

Referred by

: Self

Date

: 14/08/2021

Patient's Id

: RG82

Age/Sex Reg. No

: 26 Years/Male

: 3592

: 9910446443

Mobile Ref ID.

## **Fitness Certificate**

## **GENERAL EXAMINATION**

Height (cms): 169

Weight (kgs): 73.3

Blood Pressure: 120/80 mmHg

Pulse: 73/Min

No Clubbing/Cynosis/Pallor/Pedel Oedem

Systemic Examination:

Cardio vascular System - S1,S2 Normal, No Murmur

Respiratory system - AEBE

Central Nervous System - No FND

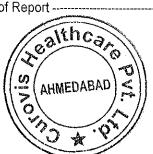
Abdomen - Soft, Non Tender, No Organomegaly

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Approved On : 16/08/2021 11:57:00

Generated On : 16/08/2021 12:26

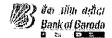
----- End of Report



Dr Jinen M Shah DNB (Medicine)FCCS (USA)

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#### LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator, Medlwheel (Arcofemi Healthcare Limited) Helpline number: 011- 41195959

Dear Sir / Madam.

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. GOYAL RAJAT
EC NO.	184277
DESIGNATION	BRANCH OPERATIONS
PLACE OF WORK	AHMEDABAD,S G HIGHWAY
BIRTHDATE	20-07-1995
PROPOSED DATE OF HEALTH	14-08-2021
CHECKUP	4
BOOKING REFERENCE NO.	21S184277100002288E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from 13-08-2021 till 31-03-2022 The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a cashless facility as per our tle up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager HRM Department Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



Patient's name : RAJAT GOYAL Age/Sex : 26 Years/Male

Referred by : Self Reg. No : 3592

Date : 14/08/2021 Mobile
Patient's Id : RG82 Ref ID.

#### **HEMOGRAM REPORT**

Performed on 5-Part Fully Auto Hematology Analyzer SIEMENS ADVIA 2120i)

Test	Result	Unit	Biological Reference Interval
Sample Type:	EDTA		•
Haemoglobin: Total WBC Count: Platelets Count: Differential Count:	15.6 8300 306000	gm/dL /microlitre /microlitre	13.5 - 18.0 4000 - 10500 1,50,000 - 4,50,000
Neutrophils: Lymphocytes: Eosinophils: Monocytes: Basophils:	72 24 02 02 00	% % % %	40-80 20-40 Upto 6 2-10 <1-2
RBC indicies:  RBC Count: HCT: MCV: MCH: MCHC: RDW:	5.63 48.6 86.3 27.7 32.1 12.8	*10^6 /microl % fl_ pg %	4.5 - 5.5 40 - 50 83-101 27-32 31.5-34.5 11.6 - 14.0
Erythrocytes Sedimentation Rate(ESR): (By AUTO ESR-10, USA) ESR 1st Hr: ESR 2nd Hr:	07 16	mm mm	2 - 15 mm in 1Hr. 12 - 20 mm in 2 Hr.
Thick Smear Preparation: Haemoparasite: Peripheral Smear Examination: RBCs: Platelet:	Malarial parasites are not seen.  Normocytic & Normochromic.  Platelet adequate & normal on smear.		

This is an electronically authenticated report. Note:((LL-Very Low, L-Low, HH-Very High)



Dr. KEYUR Patel M.B.DCP

: 9910446443



Referred by

: Self

Date Patient's Id : 14/08/2021

: RG82

Age/Sex

Reg. No Mobile : 26 Years/Male

g. No : 3592

Ref ID.

: 9910446443

Approved On : 15/08/2021 12:36:00 Generated On : 16/08/2021 12:45





Referred by

: Self

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: 14/08/2021

Patient's Id : RG82 Age/Sex

: 26 Years/Male

Reg. No

: 3592

Mobile

: 9910446443

Ref ID.

## GLYCOSYLATED HAEMOGLOBIN (HbA1C) ESTIMATION

Test	Result	Unit	Biological Reference Interval
Sample Type: EDTA			
Glycosylated Haemoglobin (HbA1C)	5.40	%	Pre-Diabetic (Adult): 5.7 - 6.4 Diabetic (Adult): >6.5 Therapeutic goal for glycemic control: <7.0
Mean Blood Glucose Level (An average of 2 -3 Months)	108		

Method: HPLC on D-10, Bio-Rad, USA

#### INTERPRETATION:

\* Blood sample can be drawn at any time. Fasting is not required.

\* Reflects average blood sugar levels for the 2 to 3 months period before the test.

\* Provides information for evaluating diabetic treatment modalities and tracks control of blood glucose of particular value in diabetic children, diabetics in whom the renal threshold for glucose is abnormal, unstable insulin dependent diabetics where blood sugars vary markedly from day to day.

\* High value in poorly controlled DM and moves towards normal in patients with optimal control.

Dr. KEYUR Patel ----- End of Report -----M.B.DCP

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Patient's name : RAJAT GOYAL Age/Sex : 26 Years/Male

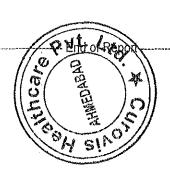
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## LIPID PROFILE

	(Performed on Semi Auto Chemistry Analyzer BeneSphera)			
Test	Result	Unit	Biological Reference Interval	
Sample Type: Fasting Serum			•	
S.Cholesterol	234	mg/dL	< 200 Desirable	
(Oxidase Peroxidase)			200-239 Boderline High > 240 High	
S.HDLC (Direct) (Phosphotungsstic Acid)	60.1	mg/dL	< 40 Low > 60 High	
S.Triglyceride	200.5	mg/dL	< 150 mg/dl Normal	
(GPO-POD)	200.0	mg/ac	150-199 Boderline High 200-499 High > 500 Very High	
S.VLDL	40.1	mg/dL	10-40 Normal	
(Calculated)		•		
S.LDLC	133.8	mg/dL	< 100 Optimal	
(Calculated)			100-129 Near to above optimal 130-159 Boderline high 160-189 High >190 Very High	
S.Cholesterol / HDLC Ratio	3.89		< 4 Normal	
(Calculated)			4-6 Borderline 6-8 Risklevel > 8 High Risk	
S.LDLC / HDLC Ratio	2.23		< 3 Normal	
(Calculated)			3-4 Borderline	
			4-6 Risk Level	
			> 6 High Risk	
Cholesterol / HDLC Ratio (Calculated)	3.89		< 3.5 Normal	
Triglyceride / HDLC Ratio (Calculated)	3.34		< 2 Normal > 4 Risk Level	
,			> 6 High Risk	
Non HDLC (Calculated)	173.9		< 130 Normal 130 - 159 Near Normal	

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Dr. KEYUR Patel M.B.DCP

160 - 189 Borderline 190 - 219 Risklevel > 220 High Risk



Patient's name : RAJAT GOYAL Age/Sex

Referred by : Self Reg. No : 3592

Date : 14/08/2021 Mobile : 9910446443
Patient's Id : RG82 Ref ID. :

#### LIVER FUNCTION TEST

: 26 Years/Male

(Performed on Fully Auto DRY Chemistry Analyzer VITROS-250)

Test	Result	Unit	Biological Reference Interval
Sample Type: Serum S.Billirubin			
Total Bilirubin (Azobilirubin)	0.76	mg/dl	0 - 1.2
Conjugated Bilirubin (Dual Wavelength spectrophotometric)	0.16	mg/dl	0 - 0.4
Unconjugated Bilirubin (Dual Wavelength spectrophotometric)	0.6	mg/dl	0.0 - 1.1
S.G.P.T. (ALT) (Kinetic with Pyridoxal 5-Phosphate)	70.7	IU/L	0 - 49
S.G.O.T. (AST) (Kinetic with Pyridoxal 5-Phosphate)	43.5	IU/L	Up to 46
S.ALP (Alkaline Phosphatase) (4-Nitrophenyl phosphate)	353.2	U/L	80 - 306
S.Protein			
Total Protein (Biuret)	6.4	gm/dl	6.3 - 8.2
Albumin (BCG)	5.56	gm/dl	3.5 - 5.2
Globulin (Calculated)	0.84	gm/di	1.9 - 3.5
Albumin Globulin Ratio	6.62		
S.GammaGT (L-Gamma Glutamyl-4-Nitroanalide)	75.6	IU/L	15-73

Dr. KEYUR Patel
M.B.DCP

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Age/Sex

: 26 Years/Male

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: 3592

Mobile Ref ID.

: 9910446443

#### **BLOOD GROUP**

Sample Type:

**EDTA** 

ABO Group:

"O"

Rh Type:

Positive

### **RENAL FUNCTION TEST**

(Performed on Fully Auto DRY Chemistry Analyzer VITROS-250)

Test	Result	Unit	Biological Reference Interval
Sample Type: Serum			
S.Urea (Urease with indicator dye) S.Creatinine	30.0	mg/dl	Male: 19.6-43.6 Female: 15.2-37.0
(Enzymatic)	1.06	mg/dL	0.55 - 1.30
S.Uric Acid (Uricase)	6 98	mg/dL	Male: 3.5-8.5 Female: 2.5-6.2

----- End of Report -----

Dr. KEYUR Patel

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: 9910446443

Reg. No

: 3592

Mobile

Ref ID.

### **BLOOD GLUCOSE LEVEL**

Test Sample Type:	Result Flouride	Unit	Biological Reference Interval
	riodride		
Fasting Blood Glucose	86.0	mg/dl	70-110
(Hexokinase) Collection Time:			
Collection Time:			
Post Prandial Blood Glucose (2 Hrs) (Hexokinase)	129.8	mg/dl	80-140
Tests Performed on Fully Auto DRY Cher	nistry Analyzer	VITROS-250	
·		LDH LEVEL	

Test Sample Type:

LDH Activity( Lactate Dehydrogenase ):

Pyruvate to lactate Kinetic Method

Result Unit

Serum 130.23

U/L

**Biological Reference Interval** 

120 - 246

#Tests Performed on Fully Auto DRY Chemistry Analyzer VITROS-250

----- End of Report -----

Dr. KEYUR Patel

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Approved On : 15/08/2021 12:35:00 Generated On : 16/08/2021 12:46





Referred by Date

: Self

Patient's Id

: 14/08/2021 : RG82

Age/Sex

: 26 Years/Male

Reg. No

: 3592

Mobile Ref ID. : 9910446443

## Prostate Specific Antigen (Carried out on miniVIDAS, Biomerieux)

Test

Result

Unit

Reference Interval

S.PSA:

(Prostate Specific Antigen)

0.950

ng/ml

M: Healthy Male upto 4.00

## THYROID FUNCTION TEST

(by CLIA on SIEMENS ADVIA Centaur XP)

Test	Result	Unit	Biological Reference Interval
Sample Type: Serum			
S.T3 (Total Triidothyronine by CLIA)	1.47	ng/mL	1 - 23 Months. 1.17 - 2.39 2 - 12 Years: 1.05 - 2.07 13 - 20 Years: 0.86 - 1.92 Adult: 0.6 - 1.81
S.T4 (Total Thyroxine by CLIA)	11.80	mcg/dL	3.2 - 12.6
S.TSH (Thyroid Stimulating Hormone by CLIA)	1.049	microU/mL	0 -12 Yrs: 0.77 - 5.64 12-19 Yrs: 0.75-3.69 19-100 Yrs: 0.35 -5.50

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Dr. KEYUR Patel M.B.DCP



Age/Sex : 26 Years/Male Patient's name : RAJAT GOYAL

Reg. No : 3592 Referred by : Self

Date : 14/08/2021 Mobile : 9910446443

Patient's Id Ref ID. : RG82

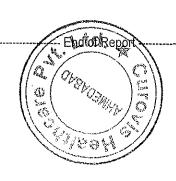
5 4 9° m 4 1 4 4	URINE ROUTINE ANAL	YSIS
Sample Type: Fresh Urine Physical Examination (Naked Eye Observation)	Result	Biological Ref. Value
Amount	25 ml	>10 ml
Colour	Pale Yellow	Pale Yellow
Appearance	Clear	Clear
Chemical Examination		
рH	7.5	4.5-8.0
(Dip stick)		4 000 4 000
Specific Gravity	1.020	1.002-1.030
(Bromothymol Blue)	0.1	<b>A b a a a b</b>
Albumin (Tetrabromophenol)	Absent	Absent
Glucose	Absent	Absent
(Specific Glucose Oxidase/Peroxidase)	. 1.000111	
Bilirubin	Absent	Absent
(Azo-coupling reaction)		
Acetone	Absent	Absent
(Sodium Nitroprusside Reaction)		
Urobilinogen	Absent	Absent
(Modified Ehrlich Reaction)		
Nitrites	Absent	Absent
(Diazotization Reaction)		
Microscopic Examination		

(After centrifugation at 1500 RPM for 10min./hpf)

Pus Cells(WBCs)	Absent	Absent
Red Blood Cells(RBCs)	Absent	Absent
Epithelial cells	Absent	
T.Vaginals	Absent	Absent
Spermatozoa	Absent	Absent
Casts	Absent	Absent
Crystals	Absent	Absent
Amorphous Material	Absent	Absent

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Approved On : 15/08/2021 12:36:00 Generated On : 16/08/2021 12:46



Dr. KEYUR Patel



Referred by

: Self

Date Patient's Id : 14/08/2021 : RG82

Age/Sex

: 26 Years/Male

Reg. No Mobile

: 3592 : 9910446443

Ref ID.

## **Electrocardiogram**

<b>Findings</b>	F	in	di	in	g	S
-----------------	---	----	----	----	---	---

Normal Sinus Rhythm.

Within Normal Limit.

-----End of Report --

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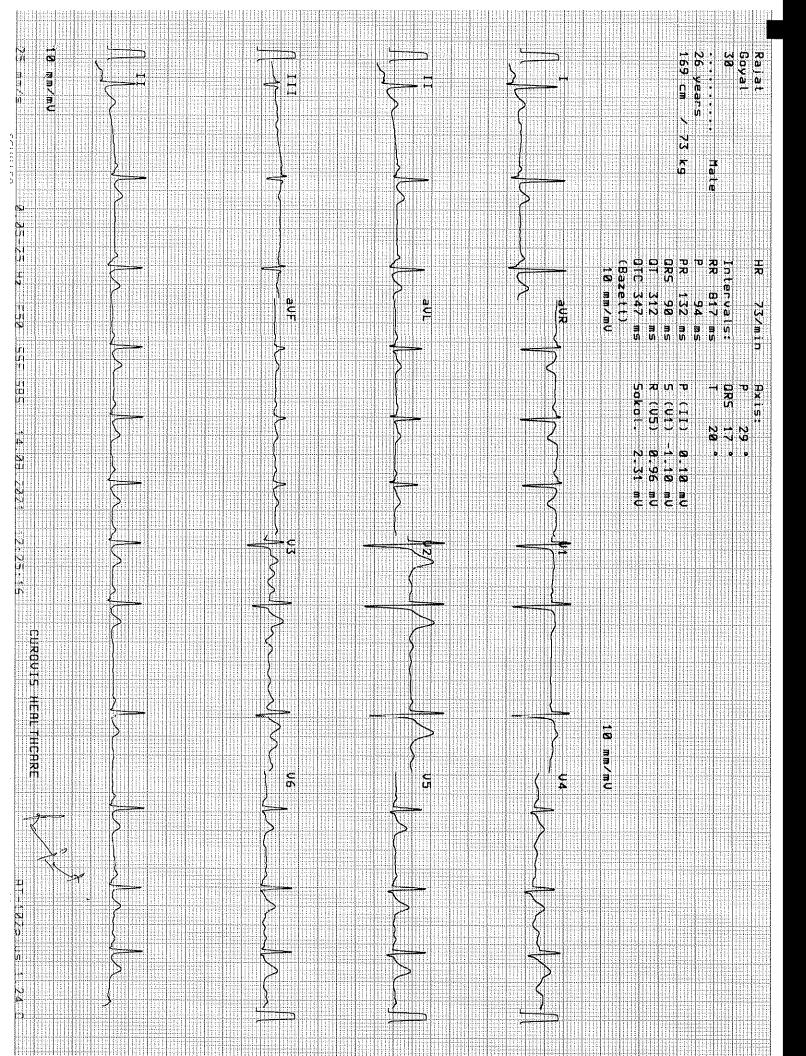
: 16/08/2021 11:57:00 AM

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Dr Jinen M Shah

DNB (Medicine)FCCS (USA)





Referred by

: Self

Date Patient's Id : 14/08/2021

: RG82

Age/Sex

: 26 Years/Male

Reg. No Mobile

3592 : 9910446443

Ref ID.

## 2D Echo Colour Doppler

## **OBSERVATION:**

- 2 D Echo and color flow studies were done in long and short axis, apical and Sub coastal views.
- 1. Normal LV size. No RWMA at rest.
- 2. Normal RV and RA. No Concentric LVH.
- All Four valves are structurally normal.
- 4. Good LV systolic function. LVEF = 60%.
- 5. Reduced LV Compliance.
- 6. Trivial TR. Mild MR. No AR.
- 7. No PAH. RVSP = 30 mmHG.
- Intact IAS and IVS.
- No Clot, No Vegetation.
- 10. No pericardial effusion.

### CONCLUSION

- 1. Normal LV size with Good LV systolic function.
- 2. No Concentric LVH . Redcued LV Compliance
- 3. Trivial TR with No PAH, Mild MR, No AR
- 4. No RWMA at rest.

This echo doesn't rule out any kind of congenital cardiac anomalies.

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Approved On : 16/08/2021 11:57:00

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---- End of Report ealth

AHMEDABAL

Dr Jinen M Shah DMB (Medicine)FCCS (USA)

'B' Block, Mondeal Business Park, Near Gurudwara, Bodakdey, S.C. Highway Ahmedabad-380054, Gujarat.



: Self

Date

: 14/08/2021

Patient's Id

Referred by

: RG82

Age/Sex

: 26 Years/Male

Reg. No

: 3592 : 9910446443

Mobile

Ref ID.

## X RAY CHEST PA

Both	lung	fields	appear	clear
DOCE	rung	11Clus	appear	CICai.

No evidence of any active infiltrations or consolidation.

Cardiac size appears within normal limits.

Both costo-phrenic angles appear free of fluid.

Both domes of diaphragm appear normal.

Bony thorax appears normal.

COMMENT: No significant abnormality is detected.

----- End of Report ----

Dr. Jaimin Shah

Cunsaltant Radiologist

This is an electronically authenticated report. Note:((LL-Very Low, L-Low, HH-Very High)

Approved On : 14/08/2021 3:28:00 PM

Generated On : 14/08/2021 15:28





Referred by : Self

Date : 14/08/2021

Patient's Id : RG82

Age/Sex

: 26 Years/Male

Reg. No Mobile : 3592 : 9910446443

Ref ID.

## **USG ABDOMEN**

**Liver** appears normal in size, show increased parenchymal echo, fat sparring area seen in gall bladder fossa.. No evidence of focal solid or cystic lesion seen. No evidence of dilatation of intra-hepatic billiary or portal radicals. PV is normal in caliber.

Gall bladder is normally distended. No evidence of calculus or mass seen. Gall bladder wall thickness appears normal.

Pancreas Visualized portion appears normal in size and echopattern. No evidence of focal lesions.

Spleen appears normal in size & echopattern. No evidence of focal lesions.

**Both kidneys** are normal in size, shape and position. C.M. differentiation on both sides is maintained. No evidence of hydronephrosis, calculus or solid mass on either side.

Urinary bladder is partially distended. No evidence of calculus or mass.

Prostate appears normal in size and echopattern. No evidence of focal lesions.

No evidence of free fluid in peritoneal cavity.

No evidence of para-aortic lymph adenopathy.

No evidence of dilated small bowel loops.

## COMMENTS:

Liver show fatty chanegs.

------ End of Report ----- Dr. Jaimin Sl

This is an electronically authenticated report.

DMRD

Cunsaltant Radiologist

Note:((LL-Very Low, L-Low, HH-Very High)

Approved On : 14/08/2021 3:28:00 PM Generated On : 14/08/2021 15:28

S WWEDVEND L



Referred by

: Self

Date Patient's Id : 14/08/2021

: RG82

Age/Sex Reg. No

3592

Mobile Ref ID. : 9910446443

: 26 Years/Male

## Eye Check - Up

## **RIGHT EYE**

SP:

~2.50 -0.50

CY: AX:

180

## LEFT EYE

SP:

~2.75

CY: AX:

+0.00 00

Without Glasses

With Glasses

Right Eye Left Eye

6/24

6/36

6/6 6/6

Near Vision:

Right Eye - N/6, Left Eye - N/6

Fundus Examination: Within Normal Limits.

Colour Vision:

Normal

Comments:

Normal

Dr.Kejal Patel MB,DO(Ophth)

Approved On

: 16/08/2021 12:02:00 PM

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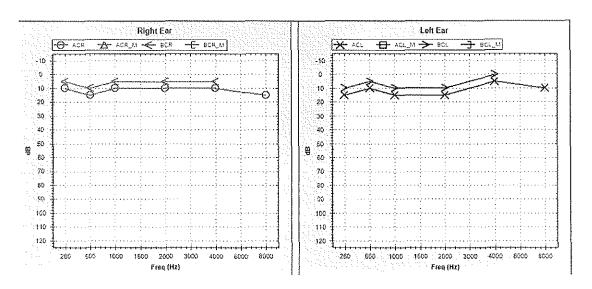


CLIENT NAME:-RAJAT GOYAL.

AGE:- 26 Y/ M

DATE: 14/08/2021

# **AUDIOGRAM**



MODE	Air Conduction		Bone Conduction		1 3	Thurshald to dD	DICUT	LEFT
EAR			Masked	UnMasked	Cone	Threshold In dB	RIGHT	LETI
LEFT		X	J	>	Blue	AIR CONDUCTION	10	10
RIGHT	Δ	0		<	Red	BONE CONDUCTION		
NO RESPONSE: Add & below the respective symbols						SPEECH		

## Comments:-

Bilateral Hearing Sensitivity Within Normal Limits.

