

204

Dr. Vandana G. Powar M.B.B.S., D.C.P.
Consultant Pathologist



PARTH
PATHOLOGY LABORATORY
(Computerised)

LAB - Shop No. 7, "Diwan Towers" Mangalwar Peth, Near Mirajkar Tikti, Opp. Nutan Marathi High School, Kolhapur. Mob. 9158529408, 9422047480, 9921285167

DATE – 26/08/2023

PATIENT NAME-SHILPA POWAR

AGE – 30Y/FEMALE

HEIGHT – 158 cm

WEIGHT – 53 kg

BLOOD PRESSURE - 107 /70 mmHg

PULES – 72/ Min

FIT TO PERFORM ALL DUTIES



Dr. Vandana G. Powar
M.B.B.S., D.C.P.
Reg. No. 68137

PATHOLOGIST

[Signature]
DR. VANDANA POWAR
M.B.B.S., D.C.P.

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भारत सरकार
Unique Identification Authority of India
Government of India

नौदतिष्माधा क्रमांक / Enrollment No: 2085/100A/1005A1

To
शिल्पा समीर पौवार
Shilpa Samir Powar
Ambavasa Road, Hutabna Nagar Kolhapur
Kolhapur
Kolhapur
Dhudargad Kolhapur
Maharashtra 416209
9860997154
MA005020310F1



आपला आधार क्रमांक / Your Aadhaar No. :

3240 8265 6707

माझे आधार, माझी ओळख



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Reg. No. 68137



भारत सरकार
Government of India



शिल्पा समीर पौवार
Shilpa Samir Powar
जन्म तारीख / DOB : 07/01/1993
स्त्री / Female



3240 8265 6707

माझे आधार, माझी ओळख

Shilpa



AB - Shop No. 7, "Diwan Towers" Mangalwar Peth, Near Mirajkar Tikli, Opp. Nutan Marathi High School, Kolhapur. Mob. 9158529408, 9422047480, 9921285167

NAME : - SHILPA POWAR

DATE : 26/08/2023 PT.NO. : 204 26082

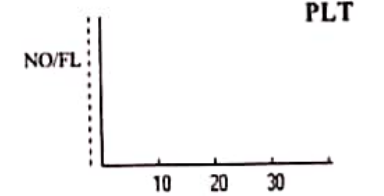
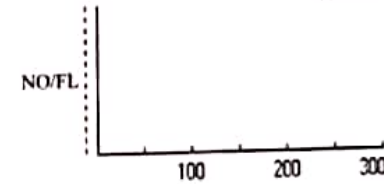
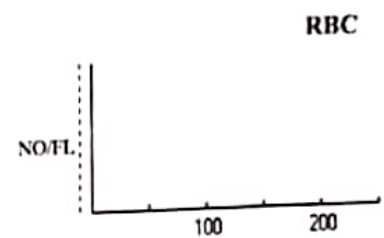
REF BY : Dr. MEDIWHEEL LIFE INS

AGE : 30. Yrs. SEX : F

HAEMOGRAM WITH INDICES

Test	Result	Units	Normal Range
Haemoglobin	12.8	g/dl	12-16
RBC Count	4.55	millions / cu-mm	4.5 - 6.5
PCV	39.4	%	40 - 54
MCV	86.6	fL	80 - 96
MCH	28.1	Pg	27 - 33
MCHC	32.5	gm/dl	33 - 36
RDW CV	12.9	%	11.0 - 14.5
WBC Count	4300	/cumm	4000 - 11000
Neutrophils	62	%	55 - 75
Lymphocytes	33	%	20 - 50
Eosinophils	03	%	1 - 6
Monocytes	02	%	2-10
Basophils	00	%	0 - 1
Platelet Count	191000	/ul	150000 - 450000
MPV	10.0	fL	7.4 - 10.4
PDW	12.4	%	8-12
P-LCR	25.5	%	15-35
E.S.R. (By Wintrobe Method)	09	mm at 1hr	0-15
RBC Morphology	Normochromic, Normocytic.		
WBC Morphology	Within Normal Limits		
Platelets	Adequate		

Histogram



* Blood group - 'O' Rh Positive

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PT.NAME : - SHILPA POWAR
REF. BY : DR. MEDIWHEEL LIFE INS

DATE : 26/08/2023
AGE : 30 Yrs. SEX : F
PT.NO. : 204 260823

BIOCHEMISTRY TEST REPORT

			<u>Normal Range</u>
Fasting Plasma Glucose	: 71.7	mg/dl	60-110 mg/dl
2 Hrs. Plasma Glucose	: 110.2	mg/dl	90-140 mg/dl
S. Creatinine	: 0.9	mg/dl	0.6 - 1.4 mg/dl
Blood Urea	: 26.6	mg/dl	12-42 mg/dl
Blood Urea Nitrogen	: 12.43	mg/dl	5 - 21 mg/dl
S. Uric acid	: 4.7	mg/dl	2.6 -6.0 mg/dl
CHOLESTEROL	: 159.6	mg/dl	0-250 mg/dl
HDL Cholesterol	: 33.0	mg/dl	30 - 70 mg/dl
S. Triglycerides	: 87.9	mg/dl	0-170 mg/dl
LDL Cholesterol	: 109.0	mg/dl	60 - 150 mg/dl
TC/HDLC Ratio	: 4.8		0 - 5
LDLC/HDLC Ratio	: 3.3		2.5-3.5

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REF. BY : DR. MEDIWHEEL LIFE INS

DATE : 26/08/2023
AGE : 30 Yrs. SEX : F
PT.NO. : 204 260823

BIOCHEMISTRY TEST REPORT

			<u>Normal Range</u>
S. Bilirubin (Total)	: 0.28	mg/dl	0 - 1.0 mg/dl
S. Bilirubin (Direct)	: 0.12	mg/dl	0 - 0.25 mg/dl
S. Bilirubin (Indirect)	: 0.16	mg/dl	0 - 0.75 mg/dl
S.G.O.T	: 29.4	IU/L	0 - 42 IU/L
S.G.P.T	: 11.3	IU/L	0 - 42 IU/L
S. Alkaline Phosphatase	: 80.7	IU/L	37 - 147 IU/L
Total Proteins	: 7.9	g/dl	6.6 - 8.3 g/dl
S. Albumin	: 4.8	g/dl	3.5 - 5.0 g/dl
S. Globulin	: 3.1	g/dl	1.5 - 3 g/dl
A/G Ratio	: 1.5 : 1		0.90 - 2.00

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DATE : 26/08/2023

REF. BY : DR. MEDIWHEEL LIFE INS

AGE : 30 Yrs. SEX : F

PT.NO. : 204 260823

REPORT ON % GLYCOHAEMOGLOBIN OF BLOOD

% Glycohaemoglobin of blood : 5.1 %

Estimated mean blood glucose : 100.3 mg/dl

(Reference For Guideline)

- < 6.0 - Normal
- 6.0 - 7.0 % - Good Control
- 7.0 - 8.0 % - Fair Control
- 8.0-10.0% - Unsatisfactory control
- >10.0% - Poor control

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REF. BY : DR. MEDIWHEEL LIFE INS

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AGE : 30 Yrs. SEX : F
PT.NO. : 204 260823

EXAMINATION OF URINE

Normal Range

PHYSICAL EXAMINATION

Quantity : 05 ml
Colour : Pale Yellow
Appearance : Clear
Deposit : Absent
Reaction (pH) : Acidic
Specific Gravity : 1.024

CHEMICAL EXAMINATION

Proteins : Absent
Glucose : Absent
Ketone Bodies : -- Absent
Bile Salts : Absent Absent
Bile Pigments : Absent
Urobilinogen : --
Occult Blood : Absent

MICROSCOPIC EXAMINATION

Epithelial Cells : 1 - 2 /hpf
Pus Cells : 2 - 3 /hpf
Red Blood Cells : Absent /hpf
Casts : Absent
Crystals : Absent
Amorphous Deposits : Absent

OTHER FINDINGS

Yeast Cells : Absent
Trichomonas vaginalis : Absent
Bacteria : Absent
Mucus Threads : Absent
Spermatozoa : Absent

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PATIENT NAME:- SHILPA POWAR

AGE – 30/SEX-FEMALE

REFERANCE : - MEDIWHEEL LIFE INS

DATE – 26/08/2023

BIOCHEMISTRY

NORMAL VALUE

SERUM GAMMA. G. T : 19.8 mmol/L

10-50 mmol / L

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[Handwritten Signature]

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PATIENT NAME:- SHILPA POWAR

AGE - 30/SEX-FEMALE

REFERANCE :- MEDIWHEEL LIFE INS.

DATE - 26/08/2023

BIOCHEMISTRY

NORMAL VALUE

SERUM VLDL - 21.3 mmol/L

10-50 mmol / L

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26/08/2023

THE ECG OF CLIENT- SHILPA POWAR
IS WITHIN NORMAL LIMIT

NO ABNORMAL FINDINGS ARE DETECTED



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MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

SHILPA S POWAR (30 F)

Chart Speed: 25 mm/sec

ID: 215

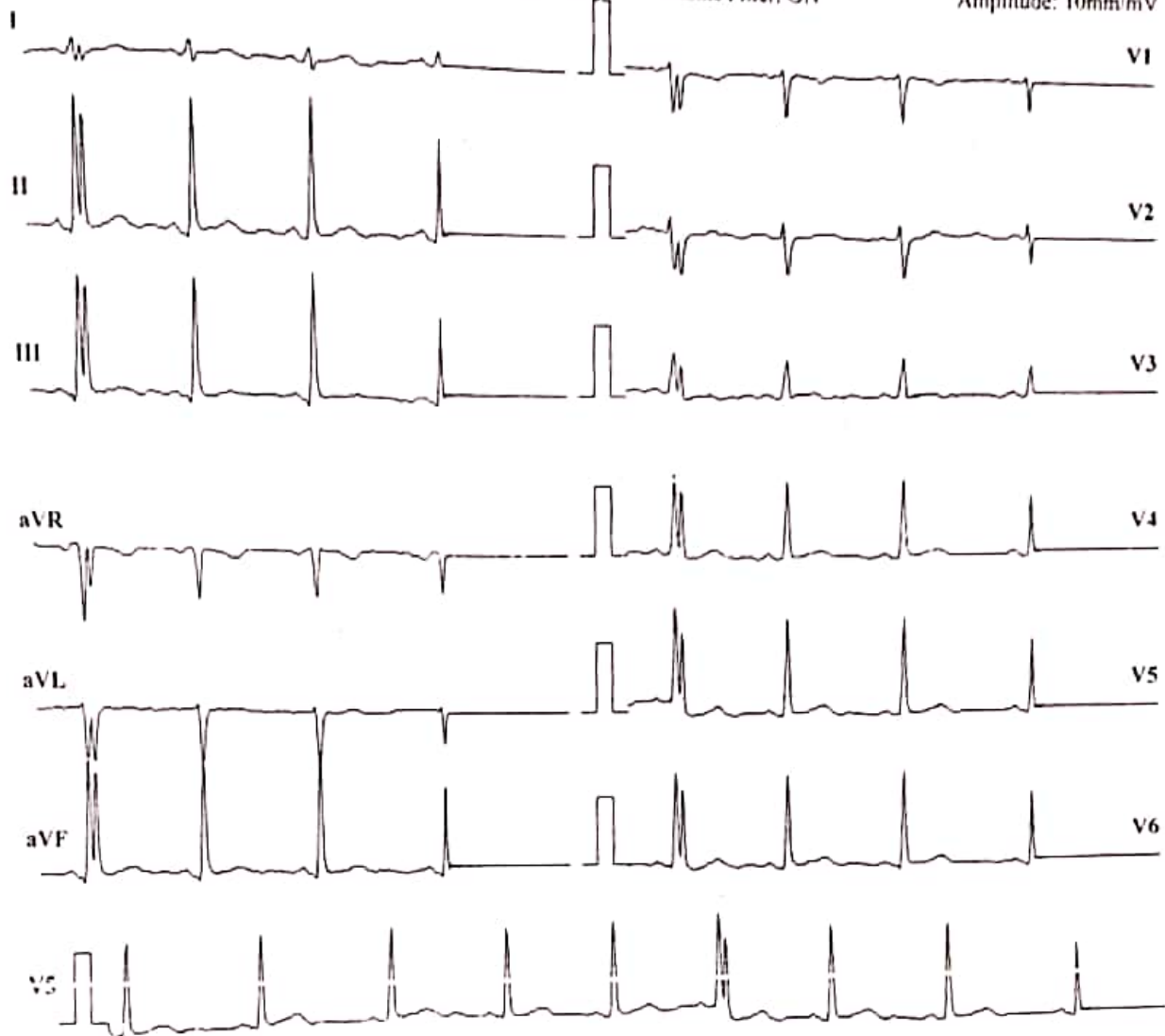
Date: 26-08-2023

Time: 11:25

Filter: 35Hz

Mains Filter: ON

Amplitude: 10mm/mV



ISO = R + 60 ms, J = R + 60 ms, Post J = J + 80 ms

Lead	P(mV)	Q(mV)	R(mV)	S(mV)	T(mV)
I	0.03	-0.01	0.09	-0.08	0.05
II	0.04	-0.03	1.45	0.15	0.07
III	0.03	-0.01	1.37	0.24	0.01
aVR	-0.04	0.04	-0.81	0.01	-0.07
aVL	0.01	0.01	-0.63	-0.15	0.01
aVF	0.03	-0.03	1.4	0.19	0.04
V1	-0.04	-0.01	-0.48	-0.07	-0.04
V2	0	0.01	-0.47	-0.15	0.03
V3	-0.03	-0.04	0.43	-0.04	-0.04
V4	-0.01	-0.05	0.89	0.05	0.01
V5	0.04	-0.03	1.45	0.15	0.07
V6	0	-0.03	1.11	0.08	0.05

Intervals (ms)

P-Q	Q-R-S	Q-T	Q-TC
64	70	342	397

Axis (deg)

P	QRS	T
-90	-87	-45

HR: 81 bpm

BP: 120/80 mmHg

Interpretation: NORMAL

DR. SHANTANU S. PALKAR

Doctor: DR SHANTANU S. PALKAR

CLINICAL CARDIOLOGIST

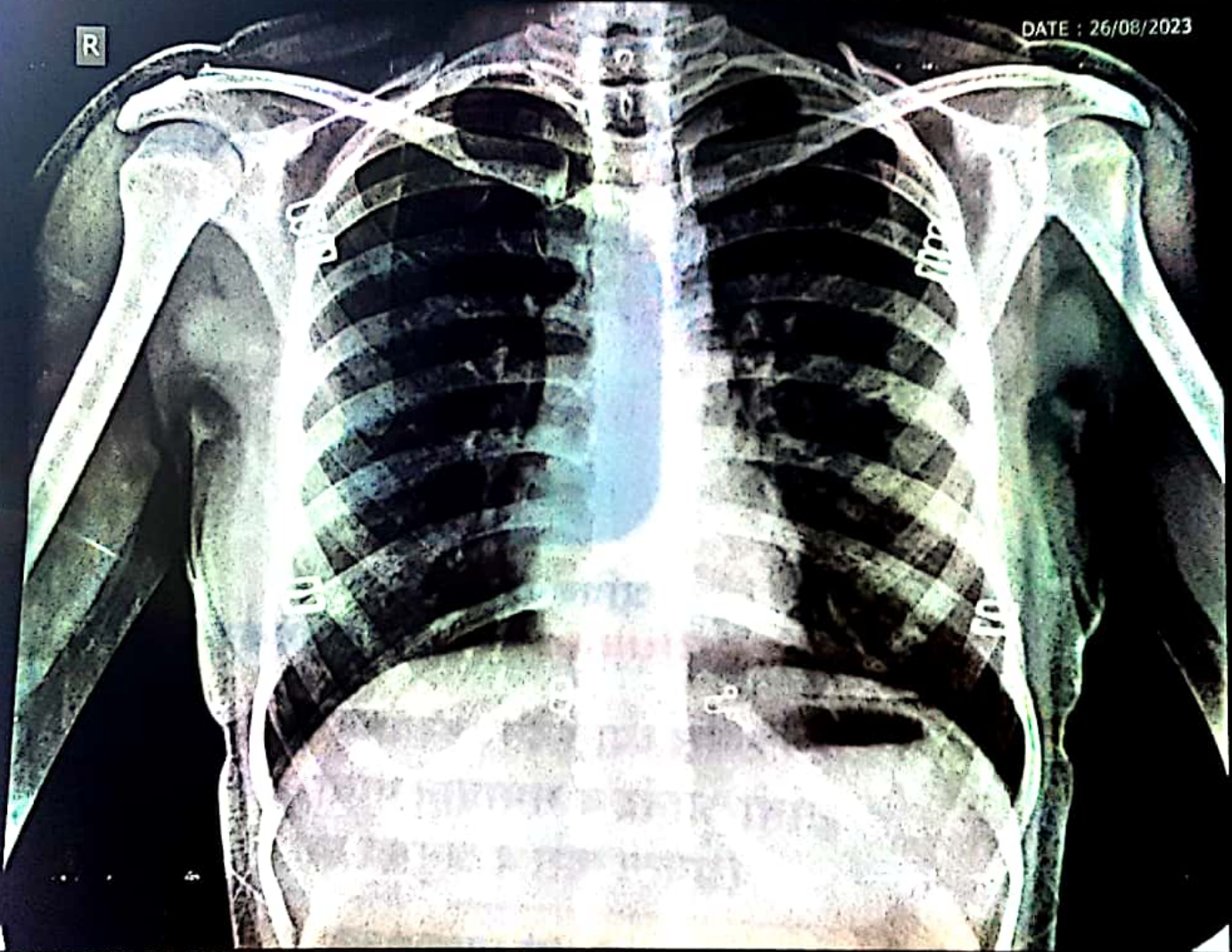
M.C. No. 2011040954

Schiller Cardiovit CS-10 Version 3.4

Ref. By MEDWHEEL

R

DATE : 26/08/2023



Name: MRS SHILPA POWAR

Age/Sex: 30 / Female

Ref. Dr. PARTH LAB

Chest PA

WARA DIGITAL X-RAY RAJARAMPURI 10TH LANE KOLHAPUR 9890186675



SWARA DIGITAL

X- RAY

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PATEINT NAME : MRS SHILPA POWAR

AGE/SEX : 30Y/MALE

REF BY : PARTH LAB

DATE : 26/08/2023

CHEST X-RAY (PA)

Both lungs fields are normal

Both costophrenic angles appear normal


The tracheal lucency is centrally placed

The mediastinal & diaphragmatic outlines appear normal.

The heart shadow is normal

Normal chesr xray


ADV: Clinical correlated


DR SAKSHAM GUPTA
MBBS, MD Radio diagnosis FMF UK
Consultant Radiologist

Mob. 9890185675

Address : Bramhanand, Near Tawanappa Patne High School, Rajarampuri 10 Galli, Kolhapur.



 GPS Map Camera

Kolhapur, Maharashtra, India

Rajghat Rd, Mangalwar Peth, C Ward, Kolhapur, Maharashtra 416002,
India

Lat 16.692808°

Long 74.224321°

26/08/23 08:42 AM GMT +05:30



MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

Name: SHILPA S POWAR **Date:** 26-08-2023 **Time:** 11:37
Age: 30 **Gender:** F **Height:** 158 cms **Weight:** 53 Kg **ID:** 345
Clinical History: NO MAJOR ILLNESS
Medications: NO MEDS

Test Details:

Protocol: Bruce **Predicted Max HR:** 190 **Target HR:** 161 (85% of Pr. MHR)
Exercise Time: 0:08:12 **Achieved Max HR:** 160 (84% of Pr. MHR)
Max BP: 130/80 **Max BP x HR:** 20800 **Max Mets:** 9.2
Test Termination Criteria:

Protocol Details:

Stage Name	Stage Time	METS	Speed kmph	Grade %	Heart Rate bpm	BP mmHg	RPP	Max ST Level mm	Max ST Slope mV/s
Supine	00:11	1	0	0	78	120/80	9360	0.4 II	0.3 II
Standing	00:12	1	0	0	80	120/80	9600	0.5 II	0.2 I
HyperVentilation	00:07	1	0	0	90	120/80	10800	0.4 II	0.2 II
PreTest	00:26	1	1.6	0	101	120/80	12120	-1.2 V1	0.5 II
Stage 1	03:00	4.7	2.7	10	134	120/80	16080	-0.6 III	0.4 II
Stage 2	03:00	7	4	12	145	130/80	18850	-1.1 III	0.3 V2
Peak Exercise	02:12	9.2	5.5	14	160	130/80	20800	-0.9 III	0.4 I
Recovery1	01:00	1	0	0	121	130/80	15730	0.7 V2	0.8 II
Recovery2	01:00	1	0	0	110	120/70	13200	-0.5 II	0.4 II
Recovery3	01:00	1	0	0	99	120/60	11880	-0.5 III	0.2 I
Recovery4	00:02	1	0	0	99	120/60	11880	-0.5 III	0.2 I

Interpretation

The Patient Exercised according to Bruce Protocol for 0:08:12 achieving a work level of 9.2 METS.
 Resting Heart Rate, initially 78 bpm rose to a max. heart rate of 160bpm (84% of Predicted Maximum Heart Rate).
 Resting Blood Pressure of 120/80 mmHg, rose to a maximum Blood Pressure of 130/80 mmHg
 GOOD EFFORT TOLERANCE
 NORMAL INOTROPIC RESPONSE
 NORMAL CHRONOTROPIC RESPONSE
 THR ACHIEVED : ADEQUATE METS ACHIEVED
 NO SIGNIFICANT ST SEGMENT CHANGES NOTED IN EXERCISE AND RECOVERY
 TMT IS NEGATIVE FOR STRESS INDUCIBLE ISCHAEMIA AT GIVEN WORKLOAD

Ref. Doctor: MEDWHEEL

SCHILLER

The Art of Diagnostics

DR. SHANTANI S. RALKAR Doctor: DR. SHANTANI S. RALKAR

MBBS, PGDCC
(Subspecialty Registered by Govt.)

CLINICAL CARDIOLOGIST

MHC No. 2011040954

MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

SHILPA S POWAR (30 F)

Bruce Protocol
ST1 level(mm) ST1Slope(mV/s)

ID: 345

Date: 26-08-2023

Stage: Supine

Exec Time: 0:00:00

Slope: 0%

HR: 78 bpm

BP: 120/80 mmHg

ST1 level(mm) ST1Slope(mV/s)



MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

SHILPA S POWAR (30 F)

Bruce Protocol
ST Level (mm) ST Slope (mV/s)

ID: 345

Date: 26-08-2023

Exec Time: 0:00:00

Stage Time: 00:12

Stage: Standing

Speed: 0

Slope: 0%

THR: 161 bpm

HR: 80 bpm

BP: 120/80 mmHg

ST Level (mm) ST Slope (mV/s)

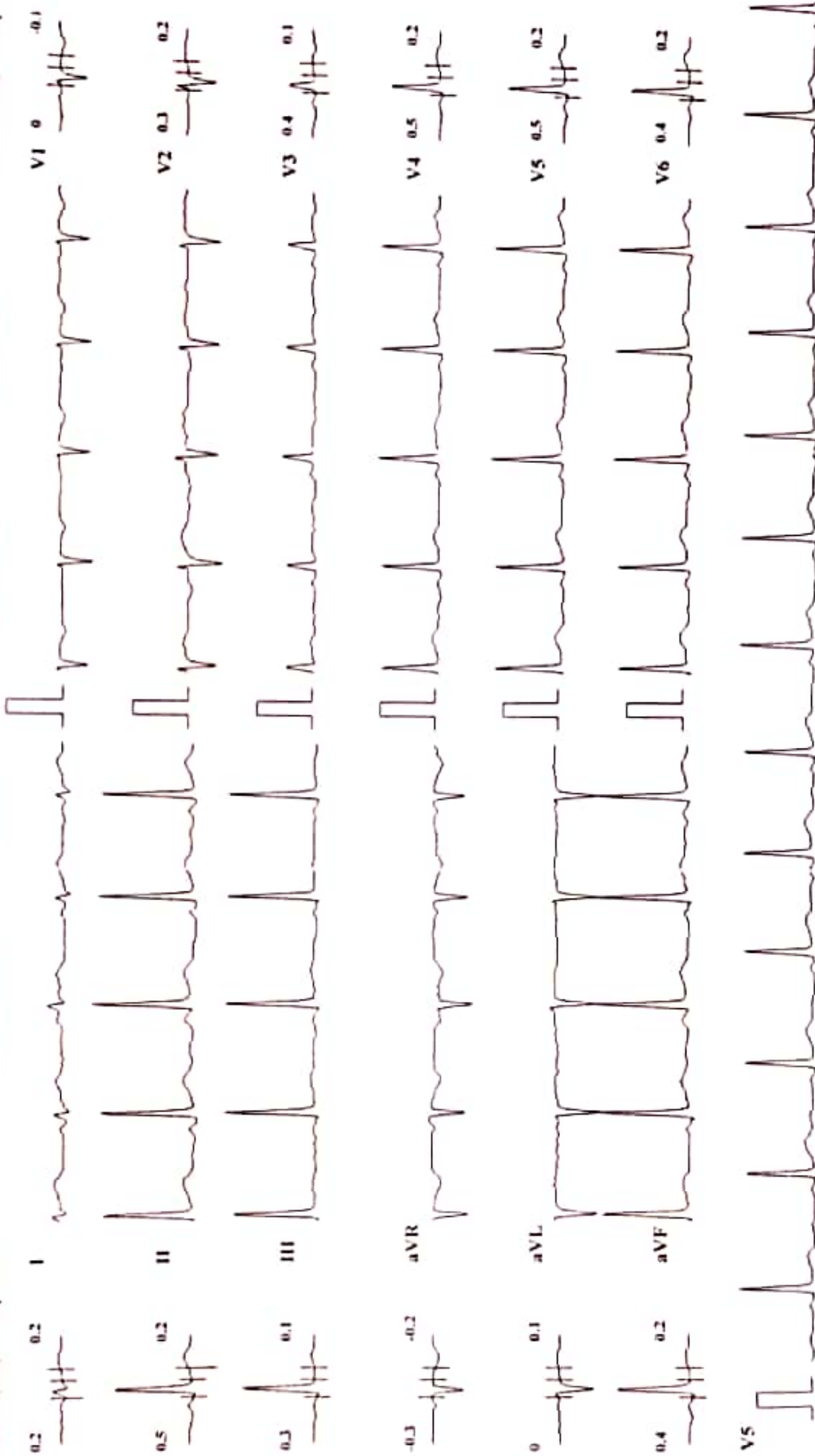


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Main Filter: ON

ISO - R - 60 ms, J - R + 60 ms, Post J - J - 80 ms

Schöller Cardiovit CS-10 Verso 01.3.4

MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

SHILPA S POWAR (30 F)

HR: 90 bpm

ID: 345 Date: 26-08-2023 Exec Time: 0 00:00 Stage Time: 00:07
Bruce Protocol STLevel(mm) STSlope(mV/s) Slope: 0 % THR: 161 bpm

BP: 120/80 mmHg
STLevel(mm) STSlope(mV/s)

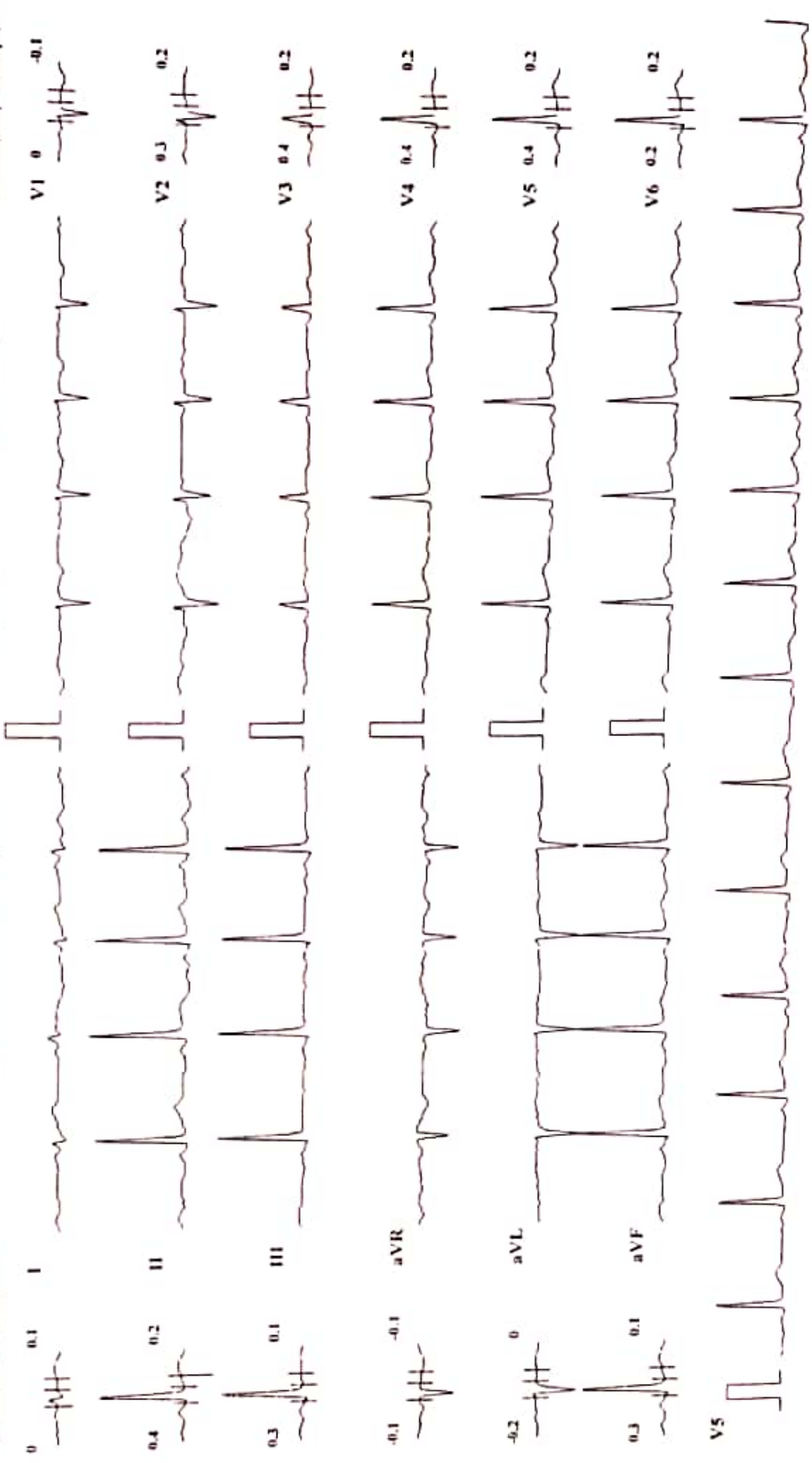


Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 35 Hz Mains Filter: ON ISO = R + 60 ms, J = R + 60 ms, Pos J - J + 80 ms

MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

SHILPA S POWAR (30 F)

Bruce Protocol

STLevel(mm) STSlope(mV/s)

ID: 345

Stage: I

Date: 26-08-2023

Speed: 2.7 kmph

Exec Time : 0:03:00

Slope: 10 %

Stage Time: 03:00

THR: 161 bpm

HR: 134 bpm

BP: 120/80 mmHg

STLevel(mm) STSlope(mV/s)

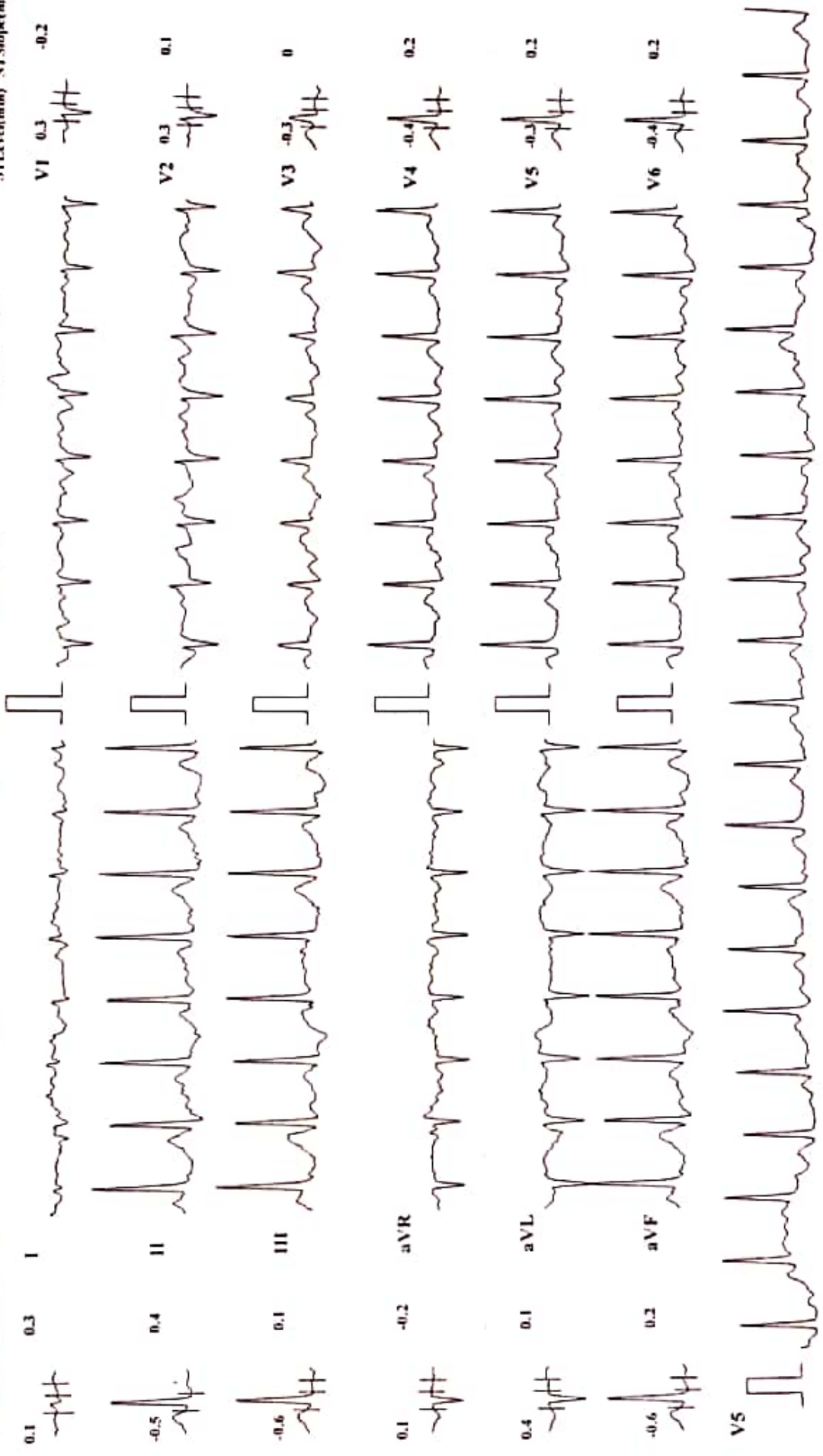


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO - R - 60 ms, J = R + 60 ms, Post J - J + 80 ms

Schiller Cardiovit CS-10 Version 3.4

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SHILPA S POWAR (30 F)

Bruce Protocol

ST Level (mm) ST Slope (mV/s)

ID: 345

Stage: 2

Date: 26-08-2023

Speed: 4 kmph

Exec Time: 0:06:00

Slope: 12 %

Stage Time: 03:00

THR: 161 bpm

HR: 145 bpm

BP: 130/80 mmHg

ST Level (mm) ST Slope (mV/s)

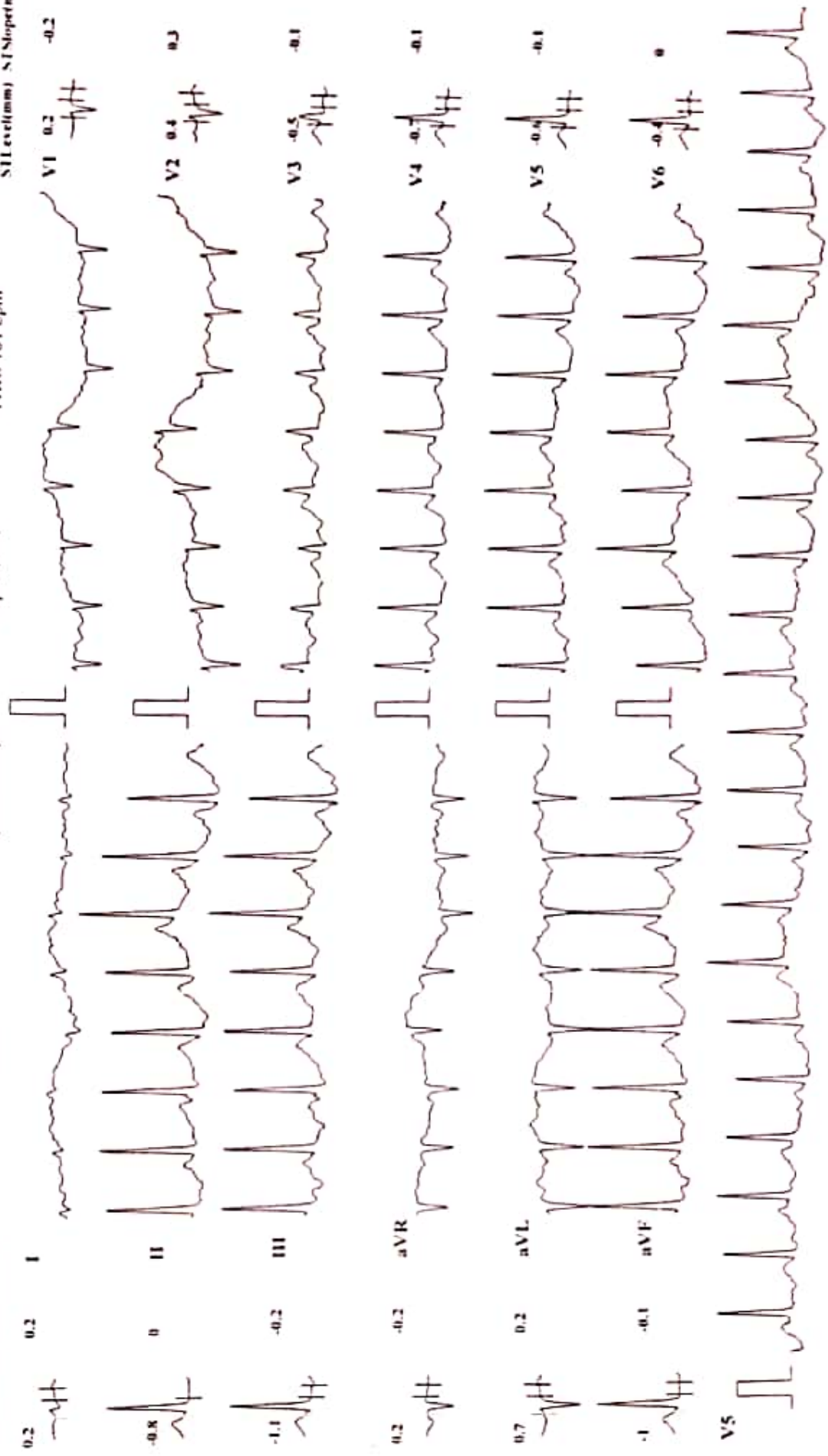


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV Filter: 35 Hz Mains Filter: ON

ISO - R - 60 ms, J - R + 60 ms, P - J + 80 ms

MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

SHILPA S POWAR (30 F)

Bruce Protocol

ST1 level(mm) ST Slope(mV/s)

ID: 345

Date: 26-08-2023

Stage: 3 Peak Exercise

Speed: 5.5 kmph

Exec Time: 0:08:12

Stage Time: 02:12

Slope: 14 %

HR: 160 bpm

BP: 130/80 mmHg

ST1 level(mm) ST Slope(mV/s)

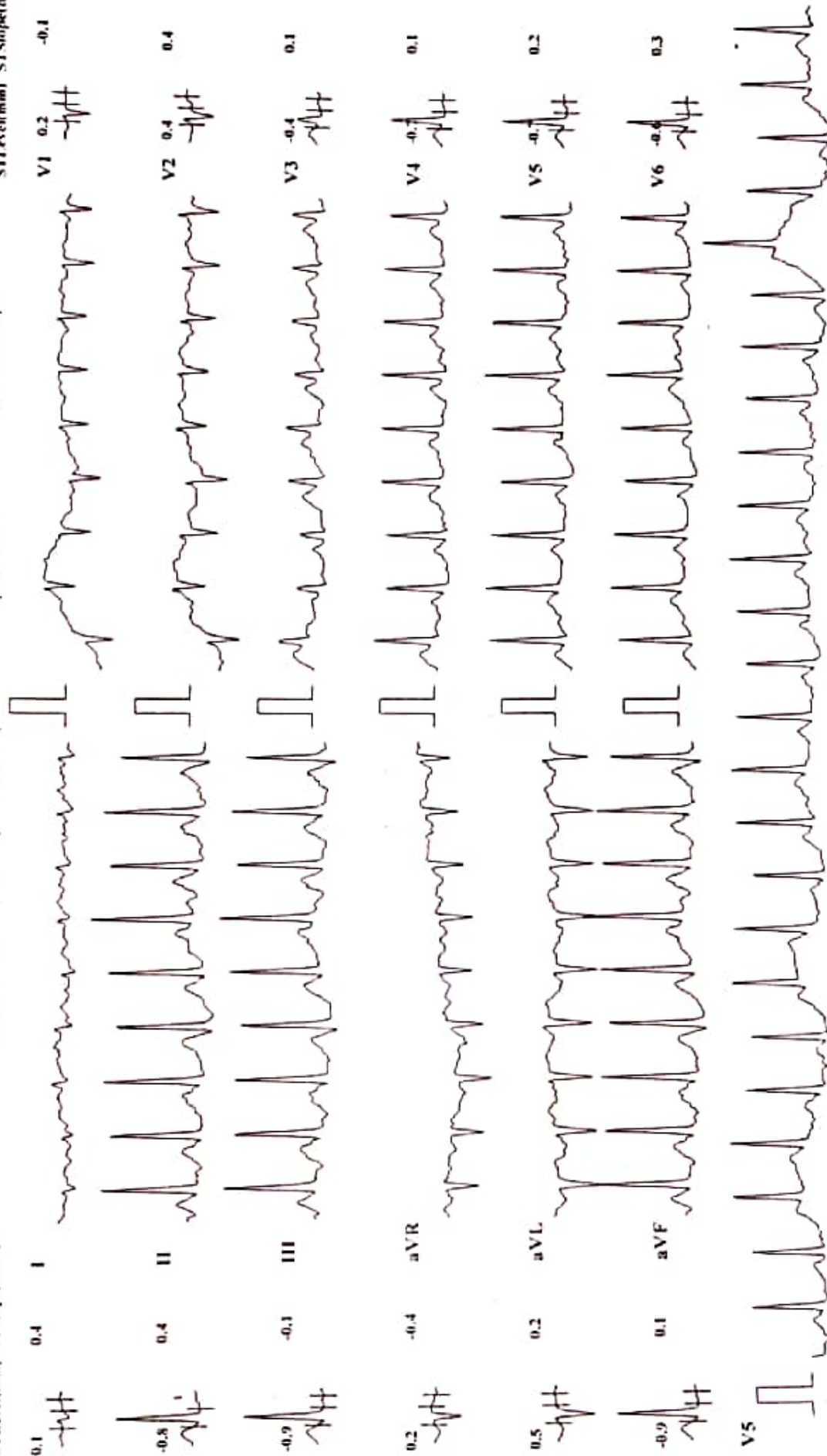


Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 35 Hz Mains Filter: ON ISO = R - 60 ms, J - R + 60 ms, Post J - J + 80 ms

Schiller Cardiovit CS-10 Version 3.4

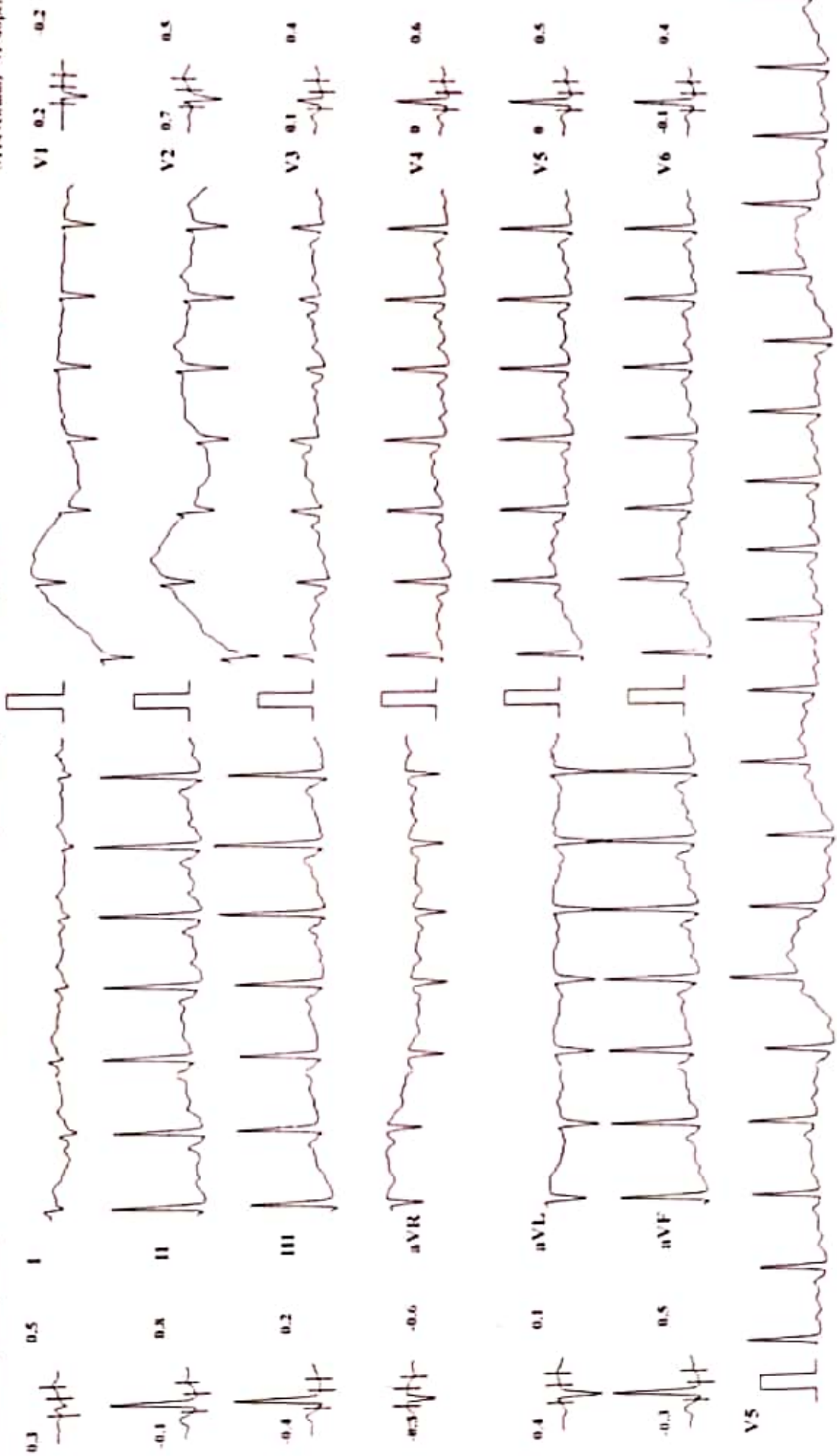
MYO-CLINIC MEDICAL CENTRE, KOLIHAPUR [+91 9307257414]

SPOILPA S POWAR (30 F)

Bruce Protocol
ST Level(mm) : ST Slope(mV/s)

ID: 345
Date: 26-08-2023
Stage: Recovery I
Exec Time : 00:00
Slope: 0 %

HR: 121 bpm
BP: 130/80 mmHg
ST Level(mm) : ST Slope(mV/s)



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SHILPA S POWAR (30 F)

Bruce Protocol

STLevel(mV) STSlope(mV/s)

ID: 345

Date: 26-08-2023

Exec Time : 00:00

Stage Time: 01:00

Stage: Recover;2

Speed: 0 kmph

Slope: 0 %

THR: 161 bpm

HR: 110 bpm

BP: 120/70 mmHg

STLevel(mV) STSlope(mV/s)

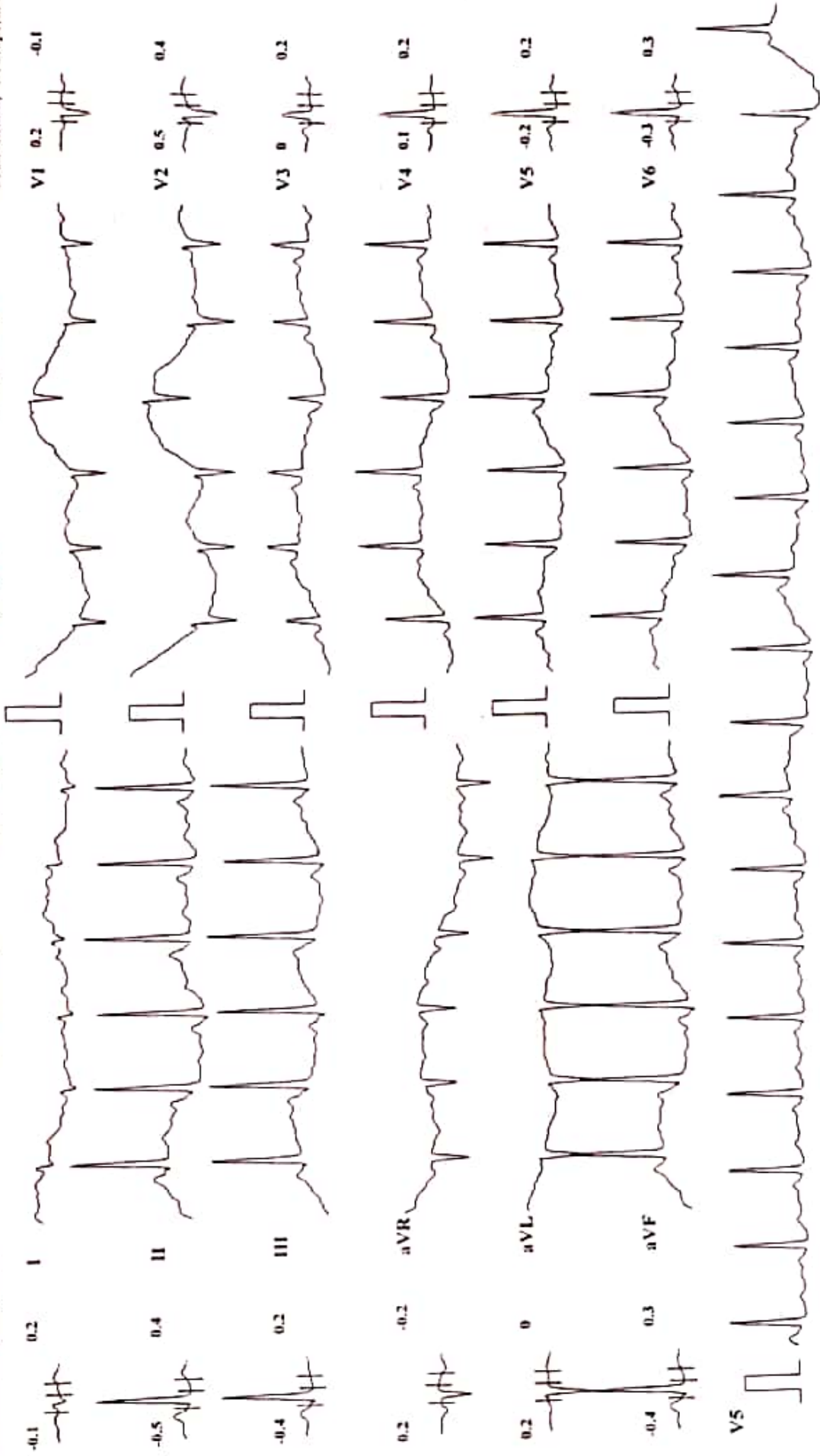


Chart Speed: 25 mm/Sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

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SHILPA S POWAR (30 F)

Bruce Protocol
STLevel(mm) STSlope(mV/s)

ID: 345

Stage: Recovery3

Date: 26-08-2023

Speed: 0 kmph

Exec Time: 00:00

Slope: 0 %

Stage Time: 01:00

T1HR: 161 bpm

HR: 99 bpm

BP: 120/60 mmHg

STLevel(mm) STSlope(mV/s)

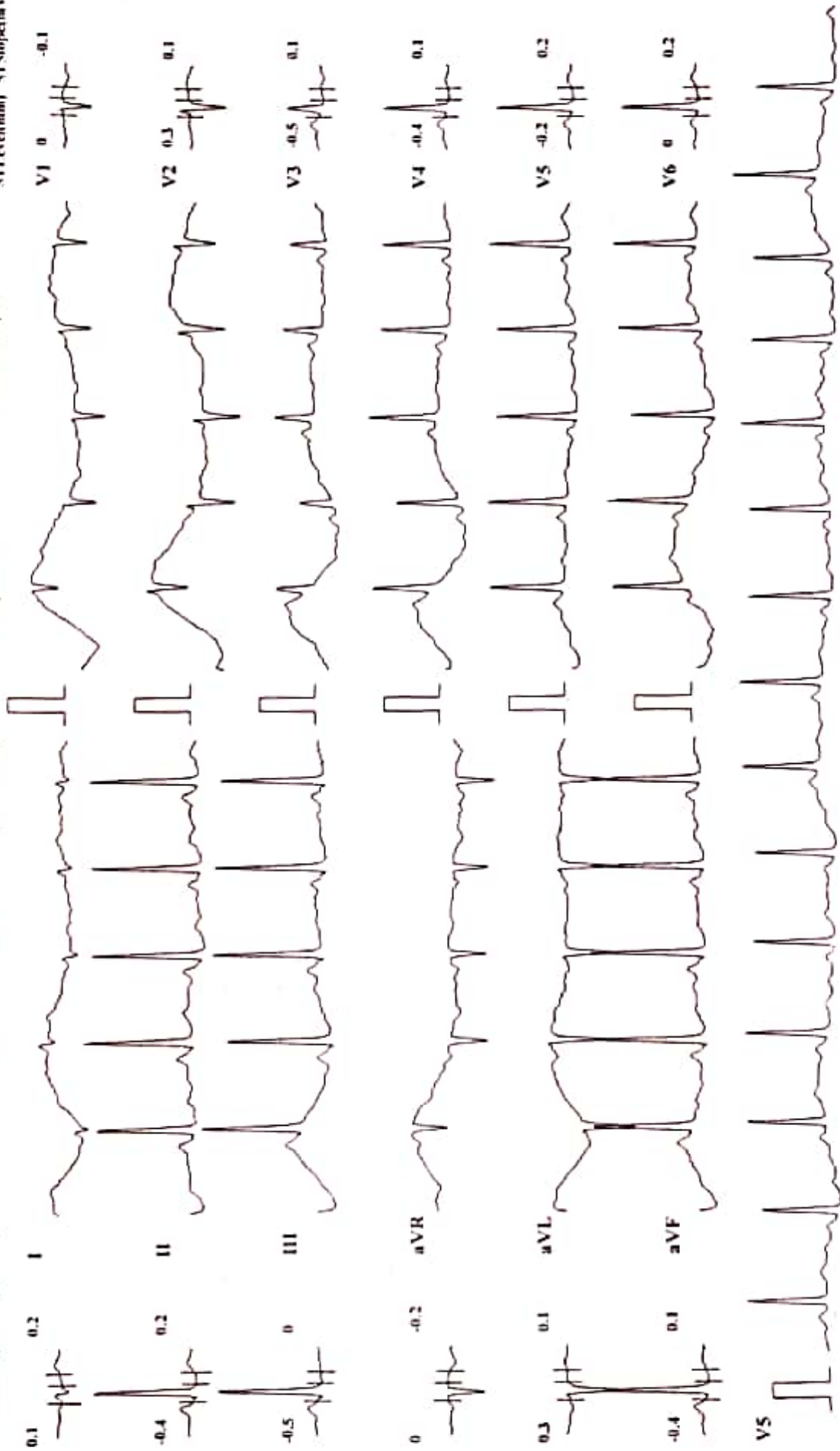


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Cardiovet CS-10 Version 3.4

Patient Name : MRS. SHILPA POWAR

Date : 26 Aug 2023

Referred By : Dr. VANDANA POWAR

Age : 30 YEARS Sex : F

Clinically – FOR HEALTH CHECK UP.

Abdomen Sonography

LIVER : is normal in size, shape, position and shows normal echogenicity. The contours are smooth. The parenchyma shows homogeneous echo texture. The intra – hepatic portal and venous system appears normal. The portal vein is normal and show hepatopetal flow. The intra-hepatic biliary radicals are not dilated. There is no focal mass lesion.

GALL BLADDER: is physiologically distended, normal in size and echotexture. There is no evidence of echoreflexive calculus in gall bladder. There is no abnormal biliary tree dilation noted. The portal vein & C.B.D appear normal. Wall thickness is normal. No e/o cholecystitis/calculus seen. PV measures -11 mm, CBD measures – 3 mm

PANCREAS: is normal size, position & echotexture. The contours are smooth. There is no focal mass lesion seen. No pancreatitis or calcification.

SPLEEN: is normal in size, shape and echopattern. The contours are smooth. The splenic vein and portal vein are normal in calibre.

KIDNEYS: Both the kidneys are normal in size, shape and position and contours. There is no echoreflexive obstructing calculus seen on either sides nor hydronephrosis. Both visualized ureters appear to be normal. Parenchymal thickness and cortical thickness is normal. Cortico-medullary differentiation is well maintained.

Right kidney measures- 98 x 38 mm. **Left kidney** measures -104 x 49 mm.

Urinary bladder is physiologically distended, appears normal. No intraluminal abnormality.

Aorta and IVC are normal. No e/o free fluid in peritoneal cavity. No ascites. No significant lymphadenopathy. Bowel loops appear normal in size with good peristalsis.

Appendix is not appreciated in today's study. Terminal ileum is well seen. No probe tenderness in right iliac fossa or anywhere in abdomen.

IMPRESSION : < NO SIGNIFICANT ABNORMALITY DETECTED.

ADVICE - Clinical correlation and follow up if clinically needed.
THANKS FOR REFERRAL. FEEDBACK IS WELCOME.

Neha
DR. NEHA S. GHORPADE
MBBS DIMRE Reg. No. 79916
Consulting Radiologist

डॉ. नेहा घोरपडे
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परत येताना सर्व जुने रिपोर्ट्स, सोनोग्राफी रिपोर्ट्स अथवा एक्स-रे असल्यास बरोबर घेऊन येणे.

Patient Name : MRS. SHILPA POWAR
Referred By : Dr. VANDANA POWAR

Date : 26 Aug 2023
Age : 30 YEARS Sex : F

LMP : 28 JULY 2023
CLINICALLY : FOR HEALTH CHECK UP.

PELVIC SONOGRAPHY

UTERUS - has smooth outlines
and normal echo-appearance
The endometrial echo is 11 mm thick.
Uterus ante- verted, Bulky measures are 85 x 43 x 51 mm.
Uterus shows small anterior wall hyperechoic mass lesion of size 12 x 9 mm ,
Not indenting on endometrium- s/o fibroid.

The ovaries are normal.
Right ovary size is 25 x 15 mm.
Left ovary size is 23 x 17 mm.

There is no abnormal adnexal mass.

There is no free fluid in cul de sac.

IMPRESSION : < BULKY UTERUS WITH FIBROID.

Neha
DR. NEHA S. GHORPADE
MBBS DMRE Reg. No. 79916
Consulting Radiologist

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