

DEPT. OF APOLLO HEALTH CHECK



YNAECOLOGY CONSULT

VHB.0001110059
MRS. TINSU ANN THOMAS
Age: 33 Year(s) Year(s)/Female
1 Nov 2022 8:42:08 AM

Name

UHID :

Date : 11-11-22

Age :



Consultant Gynaecologist :

Dr. Betty Antony

DRUG ALLERGIES : Nil

Complaints (related to Gynaec) - NIL SPECIFIC / YES

Known to have Diabetes / Hypertension / IHD / Asthma / Thyroid / Others

Past Medical / Surgical History : LSCS

Family History : Nil

OTHER SYSTEMS :

WNL

GYNAEC HISTORY :

- Marital Status - S/M/Others
- Children - 1
- Deliveries - LSCS
- L.C.B. - Gyn
- Abortion - 1
- Periods - Regular 4-5/28-30d
- L.M.P. - 28-10-22
- Menopause - -
- Contraception - Baniar

Present Medication :

2. Antibiotics
Vit-B12

GYNAEC EXAMINATION :

- P/A - S/D/L
- P/V - ut bulky
- S/E - Vagins / Normal
- P/R -

GENERAL EXAMINATION :

- Weight : _____ Kgs, Height : _____ cm
- General Condition :
- Blood Pressure :
- Thyroid : NAD
- Others :

BREASTS : - No obvious masses palpable

PAP SMEAR : Taken Not Taken (Reason)

OPINION & ADVICE :

Pap - Negative
USG -> Adenomyosis
w/ fibroids
Plan for pregnancy -> Myomectomy
R/L L/S
H/O

REVIEW DETAILS : (with date)
With Patient / With reports only

lap MTC - 3yrs
B/L some more for yrs

Signature with Date & Time

11-11-22
11-35 AM

P.T.O. For more space

Jan 2014



MC-2847

DEPARTMENT OF CYTOLOGY



Name : Mrs. TINSU ANN THOMAS Age : 33Yr Gender : Female
UHID : AHB.0001110058 / AHBHC111535 W/BNo/RefNo : AHC
Lab No : AHB C2203740 LRN : 3587824
Ref Doctor : Dr. MHC



Collected on : 11-NOV-2022 11:40:16 AM Received on : 11-NOV-2022 12:03:16 PM Reported on : 11-NOV-2022 01:02:36 PM

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS**PAP SMEAR (CONVENTIONAL METHOD)****PAP SMEAR**

Specimen Source.

CERVICAL SMEAR

C2203740.

Clinical Information.

Provided.

Patient and Specimen Identification :

Identified.

Test Method.

Conventional.

Endocervical/Transformation zone component

Sampled.

Specimen adequacy.

Satisfactory for evaluation.

Interpretation.

Negative for intraepithelial lesion/malignancy.



MC-2847

DEPARTMENT OF CYTOLOGY



Name : Mrs. TINSU ANN THOMAS Age : 33Yr Gender : Female
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Collected on : 11-NOV-2022 11:40:16 AM Received on : 11-NOV-2022 12:03:16 PM Reported on : 11-NOV-2022 01:02:36 PM


i. Reactive cellular changes (Inflammation/Repair).

Recommendations.

Routine recall

' **The results obtained relate only to the type of sample given/received at that time. A single test result is not always indicative of the disease. Histopathology specimens will be discarded after 1 month, paraffin blocks and slides of biopsy specimens stored upto 10 years & Cytology slides will be stored upto 5 years after release of report. **

* END OF REPORT *


Dr. SWARNA SHIVAKUMAR
CONSULTANT PATHOLOGIST
KMC - 29900

Typed By: 1133739

First Report Printed On : 11-NOV-2022 02:18:35 PM

Printed On : 11-NOV-2022 02:18:35 PM

Page 2 of 2

DEPT. OF APOLLO HEALTH CHECK



CASE RECORD

UHB.0001110058 Name MRS. TINSU ANN THOMAS Age: 33 Year(s) Year(s)/Female 1 Nov 2022 8:42:08 AM Age :	Age :	Sex : M/F
		UHID :

Physical Examination

General : Build Height **158 cm** Weight **63.5 kg** BMI :

Anaemia Icterus Cyanosis Clubbing

Oedema Glands

HEAD & NECK :

ENT :

CVS : Heart Rate & Rhythm **111 bpm** SpO2 - **100 %**

B.P. : Supine Sitting Standing

Chest shape **124/92 mmHg**

Heart Sounds **Echo screening -**

Murmurs **Sinus tachycardia.**

Thrills **Normal w systolic function**

RS : Rate & Type **Normal**

Breath Sounds **At = 60%**

DEPARTMENT OF RADIOLOGY

Patient's Details	: Mrs. TINSU ANN THOMAS	F 033Y	
UHID	: AHB.0001110058	Ward/Bed No.	: AHC /
I.P.No./Bill No.	: AHBHC111535	Scanned on	: 11-Nov-2022 14:35
Accession Number	: 10601.222098370	Reported On	:
Referring Doctor	: Dr. MHC		

ULTRASOUND WHOLE ABDOMEN

Clinical Information: General health checkup.

Liver appears normal in size, shape and echopattern. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gall bladder moderately distended. No definite calculi identified. No evidence of abnormal wall thickening noted.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified. Pancreas appears normal in size, shape and echopattern. No definite calcification or ductal dilatation noted.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis seen on either side.

Urinary bladder distended and appears normal. No evidence of abnormal wall thickening noted.

Uterus anteverted and appears normal in size. Posterior myometrium appears bulky and shows increased echogenicity. Posterior intramural fibroid measuring ~ 10 x 8 mm. Endometrial thickness measures ~ 3.6 mm.

Both ovaries appear normal in size and echotexture

No evidence of ascites or pleural effusion seen.

IMPRESSION:

Uterine fibroid.

Bulky posterior myometrium with increased echogenicity – suspicious of adenomyosis.

- Suggested clinical correlation.

(Enclosed report) Mn

DR. SAKSHAM SHARMA
RESIDENT

DR. SHRIVALLIN
MBBS, DMRD, DNB
CONSULTANT RADIOLOGIST

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

Dr. Jyoti Jain
 MBBS, DNB (Family Medicine), PGDGM
 (Dip in Geriatric Medicine)
 Senior Consultant - Dept. of Apollo Health Check

HB.0001110058
 IRS. TINSU ANN THOMAS
 Age: 33 Year(s) Year(s)/Female
 1 Nov 2022 8:42:08 AM



No.,



Allergies : NKDA	Fall Risk Assessment			Wt: 63.5	Ht: 158	T: _____	P: III	BP: 124/92
	H/o fall (within 1 year)	Yes <input checked="" type="checkbox"/>	No <input type="checkbox"/>	Dep.	Indep.	Pain	<input checked="" type="checkbox"/> Psychological & Social Assessment done	
	Mobility Aid	Yes <input checked="" type="checkbox"/>	No <input type="checkbox"/>					
	Gait	2				0 /10		

H/O - PIH. On T. Amlong 5mg 1-00 (A.F) since 1yr.

Excl Mil

T. Nebicard 5mg o.d.

Neuroday (1yr).

Mild dyslipidemia LDL-126

Borderline DM - Type 2 FBS-133

Medicine Reconciliation Dose & Frequency Advice & Plan

Advise. Annual funduscopy.

Stop. Nebicard.

Tab. Amlong 5mg 1-0-1 (A.F).

- Continue the same medication for HTN (Planning for pregnancy).

After 3mths - HbA1c, FBS, PPBS. Lipid profile

Kindly get this document scanned at the counter for the record purpose

Jyoti Jain
 21/11/22
Signature and Date



MC-2847



DEPARTMENT OF BIOCHEMISTRY

Name : Mrs. TINSU ANN THOMAS Age : 33Yr 5Mth 23Days Gender : Female
 UHID : AHB.0001110058 / AHBHC111535 W/BNo/RefNo : AHC
 SIN \ LRN : 8192489 \ 3587824
 Specimen : Plasma
 Ref Doctor : Dr. MHC



Collected on : 11-NOV-2022 01:04:52 PM Received on : 11-NOV-2022 02:02:19 PM Reported on : 11-NOV-2022 02:28:39 PM

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - SERUM / PLASMA (POST PRANDIAL) (HEXO KINASE)	123	Non-Diabetic : <=140	mg/dL
GLUCOSE - PLASMA (POST PRANDIAL)		Impaired Glucose Tolerance : 140-199 Diabetic : >=200	

Report Status:Final

* - Abnormal Value

* END OF REPORT *

CHECKED BY 1091281
723186

Printed On : 11-NOV-2022 02:51:30 PM

Dr.Saphya Mukhtar
Consultant BIOCHEMISTRY

AH-QF-RD-04

DEPARTMENT OF RADIOLOGY

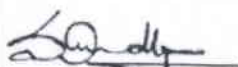
Patient's Details :	Mrs. TINSU ANN THOMAS			
UHID :	AHB.0001110058	Ward/Bed No. :	F	033Y
I.P.No./Bill No. :	AHBHC111535	Scanned on :		AHC /
Accession Number :	10601.122120883	Reported On :		11-Nov-2022
Referring Doctor :	Dr. MHC			11:16
				11-Nov-2022

X-RAY CHEST PA VIEW

Lung fields appear clear bilaterally with normal bronchovascular markings.
 Cardiac silhouette and cardiothoracic ratio appear normal.
 Costophrenic angles appear normal on both sides.
 Domes of the diaphragm appear normal.
 Underlying bony and soft tissue shadows appear normal.

IMPRESSION:

No definite abnormality noted on the chest radiograph.



DR. MEDIPALLY MADHUKAR
REGISTRAR

---END OF THE REPORT---

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

YOUR CLINICAL TEST RESULTS

Mrs. TINSU ANN THOMAS

FEMALE / 33 Yrs / AHB.0001110058 / AHBHC111535

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 11/11/2022

HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin :Oxyhemoglobin method(Photometric measurement)	13.6	g/dL	●	11.5 - 15.5
RBC Count (Impedance)	4.54	x(10) ¹² /l	●	3.7 - 4.8
Packed cell volume (Calculated)	40.5	%	●	34 - 46
MCV (Derived from RBC histogram)	89	fl	●	83 - 101
MCH (Calculated)	30	pg	●	27 - 32
MCHC (Calculated)	34	g/dl	●	31.5 - 34.5
RDW (Calculated)	12.7	%	●	11.60-14.00
Platelet Count (Impedance)	332	x(10) ⁹ /l	●	150 - 450
WBC Count (Impedance)	7.8	x(10) ⁹ /l	●	4 - 11
Neutrophils	66	%	●	40 - 80
Lymphocytes	26	%	●	8.6 -23.8
Monocytes	5	%	●	2 - 10
Monocytes	5	%	●	2 - 10
Eosinophils	3	%	●	1 - 6
Basophils	0	%	●	0 - 2
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	24 *	mm/1st hr	●	Adult Female- 0 - 20

URINE ROUTINE (CUE)

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Mrs. TINSU ANN THOMAS

FEMALE / 33 Yrs / AHB.0001110058 / AHBHC111535

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 11/11/2022

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
Volume :	30	ml		
Appearance	Clear			Clear
pH	7.5			
Specific Gravity	1.010 *		●	1.016 - 1.022
Protein :	NEGATIVE			NEGATIVE
Glucose:	NEGATIVE			NEGATIVE
Ketone	NEGATIVE			NEGATIVE
Bile Salts :	NEGATIVE			NEGATIVE
Bile Pigments:	NEGATIVE			NEGATIVE
Urobilinogen	0.2	E.U./dL	●	0.2 - 1.0
Blood :	NEGATIVE			NEGATIVE
urate:	NEGATIVE			NEGATIVE
Leucocyte Esterases	NEGATIVE			NEGATIVE
RBC	Nil	Cells/hpf		0 - 2
Pus Cells	1-2 /h.p.f	/HPF		0 - 5
Epithelial Cells	Occasional			Occasional - Few

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	A			
	● Within Normal Range	Boderline High/Low	● Outside Range	

YOUR CLINICAL TEST RESULTS

Mrs. TINSU ANN THOMAS

FEMALE / 33 Yrs / AHB.0001110058 / AHBHC111535

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 11/11/2022

Rh (D) Type: **POSITIVE**

Method: **COLUMN AGGLUTINATION**

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	13	U/L	●	<= 35

Test Name	Result	Unit	Level	Range
GLOBULIN - SERUM - CALCULATED	3.0	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.5		●	0.8 - 2.0
ALBUMIN - SERUM	4.5	g/dL	●	Adult- 3.5-5.2

Test Name	Result	Unit	Level	Range
ALKALINE PHOSPHATASE - SERUM	61	U/L	●	Adult: 30 - 120

Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	18	U/L	●	<= 35

Test Name	Result	Unit	Level	Range
BILIRUBIN, TOTAL - SERUM	0.68	mg/dL	●	0.30-1.20

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Mrs. TINSU ANN THOMAS

FEMALE / 33 Yrs / AHB.0001110058 / AHBHC111535

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 11/11/2022

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	103	mmol/L	●	98 - 107

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	190	mg/dL	●	"Desirable : <200 Borderline : 200 - 239 High Risk : >239 "

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.76	mg/dL	●	Female: 0.6 -1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPETIDASE - SERUM	13	U/L	●	<= 38

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	133 *	mg/dL	●	"Non-Diabetic : <= 100 Impaired Fasting Glucose: 100-125 Diabetic : >= 126 "

GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

● Within Normal Range
● Boderline High/Low
● Outside Range

YOUR CLINICAL TEST RESULTS

Mrs. TINSU ANN THOMAS

FEMALE / 33 Yrs / AHB.0001110058 / AHBHC111535

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 11/11/2022

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.7	%	●	"NON-DIABETICS<=5.6PRE-DIABETIC: 5.7-6.4DIABETIC>=6.5"

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	55	mg/dL	●	"Low : <40High: >59"

Test Name	Result	Unit	Level	Range
LDL Cholesterol (Direct LDL)	126 *	mg/dL	●	"Optimal : <100Near/Above Optimal: 100 - 129Borderline High: 130 - 159High: 160 - 189Very High: > 189"

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.3	mmol/L	●	3.5-5.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.5	g/dL	●	ADULT: 6.0 - 8.5

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
	●			
	●			
	●			

Within Normal Range
 Boderline High/Low
 Outside Range

YOUR CLINICAL TEST RESULTS

Mrs. TINSU ANN THOMAS

FEMALE / 33 Yrs / AHB.0001110058 / AHBHC111535

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 11/11/2022

SODIUM - SERUM	137	mmol/L	●	135 - 145
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THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	122.37	ng/dL	●	Adults: 87 - 178

Test Name	Result	Unit	Level	Range
TOTAL T4: THYROXINE - SERUM	10.2	µg/dL	●	5.93 - 13.29

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	84	mg/dL	●	"Normal: < 150 Borderline High: 150 - 199 High: 200 - 499 Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.5		●	< 5.0

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE [TSH]	1.66	µIU/mL	●	0.34 - 5.6

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
UREA - SERUM	18	mg/dL	●	15 - 45

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Mrs. TINSU ANN THOMAS

FEMALE / 33 Yrs / AHB.0001110058 / AHBHC111535

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 11/11/2022

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.5	mg/dL	●	Adult Female: 2.5 - 6.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	17	mg/dl	●	Desirable: <30

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.1	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.58	mg/dL	●	0.1 - 1.0

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO ₃) - SERUM	30		●	Healthy Adults: 22 - 29

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Mrs. TINSU ANN THOMAS

FEMALE / 33 Yrs / AHB.0001110058 / AHBHC111535

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 11/11/2022

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Histopathology

PAP SMEAR (CONVENTIONAL METHOD)

Biochemistry

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

GLUCOSE - SERUM / PLASMA (RANDOM)

CARDIOLOGY

ECHO/TMT - OPTIONAL

Ultrasound Radiology

ULTRASOUND - WHOLE ABDOMEN

CARDIOLOGY

ECG

X Ray

X-RAY CHEST PA

● Within Normal Range

● Boderline High/Low

● Outside Range

OLLO HOSPITALS
ANNEGATTA ROAD
BANGALORE

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: TINSU ANN THOMAS
Patient ID: AHB/1110058
Height: 158 cm
Weight: 63 kg

DOB: 19.05.1989
Age: 33yrs
Gender: Female
Race: Indian

Study Date: 11.11.2022
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: AHC
Attending Physician: DR K M NAIR
Technician: Vaishnavi

Medications:
--

Medical History:
--

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:17	0.00	0.00	120	120/90	
	STANDING	00:02	0.00	0.00	120	120/90	
	HYPERV.	00:02	0.00	0.00	120		
EXERCISE	STAGE 1	03:00	1.70	10.00	151	120/90	
	STAGE 2	03:00	2.50	12.00	155	130/90	
	STAGE 3	01:12	3.40	14.00	169	140/90	
RECOVERY		03:19	0.00	0.00	136	140/90	

The patient exercised according to the BRUCE for 7:11 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 118 bpm rose to a maximal heart rate of 169 bpm. This value represents 90 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/90 mmHg, rose to a maximum blood pressure of 160/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

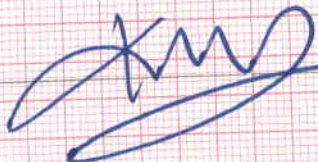
Interpretation

Summary: Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.

Conclusions

IMP:- STRESS TEST NEGATIVE FOR INDUCIBLE ISCHAEMIA.

Physician



Technician

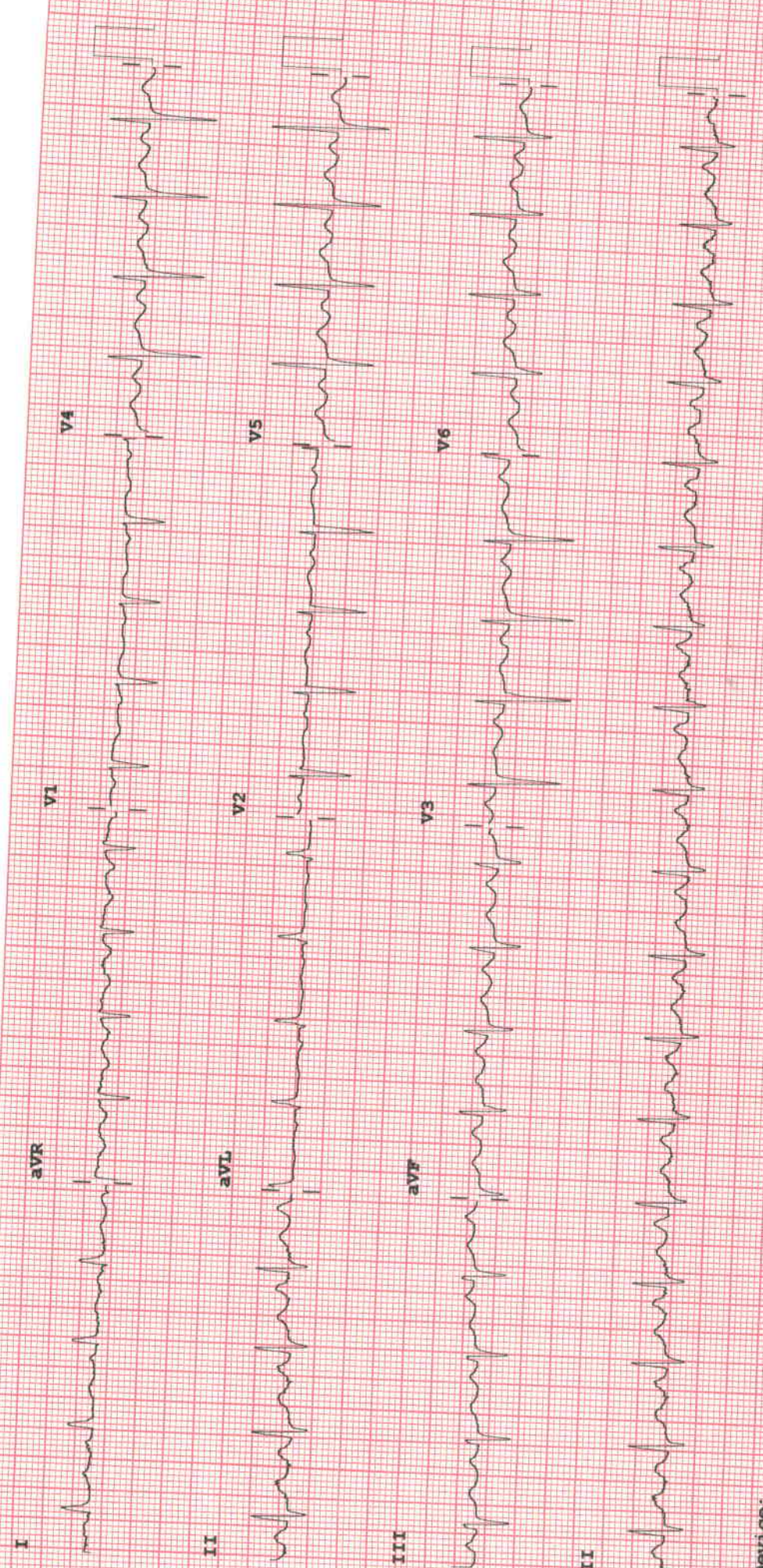


Rate 109
 PR 182
 QRSD 86
 QT 319
 QTc 430
 --AXIS--
 P 72
 QRS 7
 T 66

HB.00011100579
 IRS, TINSU ANIN THOMAS
 Age: 33 Year(s) Year(s)/Female
 1 Nov 2022 8:42:08 AM



12 Lead; Standard Placement



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50~ 0.15-100 Hz

100B CL P?