



SINCE 1994

# NADKARNI PATHOLOGY LABORATORY

**Dr. Mrs. Sangeeta V. Nadkarni**

Consulting Pathologist (MMC Reg. No. 53839)

Add Reg. No. : 1872/2000

E-mail : healthcare.nadkarni@gmail.com

Website : www.nadkarnipathlab.com

Consultant Pathologist • SHASHWAT HOSPITAL



MAIN LABORATORY : 1, Indraprastha Chambers, **Ground Floor**, Near Amber Hall, Karve Road, Pune 411 038. Ph. : 97635 93646, 8983 7777 93 • Timings : Monday to Saturday 7 am to 8 pm


Reg No : 202307091430337 / OPD  
Name : Mrs. DEEPALI UBHE  
Referred Dr : MEDI WHEEL

Sex / Age : Female / 46Y  
Reg Date : 22/07/2023 11:01 AM  
Report Date : 22/07/2023 12:37 PM

## CLINICAL PATHOLOGY

Test Name	Result	Unit	Reference Range
<b>URINE ANALYSIS REPORT</b>			
Quantity	10	ml	
Colour	Pale Yellow		
Appearance	Clear		
Specific Gravity	1.012		
<b>Chemical Examination</b>			
Albumin	Absent		
Sugar	Absent		
Bile Pigments	Absent		
Urobilinogen	NORMAL		
Reaction	Acidic		
Acetone-Ketone	Negative		
Nitrite	Negative		
<b>Microscopic Examination</b>			
RBCs	Absent	/hpf	
PUS Cells	3-4	/hpf	
Epithelial Cells	4 - 5	/hpf	
Casts	Absent		
Other Findings	NIL		

End of Report

  
**Dr. Mrs. Sangeeta Nadkarni**  
Consultant Pathologist  
MD(Path) MMC Reg No-53839

### Verified & Checked

- Transasia EM 200 Fully Automated Random Access Clinical Chemistry Analyser • TMT • E.C.G. • Semi Automated Biochemistry Analyser Erba Chem 5 V2 Plus
- Automated Haematology Analyser H 360 • Mispa I3 Nephelometer • Clinical Pathology • Microbiology • Cytology • Histopathology • Minividas Blue

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HOME VISIT AVAILABLE BY APPOINTMENT

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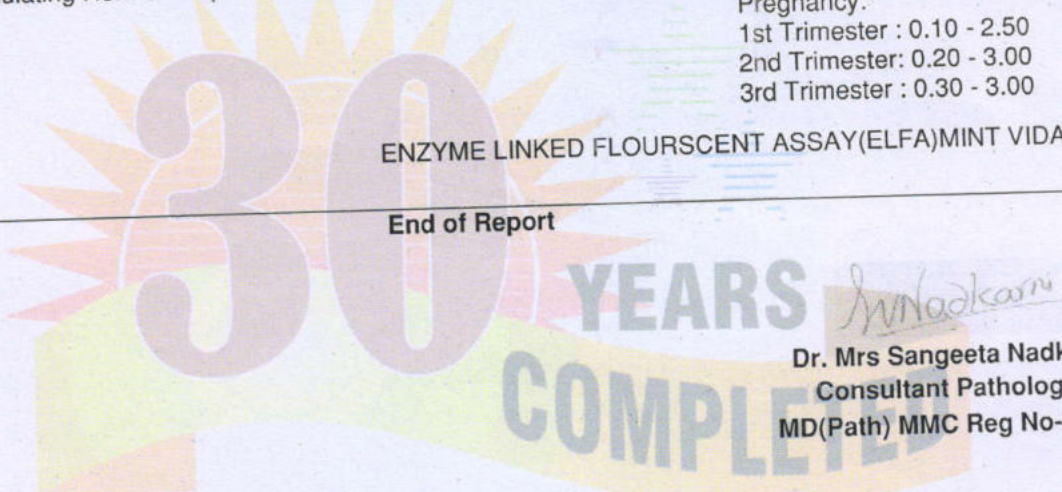
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### SPECIAL TEST

Test Name	Result	Unit	Reference Range
<b>Thyroid Panel - I</b>			
Serum T3 (Tri-Iodothyronine)	0.93	ng/mL	0.70 - 2.04 Pregnancy: 1st Trimester : 0.81 - 1.90 2nd Trimester: 1.00 - 2.60 3rd Trimester : 1.00 - 2.60
Serum T4 (Thyroxine)	8.85	ug/dL	5.5 - 12.5
Thyroid Stimulating Hormones (Ultra TSH)	5.34	uIU/mL	0.35 - 5.50 Pregnancy: 1st Trimester : 0.10 - 2.50 2nd Trimester: 0.20 - 3.00 3rd Trimester : 0.30 - 3.00
Method	ENZYME LINKED FLOURSCENT ASSAY(ELFA)MINT VIDAS BLUE.		

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**BIOCHEMISTRY**

Test Name	Result	Unit	Reference Range
<b>LIPID PROFILE</b>			
S. Cholesterol <i>CHOD-PAP</i>	183	mg/dl	Desirable Chol:200mg/dl ,Borderline Chol:200-239mg/dl High Chol: >240mg/dl
S. Triglycerides <i>GPO</i>	118	mg/dl	Upto 190
HDL Cholesterol <i>DIRECT</i>	51	mg/dL	30 - 70
LDL Cholesterol	108.4	mg/dl	Upto 150
VLDL Cholesterol	23.6	mg/dL	07 to 35
S.Cholesterol/HDL Ratio	3.59		< 5.0
LDL Chole/HDL Chole	2.13		LOW RISK - 0.5 To 3.0 MODERATE RISK - 3.0 TO 6.0 HIGH RISK - >6.0
S.Triglycerides/HDL Chole	2.31		Desirable : < 3.00
Instrument Used	Fully Automated EM200 ( TRANSASIA BIOMEDICALS)		

**Note :**

Cholesterol : CHOD PAP; HDL Cholesterol: Direct ; LDL:Direct Measurement ; Triglycerides :GPO;  
 (\*\*The Above Reference range is Desirable/Optimal Range )

**End of Report**

*Sangeeta V. Nadkarni*  
 Dr. Mrs Sangeeta Nadkarni  
 Consultant Pathologist  
 MD(Path) MMC Reg No-53839

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### BIOCHEMISTRY

Test Name	Result	Unit	Reference Range
<b>HbA1C</b>			
HbA1C	5.1	%	Non Diabetic :04 -06 Excellent Control : 06 -07 % Fair Control : 07 - 08% Unsatisfactory : 08 - 10% Poor Control: Above 10%

Estimated Mean Glucose (eAg)

99.67

mg%

70 - 140

Method

Nephelometry &amp; Photometry By Mispa I3, Specific Protein Analyser (Automated)

#### Interpretation :

Glycosylated Haemoglobin is accurate and true index of the " Mean Blood Glucose Level in the body for the previous 2-3 months.

HbA1c is an indicator of glycemic control. HbA1c represent average glycemia over the past six to eight weeks.

Glycation of hemoglobin occurs the entire 120 days life span of the red blood cell, but within this 120 days.

Recent glycemia has the largest influence on the HbA1c value.

Clinical studies suggest that a patient in stable control will have 50% of their HbA1c formed in the month before sampling, 25% in the month before that, and the remaining 25% in months 2-4.

End of Report

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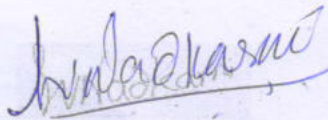
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### BIOCHEMISTRY

Test Name	Result	Unit	Reference Range
<b>Blood Urea</b>			
Blood Urea <small>UREASE-GLDH</small>	18	mg/dl	13 - 45
Blood Urea Nitrogen	8.41	mg/dl	10 - 20
Instrument Used	Fully Automated EM200 ( TRANSASIA BIOMEDICALS)		
<b>Serum Creatinine</b>			
Serum Creatinine <small>JAFFE'S KINETIC</small>	0.8	mg/dl	0.4 - 1.4
Instrument Used	Fully Automated EM200 ( TRANSASIA BIOMEDICALS)		
<b>Serum Uric Acid</b>			
Serum Uric Acid <small>URICASE</small>	5.3	mg/dl	2.5 to 7.2
Instrument Used	Fully Automated EM200 ( TRANSASIA BIOMEDICALS)		
<b>Liver Function Test</b>			
Bilirubin- Total	0.89	mg/dl	0.1 - 1.2
Bilirubin- Direct	0.43	mg/dL	0.0 - 0.4
Bilirubin- Indirect	0.46	mg/dL	0.1 - 0.8
SGPT	20.0	IU/L	05 - 40
SGOT	27.0	IU/L	05 - 40
Alkaline Phosphatase	110	IU/L	Female : 42 -98 Child : 54 -369 Neo: 54-369
Total Proteins	6.7	gm/dl	6.0-8.0
Serum Albumin	3.6	gm/dl	3.2 -5.5
Serum Globulin	3.1	gm/dl	2.3 -3.5
A/G ratio	1.16		1.0 -2.3
GGTP	22		05 -50
Instrument Used	Fully Automated EM200 ( TRANSASIA BIOMEDICALS)		

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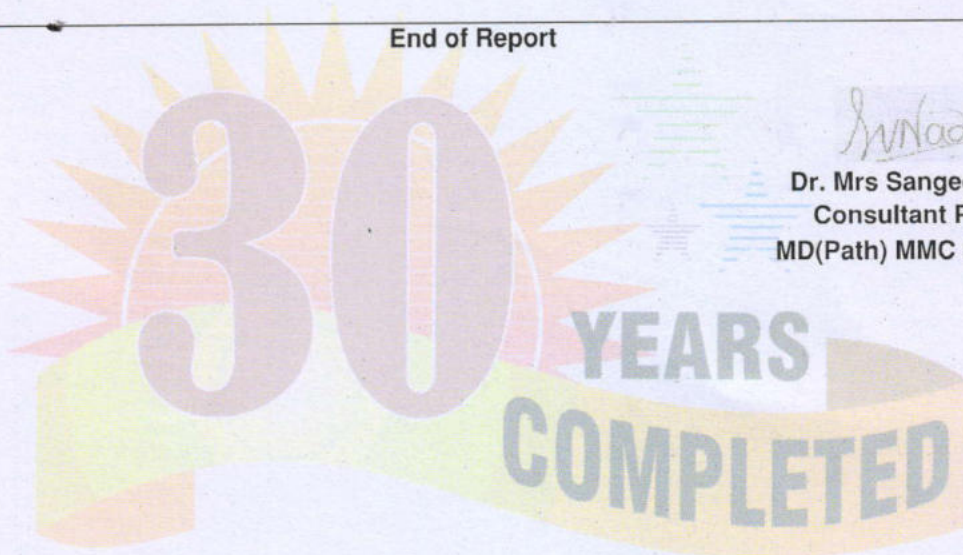
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### BIOCHEMISTRY

Test Name	Result	Unit	Reference Range
<b>Blood Glucose Fasting and Post Prandial</b>			
Blood Glucose (Fasting)	101	mg/dl	Normal : < 99 Prediabetic : 100.0 - 125.0 Diabetic : > 125.0
Post Prandial Glucose Instrument Used	121	mg/dl	90 - 140 mg/dL Fully Automated EM200 (TRANSASIA BIOMEDICALS).

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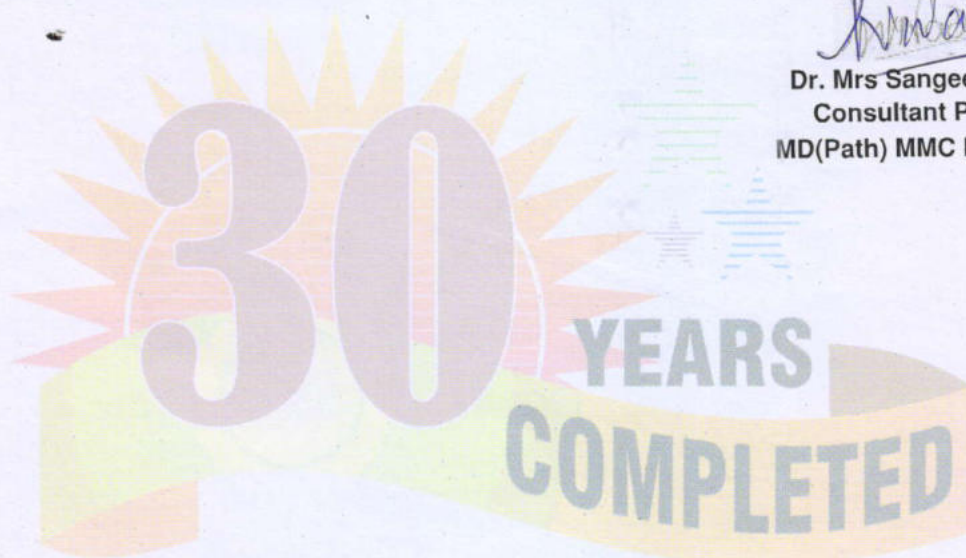
Report Date : 22/07/2023 12:51 PM

### HAEMATOLOGY

Test Name	Result	Unit	Reference Range
<b>Blood Group</b>			
ABO Type	O		
Rh (D) Type	POSITIVE		

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## HAEMATOLOGY

Test Name	Result	Unit	Reference Range
<b>HAEMOGRAM ON CELL COUNTER</b>			
HAEMOGLOBIN	13.4	gm/dl	12-16
RBC COUNT	4.9	mill/cmm	4.5 - 6.5
PACKED CELL VOLUME (PCV)	41	%	32 - 47
MCV	83.33	fL	82 - 98
MCH	27.24	pgms	27 - 33
MCHC	32.68	%	32 - 36
<b>Total WBC count</b> <i>Impedance Method</i>	10900	/cmm	4000- 11000
<b>Differential Leucocytes Counts</b>			
Neutrophil	60	%	50 - 70
Lymphocytes	35	%	20 - 40
Monocytes	01	%	00 - 12
Eosinophils	04	%	02 - 06
<b>Platelet Count</b> <i>Impedance Method</i>	504000	/cmm	150000 - 450000
RBC Morphology	NORMOCYTIC & NORMOCHROMIC		
WBC Morphology	NO WBC ABNORMALITY SEEN		
Platelet Morphology	PLATELETS ARE ADEQUATE		
Peripheral Smear Examination	NEGATIVE FOR MALARIAL PARASITE		
E.S.R.	06		M : 0 mm to 7 mm F : 0 mm to 15 mm ( by Wintrobe's )
Instrument Used	Fully Automated Biosystem Cell Counter ERBA H360		

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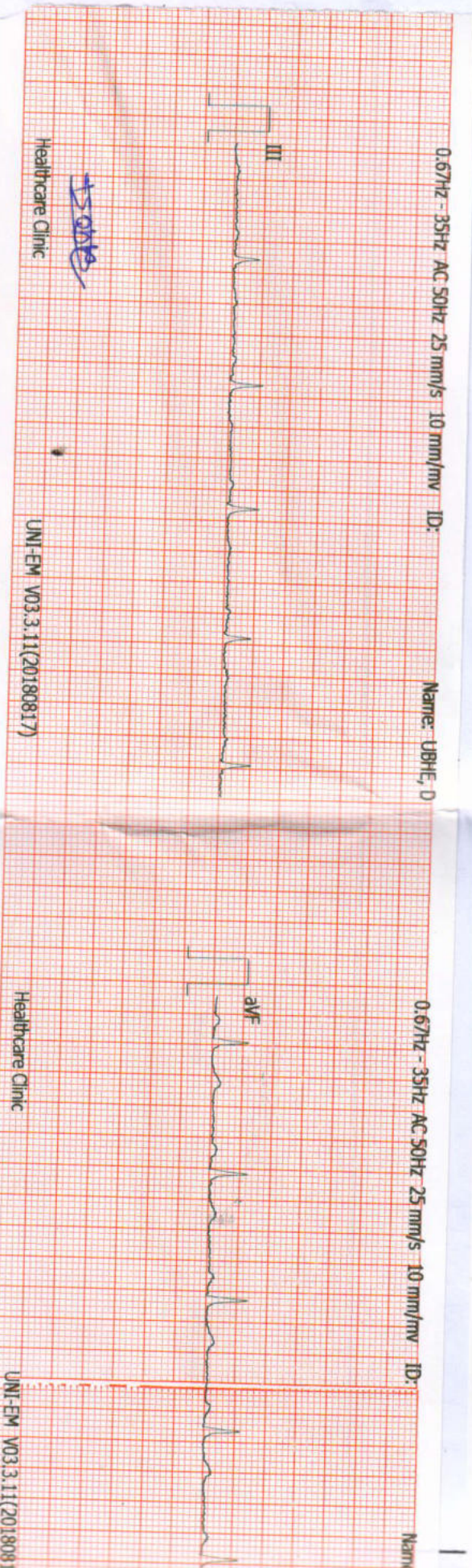
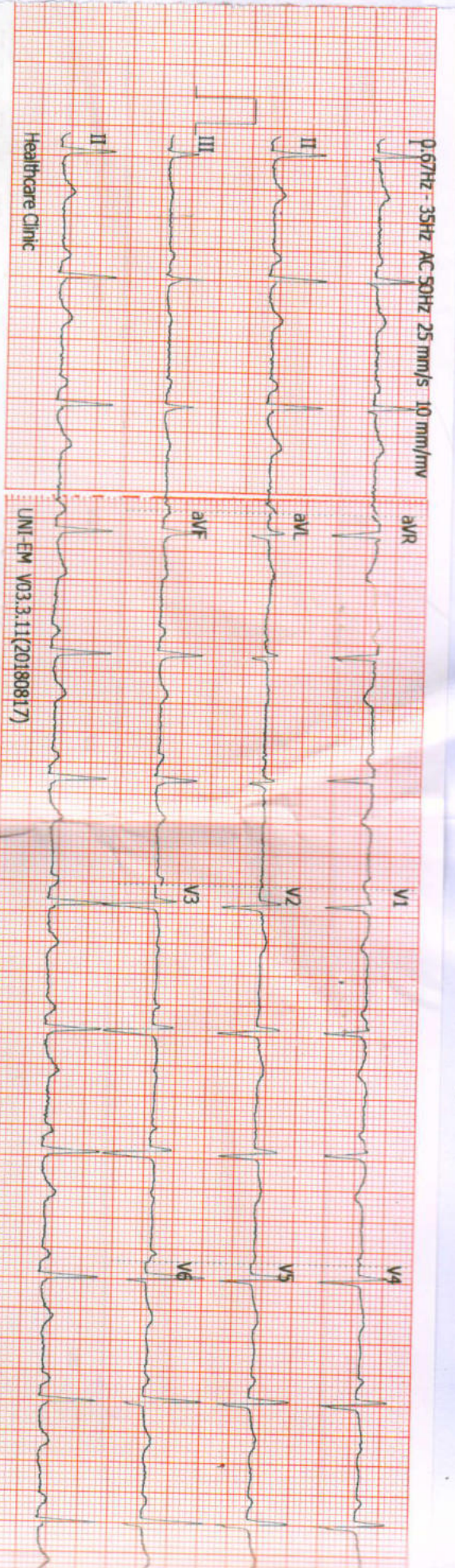




ID: \_\_\_\_\_  
 Name: UBHE, DEEPAI  
 Age: 46YRS  
 Sex: Female

22-07-2023 10:36:30 AM

ADDITIONAL LEADS



ID: \_\_\_\_\_  
 Name: UBHE, DEEPA  
 Age: 46yrs

22-07-2023 10:30:20 AM

CLINICAL HISTORY:-

RATE: 72/min

RHYTHM: regular

MECHANISM: Sinus

P WAVE: 0.08 sec

P R: 0.16 sec

QRS: Normal time deflection

QTc: 0.43 sec

CONCLUSIONS: Normal ECG

ST: isoelectric

T WAVE: Normal upright

Q WAVE: No abnormal wave

AXIS: +50 degrees

POSITION OF HEART: Semivertical

PRECARDIAL LEADS: Normal R in precordial leads

B.P.: 130/90 mmHg

DRUGS:

~~Isate~~

Client's Signature



Doctor's Signature

**Dr. Vivekanand M. Nadkarni**  
M.B.B.S., D.T.M. & H. (Lon.), FCGP, MIOSH  
MNC Reg. No. 42322  
Physician  
Health Care Clinic  
Varun Complex, Kulkarni Marg, Kothrud  
Pune-411 038.

▶ *Health Care Clinic*  
Varun Corplex, Office No. 1,  
Near Swapnashilp Complex, Kothrud, Pune 411038.  
Timing : 10.30 a.m. to 1.00 p.m.  
4.30 pm to 6 pm (By Appt.)  
Tel : 65003646, 2545 7347

▶ *Health Care Clinic*  
7/1, Anand Nagar, Paud Road,  
Kothrud, Pune 411038.  
Timing : 9 a.m. to 10.30 a.m. & 6.00 p.m. to 8.30 p.m.  
Tel. : 65003650 Mob.: 9970171939  
E-mail : nadviv@yahoo.com

**Dr. Vivekanand M. Nadkarni**

M.B.B.S.; D.T.M. & H. (Lon), FCGP, MIOSH (U.K.)

MMC Reg. No. 42322

Physician

- Family Medicine
- Tropical Medicine
- Occupational Health
- ACLS Instructor

DATE 22/07/23

## ELECTROCARDIOGRAM

NAME Deepali ubhe AGE 46yrs

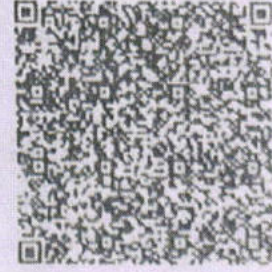
REF. BY mediwheel B.P. 130/90mmHg



भारत सरकार  
Government of India



दिपाली सुदाम उभे  
Deepali Sudam Ubhe  
जन्म तारीख / DOB : 24/05/1974  
स्त्री / Female



6350 2804 9761

आधार - सामान्य माणसाचा अधिकार



भारतीय विशिष्ट ओळख प्राधिकरण  
Unique Identification Authority of India

पत्ता W/O: सुदाम पांडुरंग उभे, सर्वे  
न-94/7, प्रतिज्ञा, पौड रोड, राजमुद्रा  
सोसाइटी जवळ, भूसारी  
कॉलनी, कोथरुड, पुणे शहर, एक्स.  
सर्विसमॅन कॉलोनी, पुणे, महाराष्ट्र,  
411038

Address: W/O: Sudam Pandurang Ubhe,  
Sr.No-94/7, Pratidnya, Paud Road, Near  
Rajmudra Society, Bhusari  
Colony, Kothrud, Pune City, Ex.  
Serviceman Colony, Pune, Maharashtra,  
411038

6350 2804 9761



1947  
1800 300 1947



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*Wadkar*  
Dr. Vivekanand M. Nadekar  
M.B.B.S., D.T.M. & H. (Lon.), FCGP, IOSH  
MMC Reg.No 42322  
Physician  
Health Care Clinic  
Varun Complex, Kulkarni Marg, Kothrud,  
Pune-411 038.

*Ubhe*

**HEALTH CARE CLINIC**  
**DR. NADKARNI LABORATORY**  
 Plot No. 103/104, 105, 106, 107, 108, 109, 110, 111, 112, 113, 114, 115, 116, 117, 118, 119, 120, 121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152, 153, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167, 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 200, 201, 202, 203, 204, 205, 206, 207, 208, 209, 210, 211, 212, 213, 214, 215, 216, 217, 218, 219, 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 231, 232, 233, 234, 235, 236, 237, 238, 239, 240, 241, 242, 243, 244, 245, 246, 247, 248, 249, 250, 251, 252, 253, 254, 255, 256, 257, 258, 259, 260, 261, 262, 263, 264, 265, 266, 267, 268, 269, 270, 271, 272, 273, 274, 275, 276, 277, 278, 279, 280, 281, 282, 283, 284, 285, 286, 287, 288, 289, 290, 291, 292, 293, 294, 295, 296, 297, 298, 299, 300, 301, 302, 303, 304, 305, 306, 307, 308, 309, 310, 311, 312, 313, 314, 315, 316, 317, 318, 319, 320, 321, 322, 323, 324, 325, 326, 327, 328, 329, 330, 331, 332, 333, 334, 335, 336, 337, 338, 339, 340, 341, 342, 343, 344, 345, 346, 347, 348, 349, 350, 351, 352, 353, 354, 355, 356, 357, 358, 359, 360, 361, 362, 363, 364, 365, 366, 367, 368, 369, 370, 371, 372, 373, 374, 375, 376, 377, 378, 379, 380, 381, 382, 383, 384, 385, 386, 387, 388, 389, 390, 391, 392, 393, 394, 395, 396, 397, 398, 399, 400, 401, 402, 403, 404, 405, 406, 407, 408, 409, 410, 411, 412, 413, 414, 415, 416, 417, 418, 419, 420, 421, 422, 423, 424, 425, 426, 427, 428, 429, 430, 431, 432, 433, 434, 435, 436, 437, 438, 439, 440, 441, 442, 443, 444, 445, 446, 447, 448, 449, 450, 451, 452, 453, 454, 455, 456, 457, 458, 459, 460, 461, 462, 463, 464, 465, 466, 467, 468, 469, 470, 471, 472, 473, 474, 475, 476, 477, 478, 479, 480, 481, 482, 483, 484, 485, 486, 487, 488, 489, 490, 491, 492, 493, 494, 495, 496, 497, 498, 499, 500, 501, 502, 503, 504, 505, 506, 507, 508, 509, 510, 511, 512, 513, 514, 515, 516, 517, 518, 519, 520, 521, 522, 523, 524, 525, 526, 527, 528, 529, 530, 531, 532, 533, 534, 535, 536, 537, 538, 539, 540, 541, 542, 543, 544, 545, 546, 547, 548, 549, 550, 551, 552, 553, 554, 555, 556, 557, 558, 559, 560, 561, 562, 563, 564, 565, 566, 567, 568, 569, 570, 571, 572, 573, 574, 575, 576, 577, 578, 579, 580, 581, 582, 583, 584, 585, 586, 587, 588, 589, 590, 591, 592, 593, 594, 595, 596, 597, 598, 599, 600, 601, 602, 603, 604, 605, 606, 607, 608, 609, 610, 611, 612, 613, 614, 615, 616, 617, 618, 619, 620, 621, 622, 623, 624, 625, 626, 627, 628, 629, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 670, 671, 672, 673, 674, 675, 676, 677, 678, 679, 680, 681, 682, 683, 684, 685, 686, 687, 688, 689, 690, 691, 692, 693, 694, 695, 696, 697, 698, 699, 700, 701, 702, 703, 704, 705, 706, 707, 708, 709, 710, 711, 712, 713, 714, 715, 716, 717, 718, 719, 720, 721, 722, 723, 724, 725, 726, 727, 728, 729, 730, 731, 732, 733, 734, 735, 736, 737, 738, 739, 740, 741, 742, 743, 744, 745, 746, 747, 748, 749, 750, 751, 752, 753, 754, 755, 756, 757, 758, 759, 760, 761, 762, 763, 764, 765, 766, 767, 768, 769, 770, 771, 772, 773, 774, 775, 776, 777, 778, 779, 780, 781, 782, 783, 784, 785, 786, 787, 788, 789, 790, 791, 792, 793, 794, 795, 796, 797, 798, 799, 800, 801, 802, 803, 804, 805, 806, 807, 808, 809, 810, 811, 812, 813, 814, 815, 816, 817, 818, 819, 820, 821, 822, 823, 824, 825, 826, 827, 828, 829, 830, 831, 832, 833, 834, 835, 836, 837, 838, 839, 840, 841, 842, 843, 844, 845, 846, 847, 848, 849, 850, 851, 852, 853, 854, 855, 856, 857, 858, 859, 860, 861, 862, 863, 864, 865, 866, 867, 868, 869, 870, 871, 872, 873, 874, 875, 876, 877, 878, 879, 880, 881, 882, 883, 884, 885, 886, 887, 888, 889, 890, 891, 892, 893, 894, 895, 896, 897, 898, 899, 900, 901, 902, 903, 904, 905, 906, 907, 908, 909, 910, 911, 912, 913, 914, 915, 916, 917, 918, 919, 920, 921, 922, 923, 924, 925, 926, 927, 928, 929, 930, 931, 932, 933, 934, 935, 936, 937, 938, 939, 940, 941, 942, 943, 944, 945, 946, 947, 948, 949, 950, 951, 952, 953, 954, 955, 956, 957, 958, 959, 960, 961, 962, 963, 964, 965, 966, 967, 968, 969, 970, 971, 972, 973, 974, 975, 976, 977, 978, 979, 980, 981, 982, 983, 984, 985, 986, 987, 988, 989, 990, 991, 992, 993, 994, 995, 996, 997, 998, 999, 1000

**Feedback – Pre Policy Life Insurance Medical Checks**

This is to confirm & certify that I have gone through the medical examination through Medical Center situated at \_\_\_\_\_ / Home Visit on DD/MM/YYYY to complete the requisite medical formalities towards my application for life insurance from \_\_\_\_\_ Insurance Company vide Proposal Form bearing no \_\_\_\_\_ dated \_\_\_\_\_ 22.07.2023

I do confirm specifically that the following medical activities have been performed for me:

- 1. Full Medical Report (Medical Questionnaire) Yes  No
- 2. Sample Collection
  - a. Blood Yes  No
  - b. Urine Yes  No
- 3. Electro Cardio Gram (ECG) Yes  No
- 4. Treadmill Test (TMT) Yes  No

5. Others USG Abd, Chest x-Ray

I have furnished my ID Proof \_\_\_\_\_ bearing ID No. \_\_\_\_\_ at the time of my medical.

**Feedback Form**

- Behavior and cooperation of staff
  - Reception/ Clinic/ Hospital  Good  Average  Poor
  - Technician/ Doctors  Good  Average  Poor
- Time Management  Good  Average  Poor
- Upkeep of hospital  Good  Average  Poor
- Technology & Skills  Good  Average  Poor
- Please remark if the medical check procedure was satisfactory Yes  No

(Medical Facility- Location; Facility Set-up, instruments, cleanliness; Process followed; etc. Also on the Medical Staff: Appearance; Technical Know-how; Behaviour etc.)

- If No please provide details or let us know of anything additional you would like to provide as comments and / or suggestions

<p><u>Isobe</u> Signature of the Life to be Insured (Proposer in case of Life insured being minor)</p> <hr/> <p>Name of the Life to be Insured with date (Proposer (in case of Life insured being minor)</p>	<p><u>Wadkar</u> Signature of Visiting/Attending Doctor</p> <p><b>Dr. Vivekanand M. Nadkarni</b> Name of Visiting/Attending Doctor M.B.B.S., D.M. (Gen.), F.C.C.P. M.I.O.B.</p> <p>MMC Reg.No.42322 MC Registration No: <b>Physician</b> <b>Health Care Clinic</b> Varun Complex, Kulkarni Marg, Kothrud Pune-411 038</p>
--	---

**FOR COMPLETION BY EXAMINING DOCTOR (N=Normal A= Abnormal )**

	N	A	(Leave blank if unassessed)
MEDICAL	<input checked="" type="checkbox"/>		01. Eyes
	<input checked="" type="checkbox"/>		02. Ears, Nose, Throat
	<input checked="" type="checkbox"/>		03. Respiratory
HISTORY	<input checked="" type="checkbox"/>		04. Cardiovascular
	<input checked="" type="checkbox"/>		05. Gastro-Intestinal
PRESENT	<input checked="" type="checkbox"/>		06. Genito-Urinary
	<input checked="" type="checkbox"/>		07. Musculo-Skeletal
SYMPTOMS	<input checked="" type="checkbox"/>		08. Nervous System
	<input checked="" type="checkbox"/>		09. Skin & Allergies
	<input checked="" type="checkbox"/>		10. Endocrine
	<input checked="" type="checkbox"/>		11. Other

PHYSICAL	<input checked="" type="checkbox"/>		01. Eyes & Pupils	<p>No murmurs</p> <p>Chest : Insp. 105 / Exp. 100 / Abd. 104.</p>
	<input checked="" type="checkbox"/>		02. E.N.T.	
	<input checked="" type="checkbox"/>		03. Teeth & Mouth	
	<input checked="" type="checkbox"/>		04. Lungs & Chest	
	<input checked="" type="checkbox"/>		05. Cardiovascular Sys.	
EXAMINATION	<input checked="" type="checkbox"/>		06. Abdo. Viscera	
	<input checked="" type="checkbox"/>		07. Hernial Orifices	
	<input checked="" type="checkbox"/>		08. Genito - Urinary	
	<input checked="" type="checkbox"/>		09. Musculo-Skeletal	
	<input checked="" type="checkbox"/>		10. Skin & Vericose Vns.	
	<input checked="" type="checkbox"/>		11. C.N.S.	
	<input checked="" type="checkbox"/>		12. Other	

Investigations :

HEIGHT	WEIGHT	BMI	B.P.	PULSE	HEARING	VISION	DISTANT	NEAR	COLOUR VISION	BLOOD GROUP
150 cm	86kg	38.2 kg/m <sup>2</sup>	130/90 mm Hg	68/min Regular	(H)	Uncorrected	(N)	(N)	(N)	
						Corrected				

Assessment

**Dr. Vivekanand M. Nadkarni**  
 M.B.B.S., D.T.M. & H. (Lon.), FCGP, MIOSH  
 MMC Reg.No.42322  
 Physician  
 Health Care Clinic  
 Varun Complex, Kulkarni Marg, Kothrud.  
 Pune-411 038.

*Dr. V.M. Nadkarni*

Dr. V.M. Nadkarni

*[Signature]*

► Health Care Clinic

Varun Complex, Office No. 1,  
Near Swapnashilp Complex, Kothrud, Pune 411038.  
Timing : 10.30 a.m. to 1.00 p.m.  
4.30 pm to 6 pm (By Appt.)  
Tel : 65003646, 2545 7347

► Health Care Clinic

7/1, Anand Nagar, Paud Road,  
Kothrud, Pune 411038.  
Timing : 9 a.m. to 10.30 a.m. & 6.00 p.m. to 8.30 p.m.  
Tel. : 65003650 Mob.: 9970171939  
E-mail : nadviv@yahoo.com

Dr. Vivekanand M. Nadkarni

M.B.B.S., D.T.M. & H. (Lon), FCGP, MIOSH (U.K.)

MMC Reg. No. 42322

Physician, Tropical & Family Medicine,  
Occupational Health

MEDICAL EXAMINATION REPORT

No.:

Date : 22/7/23

Surname : Ubhe. Name: Deepali

Age : 49 yrs Sex : Female Birth Date : 20/5/1974.

Address : Bhusari colony

Homemaker.

Occupation :

Personal History :

Tobacco : Misree  
2-3/day Alcohol : -  
since 15 yrs.

Misc. : Allergy: Not known.

COVID-19 vaccination not done.

Immunization History :

No major illness, injury or

Previous Medical History :

surgery



# NADKARNI PATHOLOGY LABORATORY

July 22, 2023 11:19 am  
 Report time 11:34 am

Linked Median Report

PATIENT ID : 3117/2023 HEIGHT : 150 Cm WEIGHT : 86.00 Kg

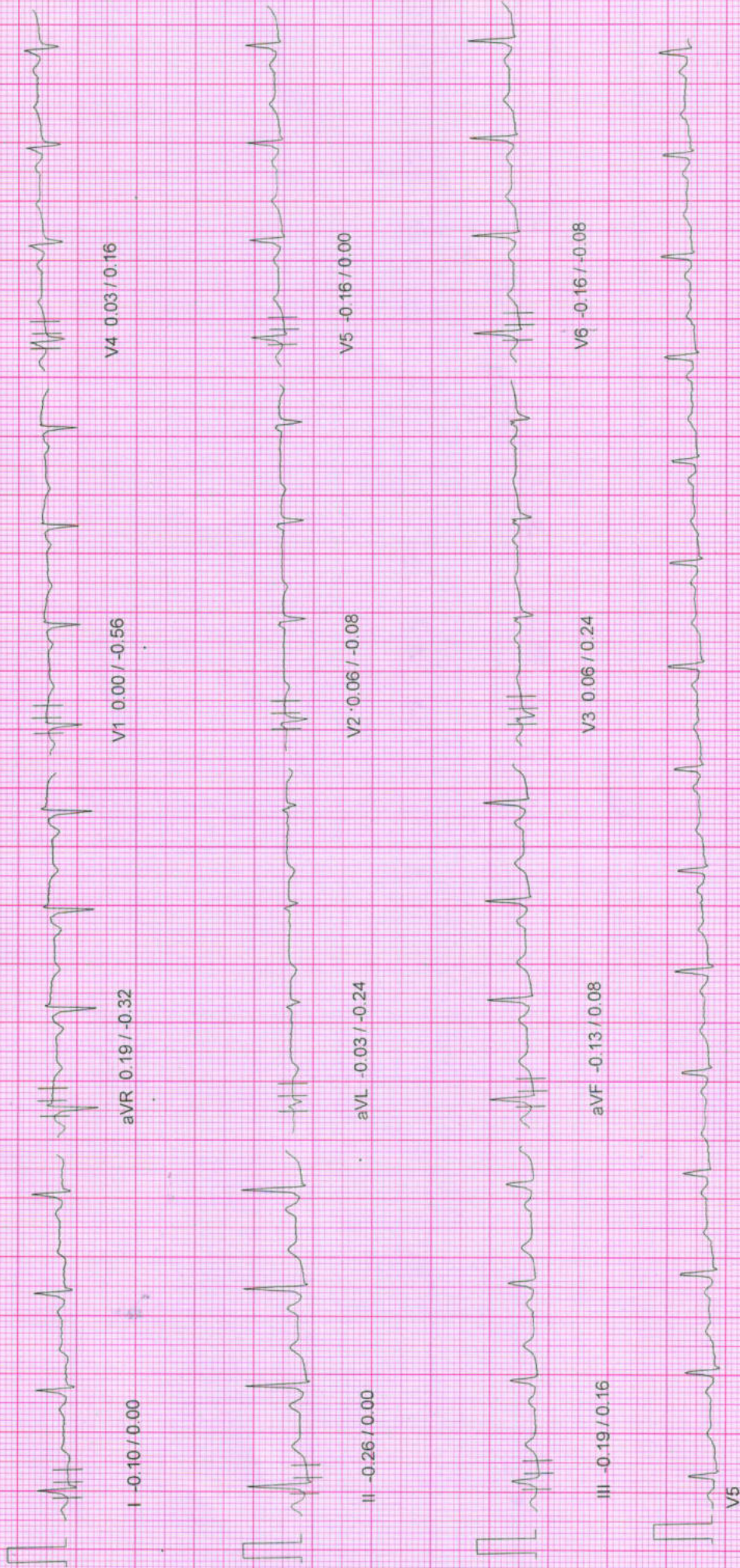
PATIENT NAME : Mrs Deepali Ubhe 46/F

PROTOCOL : BRUCE  
 STAGE : Recovery

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 06:41  
 STAGE DURATION : 06:00  
 HR : 89 bpm  
 QRS Lead : V5

SPEED: 0.0 kmph  
 GRADE: 0.0  
 BP : 130 / 90 mmHg  
 METs : 1.00



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

# NADKARNI PATHOLOGY LABORATORY

July 22, 2023 11:19 am  
 Report time 11:31 am

PATIENT ID : 3117/2023 HEIGHT : 150 Cm WEIGHT : 86.00 Kg  
 PATIENT NAME : Mrs Deepali Ubhe 46/F

Linked Median Report

PHASE TIME : 06:41 SPEED: 0.0 kmph  
 STAGE DURATION : 03:00 GRADE: 0.0  
 HR : 104 bpm BP : 140 / 90 mmHg  
 QRS Lead : V5 METs : 1.00

PROTOCOL : BRUCE  
 STAGE : Recovery  
 ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J



10mm/mv, 25mm/sec

100 HZ

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

# NADKARNI PATHOLOGY LABORATORY

July 22, 2023 11:19 am  
 Report time 11:29 am

Linked Median Report

PATIENT ID : 3117/2023 HEIGHT : 150 Cm WEIGHT : 86.00 Kg

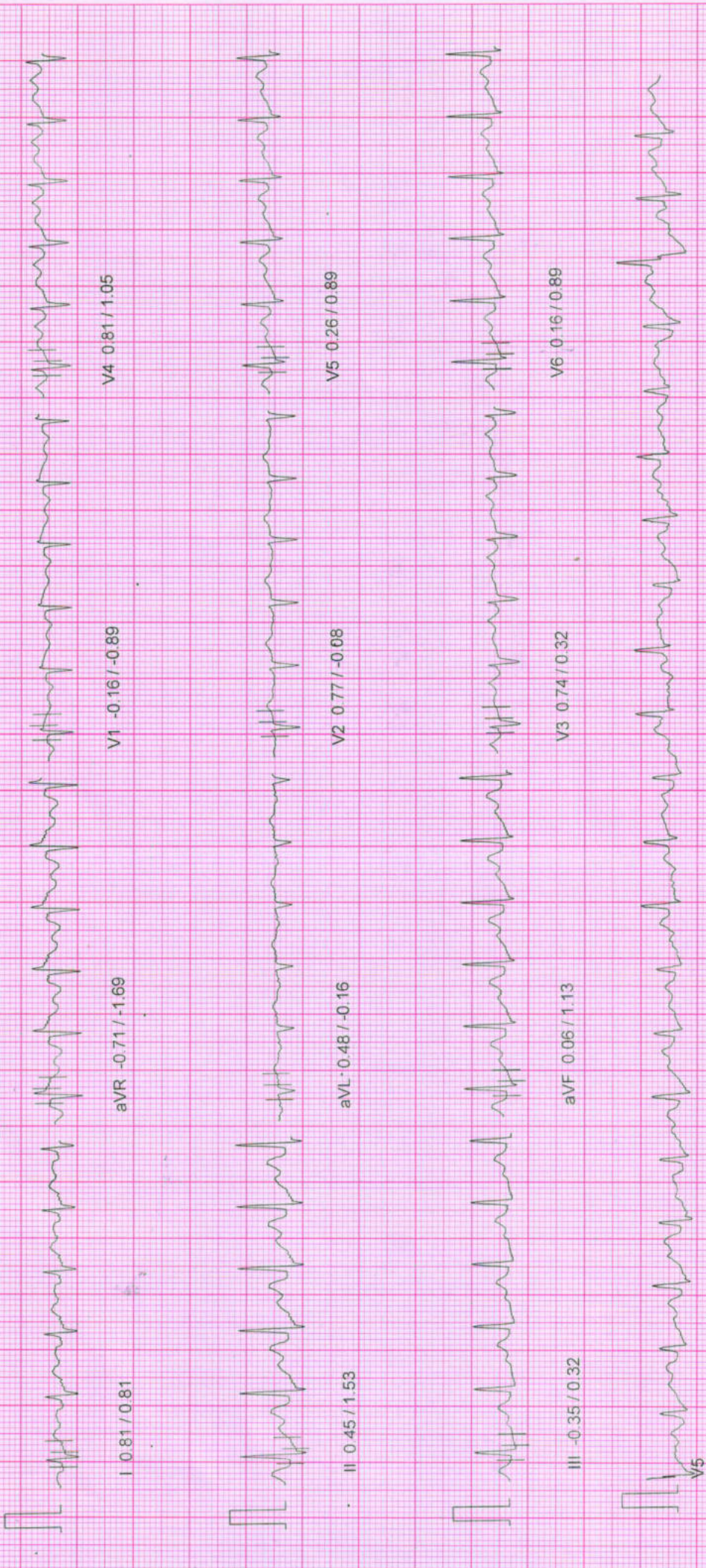
PATIENT NAME : Mrs Deepali Ubhe 46/F

PROTOCOL : BRUCE  
 STAGE : Recovery

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 06:41  
 STAGE DURATION : 01:00  
 HR : 132 bpm  
 QRS Lead : V5

SPEED : 0.0 kmph  
 GRADE : 0.0  
 BP : 150 / 96 mmHg  
 METs : 1.00



# NADKARNI PATHOLOGY LABORATORY

July 22, 2023 11:19 am  
 Report time 11:28 am

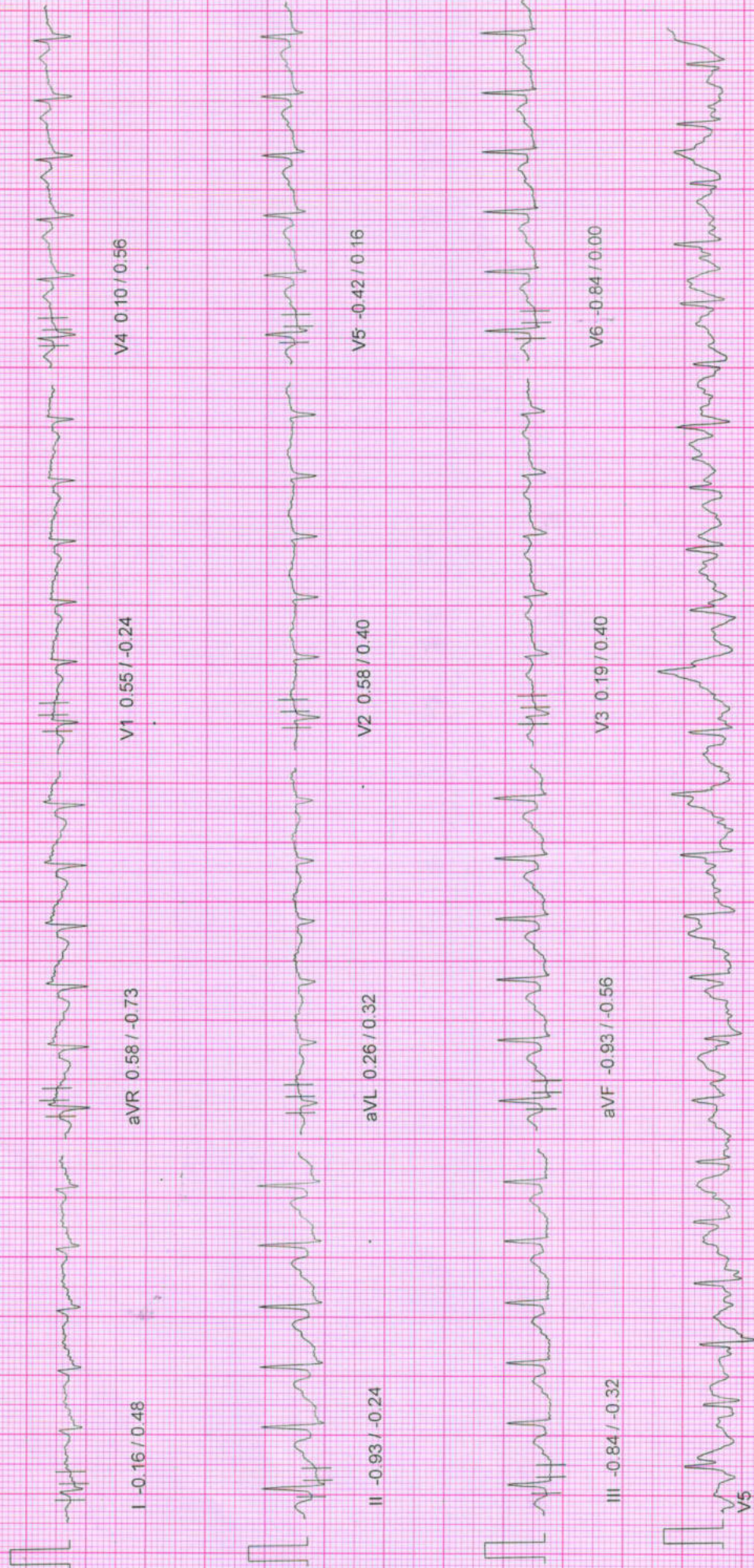
Linked Median Report

PATIENT ID : 3117/2023 HEIGHT : 150 Cm WEIGHT : 86.00 Kg

PATIENT NAME : Mrs Deepali Ubhe 46/F

PROTOCOL : BRUCE  
 STAGE : Peak Exercise  
 ST Levels (mm) / ST Slope (mV/s) measured at 60 ms Post J

PHASE TIME : 06:41  
 STAGE DURATION : 00:41  
 HR : 142 bpm  
 QRS Lead : V5  
 SPEED : 5.5 kmph  
 GRADE : 14.0  
 BP : 150 / 96 mmHg  
 METs : 8.00



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

# NADKARNI PATHOLOGY LABORATORY

July 22, 2023 11:19 am  
 Report time 11:28 am

PATIENT ID : 3117/2023 HEIGHT : 150 Cm WEIGHT : 86.00 Kg

Linked Median Report

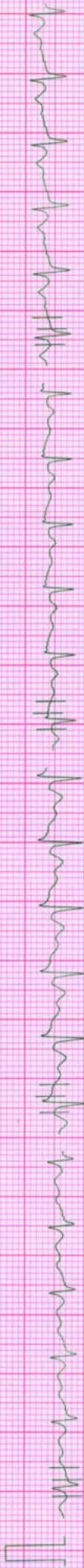
PATIENT NAME : Mrs Deepali Ubhe 46/F

PROTOCOL : BRUCE

STAGE : Exercise Stage 2

ST Levels (mm) / ST Slope (mV/s) measured at 80.ms Post J

PHASE TIME : 06:00  
 STAGE DURATION : 03:00  
 HR : 134 bpm  
 QRS Lead : V5  
 SPEED : 4.0 kmph  
 GRADE : 12.0  
 BP : 140 / 96 mmHg  
 METs : 8.00

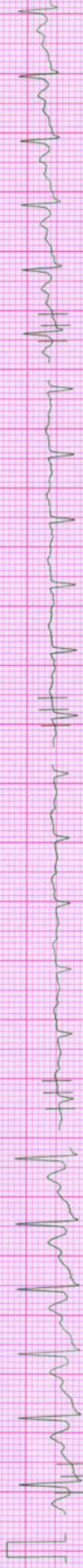


I 0.39 / 0.48

V1 0.03 / -0.97

aVR -0.03 / -0.81

V4 -0.32 / 0.73

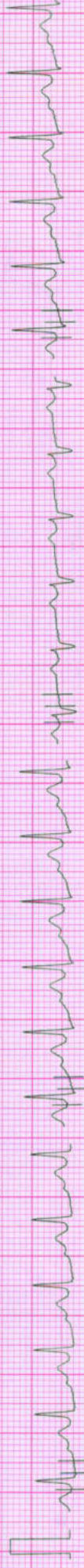


II -0.32 / 0.64

V2 0.52 / 0.08

aVL 0.52 / 0.00

V5 -0.10 / 0.48



III -0.48 / 0.40

V3 0.16 / 0.32

aVF -0.35 / 0.64

V6 -0.19 / 0.56



V5

# NADKARNI PATHOLOGY LABORATORY

July 22, 2023 11:19 am  
 Report time 11:25 am

Linked Median Report

PATIENT ID : 3117/2023 HEIGHT : 150 Cm WEIGHT : 86.00 Kg

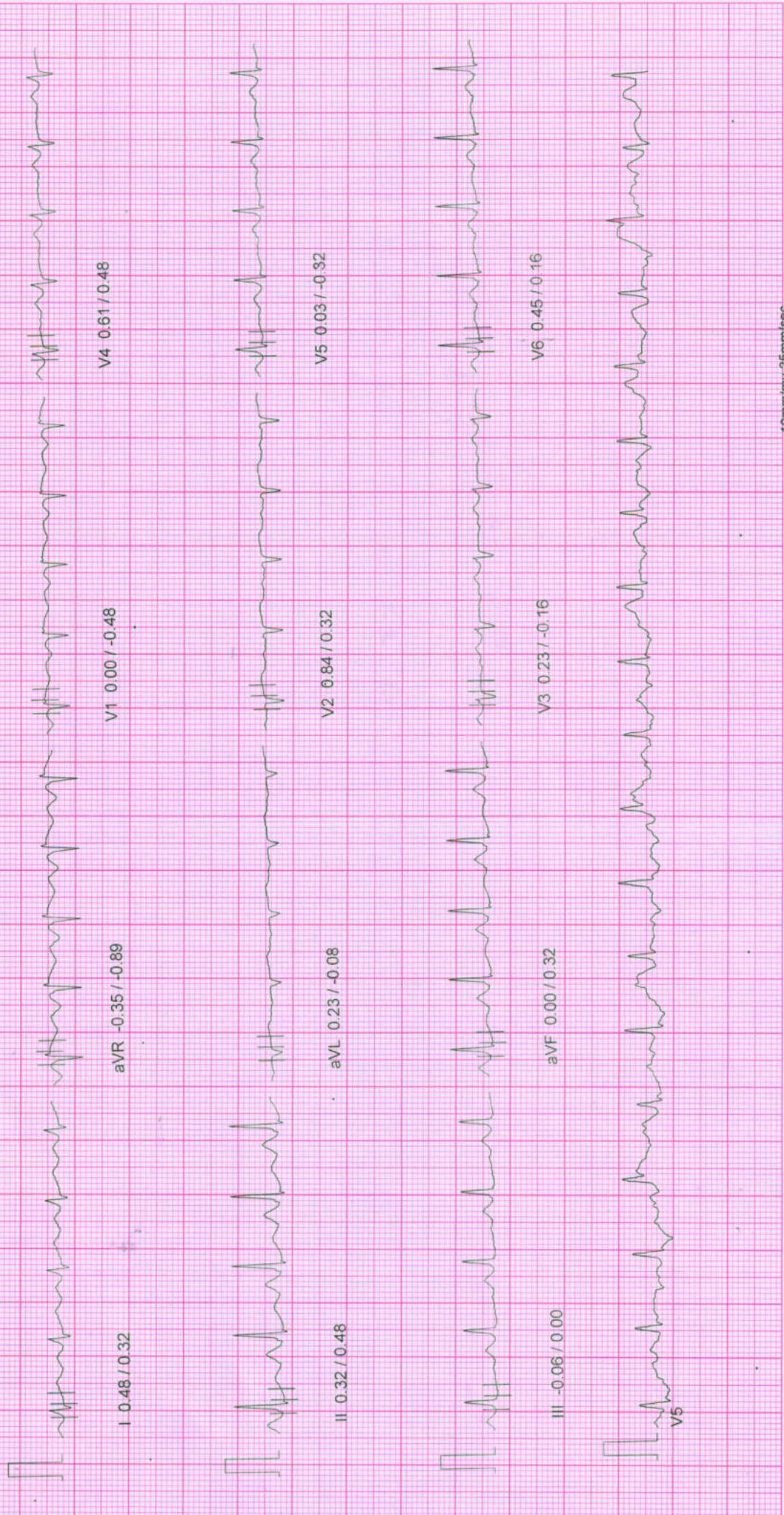
PATIENT NAME : Mrs Deepali Ubhe 46/F

PROTOCOL : BRUCE

STAGE : Exercise Stage 1

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 03:00 SPEED: 2.7 kmph  
 STAGE DURATION : 03:00 GRADE: 10.0  
 HR : 107 bpm BP : 130/90 mmHg  
 QRS Lead : V5 METs : 5.70



# NADKARNI PATHOLOGY LABORATORY

Linked Median Report

July 22, 2023 11:19 am  
Report time 11:22 am

PATIENT ID : 3117/2023 HEIGHT : 150 Cm WEIGHT : 86.00 Kg

PATIENT NAME : Mrs Deepali Ubhe 46/F

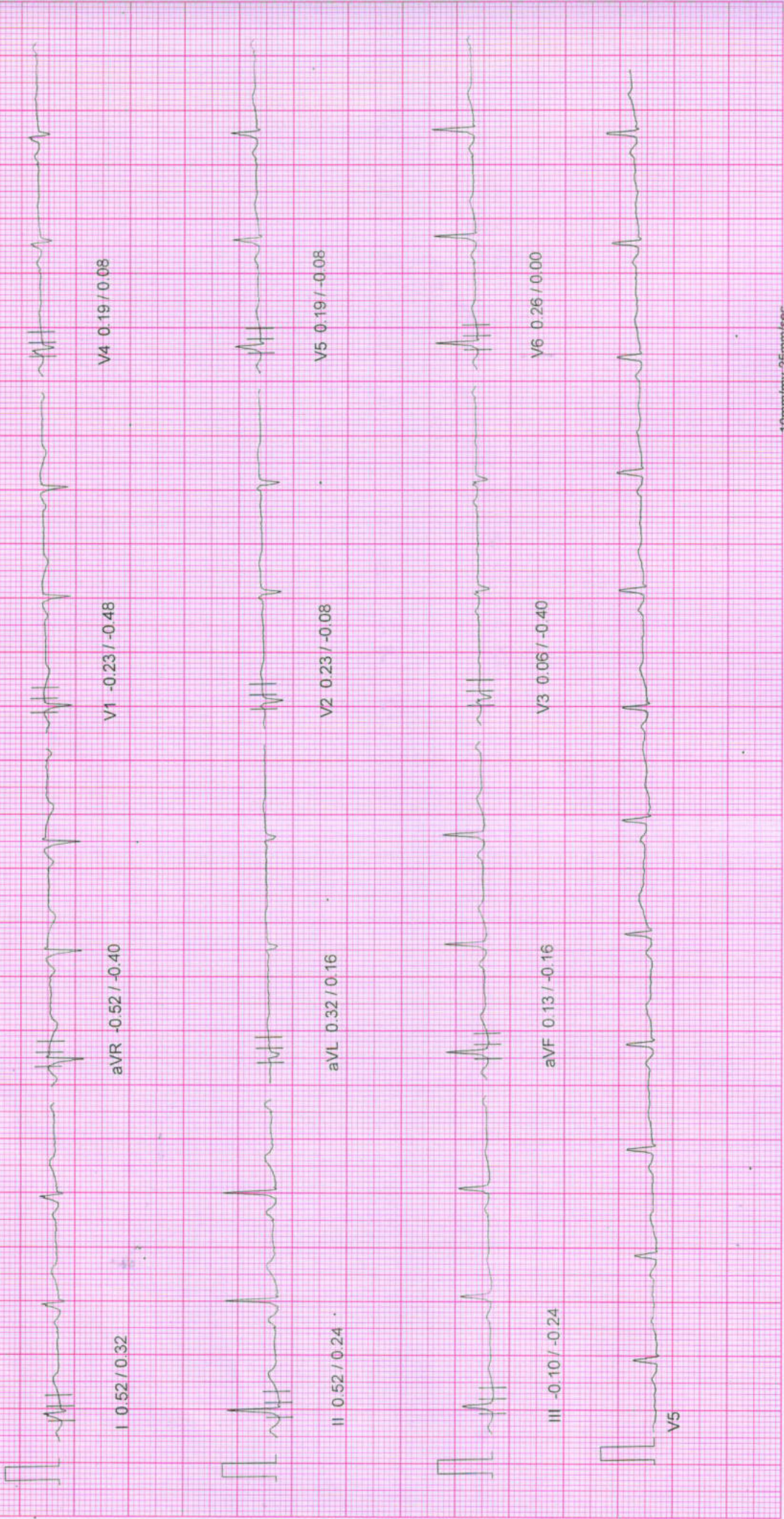
PROTOCOL : BRUCE

STAGE : Wait For Exercise

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 02:15  
STAGE DURATION : 00:00  
HR : 76 bpm  
QRS Lead : V5

SPEED : 0.0 kmph  
GRADE : 0.0  
BP : 130/90 mmHg  
METS : 3.40



10mm/mv 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

# NADKARNI PATHOLOGY LABORATORY

July 22, 2023 11:19 am  
Report time 11:21 am

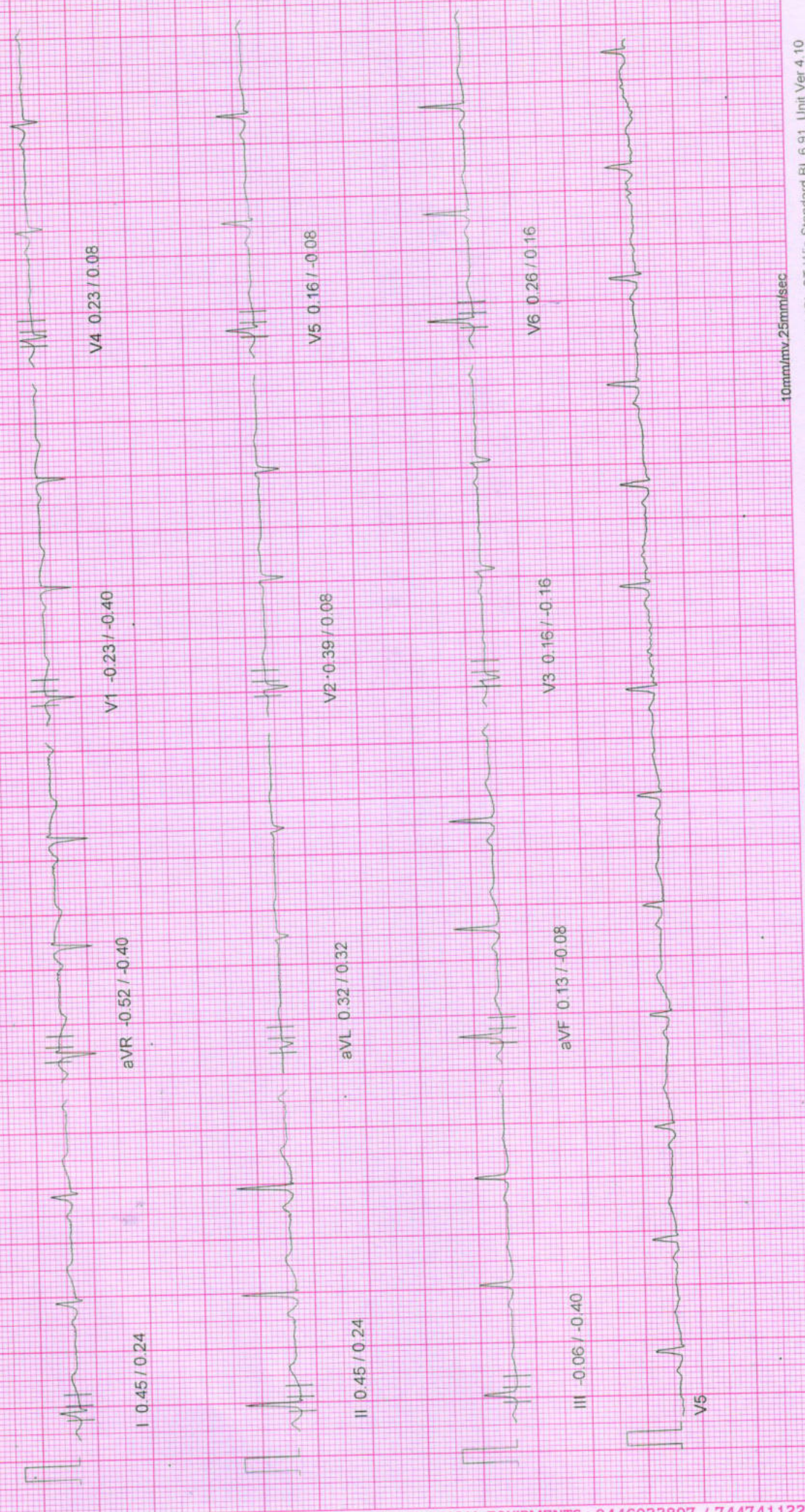
Linked Median Report

PATIENT ID : 3117/2023 HEIGHT : 150 Cm WEIGHT : 86.00 Kg

PATIENT NAME : Mrs Deepali Ubhe 46/F

PROTOCOL : BRUCE  
STAGE : HyperVentilation  
ST Levels (mm) / ST Slope (mV/s), measured at 80 ms Post J

PHASE TIME : 01:56  
STAGE DURATION : 00:00  
HR : 75 bpm  
QRS Lead : V5  
SPEED : 0.0 kmph  
GRADE : 0.0  
BP : 130/90 mmHg  
METS : 1.00



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10



# NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3117/2023 HEIGHT : 150 Cm WEIGHT : 86.00 Kg

Linked Median Report

July 22, 2023 11:19 am

Report time 11:21 am

PATIENT NAME : Mrs Deepali Ubhe 46/F

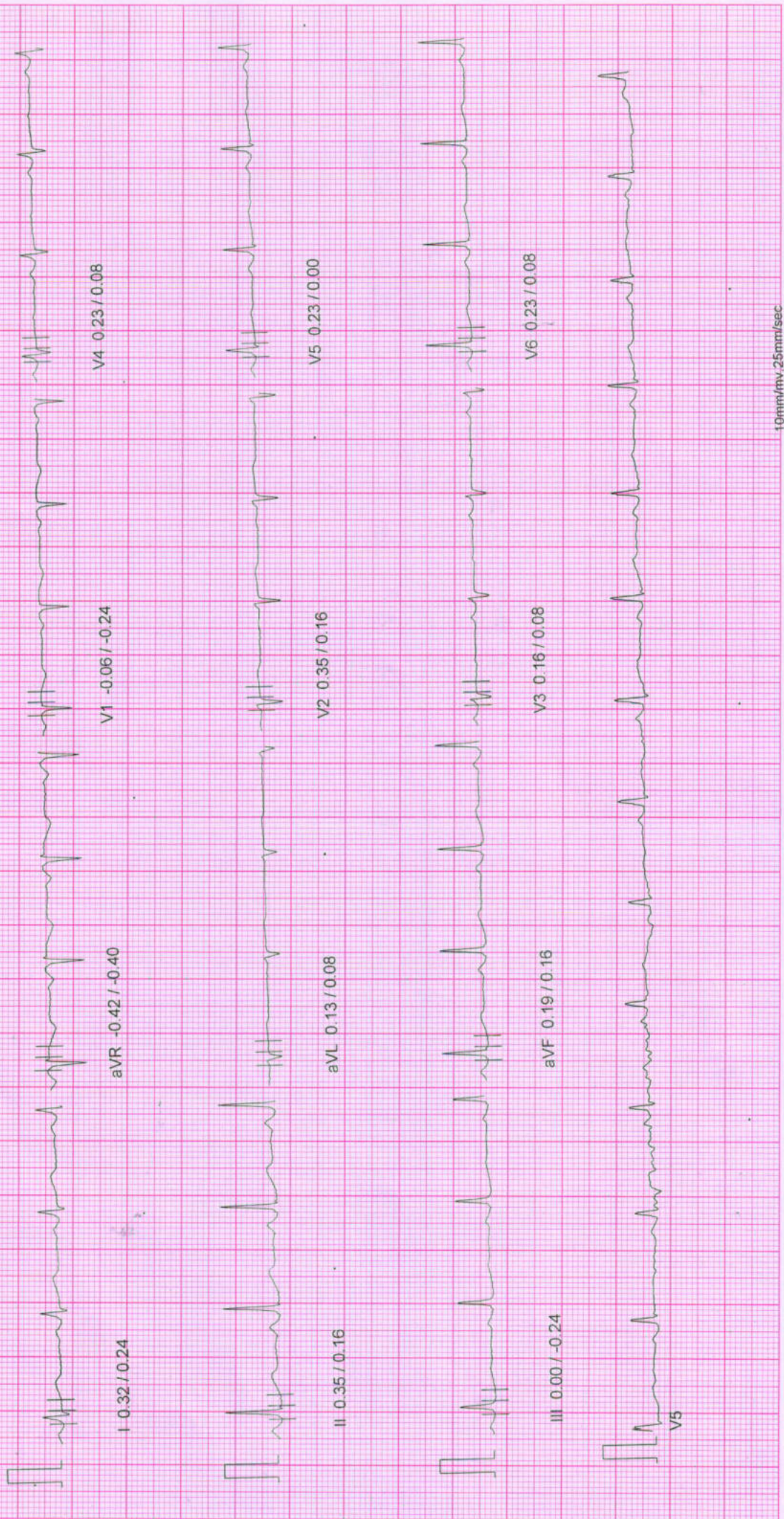
PROTOCOL : BRUCE

STAGE : Standing

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 01:27  
 STAGE DURATION : 00:00  
 HR : 78 bpm  
 QRS Lead : V5

SPEED: 0.0 kmph  
 GRADE: 0.0  
 BP : 130 / 90 mmHg  
 METs : 1.00



10mm/mv, 25mm/Sec

100 Hz

NASAM (C) ST-Wrn Standard BL 6.91, Unit Ver 4.10

# NADKARNI PATHOLOGY LABORATORY

July 22, 2023 11:19 am  
 Report time 11:20 am

Linked Median Report

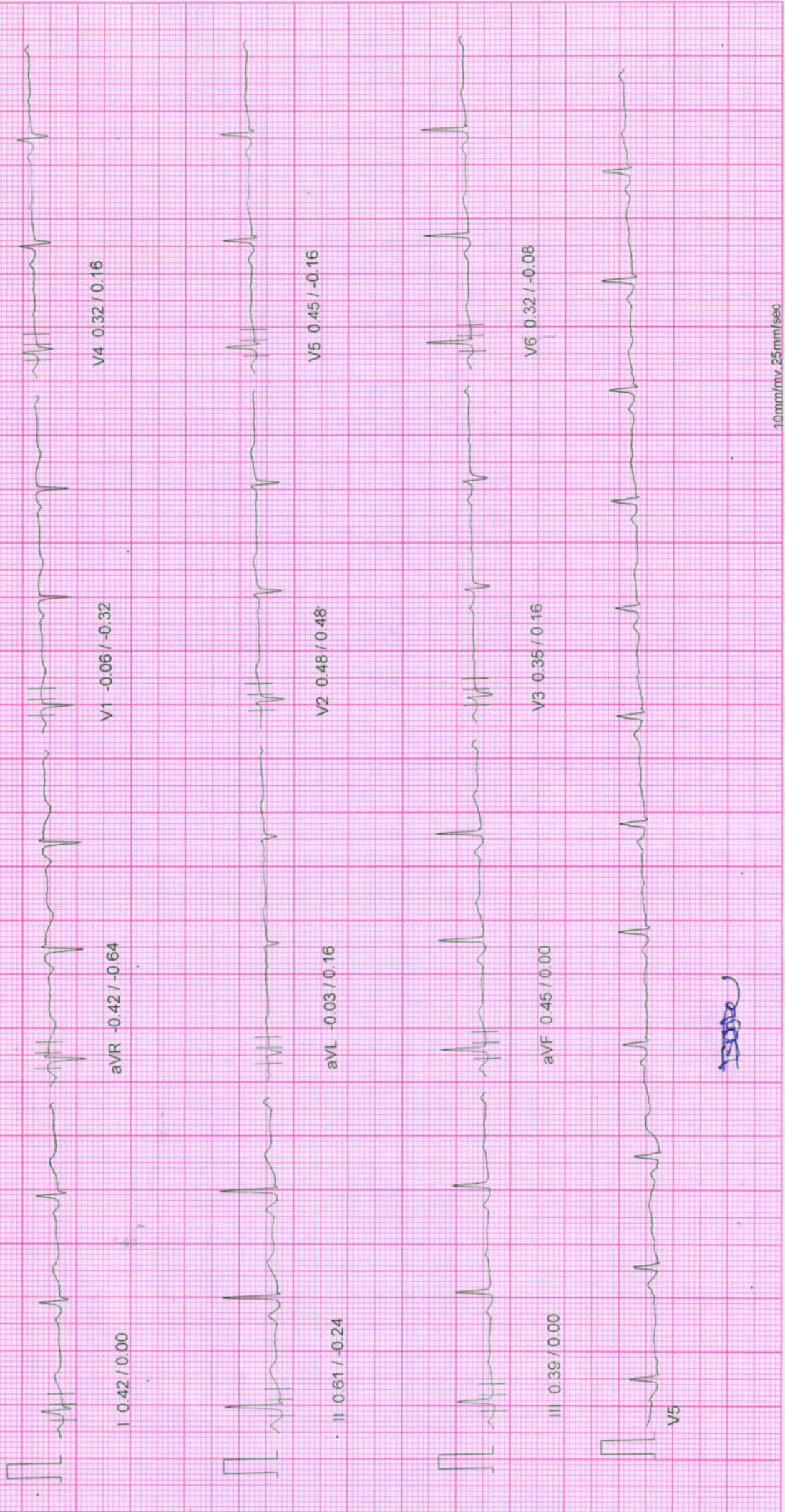
PATIENT ID : 3117/2023 HEIGHT : 150 Cm WEIGHT : 86.00 Kg

PATIENT NAME : Mrs Deepali Ubhe 46/F

PROTOCOL : BRUCE  
 STAGE : Supine

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 00:49 SPEED: 0.0 kmph  
 STAGE DURATION : 00:00 GRADE: 0.0  
 HR : 74 bpm BP : 130 / 90 mmHg  
 QRS Lead : V5 METs : 1.00



*Isobe*

10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

# NADKARNI PATHOLOGY LABORATORY

July 22, 2023 11:19 am  
 Report time : 11:20 am

Linked Median Report

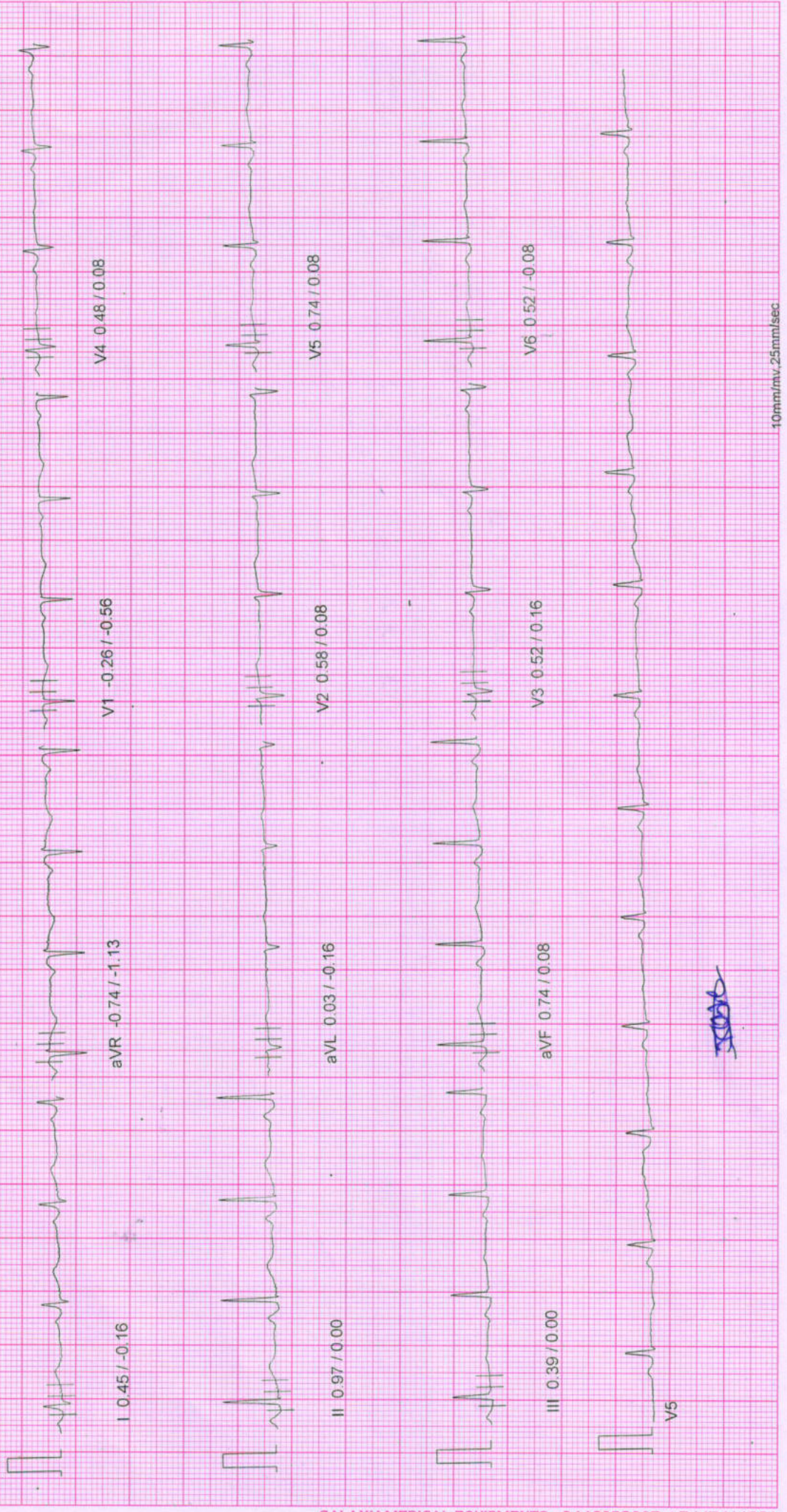
PATIENT ID : 3117/2023 HEIGHT : 150 Cm WEIGHT : 86.00 Kg

PATIENT NAME : Mrs Deepali Ubhe 46/F

PROTOCOL : BRUCE  
 STAGE : Pre-Test

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 00:31 SPEED: 0.0 kmph  
 STAGE DURATION : 00:00 GRADE: 0.0  
 HR : 76 bpm BP : 130/90 mmHg  
 QRS Lead : V5 METs : 1.00



# NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3117/2023 HEIGHT : 150 Cm WEIGHT : 86.00 Kg  
 PATIENT NAME : Mrs Deepali Ubhe 46/F

July 22, 2023  
 Report time :

11:19 am  
 11:20 am

PROTOCOL : BRUCE

## ST Tables

ST LEVELS	Phase	I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
	Pre-Test	0.4	0.9	0.6	-0.6	-0.2	0.7	-0.2	0.5	0.4	0.3	0.7	0.5
	Supine	0.4	0.6	0.4	-0.4	-0.0	0.5	-0.1	0.5	0.4	0.3	0.5	0.3
	Standing	0.3	0.4	0.0	-0.4	0.1	0.2	-0.0	0.4	0.2	0.3	0.3	0.2
	HyperVentilation	0.5	0.5	-0.1	-0.5	0.4	0.2	-0.2	0.4	0.2	0.2	0.1	0.3
	Wait For Exercise	0.5	0.4	-0.1	-0.5	0.3	0.1	-0.3	0.2	0.1	0.1	0.2	0.2
	Exercise Stage 1	0.5	0.4	0.0	-0.4	0.2	0.0	0.1	0.9	0.2	0.6	0.0	0.4
	Exercise Stage 2	0.5	-0.1	-0.5	-0.3	0.5	-0.3	-0.1	0.6	0.2	0.3	0.1	-0.3
	Peak Exercise	-0.2	-0.9	-0.8	0.6	0.3	-0.9	0.5	0.6	0.2	0.1	-0.4	-0.8
	Recovery 1	0.9	0.5	-0.3	-0.8	0.6	0.2	-0.1	0.9	0.7	0.8	0.3	0.2
	Recovery 3	0.2	0.5	0.5	-0.4	-0.2	0.5	0.0	0.2	0.7	0.7	0.3	0.1
	Recovery 6	-0.0	-0.3	-0.2	0.2	0.0	-0.2	0.0	0.1	0.0	0.0	-0.2	-0.2

ST SLOPES	Phase	I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
	Pre-Test	0.0	0.2	0.2	-0.7	-0.2	0.2	-0.3	0.2	-0.1	0.2	0.2	0.1
	Supine	0.0	-0.2	0.0	-0.6	0.2	0.0	-0.3	0.5	0.2	0.2	-0.2	-0.1
	Standing	0.2	0.2	-0.1	-0.4	0.2	0.2	-0.2	0.2	0.1	0.1	-0.1	0.1
	HyperVentilation	0.2	0.2	-0.2	-0.3	0.2	0.1	-0.4	0.2	-0.2	0.1	-0.1	0.2
	Wait For Exercise	0.2	0.2	-0.3	-0.3	0.2	-0.2	-0.5	-0.1	-0.4	0.0	-0.1	0.0
	Exercise Stage 1	0.1	0.5	0.2	-1.0	-0.4	0.4	-0.4	0.1	-0.1	0.5	-0.4	0.2
	Exercise Stage 2	0.6	1.0	0.0	-1.0	0.2	0.5	-0.6	0.2	-0.1	0.3	-0.2	0.4
	Peak Exercise	0.5	-0.2	-0.3	-0.7	0.3	-0.6	-0.2	0.4	0.4	0.6	0.2	0.0
	Recovery 1	1.1	1.6	0.2	-1.7	0.2	1.1	-0.9	0.2	0.5	1.1	1.0	0.7
	Recovery 3	0.2	1.6	0.9	-1.2	-0.4	1.4	-0.5	-0.1	0.8	0.9	0.8	0.6
	Recovery 6	-0.1	0.1	0.2	-0.5	-0.2	0.1	-0.6	-0.2	0.1	0.2	0.0	0.0

# NADKARNI PATHOLOGY LABORATORY

Indraprasth Chamber, Ground Floor, Karve Road, Pune 411038

PATIENT ID : 3117/2023

PATIENT NAME : Mrs Deepali Ubhe 46/F

## Summary Report

Report time  
July 22, 2023

11:20 am  
11:19 am

PROTOCOL : BRUCE

PATIENT HEIGHT : 150 Cm

PATIENT WEIGHT : 86.00 Kg

PATIENT ADD.: pune

Ref. By : MEDIWHEEL  
(MEDWHEEL)

Stage	Stage Speed (Kmph) / Time Grade (%)	HR bpm	BP mmHg	R.P.P. X 1000	METS	ST Level I	Stage Comments
Pre-Test	00:31 0.00 / 0.00	76	0 / 0	0	1.00	0.35	
Supine	00:18 0.00 / 0.00	74	130 / 90	9	1.00	0.42	
Standing	00:37 0.00 / 0.00	78	130 / 90	10	1.00	0.32	
HyperVentilation	00:29 0.00 / 0.00	75	130 / 90	9	1.00	0.55	
Wait For Exercise	00:18 0.00 / 0.00	76	130 / 90	9	1.00	0.45	
Exercise Stage 1	03:00 2.70 / 10.00	107	130 / 90	13	5.70	0.52	
Exercise Stage 2	03:00 4.00 / 12.00	134	140 / 96	18	8.00	0.52	
Peak Exercise	00:41 5.50 / 14.00	145	150 / 96	21	8.00	-0.16	
Recovery 1	01:00 0.00 / 0.00	132	150 / 96	19	1.00	0.93	
Recovery 3	03:00 0.00 / 0.00	104	140 / 90	14	1.00	0.16	
Recovery 6	06:00 0.00 / 0.00	87	130 / 90	11	1.00	-0.03	

TOTAL EXER TIME : 6 : 41 min

MAX HR : 147 bpm (84.48 % of 174 bpm)

MAX BP : 150 / 96 mmHg

MAX WORKLOAD : 8.00

DISTANCE COVERED : 0.40 Km

DOUBLE PRODUCT : 22050.00

**Dr. Vivekanand M. Nadkarni**

M.B.B.S., D.T.M. & H. (Lon.), FCGP, MIOSH

MMC Reg. No. 42322

Physician

Health Care Clinic

Varua Complex, Kulkarni Marg, Kothrud, Pune-411 038



**Dr. VIVEKANAND M. NADKARNI**

MBBS., D.T.M. & H.

# NADKARNI PATHOLOGY LABORATORY

Indraprasth Chamber, Ground Floor, Karve Road, Pune 411038

PATIENT ID : 3117/2023

PATIENT NAME : Mrs Deepali Ubhe 46/F

## Summary Report

Report time  
July 22, 2023  
11:20 am  
11:19 am

PROTOCOL : BRUCE

PATIENT HEIGHT : 150 Cm

PATIENT WEIGHT : 86.00 Kg

PATIENT ADD. : pune

Ref. By : MEDIWHEEL  
( MEDWHEEL )

OBJECT OF TEST

: Routine check up

RISK FACTOR

: Obese

ACTIVITY

: Sedentary

MEDICATION

: none

BRIEF HISTORY

: job profile Housewife

OTHER INVESTIGATION

: Max HR

REASON FOR TERMINATION

EXERCISE TOLERANCE

: Average

EXERCISE INDUCED ARRHYTHMIA

: No

HAEMO RESPONSE

: Normal

CHRONO RESPONSE

: Normal

FINAL IMPRESSION

: Stress test is negative for exercise induced Ischaemic heart disease.

Average Effort tolerance.

No Arrhythmias seen during test period.

Normal Haemodynamic and Chronotropic responses.

Dr. Vivekanand M. Nadkarni  
M.B.S., D.T.M. & H. (Gen.), FCGP, MIDSH  
MMC Reg. No. 42332

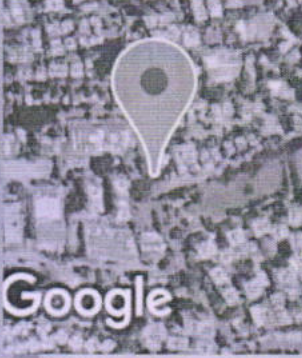
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Health Care Clinic  
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Pune-411 038.

Dr. VIVEKANAND M. NADKARNI  
MBBS., D.T.M. & H.



(Mrs) Sangeeta V. Nadkarni  
Consultant Pathologist - MD (Path.)  
MMC Reg No. 53839  
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Ground Floor, Opp. Kirloskar Kisan,  
Karve Road, Kothrud, Pune-411038  
Tel: 8983777793 / 9763593646

GPS Map Camera



Google

Pune, Maharashtra, India  
Swapna Shilp, GR2C+2XX, Kothrud, Pune, Maharashtra  
411038, India  
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Long 73.822442°  
22/07/23 10:24 AM GMT +05:30





**DR. PRASHANT-NAIK**

MD (RADIOLOGY)

REG. NO. 58314

TIME 6 PM TO 9 PM

**DR. KEDAR ATHAWALE**

DMRD DNB

REG. NO. 84908

TIME 9 AM TO 12 NOON

NANDAN PRIDE, KARVE STATUE CHOWK.

NEAR PETROL PUMP, KARVE ROAD.

KOTHRUD, PUNE - 411038

PH. : (020) 25382425 / MOBILE 9822407720

SUNDAY CLOSED

MODERN  
**MODERN**

diagnostics

• DIGITAL X-RAY • SONOGRAPHY • COLOUR DOPPLER

Patient's Name Mrs Deepali Ubhe  
Ref By Dr Dr V M Nadkarni  
Date July 22, 2023

### USG ABDOMEN & PELVIS

Liver normal in size, shape & outline & reveals normal echo-texture.  
No focal lesion seen. Intra hepatic biliary and portal vein radicles normal.  
Gall bladder physiologically distended & shows a 4 mm mobile calculus. No e/o  
cholecystitis.  
Portal vein & CBD normal. No calculus in CBD.  
Spleen & visualized pancreas show normal size & echoanatomy. Tail of pancreas not  
visualized due to unavoidable bowel gas.  
Both kidneys normal in size, shape, outline & position.  
Right kidney :- 90mm x 38mm.  
Left kidney :- 99mm x 47 mm.  
No calculus, hydronephrosis or hydroureter on either side.  
Cortico-medullary differentiation normal.  
Urinary bladder is well filled. No mural or luminal pathology seen.  
Uterus is normal in size, shape and echopattern. It measures 70x39x45 mm. The  
endometrial is central and measures 8 mm. A 20 mm intramural fibroid is seen at the  
fundus.  
Both the ovaries are normal in size, shape and echopattern,  
RO - 28x18 mm. LO - 30x18 mm.  
No adnexal lesion is seen. No free fluid is seen in pouch of Douglas.  
Aorta & IVC normal. No lymphadenopathy. No loculated or free fluid collection  
seen in abdomen or pelvis. No abnormally dilated bowel loops seen.

### IMPRESSION

Gall bladder calculus.  
Uterine fibroid.

Dr. Kedar Athawale  
DMRD, DNB  
Thanks for referral

**DR. KEDAR ATHAWALE**  
DMRD DNB (Radiology)  
Reg. No. 84908