



1116 / ANSHULPRIYA GAUR / 37 Yrs / F / 0 Cms / 0 Kg Date: 08-Apr-2023 Refd By : BOB

| Stage | Time | Duration | Belt Speed (mph) | Elevation | METs | Rate | % THR Achieved | BP | RPP | PVC | Comments |
|---------------|-------|----------|------------------|-----------|------|------|----------------|---------|-----|-----|----------|
| Supine | 00:11 | 0:01 | 00.0 | 00.0 | 01.0 | 72 | 39 % | ---/--- | 000 | 00 | |
| Standing | 00:31 | 0:01 | 00.0 | 00.0 | 01.0 | 65 | 36 % | ---/--- | 000 | 00 | |
| HV | 00:40 | 0:01 | 00.0 | 00.0 | 01.0 | 068 | 37 % | ---/--- | 000 | 00 | |
| Warm Up | 01:03 | 0:01 | 01.0 | 00.0 | 01.0 | 079 | 43 % | ---/--- | 000 | 00 | |
| ExStart | 01:08 | 0:06 | 01.7 | 10.0 | 01.1 | 085 | 46 % | ---/--- | 000 | 00 | |
| BRUCE Stage 1 | 04:08 | 3:00 | 01.7 | 10.0 | 04.7 | 113 | 62 % | 122/80 | 137 | 00 | |
| BRUCE Stage 2 | 07:08 | 3:00 | 02.5 | 12.0 | 07.1 | 141 | 77 % | 130/88 | 183 | 00 | |
| PeakEx | 08:16 | 1:08 | 03.4 | 14.0 | 08.3 | 159 | 87 % | 130/88 | 206 | 00 | |
| Recovery | 09:15 | 1:00 | 00.0 | 00.0 | 01.2 | 103 | 56 % | 122/80 | 125 | 00 | |
| Recovery | 10:15 | 2:00 | 00.0 | 00.0 | 01.0 | 082 | 45 % | 114/74 | 093 | 00 | |
| Recovery | 11:15 | 3:00 | 00.0 | 00.0 | 01.0 | 085 | 46 % | 114/74 | 096 | 00 | |
| Recovery | 11:28 | 3:12 | 00.0 | 00.0 | 01.0 | 090 | 49 % | 114/74 | 102 | 00 | |

Findings :

Exercise Time : 07:09
 Max HR Attained : 159 bpm 87% of Target 183
 Max BP Attained : (Sys) 130/88
 Max WorkLoad Attained : 8.3 Fair response to induced stress
 Test End Reasons : Fatigue, Heart Rate Acheived



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Report :

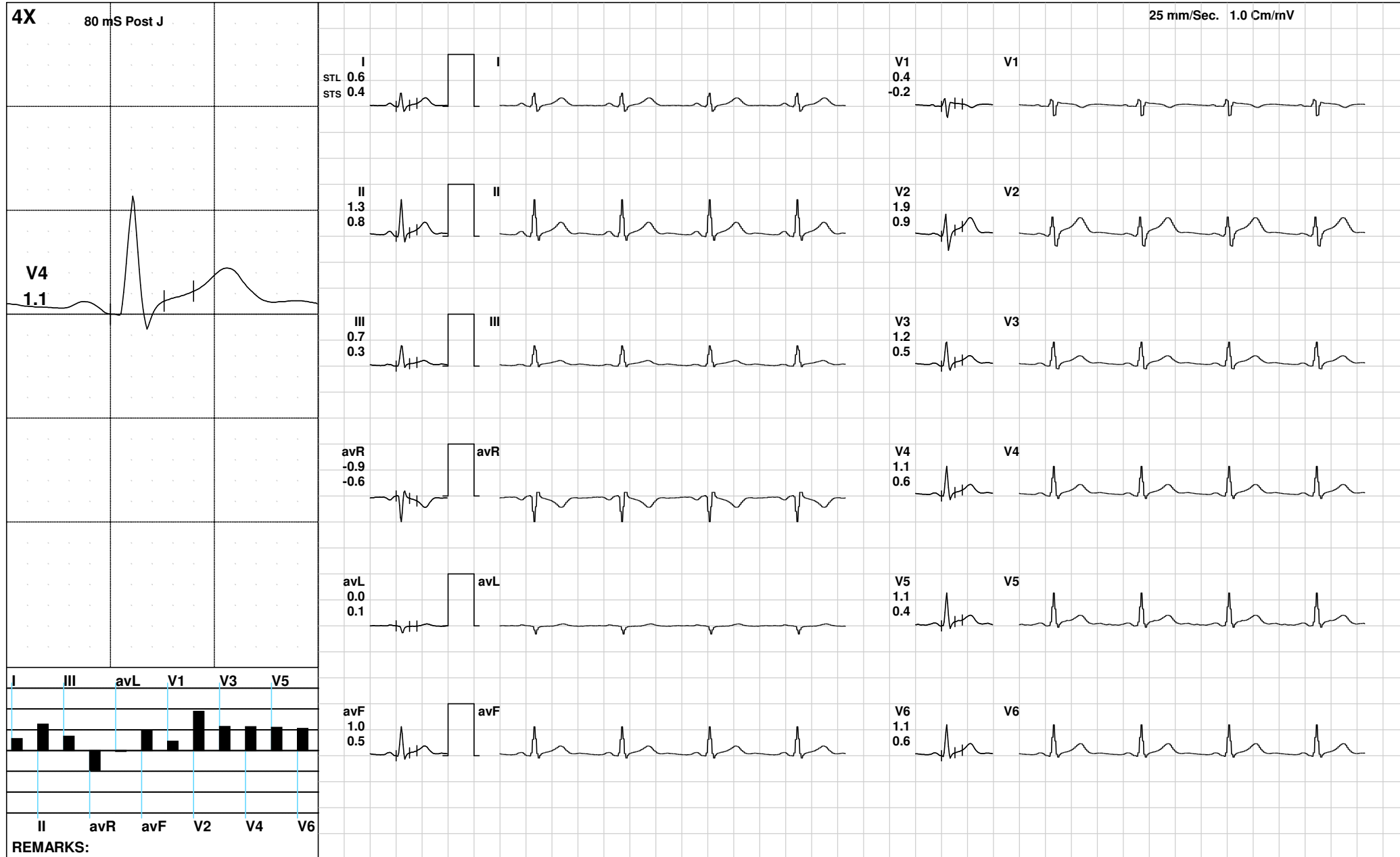
| | |
|-----------------------------|---|
| TEST OBJECTIVE | : ROUTINE CHECK UP |
| RISK FACTOR | : FEMALE |
| ACTIVITY | : MODERATE ACTIVE |
| MEDICATION | : NONE |
| REASON FOR TERMINATION | : FATIGUE, HEART RATE ACHEIVED |
| EXERCISE TOLERANCE | : GOOD |
| EXERCISE INDUCED ARRYTHMIAS | : NO |
| HAEMODYNAMIC RESPONSE | : NORMAL |
| CHRONOTROPIC RESPONSE | : NORMAL |
| FINAL IMPRESSION | : STRESS TEST IS NEGATIVE FOR EXERCVISE INDUCED ISCHAEMIC HEART DISEASE |



1116 / ANSHULPRIYA GAUR / 37 Yrs / F

Date: 08-Apr-2023 09:25:42 AM METS: 1.0/ 72 bpm 39% of THR BP: ---/--- mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

ExTime: 00:11 0.0 mph, 0.0%

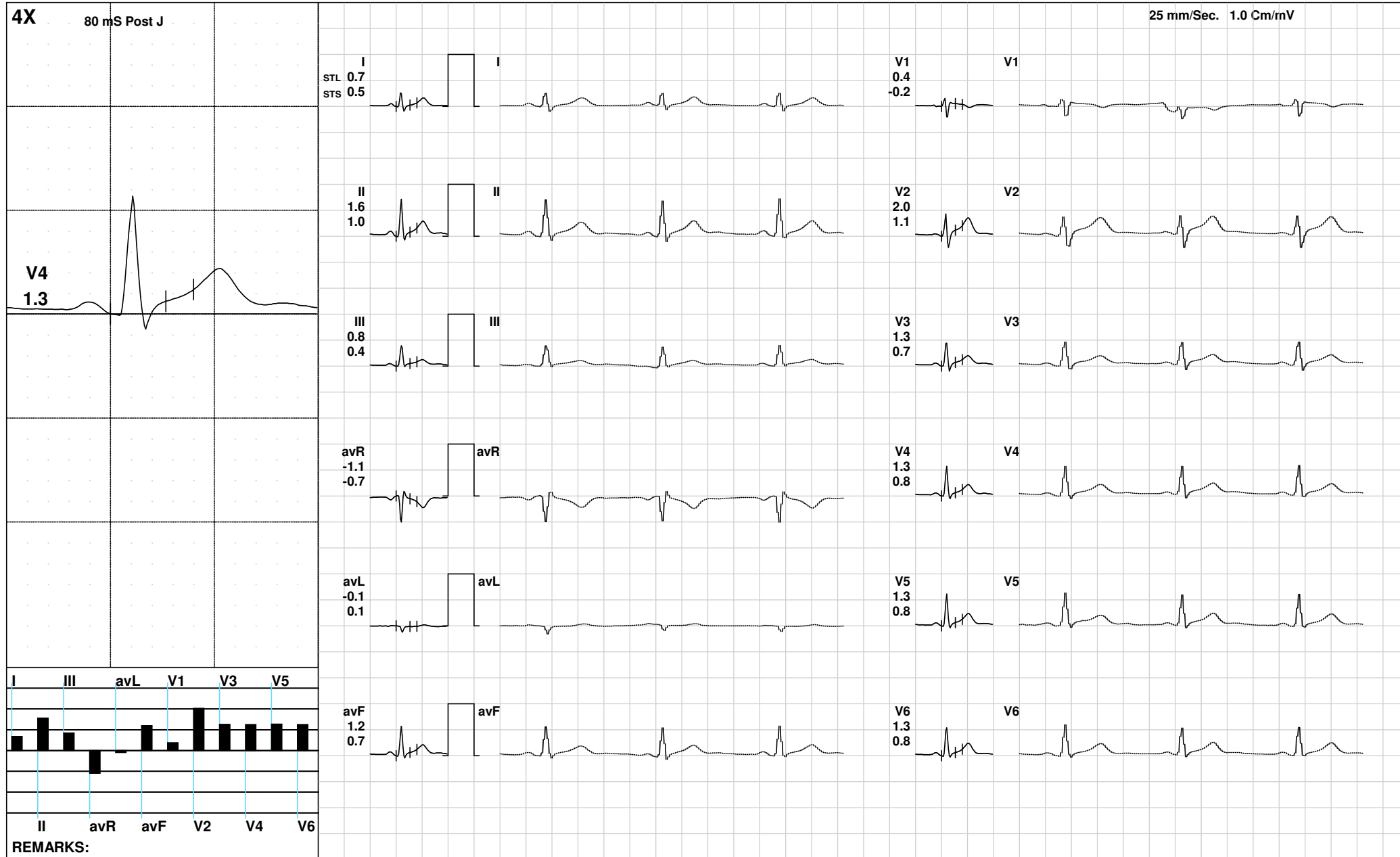




1116 / ANSHULPRIYA GAUR / 37 Yrs / F

Date: 08-Apr-2023 09:25:42 AM METS: 1.0/ 65 bpm 35% of THR BP: ---/--- mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

ExTime: 00:31 0.0 mph, 0.0%

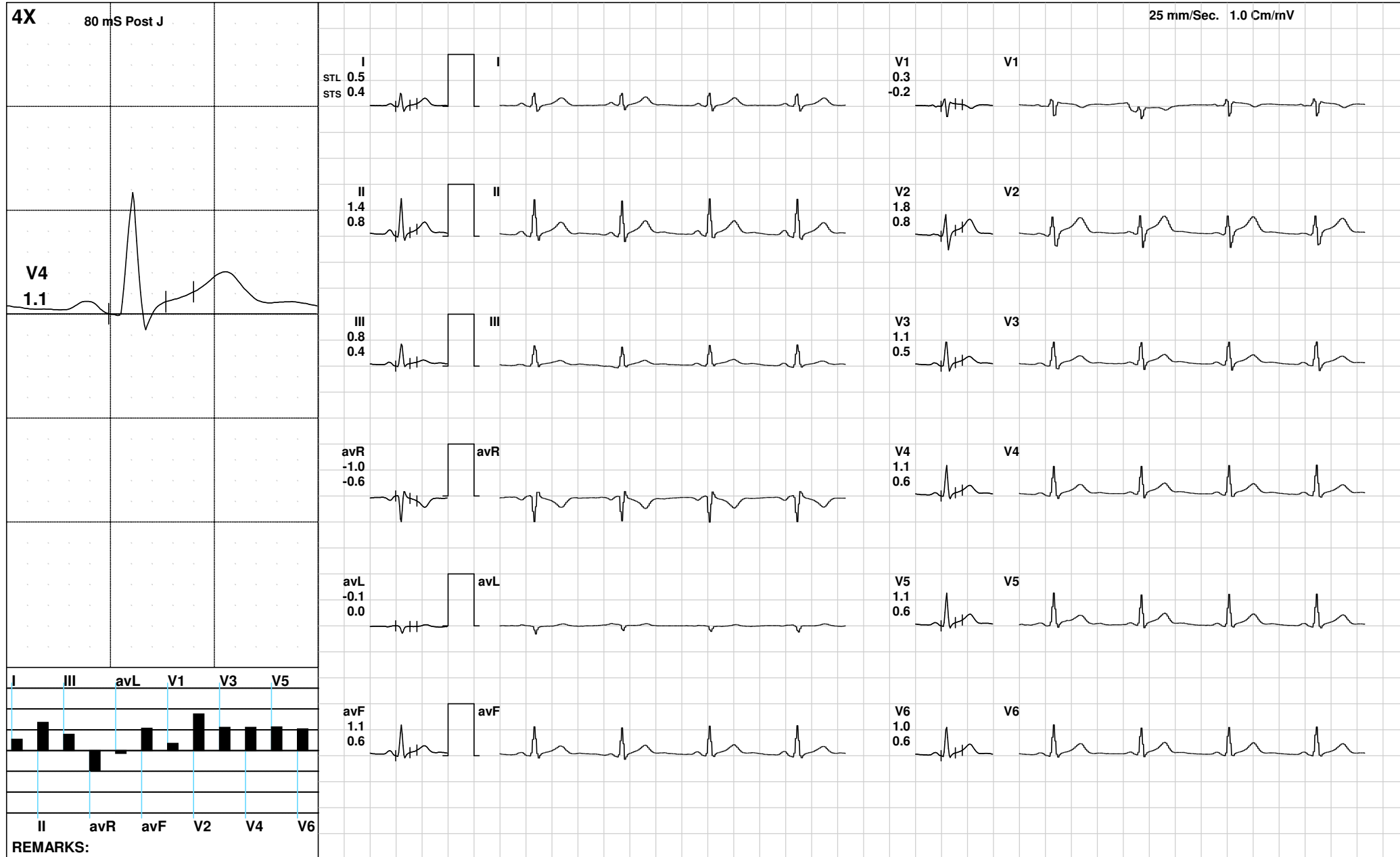




1116 / ANSHULPRIYA GAUR / 37 Yrs / F

Date: 08-Apr-2023 09:25:42 AM METS: 1.0/ 68 bpm 37% of THR BP: ---/--- mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

ExTime: 00:40 0.0 mph, 0.0%

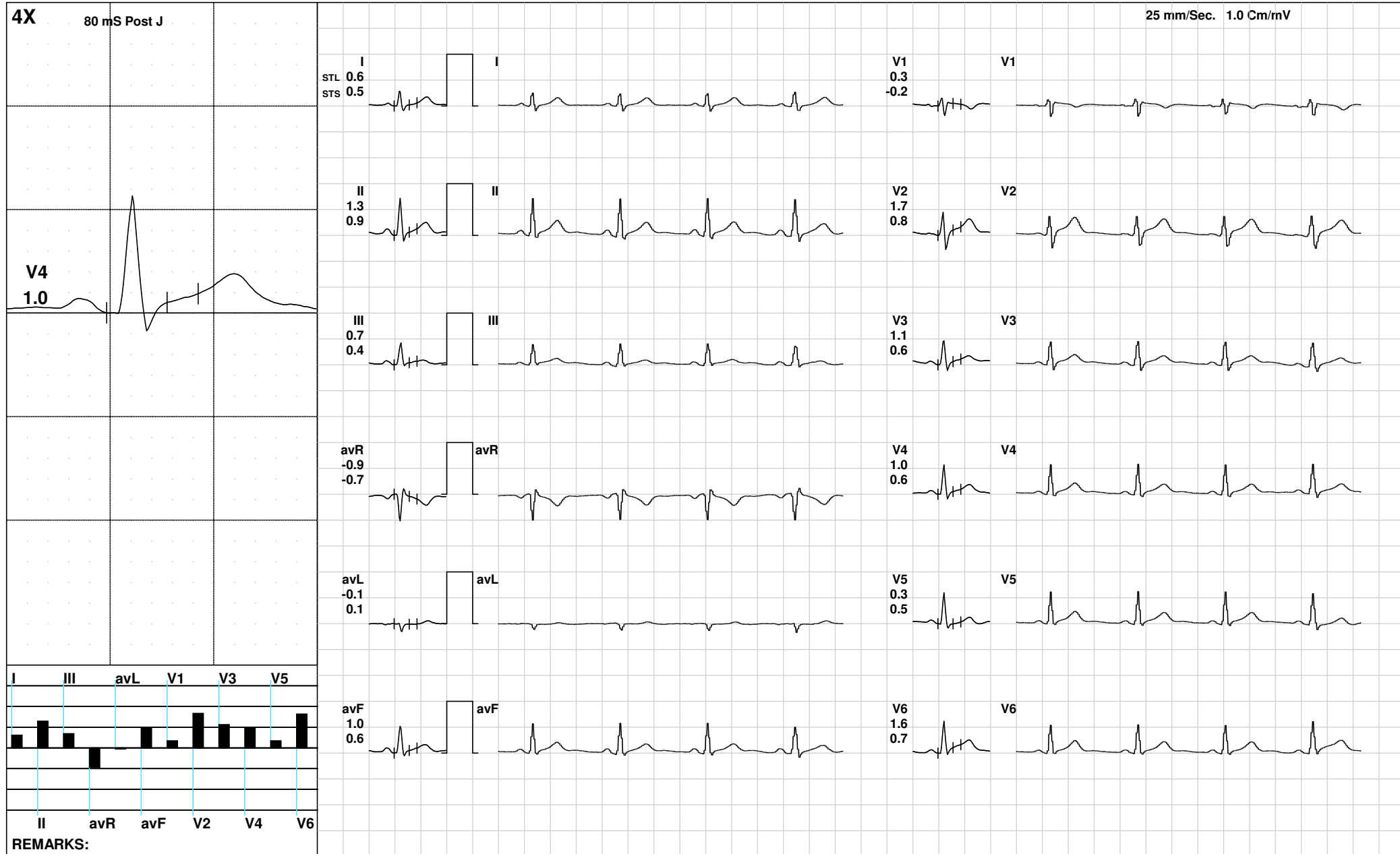




1116 / ANSHULPRIYA GAUR / 37 Yrs / F

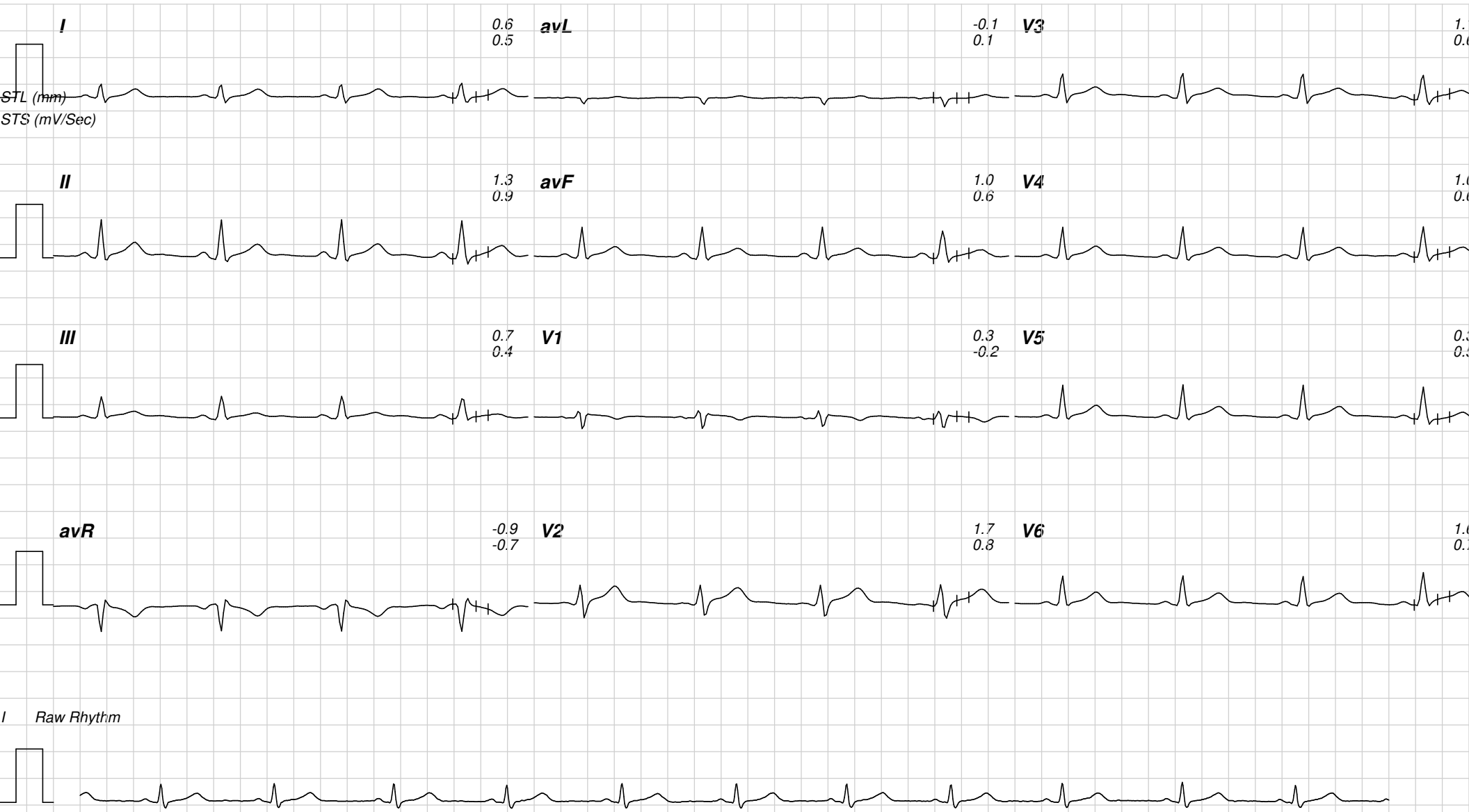
Date: 08-Apr-2023 09:25:42 AM METS: 1.0/ 79 bpm 43% of THR BP: ---/--- mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

ExTime: 01:03 1.0 mph, 0.0%





Date: 08 / 04 / 2023 09:25:42 AM METs : 01.00 HR : 79 Target HR : 43% of 183 BP : 0/0 Post J @130mSec ExTime : 01:03 1.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV

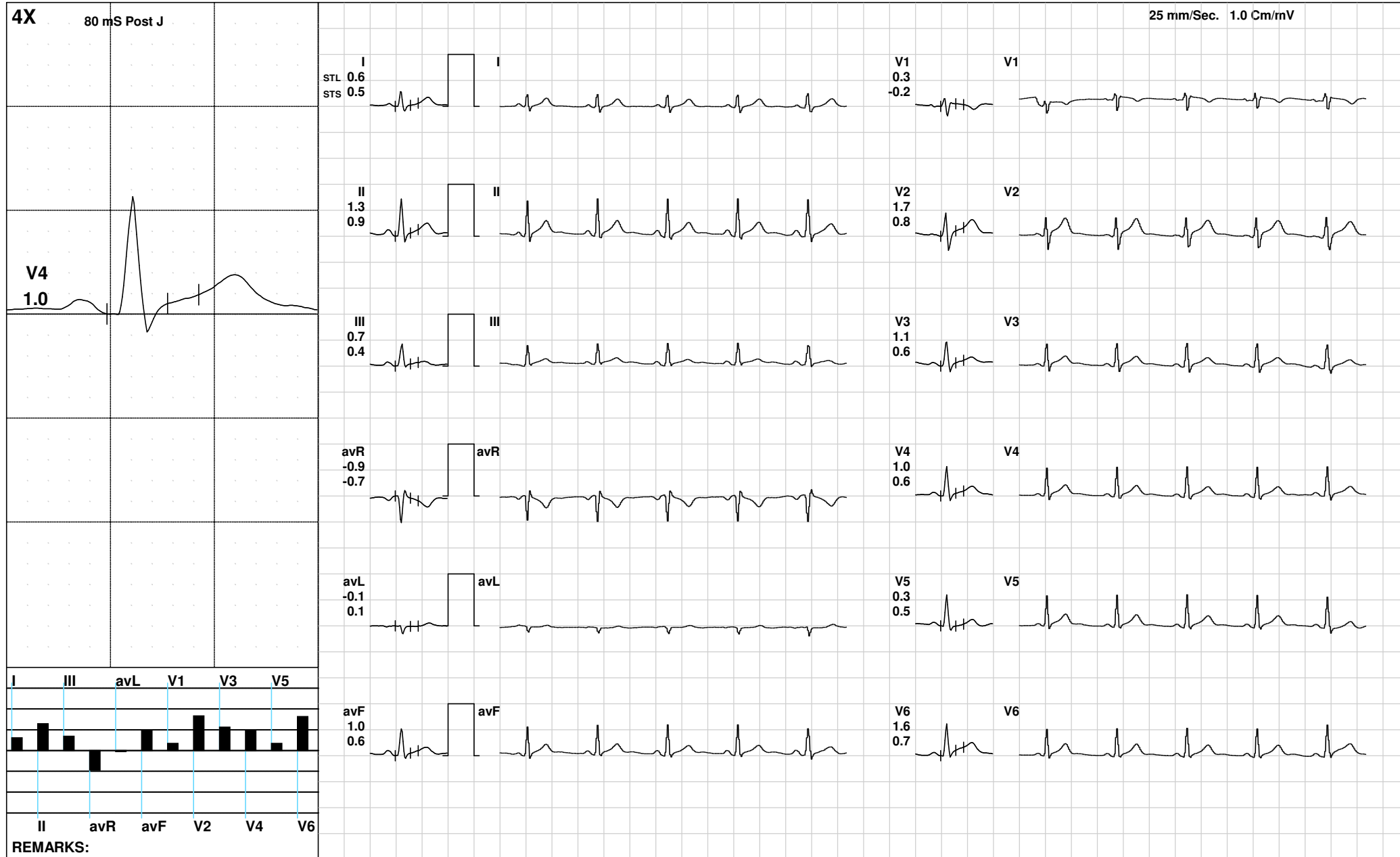




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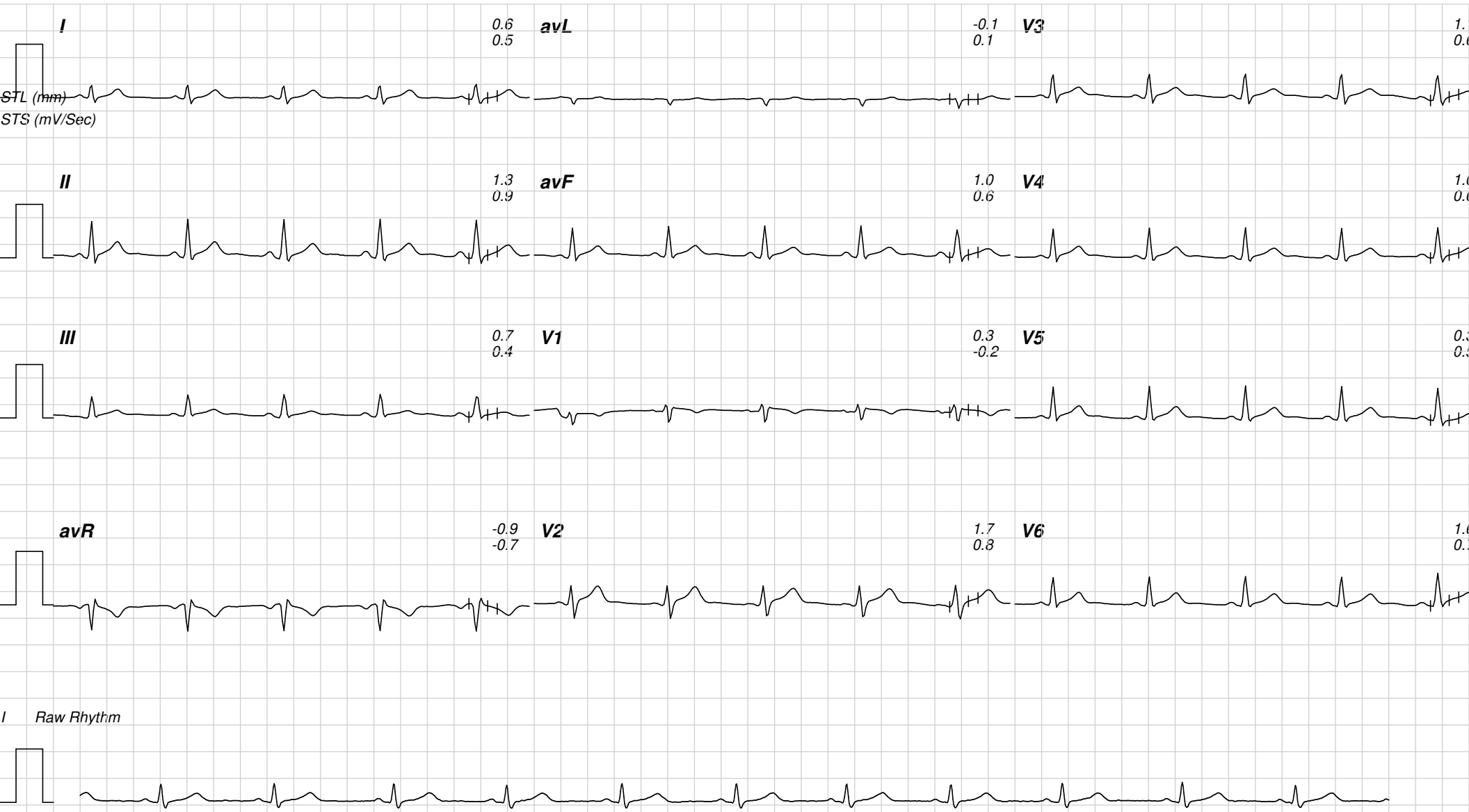
Date: 08-Apr-2023 09:25:42 AM METS: 1.1/ 85 bpm 46% of THR BP: ---/--- mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

ExTime: 00:06 1.7 mph, 10.0%





Date: 08 / 04 / 2023 09:25:42 AM METs : 01.10 HR : 85 Target HR : 46% of 183 BP : 0/0 Post J @130mSec ExTime : 00:06 1.7 mph Grade : 10.00 % 25 mm/Sec. 1.0 Cm/mV

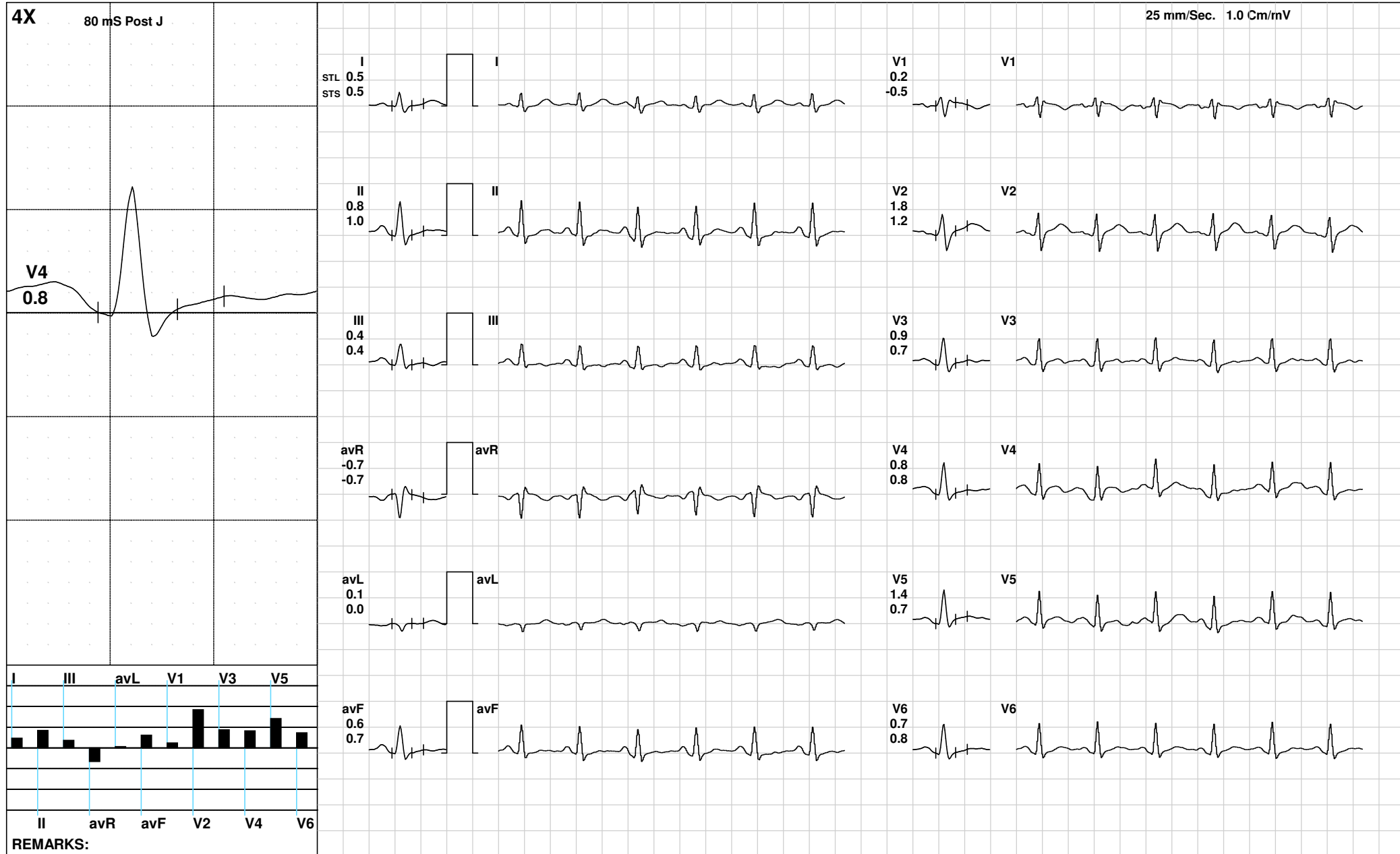




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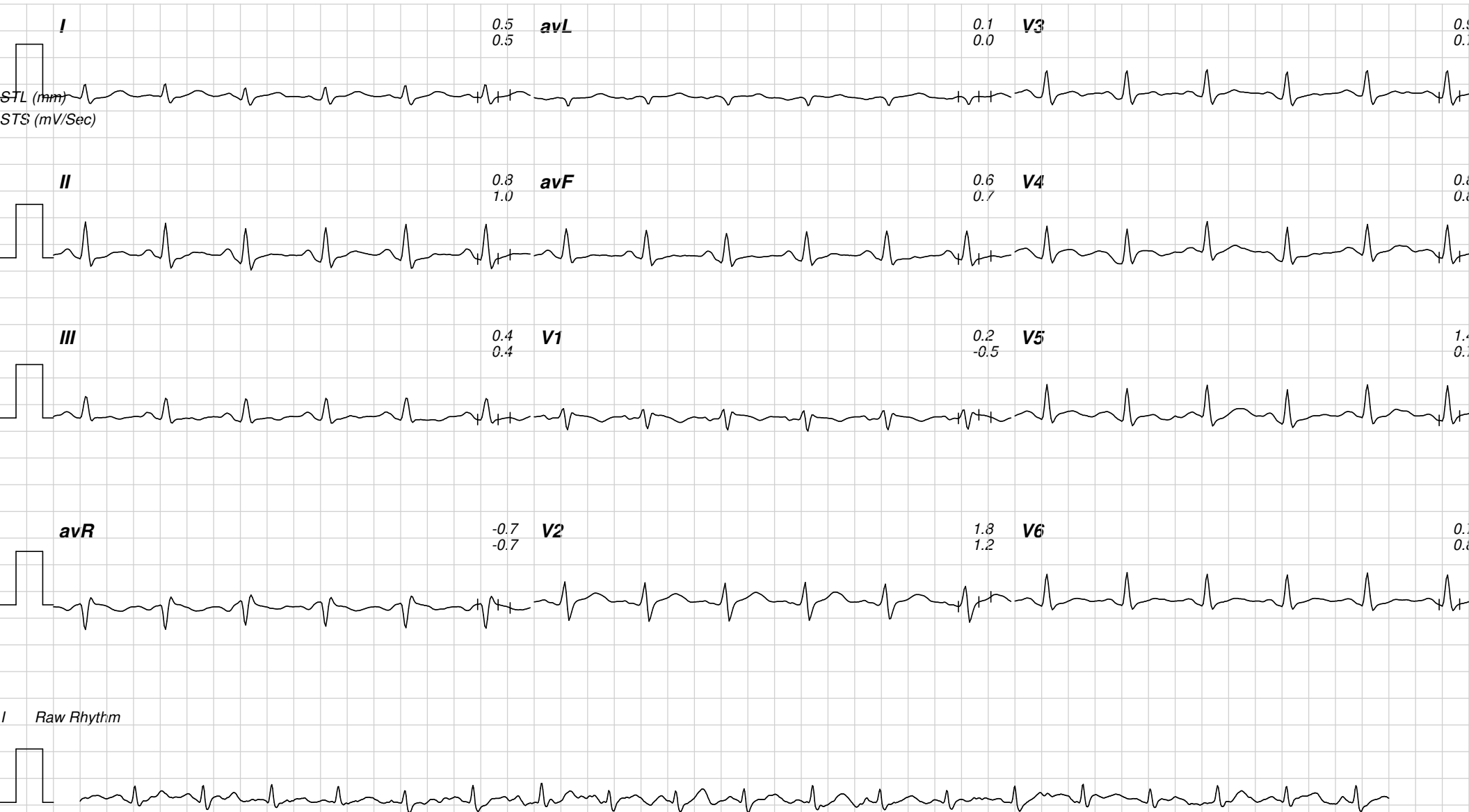
Date: 08-Apr-2023 09:25:42 AM METS: 4.7/ 113 bpm 61% of THR BP: 122/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

ExTime: 03:00 1.7 mph, 10.0%





Date: 08 / 04 / 2023 09:25:42 AM METs : 04.70 HR : 113 Target HR : 61% of 183 BP : 122/80 Post J @130mSec ExTime : 03:00 1.7 mph Grade : 10.00 % 25 mm/Sec. 1.0 Cm/mV

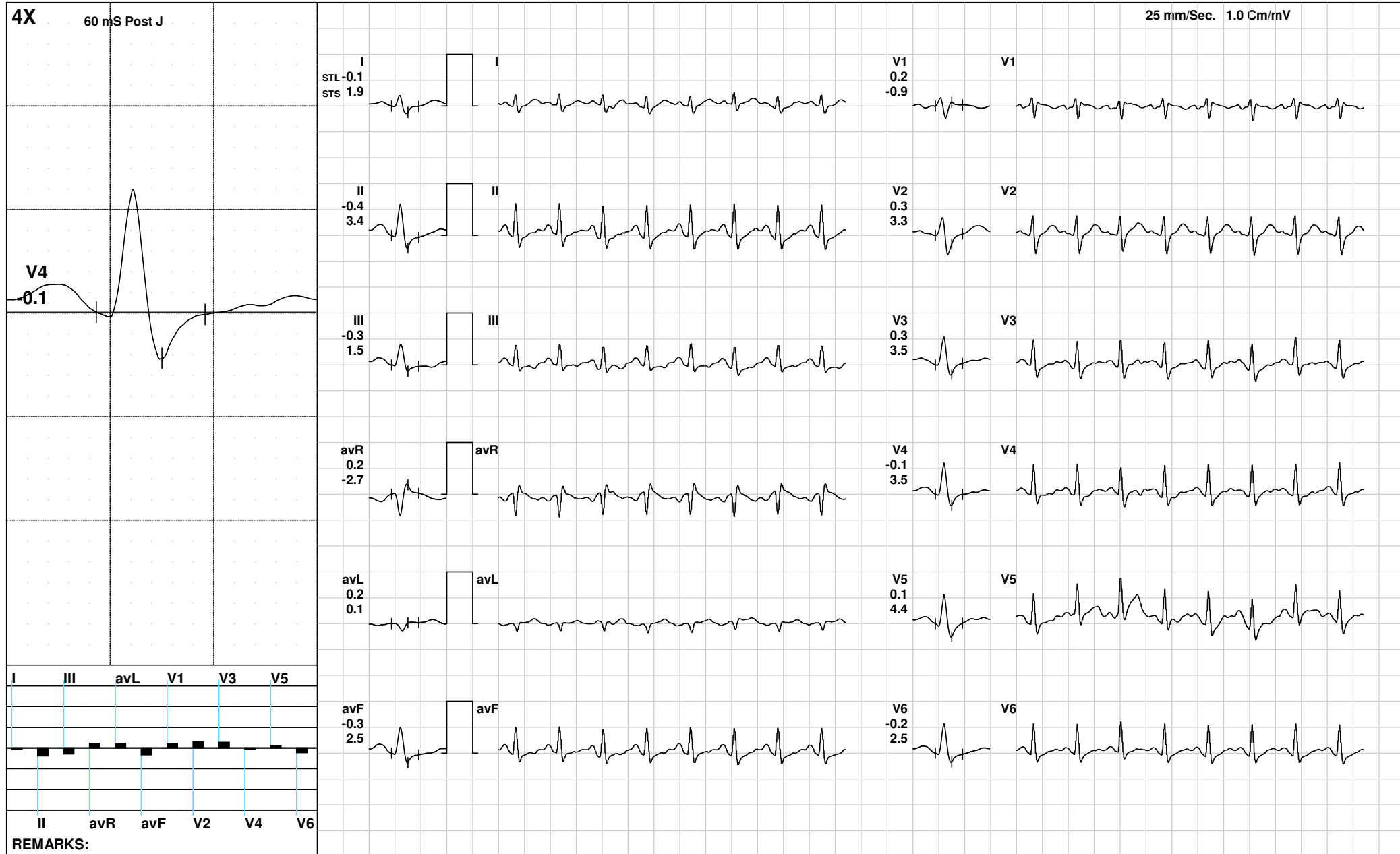




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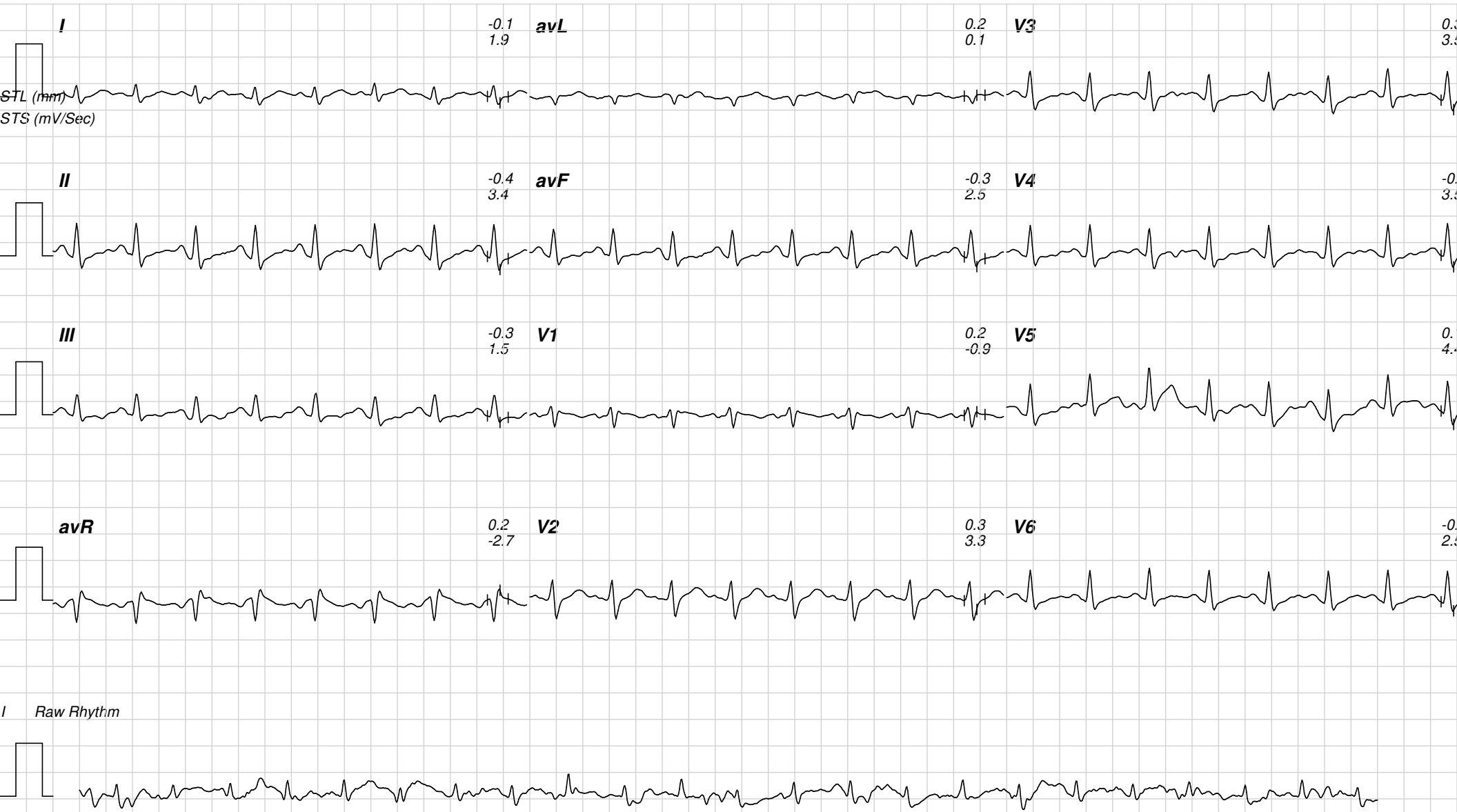
Date: 08-Apr-2023 09:25:42 AM METS: 7.1/ 141 bpm 77% of THR BP: 130/88 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

ExTime: 06:00 2.5 mph, 12.0%





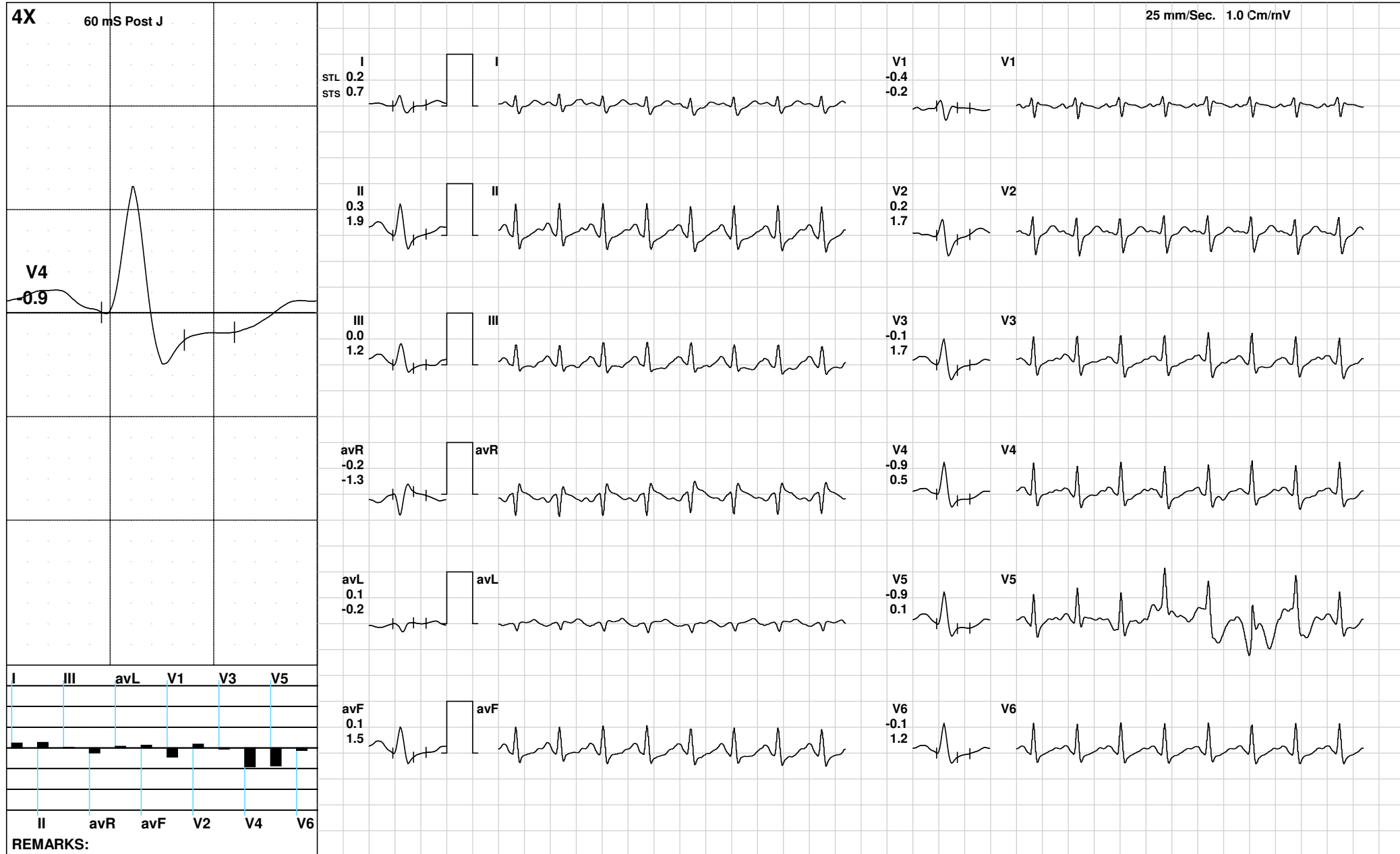
Date: 08 / 04 / 2023 09:25:42 AM METs : 07.10 HR : 141 Target HR : 77% of 183 BP : 130/88 Post J @100mSec ExTime : 06:00 2.5 mph Grade : 12.00 % 25 mm/Sec. 1.0 Cm/mV



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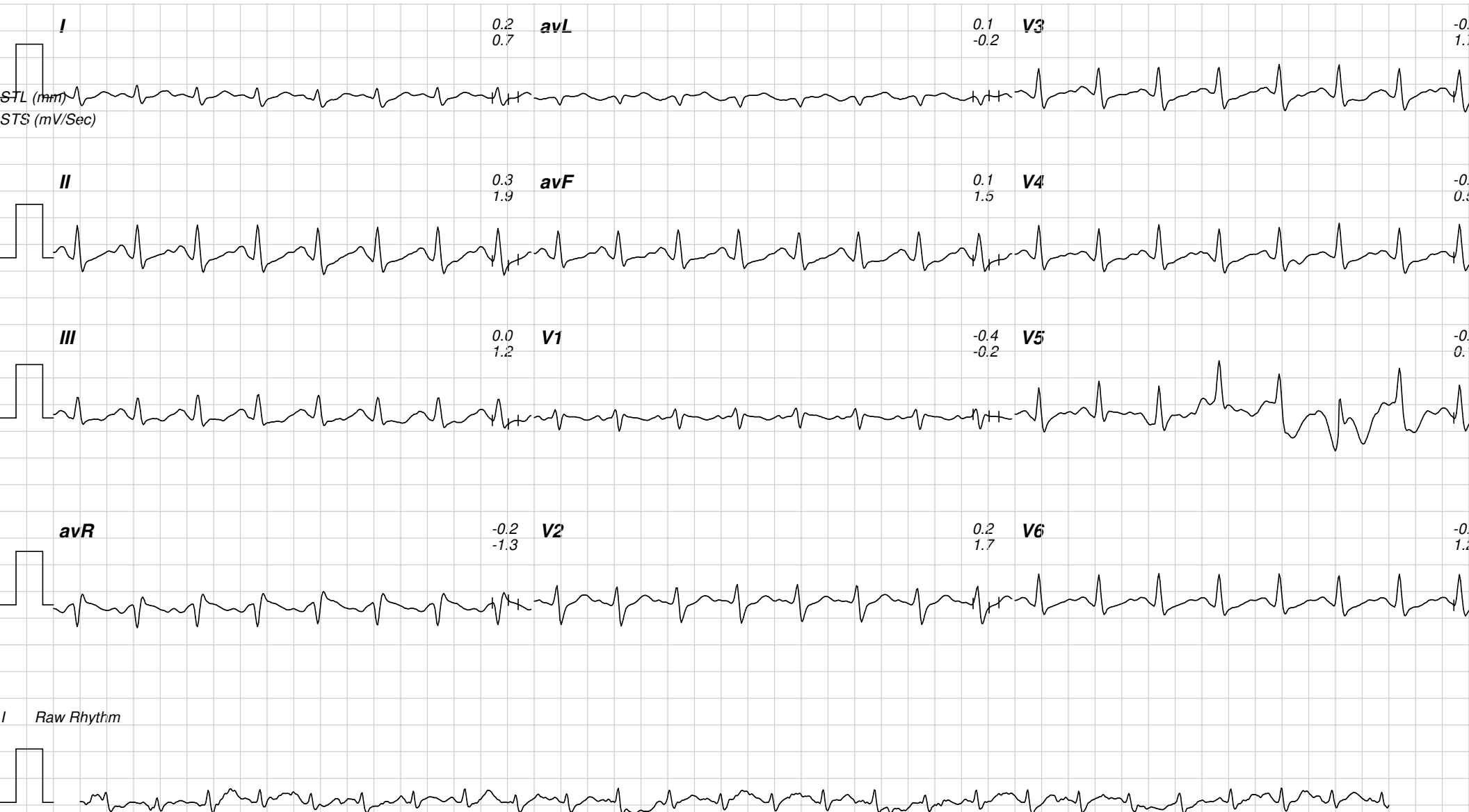
Date: 08-Apr-2023 09:25:42 AM METS: 8.3/ 159 bpm 86% of THR BP: 130/88 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

ExTime: 07:08 3.4 mph, 14.0%





Date: 08 / 04 / 2023 09:25:42 AM METs : 08.30 HR : 159 Target HR : 86% of 183 BP : 130/88 Post J @100mSec ExTime : 07:08 3.4 mph Grade : 14.00 % 25 mm/Sec. 1.0 Cm/mV

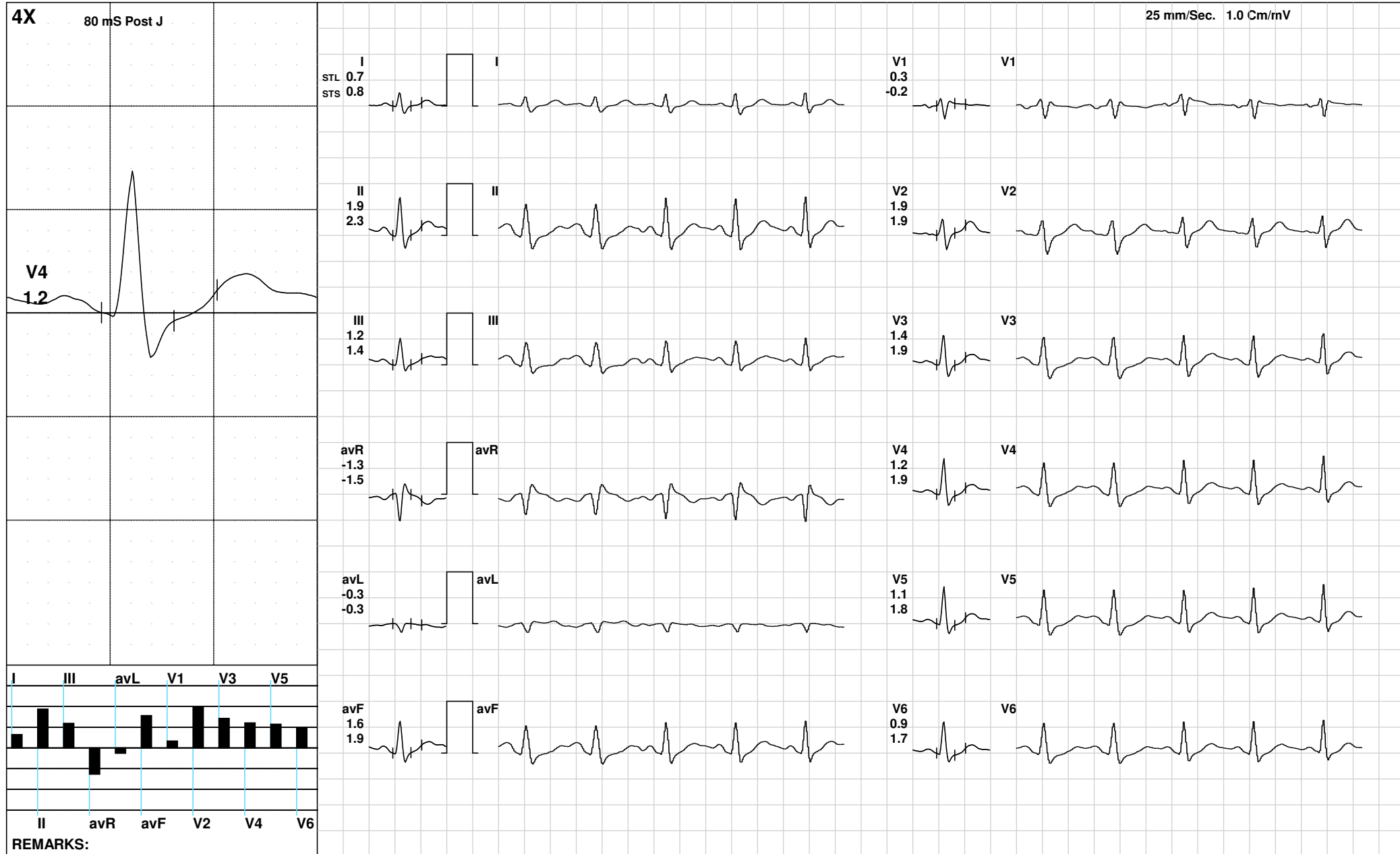




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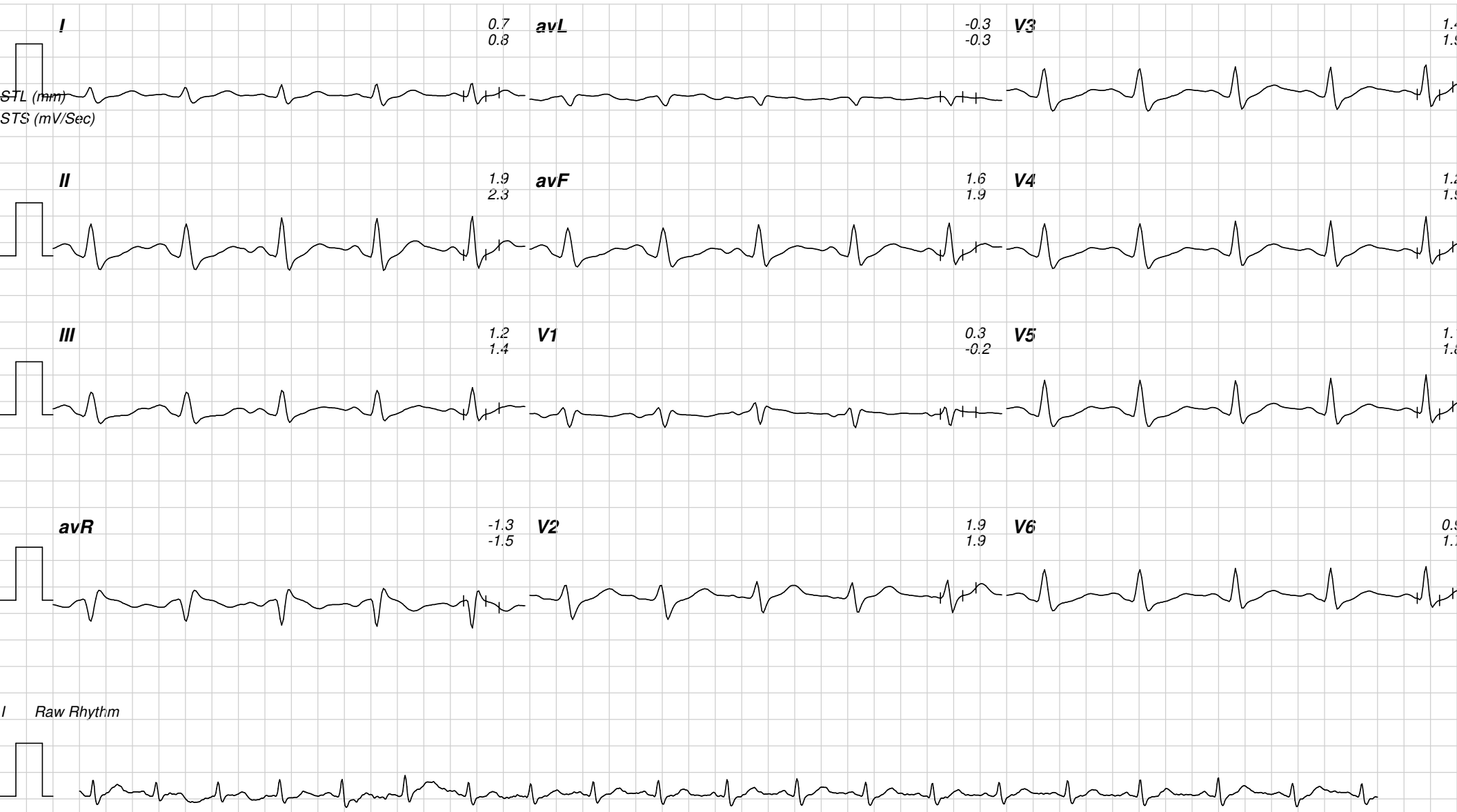
Date: 08-Apr-2023 09:25:42 AM METS: 1.2/ 103 bpm 56% of THR BP: 122/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

ExTime: 07:09 0.0 mph, 0.0%





Date: 08 / 04 / 2023 09:25:42 AM METs : 01.20 HR : 103 Target HR : 56% of 183 BP : 122/80 Post J @140mSec ExTime : 07:09 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV

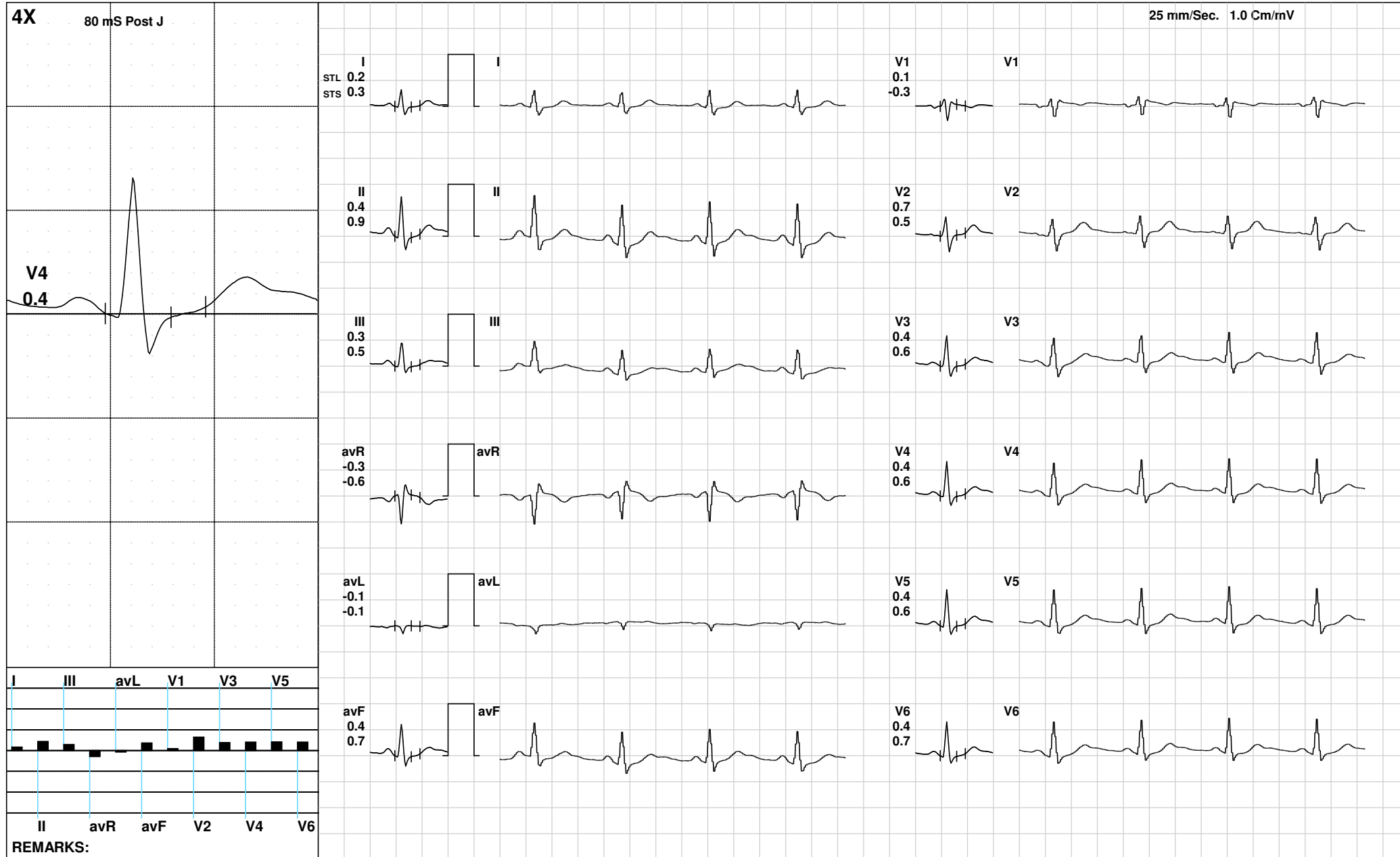




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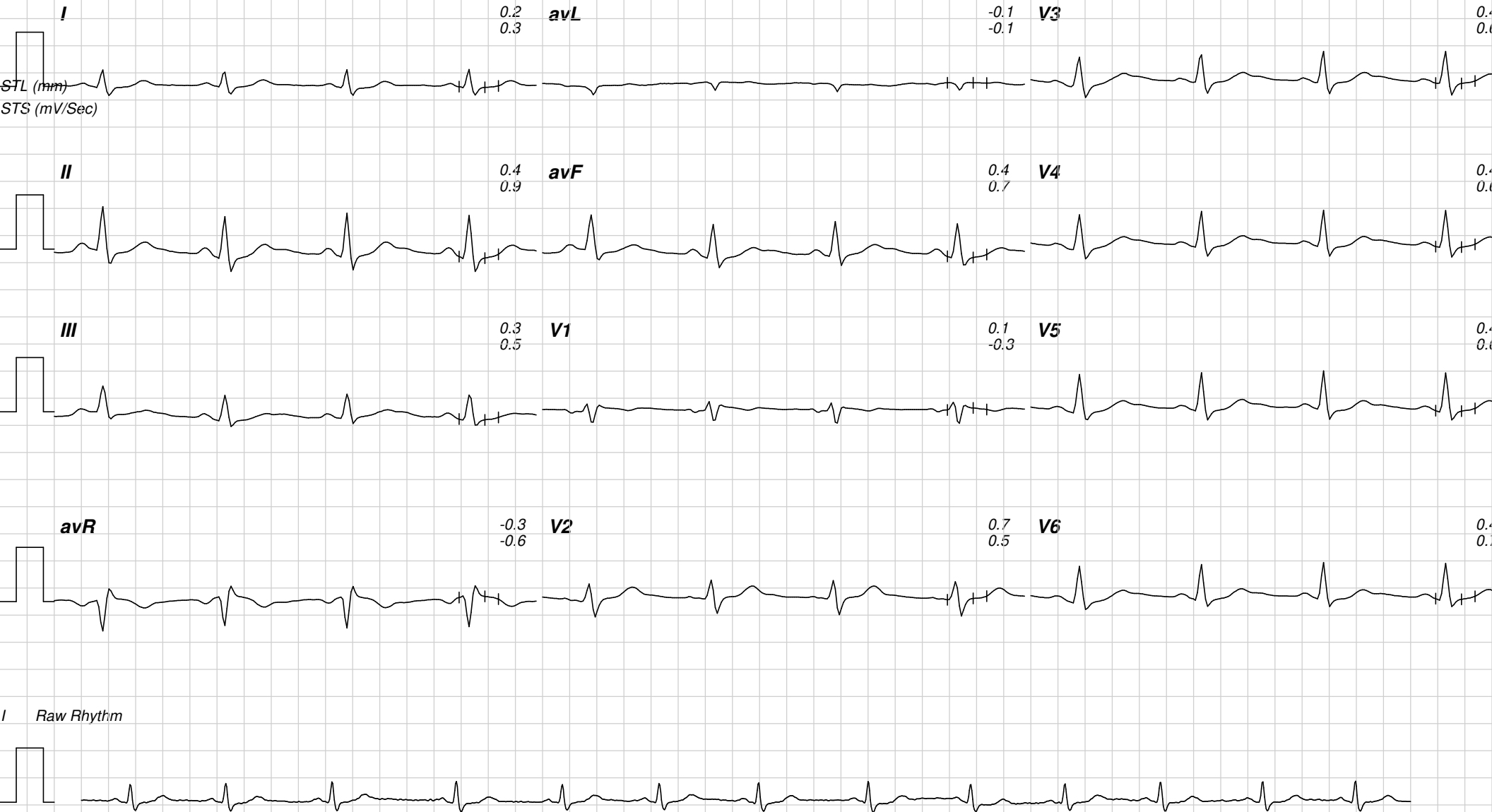
Date: 08-Apr-2023 09:25:42 AM METS: 1.0/ 82 bpm 44% of THR BP: 114/74 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

ExTime: 07:09 0.0 mph, 0.0%





Date: 08 / 04 / 2023 09:25:42 AM METs : 01.00 HR : 82 Target HR : 44% of 183 BP : 114/74 Post J @140mSec ExTime : 07:09 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV

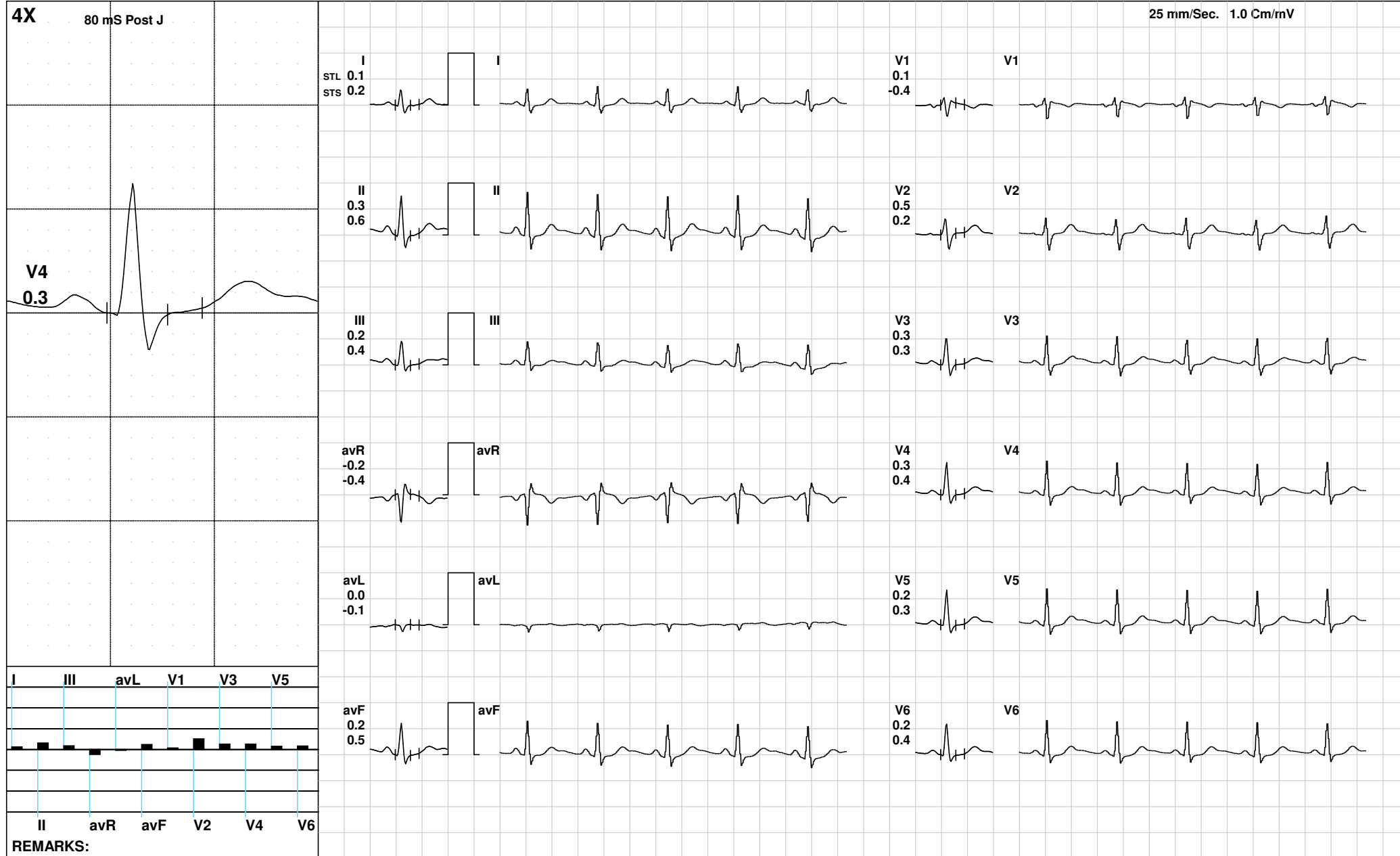




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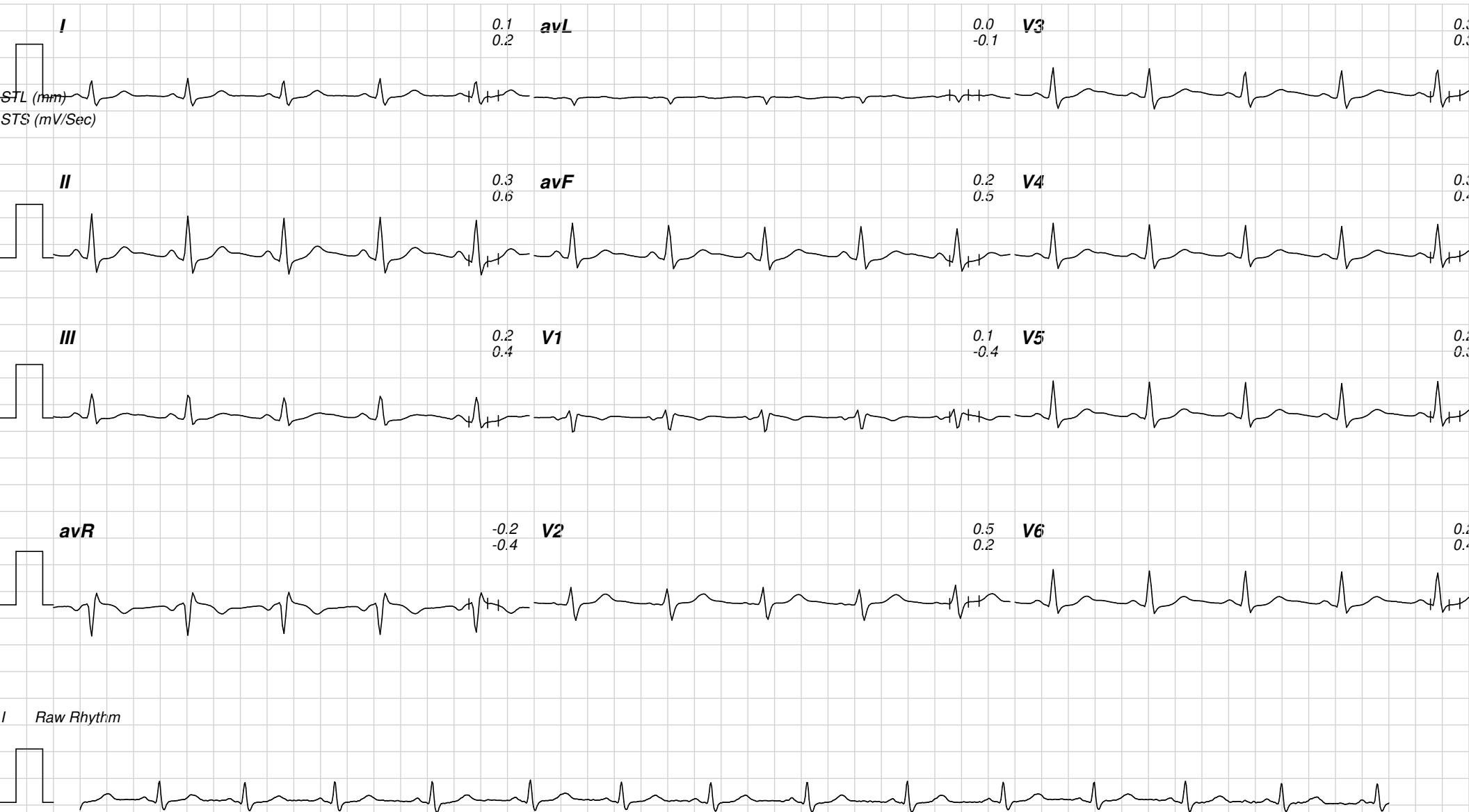
Date: 08-Apr-2023 09:25:42 AM METS: 1.0/ 85 bpm 46% of THR BP: 114/74 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

ExTime: 07:09 0.0 mph, 0.0%





Date: 08 / 04 / 2023 09:25:42 AM METs : 01.00 HR : 85 Target HR : 46% of 183 BP : 114/74 Post J @130mSec ExTime : 07:09 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV

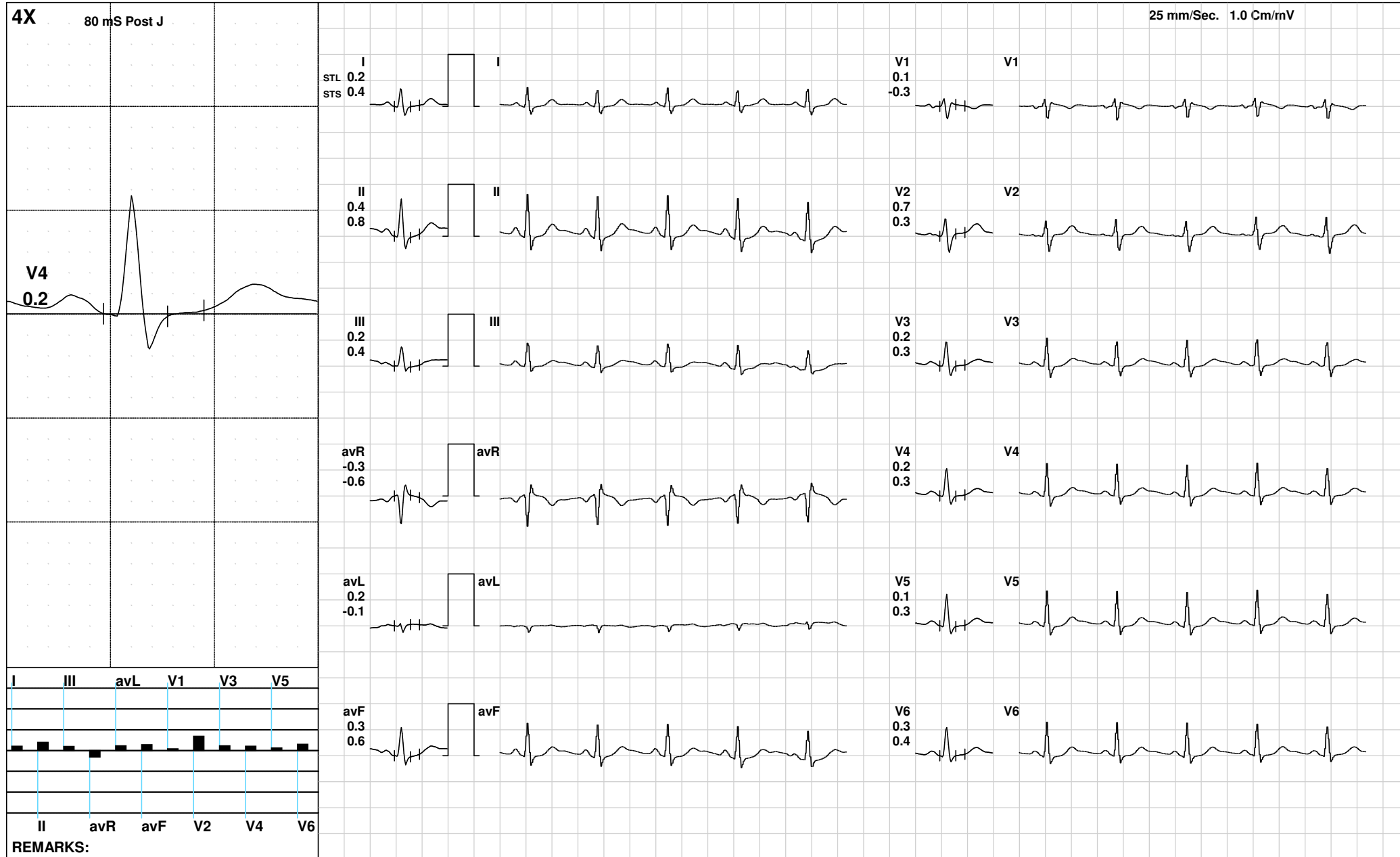




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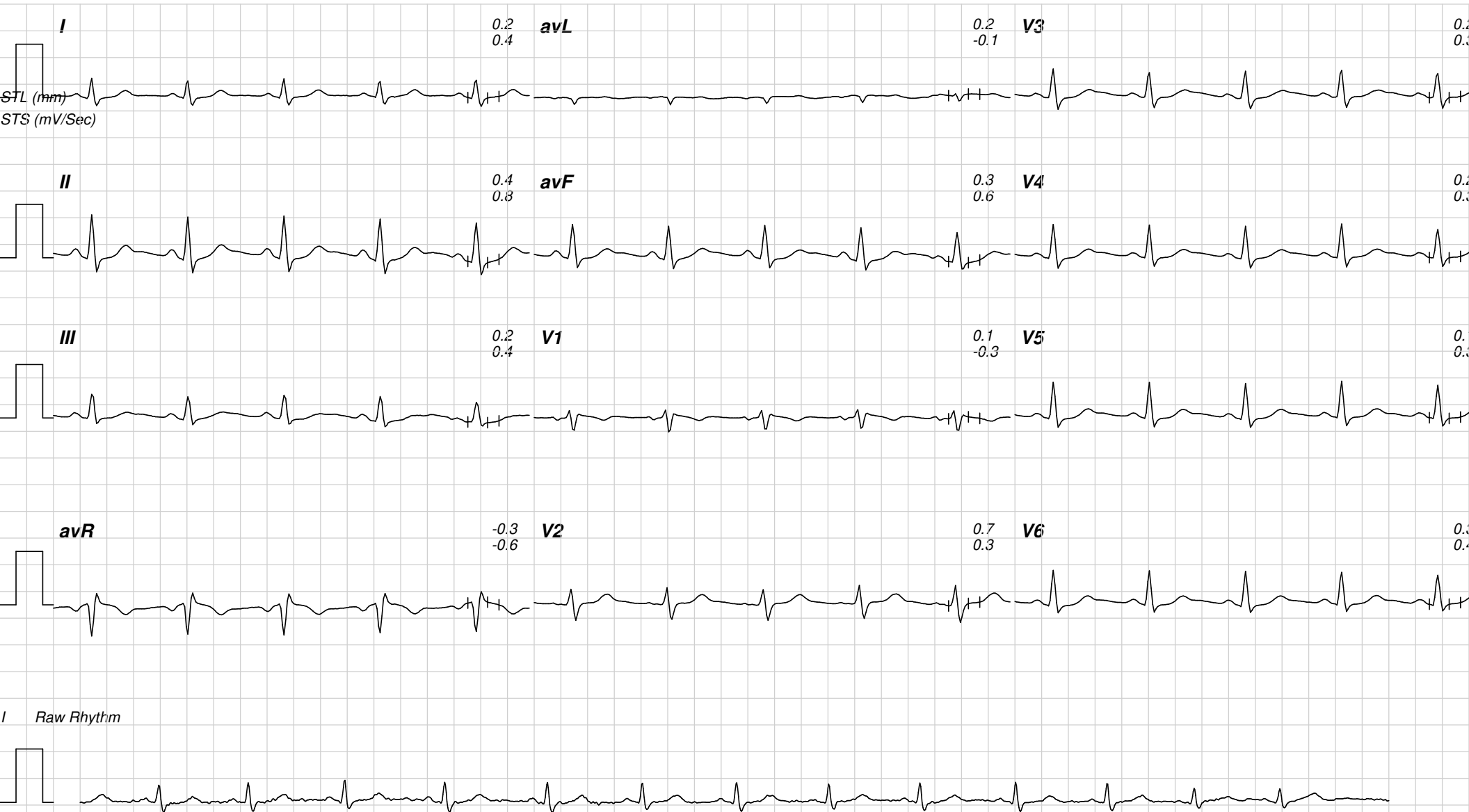
Date: 08-Apr-2023 09:25:42 AM METS: 1.0/ 90 bpm 49% of THR BP: 114/74 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

ExTime: 07:09 0.0 mph, 0.0%





Date: 08 / 04 / 2023 09:25:42 AM METs : 01.00 HR : 90 Target HR : 49% of 183 BP : 114/74 Post J @130mSec ExTime : 07:09 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV





Pt Name :- Ms. Anshulpriya Gaur
 Age :- 37/F
 Lab. No. :- 01
 Date :- 08/04/2023

EXAMINATION OF BLOOD

| TEST | RESULT | NORMAL VALUE |
|---------------------------------|---------------|---|
| Haemoglobin | 12.1gms% | Female 12-16gms%, Male 14-18gms% |
| Red Cell count | 4.37 | 4.5-5.6 million /cumm |
| Platelete Count | 2.92 | 1.5-5.6 Lac/cumm |
| Leucocytes per.cumm | 5600/cumm | 5000-11000/cumm |
| Neutrophils | 54% | 50-70% |
| Lymphocytes | 39% | 20-40% |
| Eosinophils | 03% | 0-7% |
| Monocytes | 04% | 2-8% |
| PCV | 37.9 | 37-47 |
| MCV | 86.9 | 76-96 |
| MCH | 27.6 | 27-32 |
| MCHC | 31.9 | 31-35 |
| ESR | 15 | Male 0-9, Female 0-20mm/FHR |
| Blood Group | "AB" Negative | By slide method |
| Total Serum Cholesterol | 178.0 | 100-250 mg% |
| Serum Triglyceride | 148.0 | Up to 150 mg% |
| Serum Cholesterol HDL | 51.0 | Up to 65 mg% |
| Serum Cholesterol LDL | 97.4 | Up to 125 mg% |
| LDL | 29.6 | Up to 30 mg% |
| S.Bilirubin(Total) | 0.9 | 0.2-1.0mg/dl |
| Direct | 0.5 | 0.0-0.25mg/dl |
| Indirect | 0.4 | |
| SGOT | 26.0 | 5-35U/L |
| SGPT | 30.0 | 8-40U/L |
| Alk Phosphatase | 8.9 | 3-13 KA units |
| S. Protein(Total) | 7.0 | 6.0-8.0mg% |
| Albumin | 4.9 | 3.7-5.3mg% |
| Globulin | 2.4 | 1.5 to 3.5 mg% |
| Blood Urea | 22.0 | Up to 40 mg% |
| S.Creatine | 0.98 | 0.5-1.4mg/dl |
| S. Uric Acid | 6.0 | 3.5-7.5mg% |
| GGTP | 24.0 | 5-35 UL/dl |
| Fasting Blood Sugar | 84.2 | Up to 110 mg% |
| PP Blood Sugar | 110.0 | Up to 125 mg% |
| Glycosylated Hemoglobin | 5.5 | Below - 6.0 % -Non Diabetic control 6-7 % -Excellent control Above- 8 % -Poor control |
| Thyrod Stimulating Hormone(TSH) | 4.0 | 0.27-4.2 |

Dr. B. V. Agarwal
 Pathologist
 M.B.S., DCP
 Consultant Pathologist

All test have technical limitation. Collaborative clinic pathological interpretation is mandatory. In case of disparity test may be repeated immediately. Typographical mistakes should be get correct instantly. This report is not valid for medico legal purpose.





Pathologist

Dr. B. M. Agarwal
MBBS, DCP
Consultant Pathologist

| A. PHYSICAL EXAMINATION | |
|----------------------------|-------------|
| 1. Colour | Pale Yellow |
| 2. Appearance | Clear |
| 3. Specific Gravity | Q.N.S. |
| B. CHEMICAL EXAMINATION | |
| 1. Reaction | Acidic |
| 2. Albumin | Nil |
| 3. Sugar | Nil |
| 4. Bile Salts | Absent |
| C. MICROSCOPIC EXAMINATION | |
| Pus Cells | 2-3/HPF |
| R.B.C. | Nil |
| Epithelial Cell | 2-3/HPF |
| Cast | Nil |
| Crystals(Cal.Oxa) | Nil |
| Bacteria | Nil |
| Amorphous | Nil |
| T. Vaginitis | Nil |

URINE ANALYSIS

Pt Name :- Ms. Anshulpriya Gaur
Age :- 37/F
Lab. No. :- 01
Date :- 08/04/2023



दिवाकर डायग्नोस्टिक सेंटर
E-7/636, पंचाल नेशनल बैंक के पास, मंग रोड, अरुण कॉलोनी, भोपाल (म.प्र.)
फॉ : 9826340190

Report :

TEST OBJECTIVE : ROUTINE CHECK UP
 RISK FACTOR : FEMALE
 ACTIVITY : MODERATE ACTIVE
 MEDICATION : NONE
 REASON FOR TERMINATION : FATIGUE, HEART RATE ACHIEVED
 EXERCISE TOLERANCE : GOOD
 EXERCISE INDUCED ARRHYTHMIAS : NO
 HAEMODYNAMIC RESPONSE : NORMAL
 CHRONOTROPIC RESPONSE : NORMAL
 FINAL IMPRESSION : STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE



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| Supine | 00:11 | 0:01 | 00.0 | 00.0 | 01.0 | 72 | 39 % | 114/72 | 000 | 00 | |
| Standing | 00:31 | 0:01 | 00.0 | 00.0 | 01.0 | 65 | 36 % | 114/72 | 000 | 00 | |
| HV | 00:40 | 0:01 | 00.0 | 00.0 | 01.0 | 068 | 37 % | 114/72 | 000 | 00 | |
| Warm Up | 01:03 | 0:01 | 01.0 | 00.0 | 01.0 | 079 | 43 % | 114/72 | 000 | 00 | |
| ExStart | 01:08 | 0:06 | 01.7 | 10.0 | 01.1 | 085 | 46 % | 114/72 | 000 | 00 | |
| BRUCE Stage 1 | 04:08 | 3:00 | 01.7 | 10.0 | 04.7 | 113 | 62 % | 122/80 | 137 | 00 | |
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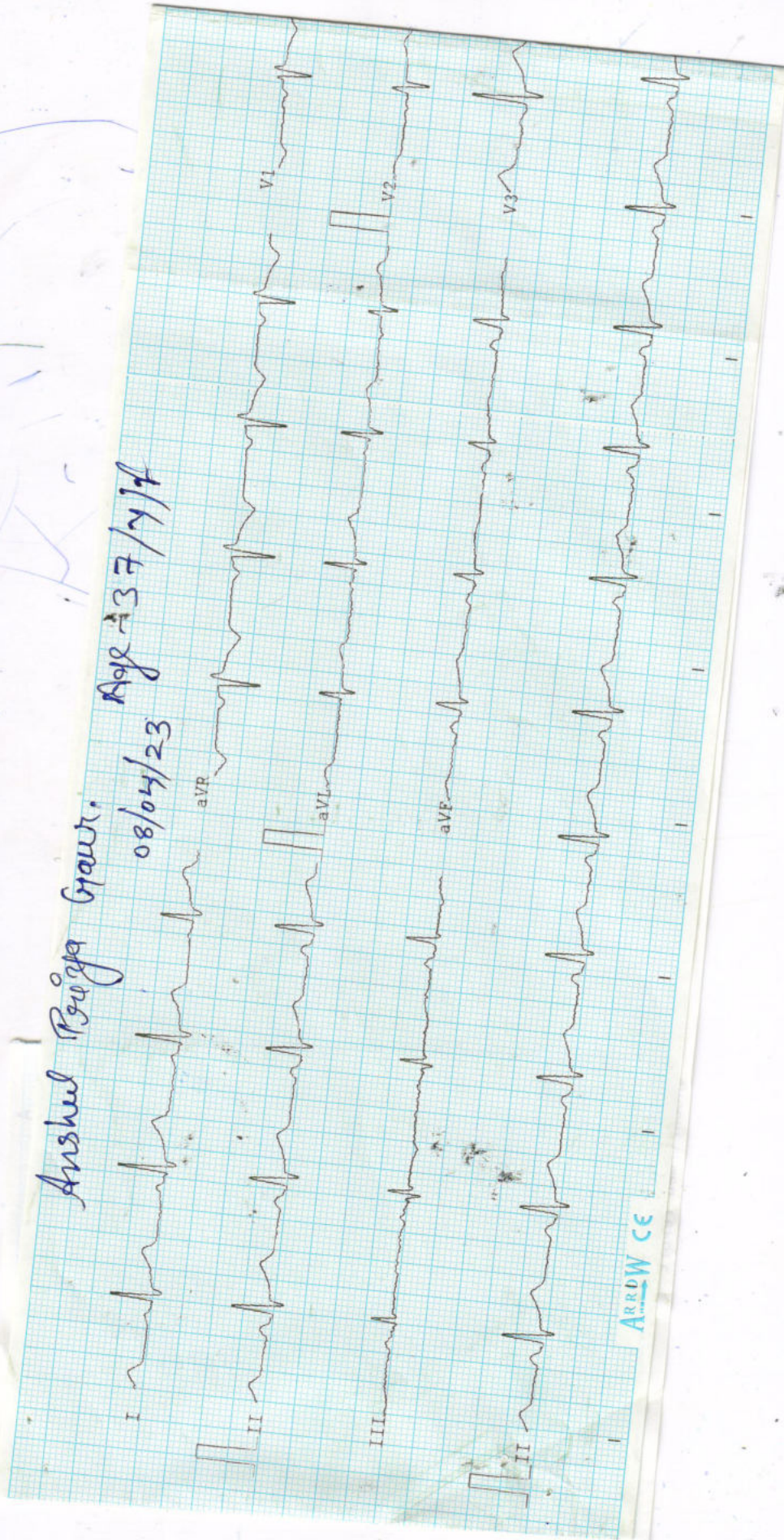
Findings :

- Exercise Time : 07:09
- Max HR Attained : 159 bpm 87% of Target 183
- Max BP Attained : (Sys) 130/88
- Max WorkLoad Attained : 8.3 Fair response to induced stress
- Test End Reasons : Fatigue, Heart Rate Acheived

Anshul Bhojra Gauri.

Age 37/Y/A

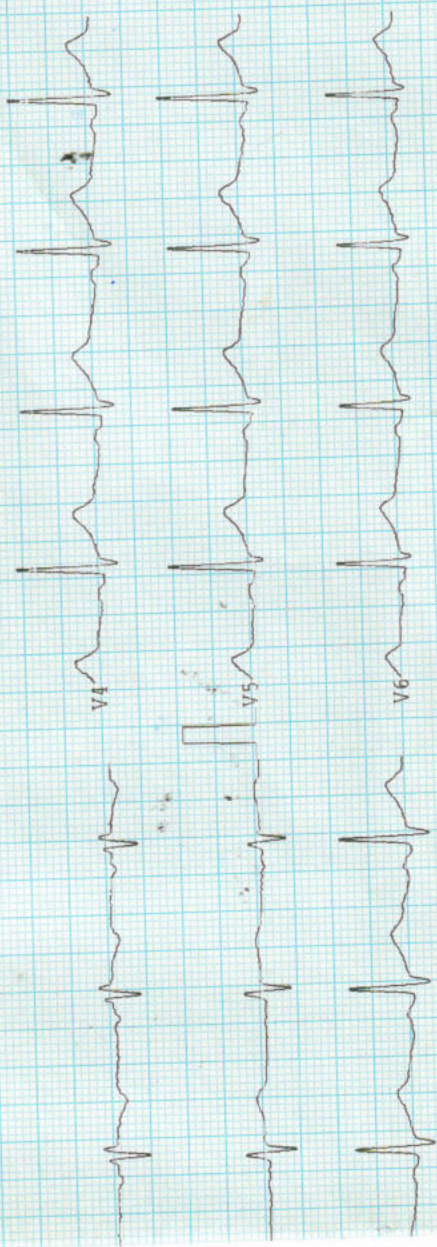
08/04/23



A

Observations:-

HR :- 73 bpm
R-R :- 816 ms
P-R :- 090 ms
QRS :- 67 ms
QT/QTc :- 350/387 ms
P Axis :- 65°
R Axis :- 66°
T Axis :- 61°



Remarks:-

Unconfirmed report



ARROW CE