



NABL & ISO 9001 : 2008 Certified  
Wellness . Diagnostics  
A Unit of Gian Life Care Limited



7/216 (6), Swaroop Nagar  
(In Front of L.L.R. Hospital), Kanpur  
Mob. : 8808051576  
E-mail : reportsgpx@gmail.com  
arunguptagpx@gmail.com

Gian Pathology and X-Ray

Pathology . Radiology

Gian Life Line - Health Checkup

Lab No.	: 012208270028	Reg No/BarcodeNo	: 440817/01428967
Patient Name	: Mrs..SHIPRA SINGH	Reg. Date	: 27/Aug/2022 09:32AM
Age/Sex	: 26 Y / Female	Sample Taken Date	: 27/Aug/2022 10:23AM
Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 27/Aug/2022 12:00PM
Referred By Doctor	: Dr. B O B		

**BIOCHEMISTRY**

**Blood Sugar (Fasting)**

Blood Sugar Fasting Glucose Oxidase Peroxidase	106	mg/dl	70 - 100
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Sample Type:Plasma

**Blood Sugar (PP)**

Blood Sugar PP (2 Hr.) Glucose Oxidase Peroxidase	115	mg/dL	70 - 140
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Sample Type:Plasma

**GAMMA GT/GGT**

GAMMA GT / GGT	14	IU/l	12 - 43
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\*Not in NABL Scope\*

Sample Type:Serum

**BUN / BLOOD UREA NITROGEN**

BLOOD UREA NITROGEN Urease	10	mg/dl	7.0 - 18.7
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Sample Type:Serum

**CREATININE SERUM**

CREATININE, Serum Aminohydrolase	0.67	mg/dl	0.52 - 1.04
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Sample Type:Serum

**URIC ACID**

URIC ACID, Serum Uricase Peroxidase	4.2	mg/dl	2.5 - 6.2
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Sample Type:Serum



*A Gupta*

**Dr. Arun Kumar Gupta**  
M.D. Chief Pathologist  
(Reg No. 34930)



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**BIOCHEMISTRY**

**LFT/LIVER FUNCTION TESTS**

BILIRUBIN TOTAL	0.4	mg/dl	0.10 - 1.00
Reflectance spectrophotometry			
BILIRUBIN DIRECT	0.2	mg/dl	0.0 - 0.3
Reflectance Spectrophotometry			
BILIRUBIN INDIRECT	0.2	mg/dl	0.10 - 1.1
Reflectance Spectrophotometry			
SGOT /AST	18	U/L	14 - 36
Multipoint Rate with P-5-P			
SGPT /ALT	21	U/L	0.0 - 55
UV with P5P			
Alk. Phosphatase, Serum	103	U/L	38 - 126
PNPP AMP BUFFER			
PROTEIN TOTAL	7.5	g/dl	6.4 - 8.3
Biuret			
ALBUMIN	4.6	g/dl	3.5 - 5.0
BCP			
GLOBULIN	2.9	g/dl	2.3 - 3.5
Calculated			
A/G RATIO	1.59		1.5 - 2.5
Calculated			

Sample Type:Serum

**Lipid Profile**

CHOLESTEROL TOTAL	197	mg/dl	Desirable: <200 Boderline High: 200 – 239 High : ≥240
Cholesterol Oxidase			
TRIGLYCERIDES	95	mg/dl	Normal <150 Boderline High: 150 – 199 High : 200 – 499 Very High: ≥500
Lip/Glucerosl Kinase			
HDL CHOLESTEROL	53	mg/dl	40 - 60
Non HDL Precipitation			
LDL CHOLESTEROL	125	mg/dl	100 - 130
Calculated			
VLDL CALCULATED	19	mg/dl	13 - 36
Calculated			
CHOL/ HDL RATIO	3.72	Ratio	Less than 4.0



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**BIOCHEMISTRY**

Calculated  
LDL / HDL RATIO **2.36** 3.3 - 4.4 (Low Risk)  
4.4-7.1 (Average Risk)  
7.1-11.0 (Moderate Risk)

**Ratio of LDL to HDL**

Risk	Men	Women
Very low (1/2 average)	1	1.5
Average risk	3.6	3.2
Moderate risk (2x average)	6.3	5.0
High risk (3x risk)	8	6.1

**HDL** levels have an inverse relationship with coronary heart disease. The ability of **HDL** to predict the development of coronary atherosclerosis has been estimated to be four times greater than **LDL** and eight times greater than **TC**. Treatment is recommended for those with a **HDL** level below 40 mg/dL. An **HDL** of 60 mg/dL is considered protection against heart disease.

**Preparation:**

Blood should be collected after a 12-hour fast (no food or drink, except water). For the most accurate results, wait at least 2 months after a heart attack, surgery, infection, injury or pregnancy to check Lipid Profile.

**Sample Type:Serum**

**BUN/CREATININE RATIO**

BLOOD UREA NITROGEN	10	mg/dl	7.0 - 18.7
Urease			
CREATININE, Serum	0.67	mg/dl	0.52 - 1.04
Aminohydrolaase			
Ratio	11.49		

**Sample Type:Serum**



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Client Code/Name	: <b>MEDIWHEEL FULL BODY CHECKUP</b>	Report Date	: 27/Aug/2022 02:08PM
Referred By Doctor	: Dr. B O B		

CLINICAL PATHOLOGY

MEDIWHEEL FEMALE BELOW 40

URINE SUGAR (F)

URINE SUGAR (F) NIL

(\*Not in NABL Scope\*)



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CLINICAL PATHOLOGY

**URINE ROUTINE EXAMINATION**

**Method -Dipstick And Microscopy**

**PHYSICAL EXAMINATION**

COLOUR	STRAW	
SPECIFIC GRAVITY (Based on pka change)	1.030	1.001 - 1.030
pH ( methylred/Bromothymol blue method )	6.0	7.50 - 8.0
TURBIDITY	ABSENT	
Deposit (UR)	ABSENT	

**Chemical**

PROTEIN Dipstick/Tetra bromophenol blue/ Heat & Acid Test method).	NIL	Nil
GLUCOSE (Oxidase Peroxidase method)	NIL	Nil
KETONE (Nitroprusside Method)	NEGATIVE	Nil
BILL PIGMENT (Diazo Method)	NEGATIVE	Negative
UROBILINOGEN (Ehrlich reaction)	NEGATIVE	Normal
Nitrite (Based on presence of bacteria )	NEGATIVE	Negative
Leucocyte Esterase (Esterase Diazonium Method)	NEGATIVE	Negative

**After Centrifugation at 2500 R.P.M. For 5 Minutes**

**MICROSCOPIC EXAMINATION**

RBC (Microscopic)	NIL	per HPF	
PUS CELLS (Microscopic)	1-2	Per HPF	0 - 5 WBC/hpf
EPITHELIAL CELLS (Microscopic)	1-2	Per HPF	
CASTS (Microscopic)	NIL	Per LPF	
CRYSTALS (Microscopic)	NIL		
Amorphous Material (Microscopic)	Nil		Nil
BACTERIA (Microscopic)	NIL	Per HPF	0-0

**URINE SUGAR (PP)**

URINE SUGAR (PP) NIL

(\*Not in NABL Scope\*)



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HAEMATOLOGY

MEDIWHEEL FEMALE BELOW 40

**CBC / COMPLETE BLOOD COUNT**

HEMOGLOBIN (Hb) Photometry Cyanide Free	12.3	g/dl	12.0 - 15.0
TLC Impedence	7340	/cumm	4000-10000
<b>DLC (%)</b>			
NEUTROPHIL DHSS/Microscopic	53	%	40-80
LYMPHOCYTE DHSS/Microscopic	39	%	24-44
EOSINOPHIL DHSS/Microscopic	4	%	01-06
MONOCYTE DHSS/Microscopic	4	%	3-6
BASOPHIL DHSS/Microscopic	0	%	0 - 1
Platelet Impedance/Microscopic	150	10 <sup>3</sup> /μL	150 - 410
RBC COUNT Impedance	4.65	10 <sup>6</sup> /μL	3.8 - 4.8
PCV (HCT) Numeric Integration	<b>38.9</b>	%	36-46
MCV Calculated	83.7	fL	83-91
MCH Calculated	26.5	pg	27-32
MCHC Calculated	31.6	g/dL	31.5-34.5
RDW-CV Calculated	<b>15.1</b>	%	11.6 - 14.0
IG	<b>0.7</b>	%	0 - 0.5
ABSOLUTE LEUCOCYTE COUNT	2.87		
ABSOLUTE NEUTROPHIL COUNT DHSS/Calculated	3.84	10 <sup>3</sup> /μL	2.00-7.00
ABSOLUTE LYMPHOCYTE COUNT DHSS/Calculated	2.87	10 <sup>3</sup> /μL	1.0-3.0
ABSOLUTE MONOCYTE COUNT DHSS/Calculated	0.31	.10 <sup>3</sup> /μL	0.0.20-1.0



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**HAEMATOLOGY**

ABSOLUTE EOSINOPHIL COUNT DHSS/Calculated	0.32	10 <sup>3</sup> /μL	0.02 - 0.50
N/L Ratio	1.34	Ratio	Normal: 1 - 3 Mildly High: 4 - 6 Moderately High: 7 - 9 Severly High: >9.0

Sample Type Whole Blood EDTA

**ESR WESTERGREN (Automated)**

ESR WESTERGREN ( Automated) WESTERGREN	10	mm	0 - 14
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**\*Not in NABL Scope\***

Sample Type:EDTA Blood

**ABO Rh / BLOOD GROUP Tube Agglutination (FORWARD & REVERSE Method)**

**BLOOD GROUP / ABO-RH**

ABO	AB	-
Reverse & Forward		
Rh	POSITIVE	-
Reverse & Forward		

Sample Type:EDTA Blood



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**HAEMATOLOGY**

**HbA1C/GLYCATED HEMOGLOBIN/GHB**

HBA1C/GLYCATED HEMOGLOBIN 6.2 %  
Average of Glucose Level 131 mg/dl

Test is done by HPLC method (Gold Standard) D-10 Analyzer.

Expected Values :-

Test	Normal Range	
HbA1c	Non Diabetic:	4.0% - 6.0%
	Good Control:	6.1% - 8.0%
	Poor Control:	8.1% - 9.0 %
	Unsatisfactory:	> 9 %

To convert an A1c to the new average mean blood glucose, use this formula:  
eAG(mg/dl) = (28.7 X HbA1c) - 46.7

\*Not in NABL Scope\*

Sample Type:EDTA Blood



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IMMUNOASSAY

MEDIWHEEL FEMALE BELOW 40

**T3 / TRIDOTHYRONINE TOTAL**

T3 TOTAL 1.08 ng/mL 0.35 - 1.93  
CLIA

Increased levels are seen in hyperthyroidism and decreased levels are seen in hypothyroidism.

Sample Type:Serum

**T4 / THYROXIN TOTAL**

T4 TOTAL 8.13 µg/dl 4.50 - 10.9  
CLIA

Increased levels are seen in graves disease cancer of thyroid as symptoms of hyperthyroidism.Low levels are seen in hypothyroidism whose symptoms are myoxyedema hashmito disease and pituitary disorders

**TSH (Thyroid Stimulating Hormone)**

TSH (ECLIA) 1.59 µIU/ml 0.35 - 5.50  
CLIA

NOTE:

Guidelines for interpretation of abnormal thyroid function test.

TSH	T4/FT4	T3/FT3	Interpretation
High	Normal Normal	Mild(subclinical)	Hypothyroidism.
High	Low	Low/Normal	Hypothyroidism
Low	Normal Normal	Mild (subclinical)	Hyperthyroidism.
Low	High/Normal	High/Normal	Hyperthyroidism
Low	Low/Normal	Low/Normal	Rare pituitary(secondary)Hypothyroidism

Sample Type:Serum



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**SONOGRAPHY**

**MEDIWHEEL FEMALE BELOW 40**

**USG ABDOMEN**

***USG WHOLE ABDOMEN :-***

**Liver :**

Normal in size, shape & echo-texture. No focal lesions / IHBR dilatation.  
Portal vein is normal.

**Gall bladder :**

Normal in distension & wall thickness. No sizeable GB Calculus / mass.

**C.B.D. :**

Normal in course and caliber (measuring 3.8 mm at porta) and clear throughout.

**Pancreas :**

Normal in size, shape & echo-texture. No focal / diffuse pancreatic lesion seen.  
Main pancreatic duct is not dilated.

**Spleen :**

Normal in size (8.8 cm. in axial length). No focal lesions. Splenic vein is normal at hilum.

**B/L Kidneys :**

B/L kidneys normal in size, contour, location and cortical echogenicity.  
Pelvicalyceal system & bilateral ureters unremarkable.  
No sizeable calculus / mass on either side.

**Urinary bladder :**





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**SONOGRAPHY**

Normal is distension and wall thickness. No sizeable UB calculus / mass.

**Uterus :**

Normal in size and anteverted. No sizeable focal lesion seen.  
Midline endometrial strip is of normal thickness. Cervix is unremarkable.

**Bilateral Ovaries:**

Normal sized, shape and echo-texture.  
No adnexal lesion on either side.  
No free fluid seen in cul-de-sac.

No evidence of ascitis / pleural effusion / RP lymphadenopathy seen.

**Impression:**

**Normal Study of USG Whole abdomen.**

**Advise:** Correlate clinically & further investigate.

**SONOLOGIST**





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**X-RAY**

**MEDIWHEEL FEMALE BELOW 40**

**X RAY CHEST PA VIEW**

DIAPHRAGMS ARE NORMAL.  
COSTOPHRENIC ANGLES ARE CLEAR.  
CARDIAC SHADOW IS NORMAL.  
**HILAR SHADOWS ARE HEAVY.**  
**ACCENTUATED MARKINGS SEEN.**  
NO PARENCHYMAL LESION IS NOTED.  
ACTIVE DISEASE OF LUNGS OR PLEURA IS NOT INDICATED.

**DR. S. KHURANA**  
**M.B.B.S.,D.M.R.E.**

\*\*\* End Of Report \*\*\*



**7/216 (6), SWAROOP NAGAR (IN FORN OF L.L.R. HOSPITAL) KANPUR****76 (440817) / SHIPRA SINGH / 26 Yrs / F / 0 Cms / 0 Kg Date: 27-Aug-2022 Refd By : BANK OF BARODA**

Stage	Time	Duration	Belt Speed (mph)	Elevation	METs	Rate	BP	RPP	PVC	Comments
Supine	00:30	0:01	00.0	00.0	01.0	111	110/76	122	00	
Standing	00:51	0:01	00.0	00.0	01.0	113	110/76	124	00	
HV	00:57	0:01	00.0	00.0	01.0	108	110/76	124	00	
ExStart	01:12	0:01	00.0	00.0	01.0	122	110/76	134	00	
PeakEx	03:59	2:47	01.7	10.0	04.5	151	120/80	181	00	
Recovery	04:58	1:00	00.0	00.0	04.5	119	116/78	174	00	
Recovery	05:58	2:00	00.0	00.0	04.5	125	112/76	140	00	
Recovery	07:01	3:02	00.0	00.0	04.5	124	112/76	138	00	

**Findings :**

Exercise Time : 02:48  
 Max HR Attained : 151 bpm 78% of Target 194  
 Max BP Attained : 120/80  
 Max WorkLoad Attained : 4.5 Poor response to induced stress  
 Max ST Dep Lead & Value : avL & -0.9 mm  
 Duke Treadmill Score : 12.0  
 Test Objective : For Testing  
 History : Nil  
 Test End Reasons : Fatigue

**Doctor : DR. KUSH KUMAR TYAGI D.M.**



**Report :**

Sample Name: Stress Test Graded Exercise Treadmill  
Description: .

INDICATIONS: R/O CAD.

PROCEDURE DONE: Graded exercise treadmill stress test.

STRESS ECG RESULTS:

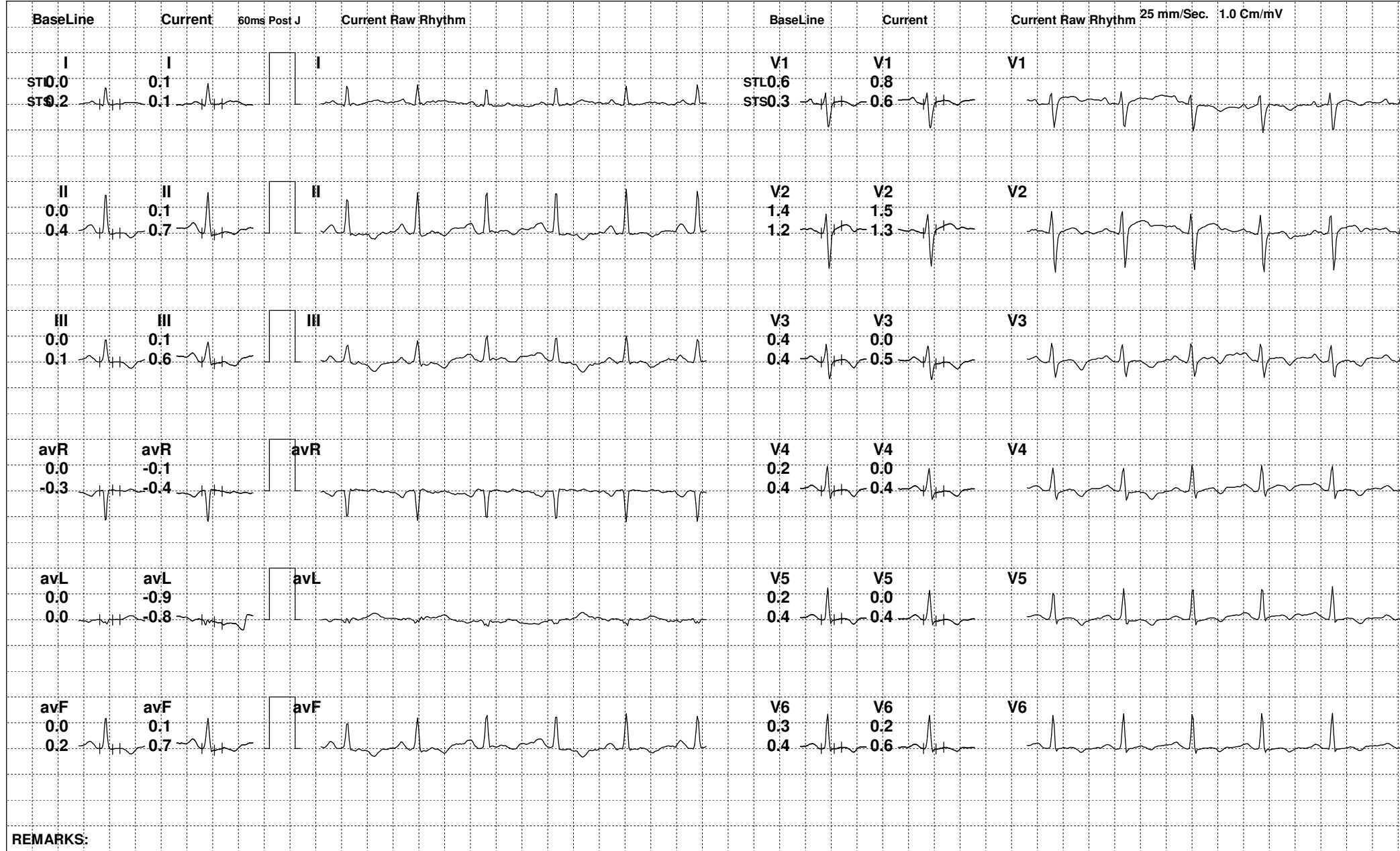
LOW NORMAL FUNCTIONAL CAPACITY, ADEQUATE B.P. RESPONSE, THR 77% ACHIEVED,  
NO CHEST PAIN, DYSPNOEA WITHOUT SIGNIFICANT ST-T CHANGES DURING EXERCISE  
AND RECOVERY. NO ARRHYTHAEMIA.

\*\*\*\*\*

TEST IS NEGATIVE FOR STRESS INDUCED REVERSIBLE MYOCARDIAL ISCHEMIA  
FOR THIS MUCH OF WORK LOAD.

**Doctor : DR. KUSH KUMAR TYAGI D.M.**





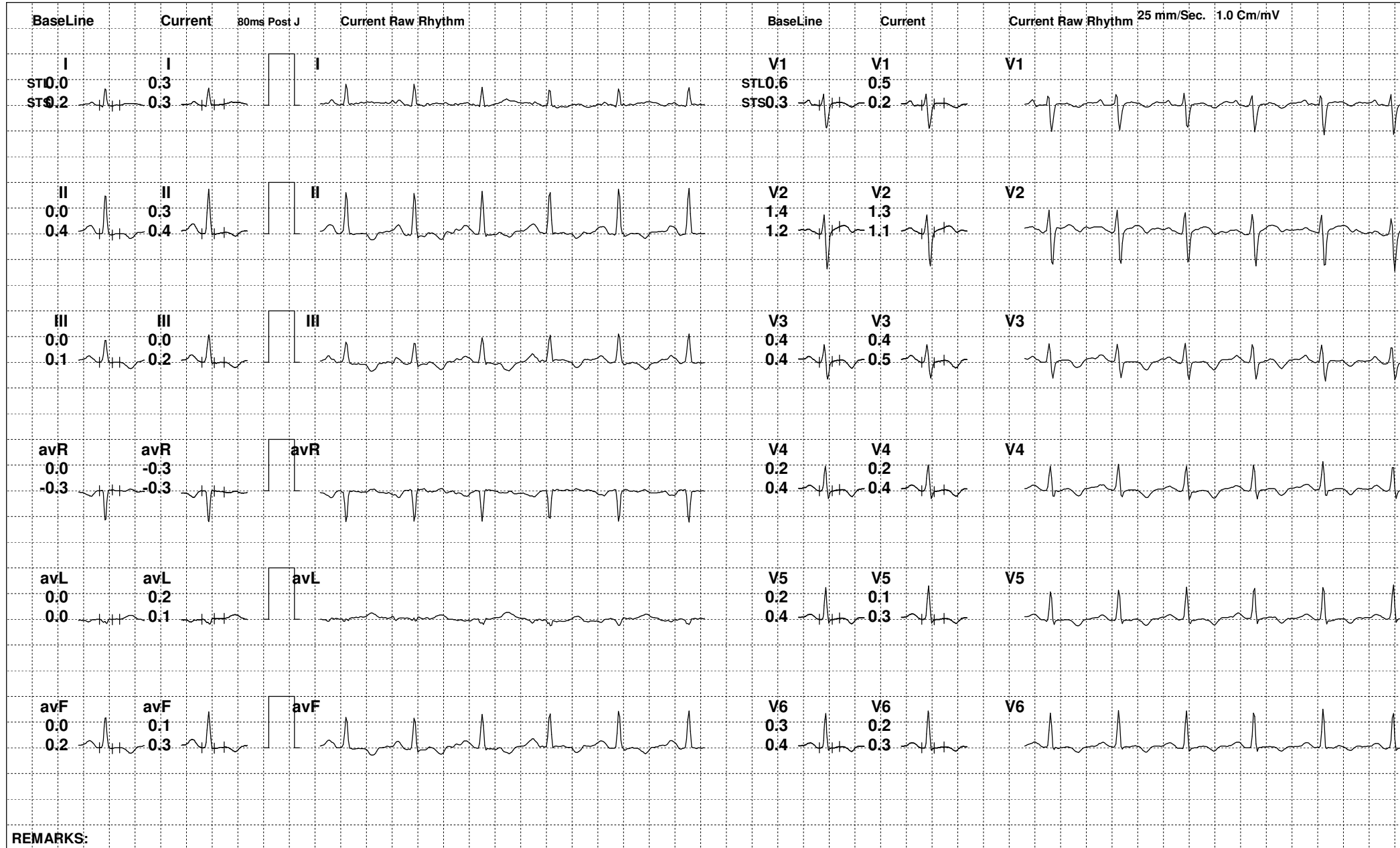
REMARKS:



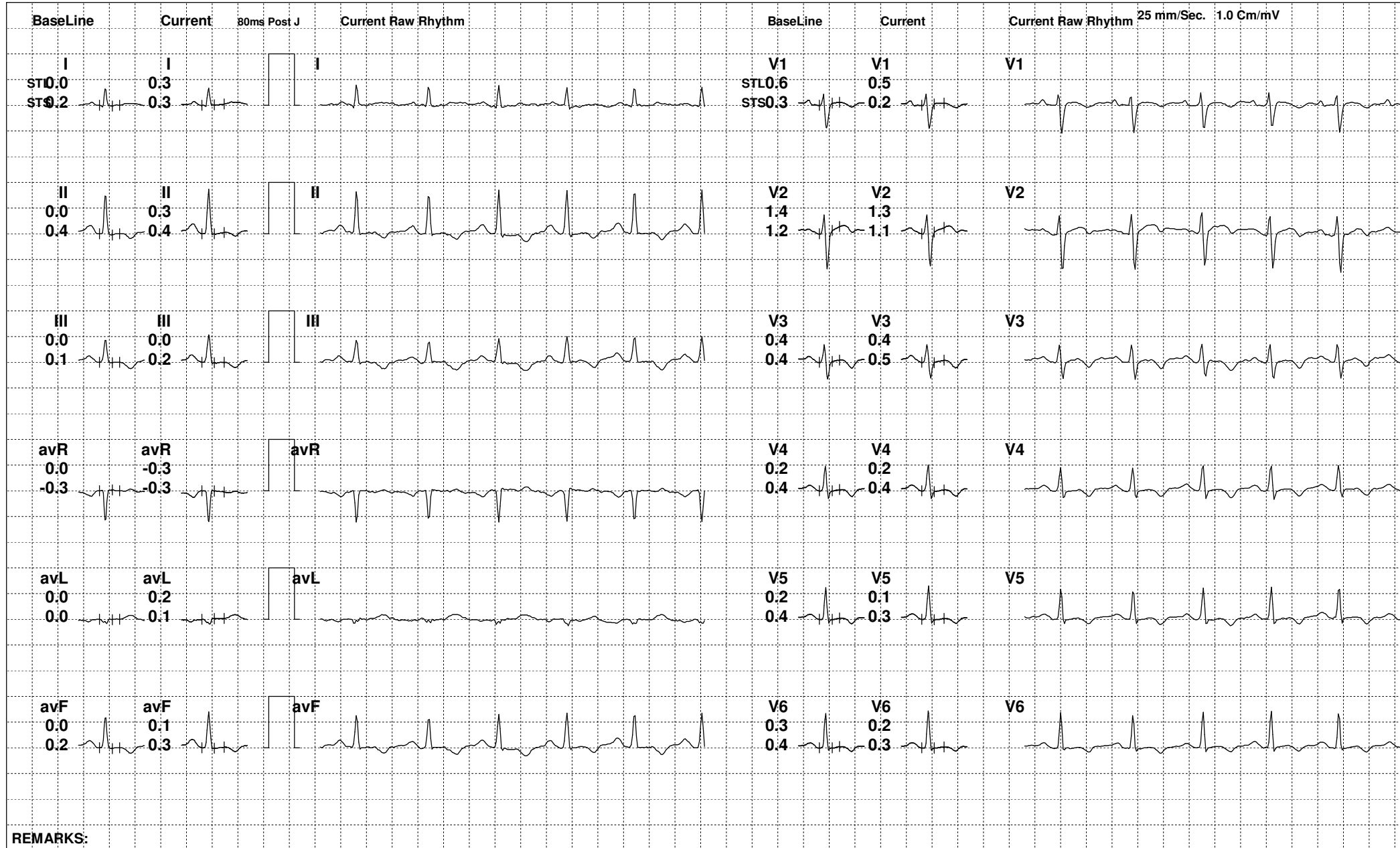
76 (440817) / SHIPRA SINGH / 26 Yrs / F

Date: 27-Aug-2022 12:25:09 PM METS: 1.0/ 113 bpm 58% of THR BP: 110/76 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:49 0.0 mph, 0.0%



REMARKS:



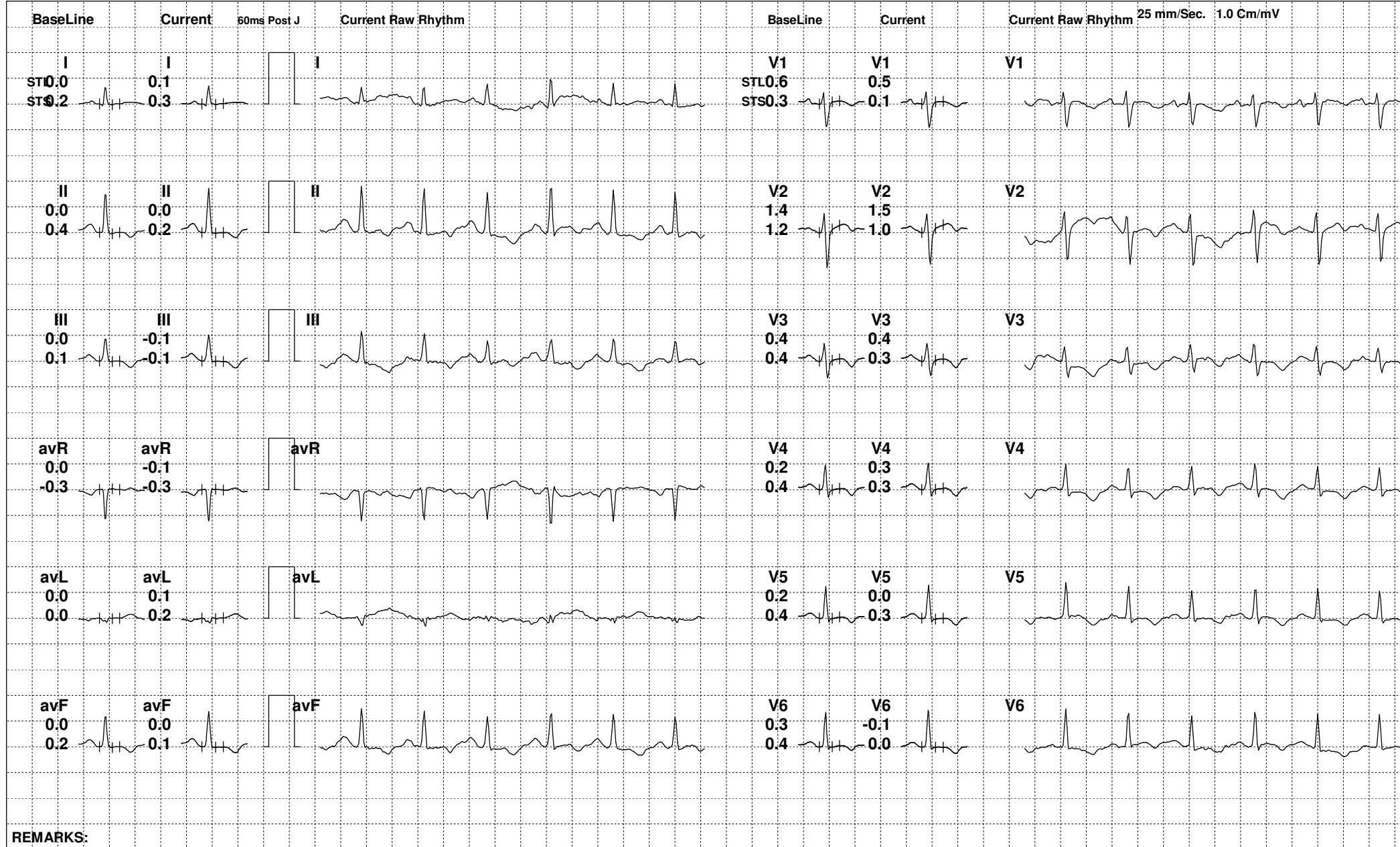
REMARKS:



76 (440817) / SHIPRA SINGH / 26 Yrs / F

Date: 27-Aug-2022 12:25:09 PM METS: 1.0/ 122 bpm 62% of THR BP: 110/76 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 01:10 0.0 mph, 0.0%



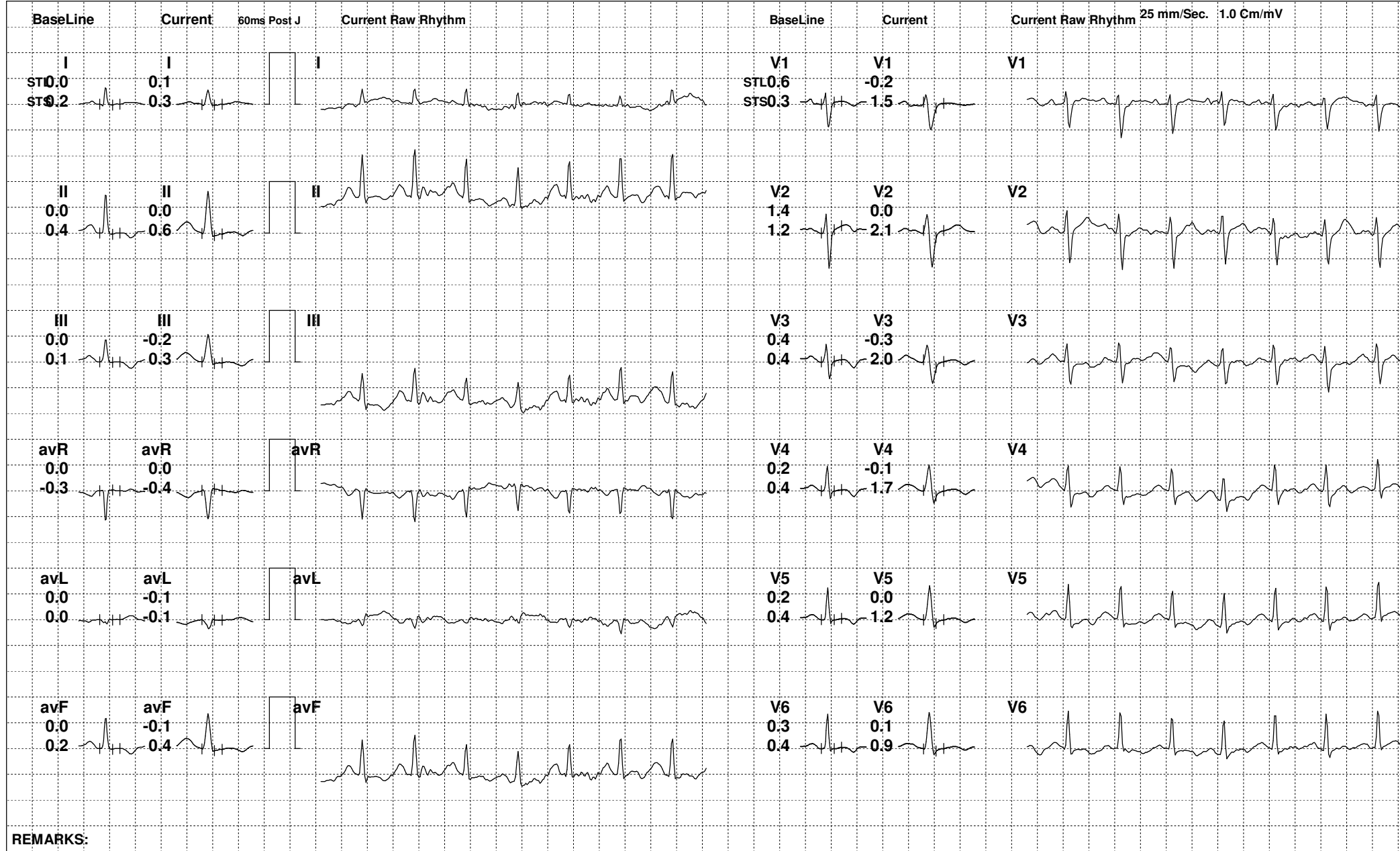
REMARKS:



76 (440817) / SHIPRA SINGH / 26 Yrs / F

Date: 27-Aug-2022 12:25:09 PM METS: 4.5/ 150 bpm 77% of THR BP: 120/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 02:47 1.7 mph, 10.0%



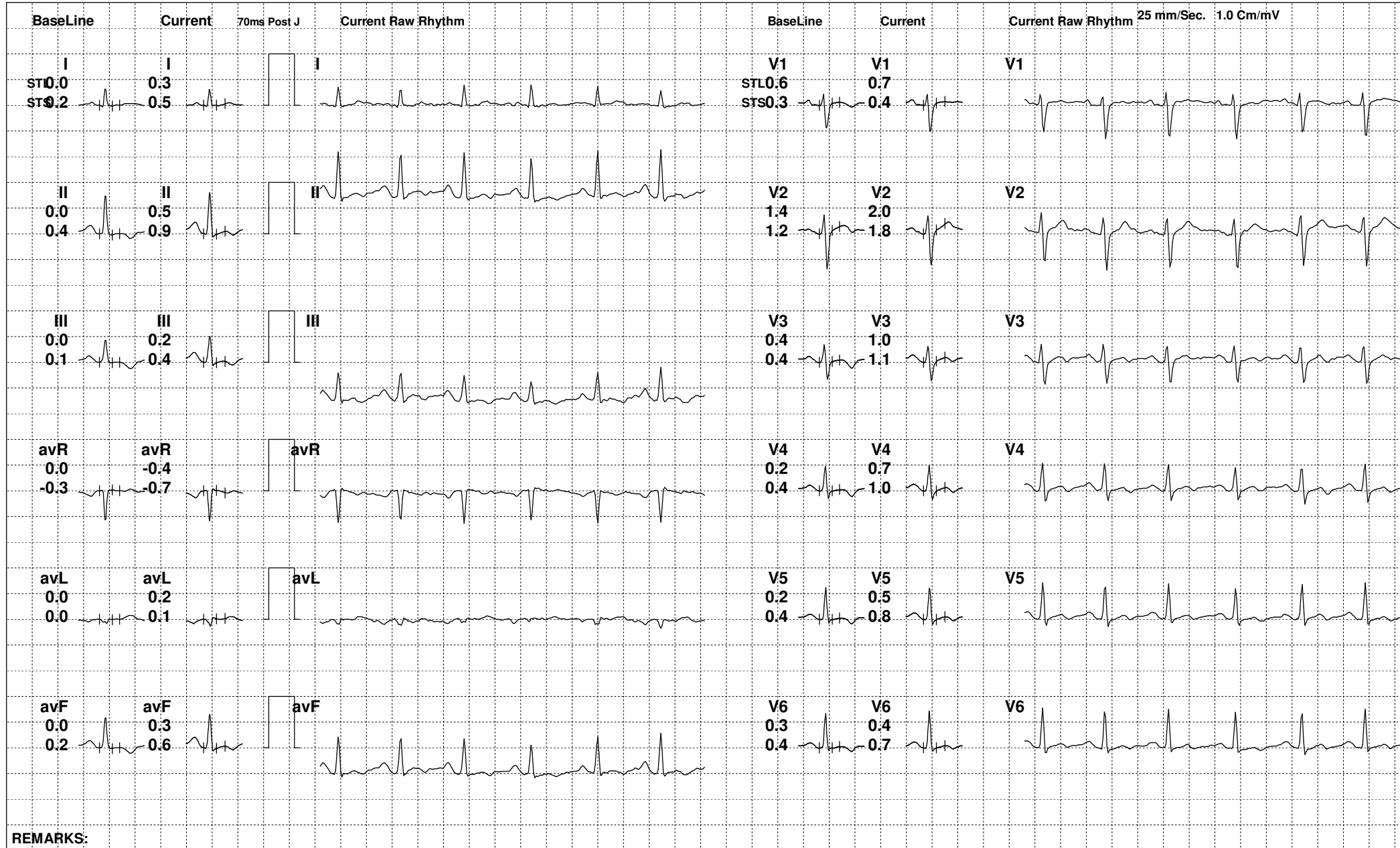
REMARKS:



76 (440817) / SHIPRA SINGH / 26 Yrs / F

Date: 27-Aug-2022 12:25:09 PM METS: 4.5/ 119 bpm 61% of THR BP: 116/78 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 02:48 0.0 mph, 0.0%

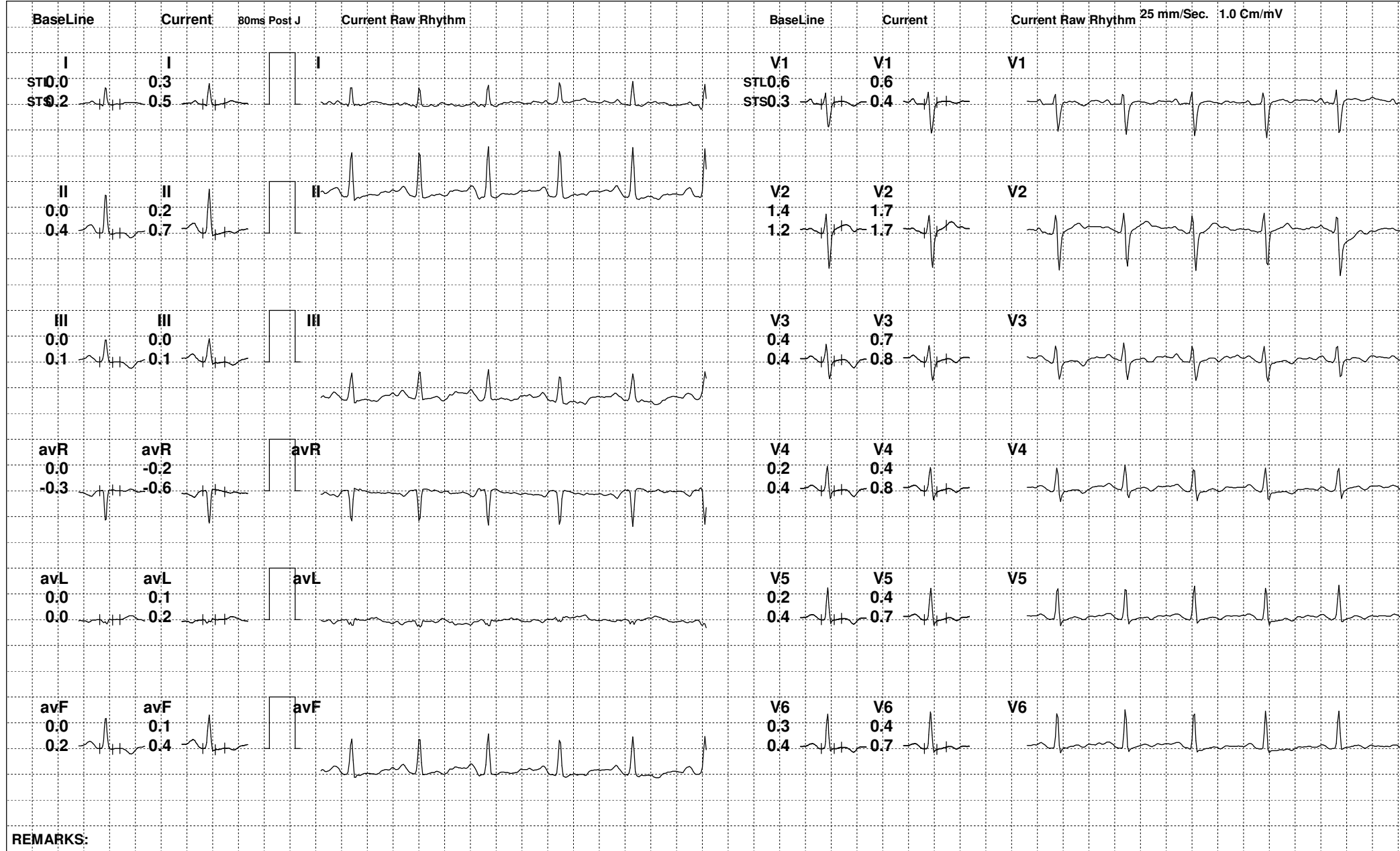




76 (440817) / SHIPRA SINGH / 26 Yrs / F

Date: 27-Aug-2022 12:25:09 PM METS: 4.5/ 109 bpm 56% of THR BP: 112/76 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 02:48 0.0 mph, 0.0%



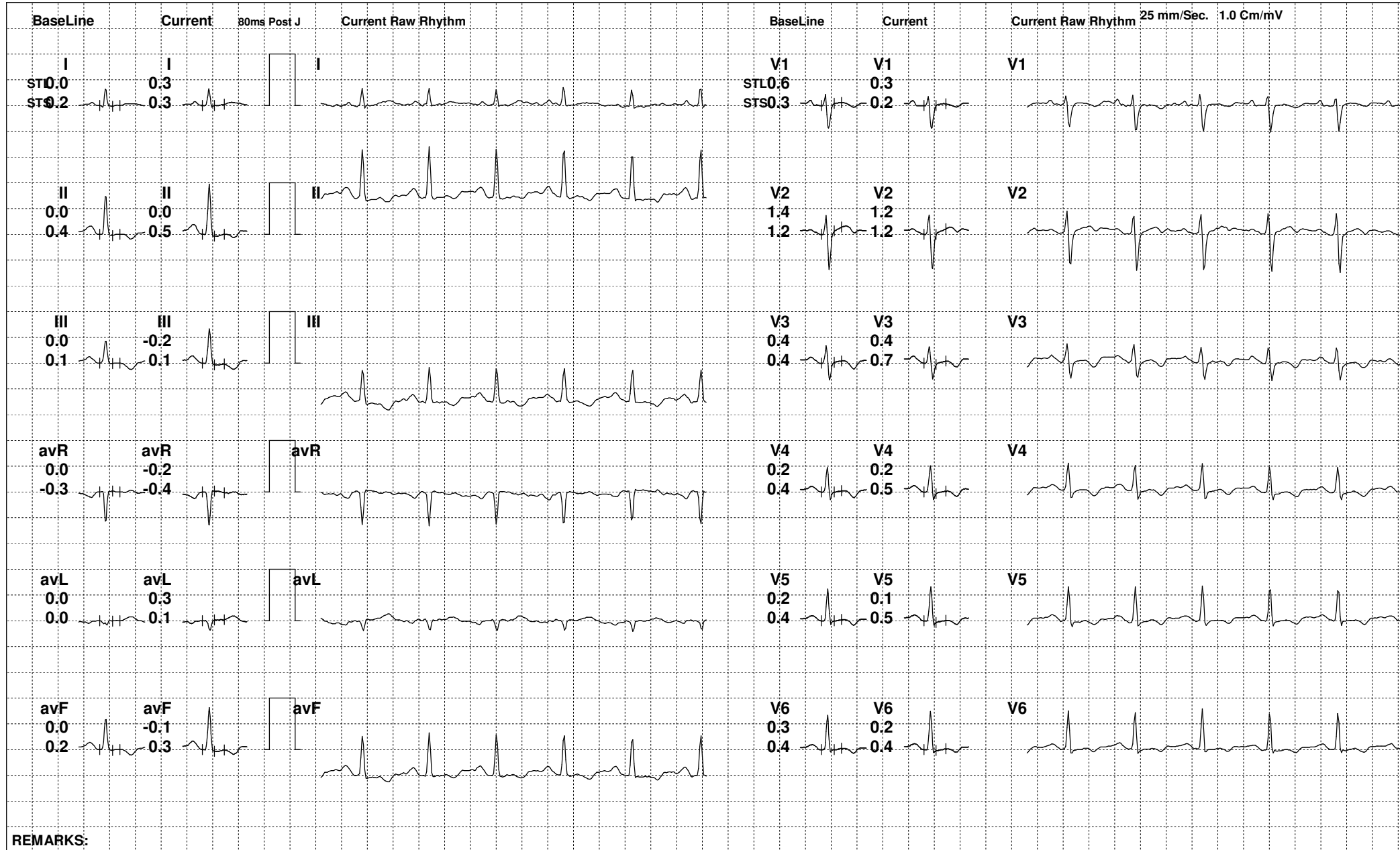
REMARKS:



76 (440817) / SHIPRA SINGH / 26 Yrs / F

Date: 27-Aug-2022 12:25:09 PM METS: 4.5/ 114 bpm 58% of THR BP: 112/76 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 02:48 0.0 mph, 0.0%



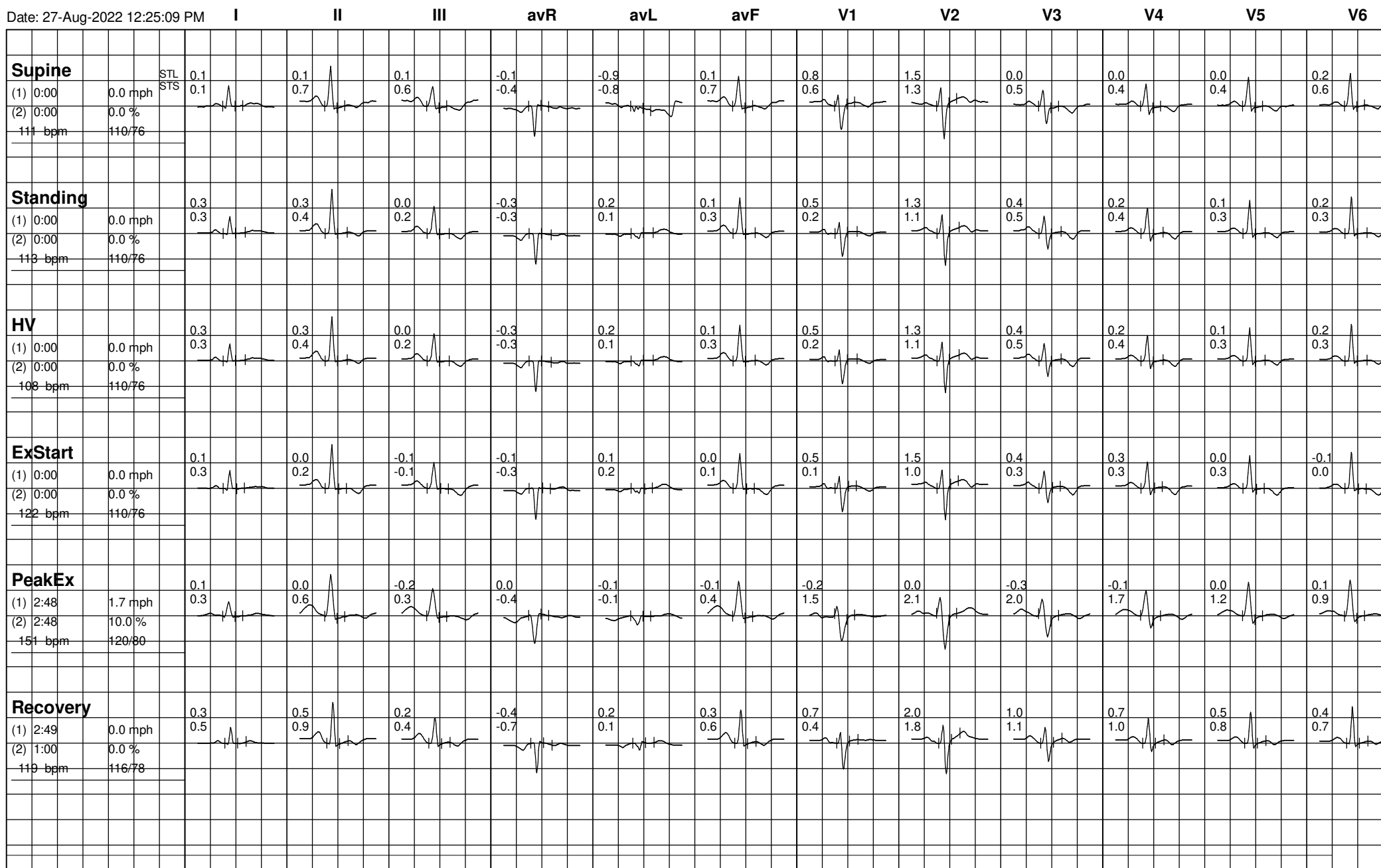
REMARKS:





76 (440817) / SHIPRA SINGH / 26 Yrs / F

Date: 27-Aug-2022 12:25:09 PM





76 (440817) / SHIPRA SINGH / 26 Yrs / F

Date: 27-Aug-2022 12:25:09 PM

I II III avR avL avF V1 V2 V3 V4 V5 V6

