

Name : Mr. RAMENDRA GOSWAMI (39 /M)

Date : 12/01/2023

Address :

Examined by:

UHID : AMHL.0002074760

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH164964



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension,  
Dyslipidemia, Thyroid  
disorder, Heart disease,  
Asthma



## DRUG ALLERGY

NO KNOWN ALLERGY : 12/01/2023



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Dyspepsia - no; Bowel habits -  
regular; Piles - no; Hernia - no

### Genitourinary system

- Nil Significant

### Eyes

Vision - defective; Glasses - no

### ENT

- Normal hearing

### Musculoskeletal system

Spine and joints  
Back (lower) - pain; Knee (bilateral) - pain

### Skin

- Nil Significant

### Weight

- stable



### Present medications

- Nil



### Past medical history

Do you have any allergies? - Yes

Allergies - dust

Do you have any drug allergies? - No

Covid 19 - Yes

- 2022

Hospitalization for - No

Covid 19



### Surgical history

Others - Correction of DNS



### Personal history

Marital status - Married

No. of children - 1

Female - 1

Diet - Non Vegetarian

Alcohol - consumes alcohol  
occasionally

Frequency - occasional

Smoking - No

Chews tobacco - Yes

Chews tobacco since - 2 yrs

Chews paan - Yes

Chews paan since - 2 yrs

Physical activity - Mild

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- No significant finding

### Family history

Father - alive  
Mother - alive  
Brothers - 1  
Sisters - 1  
Diabetes - mother  
Hypertension - mother  
Coronary artery disease - none  
Cancer - None  
Thyroid/other endocrine disorder - mother

### PHYSICAL EXAMINATION

#### General

Build - over weight  
Height - 172  
Weight - 78  
BMI - 26.37  
Pallor - No  
Oedema - no

#### Cardiovascular system

Heart rate (Per minute) - 74  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 124  
Diastolic(mm of Hg) - 88  
Heart sounds - S1S2+

#### Respiratory system

Breath sounds - Normal vesicular breath sounds

#### Abdomen

Organomegaly - No  
Tenderness - No

#### Skin

Printed By : Benazir Begaum

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	15.6	g/dl	●	13.0-17.0
RBC COUNT	5.24	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	46.7	%	●	41-53
MCV	89.0	fl	●	83-101
MCH	29.8	pg	●	27-32
MCHC	33.4	%	●	31.5-34.5
RDW	13.9	%	●	11.8-14.0
WBC Count	12500 *	/cu mm	●	4000-10000
Platelet Count	2.07	lacs/cu mm	●	1.5-4.0
Neutrophils	69	%	●	40-80
Lymphocytes	20	%	●	20-40
Monocytes	08	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	08	mm/1st hr	●	0-15

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.015			
pH:	6.5			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		

Pus Cells	Occasional/hpf
Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	33	U/L	●	10-40
ALBUMIN - SERUM	4.6	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	109	U/L	●	53-128
AST (SGOT) - SERUM	25	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.4	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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CHOLESTEROL - SERUM 201 \* mg/dL ● 0-200

VLDL CHOLESTEROL - SERUM (Calculated) 26 mg/dL ● 0-35

**CREATININE - SERUM**

Test Name Result Unit Level Range  
CREATININE - SERUM 1.1 mg/dL ● 0.9-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name Result Unit Level Range  
PROTEIN TOTAL - SERUM 7.5 g/dL ● 6.4-8.3  
GLOBULIN: (CALCULATED) - SERUM 2.9 g/dL ● 1.8-3.6

**LIVER FUNCTION TEST (PACKAGE)**

Test Name Result Unit Level Range  
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 35 U/L ● 7-64

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name Result Unit Level Range  
TOTAL T3: TRI IODOTHYRONINE - SERUM 1.0 ng/ml ● 0.8-2  
TOTAL T4: THYROXINE - SERUM 8.2 µg/dL ● 5.1-14.1

**GLUCOSE - PLASMA (FASTING)**

Test Name Result Unit Level Range  
GLUCOSE - PLASMA (FASTING) 84 mg/dL ● 70-99

**LIPID PROFILE TEST (PACKAGE)**

Test Name Result Unit Level Range  
TRIGLYCERIDES - SERUM 179 \* mg/dL ● 0-150

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name Result Unit Level Range  
GLUCOSE - PLASMA (POST PRANDIAL) 145 \* mg/dL ● 70-140

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name Result Unit Level Range  
TSH: THYROID STIMULATING HORMONE - SERUM 7.000 \* µIU/mL ● 0.270-4.200

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name Result Unit Level Range  
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 6.0 \* % ●  
Nondiabetic : 4 - 5.6 %  
Prediabetics : 5.7 - 6.4%  
Diabetes : >= 6.5%  
ADA Therapeutic goal : <7%

**URIC ACID - SERUM**

Test Name Result Unit Level Range  
URIC ACID - SERUM 7.1 mg/dL ● 3.5-7.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name Result Unit Level Range  
HDL CHOLESTEROL - SERUM 35 mg/dL ● 30-70

**LIVER FUNCTION TEST (PACKAGE)**

Test Name Result Unit Level Range  
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.2 mg/dL ● 0.0-0.2

LDL CHOLESTEROL -SERUM 140 \* mg/dL ● Optimal: <100

**BUN (BLOOD UREA NITROGEN)**

Test Name Result Unit Level Range  
BUN (BLOOD UREA NITROGEN) 8.0 mg/dL ● 7.0-18.0

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### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.6:1.0			1.0-2.0

### ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

### ULTRASOUND SCREENING WHOLE ABDOMEN

\* Grade-I fatty liver.

### X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

### Haematology

STOOL ROUTINE

 Within Normal Range     Borderline High/Low     Out of Range

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Printed By :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.