

Dr. Animesh Choudhary

MD (Internal Medicine), FCC, FAGE

Ex Physician - AIIMS, New Delhi, Fortis Escorts Raipur

Reg. No. CGMC 3583/2011

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Mrs. Shikha Das
53y/f

23/03/21

BP - 130/80
P - 90/min
CBC - 11.4/6.54/150/30
FBS - 92, RBS - 170
HbA1c - 6.2
est. - 0.80
- lipid - 175/125/41/109
- ft - 32/28
TSH - 1.48

Low Hypothyroid (T4 62.5 m)
DM II
Healed

- cab Thyrox 62.5 m on
- cab Lisinpride 5mg before BF
- cab aspirin x1 tablet
after dinner x 1 month



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Apollo Clinic, Raipur

23 March 2022

Mrs. Shikha Das 53F
P3 (All over Ds)

menopausal for
last 4yrs

w/o Diabetes & Hypothyroidism (last 4-5yrs)
- type 1

Positive Redgl.
PPBS - 170 mg/dl (↑)
HbA1c 6.2%
T8H = 1.48.

B/M - Soft
Non-tender

B/S - } Irregular
B/V - } for examination
PAP smear

PAP smear

At 803

Counseling done.



AS

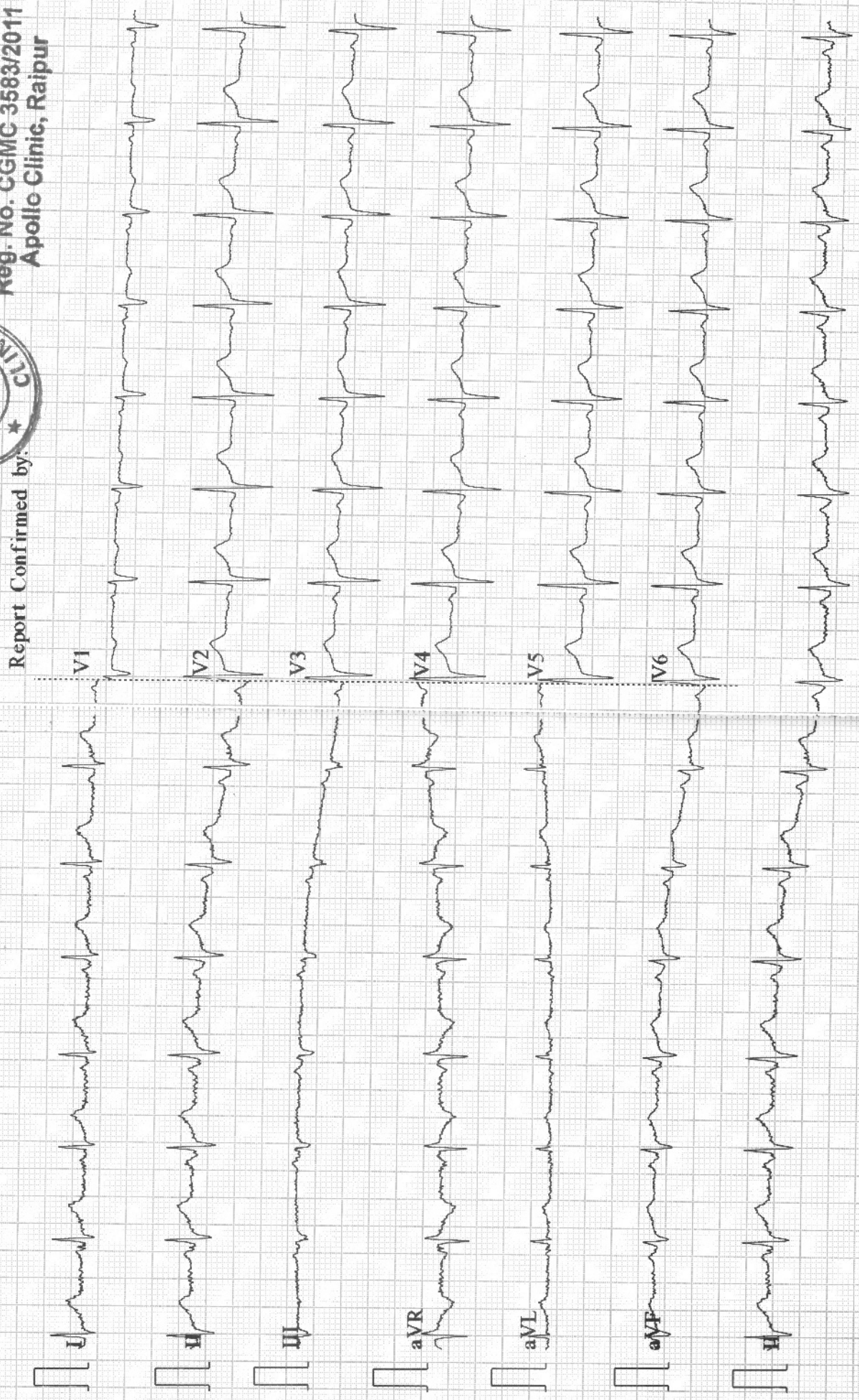
MRS SHIKHA DAS
Female 53Years

HR : 85 bpm
P : 96 ms
PR : 124 ms
QRS : 82 ms
QT/QTc : 370/440 ms
P/QRS/T : 63/10/38 °
RV5/SV1 : 0.81/0.361 mV

Diagnosis Information:
Sinus rhythm
Possible sequence error: V2, V3 omitted
Normal ECG



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OP CASE SHEET

MRNO : FRAI.0000022145
 Patient Name : Mrs. SHIKHA DAS
 Sex / Age : Female / 53 Y
 Address : RAIPUR

Date : 22-03-2022
 Department : General
 Consultant :
 Mobile No : +919100000000

Pulse :	B.P : 130/90	Resp :	Temp :
Weight : 64 kgo	Height :	BMI :	Waist Circum :

Chief Complaints :

Routine ENT checkup.
 c/o Itching eyes (R) since.

Past History :

General and Systemic Examination :

Ears : BIL TM intact
 Nose
 Throat } NAD.

Diagnosis and Final Impression :

Treatment, Recommendation and Investigations :

• T-bact ointment x ①.
 (Sor).

Follow Up :



Doctor Signature With Date :

Devika

Patient Name : Mrs. SHIKHA DAS
 UHID/MR No. : FRAI.0000022145
 Visit Date : 22-03-2022 13:52
 Sample Collected on : 22-03-2022 14:08
 Ref Doctor : Bank of Baroda

Age / Gender : 53Y/Female
 OP Visit No : FRAIOPV40080
 Reported on : 23-03-2022 12:39
 Specimen : Whole Blood (Edta)
 Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
HAEMOGRAM			
Hb(Haemoglobin) Method: CELL COUNTER	11.4*	12.0 - 15.0	gm%
RBC Count Method: CELL COUNTER	3.83	3.5 - 5.5	million/ cumm
PCV / Haematocrit Method: CELL COUNTER	35.7*	37 - 50	%
MCV Method: CELL COUNTER	93.4	76 - 96	fl
MCH Method: CELL COUNTER	29.8	27 - 32	pg
MCHC Method: CELL COUNTER	31.9	31 - 35	gm/dl
RDW Method: CELL COUNTER	14.6	12 - 15.1	%
Total Leukocyte Count Method: CELL COUNTER	6.54	4 - 11	thous/ cumm
Neutrophil Method: CELL COUNTER	65	40 - 75	%
Lymphocyte Method: CELL COUNTER	30	20 - 40	%
Eosinophil Method: CELL COUNTER	01	1 - 6	%
Monocyte Method: CELL COUNTER	04	2 - 8	%
Basophil Method: CELL COUNTER	00	0 - 1	%
Platelet Count Method: CELL COUNTER	150	150 - 450	lacs/cumm
E S R Method: Westergren's Method	30*	00 - 20	mm/hr

End of the report

Results are to be correlated clinically

*THIS PAPER IS USED FOR CLINICAL REPORTING PURPOSE ONLY


Apollo Clinic

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 Dr. PRIYANKA R. SAHA
 M.B.B.S., MD
 0771 4033341/42

Patient Name : Mrs. SHIKHA DAS
UHID/MR No. : FRAI.0000022145
Visit Date : 22-03-2022 13:52
Sample Collected on : 22-03-2022 14:08
Ref Doctor : Bank of Baroda

Age / Gender : 53Y/Female
OP Visit No : FRAIOPV40080
Reported on : 23-03-2022 12:39
Specimen : EDTA Blood
Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
BLOOD GROUP AND RH TYPE			
BLOOD GROUP Method: Slide Test	B		
RH:	Positive		
TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - (FASTING)			
GLUCOSE - (FASTING) Method: REAGENT GRADE WATER	92.0	60 - 120	mg/dl
GLUCOSE - (POST PRANDIAL)			
GLUCOSE - (POST PRANDIAL) Method: REAGENT GRADE WATER	170.0*	70 - 140	mg/dl
KFT - RENAL PROFILE-SERUM			
BUN : Method: Spectrophotometric	09	7 - 20	mg/dL
Creatinine . Method: Jaffe	0.80	0.6 - 1.2	mg/dL
Uric Acid Method: Enzymatic	4.1	2.6 - 7.2	mg/dL
GLYCOSYLATED HEMOGLOBIN (HBA1C)			
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD.. Method: TURBIDOMETRY	6.2*	Non-diabetic: <= 5.6 Pre-diabetic: 5.7 - 6.4 Diabetic: >= 6.5	%

End of the report

Results are to be correlated clinically

Lab Technician / Technologist
RITU_JANGDE



Dr. PRIYANKA R SAHAI
M.B.B.S, MD
PATHOLOGIST



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OP Visit No : FRAIOPV40080
Reported on : 23-03-2022 12:39
Specimen : Serum
Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
LIPID PROFILE TEST (PACKAGE)			
Total Cholesterol Method: Spectrophotometric	175.0	00 - 200	mg/dl
Triglyceride Method: Spectrophotometric	125.0	60 - 150	mg/dl
HDL Method: Spectrophotometric	41.0	35 - 60	mg/dl
LDL Method: Spectrophotometric	109.0	60 - 130	mg/dl
VLDL Method: Spectrophotometric	25.0	10 - 50	mg/dl
Cholesterol/HDL Method: Spectrophotometric	4.26		

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Age / Gender : 53Y/Female
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Specimen : Serum
Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
LIVER FUNCTION TEST (PACKAGE)			
TOTAL BILIRUBIN (DPD) Method: Enzymatic	0.8	0.1 - 1.2	mg/dl
DIRECT BILIRUBIN (DPD) Method: Spectrophotometric	0.2	0.05 - 0.3	mg/dl
INDIRECT BILLIRUBIN Method: Spectrophotometric	0.6	0.1 - 1.0	mg/dl
SGPT/ALT (IFCC) Method: Enzymatic	32	6 - 40	U/L
SGOT/AST (IFCC) Method: Enzymatic	28	6 - 32	U/L
S.ALKALINE PHOSPHATASE Method: ENZYME DILUENT	94	25 - 147	U/L
TOTAL PROTEIN (BIURET) Method: Spectrophotometric	7.3	6 - 8	g/dl
ALBUMIN (BCG) Method: Spectrophotometric	4.0	3.5 - 5.0	g/dl
S.GLOBULIN Method: Spectrophotometric	3.3	1.5 - 3.6	g/dl
S.A/G RATIO Method: Spectrophotometric	1.21		

End of the report

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Age / Gender : 53Y/Female
OP Visit No : FRAIOPV40080
Reported on : 23-03-2022 12:39
Specimen : Serum(Spl)
Pres Doctor: :


DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
THYROID PROFILE - I(T3,T4 AND TSH)			
T3: Method: CLIA	0.87	0.60 - 1.81	ng/ml
T4: Method: CLIA	9.67	5.01 - 12.45	ug/dl
TSH: Method: CLIA	1.48	0.35 - 5.5	uIU/ml

End of the report

Results are to be correlated clinically

Lab Technician / Technologist
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M.B.B.S, MD
PATHOLOGIST

Patient Name : Mrs. SHIKHA DAS
UHID/MR No. : FRAI.0000022145
Visit Date : 22-03-2022 13:52
Sample Collected on : 22-03-2022 14:08
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Age / Gender : 53Y/Female
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Reported on : 23-03-2022 12:39
Specimen : Urine
Pres Doctor :

DEPARTMENT OF LABORATORY MEDICINE

URINE ROUTINE EXAMINATION

Test	Result	Bio. Ref. Interval
PHYSICAL EXAMINATION:		
Volume of urine	40 ml	
Colour	Pale Yellow	
Specific Gravity	1.010	1.001 - 1.030
Deposit	Absent	Absent
Appearance	Clear	Clear
pH	7.0	5.0 - 7.5
CHEMICAL EXAMINATION:		
Protein	Absent	Absent
Sugar	Absent	Absent
Ketone Bodies	Absent	Absent
Blood	Absent	Absent
Leukocytes	Absent	Absent
Urobilinogen	Absent	Absent
Bili Pigments	Absent	Absent
MICROSCOPIC EXAMINATION:		
Pus Cell	2 - 4	0 - 5 / hpf
Red Blood Cells	1 - 2	0 - 2 / hpf
Epithelial Cells	Occasional	0 - 5 / hpf
Cast	Not Seen	Not seen
Crystals	Not Seen	Not seen

End of the report

Results are to be correlated clinically

Lab Technician / Technologist
RITU_JANGDE



Dr. PRIYANKA R SAHAI
M.B.B.S, MD
PATHOLOGIST



ECHOCARDIOGRAPHY REPORT

NAME : MRS.SHIKHA DAS	Age/Sex: 53Yrs/Female	ECG : Sinus Rhythm
OPD/ IPD : OPD	STUDY DATE: 23/03/2022	REGN. NO. : FRAI.0000022145
Ref.By Dr : SELF		

M-Mode Measurements:-

	Patient Value (cm)	Normal Value (cm)		Patient Value (cm)	Normal Value (cm)
AorticRoot Diameter	3.2	2.0 – 3.7	IVS Thickness	ED = 1.1	0.6 – 1.1
AorticValve Opening	1.8	1.5 – 2.6	PW Thickness	ED = 1.1	0.6 – 1.1
LA Dimension	2.8	1.9 – 4.0	RA Dimension	---	2.6
LVID(D)	4.2	3.7 – 5.5	RV Dimension	---	2.6
LVID(s)	2.5	2.2 – 4.0	TAPSE	----	1.6 – 2.6
LV EJECTION FRACTION	> 60%		(NORMAL VALUE: 55 – 60%)		

2D Echo, Color Flow & Doppler Assessment.

- Left Ventricle** : LV Size & contractility is Normal, NO RWMA, Calculated EF IS > 60%
- Left Atrium** : LA Size Is Normal
- Right Ventricle** : Normal
- Right Atrium** : Normal
- IAS/IVS** : Intact
- Pericardium** : Normal, there is no Pericardial Effusion.
- Mitral Valve** : E<A , Normal
- Tricuspid Valve** : TRACE TR
- Aortic Valve** : Normal
- Pulmonary Valve** : Pulmonary valve appears normal in morphology.
- Systemic venous** : IVC normal in size with normal Inspiratory collapse.
- Diastolic Function** : LV DIASTOLIC DYSFUNCTION GRADE-I.

FINAL IMPRESSION : NO RWMA AT REST.
NORMAL LV SYSTOLIC FUNCTION.
TRACE TRICUSPID REGURGITATION.
LV DIASTOLIC DYSFUNCTION GRADE-I
NO I/C CLOT VEGITATION OR PERICARDIAL EFFUSION.



EXAMINATION OF EYES :- (BY OPHTHALMOLOGIST)

Patient Name Mrs Shikha Das

Date 28/3/22

Sex/Age 53Y/F

MR No

Employee Id

EXTERNAL EXAMINATION				
SQUINT				
NYSTAGMUS				
COLOUR VISION				
FUNDUS:(RE):- <u>WNL</u> (LE):- <u>WNL</u>				
INDIVIDUAL COLOUR IDENTIFICATION				
DISTANT VISION:(RE):- <u>6/18 e 6/6</u> (LE):- <u>6/18 e 6/6</u>				
NEAR VISION:(RE):- <u>2/36 e 6/6</u> (LE):- <u>2/36 e 6/6</u>				
NIGHT BLINDNESS				
	SPH	CYL	AXIS	ADD
RIGHT	+1.0			+2.25
LEFT	+1.0			+2.25
REMARKS :-				



Dr. Vikas Mishra
MBBS, MS(Ophth)
Reg. No. CGMC 624/2006

PATIENT NAME: MRS. SHIKHA DAS
REF BY: SELF

AGE / SEX: 53YRS/F
DATE: 22 /03 /2022

USG ABDOMEN

Liver: Liver is normal in size smooth in outline & raised echotexture. IHBR's are not dilated. CBD is not dilated. Portal vein and hepatic veins are normal.

Gall bladder: Distended and normal.

Pancreas & Paraaortic Region: Normal.

Spleen: Is normal in size, and echotexture.

Kidneys	RIGHT	LEFT
SIZE	10.60X3.80Cm	10.00X4.60 Cm
CORTICAL ECHOGENICITY	Normal	Normal
CORTICOMEDULLARY DIFFERENTIATION	Maintained	Maintained
PCS	Not Dilated	Not Dilated
Any other remarks	Nil	Nil

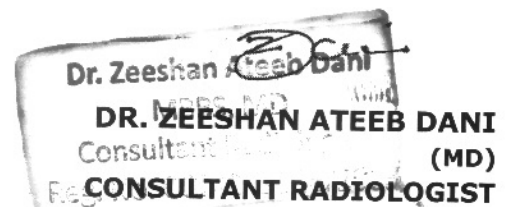
Urinary bladder: Distended & normal.

Uterus is normal in size (4.6X3.7X4.3 cm, Vol. -38cc) and echotexture. Endometrial thickness 4mm.
Bilateral Adnexa Normal
No evidence of free fluid in abdomen or pelvis.

IMPRESSION:

- FATTY LIVER GRADE-I.

Advised clinical correlation/further evaluation if clinically indicated.



This report is for perusal of the doctor only not the definitive diagnosis; findings have to be clinically correlated. Ultrasound has its limitations in obese patients and in retroperitoneal organs. All congenital abnormalities cannot be detected on ultrasound. This report is not for medico-legal purposes.

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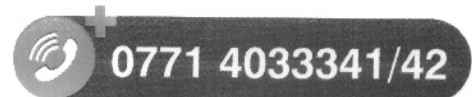
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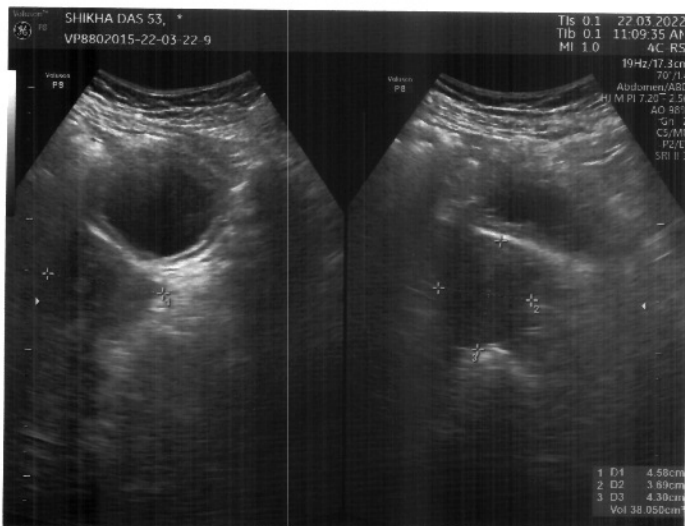
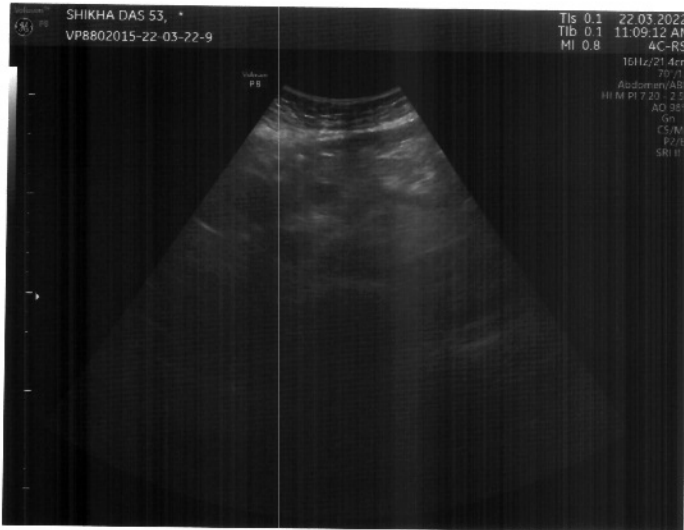
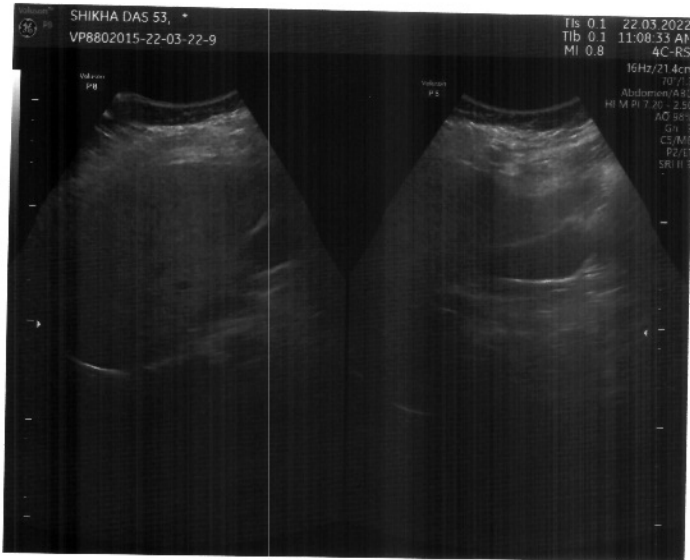
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www.apolloclinic.com



PATIENT NAME: MRS. SHIKHA DAS
REF BY: SELF

AGE / SEX: 53YRS/F
DATE: 22 /03 /2022

SONOGRAPHY BILATERAL BREASTS

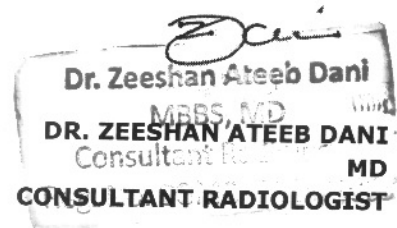
FINDINGS:

- Both breast tissues are symmetrical and appear normal in size and echotexture.
- No evidence of any focal mass lesion or any collection seen.
- Nipple, areola and subareolar region also appear normal.
- Bilateral axilla visualised normal without any evidence of lymphadenopathy.

IMPRESSION:

- **USG BREAST WITHIN NORMAL LIMITS.**

Advised clinical correlation and further evaluation.



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* Only large obvious hypo/anechoic mass lesion can be diagnosed by USG. Mammography/breast MRI are much more sensitive and specific imaging modalities for evaluation of breast parenchyma & breast lesion. Advised further evaluation with these imaging modalities if clinically indicated/strong suspicion of breast lesion.



