

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	RUCHIKA NAYAN
DATE OF BIRTH	11-02-1996
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	25-03-2023
BOOKING REFERENCE NO.	22M104387100049956S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. KUMAR SANJEEV
EMPLOYEE EC NO.	104387
EMPLOYEE DESIGNATION	SINGLE WINDOW OPERATOR A
EMPLOYEE PLACE OF WORK	BAMUNDIHA
EMPLOYEE BIRTHDATE	20-02-1988

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **17-03-2023** till **31-03-2023**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager  
HRM Department  
Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))





बैंक ऑफ बड़ोदा  
Bank of Baroda

नाम **संजीव कुमार**  
Name **SANJEEV KUMAR**  
कार्डाधी क्र. क.  
E.C. No. **104387**



D-K

अधिकार प्राधिकारी  
Issuing Authority

*Sanjeev Kumar*

धारक के हस्ताक्षर  
Signature of Holder



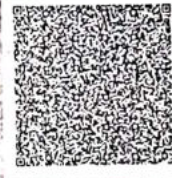
आयकर विभाग  
INCOME TAX DEPARTMENT



भारत सरकार  
GOVT. OF INDIA



स्थायी लेखा संख्या कार्ड  
Permanent Account Number Card  
COLPN5765A



नाम / Name  
RUCHIKA NAYAN

पिता का नाम / Father's Name  
RAJENDRA PRASAD

जन्म की तारीख / Date of Birth  
11/02/1996

Ruchika Nayan  
हस्ताक्षर / Signature

61802





## OUT PATIENT DEPARTMENT

Mediwheel

Department of General Medicine

Regd. No. : MAR23-44294 Visit : OPD/250323/5331  
 Patient Name : MRS. RUCHIKA NAYAN Mobile : 7046363163  
 Age/Sex : 27 Y 1 M 14 D / Female Date : 25-Mar-2023 1:42 pm  
 Address : BOKARO STEEL CITY , BOKARO - Jharkhand , INDIA  
 Doctor : Dr. Aditya Anurag MD (Medicine) OPD Timing :

Allergies : Height : Ft In Temp. : 97.4 C SPO2 : 98 %  
 Weight : 55 Kg Pulse : 88 BPM B.P. : 120/80 mm/Hg

History and complaints :

Examination:

Diagnosis:

Investigations:

Medicines Prescribed:

*Polymyalgia rheumatica & evaluation*

*4/10 - C-section - 1 1/2 after birth.*

*10 Multiple joint pain after delivery involving TIP, spary DIP, wrist, shoulder, knee*

*Fever x 2 days  
aw. sore throat.*

*ECG, WNL  
 2D-ECHO, WNL  
 KFT-O.G.  
 HBAIC-S.O.  
 LFT-WNL  
 RRenin-WNL  
 UACR-OI.  
 GSR-3  
 CBC-WNL*

*Anti-CCP  
 RA-factor*

Follow up: Days Advice (Diet/ Lifestyle / Rehab)

Date :

Time :

\*Prescription to be valid for 7 Days only.  
\*This document is not valid for Medico-Legal purposes.

*Adv Adv*  
 1 tab LUMIA-D360K once weekly 28 weeks

2. Renin reports  
 3. Gargling with lukewarm salt water

Signature of Doctor  
*Aditya Anurag MD*

4. T. ALLEGRA 120  
 1 tab - 1/2  
 - 5 days





25-Mar-23 13:05:08  
MEDICA DHANBAD

MRS. RUCHIKA NAYAN  
Female

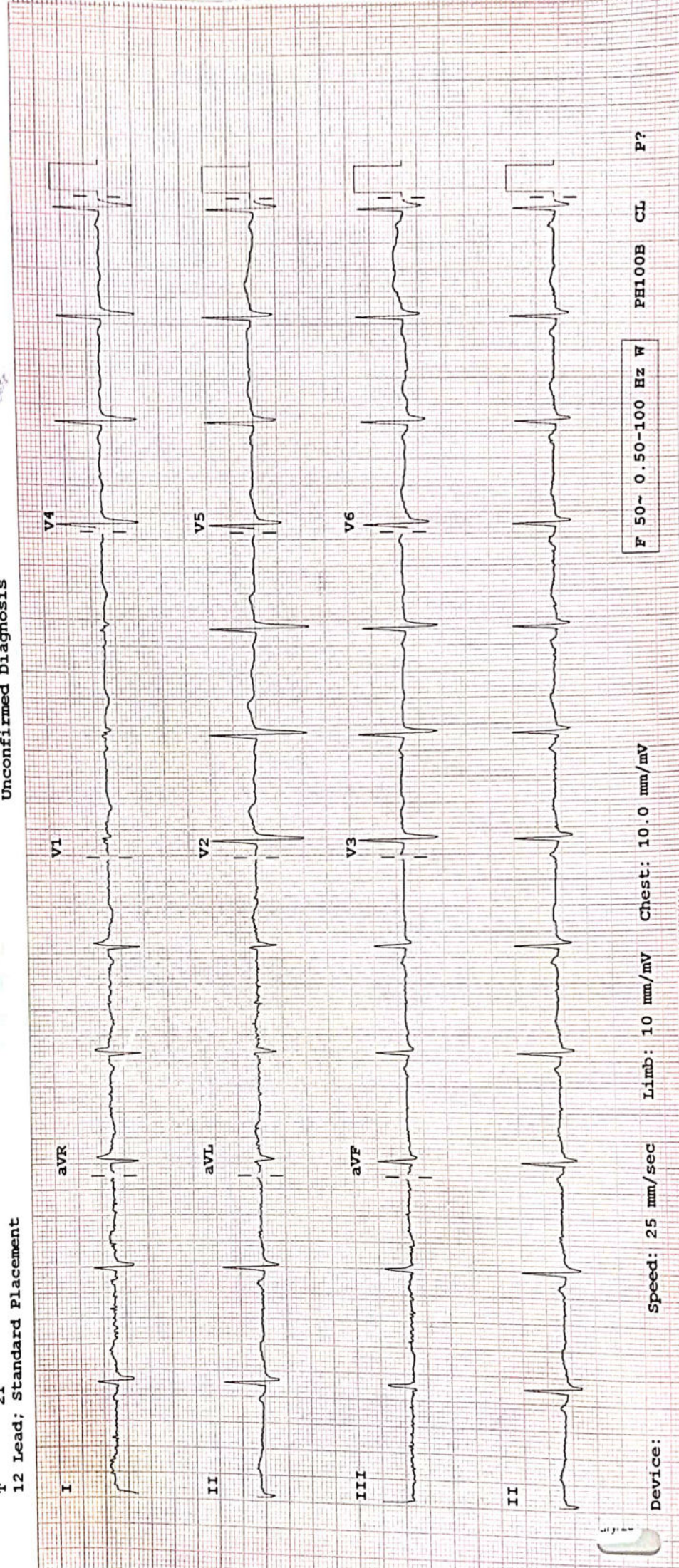
27 Years

Rate 73 Sinus rhythm.....normal P axis, V-rate 50- 99  
 PR 143 Borderline right axis deviation.....QRS axis ( 90,110)  
 QRS 91 Borderline T abnormalities, anterior leads.....T flat or neg, V2-V4  
 QT 407  
 QTC 449

--AXIS--  
 P 54  
 QRS 93  
 T 21  
 12 Lead; Standard Placement

- BORDERLINE ECG -

Unconfirmed Diagnosis



Device: F 50~ 0.50-100 Hz W PH100B CL P?

Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV





असर्फी हॉस्पिटल  
सबके लिए स्वास्थ्य

Baramuri , P.O. - Bishunpur Polytechnic, Dhanbad (Jharkhand) - 828130  
Regd. Office : Phularitand, Kharkaree, Dhanbad (Jharkhand) - 828125

Mob.: 78083 68888

CIN : U85110JH2005PLC011673

## RADIOLOGY REPORT

Patient Information			
Patient Name	MRS RUCHIKA NAYAN	Patient ID	44294
Age   Gender	27 YRS /FEMALE	Scan Date	MAR 25 2023
Referring Doctor	SELF	Report Date	MAR 25 2023

### X-RAY CHEST

#### FINDINGS

The heart is normal in size and contour.

The aorta is normal.

The mediastinum, hila and pulmonary vasculature are also normal.

Trachea is central. Tracheo-bronchial tree is normal.

No focal lung lesion is seen.

No pneumothorax is seen.

The costophrenic sulci and hemidiaphragms are preserved.

Bony thoracic cage is normal. Both domes of diaphragm are normally placed. No soft tissue abnormality seen.

#### CONCLUSION

**No gross chest abnormality is seen.**

*Kindly correlate with other clinical parameters.*

**Dr. Sanjay Khemuka**

MD Radiology

Consultant Radiologist

Maharashtra Medical Council

Registration Number: 56467



MRS RUCHIKA NAYAN 27Y DR SELF | 1



**24 HOUR EMERGENCY**

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### ECHOCARDIOGRAPHY REPORT

Name: MRS RUCHIKA NAYAN

Age: 27

Sex: Female

Date: 25/03/2023

#### 2D & M-MODE MEASUREMENTS

LA Diam	2.6 cm
Ao Diam	2.3 cm
IVSd	0.7 cm
LVIDd	4.3 cm
LVPWd	0.8 cm
IVSs	1.0 cm
LVIDs	2.7 cm

#### 2D & M-MODE CALCULATIONS

EDV(Teich)	83 ml
ESV(Teich)	26 ml
EF(Teich)	68 %
%FS	38 %
SV(Teich)	57 ml
LVd Mass	112.83 g
RWT	0.38

#### MITRAL VALVE

MV E Vel	0.99 m/s
MV DecT	181 ms
MV Dec Slope	5.5 m/s <sup>2</sup>
MV A Vel	0.71 m/s
MV E/A Ratio	1.39

#### AORTIC VALVE

AV Vmax	1.35 m/s
AV maxPG	7.31 mmHg

#### TRICUSPID VALVE

PV Vmax	1.05 m/s
PV maxPG	4.44 mmHg

#### COMMENTS:

- NORMAL SIZE CARDIAC CHAMBERS
- NO LVRWMA
- NORMAL LV SYSTOLIC FUNCTION (EF-63%)
- NO MR, NO AR, NO TR
- IAS, IVS INTACT
- NO CLOT, PE
- IVC NORMAL

#### IMPRESSION:

- NORMAL SIZE CARDIAC CHAMBERS
- NO LVRWMA
- NORMAL LV SYSTOLIC FUNCTION (EF-63%)

DR.S.H CHAVAN  
(CONSULTANT CARDIOLOGIST)


TECH. SIG

## RADIOLOGY REPORT

Reg. No.	44294	Ref. Dr.	SELF
Name	MRS. RUCHIKA NAYAN	Study	USG WHOLE ABDOMEN
Age & Sex	27Y /F	Reporting Date	25.03.2023

### USG WHOLE ABDOMEN

- LIVER** : Liver is normal in size, shape & echotexture. No obvious focal lesion is seen. IHBR are not dilated.
- GALL BLADDER** : GB is well distended. No obvious calculus or mass lesion is seen. The wall thickness is normal.
- CBD** : CBD is normal in course & caliber.
- PV** : PV is normal in course & caliber.
- PANCREAS** : Pancreas is normal in size, shape & echotexture. Peripancreatic soft tissues appear normal. MPD is not dilated.
- SPLEEN** : Spleen is normal in shape, size & echotexture. It measures 9.8cm in size.
- KIDNEYS** : The right kidney measures 10.1 x 3.5cm. The left kidney measures 9.3 x 5cm. Both kidneys are normal in shape, size & position. The pelvicalyceal system is normal. Corticomedullary differentiation is maintained. No focal lesion is seen.
- URINARY BLADDER** : Urinary bladder is well distended. No obvious calculus or mass lesion is seen. The wall thickness is normal.
- UTERUS** : Uterus is normal in size, shape & echotexture. It measures 7.3 x 3.8 x 5cm. Endometrium is central and measures 2.7mm.
- OVARIES** : The right ovary measures 3.6 x 1.6cm. The left ovary measures 2.8 x 1.6cm. Both ovaries are normal in shape, size & position.
- OTHERS** : No ascites or retroperitoneal lymphadenopathy is seen.
- IMPRESSION** : • No significant abnormality detected.

  
Dr. VAISHALI PATEL  
MBBS, DNB (Radio-diagnosis)  
Consultant Radiologist






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Name : MRS. RUCHIKA NAYAN  
Age / Sex : 27 Yrs / Female  
Doctor :  
Reg. No. : MAR23-44294  
Pat. Type : Mediwheel

Test Name	Result	Flag	Unit	Reference Range
<b>Biochemistry</b>				
<b>Creatinine, Serum</b>				
Method : Enzymatic		Machine Name: XL640		
Creatinine, Serum	0.6		mg/dl	0.6-1.4
<b>Uric Acid, Serum</b>				
Method : Enzymatic		Machine Name: XL640		
Uric Acid, Serum	5.9		mg/dl	3.4-7.0
<b>Blood Urea Nitrogen (BUN)</b>				
Method : Calculated		Machine Name: XL640		
Blood Urea Nitrogen (BUN)	10.3		mg/dl	07-21
<b>Fasting Blood Glucose, Plasma</b>				
Method : GOD-POD		Machine Name: XL640		
Fasting Blood Glucose, Plasma	96.9		mg/dl	70-110
<b>LIPID PROFILE, SERUM</b>				
Method : Spectrophotometry		Machine Name: XL640		
Cholesterol, Total (CHOD/PAP)	148.0		mg/dl	0-200
Triglycerides (Enzymatic)	85.0		mg/dl	0-150
HDL Cholesterol (Enzymatic)	63.0	H	mg/dl	0-50
LDL Cholesterol (Calculated)	68.0		mg/dl	0-100
VLDL Cholesterol (Calculated)	17.0		mg/dl	0-30
<b>GLYCOCYLATED HEMOGLOBIN (HbA1C), BLOOD</b>				
Method : HPLC / Nephelometry		Machine Name: BIO-RAD, D-10 / MISPA		
HbA1C	5.0		%	4.4-6.2
Estimated average glucose (eAG)	97		mg/dl	

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DR N N SINGH  
(PATHOLOGIST)

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**असर्फी हॉस्पिटल**  
सबके लिए स्वास्थ्य

# ASARFI HOSPITAL LABORATORY

(A Unit of Asarfi Hospital Ltd.)

Baramuri, Bishnupur Polytechnic, Dhanbad 828 130  
Ph. No.: 7808368888, 9297862282, 9234681514



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Name : MRS. RUCHIKA NAYAN  
Age / Sex : 27 Yrs / Female  
Doctor :  
Reg. No. : MAR23-44294  
Pat. Type : Mediwheel

Test Name	Result	Flag	Unit	Reference Range
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**Interpretation:**

HbA1c result is suggestive of at risk for Diabetes (Prediabetes)/ well controlled Diabetes in a known Diabetic.  
Note: Presence of Hemoglobin variants and/or conditions that affect red cell turnover must be considered, particularly when the HbA1C result does not correlate with the patient's blood glucose levels.

**FACTORS THAT INTERFERE WITH HbA1C | FACTORS THAT AFFECT INTERPRETATION | MEASUREMENT | OF HbA1C RESULTS |**

|-----|-----|  
| Hemoglobin variants, elevated fetal | Any condition that shortens erythrocyte |  
| hemoglobin (HbF) and chemically | survival or decreases mean erythrocyte |  
| modified derivatives of hemoglobin | age (e.g., recovery from acute blood loss, |  
| (e.g. carbamylated Hb in patients | hemolytic anemia, HbSS, HbCC, and HbSC) |  
| with renal failure) can affect the | will falsely lower HbA1c test results |  
| accuracy of HbA1c measurements | regardless of the assay method used. Iron |  
| | deficiency anemia is associated with |  
	higher HbA1c

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Test Name	Result	Flag	Unit	Reference Range
<b>Liver Function Test (LFT)</b>				
Method: Spectrophotometry			Machine Name:	XL-640
Bilirubin Total (Diazo)	0.4		mg/dl	0.3-1.2
Bilirubin Direct (Diazo)	0.2		mg/dl	0.00-0.2
Bilirubin Indirect (Calculated)	0.2		mg/dl	0.00-1.0
SGPT (IFCC without PDP)	23.4		U/L	7-50
SGOT (IFCC without PDP)	20.9		U/L	5-45
Alkaline Phosphate (PNP AMP Kinetic)	280.0		U/L	70-306
GGT (Enzymatic)	13.4		U/L	0-55
Protein Total (Biuret)	7.0		g/dl	6.4-8.3
Albumin (BCG)	4.0		g/dl	3.5-5.2
Globulin (Calculated)	3.0		g/dl	2.3-3.5
A : G Ratio (Calculated)	1.3			0.8-2.0

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Test Name	Result	Flag	Unit	Reference Range
<b>Routine Urine Examination; Urine</b>				
<i>Method: Microscopic</i>				
Appearance	CLEAR	.	.	
Colour	STRAW	.	.	
Volume	30	.	ml.	
Protiens	NIL	.	.	
Glucose	NIL	.	.	
PH	6.5	.	.	
Specific Gravity	1.020	.	.	
Bilirubin	NEGATIVE	.	.	
Ketone Bodies	XX	.	.	
Bile Salts	XX	.	.	
Bile Pigments	XX	.	.	
Nitrite	NEGATIVE	.	.	
Pus Cells	2-3	.	/hpf.	
Epithelial Cells	3-4	.	/hpf.	
R.B.C.	6-7	.	/hpf.	
Casts	NOT SEEN	.	/hpf.	
Crystals	NOT SEEN	.	/hpf.	
others	NOT SEEN	.	.	

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(PATHOLOGIST)

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Test Name	Result	Flag	Unit	Reference Range
<b>Protein:Creatinine Ratio; Urine</b>				
<i>Method: Immunoturbidimetry, Spectrophotometry</i>				
Protein	10.0		mg/L	
Creatinine	100.0		mg/dl	
PCR	0.1		mg/g	0-0.5

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(PATHOLOGIST)

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Test Name	Result	Flag	Unit	Reference Range
<b>Haematology</b>				
<b>BLOOD GROUP, ABO &amp; RH TYPING</b>				
<i>Method</i> : Agglutination				
ABO GROUP	B	.	.	0-0
RH TYPING	POSITIVE	.	.	0-0
<b>ESR (Erythrocyte Sedimentaion Rate)</b>				
<i>Method</i> : Westergren				
<i>Machine Name</i> : VES-MATIC 20				
ESR	34	H	mm/hr	0-10

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(PATHOLOGIST)

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Test Name	Result	Flag	Unit	Reference Range
<b>Complete Blood Count (CBC)</b>				
Method: Electronical Impedence				Machine Name: Sysmex 6 part
Hemoglobin	12.1	L	g/dl	13-18
Total Leukocyte Count (TLC)	9,500		/cu-mm	4000-11000
PCV	36.6	L	%	40-50
MCH	29.2		Pg	27-31
MCHC	33.0		g/dl	31.5-35.5
Red Cell Distribution Width (RDW)	13.6		%	11.6-14
Neutrophils	65		%	55-75
Lymphocytes	30		%	15-30
Eosinophils	03		%	1-6
Monocytes	02		%	2-10
Basophils	00		%	0-1
RBC Count	4.14	L	million/mm <sup>3</sup>	4.5-5.5
Mean Corpuscular Volume (MCV)	88.3		fL	83-101
Platelet Count	1.56		lakhs/cumm	1.5-4.5

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(PATHOLOGIST)

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**Condition of Laboratory Testing & Reporting**

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**24 HOUR EMERGENCY**

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"KEEP THE REPORTS CAREFULLY AND BRING THEM ALONG DURING YOUR NEXT VISIT TO OUR HOSPITAL"

Name : MRS. RUCHIKA NAYAN  
Age / Sex : 27 Yrs / Female  
Doctor :  
Reg. No. : MAR23-44294  
Pat. Type : Mediwheel



Collection Time: 25-03-2023 12:17 pm  
Receiving Time: 25-03-2023 12:20 pm  
Reporting Time: 25-03-2023 3:08 pm  
Publish Time : 25-03-2023 3:20 pm

Test Name	Result	Flag	Unit	Reference Range
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## Immunology and Serology

### THYROID PROFILE, TOTAL, SERUM

Method: ECLIA


Machine Name: Vitros ECI

T3, Total	1.01		ng/ml	0.8-2.0
T4, Total	7.09		µg/dL	5.10-14.10
TSH (Ultrasensitive)	1.49		mIU/mL	0.27-4.2

### Interpretation:

1. TSH levels are subject to circadian variation, reaching peak levels between 2 - 4.a.m. and at a minimum between 6-10 pm . The variation is of the order of 50% . hence time of the day has influence on the measured serum TSH concentrations.
2. Alteration in concentration of Thyroid hormone binding protein can profoundly affect Total T3 and/or Total T4 levels especially in pregnancy and in patients on steroid therapy.
3. Unbound fraction ( Free,T4 /Free,T3) of thyroid hormone is biologically active form and correlate more closely with clinical status of the patient than total T4/T3 concentration
4. Values <0.03 uIU/mL need to be clinically correlated due to presence of a rare TSH variant in some individuals.

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(PATHOLOGIST)

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# ASARFI HOSPITAL LABORATORY

(A Unit of Asarfi Hospital Ltd.)

Baranuri, Bishnupur Polytechnic, Dhanbad 828 130  
Ph. No.: 7808368888,9297862282,9234681514



Name : MRS. RUCHIKA NAYAN  
Age / Sex : 27 Yrs / Female  
Doctor : Dr. Aditya Anurag  
Reg. No. : MAR23-44294  
Pat. Type : Mediwheel



Collection Time : 26-03-2023 3:44 pm  
Receiving Time : 26-03-2023 3:45 pm  
Reporting Time : 26-03-2023 4:43 pm  
Publish Time : 26-03-2023 4:46 pm

Test Name	Result	Flag	Unit	Reference Range
<b>Biochemistry</b>				
<b>RHEUMATOID FACTOR, SERUM</b>				
<i>Method: Turbidimetry</i>				
RHEUMATOID FACTOR	1.20		IU/L	0-20
<b>ANTI CCP (CYCLIC CITRULLINATED PEPTIDE), SERUM</b>				
<i>Method: ECLIA</i>				
ANTI CCP	3.5		U/mL	<-5

Machine Name: XL 640

Machine Name: XL 640

Note:

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(PATHOLOGIST)

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#### Condition of Laboratory Testing & Reporting

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Name : MRS. RUCHIKA NAYAN  
Age / Sex : 27 Yrs / Female  
Doctor :  
Reg. No. : MAR23-44294  
Pat. Type : Mediwheel



Collection Time: 25-03-2023 12:17 pm  
Receiving Time : 25-03-2023 12:20 pm  
Reporting Time : 26-03-2023 3:45 pm  
Publish Time : 26-03-2023 4:43 pm

Test Name	Result	Flag	Unit	Reference Range
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### Interpretation:

HbA1c result is suggestive of at risk for Diabetes (Prediabetes)/ well controlled Diabetes in a known Diabetic.  
Note: Presence of Hemoglobin variants and/or conditions that affect red cell turnover must be considered, particularly when the HbA1C result does not correlate with the patient's blood glucose levels.

### FACTORS THAT INTERFERE WITH HbA1C | FACTORS THAT AFFECT INTERPRETATION | MEASUREMENT | OF HBA1C RESULTS |

-----|-----|  
| Hemoglobin variants,elevated fetal | Any condition that shortens erythrocyte |  
| hemoglobin (HbF) and chemically | survival or decreases mean erythrocyte |  
| modified derivatives of hemoglobin | age (e.g.,recovery from acute blood loss, |  
| (e.g. carbamylated Hb in patients | hemolytic anemia, HbSS, HbCC, and HbSC) |  
| with renal failure) can affect the | will falsely lower HbA1c test results |  
| accuracy of HbA1c measurements | regardless of the assay method used.Iron |  
| deficiency anemia is associated with |  
| | higher HbA1c |

### Glucose, PP

Method : GOD-POD

Glucose, PP	121.8	mg/dl	70-140
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Note: Additional tests available for Diabetic control are Glycated Hemoglobin (HbA1c), Fructosamine

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Age / Sex : 27 Yrs / Female  
Doctor :  
Reg. No. : MAR23-44294  
Pat. Type : Mediwheel



Collection Time : 25-03-2023 12:17 pm  
Receiving Time : 25-03-2023 12:20 pm  
Reporting Time : 27-03-2023 11:00 am  
Publish Time : 27-03-2023 11:03 am

Test Name	Result	Flag	Unit	Reference Range
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## Microbiology

### Culture & Sensitivity (Urine)

Method : vitek 2 compact

Machine Name : vitek 2 compact

Organism Isolated	NO GROWTH OF ANY ORGANISM			
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#### Note:

In view of developing antibiotics resistance in india. It is advisalbe to use anitbiotics belonging to Group B & C only if the patient is resistant to antibiotics.

\* Insturment used Bact/Alert 3D 60 & vitek 2 compact.

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(PATHOLOGIST)

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