



CONCLUSION OF HEALTH CHECKUP

ECU Number : 4921	MR Number : 23211594	Patient Name : KAPIL SINGHAL
Age : 43	Sex : Male	Height : 166
Weight : 67	Ideal Weight : 63	BMI : 24.31
Date : 14/08/2023		

Dr. Manish Mittal

Internal Medicine

Note : General Physical Examination & routine Investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.

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ECU Number : 4921 MR Number : 23211594 Patient Name : KAPIL SINGHAL
Age : 43 Sex : Male Height : 166
Weight : 67 Ideal Weight : 63 BMI : 24.31
Date : 14/08/2023

Past H/O : H/O:- HYPERTENSION 2016

Present H/O : NO MEDICAL COMPLAIN AT PRESENT

Family H/O : FATHER:- HD
MOTHER:- HYPOTHYROIDISM

Habits : NO HABITS

Gen.Exam. : G.C.GOOD

B.P : 140/90 mm Hg

Pulse : 88/MIN REG

Others : SPO2-98%

C.V.S : NAD

R.S. : NAD

Abdomen : NP

Spleen : NP

Skin : NAD

C.N.S : NAD

Advice :

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ECU Number : 4921

Age : 43

Weight : 67

Date : 14/08/2023

MR Number : 23211594

Sex : Male

Ideal Weight : 63

Patient Name: KAPIL SINGHAL

Height : 166

BMI : 24.31

Ophthalmic Check Up :

Right

Left

Ext Exam

NIL

Vision Without Glasses

6/6WITH -0.75 SPH -0.50 SPH ! 90

6/6-0.75 D SPH -0.50 SPH ! 90

Vision With Glasses

N.6+1.25 D SPH ADD

N.6+1.25 D SPH ADD

Final Correction

NA

NA

Fundus

NORMAL

Colour Vision

NORMAL

Advice

NIL

Orthopedic Check Up :

Ortho Consultation

Ortho Advice

ENT Check Up :

Ear

Nose

Throat

Hearing Test

ENT Advice

General Surgery Check Up :

General Surgery

Abdominal Lump

Hernia

External Genitals

PVR

Proctoscopy

Any Other

Surgical Advice



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Patient Name : Mr. KAPIL SINGHAL
Gender / Age : Male / 43 Years 8 Months 24 Days
MR No / Bill No. : 23211594 / 241042277
Consultant : Dr. Manish Mittal
Location : OPD

Type : OPD
Request No. : 148609
Request Date : 14/08/2023 08:13 AM
Collection Date : 14/08/2023 08:18 AM
Approval Date : 14/08/2023 12:45 PM

CBC + ESR

Test	Result	Units	Biological Ref. Range
Haemoglobin.			
Haemoglobin	13.7	gm/dL	13 - 17
Red Blood Cell Count (T-RBC)	4.97	mill/cmm	4.5 - 5.5
Hematocrit (HCT)	43.1	%	40 - 50
Mean Corpuscular Volume (MCV)	86.7	fl	83 - 101
Mean Corpuscular Haemoglobin (MCH)	27.6	pg	27 - 32
MCH Concentration (MCHC)	31.8	%	31.5 - 34.5
Red Cell Distribution Width (RDW-CV)	14.7	%	11.6 - 14
Red Cell Distribution Width (RDW-SD)	47.7	fl	39 - 46
Total Leucocyte Count (TLC)			
Total Leucocyte Count (TLC)	5.88	thou/cmm	4 - 10
Differential Leucocyte Count			
Polymorphs	63	%	40 - 80
Lymphocytes	31	%	20 - 40
Eosinophils	01	%	1 - 6
Monocytes	05	%	2 - 10
Basophils	00	%	0 - 2
Polymorphs (Abs. Value)	3.72	thou/cmm	2 - 7
Lymphocytes (Abs. Value)	1.83	thou/cmm	1 - 3
Eosinophils (Abs. Value)	0.05	thou/cmm	0.2 - 0.5
Monocytes (Abs. Value)	0.25	thou/cmm	0.2 - 1
Basophils (Abs. Value)	0.03	thou/cmm	0.02 - 0.1
Immature Granulocytes	0.2	%	1 - 3 : Borderline > 3 : Significant
Platelet Count			
Platelet Count	210	thou/cmm	150 - 410
Smear evaluation	Adequate		
ESR	8	mm/1 hr	0 - 10

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / retest may be requested.

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Patient Name	: Mr. KAPIL SINGHAL	Type	: OPD
Gender / Age	: Male / 43 Years 8 Months 24 Days	Request No.	: 148609
MR No / Bill No.	: 23211594 / 241042277	Request Date	: 14/08/2023 08:13 AM
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CBC + ESR

Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological; except in pregnancy and neonates of < 7 days.
Method : HB by Non-Cyanide Hemoglobin analysis method. HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser+Smear verification. ESR on Ves metric 20, comparable to Westergrens method and in accordance to ICSH reference method.

--- End of Report ---

Dr. Ameet Soni
MD (Path)

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MR No / Bill No. : 23211594 / 241042277
Consultant : Dr. Manish Mittal
Location : OPD

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Fasting Plasma Glucose

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>Biological Ref. Range</u>
<i>Fasting Plasma Glucose</i>			
Fasting Plasma Glucose	94	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	127	mg/dL	70 - 140

By Hexokinase method on RXL Dade Dimension

--- End of Report ---

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MD (Path)

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Haematology

Test	Result	Units	Biological Ref. Range
Blood Group			
ABO system	B		
Rh system.	Positive		

By Gel Technology / Tube Agglutination Method

Note :

- This blood group has been done with new sensitive Gel Technology using both Forward and Reverse Grouping Card with Autocontro
- This method check's group both on Red blood cells and in Serum for "ABO" group.

--- End of Report ---

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Complete Lipid Profile

Test	Result	Units	Biological Ref. Range
Complete Lipid Profile			
Appearance	Clear		
Triglycerides	96	mg/dL	1 - 150
<i>(By Lipase / Glycerol dehydrogenase on RXL Dade Dimension)</i>			
<i>< 150 Normal</i>			
<i>150-199 Borderline High</i>			
<i>200-499 High</i>			
<i>> 499 Very High)</i>			
Total Cholesterol	153	mg/dL	1 - 200
<i>(By enzymatic colorimetric method on RXL Dade Dimension)</i>			
<i><200 mg/dL - Desirable</i>			
<i>200-239 mg/dL - Borderline High</i>			
<i>> 239 mg/dL - High)</i>			
HDL Cholesterol	37	mg/dL	40 - 60
<i>(By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension)</i>			
<i>< 40 Low</i>			
<i>> 60 High)</i>			
Non HDL Cholesterol (calculated)	116	mg/dL	1 - 130
<i>(Non- HDL Cholesterol)</i>			
<i>< 130 Desirable</i>			
<i>139-159 Borderline High</i>			
<i>160-189 High</i>			
<i>> 191 Very High)</i>			
LDL Cholesterol	96	mg/dL	1 - 100
<i>(By Direct homogenous technique, modified enzymatic non-immunological method on RXL Dade Dimension)</i>			
<i>< 100 Optimal</i>			
<i>100-129 Near / above optimal</i>			
<i>130-159 Borderline High</i>			
<i>160-189 High</i>			
<i>> 189 Very High)</i>			
VLDL Cholesterol (calculated)	19.2	mg/dL	12 - 30
LDL Ch. / HDL Ch. Ratio	2.59		2.1 - 3.5
T. Ch./HDL Ch. Ratio	4.14		3.5 - 5
<i>(Recent NECP / ATP III Guidelines / Classification (mg/dl) :)</i>			

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Consultant : Dr. Manish Mittal
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Liver Function Test (LFT)

Test	Result	Units	Biological Ref. Range
Bilirubin			
Bilirubin - Total	0.69	mg/dL	0 - 1
Bilirubin - Direct	0.19	mg/dL	0 - 0.3
Bilirubin - Indirect	0.5	mg/dL	0 - 0.7
<i>(By Diazotized sulfanilic acid on RXL Dade Dimension.)</i>			
Aspartate Aminotransferase (SGOT/AST)	22	U/L	15 - 40
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alanine Aminotransferase (SGPT/ALT)	26	U/L	16 - 63
<i>(By IFCC UV kinetic method on RXL Dade Dimension.)</i>			
Alkaline Phosphatase	94	U/L	53 - 128
<i>(By PNPP AMP method on RXL Dade Dimension.)</i>			
Gamma Glutamyl Transferase (GGT)	20	U/L	15 - 85
<i>(By IFCC method on RXL Dade Dimension.)</i>			
Total Protein			
Total Proteins	7.53	gm/dL	6.4 - 8.2
Albumin	3.92	gm/dL	3.4 - 5
Globulin	3.61	gm/dL	3 - 3.2
A : G Ratio	1.09		1.1 - 1.6
<i>(By Biuret endpoint and Bromocresol purple method on RXL Dade Dimension.)</i>			

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Type : OPD
Request No. : 148609
Request Date : 14/08/2023 08:13 AM
Collection Date : 14/08/2023 08:19 AM
Approval Date : 14/08/2023 01:37 PM

Renal Function Test (RFT)

Test	Result	Units	Biological Ref. Range
Urea (By Urease Kinetic method on RXL Dade Dimension)	22	mg/dL	10 - 45
Creatinine (By Modified Kinetic Jaffe Technique)	1.01	mg/dL	0.9 - 1.3
Estimate Glomerular Filtration rate (Ref. range : > 60 ml/min for adults between age group of 18 to 70 yrs. eGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)	More than 60		
Uric acid (By Uricase / Catalase method on RXL Siemens)	8.6 (rechecked)	mg/dL	3.4 - 7.2

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Request No. : 148609
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Approval Date : 14/08/2023 01:37 PM

Thyroid Hormone Study

Test	Result	Units	Biological Ref. Range
------	--------	-------	-----------------------

Triiodothyronine (T3)	0.987	ng/ml	
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(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)

Reference interval (ng/ml)

1 - 3 days : 0.1 - 7.4
1-11 months : 0.1 - 2.45
1-5 years : 0.1 - 2.7
6-10 years : 0.9 - 2.4
11-15 years : 0.8 - 2.1
16-20 years : 0.8 - 2.1
Adults (20 - 50 years) : 0.7 - 2.0
Adults (> 50 years) : 0.4 - 1.8
Pregnancy (in last 5 months) : 1.2 - 2.5

(Reference : Tietz - Clinical guide to laboratory test, 4th edition)

Thyroxine (T4)	4.34	mcg/dL	
----------------	------	--------	--

(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)

Reference interval (mcg/dL)

1 - 3 days : 11.8 - 22.6
1 - 2 weeks : 9.8 - 16.6
1 - 4 months : 7.2 - 14.4
4 - 12 months : 7.8 - 16.5
1-5 years : 7.3 - 15.0
5 - 10 years : 6.4 - 13.3
10 - 20 years : 5.6 - 11.7
Adults / male : 4.6 - 10.5
Adults / female : 5.5 - 11.0
Adults (> 60 years) : 5.0 - 10.7

(Reference : Tietz - Clinical guide to laboratory test, 4th edition)

Thyroid Stimulating Hormone (US-TSH)	6.70 (rechecked)	microlU/ml	
--------------------------------------	------------------	------------	--

(Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.)

Reference interval (microlU/ml)

Infants (1-4 days) : 1.0 - 39
2-20 weeks : 1.7 - 9.1
5 months - 20 years : 0.7 - 6.4
Adults (21 - 54 years) : 0.4 - 4.2
Adults (> 55 years) : 0.5 - 8.9
Pregnancy :
1st trimester : 0.3 - 4.5
2nd trimester : 0.5 - 4.6
3rd trimester : 0.8 - 5.2

(Reference : Tietz - Clinical guide to laboratory test, 4th edition)

— End of Report —

Dr. Ameet Soni
MD (Path)

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Consultant : Dr. Manish Mittal Collection Date : 14/08/2023 08:18 AM
Location : OPD Approval Date : 14/08/2023 11:40 AM

Prostate Sp. (Antigen)

Test	Result	Units	Biological Ref. Range
Total PSA	1.12	ng/ml	0 - 4

(Method : Done by 4th generation electrochemiluminescence based method on automated immunoassay / Cobas e 411.

Remark :

Age related reference range for interpretation :

< 40 yrs : 0.21 - 1.72

40 - 49 yrs : 0.27 - 2.19

50 - 59 yrs : 0.27 - 3.42

60 - 69 yrs : 0.27 - 6.16

>69 yrs : 0.21 - 6.77

TPSA may be raised usually mildly in benign prostatic conditions

like hyperplasia. Typically 30 % of BPH may show values between 4-10 and 7 % between 10-40.

In Prostatic Malignancy 43 % show values below 4

21 % between 4 to 10

20 % between 10 to 40 &

16 % above 40)

--- End of Report ---

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 Location : OPD Approval Date : 14/08/2023 12:06 PM

Urine routine analysis (Auto)

Test	Result	Units	Biological Ref. Range
Physical Examination			
Quantity	30	mL	
Colour	Pale Yellow		
Appearance	Clear		
Chemical Examination (By Reagent strip method)			
pH	6.0		
Specific Gravity	<=1.005		
Protein	Negative	gm/dL	0 - 5
Glucose	Negative	mg/dL	0 - 5
Ketones	Negative		0 - 5
Bilirubin	Negative		Negative
Urobilinogen	Negative		Negative (upto 1)
Blood	Negative		Negative
Leucocytes	Negative		Negative
Nitrite	Negative		Negative
Microscopic Examination (by Microscopy after Centrifugation at 2000 rpm for 10 min or on fully automated Sysmex urine sedimentation analyzer UF4000)			
Red Blood Cells	0 - 1	/hpf	0 - 2
Leucocytes	0 - 1	/hpf	0 - 5
Epithelial Cells	0 - 1	/hpf	0 - 5
Casts	Nil	/lpf	Nil
Crystals	Nil	/hpf	Nil
Mucus	Absent	/hpf	Absent
Organism	Absent		

--- End of Report ---

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Ultra High Resolution Sonography

Multi-Detector CT Scan

Mammography

Interventional Radiology

Digital Subtraction Angiography

Foetal Echocardiography

Echocardiography

Patient No. : 23211594 Report Date : 14/08/2023

Request No. : 190076022 14/08/2023 8.13 AM

Patient Name : Mr. KAPIL SINGHAL

Gender / Age : Male / 43 Years 8 Months 24 Days

X-Ray Chest AP

Both lung fields are clear.

Both costophrenic sinuses appear clear.

Heart size is normal.

Hilar shadows show no obvious abnormality.

Aorta is normal.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
• NOT VALID FOR MEDICO-LEGAL PURPOSES
• CLINICAL CORRELATION RECOMMENDED

Priyanka Patel
Dr. Priyanka Patel.
Consultant Radiologist



H-2015-0297

MC-3004

E-2015



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- Interventional Radiology
- Digital Subtraction Angiography
- Foetal Echocardiography
- Echocardiography

Patient No. : 23211594 Report Date : 14/08/2023
Request No. : 190076015 14/08/2023 8.13 AM
Patient Name : Mr. KAPIL SINGHAL
Gender / Age : Male / 43 Years 8 Months 24 Days

USG : Screening for Abdomen (excluding Pelvis) Or Upper Abdomen

Liver is normal in size and echo pattern. No mass lesion identified. The hepatic veins are clear and patent. PV patent. No dilated IHBR.

Gall bladder is well distended and shows no obvious abnormality. Common bile duct measures 4 mm in diameter.

Pancreas shows no obvious abnormality. Tail obscured. Spleen is normal size and echopattern.

Both kidneys are normal in shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis or mass lesion seen.

Prostate appears enlarged in size and volume is ~ 49cc.

Urinary bladder is well distended and appears normal.

No ascites.

COMMENT:

- Prostatomegaly.

Kindly correlate clinically

* ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
 * NOT VALID FOR MEDICO-LEGAL PURPOSES
 * CLINICAL CORRELATION RECOMMENDED

Dr. Priyanka Patel, MD
Consultant Radiologist



Name: Kapil singhal
Patient ID: Ecu-23211594

14.08.2023 09:01:43
Standard 12-lead

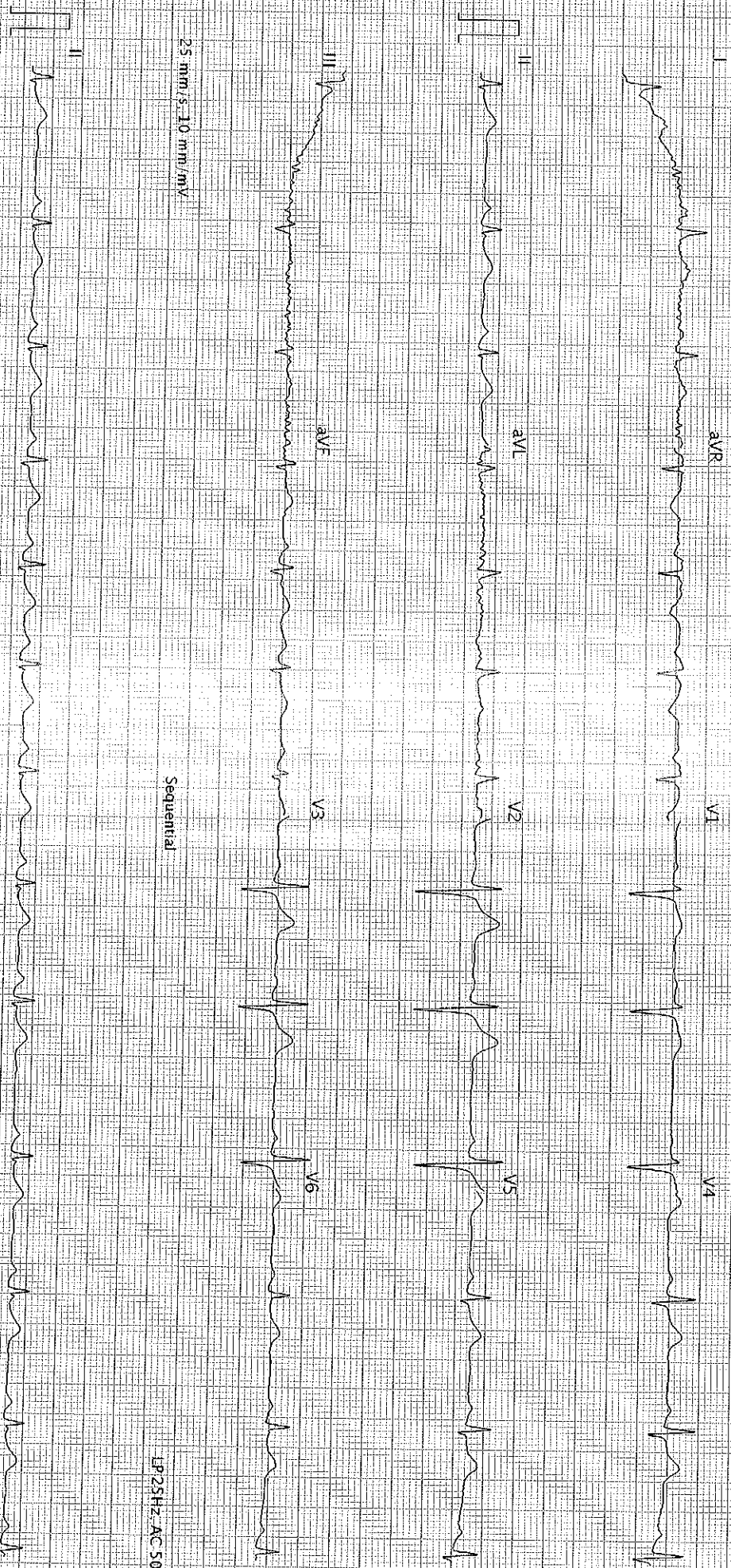
Age: Male
Gender: Male
Height: Undefined
Weight: Undefined
Ethnicity: Unknown
Patientmaker: Unknown
Indication: Remark

Visit ID:
Room:
Medication:
Order ID:
Ord. prov.:
Ord. prot.:

HR: 76 bpm
RR: 793 ms
P: 99 ms
PR: 157 ms
P axis: 38°
QRS axis: 7°
T axis: 29°
QRS: 87 ms
QT: 371 ms
QTcB: 417 ms

Unconfirmed report

merge



25 mm/s, 10 mm/mV

Sequential

LP25Hz, AC 50Hz

25 mm/s, 10 mm/mV

AT-102-G2-1-2-0 (1080-013030)

Printed on 14.08.2023 09:01:56

SCHILLER

LP25Hz, AC 50Hz

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 VADODARA-3, PH-(0265) 3956222

Station
 Telephone: 0265-3956222,3956024.

EXERCISE STRESS TEST REPORT

Patient Name: KAPIL SINGHAL,
 Patient ID: 000825
 Height:
 Weight:

DOB: 22.11.1979
 Age: 43yrs
 Gender: Male
 Race: Indian

Study Date: 14.08.2023
 Test Type: Treadmill Stress Test
 Protocol: BRUCE

Referring Physician: --
 Attending Physician: DR. KILLOL KANERIA
 Technician: RITA PANCHAL

Medications:

Medical History:

Reason for Exercise Test:
 Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:01			88		
	STANDING	00:01	0.00	0.00	87		
	WARM UP	00:29	1.00	0.00	100	140/90	
EXERCISE	STAGE 1	03:00	1.70	10.00	142	140/90	
	STAGE 2	02:58	2.50	12.00	169	160/90	
RECOVERY		03:58	0.00	0.00	113	160/90	

The patient exercised according to the BRUCE for 5:58 min:s, achieving a work level of Max. METS: 7.00. The resting heart rate of 88 bpm rose to a maximal heart rate of 171 bpm. This value represents 96 % of the maximal, age-predicted heart rate. The resting blood pressure of 140/90 mmHg, rose to a maximum blood pressure of 160/90 mmHg. The exercise test was stopped due to Fatigue.

Interpretation

Summary: Resting ECG: normal.
 Functional Capacity: normal.
 HR Response to Exercise: appropriate.
 BP Response to Exercise: normal resting BP - appropriate response.
 Chest Pain: none.
 Arrhythmias: none.
 ST Changes: none.
 Overall impression: Normal stress test.

Conclusions

Moderate effort tolerance, Normal HR and BP Response, No ANGINA and ARRHYTHMIAS during test, No Significant ST-T Changes seen during peak exercise and Recovery, Stress test is NEGATIVE for inducible myocardial ischemia

CONFIRMED BY : DR. KILLOL KANERIA

