





CLIENT'S NAME AND ADDRESS : ACROFEMI HEALTHCARE LTD ( MEDIWHEEL ) F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI NEW DELHI 110030 DELHI INDIA DELHI INDIA 8800465156

SRL Ltd
Shop CG 017, PALM SPRINGS PLAZA
GURUGRAM, 122001
HARYANA, INDIA
Tel : 9111591115

PATIENT NAME: VIKAS SHARMA			PATIENT ID :	VIKAM051179282
ACCESSION NO : 0282VJ000644	AGE: 42 Years	SEX : Male	ABHA NO :	
DRAWN :	RECEIVED : 08/1	10/2022 13:14:52	REPORTED : 10/10/20	022 09:07:09
REFERRING DOCTOR : SELF			CLIENT PATIENT ID	):
Test Report Status <u>Final</u>		Results	Biological Reference	Interval Units
MEDI WHEEL FULL BODY HEALTH C	CHECK UP ABOVE	40 MALE		
BLOOD COUNTS,EDTA WHOLE BLOO	OD			
HEMOGLOBIN	13	.1	13.0 - 17.0	g/dL
METHOD : SPECTROPHOTOMETRY				
RED BLOOD CELL COUNT	4.4	49 Low	4.5 - 5.5	mil/µL
METHOD : IMPEDANCE				
WHITE BLOOD CELL COUNT	5.9	96	4.0 - 10.0	thou/µL
METHOD : IMPEDANCE				
PLATELET COUNT	19	9	150 - 410	thou/µL
METHOD : IMPEDANCE				
RBC AND PLATELET INDICES				
HEMATOCRIT	40	.0	40 - 50	%
METHOD : CALCULATED				
MEAN CORPUSCULAR VOL	89	.2	83 - 101	fL
METHOD : DERIVED FROM IMPEDANCE MEASURE				
MEAN CORPUSCULAR HGB.	29	.2	27.0 - 32.0	pg
METHOD : CALCULATED PARAMETER				
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION METHOD : CALCULATED PARAMETER	32	.8	31.5 - 34.5	g/dL
MENTZER INDEX	19	.9		
RED CELL DISTRIBUTION WIDTH	15	.6 High	11.6 - 14.0	%
METHOD : DERIVED FROM IMPEDANCE MEASURE	-			
MEAN PLATELET VOLUME	10	.9	6.8 - 10.9	fL
METHOD : DERIVED FROM IMPEDANCE MEASURE				
WBC DIFFERENTIAL COUNT - NLR				
SEGMENTED NEUTROPHILS	64		40 - 80	%
METHOD : DHSS FLOWCYTOMETRY				
ABSOLUTE NEUTROPHIL COUNT	3.8	30	2.0 - 7.0	thou/µL
METHOD : DHSS FLOWCYTOMETRY, CALCULATED				
LYMPHOCYTES	25		20 - 40	%
METHOD : DHSS FLOWCYTOMETRY				
ABSOLUTE LYMPHOCYTE COUNT	1.5	50	1 - 3	thou/µL
METHOD : DHSS FLOWCYTOMETRY, CALCULATED				
NEUTROPHIL LYMPHOCYTE RATIO (NLF	R) 2.	5		



METHOD : CALCULATED









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Test Report Status <u>Final</u>	Results		<b>Biological Reference Inte</b>	rval Units
EOSINOPHILS	4		1 - 6	%
METHOD : DHSS FLOWCYTOMETRY				
ABSOLUTE EOSINOPHIL COUNT	0.22		0.02 - 0.50	thou/µL
METHOD : DHSS FLOWCYTOMETRY, CALCULATED				
MONOCYTES	7		2 - 10	%
METHOD : DHSS FLOWCYTOMETRY				
ABSOLUTE MONOCYTE COUNT	0.40		0.20 - 1.00	thou/µL
METHOD : DHSS FLOWCYTOMETRY, CALCULATED				
BASOPHILS	0		0 - 2	%
METHOD : IMPEDANCE				
ABSOLUTE BASOPHIL COUNT	0	Low	0.02 - 0.10	thou/µL
METHOD : DHSS FLOWCYTOMETRY, CALCULATED				
ERYTHRO SEDIMENTATION RATE, BLO	OD			
SEDIMENTATION RATE (ESR)	3		0 - 14	mm at 1 hr
METHOD : AUTOMATED (PHOTOMETRICAL CAPILLARY S	TOPPED FLOW KINETIC ANALYSIS)			
GLYCOSYLATED HEMOGLOBIN, EDTA W	HOLE BLOOD			
GLYCOSYLATED HEMOGLOBIN (HBA1C)	5.5		Non-diabetic: < 5.7 Pre-diabetics: 5.7 - 6.4 Diabetics: > or = 6.5 ADA Target: 7.0 Action suggested: > 8.0	%
METHOD : CAPILLARY ELECTROPHORESIS				
MEAN PLASMA GLUCOSE	111.2		< 116	mg/dL
METHOD : CALCULATED PARAMETER				











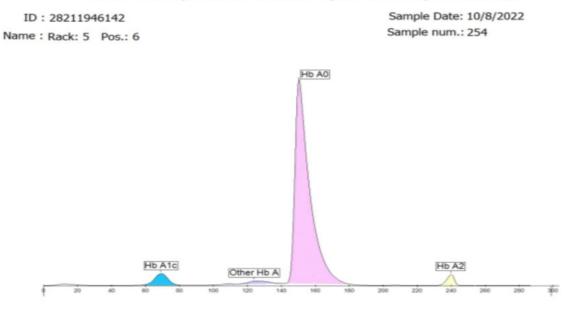
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DRAWN :	RECEIVED : 08/10/2022 13:14:52	REPORTED : 10/10/2022 09:07:09
ACCESSION NO : 0282VJ00	D644 AGE : 42 Years SEX : Male	ABHA NO :
PATIENT NAME : VIKAS SH	IARMA	PATIENT ID : VIKAM051179282

# PLOT NO.31, ELECTRONIC CITY, SECTOR 18, GURUGRAM



# A1c Haemoglobin Electrophoresis

Fractions	%	mmol/mol	Cal. %
Hb A1c	-	37	5.5
Other Hb A	2.0		
Hb AO	90.5		
Hb A2	2.6		

HbA1c % cal :5.5 %

Comments :











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DELHI INDIA 8800465156		lei : 911159	1115	
PATIENT NAME : VIKAS SHAR	RMA		PATIENT ID : VIK	AM051179282
ACCESSION NO : 0282VJ00064	4 AGE : 42 Years SEX : Mal	e	ABHA NO :	
DRAWN :	RECEIVED : 08/10/2022 13:	14:52	REPORTED : 10/10/2022 09	:07:09
REFERRING DOCTOR : SELF			CLIENT PATIENT ID:	
Test Report Status <u>Final</u>	Results		Biological Reference Inter	val Units
GLUCOSE, FASTING, PLASMA				
GLUCOSE, FASTING, PLASMA	89		Normal 75 - 99 Pre-diabetics: 100 – 125 Diabetic: > or = 126	mg/dL
METHOD : SPECTROPHOTOMETRY HEXOKI	NASE			
GLUCOSE, POST-PRANDIAL, P				
GLUCOSE, POST-PRANDIAL, PLAS			70 - 139	mg/dL
METHOD : SPECTROPHOTOMETRY, HEXOKI CORONARY RISK PROFILE, SE				
CHOLESTEROL	200		Desirable cholesterol level	mg/dL
	200		< 200 Borderline high cholesterol 200 - 239 High cholesterol > / = 240	ing, dE
METHOD : ENZYMATIC COLORIMETRIC ASS	SAY			
TRIGLYCERIDES	141		Normal: < 150 Borderline high: 150 - 199 High: 200 - 499 Very High: >/= 500	mg/dL
METHOD : ENZYMATIC COLORIMETRIC ASS	SAY		, .	
HDL CHOLESTEROL	42		Low HDL Cholesterol <40	mg/dL
			High HDL Cholesterol >/= 6	50
METHOD : HOMOGENEOUS ENZYMATIC CC	DLORIMETRIC ASSAY			
CHOLESTEROL LDL	141	High	Adult levels: Optimal < 100 Near optimal/above optimal: 129 Borderline high : 130-159 High : 160-189 Very high : = 190	mg/dL 100-
METHOD : HOMOGENEOUS ENZYMATIC CO	DLORIMETRIC ASSAY		, .	
NON HDL CHOLESTEROL	158	High	Desirable : < 130 Above Desirable : 130 -159 Borderline High : 160 - 189 High : 190 - 219 Very high : > / = 220	mg/dL
METHOD : CALCULATED PARAMETER CHOL/HDL RATIO	5.0	Hiah	Low Risk : 3.3 - 4.4	
	5.0		Average Risk : $4.5 - 7.0$ Moderate Risk : $7.1 - 11.0$ High Risk : $> 11.0$	



Page 4 Of 15 Page 4 Of 15

High Risk : > 11.0







VIKAM051179282

**CLIENT CODE :** C000138354

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**PATIENT NAME: VIKAS SHARMA** 

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PATIENT ID:

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REFERRING DOCTOR : SELF			CLIENT PATIENT ID:	
Test Report Status <u>Final</u>	Results		Biological Reference Inter	val Units
METHOD : CALCULATED PARAMETER				
LDL/HDL RATIO	3.4	High	0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderat >6.0 High Risk	e Risk
	20.2			
VERY LOW DENSITY LIPOPROTEIN METHOD : CALCULATED PARAMETER	28.2		< OR = 30.0	mg/dL
LIVER FUNCTION PROFILE, SERU	м			
BILIRUBIN, TOTAL	1.0		Upto 1.2	mg/dL
METHOD : COLORIMETRIC DIAZO METHOD	1.0		0010	ilig/ dE
BILIRUBIN, DIRECT	0.4	High	< 0.30	mg/dL
METHOD : COLORIMETRIC DIAZO METHOD				-
BILIRUBIN, INDIRECT	0.60		0.1 - 1.0	mg/dL
METHOD : CALCULATED PARAMETER				
TOTAL PROTEIN	6.9		6.0 - 8.0	g/dL
METHOD : SPECTROPHOTOMETRY, BIURET				
	4.6		3.97 - 4.94	g/dL
METHOD : SPECTROPHOTOMETRY, BROMOCRES GLOBULIN	OL GREEN(BCG) - DYE BINDING 2.3		2.0 - 3.5	g/dL
METHOD : CALCULATED PARAMETER	2.5		2.0 - 3.5	g/uL
ALBUMIN/GLOBULIN RATIO	2.0		1.0 - 2.1	RATIO
METHOD : CALCULATED PARAMETER				
ASPARTATE AMINOTRANSFERASE (AS	ST/SGOT) 24		< OR = 50	U/L
METHOD : SPECTROPHOTOMETRY, WITH PYRIDO	DXAL PHOSPHATE ACTIVATION-IFCC			
ALANINE AMINOTRANSFERASE (ALT/	SGPT) 21		< OR = 50	U/L
METHOD : SPECTROPHOTOMETRY, WITH PYRIDO	DXAL PHOSPHATE ACTIVATION-IFCC			
ALKALINE PHOSPHATASE	52		40 - 129	U/L
METHOD : SPECTROPHOTOMETRY, PNPP, AMP B				
GAMMA GLUTAMYL TRANSFERASE (G			0 - 60	U/L
METHOD : ENZYMATIC COLORIMETRIC ASSAY S			125 220	117
LACTATE DEHYDROGENASE METHOD : SPECTROPHOTOMETRY, LACTATE TO I			125 - 220	U/L
SERUM BLOOD UREA NITROGEN				
BLOOD UREA NITROGEN	10.1		6 - 20	mg/dL
METHOD : SPECTROPHOTOMETRY, KINETIC TES		ENASE	5 20	iiig/uL
CREATININE, SERUM				



Page 5 Of 15 Scan to View Report







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ACCESSION NO : 0282VJ000644 AGE	: 42 Years SEX : Male	ABHA NO :
DRAWN : RE	ECEIVED : 08/10/2022 13:14:52	REPORTED : 10/10/2022 09:07:09
REFERRING DOCTOR : SELF		CLIENT PATIENT ID :
Test Report Status <u>Final</u>	Results	Biological Reference Interval Units
METHOD : SPECTROPHOTOMETRIC, JAFFE'S KINETICS		
BUN/CREAT RATIO		
BUN/CREAT RATIO	13.50	8.0 - 15.0
METHOD : CALCULATED PARAMETER		
URIC ACID, SERUM		
URIC ACID	6.3	3.4 - 7.0 mg/dL
METHOD : SPECTROPHOTOMETRY, URICASE		
TOTAL PROTEIN, SERUM		
TOTAL PROTEIN	6.9	6.0 - 8.0 g/dL
METHOD : SPECTROPHOTOMETRY, BIURET		
ALBUMIN, SERUM		
ALBUMIN	4.6	3.97 - 4.94 g/dL
METHOD : SPECTROPHOTOMETRY, BROMOCRESOL GRI	EEN(BCG) - DYE BINDING	
GLOBULIN		
GLOBULIN	2.3	2.0 - 3.5 g/dL
METHOD : CALCULATED PARAMETER		
ELECTROLYTES (NA/K/CL), SERUM		
SODIUM	140	136 - 145 mmol/L
METHOD : ISE INDIRECT		
POTASSIUM	4.3	3.5 - 5.1 mmol/L
METHOD : ISE INDIRECT		
CHLORIDE	104	98 - 107 mmol/L
METHOD : ISE INDIRECT		
PHYSICAL EXAMINATION, URINE		
COLOR	PALE YELLOW	
APPEARANCE	CLEAR	
SPECIFIC GRAVITY	<=1.005	1.003 - 1.035
Comments		
NOTE MICROSCOPIC EXAMINATION OF URINE		

NOTE :MICROSCOPIC EXAMINATION OF URINE IS PERFORMED ON CENTRIFUGED URINARY SEDIMENT. IN NORMAL URINE SAMPLES CAST AND CRYSTALS ARE NOT DETECTED. CHEMICAL EXAMINATION, URINE

PH	7.0	4.7 - 7.5
PROTEIN	NOT DETECTED	NOT DETECTED











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PATIENT NAME	: VIKAS SHARMA			P	ATIENT ID:	VIKAM051179282
ACCESSION NO :	0282VJ000644	AGE: 42 Years	SEX : Male	ABHA NO :		
DRAWN :		RECEIVED : 08/10/	2022 13:14:52	REPORTED :	10/10/202	22 09:07:09
REFERRING DOCT	TOR: SELF			CLIEN	NT PATIENT ID	:

Fest Report Status <u>Final</u>	Results	Biological Reference Interva	l Units
GLUCOSE	NOT DETECTED	NOT DETECTED	
KETONES	NOT DETECTED	NOT DETECTED	
BLOOD	NOT DETECTED	NOT DETECTED	
BILIRUBIN	NOT DETECTED	NOT DETECTED	
JROBILINOGEN	NORMAL	NORMAL	
NITRITE	NOT DETECTED	NOT DETECTED	
EUKOCYTE ESTERASE	NOT DETECTED	NOT DETECTED	
MICROSCOPIC EXAMINATION, URINE			
PUS CELL (WBC'S)	0-1	0-5	/HPF
EPITHELIAL CELLS	0-1	0-5	/HPF
ERYTHROCYTES (RBC'S)	NOT DETECTED	NOT DETECTED	/HPF
CASTS	NOT DETECTED		
CRYSTALS	NOT DETECTED		
BACTERIA	NOT DETECTED	NOT DETECTED	
METHOD : DIP STICK/MICRO SCOPY/REFLECTANCE SPECTROPHOTOM	IETRY		
THYROID PANEL, SERUM			
гз	116.0	80 - 200	ng/dL
METHOD : ELECTROCHEMILUMINESCENCE IMMUNO ASSAY			
Γ4	7.00	5.1 - 14.1	µg/dL
METHOD : ELECTROCHEMILUMINESCENCE IMMUNO ASSAY			
ISH 3RD GENERATION	1.940	0.27 - 4.2	µIU/mL
REMARK METHOD : MICROSCOPIC EXAMINATION	SAMPLE NOT RECEIVED		
ABO GROUP & RH TYPE, EDTA WHOLE BLOOD			
ABO GROUP	В		
	D		
RH TYPE	RH+		
METHOD : HEMAGGLUTINATION REACTION ON SOLID PHASE			
KRAY-CHEST			
»»	BOTH THE LUNG FIELDS A	RE CLEAR	

BOTH THE HILA ARE NORMAL



»»









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8800465156		
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ACCESSION NO : <b>0282VJ000644</b> AGE	: 42 Years SEX : Male	ABHA NO :
DRAWN : RE	CEIVED : 08/10/2022 13:14:52	REPORTED : 10/10/2022 09:07:09
REFERRING DOCTOR : SELF		CLIENT PATIENT ID :
Test Report Status <u>Final</u>	Results	Biological Reference Interval Units
»»	CARDIAC AND AORTIC	C SHADOWS APPEAR NORMAL
»»	BOTH THE DOMES OF	THE DIAPHRAGM ARE NORMAL
»»	VISUALIZED BONY TH	ORAX IS NORMAL
IMPRESSION	NO ABNORMALITY DET	IECTED
TMT OR ECHO		
TMT OR ECHO	ECHO REPORT	
	<ul> <li>Trivial TR</li> <li>No RWMA</li> <li>Normal LV</li> <li>Normal LV</li> <li>Normal LV</li> <li>No Clot/Veg</li> </ul>	ed cardiac chambers and normal valves systolic function LVEF ~ 60 % diastolic function, E>A getation/Pericardial Effusion iact,no flow seen across.
ECG		
ECG	WITHIN NORMAL LIMI	TS
MEDICAL HISTORY		
RELEVANT PRESENT HISTORY	NOT SIGNIFICANT	
RELEVANT PAST HISTORY	NOT SIGNIFICANT	
RELEVANT PERSONAL HISTORY	NON SMOKER, OCCAS	SIONAL ALCOHOL
RELEVANT FAMILY HISTORY		RE AND DIABETES- PARENTS.
OCCUPATIONAL HISTORY	SERVICE	
HISTORY OF MEDICATIONS	NOT SIGNIFICANT	
ANTHROPOMETRIC DATA & BMI		
HEIGHT IN METERS	1.72	mts
WEIGHT IN KGS.	91	Kgs
BMI	31	BMI & Weight Status as follows: kg/sqmts Below 18.5: Underweight 18.5 - 24.9: Normal 25.0 - 29.9: Overweight 30.0 and Above: Obese
GENERAL EXAMINATION		
MENTAL / EMOTIONAL STATE	NORMAL	
PHYSICAL ATTITUDE	NORMAL	
GENERAL APPEARANCE / NUTRITIONAL ST	ATUS OBESE	
BUILT / SKELETAL FRAMEWORK	AVERAGE	

NORMAL



FACIAL APPEARANCE









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REFERRING DOCTOR : SELF

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SKIN	NORMAL	
UPPER LIMB	NORMAL	
LOWER LIMB	NORMAL	
NECK	NORMAL	
NECK LYMPHATICS / SALIVARY GLANDS	NOT ENLARGED OR	TENDER
THYROID GLAND	NOT ENLARGED	
CAROTID PULSATION	NORMAL	
TEMPERATURE	NORMAL	
PULSE	82/ MINUTE, REGUL	AR, ALL PERIPHERAL PULSES FELT.
RESPIRATORY RATE	NORMAL	
CARDIOVASCULAR SYSTEM		
BP	120/72 MMHG	mm/Hg
PERICARDIUM	( SUPINE) NORMAL	
APEX BEAT	NORMAL	
HEART SOUNDS	NORMAL	
MURMURS	ABSENT	
RESPIRATORY SYSTEM	-	
SIZE AND SHAPE OF CHEST	NORMAL	
MOVEMENTS OF CHEST	SYMMETRICAL	
BREATH SOUNDS INTENSITY	NORMAL	
BREATH SOUNDS QUALITY	VESICULAR (NORMA	AL)
ADDED SOUNDS	ABSENT	
PER ABDOMEN		
APPEARANCE	NORMAL	
VENOUS PROMINENCE	ABSENT	
LIVER	NOT PALPABLE	
SPLEEN	NOT PALPABLE	
CENTRAL NERVOUS SYSTEM		
HIGHER FUNCTIONS	NORMAL	
CRANIAL NERVES	NORMAL	
CEREBELLAR FUNCTIONS	NORMAL	
SENSORY SYSTEM	NORMAL	











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ACCESSION NO : 028	32VJ000644	AGE : 42 Years SEX : Male	ABHA NO :
DRAWN :		RECEIVED : 08/10/2022 13:14:52	REPORTED : 10/10/2022 09:07:09
REFERRING DOCTOR :	SELF		CLIENT PATIENT ID:
			<u>े</u>

Test Report Status <u>Final</u>	Results	<b>Biological Reference Interval</b>	Units
MOTOR SYSTEM	NORMAL		
REFLEXES	NORMAL		
MUSCULOSKELETAL SYSTEM			
SPINE	NORMAL		
JOINTS	NORMAL		
BASIC EYE EXAMINATION			
DISTANT VISION RIGHT EYE WITHOUT GLASSES	6/6		
DISTANT VISION LEFT EYE WITHOUT GLASSES	6/6		
NEAR VISION RIGHT EYE WITHOUT GLASSES	N/6		
NEAR VISION LEFT EYE WITHOUT GLASSES	N/6		
COLOUR VISION	17/17		
SUMMARY			
REMARKS / RECOMMENDATIONS			
	ADVISED LIFESTYLE CHANGES FOLLOW UP WITH PHYSIC & EYE SPECIALIST.	IAN	











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REFERRING DOCTOR : SELF		CLIENT PATIENT ID :
DRAWN :	RECEIVED : 08/10/2022 13:14:52	REPORTED : 10/10/2022 09:07:09
ACCESSION NO : 0282VJ000644	AGE : 42 Years SEX : Male	ABHA NO :
PATIENT NAME : VIKAS SHARM	Ą	PATIENT ID : VIKAM051179282

## MEDI WHEEL FULL BODY HEALTH CHECK UP ABOVE 40 MALE

ULTRASOUND ABDOMEN

### ULTRASOUND ABDOMEN

GRADE I FATTY LIVER.

### Interpretation(s)

BLOOD COUNTS, EDTA WHOLE BLOOD-

The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology. WBC DIFFERENTIAL COUNT - NLR-

The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients : A.-P. Yang, et al.: International Immunopharmacology 84 (2020) 106504 This ratio element is a calculated parameter and out of NABL scope.

ERYTHRO SEDIMENTATION RATE, BLOOD-Erythrocyte sedimentation rate (ESR) is a non - specific phenomena and is clinically useful in the diagnosis and monitoring of disorders associated with an increased production of acute phase reactants. The ESR is increased in pregnancy from about the 3rd month and returns to normal by the 4th week post partum. ESR is influenced by age, sex, menstrual cycle and drugs (eg. corticosteroids, contraceptives). It is especially low (0 -1mm) in polycythaemia, hypofibrinogenemia or congestive cardiac failure and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis or sickle cells.

Reference :

Nathan and Oski's Haematology of Infancy and Childhood, 5th edition
 Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin
 The reference for the adult reference range is "Practical Haematology by Dacie and Lewis, 10th Edition"

Glycosylated hemoglobin (GHb) has been firmly established as an index of long-term blood glucose concentrations and as a measure of the risk for the development of complications in patients with diabetes mellitus. Formation of GHb is essentially irreversible, and the concentration in the blood depends on both the life span of the red blood cell (average 120 days) and the blood glucose concentration. Because the rate of formation of GHb is directly proportional to the concentration of glucose in the blood, the GHb concentration represents the integrated values for glucose over the preceding 6-8 weeks.

Any condition that alters the life span of the red blood cells has the potential to alter the GHb level. Samples from patients with hemolytic anemias will exhibit decreased glycated hemoglobin values due to the shortened life span of the red cells. This effect will depend upon the severity of the anemia. Samples from patients with polycythemia

grycetar length of the solution of the solutio testing such as glycated serum protein (fructosamine) should be considered. "Targets should be individualized; More or less stringent glycemic goals may be appropriate for individual patients. Goals should be individualized based on duration of

diabetes, age/life expectancy, comorbid conditions, known CVD or advanced microvascular complications, hypoglycemia unawareness, and individual patient considerations.

References

1. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics, edited by Carl A Burtis, Edward R.Ashwood, David E Bruns, 4th Edition, Elsevier publication, 2006, 879-884.

2. Forsham PH. Diabetes Mellitus: A rational plan for management. Postgrad Med 1982, 71.139-154.

3. Mayer TK, Freedman ZR: Protein glycosylation in Diabetes Mellitus: A review of laboratory measurements and their clinical utility. Clin Chim Acta 1983, 127, 147-184. GLUCÓSE, FASTING, PLASMA-ADA 2021 guidelines for adults, after 8 hrs fasting is as follows:

Pre-diabetics: 100 - 125 mg/dL Diabetic: > or = 126 mg/dL

GLUCOSE, POST-PRANDIAL, PLASMA-ADA Guidelines for 2hr post prandial glucose levels is only after ingestion of 75grams of glucose in 300 ml water, over a period of 5

minutes.

LIVER FUNCTION PROFILE, SERUM-

LIVER FUNCTION PROFILE

Bilirubin is a vellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. Elevated levels results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when



Page 11 Of 15 o star Scan to View Report

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SRL Ltd Shop CG 017, PALM SPRINGS PLAZA GURUGRAM, 122001 HARYANA, INDIA Tel: 9111591115

Test Report Statu	s Final	Results	Biological Reference Interval Units
REFERRING DOCTOR	R: SELF		CLIENT PATIENT ID :
DRAWN :		RECEIVED : 08/10/2022 13:14:52	REPORTED : 10/10/2022 09:07:09
ACCESSION NO : 0	282VJ000644	AGE : 42 Years SEX : Male	ABHA NO :
PATIENT NAME :	VIKAS SHARMA		PATIENT ID : VIKAM051179282

there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors & Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood.ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health. AST levels increase during acute hepatitis, sometimes due to a viral infection, ischemia to the liver, chronic hepatitis, obstruction of bile ducts, cirrhosis. ALP is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction,

Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Paget's disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilson's disease.GGT is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc. Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum.Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease. Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc. Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver, Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by:Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc SERUM BLOOD UREA NITROGEN-

Causes of Increased levels

Pre renal

High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal

 Renal Failure Post Renal

Malignancy, Nephrolithiasis, Prostatism

Causes of decreased levels

Liver disease

SIADH.

CREATININE, SERUM-

Higher than normal level may be due to:Blockage in the urinary tract

· Kidney problems, such as kidney damage or failure, infection, or reduced blood flow

- Loss of body fluid (dehydration)
  Muscle problems, such as breakdown of muscle fibers
- Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

 Mvasthenia Gravis Muscular dystrophy URIC ACID, SERUM-Causes of Increased levels Dietary • High Protein Intake.

 Prolonged Fasting, Rapid weight loss

Gout

Lesch nyhan syndrome. Type 2 DM.

Metabolic syndrome.

Causes of decreased levels

Low Zinc Intake
OCP's

Multiple Sclerosis

Nutritional tips to manage increased Uric acid levels

Drink plenty of fluids

 Limit animal proteins High Fibre foods

• Vit C Intake

20 C

Page 12 Of 15 **送** 16 o star Scan to View Report

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Test Report Status <u>Fin</u>	al Results	Biological Reference Interval Units
REFERRING DOCTOR : SELF		CLIENT PATIENT ID :
DRAWN :	RECEIVED : 08/10/2022 13:14:52	REPORTED : 10/10/2022 09:07:09
ACCESSION NO : 0282VJ00	00644 AGE : 42 Years SEX : Male	ABHA NO :
PATIENT NAME : VIKAS S	SHARMA	PATIENT ID : VIKAM051179282

 Antioxidant rich foods TOTAL PROTEIN, SERUM

Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc. ALBUMIN, SERUM-

Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc.

ELECTROLYTES (NA/K/CL), SERUM-

Sodium levels are Increased in dehydration, cushing's syndrome, aldosteronism & decreased in Addison's disease, hypopituitarism, liver disease. Hypokalemia (low K) is common in vomiting, diarrhea, alcoholism, folic acid deficiency and primary aldosteronism. Hyperkalemia may be seen in end-stage renal failure, hemolysis, trauma, Addison's disease, metabolic acidosis, acute starvation, dehydration, and with rapid K infusion.Chloride is increased in dehydration, renal tubular acidosis (hyperchloremia metabolic acidosis), acute renal failure, metabolic acidosis associated with prolonged diarrhea and loss of sodium bicarbonate, diabetes insipidus, adrenocortical hyperfuction, salicylate intoxication and with excessive infusion of isotonic saline or extremely high dietary intake of salt.Chloride is decreased in overhydration, chronic respiratory acidosis, salt-losing nephritis, metabolic alkalosis, congestive heart failure, Addisonian crisis, certain types of metabolic acidosis, persistent gastric secretion and prolonaed vomitina,

MICROSCOPIC EXAMINATION, URINE-

Routine unalysis assists in screening and diagnosis of various metabolic, urological, kidney and liver disorders Protein: Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous exercise, orthostatic proteinuria, dehydration, urinary tract infections and acute illness with fever

Glucose: Uncontrolled diabetes mellitus can lead to presence of glucose in urine. Other causes include pregnancy, hormonal disturbances, liver disease and certain medications.

Ketones: Uncontrolled diabetes mellitus can lead to presence of ketones in urine. Ketones can also be seen in starvation, frequent vomiting, pregnancy and strenuous exercise.

Blood: Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in various urological, nephrological and bleeding disorders. Leukocytes: An increase in leukocytes is an indication of inflammation in urinary tract or kidneys. Most common cause is bacterial urinary tract infection.

Nitrite: Many bacteria give positive results when their number is high. Nitrite concentration during infection increases with length of time the urine specimen is retained in bladder prior to collection.

pH: The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/ alkalosis or ingestion of certain type of food can affect the pH of urine.

Specific gravity: Specific gravity gives an indication of how concentrated the urine is. Increased specific gravity is seen in conditions like dehydration, glycosuria and proteinuria while decreased specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus. Bilirubin: In certain liver diseases such as biliary obstruction or hepatitis, bilirubin gets excreted in urine.

Urobilinogen: Positive results are seen in liver diseases like hepatitis and cirrhosis and in cases of hemolytic anemia

THYROID PANEL, SERUM-

Triiodothyronine T3, is a thyroid hormone. It affects almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate. Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Thyroxine T4, Thyroxine's principal function is to stimulate the metabolism of all cells and tissues in the body. Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism. Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low. Total T4, TSH & Total T3

Below mentioned a	are the guidelines f	or Pregnancy relate	d reference ranges for T	Tota
Levels in	TOTAL T4	TSH3G	TOTAL T3	
Pregnancy	(µg/dL)	(µIU/mL)	(ng/dL)	
First Trimester	6.6 - 12.4	0.1 - 2.5	81 - 190	
2nd Trimester	6.6 - 15.5	0.2 - 3.0	100 - 260	
3rd Trimester	6.6 - 15.5	0.3 - 3.0	100 - 260	
Below mentioned a	are the guidelines f	or age related refer	ence ranges for T3 and	T4.
Т3	-	T4	-	
(ng/dL)		(µg/dL)		
Now Porne 75 2	60 1 <u>-</u> 3 d	av: 8 2 - 10 0		

New Born: 75 - 260 -3 day: 8.2 - 19.9 1 Week: 6.0 - 15.9

NOTE: TSH concentrations in apparently normal euthyroid subjects are known to be highly skewed, with a strong tailed distribution towards higher TSH values. This is well documented in the pediatric population including the infant age group. Kindly note: Method specific reference ranges are appearing on the report under biological reference range.

1. Burtis C.A., Ashwood E. R. Bruns D.E. Teitz textbook of Clinical Chemistry and Molecular Diagnostics, 4th Edition.



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Test Report Status <u>Final</u>	Results	Biological Reference Interval Units
REFERRING DOCTOR : SELF		CLIENT PATIENT ID :
DRAWN :	RECEIVED : 08/10/2022 13:14:52	REPORTED : 10/10/2022 09:07:09
ACCESSION NO : 0282VJ000644	AGE : 42 Years SEX : Male	ABHA NO :
PATIENT NAME : VIKAS SHARM	Α	PATIENT ID : VIKAM051179282

2. Gowenlock A.H. Varley's Practical Clinical Biochemistry, 6th Edition.

3. Behrman R.E. Kilegman R.M., Jenson H. B. Nelson Text Book of Pediatrics, 17th Edition STOOL: OVA & PARASITE-

Acute infective diarrhoea and gastroenteritis (diarrhoea with vomiting) are major causes of ill health and premature death in developing countries. Loss of water and electrolytes from the body can lead to severe dehydration which if untreated, can be rapidly fatal in young children, especially that are malnourished, hypoglycaemic, and generally in poor health.

Laboratory diagnosis of parasitic infection is mainly based on microscopic examination and the gross examination of the stool specimen. Depending on the nature of the parasite, the microscopic observations include the identification of cysts, ova, trophozoites, larvae or portions of adult structure. The two classes of parasites that cause human infection are the Protozoa and Helminths. The protozoan infections include amoebiasis mainly caused by Entamoeba histolytica and giardiasis caused by Giardia lamblia. The common helminthic parasites are Trichuris trichiura, Ascaris lumbricoides, Strongyloides stercoralis, Taenia sp. etc ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-

Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same.

The test is performed by both forward as well as reverse grouping methods.

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Test Report Status	Final	Re	sults	Biological R	eference II	nterval Units
REFERRING DOCTOR : S	ELF			CLIENT	PATIENT ID:	
DRAWN :	REC	CEIVED : 08/10/	2022 13:14:52	REPORTED :	10/10/202	2 09:07:09
ACCESSION NO : 0282V	/ <b>J000644</b> AGE :	: 42 Years	SEX : Male	ABHA NO :		
PATIENT NAME : VIKA	AS SHARMA			PA	TIENT ID:	VIKAM051179282

CONDITIONS OF LABORAT	DRY TESTING & REPORTING
1. It is presumed that the test sample belongs to the patient	5. SRL confirms that all tests have been performed or
named or identified in the test requisition form.	assayed with highest quality standards, clinical safety &
2. All tests are performed and reported as per the	technical integrity.
turnaround time stated in the SRL Directory of Services.	6. Laboratory results should not be interpreted in isolation;
3. Result delays could occur due to unforeseen	it must be correlated with clinical information and be
circumstances such as non-availability of kits / equipment	interpreted by registered medical practitioners only to
breakdown / natural calamities / technical downtime or any	determine final diagnosis.
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4. A requested test might not be performed if:	physiological condition of the patient, current medication or
i. Specimen received is insufficient or inappropriate	nutritional and dietary changes. Please consult your doctor
ii. Specimen quality is unsatisfactory	or call us for any clarification.
iii. Incorrect specimen type	8. Test results cannot be used for Medico legal purposes.
iv. Discrepancy between identification on specimen	9. In case of queries please call customer care
container label and test requisition form	(91115 91115) within 48 hours of the report.
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