

Name : Mrs. PARNA MRIDHA (54 /F)

Date : 09/11/2024

Address : S-4/27, A P NAGAR, PS-SONARPUR, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by: Dr .JHUMA BAGCHI

UHID : AGHL.0001619720

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE
FEMALE HCK

AHC No : AMHLAH226057



CHIEF COMPLAINTS

For corporate health checkup

PRESENT KNOWN ILLNESS

Diabetes mellitus - type 2; Medication - regular
Hypertension Medication - regular
Thyroid disease - hypothyroidism; Medication - regular



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Gynaec history

No of Children - 2; Deliveries - normal vaginal delivery, LSCS

Central nervous system

- Nil Significant

Eyes

Vision - normal with glasses; Glasses - yes

ENT

- Nil Significant

Skin

- Nil Significant



Present medications

- Thyronorm 12.5
Eurepa 0.5
Forxiga 10
Storvas 20
Cilacar T 10/40



Past medical history

Past medical history - nil significant



Surgical history

Caesarian section - yes



Personal history

Marital status - Married
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild



Family history

Father - has expired
Mother - has expired
Diabetes - father,mother
Hypertension - father,mother
Coronary artery disease - none
Cancer - None
CVA - mother

PHYSICAL EXAMINATION



General

Height - 156
Weight - 73
BMI - 30
Pallor - No
Oedema - no



Cardiovascular system

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Heart rate (Per minute) - 68
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 125
Diastolic(mm of Hg) - 81
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Organomegaly - No
Tenderness - No

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin	12.3	g/dl	●	12.0-15.0
RBC COUNT	4.37	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	40.6	%	●	36-46
MCV	92.9	fl	●	83-101
MCH	28.2	pg	●	27-32
MCHC	30.3 *	%	●	31.5-34.5
RDW	16.1 *	%	●	11.8-14.0
WBC Count	4600	/cu mm	●	4000-10000
Platelet Count	1.49 *	lacs/cu mm	●	1.5-4.0
Neutrophils	46	%	●	40-80
Lymphocytes	42 *	%	●	20-40
Monocytes	07	%	●	2-10
Eosinophils	05	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			

ERYTHROCYTE SEDIMENTATION RATE (ESR)

Test Name	Result	Unit	Level	Range
ERYTHROCYTE SEDIMENTATION RATE (ESR)	49 *	mm/1st hr	●	0-20

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.020			
pH:	5.5			
Albumin:	Not Detected			
Glucose	+++			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil /hpf			
Pus Cells	Occasional/hpf			

Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Found
Uric Acid	30-40

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	+++			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	+++			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

ALT(SGPT) - SERUM

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	15	U/L	●	0-35

ALBUMIN - SERUM

Test Name	Result	Unit	Level	Range
ALBUMIN - SERUM	4.2	g/dL	●	3.5-5.1

ALKALINE PHOSPHATASE - SERUM

Test Name	Result	Unit	Level	Range
ALKALINE PHOSPHATASE - SERUM	130 *	U/L	●	33-98

AST (SGOT) - SERUM

Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	19	U/L	●	0-35

BILIRUBIN, TOTAL - SERUM

Test Name	Result	Unit	Level	Range
BILIRUBIN TOTAL - SERUM	0.5	mg/dL	●	0.3-1.2

● Within Normal Range
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CHOLESTEROL - SERUM

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	159	mg/dL	●	0-200
Non-HDL Cholesterol	93			

Test Name	Result	Unit	Level	Range
LDL CHOLESTEROL -SERUM	87	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	6	mg/dL	●	0-35

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.8	mg/dL	●	0.6-1.1

PROTEIN TOTAL - SERUM

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.3	g/dL	●	6.4-8.3
Albumin/Globulin Ratio	1.4		●	1.0-2.0
GLOBULIN: (CALCULATED) - SERUM	3.1	g/dL	●	1.8-3.6

GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	21	U/L	●	0-38

TOTAL T3: TRI IODOTHYRONINE - SERUM

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM (Electrochemiliminescence (ECLIA))	1.03	ng/ml	●	0.8-2

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	159 *	mg/dL	●	70-99

TOTAL T4: THYROXINE - SERUM

Test Name	Result	Unit	Level	Range
TOTAL T4: THYROXINE - SERUM (Electrochemiliminescence (ECLIA))	12.9	ug/dL	●	5.1-14.1

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	275 *	mg/dL	●	70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	8.3 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

TRIGLYCERIDES - SERUM

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	61	mg/dL	●	0-150

HDL CHOLESTEROL - SERUM

Test Name	Result	Unit	Level	Range
TC/HDL-C ratio serum	2		●	Optimal<3.5
HDL CHOLESTEROL - SERUM	66	mg/dL	●	30-70

TSH: THYROID STIMULATING HORMONE - SERUM

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM (Electrochemiliminescence (ECLIA))	7.09 *	μIU/mL	●	0.27-4.2

LDL CHOLESTEROL -SERUM

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.2	mg/dL	●	2.4-5.7

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BILIRUBIN CONJUGATED (DIRECT) - SERUM

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL		0.0-0.2

* No significant abnormality noted.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	14.5	mg/dL		7.0-18.0
UREA - SERUM	31	mg/dL		13-43

Dr. SUBHRAJIT HAZRA
DMRD, DNB (RADIOLOGY)
CONSULTANT RADIOLOGIST
Reg. No. 71276 (WBMC)

BUN/CREATININE RATIO

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	18.1			
BUN (BLOOD UREA NITROGEN)	14.5	mg/dL		7.0-18.0
UREA - SERUM	31	mg/dL		13-43
CREATININE - SERUM	0.8	mg/dL		0.6-1.1

ECG

SINUS RHYTHM.
LOW VOLTAGE QRS.
NONSPECIFIC T WAVE ABNORMALITY.
PLEASE CORRELATE CLINICALLY.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

PAP SMEAR /CERVICAL SMEAR

Ref No:
AG01.C2408966
SPECIMEN TYPE:
Conventional cervical smear (Papanicolaou stain) x 1
SPECIMEN ADEQUACY:
Satisfactory for evaluation with endocervical cells and Metaplastic cells
INTERPRETATION/RESULT:
Negative for intraepithelial lesion or malignancy, cellular changes associated with Atrophy.

Biochemistry

A/G - RATIO

CARDIOLOGY

TREADMILL TEST / STRESS TEST

X-RAY CHEST PA

* Chest skiagram does not reveal any significant abnormality.

Dr. MOURUSI MANDAL
DNB RESIDENT
In consultation with

Dr. SUBHRAJIT HAZRA
DMRD, DNB (RADIOLOGY)
CONSULTANT RADIOLOGIST
Reg. No. 71276 (WBMC)

ULTRASOUND SCREENING WHOLE ABDOMEN

Within Normal Range Borderline High/Low Out of Range

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Dr.JHUMA BAGCHI

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Moderate Risk

YOUR SCORE

8

ACCEPTABLE SCORE

6

Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 6 months** if you have:
 - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515