





Patient Name	: Mr.NANDAKUMAR S	Collected	: 26/Aug/2023 08:31AM
Age/Gender	: 59 Y 9 M 3 D/M	Received	: 26/Aug/2023 10:56AM
UHID/MR No	: CTNA.0000202191	Reported	: 26/Aug/2023 12:17PM
Visit ID	: CTNAOPV181869	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: NS152999		

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324

PERIPHERAL SMEAR, M	/HOLE BLOOD EDTA	
METHODOLOGY	: Microscopic.	
RBC MORPHOLOGY	: Predominantly normocytic normochromic RBC's noted.	
WBC MORPHOLOGY	: Normal in number, morphology and distribution. No abnormal cells seen.	
PLATELETS	: Adequate in number.	
PARASITES	: No haemoparasites seen.	
IMPRESSION	: Normocytic normochromic blood picture.	
NOTE/ COMMENT	: Please correlate clinically.	

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SIN No:BED230203599

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324							
Test Name	Result	Unit	Bio. Ref. Range	Method			

HAEMOGLOBIN	13.1	g/dL	13-17	Spectrophotometer
PCV	37.90	%	40-50	Electronic pulse & Calculation
RBC COUNT	4.4	Million/cu.mm	4.5-5.5	Electrical Impedence
MCV	86.2	fL	83-101	Calculated
MCH	29.8	pg	27-32	Calculated
MCHC	34.5	g/dL	31.5-34.5	Calculated
R.D.W	13.5	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	4,700	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (D	LC)			
NEUTROPHILS	61.9	%	40-80	Electrical Impedance
_YMPHOCYTES	26.9	%	20-40	Electrical Impedance
EOSINOPHILS	2.3	%	1-6	Electrical Impedance
MONOCYTES	8.3	%	2-10	Electrical Impedance
BASOPHILS	0.6	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	2909.3	Cells/cu.mm	2000-7000	Electrical Impedance
_YMPHOCYTES	1264.3	Cells/cu.mm	1000-3000	Electrical Impedance
EOSINOPHILS	108.1	Cells/cu.mm	20-500	Electrical Impedance
MONOCYTES	390.1	Cells/cu.mm	200-1000	Electrical Impedance
BASOPHILS	28.2	Cells/cu.mm	0-100	Electrical Impedance
PLATELET COUNT	177000	cells/cu.mm	150000-410000	Electrical impedence
ERYTHROCYTE SEDIMENTATION RATE (ESR)	9	mm at the end of 1 hour	0-15	Modified Westergre
ERIPHERAL SMEAR				
ETHODOLOGY : Microscop	ic.			
BC MORPHOLOGY : Predominant	1	nochromic RBC's no	4- J	

PLATELETS : Adequate in number.

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	· No haemon	arasites seen.				
PARASITES	. No fidemope	arusites seen.				
PARASITES IMPRESSION		normochromic blood	l picture.			

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ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324					
Те	Test Name Result			Bio. Ref. Range	Method

BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA BLOOD GROUP TYPE A Microplate Hemagglutination Rh TYPE Positive Microplate Hemagglutination

PLEASE NOTE THIS SAMPLE HAS BEEN TESTED ONLY FOR ABO MAJOR GROUPING AND ANTI D ONLY

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Age/Gender	: 59 Y 9 M 3 D/M		Received	: 26/Aug/2023 10:57AM	
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Test Name Result Unit Bio. Ref. Range Method

GLUCOSE, FASTING , NAF PLASMA	100	mg/dL	70-100	HEXOKINASE
		-		

Comment:

As per American Diabetes Guidelines

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.

2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	107	mg/dL	70-140	HEXOKINASE
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Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Ref: Marks medical biochemistry and clinical approach

HBA1C, GLYCATED HEMOGLOBIN ,	5.2	%	HPLC
WHOLE BLOOD EDTA			
ESTIMATED AVERAGE GLUCOSE (eAG),	103	mg/dL	Calculated

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WHOLE BLOOD EDTA

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 - 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7-8
UNSATISFACTORY CONTROL	8 - 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.

2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.

3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.

4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.

5. In cases of Interference of Hemoglobin variants in HbA1C alternative methods (Fructosamine) estimation is recommended for Glycemic Control

A: HbF >25%

B: Homozygous Hemoglobinopathy.

(Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

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SIN No:PLF02018798,PLP1362909,EDT230078470 This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324							
Test Name	Result	Unit	Bio. Ref. Range	Method			

LIPID PROFILE, SERUM

TOTAL CHOLESTEROL	194	mg/dL	<200	CHO-POD
TRIGLYCERIDES	76	mg/dL	<150	GPO-POD
HDL CHOLESTEROL	48	mg/dL	40-60	Enzymatic Immunoinhibition
NON-HDL CHOLESTEROL	146	mg/dL	<130	Calculated
LDL CHOLESTEROL	130.8	mg/dL	<100	Calculated
VLDL CHOLESTEROL	15.2	mg/dL	<30	Calculated
CHOL / HDL RATIO	4.04		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

1. Measurements in the same patient on different days can show physiological and analytical variations.

2.NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.

3.Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.

4.Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.

5.As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.

6.VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when

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Test Name Result			Unit	Bio. Ref. Range	Method

Triglycerides are below 350 mg/dl. When Triglycerides are more than 350 mg/dl LDL cholesterol is a direct measurement.

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SIN No:SE04462894

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DEPARTMENT OF BIOCHEMISTRY

|--|

Test Name Result Unit Bio. Ref. Range Method

LIVER FUNCTION TEST (LFT), SERUM				
BILIRUBIN, TOTAL	0.89	mg/dL	0.3–1.2	DPD
BILIRUBIN CONJUGATED (DIRECT)	0.14	mg/dL	<0.2	DPD
BILIRUBIN (INDIRECT)	0.75	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	13	U/L	<50	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	20.0	U/L	<50	IFCC
ALKALINE PHOSPHATASE	38.00	U/L	30-120	IFCC
PROTEIN, TOTAL	7.20	g/dL	6.6-8.3	Biuret
ALBUMIN	4.40	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	2.80	g/dL	2.0-3.5	Calculated
A/G RATIO	1.57		0.9-2.0	Calculated

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Age/Gender	: 59 Y 9 M 3 D/M	Received	: 26/Aug/2023 11:55AM		
UHID/MR No	: CTNA.0000202191	Reported	: 26/Aug/2023 12:23PM		
Visit ID : CTNAOPV181869 Status : Final Report					
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED		
Emp/Auth/TPA ID : NS152999					
DEPARTMENT OF BIOCHEMISTRY					

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FUL	L BODY ANNUAL PL	US ABOVE 50	Y MALE - TMT - PAN INI	DIA - FY2324

Test NameResultUnitBio. Ref. RangeMethod

RENAL PROFILE/KIDNEY FUNCTION TES	T (RFT/KFT) , SERU	Μ		
CREATININE	0.89	mg/dL	0.72 – 1.18	JAFFE METHOD
UREA	29.00	mg/dL	17-43	GLDH, Kinetic Assay
BLOOD UREA NITROGEN	13.6	mg/dL	8.0 - 23.0	Calculated
URIC ACID	6.70	mg/dL	3.5–7.2	Uricase PAP
CALCIUM	9.60	mg/dL	8.8-10.6	Arsenazo III
PHOSPHORUS, INORGANIC	2.80	mg/dL	2.5-4.5	Phosphomolybdate Complex
SODIUM	138	mmol/L	136–146	ISE (Indirect)
POTASSIUM	4.7	mmol/L	3.5–5.1	ISE (Indirect)
CHLORIDE	103	mmol/L	101–109	ISE (Indirect)

Page 10 of 16



SIN No:SE04462894

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: 59 Y 9 M 3 D/M				
		Received	: 26/Aug/2023 11:55AM	
: CTNA.0000202191		Reported	: 26/Aug/2023 12:23PM	
: CTNAOPV181869		Status	: Final Report	
: Dr.SELF		Sponsor Name	: ARCOFEMI HEALTHCAR	E LIMITED
: NS152999				
	DEPARTMENT OF	BIOCHEMISTR	Y	
MI - MEDIWHEEL - FULI	BODY ANNUAL PL	LUS ABOVE 50Y	' MALE - TMT - PAN INDI	A - FY2324
st Name	Result	Unit	Bio. Ref. Range	Method
	: CTNAOPV181869 : Dr.SELF : NS152999	: CTNAOPV181869 : Dr.SELF : NS152999 DEPARTMENT OF MI - MEDIWHEEL - FULL BODY ANNUAL P	: CTNAOPV181869 : Dr.SELF : NS152999 DEPARTMENT OF BIOCHEMISTRY MI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y	: CTNAOPV181869 : Dr.SELF : NS152999 DEPARTMENT OF BIOCHEMISTRY MI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDI

GAMMA GLUTAMYL TRANSPEPTIDASE	14.00	U/L	<55	IFCC
(GGT), SERUM				

Page 11 of 16



SIN No:SE04462894

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DEPARTMENT OF IMMUNOLOGY ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324					
Emp/Auth/TPA ID	: NS152999				
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED		
Visit ID	: CTNAOPV181869	Status	: Final Report		
UHID/MR No	: CTNA.0000202191	Reported	: 26/Aug/2023 12:54PM		
Age/Gender	: 59 Y 9 M 3 D/M	Received	: 26/Aug/2023 11:56AM		
Patient Name	: Mr.NANDAKUMAR S	Collected	: 26/Aug/2023 08:31AM		

Test Name	Result	Unit	Bio. Ref. Range	Method

THYROID PROFILE TOTAL (T3, T4, TSH) ,	SERUM			
TRI-IODOTHYRONINE (T3, TOTAL)	0.92	ng/mL	0.7-2.04	CLIA
THYROXINE (T4, TOTAL)	6.66	µg/dL	6.09-12.23	CLIA
THYROID STIMULATING HORMONE (TSH)	2.849	µIU/mL	0.34-5.60	CLIA

Comment:

Note:

	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 – 3.0
Third trimester	0.3 – 3.0

TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.

TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.

Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.

Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	LOW	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis

Page 12 of 16

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Patient Na	ame	: Mr.NANDA	AKUMAR S		Collected	: 26/Aug/2023 08:31AM	
Age/Gend	er	: 59 Y 9 M 3	3 D/M		Received	: 26/Aug/2023 11:56AM	
UHID/MR	No	: CTNA.000	00202191		Reported	: 26/Aug/2023 12:54PM	
Visit ID		: CTNAOP	V181869		Status	: Final Report	
Ref Docto	r	: Dr.SELF			Sponsor Name	: ARCOFEMI HEALTHCARI	E LIMITED
Emp/Auth/	TPA ID	: NS15299	.9				
				DEPARTMENT O	FIMMUNOLOGY	Y	-
	ARCOFE	MI - MEDIV	WHEEL - Fl	JLL BODY ANNUAL P	LUS ABOVE 501	(MALE - TMT - PAN INDI	A - FY2324
	Test Name Result Unit Bio. Ref. Range				Bio. Ref. Range	Method	
High N/Low	N Low	N Low	N Low	Insufficient Hormone H Secondary and Tertiary	*		
Low	High	High		Primary Hyperthyroidism, Goitre, Thyroiditis, Drug			
	-	8	High		•	iditis, Drug	
Low	N	N	Hign N	effects, Early Pregnanc Subclinical Hyperthyro	y .	iditis, Drug	
	N Low		-	effects, Early Pregnanc	y idism		
Low Low Low		N	N	effects, Early Pregnanc Subclinical Hyperthyro Central Hypothyroidisi	y idism n, Treatment with		
Low	Low	N Low	N Low	effects, Early Pregnanc Subclinical Hyperthyro Central Hypothyroidisn Hyperthyroidism	y idism n, Treatment with Antibodies	1	

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SIN No:SPL23121388

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	EMI - MEDIWHEEL - FULI est Name	BODY ANNUAL PL Result	LUS ABOVE 50	MALE - TMT - PAN IN Bio. Ref. Range	DIA - FY2324 Method
		DEPARTMENT OF	FIMMUNOLOGY	Y	
Emp/Auth/TPA ID	: NS152999				
Ref Doctor	: Dr.SELF		Sponsor Name	: ARCOFEMI HEALTHCA	RE LIMITED
Visit ID	: CTNAOPV181869		Status	: Final Report	
UHID/MR No	: CTNA.0000202191		Reported	: 26/Aug/2023 12:44PM	
Age/Gender	: 59 Y 9 M 3 D/M		Received	: 26/Aug/2023 11:56AM	
Patient Name	: Mr.NANDAKUMAR S		Collected	: 26/Aug/2023 08:31AM	

TOTAL PROSTATIC SPECIFIC ANTIGEN	0.860	ng/mL	0-4	CLIA
(tPSA), SERUM				

Page 14 of 16



SIN No:SPL23121388

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DEPARTMENT OF CLINICAL PATHOLOGY					
Emp/Auth/TPA ID	: NS152999				
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED		
Visit ID	: CTNAOPV181869	Status	: Final Report		
UHID/MR No	: CTNA.0000202191	Reported	: 26/Aug/2023 02:42PM		
Age/Gender	: 59 Y 9 M 3 D/M	Received	: 26/Aug/2023 01:03PM		
Patient Name	: Mr.NANDAKUMAR S	Collected	: 26/Aug/2023 08:31AM		

ARCOFEMI	- MEDIWHEEL	- FULL BODY A	ANNUAL PLUS	ABOVE 50Y MALI	E - TMT - PAN INDIA	4 - FY2324

Test Name Result Unit Bio. Ref. Range Method

PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	7.5		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.015		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION			+	
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE	14	NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFED EHRLICH REACTION
BLOOD	NEGATIVE		NEGATIVE	Peroxidase
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE
CENTRIFUGED SEDIMENT WET MC	UNT AND MICROSCOPY			
PUS CELLS	2-4	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1-3	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	ABSENT		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

Comment:

1.Biochemical Examination of urine sample was performed by reflectance photometry and confirmed by alternative methods. 2.The samples are assessed for integrity and adequacy before processing.





SIN No:UR2172661 This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.

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Patient Name	: Mr.NANDAKUMAR S		Collected	: 26/Aug/2023 08:31AM			
Age/Gender	: 59 Y 9 M 3 D/M		Received	: 26/Aug/2023 01:07PM			
UHID/MR No	: CTNA.0000202191		Reported	eported : 26/Aug/2023 01:56PM			
Visit ID	: CTNAOPV181869		Status	: Final Report			
Ref Doctor	: Dr.SELF		Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED			
Emp/Auth/TPA ID	: NS152999						
	DEPARTMENT OF CLINICAL PATHOLOGY						
ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - TMT - PAN INDIA - FY2324							
Test Name Result			Unit	Bio. Ref. Range	Method		

URINE GLUCOSE(POST PRANDIAL)	NEGATIVE	NEGATIVE	Dipstick	
URINE GLUCOSE(FASTING)	NEGATIVE	NEGATIVE	Dipstick	

*** End Of Report ***

Dr.MARQUESS RAJ M.D,DipRCPath,D.N.B(PATH) Consultant Pathologist

DR.R.SRIVATSAN M.D.(Biochemistry)

Dr THILAGA M.B.B.S,M.D(Pathology) Consultant Pathologist

Page 16 of 16



SIN No:UPP015397,UF009341

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Patient Name	: Mr. NANDAKUMAR S	Age/Gender	: 59 Y/M
UHID/MR No.	: CTNA.0000202191	OP Visit No	: CTNAOPV181869
Sample Collected on	:	Reported on	: 28-08-2023 09:52
LRN#	: RAD2082428	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: NS152999		

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal.

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour.

Thoracic wall and soft tissues appear normal.

CONCLUSION :

Normal Study.

Dr. RASHEED ARAFATH HIDAYATHULLAH <u>MBBS, DNB (RD)</u> Radiology



Apollo

PHYSICAL EXAMINATION Nr. Nardukumats 59./15/m. NAME DATE OF CHECK UP AGE / GENDER MALE/FEMALE 165 HEIGHT Cm 62. WEIGHT Kgs 140/80 BLOOD PRESSURE Mm/Hg 29.3 \$ BMI WAIST HIP WAIST IP RATION 18 RESPIRATORY RATE 60-PULSE Min INSPIRATION CHEST EXPIRATION

OPHTHAL EXAMINATION						COLOUR VISION	
VISION	FAR VISION RIGHT	FAR VISION LEFT	NEAR VISION RIGHT	NEAR VISION LEFT	RIGHT	LEFT	
WITHOUT GLASS						(100-100-100-100-100-100-100-100-100-100	
WITH GLASS						ITR	
REMARKS IF ANY					AEDICA	L CENT	
				APOLLO INIA. SINAPI INIA. SINAPI	akasam Stre	al 600 017. 0.6 1 35001 66	
5				1214. 7 12	(dal. 1839 11	30.5	

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OPTHALMOLOGY

Apollo Medical Centre
Expertise. Closer to you.

Name NANDALLUMAR.S	Date 26108123
Age 59	UHID No. 202191
Sex: Male 🗌 Female	

OPHTHAL FITNESS CERTIFICATE

		RE	LE
DV-UCVA		(6/18)	(6/4)
DV-BCVA	:		
NEAR VISION	:	g. tsoN 6	2. son 6.
ANTERIOR SEGMENT	:	2- 501	y. son
IOP	•		
FIELDS OF VISION			
EOM	ē		
COLOUR VISION	:	1260	1200
FUNDUS	ł		
IMPRESSION	1		

ADVICE

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APOLLO MEDICAL CENTRE APOLLO MEDICAL CENTRE 1114. Sivaprakasam Street. 600 017 1114. Sivaprakasam Chennal. 600 001 66355 1114. T. Nagar. 2434 1066 195001 66355

This is to certify that I have conducted the clinical examination

of Mr. Marfalanar. S, 5a y [m

on 28/08/2023

2(510)

510191

After reviewing the medical history and on clinical examination it has been found that He / She is

8	Medically Fit
	wiedieally i'll
Ð	Fit with restrictions / recommendations
	Though following restrictions have been revealed, in my opinion, these are not Impediments to the job.
	1. Borbeline dyslip Franka
	2
	3
	4
	However the employee should follow the advice/medication that has been Communicated to him/her. Review after
	Keview alter
•	Currently Unfit. Review after
•	Unfit
L	Dr. Lul
	Medical Officer The Apollo Clinic, (Locatio
	This certificate is not meant for medico-legalinh positive Physician Apollo Family Physician Reg. No. 151903

(CIN - U85110TG2000PLC046089) Regd. Office: 1-10-60/62, Ashoka Raghupathi Chembers, 5th Floor, Begumpet, Hyderbad, Telangana - 500 016 | Email ID: enquiry@apollohl.com TO BOOK AN APPOINTMENT

APOLLO CLINKS NETWORK TAMIR NADO

Chennal (Annanagar | Kotturpuram | Mogappair | T Nagar | Valasaravakkam | Velachery)

Online appointments: www.apolloclinic.com

Patient Name	: Mr. NANDAKUMAR S	Age	: 59 Y/M
UHID	: CTNA.0000202191	OP Visit No	: CTNAOPV181869
Conducted By:	: Dr. SRIMATHY VENKATESH	Conducted Date	: 28-08-2023 08:22
Referred By	: SELF		

CARDIOLOGY

CARDIAC STRESS TEST – (TMT)

Angina Pectoria: NO
Previous MI: NO
PTCA: NO
CABG: NO
HTN: NO
DM: NO
Smoking: NO
Obesity: NO
Lipidemia: NO
Resting ECG Supine: SINUS RHYTHM, NORMAL ECG
Standing: SINUS RHYTHM, NORMAL ECG
Protocol Used: BRUCE
Monitoring Leads:

Patient Name	: Mr. NANDAKUMAR S	Age	: 59 Y/M
UHID	: CTNA.0000202191	OP Visit No	: CTNAOPV181869
Conducted By:	: Dr. SRIMATHY VENKATESH	Conducted Date	: 28-08-2023 08:22
Referred By	: SELF		

12 LEADS

Grade Achieved: 100%

% HR / METS: 11.70

Reason for Terminating Test: ACHIEVED MHRR

Total Exercise Time: 09.30

Symptoms and ECG Changes during Exercise: NO SYMPTOMS NO SIGNIFICANT ST T CHANGES

0 mts: NO SYMPTOMS NO SIGNIFICANT ST T CHANGES

3 mts: NO SYMPTOMS NO SIGNIFICANT ST T CHANGES

6 mts: NO SYMPTOMS NO SIGNIFICANT ST T CHANGES

INTERPRETATION:

Rhythm: NORMAL

S.T. Segment : NORMAL

III Blood Pressure Response : NORMAL

Patient Name	: Mr. NANDAKUMAR S	Age	: 59 Y/M
UHID	: CTNA.0000202191	OP Visit No	: CTNAOPV181869
Conducted By:	: Dr. SRIMATHY VENKATESH	Conducted Date	: 28-08-2023 08:22
Referred By	: SELF		

IV Fitness Response : GOOD

Impression:

Cardiac stress analysis is NEGATIVE for inducible myocardial ischaemia at good work load and 100% of maximum heart rate response.

---- END OF THE REPORT ----

IN

Dr. SRIMATHY VENKATESH



Patient Name	: Mr. NANDAKUMAR S	Age/Gender	: 59 Y/M
UHID/MR No.	: CTNA.0000202191	OP Visit No	: CTNAOPV181869
Sample Collected on	:	Reported on	: 26-08-2023 15:21
LRN#	: RAD2082428	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: NS152999		

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

Liver shows uniform echopattern with no evidence of focal or diffuse pathology. Intra and extra hepatic biliary passages are not dilated.

Gall bladder appears normal with no evidence of calculus. Wall thickness appear normal.

Pancreas and spleen appear normal. Spleen measures 9.3 cms. Portal and splenic veins appear normal.

No evidence of ascites or lymphadenopathy. Diaphragmatic movements are satisfactory. There is no evidence of sub diaphragmatic pathology or pleural effusion. Aorta and IVC appear normal.

Right kidney measures 9.9 cms. Left kidney measures 10.3 cms.

Both kidneys show normal echopattern with no evidence of calculi or calyceal dilatation.

Prostate measures 4.7 x 3.0 x 2.8 cms (volume 21 cc) and shows normal echopattern. Seminal vesicles appear normal. Bladder is normal in contour. Both iliac fossae appear normal.

IMPRESSION:

NORMAL STUDY.



: Mr. NANDAKUMAR S

Patient Name

Age/Gender

: 59 Y/M



Dr. RASHEED ARAFATH HIDAYATHULLAH <u>MBBS, DNB (RD)</u> Radiology

Apollo Health and Lifestula Limited

Name: Mr. NANDAKUMAR S Age/Gender: 59 Y/M Address: CHENNAI CHENNAI, TAMIL NADU Location: Doctor: Department: GENERAL T NAGAR_06042023 Rate Plan: ARCOFEMI HEALTHCARE LIMITED Sponsor: Consulting Doctor: Dr. VASANTHI SACHIDHANAND

MR No: Visit ID: Visit Date: Discharge Date: Referred By: CTNA.0000202191 CTNAOPV181869 26-08-2023 08:24

SELF

Name:Mr. NANDAKUMAR SAge/Gender:59 Y/MAddress:CHENNAILocation:CHENNAI, TAMIL NADUDoctor:EDepartment:GENERALRate Plan:T NAGAR_06042023Sponsor:ARCOFEMI HEALTHCARE LIMITEDConsulting Doctor: Dr. HARI K

MR No: Visit ID: Visit Date: Discharge Date: Referred By: CTNA.0000202191 CTNAOPV181869 26-08-2023 08:24

SELF

HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

SYSTEMIC REVIEW

HT-HISTORY

PHYSICAL EXAMINATION

SYSTEMIC EXAMINATION

IMPRESSION

RECOMMENDATION

Name:Mr. NANDAKUMAR SAge/Gender:59 Y/MAddress:CHENNAILocation:CHENNAI, TAMIL NADUDoctor:EDepartment:GENERALRate Plan:T NAGAR_06042023Sponsor:ARCOFEMI HEALTHCARE LIMITEDConsulting Doctor: Dr. REKHA SANJAY

MR No: Visit ID: Visit Date: Discharge Date: Referred By: CTNA.0000202191 CTNAOPV181869 26-08-2023 08:24

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Name: Mr. NANDAKUMAR S Age/Gender: 59 Y/M Address: CHENNAI CHENNAI, TAMIL NADU Location: Doctor: Department: GENERAL T NAGAR_06042023 Rate Plan: ARCOFEMI HEALTHCARE LIMITED Sponsor: Consulting Doctor: Dr. T DEVI SHANMUGA PRIYA

MR No: Visit ID: Visit Date: Discharge Date: Referred By: CTNA.0000202191 CTNAOPV181869 26-08-2023 08:24

SELF

Date	Pulse (Beats/min)	B.P (mmHg)		-	0	Weight (Kas)	Percentage	Fat Level	Body Age (Years)	BMI	Circum	Hip (cms)	Waist	Waist & Hip Ratio	User
26-08-202 14:13	³ Beats/min	140/80 mmHg	Rate/min	F	165 cms	80 Kgs	%	%	Years	29.38	cms	cms	cms		AHLL09366

Date	Pulse (Beats/min)	B.P (mmHg)		-	0	Weight (Kas)	Percentage	Fat Level	Body Age (Years)	BMI	Circum	Hip (cms)	Waist	Waist & Hip Ratio	User
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Health Check up Booking Confirmed Request(bobE44411), Package Code-PKG10000305, Beneficiary Code-35282

Wellness : Mediwheel : New Delhi <wellness@mediwheel.in> Fri 18-08-2023 15:57

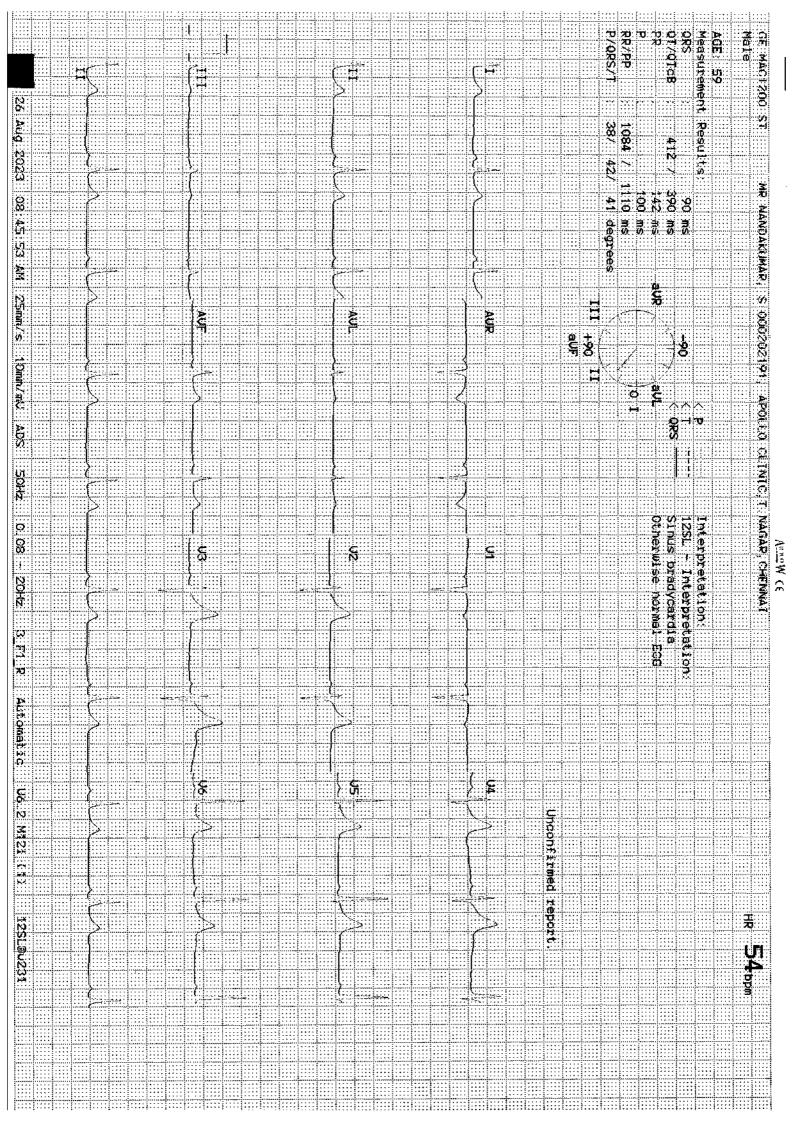
To:nandakumar.s@bankofbaroda.co.in <nandakumar.s@bankofbaroda.co.in>

Cc:Customer Care :Mediwheel : New Delhi <customercare@mediwheel.in>

Mediv Your wellin	
Dear MR. S NANI	DAKUMAR.
	nfirmation for following request.
Booking Date	: 17-08-2023
Package Name	Arcofemi MediWheel Full Body Annual Plus Male Above 50 2D ECHO (Metro)
Name of Diagnostic/Hospi	tal Apollo Clinic - T Nagar
Address of Diagnostic/Hospi	. Apollo Clinic, Door No 11, 4, Sivaprakasam St, opposite to Brilliant Ital Tutorial, Pondy Bazaar, Parthasarathi Puram, T Nagar - 600017
Contact Details	: (044) 24341066/24335315 - 16 - 18 - 19 /9500166355
City	: Chennai
State	: Tamil Nadu
Pincode	: 600017
Appointment Dat	e : 26-08-2023
Confirmation Status	: Confirmed
Preferred Time	: 8:00am-8:30am
Comment	: APPOINTMENT TIME 9:00AM
Instructions to un	ndergo Health Check:
and a second	you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting ti other liquids (exce	me do not take any kind of medication, alcohol, cigarettes, tobacco or a pt Water) in the morning.
3. Bring urine sam centre).	ple in a container if possible (containers are available at the Health Che
4. Please bring all	your medical prescriptions and previous health medical records with yo
5. Kindly inform the cardiac problems.	e health check reception in case if you have a history of diabetes and
For Women:	
	en or those suspecting are advised not to undergo any X-Ray test.
	ot to undergo any Health Check during menstrual cycle.
Request you to rea	ach half an hour before the scheduled time.

1/2





Patient Name	: Mr. NANDAKUMAR S	Age	: 59 Y/M
UHID	: CTNA.0000202191	OP Visit No	: CTNAOPV181869
Reported By:	: Dr. HARI K	Conducted Date	: 26-08-2023 14:57
Referred By	: SELF		

ECG REPORT

Impression:

SINUS BRADYCARDIA

----- END OF THE REPORT -----



Dr. HARI K