

Name : Mrs. ARTI KUMARI (52 /F)

Date : 12/09/2022

Address : NAKCHHEDTOLA, INFRONT OF IDGAH, DHARAMSAMAJ ROAD, SUDARSHAN NAGAR, PS-CHHATAUNI, MOTIHARI (MOTIHARI), MOTIHARI, BIHAR, INDIA

Examined by:

UHID : AGHL.0001474100

Package : MEDI WHEEL FULL BODY HCK - FEMALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH156638



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

Present known illness

No history of : - Dyslipidemia, Thyroid disorder, Heart disease
Diabetes mellitus : Medication - regular; - TENEVA 10
Hypertension : Medication - regular; - CILACAR 10



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Gynaec history

No of Children - 2; Deliveries - LSCS; Menopause - yes; Hysterectomy with bilateral salpingo-oophorectomy - done

Central nervous system

- Nil Significant

Eyes

Vision - normal with glasses

ENT

- Nil Significant



Past medical history

Past medical history - nil significant



Surgical history

Caesarian section - 2
Hysterectomy with Bilateral Salpingo-Oophorectomy - 2021
Hysterectomy Total - not known



Personal history

Marital status - Married
No. of children - 2
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild



Family history

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Father - has expired
Mother - has expired
Brothers - 2
Sisters - 3
Diabetes - brother
Coronary artery disease - none
Cancer - None

PHYSICAL EXAMINATION



General

Build - obese
Height - 151
Weight - 71
BMI - 31.14
Pallor - Yes
Icterus - No
Cyanosis - No
Oedema - no
Temperature - No



Cardiovascular system

Heart rate (Per minute) - 100
Rhythm - Regular
Systolic(mm of Hg) - 116
Diastolic(mm of Hg) - 84
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
Tenderness - No



Central nervous system

- No neurological deficit

Printed By : Jhuma Bagchi

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	10.3 *	g/dl	●	12.0-15.0
RBC COUNT	3.43 *	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	31.1 *	%	●	36-46
MCV	90.7	fl	●	83-101
MCH	30.1	pg	●	27-32
MCHC	33.2	%	●	31.5-34.5
RDW	16.9 *	%	●	11.8-14.0
WBC Count	4200	/cu mm	●	4000-10000
Platelet Count	1.21 *	lacs/cu mm	●	1.5-4.0
Neutrophils	55	%	●	40-80
Lymphocytes	40	%	●	20-40
Monocytes	03	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Anisocytosis+, Predominantly Normocytic Normochromic			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	44 *	mm/1st hr	●	0-20

Pus Cells	Occasional/hpf
Epithelial Cells	1-3
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	38	U/L	●	10-40
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	138 *	U/L	●	42-98
AST (SGOT) - SERUM	33	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.7	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	209 *	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.8	mg/dL	●	0.6-1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.025			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		

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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	38	U/L	●	7-64
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TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	6.4	µg/dL	●	5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	131 *	mg/dL	●	70-99

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	326 *	mg/dL	●	0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	274 *	mg/dL	●	70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	2.7	µIU/mL	●	0.270-4.200

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHO LE BLOOD	7.1 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Theraputic goal : <7%

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.0	mg/dL	●	2.6-6.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	48	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	132 *	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	29	mg/dL	●	0-35

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	8.6	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.7	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.3	g/dL	●	1.8-3.6

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.3:1.0			1.0-2.0

ECG

SINUS RHYTHM WITH SINUS ARRHYTHMIA.
NONSPECIFIC T WAVE ABNORMALITY.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade-I fatty liver.

X-RAY CHEST PA

Chest skiagram does not reveal any significant
abnormality.

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**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

Haematology

STOOL ROUTINE

URINE SUGAR- FASTING(QUALITATIVE)

Histopathology

PAP SMEAR /CERVICAL SMEAR

Ultrasound Radiology

ULTRASOUND BREAST BILATERAL

CARDIOLOGY

TREADMILL TEST / STRESS TEST

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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