



NABL & ISO 9001 : 2008 Certified  
Wellness . Diagnostics  
A Unit of Gian Life Care Limited



7/216 (6), Swaroop Nagar  
(In Front of L.L.R. Hospital), Kanpur  
Mob. : 8808051576  
E-mail : reportsgpx@gmail.com  
arunguptagpx@gmail.com

Gian Pathology and X-Ray

Pathology . Radiology

Gian Life Line - Health Checkup

Lab No.	: 012308180031	Reg No/BarcodeNo	: 627575/01543375
Patient Name	: Mr..GIRJA SHANKAR DWIVEDI	Reg. Date	: 18/Aug/2023 08:34AM
Age/Sex	: 57 Y / Male	Sample Taken Date	: 18/Aug/2023 10:31AM
Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 18/Aug/2023 11:51AM
Referred By Doctor	: Dr. BANK OF BARODA		

**BIOCHEMISTRY**

**Blood Sugar (Fasting)**

Blood Sugar Fasting 88 mg/dl 70 - 100  
Hexokinase

Sample Type:Plasma

**Blood Sugar (PP)**

Blood Sugar PP (2 Hr.) 105 mg/dl 70-140  
Hexokinase

Sample Type:Plasma

**GAMMA GT/GGT**

GAMMA GT / GGT 39 IU/l 12 - 64

\*Not in NABL Scope\*

Sample Type:Serum

**BUN / BLOOD UREA NITROGEN**

BLOOD UREA NITROGEN 8 mg/dl 8.4 - 25.7  
Urease

Sample Type:Serum

**CREATININE SERUM**

CREATININE, Serum 0.82 mg/dl 0.70 - 1.30  
Kinetic Alkaline Picrate

Sample Type:Serum

**URIC ACID**

URIC ACID, Serum 3.4 mg/dl 3.7 - 7.7  
Uricase

Sample Type:Serum



*A Gupta*

Dr. Arun Kumar Gupta  
M.D. Chief Pathologist  
(Reg No. 34930)



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**BIOCHEMISTRY**

**LFT/LIVER FUNCTION TESTS**

BILIRUBIN TOTAL Diazonium Salt	1.24	mg/dl	0.20 - 1.20
BILIRUBIN DIRECT Diazo Reaction	0.33	mg/dl	0.0 - 0.5
BILIRUBIN INDIRECT Calculated	0.91	mg/dl	0.10 - 0.8
SGOT /AST Enzymatic (NADH(Without P-5-P))	45	U/L	5 - 34
SGPT /ALT Enzymatic (NADH(Without P-5-P))	60	U/L	0.0 - 55
Alk. Phosphatase, Serum PNPP AMP Kinetic	101	U/L	40 - 150
PROTEIN TOTAL Biuret	7.9	g/dl	6.4 - 8.3
ALBUMIN BCG	4.8	g/dl	3.5 - 5.0
GLOBULIN Calculated	3.1	g/dl	2.3 - 3.5
A/G RATIO Calculated	1.55	Ratio	1.5 - 2.5

Sample Type:Serum



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**BIOCHEMISTRY**

**Lipid Profile**

CHOLESTEROL TOTAL Enzymetic	247	mg/dl	Desirable: <200 Boderline High: 200 – 239 High : ≥240
TRIGLYCERIDES GPO	343	mg/dl	Normal <150 Boderline High: 150 – 199 High : 200 – 499 Very High: ≥500
HDL CHOLESTEROL Accelerator Selective Detergent	40	mg/dl	40 - 60
LDL CHOLESTEROL Calculated	<b>138.4</b>	mg/dl	70 - 130
VLDL CALCULATED Calculated	<b>68.6</b>	mg/dl	13 - 36
CHOL/ HDL RATIO Calculated	<b>6.18</b>	Ratio	Less than 4.0
LDL / HDL RATIO	3.46		

**Ratio of LDL to HDL**

Risk	Men	Women
Very low (1/2 average)	1	1.5
Average risk	3.6	3.2
Moderate risk (2x average)	6.3	5.0
High risk (3x risk)	8	6.1

**HDL** levels have an inverse relationship with coronary heart disease. The ability of **HDL** to predict the development of coronary atherosclerosis has been estimated to be four times greater than **LDL** and eight times greater than **TC**. Treatment is recommended for those with a **HDL** level below 40 mg/dL. An **HDL** of 60 mg/dL is considered protection against heart disease.

**Preparation:**

Blood should be collected after a 12-hour fast (no food or drink, except water). For the most accurate results, wait at least 2 months after a heart attack, surgery, infection, injury or pregnancy to check Lipid Profile.

**Sample Type:Serum**



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**BIOCHEMISTRY**

**BUN/CREATININE RATIO**

BLOOD UREA NITROGEN Urease	8	mg/dl	8.4 - 25.7
CREATININE, Serum Kinetic Alkaline Picrate	0.82	mg/dl	0.70 - 1.30
Ratio	9.76	mg/dl	5 - 20

Sample Type:Serum



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Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 18/Aug/2023 05:52PM
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CLINICAL PATHOLOGY

MEDIWHEEL MALE ABOVE 40

URINE SUGAR (F)

URINE SUGAR (F) NIL

(\*Not in NABL Scope\*)

URINE ROUTINE EXAMINATION

Method -Dipstick And Microscopy

PHYSICAL EXAMINATION

COLOUR	STRAW	
SPECIFIC GRAVITY (Based on pka change)	1.010	1.001-1.030
pH ( methylred/Bromothymol blue method )	6	4.6 - 8.0
TURBIDITY	NIL	
Deposit (UR)	NIL	

Chemical

PROTEIN Dipstick/Tetra bromophenol blue/ Heat & Acid Test method).	NIL	Nil
GLUCOSE (Oxidase Peroxidase method)	NIL	Nil
KETONE (Nitroprusside Method)	NEGATIVE	Nil
BILL PIGMENT (Diazo Method)	NEGATIVE	Negative
UROBILINOGEN (Ehrlich reaction)	NEGATIVE	Normal
Nitrite (Based on presence of bacteria )	NEGATIVE	Negative
Leucocyte Esterase (Esterase Diazonium Method)	NEGATIVE	Negative

After Centrifugation at 2500 R.P.M. For 5 Minutes

MICROSCOPIC EXAMINATION

RBC (Microscopic)	NIL	/ HPF	
PUS CELLS (Microscopic)	4-6	Per HPF	0 - 5 WBC/hpf
EPITHELIAL CELLS (Microscopic)	NIL	/hpf	Nil
CASTS (Microscopic)	NIL	Per LPF	0-0
CRYSTALS (Microscopic)	NIL		
Amorphous Material (Microscopic)	Nil	Per HPF	Nil
BACTERIA (Microscopic)	NIL	Per HPF	0-0



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CLINICAL PATHOLOGY

URINE SUGAR (PP)

URINE SUGAR (PP) NIL

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**HAEMATOLOGY**



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**HAEMATOLOGY**  
**MEDIWHEEL MALE ABOVE 40**

**CBC / COMPLETE BLOOD COUNT**

HEMOGLOBIN (Hb) Photometry Cyanide Free	13.70	g/dl	13.5-17.5
TLC Impedence	7040	/cumm	4000-11000
<b>DLC (%)</b>			
NEUTROPHIL DHSS/Microscopic	73	%	40-80
LYMPHOCYTE DHSS/Microscopic	19	%	24-44
EOSINOPHIL DHSS/Microscopic	2	%	01-06
MONOCYTE DHSS/Microscopic	6	%	3-6
Platelet Impedance/Microscopic	203	10 <sup>3</sup> /μL	140 - 440
RBC COUNT Impedance	3.62	10 <sup>6</sup> /μL	4.5 - 5.5
PCV (HCT) Numeric Integration	41.5	%	41-53
MCV Calculated	114.6	fL	83-91
MCH Calculated	37.8	pg	26-34
MCHC Calculated	33.0	g/dL	31-37
RDW-CV Calculated	14.1	%	11.6 - 14.0
MPV	12.5	fL	8 - 12
IG	0.9	%	0 - 0.5
ABSOLUTE LEUCOCYTE COUNT	1.30		
ABSOLUTE NEUTROPHIL COUNT DHSS/Calculated	5.14	10 <sup>3</sup> /μL	2.00-7.00
ABSOLUTE LYMPHOCYTE COUNT DHSS/Calculated	1.34	10 <sup>3</sup> /μL	1.0-3.0
ABSOLUTE MONOCYTE COUNT DHSS/Calculated	0.42	10 <sup>3</sup> /μL	0.0.20-1.0
ABSOLUTE EOSINOPHIL COUNT DHSS/Calculated	0.14	10 <sup>3</sup> /μL	0.02 - 0.50
N/L Ratio	3.84	Ratio	Normal:1-3,Mildly High: 4-6,Moderately High:7-9 Severly High: >9.0

Sample Type Whole Blood EDTA



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	: <b>BODY CHECKUP</b>		
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**HAEMATOLOGY**

**MEDIWHEEL MALE ABOVE 40**

**ESR WESTERGREN (Automated)**

ESR WESTERGREN ( Automated) 10 mm 0 - 19  
WESTERGREN

**\*Not in NABL Scope\***

Sample Type:EDTA Blood

**ABO Rh / BLOOD GROUP Tube Agglutination (FORWARD & REVERSE Method)**

**BLOOD GROUP / ABO-RH**

ABO O  
Reverse & Forward  
Rh POSITIVE  
Reverse & Forward

Sample Type:EDTA Blood



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**HAEMATOLOGY**

**HbA1C/GLYCATED HEMOGLOBIN/GHB**

HbA1C/GLYCATED HEMOGLOBIN 4.8 %  
Average of Glucose Level 91 mg/dl  
Test is done by HPLC method (Gold Standard) D-10 Analyzer.

Expected Values :-

Test	Normal Range	
HbA1c	Non Diabetic:	4.0% - 6.0%
	Good Control:	6.1% - 8.0%
	Poor Control:	8.1% - 9.0 %
	Unsatisfactory:	> 9 %

To convert an A1c to the new average mean blood glucose, use this formula:  
 $eAG(mg/dl) = (28.7 \times HbA1c) - 46.7$

**\*Not in NABL Scope\***

Sample Type:EDTA Blood



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IMMUNOASSAY

MEDIWHEEL MALE ABOVE 40

T3 / TRIDOTHYRONINE TOTAL

T3 TOTAL CMIA	1.15	ng/mL	0.35 - 1.93
------------------	------	-------	-------------

Sample Type:Serum

T4 / THYROXIN TOTAL

T4 TOTAL CMIA	8.02	µg/dl	4.50 - 10.9
------------------	------	-------	-------------

*Increased levels are seen in graves disease cancer of thyroid as symptoms of hyperthyroidism.Low levels are seen in hypothyroidism whose symptoms are myoxyedema hashmito disease and pituitary disorders*



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**IMMUNOASSAY**

**MEDIWHEEL MALE ABOVE 40**

**TSH (Thyroid Stimulating Hormone)**

TSH (ECLIA) **6.84**  $\mu$ IU/ml 0.35 - 5.50  
CMIA

**NOTE:**

Guidelines for interpretation of abnormal thyroid function test.

TSH	T4/FT4	T3/FT3	Interpretation
High	Normal	Normal	Mild(subclinical) Hypothyroidism.
High	Low	Low/Normal	Hypothyroidism
Low	Normal	Normal	Mild (subclinical) Hyperthyroidism.
Low	High/Normal	High/Normal	Hyperthyroidism
Low	Low/Normal	Low/Normal	Rare pituitary(secondary)Hypothyroidism

**Sample Type:Serum**

**PSA/PROSTATE SPECIFIC ANTGEN TOTAL**

PSA TOTAL **0.76** ng/ml 0.00 - 4.00  
CMIA

**Note:**

Normal PSA does not exclude Prostatic Carcinoma.

DISTRIBUTION OF PSA VALUES IN BPH AND PROSTATE CARCINOMA

PSA BPH CARCINOMA

0-4 ng/mL 74 % 7%

4-10ng/mL 20% 17%

> 10ng/mL 6% 76%

\*Not in NABL scope

**Sample Type:Serum**



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**X-RAY**

**MEDIWHEEL MALE ABOVE 40**

**X RAY CHEST PA VIEW**

Diaphragms are normal.

C.P. angles are clear.

**Cardiac shadow is slightly enlarged.**

Trachea is in midline.

**Hilar shadow are heavy.**

**Broncho-vascular markings are prominent .**

No parenchymal lesion is seen.

**Advise :-** Correlate Clinically.

**DR. S. KHURANA**  
**M.B.B.S.,D.M.R.E.**

\*\*\* End Of Report \*\*\*





**232 / GIRJA SHANKER DWIVEDI / 57 Yrs / M / 0 Cms / 0 Kg Date: 18-Aug-2023 Refd By : BANK OF BARODA**

Stage	Time	Duration	Belt Speed (mph)	Elevation	METs	Rate	BP	RPP	PVC	Comments
Supine	00:16	0:01	00.0	00.0	01.0	77	130/80	100	00	
Standing	00:29	0:01	00.0	00.0	01.0	74	130/80	096	00	
HV	00:36	0:01	00.0	00.0	01.0	74	130/80	096	00	
ExStart	00:41	0:01	00.0	00.0	01.0	075	130/80	097	00	
BRUCE Stage 1	03:41	3:00	01.7	10.0	04.7	129	140/84	180	02	
PeakEx	04:35	0:54	02.5	12.0	05.4	137	140/84	191	03	
Recovery	05:34	1:00	00.0	00.0	01.0	137	136/82	186	00	
Recovery	06:34	2:00	00.0	00.0	01.0	84	134/82	139	00	
Recovery	07:49	3:14	00.0	00.0	01.0	094	134/82	125	00	

**Findings :**

Exercise Time : 03:55  
 Max HR Attained : 137 bpm 84% of Target 163  
 Max BP Attained : 140/84  
 Max WorkLoad Attained : 5.4 Fair response to induced stress  
 Max ST Dep Lead & Value : V3 & -2.1 mm  
 Duke Treadmill Score : 00.0  
 Test Objective : For Testing  
 History : Nil  
 Test End Reasons : Dyspnoea, Leg Fatigue

**Doctor : DR. KUSH KUMAR TYAGI D.M.**



**Report :**

Sample Name: Stress Test Graded Exercise Treadmill  
Description: .

INDICATIONS: R/O CAD.

PROCEDURE DONE: Graded exercise treadmill stress test.

STRESS ECG RESULTS:

LOW NORMAL FUNCTIONAL CAPACITY, ADEQUATE B.P. RESPONSE, THR 83% ACHIEVED,  
NO CHEST PAIN, DYSPNOEA WITHOUT SIGNIFICANT ST-T CHANGES DURING EXERCISE AND RECOVERY.  
NO ARRHYTHAEMIA.

\*\*\*\*\*

TEST IS NEGATIVE FOR STRESS INDUCED REVERSIBLE MYOCARDIAL ISCHEMIA  
FOR THIS MUCH OF WORK LOAD.

**Doctor : DR. KUSH KUMAR TYAGI D.M.**

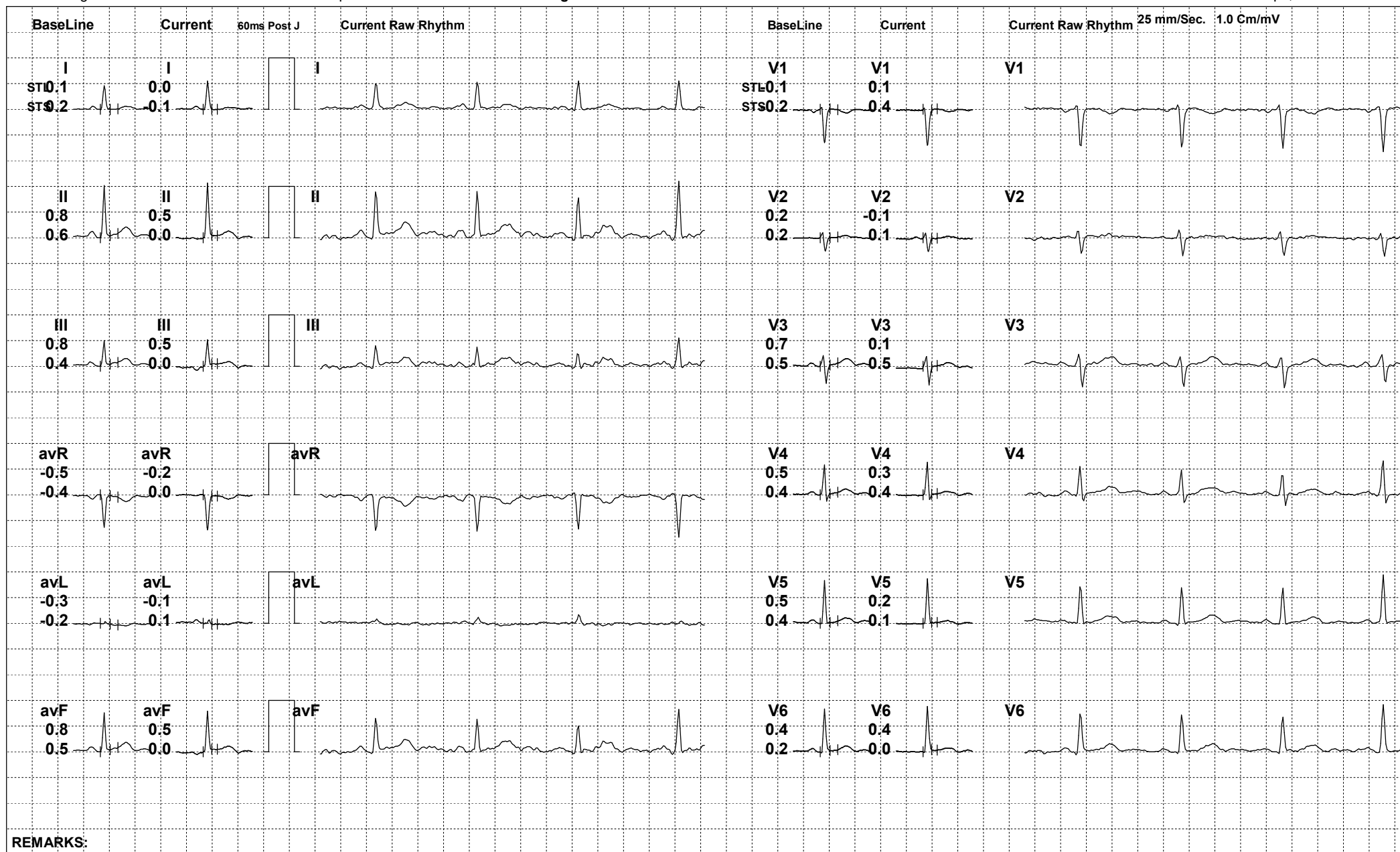




232 / GIRJA SHANKER DWIVEDI / 57 Yrs / M

Date: 18-Aug-2023 03:22:27 PM METS: 1.0/ 77 bpm 47% of THR BP: 130/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:14 0.0 mph, 0.0%



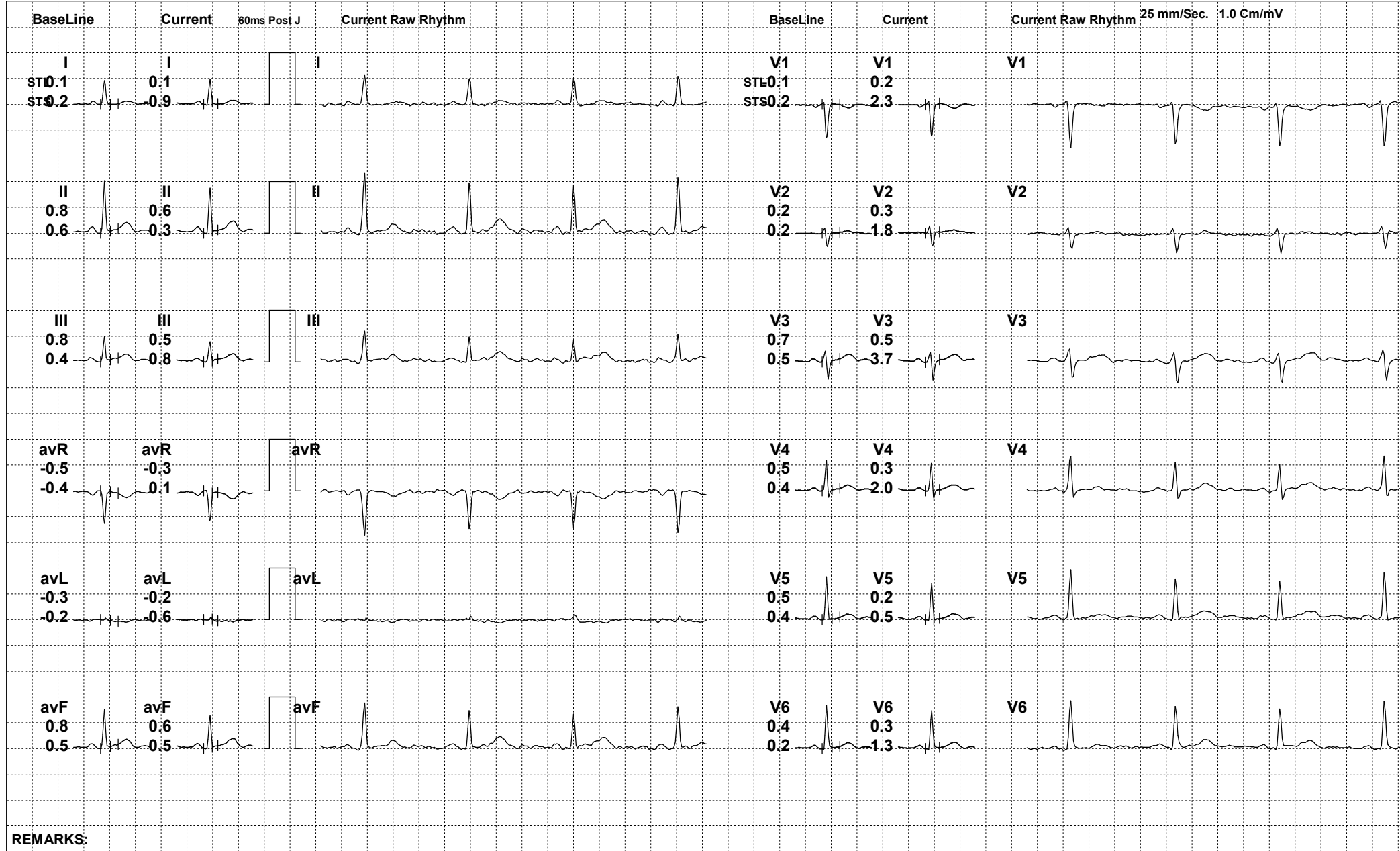
REMARKS:



232 / GIRJA SHANKER DWIVEDI / 57 Yrs / M

Date: 18-Aug-2023 03:22:27 PM METS: 1.0/ 74 bpm 45% of THR BP: 130/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:27 0.0 mph, 0.0%



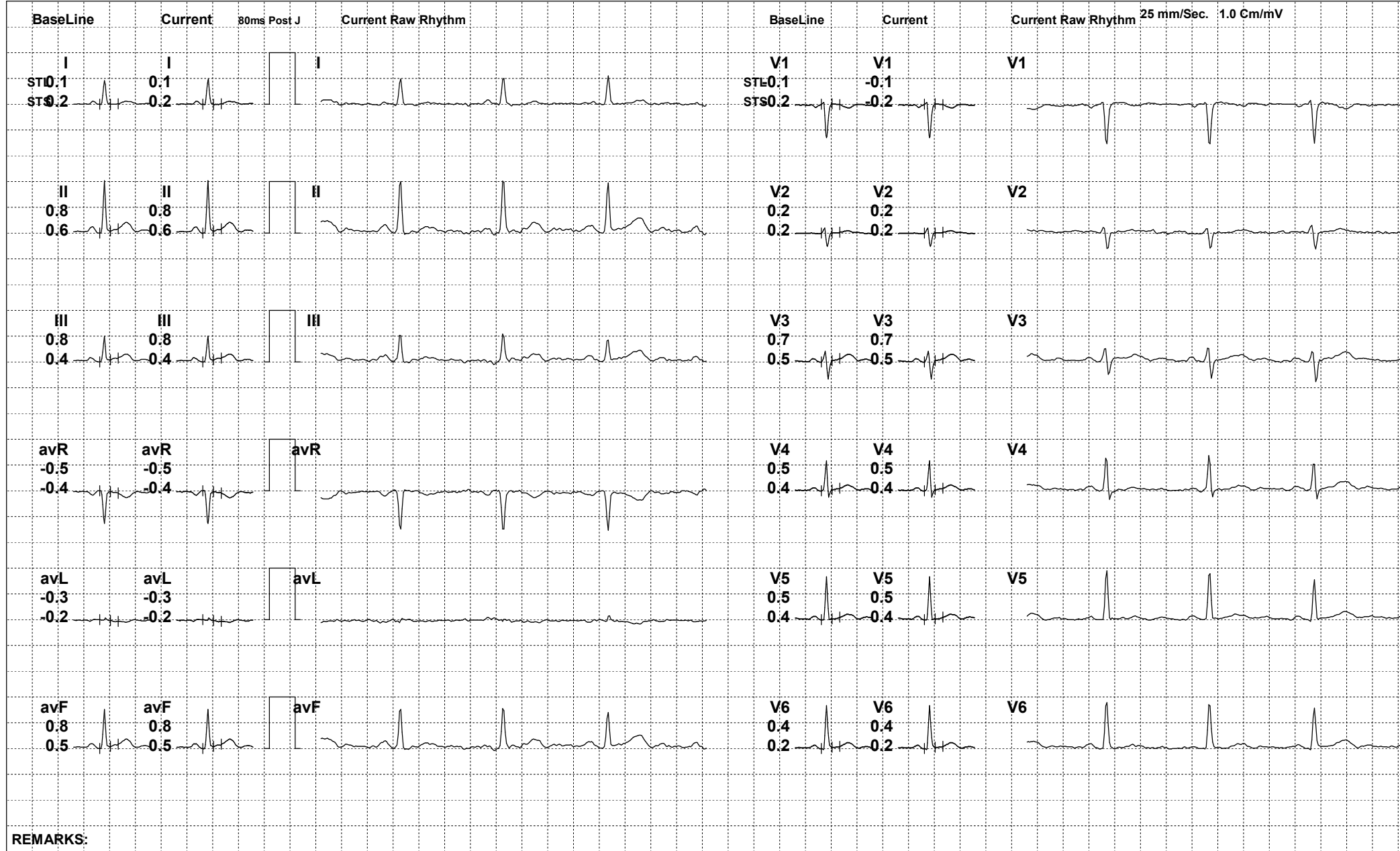
REMARKS:



232 / GIRJA SHANKER DWIVEDI / 57 Yrs / M

Date: 18-Aug-2023 03:22:27 PM METS: 1.0/ 74 bpm 45% of THR BP: 130/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:34 0.0 mph, 0.0%



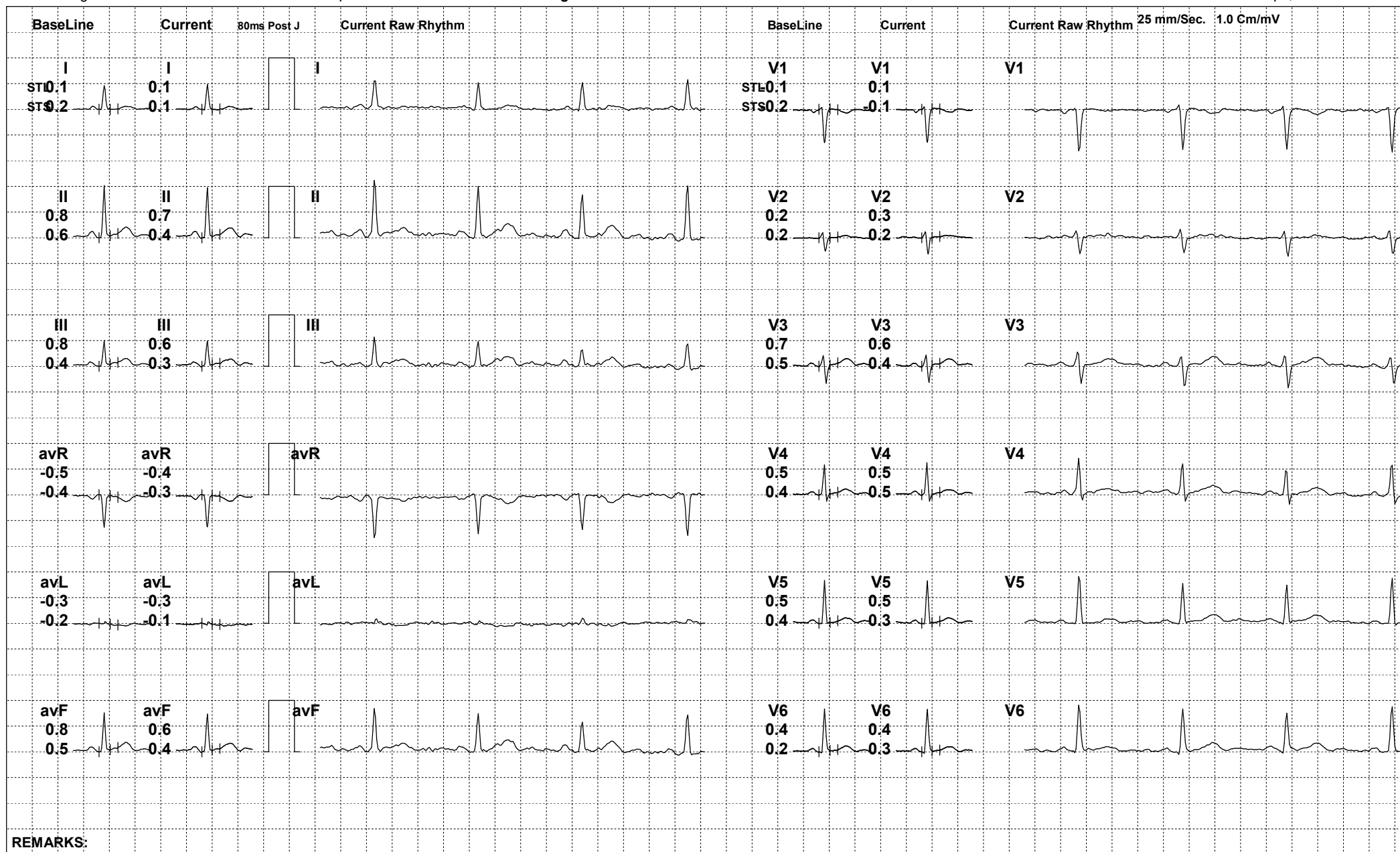
REMARKS:



232 / GIRJA SHANKER DWIVEDI / 57 Yrs / M

Date: 18-Aug-2023 03:22:27 PM METS: 1.0/ 75 bpm 46% of THR BP: 130/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:39 0.0 mph, 0.0%



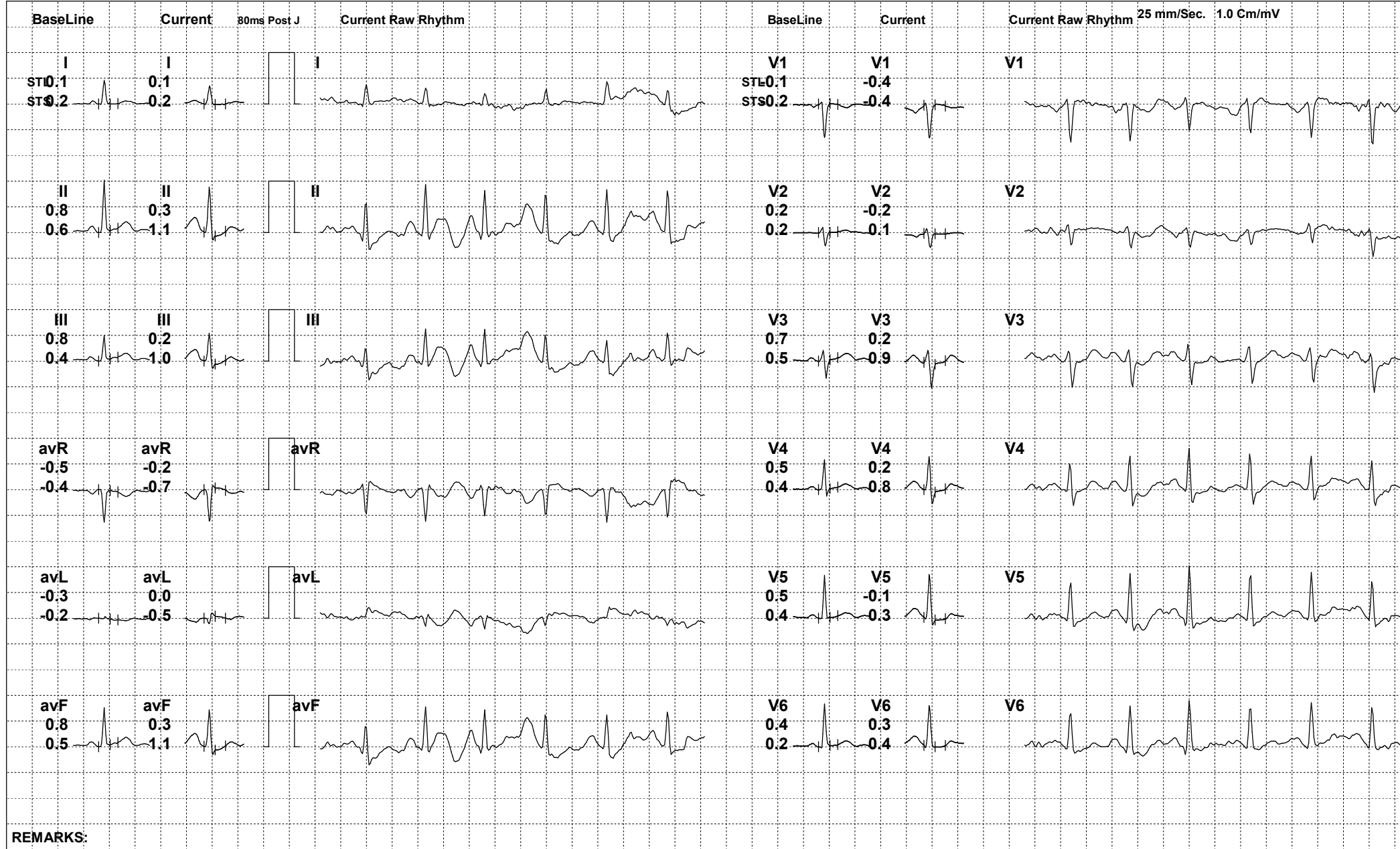
REMARKS:



232 / GIRJA SHANKER DWIVEDI / 57 Yrs / M

Date: 18-Aug-2023 03:22:27 PM METS: 4.7/ 128 bpm 78% of THR BP: 140/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:00 1.7 mph, 10.0%

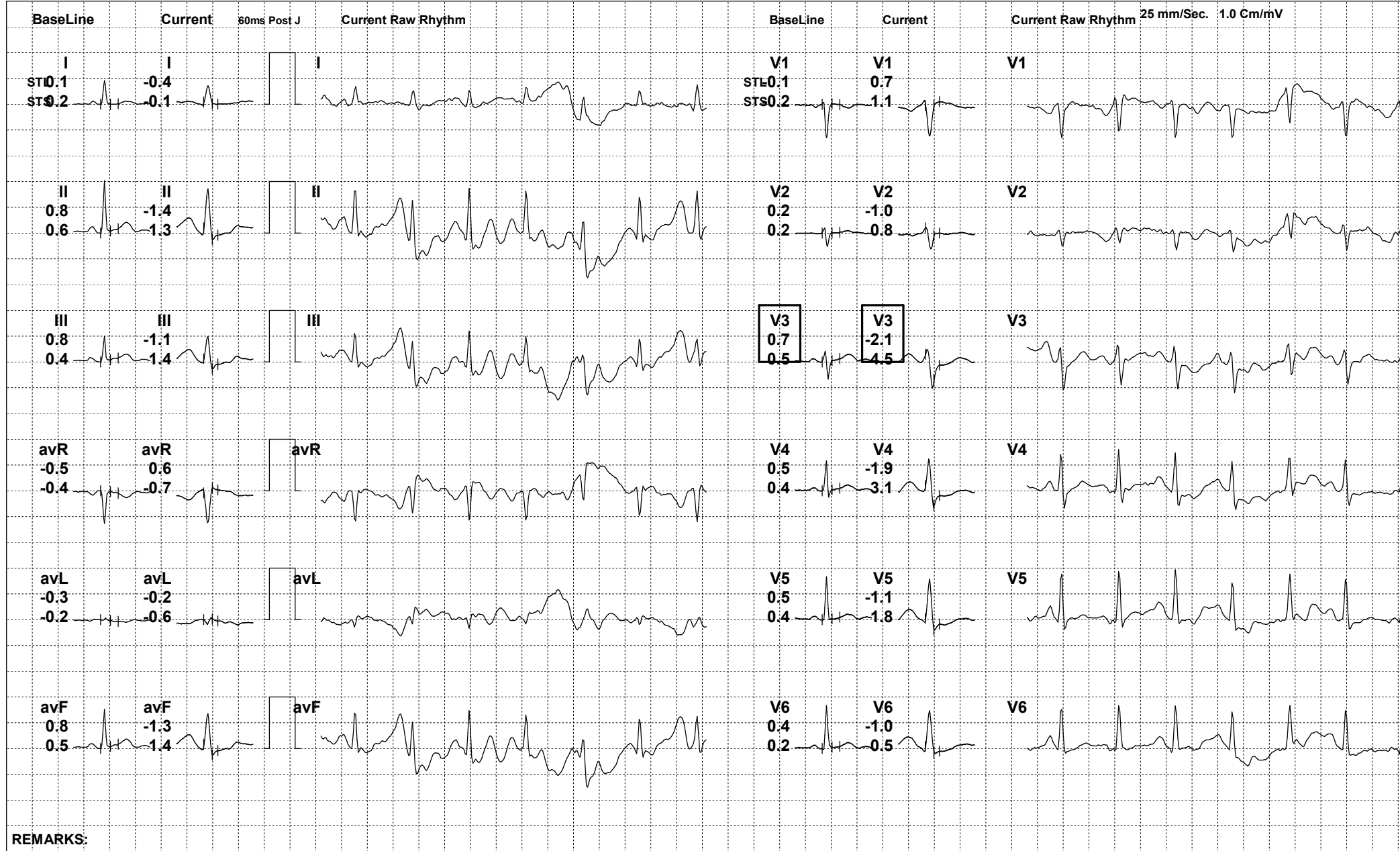




232 / GIRJA SHANKER DWIVEDI / 57 Yrs / M

Date: 18-Aug-2023 03:22:27 PM METS: 5.4/ 136 bpm 83% of THR BP: 140/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:54 2.5 mph, 12.0%

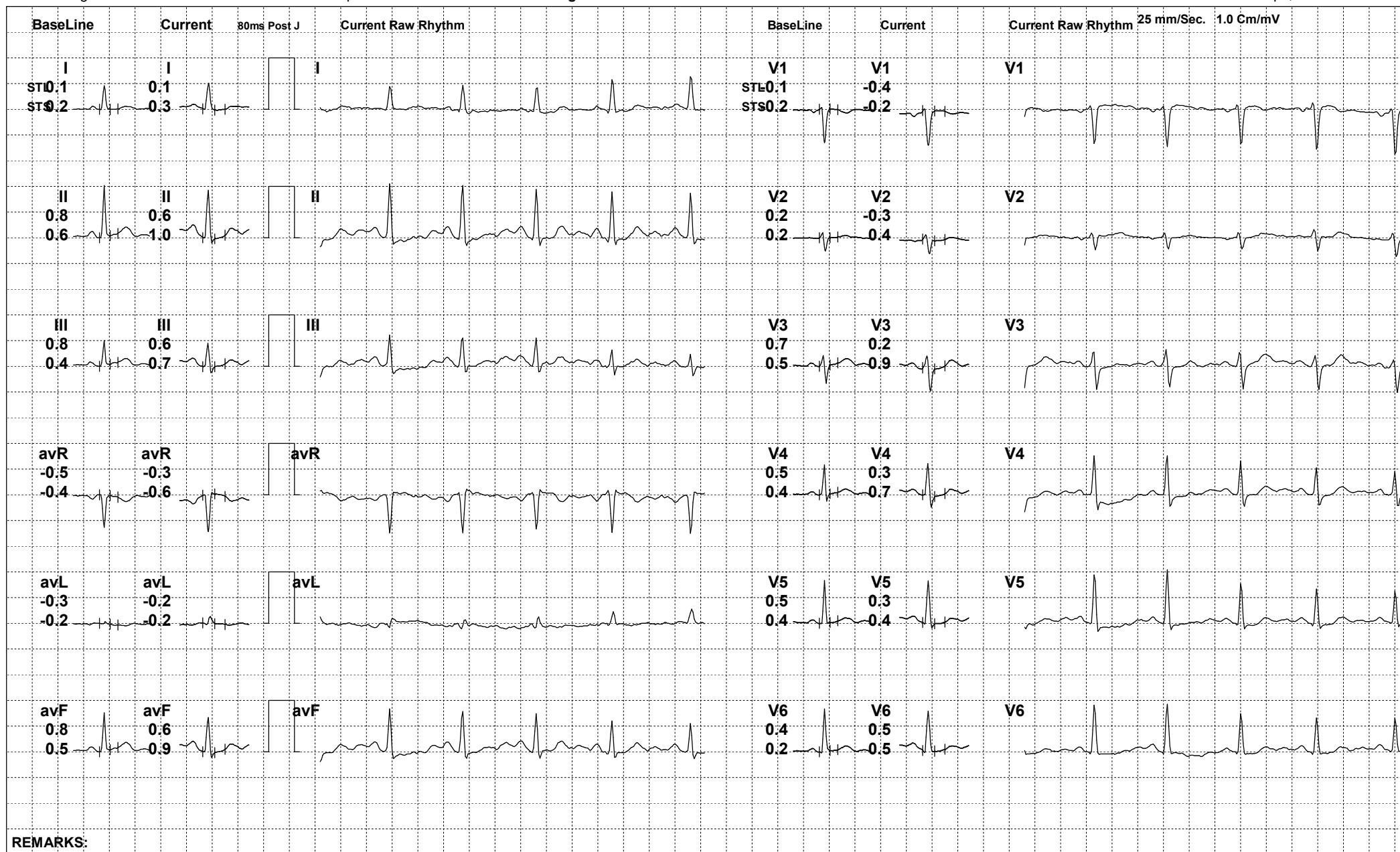




232 / GIRJA SHANKER DWIVEDI / 57 Yrs / M

Date: 18-Aug-2023 03:22:27 PM METS: 1.0/ 104 bpm 63% of THR BP: 136/82 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:55 0.0 mph, 0.0%



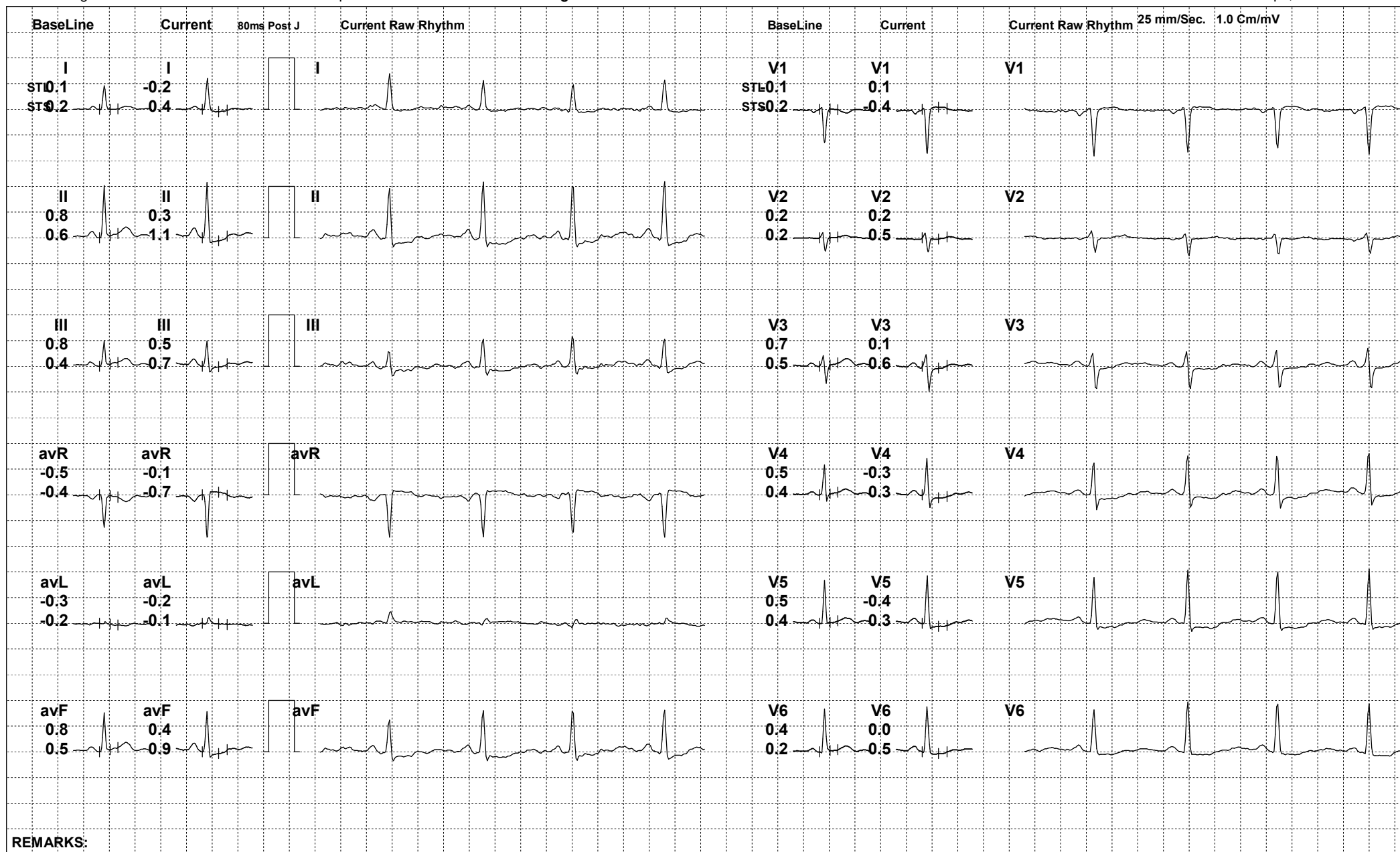
REMARKS:



232 / GIRJA SHANKER DWIVEDI / 57 Yrs / M

Date: 18-Aug-2023 03:22:27 PM METS: 1.0/ 84 bpm 51% of THR BP: 134/82 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:55 0.0 mph, 0.0%



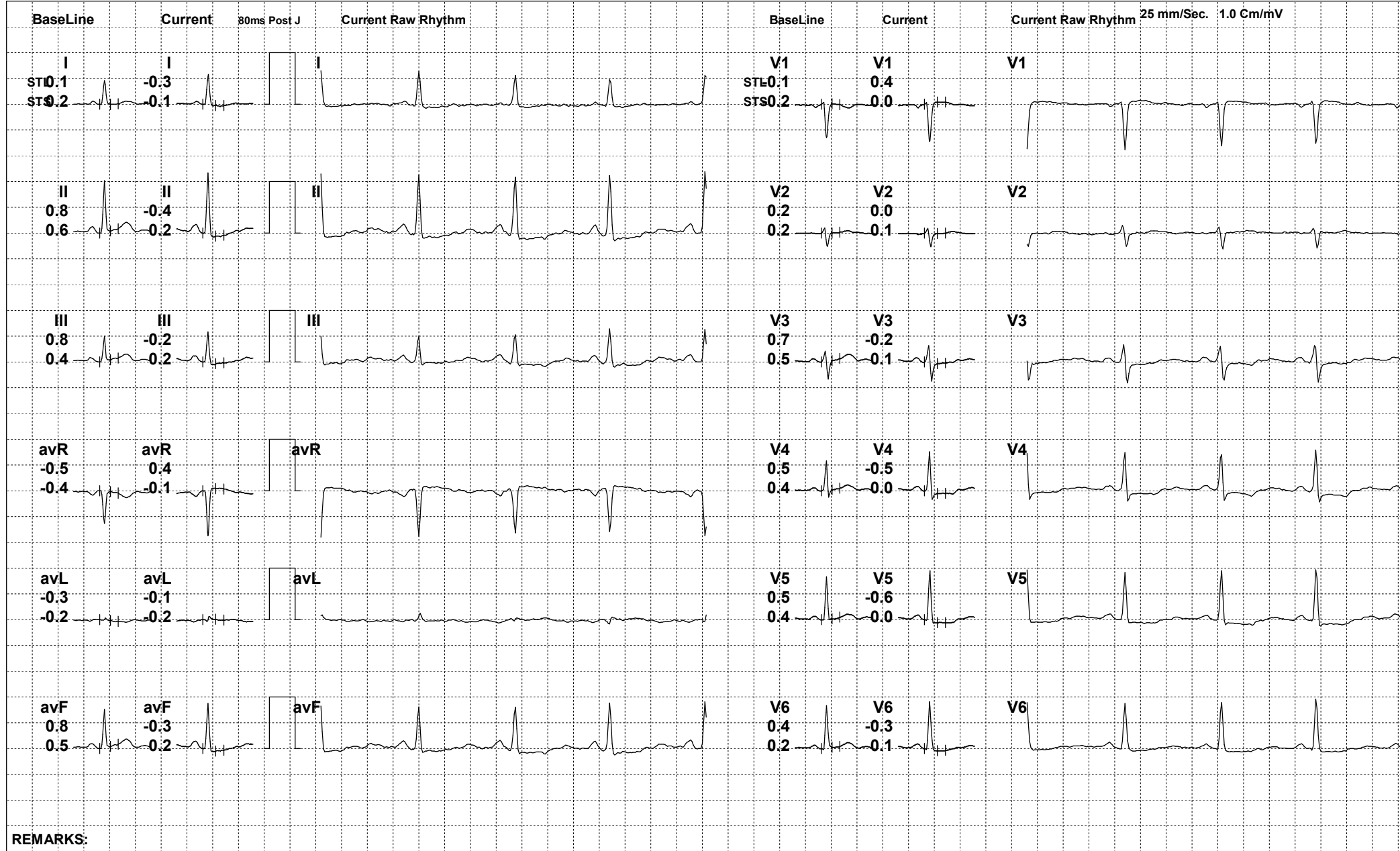




232 / GIRJA SHANKER DWIVEDI / 57 Yrs / M

Date: 18-Aug-2023 03:22:27 PM METS: 1.0/ 80 bpm 49% of THR BP: 134/82 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:55 0.0 mph, 0.0%

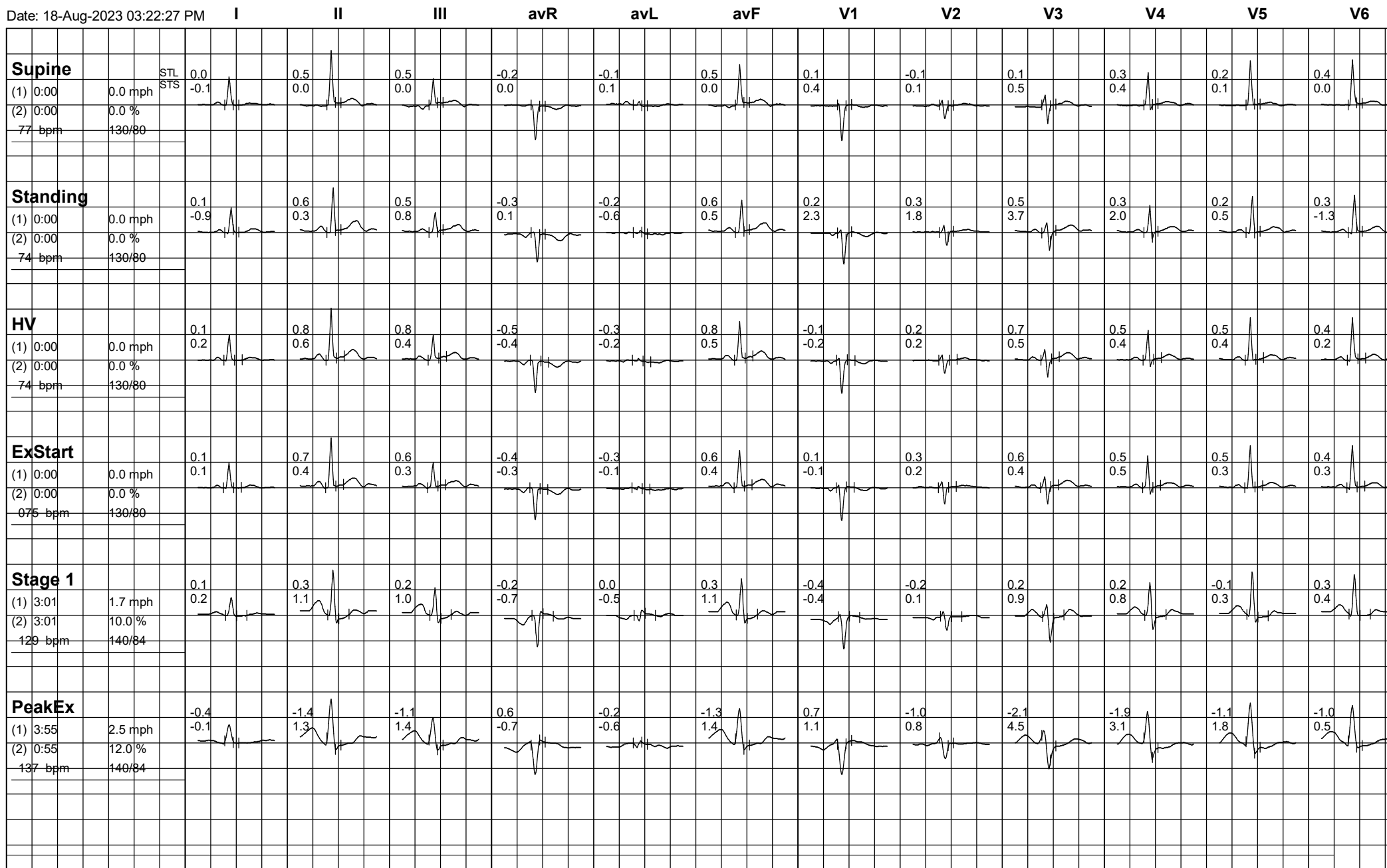


REMARKS:



232 / GIRJA SHANKER DWIVEDI / 57 Yrs / M

Date: 18-Aug-2023 03:22:27 PM





232 / GIRJA SHANKER DWIVEDI / 57 Yrs / M

Date: 18-Aug-2023 03:22:27 PM

