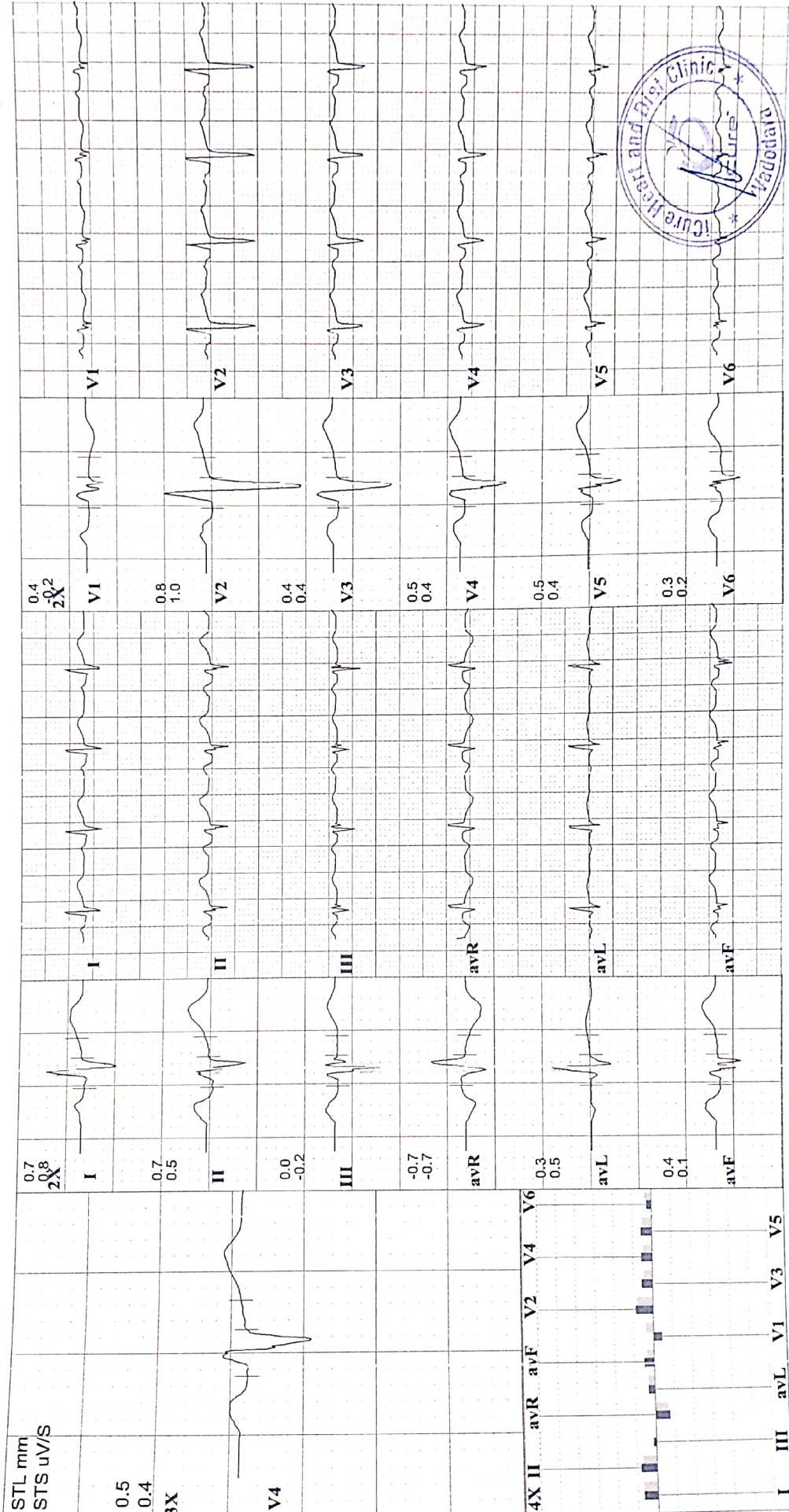



799
30 Yrs/M
Date: 11-12-2021 Time: 02:05 PM
Post J: 74 mS

RITU PAUL
Kg / Ht-
Date: 11-12-2021 Time: 02:05 PM
Ref.No.:
cms

Speed: --- km/h Hr: 100 Target Hr: 52 % of 190 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: --- % Meis: 1 Ex Time: --- min:sec BLC: On Sweep: 25 mm/S
Protocol: Bruce BP: 120/80 mmHg Curr Time: 00:26 Median Sweep: 25 mm/S

Linked Medians
Pre Ex
Standing



 iCure™
Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

NAME : RITU PAUL	AGE : 30 Y/M	DATE : 11/12/2021
------------------	--------------	-------------------

X RAY CHEST (PA)

OBSERVATIONS:

Both the lung fields and apices appear clear.

Both the hilar shadow appears normal.

Cardiac silhouette appears normal.

Both the costophrenic sinuses are clear.

Mediastinal and tracheal shadows are normal.

Both the domes of diaphragm are normal.

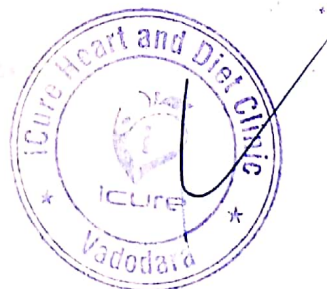
Visualized rib cage and clavicle are normal.

COMMENTS:

- **No significant abnormality is seen.**

Mehul Prajapati

**DR. MEHUL PRAJAPATI
CONSULTANT RADIOLOGIST**




Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

NAME : RITU PAUL	AGE: 30 Y/M	DATE : 11/12/2021
------------------	-------------	-------------------

ULTRASOUND WHOLE ABDOMEN
(Screening Only)

Liver is normal in size and shows normal parenchymal reflectivity. No focal lesion is seen. Hepatic veins appear normal. There is no evidence of any dilated intra hepatic biliary radicals.

Portal Vein appears normal in diameter. **Common Bile Duct** is of normal diameter.

Gallbladder is distended with normal wall thickness. There is no evidence of gallstones. No evidence of peri-cholecystic fluid or probe tenderness.

Pancreas is normal in size and shows homogenous reflectivity. There is no evidence of any calcification or ductal dilatation.

Spleen is normal size and shows a homogenous echotexture. There is no evidence of any focal lesion.

Both Kidneys are normal in position and size. They show normal cortical reflectivity and cortico-medullary distinction. Right kidney measures 102x46mm. Left kidney measures 100x53mm. There is no evidence of renal calculi, hydronephrosis or mass seen.

Bladder is well distended and shows normal wall thickness. No evidence of intra-luminal mass or calculi.

Prostate gland is normal in size. It has smooth outlines and normal reflectivity.

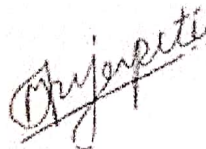
There is no evidence of ascites.

No evidence of any gross bowel mass seen.

No evidence of any aorto-caval or mesenteric root lymphadenopathy.

Appendix cannot be imaged. No mass or collection in right iliac fossa.

CONCLUSION: No sonographic abnormality is seen.



DR. MEHUL PRAJAPATI
CONSULTANT RADIOLOGIST





J K V LABORATORY



Name : RITU PAUL
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 30 Yrs./M
Date : 11/12/2021
Report ID. : 2

HAEMOGRAM PROFILE

<u>TEST</u>	<u>RESULT</u>
Blood Group	: " A "
Rh Factor (Anti D.)	: " POSITIVE "

BIOCHEMISTRY

FASTING (FBS)

Blood Glucose : 77.0 mg/dL 70 - 110 mg/dL

POST-PRANDIAL

Blood Glucose : 109.0 mg/dL 80 - 140 mg/dL

Done By Fully Auto Analyzer MIURA, A-1004

EXAMINATION OF URINE

Sample : FASTING

PHYSICAL EXAMINATION

Quantity	: 10 mL
Colour	: YELLOW
Transparency	: CLEAR
Specific Gravity	: 1.030
Reaction	: ACIDIC
Deposits	: ABSENT

CHEMICAL EXAMINATION

Albumin	: NIL
Sugar	: NIL
Acetone	: ABSENT
Bile Salts	: ABSENT
Bile Pigments	: ABSENT
Urobilinogen	: NORMAL : ~ < 1.0 mg/dL
Occult Blood	: ABSENT
Nitrate	: ABSENT

MICROSCOPIC EXAMINATION

Pus Cells	: 0-1 / hpf
RBC	: NIL
Epithelial Cells	: NIL
Crystals	: NIL
Amorphous Phosphate	: NIL
Cast	: NIL



DR JIGAR SHAH (G23327)
M.D. Pathologist

Time : 7 a.m. to 9.00 p.m. • Emergency 24 Hrs.

FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022

☎ 8320343731 / 9601969303 ✉ jkvlaboratory2021@gmail.com

Test Report are subject to technical limitations & should be clinically correlated. Laboratory may be contacted whenever required.



J K V LABORATORY

FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.
8320343731 / 9601969303M jkvlaboratory2021@gmail.com



Patient's Name : RITU PAUL
Referred by : I Cure Heart & Diet Clinic
Date : 11/12/2021 19:40

Ref. No. : 6320
Age : 30 Years
Sex : Male

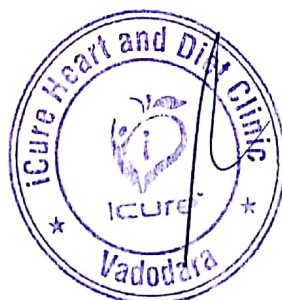
LIPID PROFILE

Test Name	Result	Units	Biological Reference Interval
Cholesterol :	118.9	mg/dl	Desirable level/low risk : < 200 Borderline level/moderate risk : 200-250 Elevated level/ high risk : > 250
Triglyceride :	91.0	mg/dl	Normal : <150 Borderline high :150-200 High : > 200
HDL Cholesterol :	50.7	mg/dl	Desirable level/low risk : >60 Borderline level/moderate risk : 35-60 Elevated level/ high risk : <35
LDL Cholesterol :	50	mg/dl	Desirable level/low risk : <130 Borderline level/moderate risk : 130-159 Elevated level/ high risk : >159
VLDL :	18.2	mg/dl	Upto 34
Chol./HDL Ratio :	2.3		
LDL/HDL Ratio :	1		Desirable level/low risk : 0.5-3.0 Borderline level/moderate risk : 3.0-6.0 Elevated level/ high risk : >6.0
Total Lipids :	528.8	mg/dl	400 - 1000

DR K K PATEL

MD (G-20476)

CONSULTANT PATHOLOGIST





J K V LABORATORY

FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.
8320343731 / 9601969303M jkvlaboratory2021@gmail.com



Patient's Name : RITU PAUL
Referred by : I Cure Heart & Diet Clinic
Date : 11/12/2021 19:40

Ref. No. : 6320
Age : 30 Years
Sex : Male

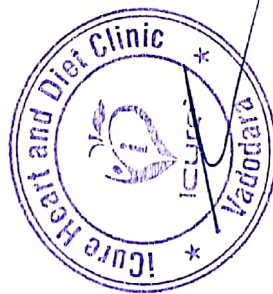
LIVER FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
S.G.P.T. (ALT) :	18.4	U/L	30- 65
S.G.O.T. (AST) :	16.4	IU/L	[Female: 0 - 31] [Male: 0 - 35]
S. Alkaline Phosphatase :	58	IU/L	[upto 15 yrs Female 50-162] [>20 yrs Female 42 - 141] [>20 yrs Male 53 - 119]
S. Bilirubin (Total) :	0.45	mg/dl	[0.1 to 1.2]
S. Bilirubin (Direct) :	0.10	mg/dl	[0.0 to 0.3]
S. Bilirubin (Indirect) :	0.35	mg/dl	[0.0 to 0.9]
S. Proteins: (Total) :	6.90	gm/dl	[6.6 to 8.8]
S. Albumin :	4.18	gm/dl	[3.5 to 5.2]
S. Globulin :	2.72	gm/dl	[2.5 to 3.0]
A/G Ratio :	1.5		
G.G.T. : (Gamma-Glutamyl Transferase)	29.8	IU/L	[8 to 78]

DR K K PATEL

MD (G-20476)

CONSULTANT PATHOLOGIST





J K V LABORATORY

FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.
8320343731 / 9601969303M jkvlaboratory2021@gmail.com



Patient's Name : RITU PAUL
Referred by : I Cure Heart & Diet Clinic
Date : 11/12/2021 19:40
Ref. No. : 6320
Age : 30 Years
Sex : Male

THYROID FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
Serum T3 :	0.97	ng/ml	[0.60 - 1.81]
Serum T4 :	5.00	µg/dl	[4.50 - 10.90]
Serum TSH : (CHEMILUMINESCENCE)	2.897	µIU/ml	[0.55 - 4.78]

Thyroid stimulating hormone (TSH) is synthesized and secreted by the anterior pituitary in response to a negative feedback mechanism involving concentrations of FT3 (free T3) and FT4 (free T4). Additionally, the hypothalamic tripeptide, thyrotropin-releasing hormone (TRH), directly stimulates TSH production. TSH stimulates thyroid cell production and hypertrophy, also stimulate the thyroid gland to synthesize and secrete T3 and T4. Quantification of TSH is significant to differentiate primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism. In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.

TSH levels During Pregnancy :

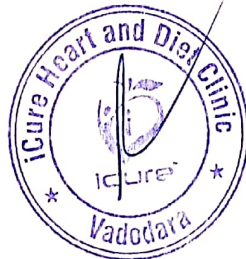
- First Trimester : 0.1 to 2.5 µIU/mL
- Second Trimester : 0.2 to 3.0 µIU/mL
- Third trimester : 0.3 to 3.0 µIU/mL

Reference : Carl A.Burtis,Edward R.Ashwood,David E.Bruns. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics. 5th Edition. Philadelphia: WB Saunders,2012:2170

DR K K PATEL

MD (G-20476)

CONSULTANT PATHOLOGIST





J K V LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.
8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name : RITU PAUL
Referred by : I Cure Heart & Diet Clinic
Date : 11/12/2021 19:40

Ref. No. : 6320
Age : 30 Years
Sex : Male

BIOCHEMICAL TESTS

Test Name	Result	Units	Biological Reference Interval
Uric Acid :	3.57	mg/dl	3.4 - 7.0

DR K K PATEL

MD (G-20476)

CONSULTANT PATHOLOGIST





J K V LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.
8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name : RITU PAUL
Referred by : I Cure Heart & Diet Clinic
Date : 11/12/2021 19:40

Ref. No. : 6320
Age : 30 Years
Sex : Male

RENAL FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
Blood Urea :	13.5	mg/dl	[12.6 to 42.6]
Blood Urea Nitrogen :	5.93	mg/dl	[8 to 23]
Serum Creatinine :	0.49	mg/dl	[Male : 0.6 to 1.1] [Female : 0.5 to 0.9]

DR K K PATEL

MD (G-20476)

CONSULTANT PATHOLOGIST

