

Patient Name	: Mr.MAHESH VARMA	Collected	: 26/Aug/2023 08:37AM
Age/Gender	: 38 Y 4 M 18 D/M	Received	: 26/Aug/2023 10:06AM
UHID/MR No	: CMYS.0000057758	Reported	: 26/Aug/2023 12:21PM
Visit ID	: CMYSOPV116966	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 404362704739		

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

PERIPHERAL SMEAR , WHOLE BLOOD EDTA

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SIN No:BED230203641

Patient Name : Mr.MAHESH VARMA	Collected : 26/Aug/2023 08:37AM
Age/Gender : 38 Y 4 M 18 D/M	Received : 26/Aug/2023 10:06AM
UHID/MR No : CMYS.0000057758	Reported : 26/Aug/2023 01:00PM
Visit ID : CMYSOPV116966	Status : Final Report
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DEPARTMENT OF HAEMATOLOGY

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Test Name	Result	Unit	Bio. Ref. Range	Method
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HEMOGRAM , WHOLE BLOOD EDTA

HAEMOGLOBIN	16.5	g/dL	13-17	Spectrophotometer
PCV	48.80	%	40-50	Electronic pulse & Calculation
RBC COUNT	5.13	Million/cu.mm	4.5-5.5	Electrical Impedence
MCV	95	fL	83-101	Calculated
MCH	32.1	pg	27-32	Calculated
MCHC	33.7	g/dL	31.5-34.5	Calculated
R.D.W	11.9	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	7,100	cells/cu.mm	4000-10000	Electrical Impedence

DIFFERENTIAL LEUCOCYTIC COUNT (DLC)

NEUTROPHILS	51.9	%	40-80	Electrical Impedence
LYMPHOCYTES	39.8	%	20-40	Electrical Impedence
EOSINOPHILS	3.4	%	1-6	Electrical Impedence
MONOCYTES	4.3	%	2-10	Electrical Impedence
BASOPHILS	0.6	%	<1-2	Electrical Impedence

ABSOLUTE LEUCOCYTE COUNT

NEUTROPHILS	3684.9	Cells/cu.mm	2000-7000	Electrical Impedence
LYMPHOCYTES	2825.8	Cells/cu.mm	1000-3000	Electrical Impedence
EOSINOPHILS	241.4	Cells/cu.mm	20-500	Electrical Impedence
MONOCYTES	305.3	Cells/cu.mm	200-1000	Electrical Impedence
BASOPHILS	42.6	Cells/cu.mm	0-100	Electrical Impedence

PLATELET COUNT

PLATELET COUNT	237000	cells/cu.mm	150000-410000	Electrical impedence
ERYTHROCYTE SEDIMENTATION RATE (ESR)	06	mm at the end of 1 hour	0-15	Modified Westergren

PERIPHERAL SMEAR

R.B.C: Majority are normocytic normochromic.
W.B.C: normal in number with normal morphology and distribution.
Platelets: are normal in number and are seen in singles and clumps.
Hemoparasites: Not seen.

IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE.

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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

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DEPARTMENT OF HAEMATOLOGY

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Test Name	Result	Unit	Bio. Ref. Range	Method
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BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA

BLOOD GROUP TYPE	B			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination



SIN No:BED230203641

Patient Name : Mr.MAHESH VARMA	Collected : 26/Aug/2023 11:24AM
Age/Gender : 38 Y 4 M 18 D/M	Received : 26/Aug/2023 12:46PM
UHID/MR No : CMYS.0000057758	Reported : 26/Aug/2023 01:23PM
Visit ID : CMYSOPV116966	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 404362704739	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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GLUCOSE, FASTING , NAF PLASMA	100	mg/dL	70-100	GOD - POD
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Comment:

As per American Diabetes Guidelines

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- 1.The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- 2.Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	91	mg/dL	70-140	GOD - POD
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Result is rechecked. Kindly correlate clinically

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Ref: Marks medical biochemistry and clinical approach



Patient Name : Mr.MAHESH VARMA	Collected : 26/Aug/2023 08:37AM
Age/Gender : 38 Y 4 M 18 D/M	Received : 27/Aug/2023 01:42AM
UHID/MR No : CMYS.0000057758	Reported : 27/Aug/2023 03:06AM
Visit ID : CMYSOPV116966	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
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DEPARTMENT OF BIOCHEMISTRY

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Test Name	Result	Unit	Bio. Ref. Range	Method
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HBA1C, GLYCATED HEMOGLOBIN , WHOLE BLOOD EDTA	5.8	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG) , WHOLE BLOOD EDTA	120	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- In cases of Interference of Hemoglobin variants in HbA1C alternative methods (Fructosamine) estimation is recommended for Glycemic Control

A: HbF >25%

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DEPARTMENT OF BIOCHEMISTRY

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Test Name	Result	Unit	Bio. Ref. Range	Method
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B: Homozygous Hemoglobinopathy.
(Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



SIN No:EDT230078491

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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LIPID PROFILE , SERUM

TOTAL CHOLESTEROL	157	mg/dL	<200	CHE/CHO/POD
TRIGLYCERIDES	101	mg/dL	<150	Enzymatic
HDL CHOLESTEROL	40	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	117	mg/dL	<130	Calculated
LDL CHOLESTEROL	96.8	mg/dL	<100	Calculated
VLDL CHOLESTEROL	20.2	mg/dL	<30	Calculated
CHOL / HDL RATIO	3.93		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

- 1.Measurements in the same patient on different days can show physiological and analytical variations.
- 2.NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- 3.Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- 4.Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- 5.As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- 6.VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when

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Test Name	Result	Unit	Bio. Ref. Range	Method
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Triglycerides are below 350 mg/dl. When Triglycerides are more than 350 mg/dl LDL cholesterol is a direct measurement.



SIN No:SE04462938

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	1.10	mg/dL	0.20-1.20	DIAZO METHOD
BILIRUBIN CONJUGATED (DIRECT)	0.30	mg/dL	0.0-0.3	Calculated
BILIRUBIN (INDIRECT)	0.80	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	25	U/L	<50	Visible with P-5-P
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	31.0	U/L	17-59	UV with P-5-P
ALKALINE PHOSPHATASE	70.00	U/L	38-126	p-nitrophenyl phosphate
PROTEIN, TOTAL	7.80	g/dL	6.3-8.2	Biuret
ALBUMIN	4.90	g/dL	3.5 - 5	Bromocresol Green
GLOBULIN	2.90	g/dL	2.0-3.5	Calculated
A/G RATIO	1.69		0.9-2.0	Calculated



SIN No:SE04462938

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM

CREATININE	1.00	mg/dL	0.66-1.25	Creatinine amidohydrolase
UREA	15.60	mg/dL	19-43	Urease
BLOOD UREA NITROGEN	7.3	mg/dL	8.0 - 23.0	Calculated
URIC ACID	5.00	mg/dL	3.5-8.5	Uricase
CALCIUM	9.40	mg/dL	8.4 - 10.2	Arsenazo-III
PHOSPHORUS, INORGANIC	3.30	mg/dL	2.5-4.5	PMA Phenol
SODIUM	142	mmol/L	135-145	Direct ISE
POTASSIUM	4.6	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	103	mmol/L	98 - 107	Direct ISE



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Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	33.00	U/L	15-73	Glycylglycine Nitoranalide



SIN No:SE04462938

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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM

TRI-IODOTHYRONINE (T3, TOTAL)	1.03	ng/mL	0.64-1.52	CMIA
THYROXINE (T4, TOTAL)	7.08	µg/dL	4.87-11.72	CMIA
THYROID STIMULATING HORMONE (TSH)	2.750	µIU/mL	0.35-4.94	CMIA

Comment:

Note:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 – 3.0
Third trimester	0.3 – 3.0

TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.

TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.

Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.

Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis

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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma



SIN No:SPL23121418

Patient Name : Mr.MAHESH VARMA	Collected : 26/Aug/2023 08:37AM
Age/Gender : 38 Y 4 M 18 D/M	Received : 26/Aug/2023 01:55PM
UHID/MR No : CMYS.0000057758	Reported : 26/Aug/2023 02:29PM
Visit ID : CMYSOPV116966	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 404362704739	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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COMPLETE URINE EXAMINATION (CUE) , URINE

PHYSICAL EXAMINATION

COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	7.5		5-7.5	Bromothymol Blue
SP. GRAVITY	1.015		1.002-1.030	Dipstick

BIOCHEMICAL EXAMINATION

URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	EHRlich
BLOOD	NEGATIVE		NEGATIVE	Dipstick
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS

CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY

PUS CELLS	2 - 3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1 - 2	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

Comment:

- Biochemical Examination of urine sample was performed by reflectance photometry and confirmed by alternative methods.
- The samples are assessed for integrity and adequacy before processing.



SIN No:UR2172697

Patient Name : Mr.MAHESH VARMA	Collected : 26/Aug/2023 08:37AM
Age/Gender : 38 Y 4 M 18 D/M	Received : 26/Aug/2023 01:55PM
UHID/MR No : CMYS.0000057758	Reported : 26/Aug/2023 02:28PM
Visit ID : CMYSOPV116966	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 404362704739	

DEPARTMENT OF CLINICAL PATHOLOGY


ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

***** End Of Report *****


Dr. PAVAN KUMAR M.
M.B.B.S,M.D(Pathology)
Consultant Pathologist


DR.SHIVARAJA SHETTY
M.B.B.S,M.D(Biochemistry)
CONSULTANT BIOCHEMIST


Dr.Anita Shobha Flynn
M.B.B.S,MD(Pathology)
Consultant Pathologist



CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Mahesh Varma on 26/8/2025

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> Medically Fit 	✓
<ul style="list-style-type: none"> Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> Currently Unfit. Review after _____ recommended 	
<ul style="list-style-type: none"> Unfit 	

Dr. Hanumanth
Apollo Clinic
 Medical Officer
 The Apollo Clinic, 1st Floor,
 Kalidasa Road, Mysore - 02
 Ph: 0821-4006040/41

Apollo Health and Lifestyle Limited

This certificate is not meant for medico-legal purposes

APOLLO CLINIC NETWORK KARNATAKA
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 Mysuru: Kalidasa Road | Mysuru: VV Mohallal
 For appointments: www.apolloclinics.com

TO BOOK AN APPOINTMENT

1860 500 7788

Date : 26-08-2023
MR NO : CMYS.0000057758

Department : GENERAL
Doctor :

Name : Mr. MAHESH VARMA

Registration No :

Age/ Gender : 38 Y / Male

Qualification :

Consultation Timing: 08:25

Height : 168	Weight : 63.2	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 120/70

General Examination
Allergies History

Clinical Diagnosis & Management Plan

Came for regular health checkup

Blood test - normal

Urine test - normal

ECG - Normal

Chest x-ray - PA view - normal study

USG abdomen & pelvis - normal studies

Ech - normal

AS
Reassess

Follow up date :

PK

Doctor Signature

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Date : 26-08-2023
MR NO : CMYS.0000057758

Department : GENERAL
Doctor : Dr Neethu Pange

Name : Mr. MAHESH VARMA

Registration No :

Age/ Gender : 38 Y / Male

Qualification :

Consultation Timing: 08:25

Height : 168	Weight : 63.2	BMI :	Wrist Circumference :
Temp :	Pulse :	Resp :	B.P : 120/70

General Examination
Allergies History

Clinical Diagnosis & Management Plan

Nose - NAD.
Ear - Reflected tm.

Lungs - RWT - NAD.

Follow up date :

Doctor Signature

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Date : 26-08-2023
MR NO : CMYS.0000057758
Name : Mr. MAHESH VARMA
Age/ Gender : 38 Y / Male

Department : GENERAL Dietetics
Doctor : Madhura . B.P

Registration No :
Qualification : M.Sc Nutrition & Dietetics
PhD*

Consultation Timing: 08:25

Height : 168	Weight : 63.2	BMI : 23.1 kg/m ²	Waist Circum : 120 (70)
Temp :	Pulse :	Resp :	D.P

General Examination
Allergies History

Urea - 15.6 ↓
BUN - 7.3 ↓

Clinical Diagnosis & Management Plan

- ⇒ Advised balanced diet.
- ⇒ Take small frequent meals, donot skip meals.
- ⇒ cooking oil - 1/2 liter / person / month.
- ⇒ Use the combination of oils like Rice bran oil, Groundnut oil, mustard oil, coconut oil, Gingeli oil & chee.
- ⇒ Use whole cereals & pulses.
- ⇒ Use skim / Toned milk instead of whole fat milk.
- ⇒ chicken / fish can be used 2-3 times in a week (no deep fry).
- ⇒ * Drink 12-14 big glasses of water / day

Follow up date :

Doctor Signature

Madhura . B.P
26/8/2023

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Date : 26-08-2023
MR NO : CMYS.0000057758

Department : GENERAL Dental
Doctor : Dr. Jyothishree

Name : Mr. MAHESH VARMA

Registration No :

Age/ Gender : 38 Y / Male

Qualification :

Consultation Timing: 08:25

Height : 168	Weight : 63.2	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 120/70

General Examination
Allergies History

Clinical Diagnosis & Management Plan

O/E

Catt, SE+++
K/clo smoker

Follow up date :

Jyothishree
Doctor Signature

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Date : 26-08-2023
MR NO : CMYS.0000057758
Name : Mr. MAHESH VARMA
Age/ Gender : 38 Y / Male

Department : GENERAL
Doctor :
Registration No :
Qualification :

Consultation Timing: 08:25

Height : 165	Weight : 63.2	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 120/70

General Examination
Allergies History

Clinical Diagnosis & Management Plan

	<u>Rt eye</u>	<u>Lt eye</u>
Distance	6/6	6/6
Near vision	N6	N6
Colour vision	Normal	Normal

Kul

Follow up date :

Doctor Signature
Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

MR MAHESH VARMA

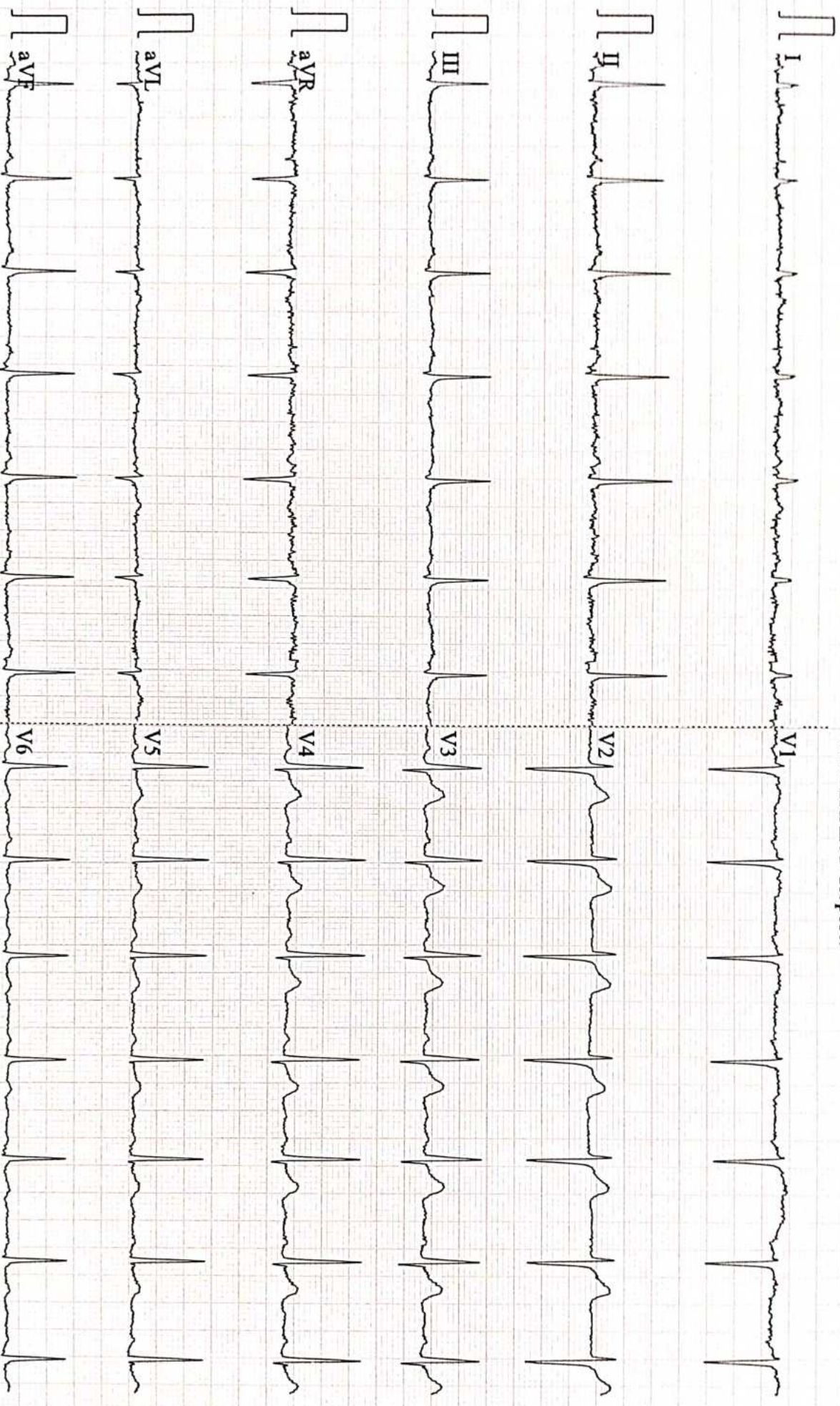
Male 38Years

168cm 63kg 120/70 mmHg

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Diagnosis Information:

Unconfirmed Report.



Patient Name: Mr Mahesh Varma	Date: 26.08.2023	Referring Doctor: Self
Age / Sex : 38 yrs /Male	UHID : 57758	O P
ULTRASONOGRAPHY – ABDOMEN & PELVIS		

LIVER: It is normal in size, outline and in echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is distended and no calculus seen.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal in size, outline and echopattern.

RIGHT KIDNEY: It measures 9.1x4.0 cm with parenchymal thickness of 1.4cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

LEFT KIDNEY: It measures 9.3x4.8 cm with parenchymal thickness of 1.3cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

URINARY BLADDER: It is well distended. The UB wall is normal. No e/o calculi.

PROSTATE: It is normal in size, outline and echotexture.

No e/o free fluid in the abdomen.

IMPRESSION: NORMAL STUDY.



Dr. Chetan H. DNB
Consultant Radiologist.

Apollo Health and Lifestyle Limited

(CIN : U85110TG2000PLC115819)

Regd. Office: 1-10-10-62, Ashoka Rajgopathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
Ph. No. 040 4904 7777 | Fax No. 4904 7744 | Email ID: enquiry@apolloh.com | www.apolloh.com

APOLLO CLINICS NETWORK KARNATAKA

Bangalore (Basavanagudi) | Bellandur | Electronic City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Narajpur Road | Mysore (VV Mahalla)

Online appointments: www.apolloh.com

TO BOOK AN APPOINTMENT

1860 500 7788

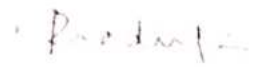
Patient Name	: Mr. MAHESH VARMA	Age	: 38 Y M
UHID	: CMYS.0000057758	OP Visit No	: CMYSOPV116966
Reported on	: 26-08-2023 15:43	Printed on	: 26-08-2023 15:44
Adm/Consult Doctor	:	Ref Doctor	: SELF

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .
No obvious active pleuro-parenchymal lesion seen .
Both costophrenic and cardiophrenic angles are clear .
Both diaphragms are normal in position and contour .
Thoracic wall and soft tissues appear normal.

IMPRESSION :NORMAL STUDY.



Printed on 26-08-2023 15:43

---End of the Report---

Dr. PRADEEP KUMAR C N
MBBS DNB(RADIOLOGY)
Radiology

Apollo Health and Lifestyle Limited

(CIN : U65120TG200501135819)

Regd. Office : 10/10/12/2/Acharya Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
Ph: No. 040 4353 3333 Fax: No. 4904 7744 | Email ID: enquiry@apollohospitals.com | www.apollonline.com

APOLLO CLINIC NETWORK - KARNATAKA

Bangalore (Basavanaguda) | Bellandur | Electronic City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli |
Koramangala | Jayanagar | Jayashree Health | Mysore (VV Mahalla)

Online appointment: www.apollonline.com

TO BOOK AN APPOINTMENT

 **1860 500 7788** | of 1

Patient's Name : Mr . Mahesh Varma	Age & Sex: 38Yrs /Male
Date : 26.08.2023	UHID No : 57758

2D ECHOCARDIOGRAPHY STUDY

Impression:

- Normal chambers and valves
- No regional wall motion abnormality
- Normal left ventricular systolic function. EF 65 %
- No clots. No pericardial effusion

Findings

Left Ventricle:	No RWMA
Right Ventricle	Normal
Left Atrium	Normal
Right Atrium	Normal
Aorta	Normal
Pulmonary Artery	Normal
IAS	Intact
IVS	Intact
Valves	Normal
Pericardium	Normal
Doppler	Normal

Apollo Health and Lifestyle Limited

ICIN: U85110TG2000PLC115819
 Regd. Office: 1-10-60-62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
 Ph. No: 040 4904 7777 | Fax No: 4904 7744 | Email ID: enquiry@apollohi.com | www.apollohi.com

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 Koramangala | Sarjapur Road | **Mysore** (VV Mohalla)

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

1860 500 7788

Patient's Name : Mr . Mahesh Varma	Age & Sex: 38Yrs /Male
Date : 26.08.2023	UHID No : 57758

Measurement

AO : 2.1 cm
LA : 2.2 cm

RV : 2.3 cm
LVIDd : 4.63 cm
LVIDs : 2.98 cm
IVSd : 0.95 cm
IVSs : 1.46 cm
PWd : 1.14 cm
PWs : 1.43 cm
EF : 65 %
FS : 35.0 %

Doppler
MV TV AV PV
E: 0.72 m/s E --- m/s V max m/s V max m/s
1.10 0.82
A: 0.58 m/s A --- m/s
MR Nil TR Nil AR Nil PR Nil

Dr. GURU PRASAD. B. V, MBBS, PGDCC
CONSULTANT – NON-INVASIVE CARDIOLOGY

Apollo Health and Lifestyle Limited

ICIN: URS110TG2000PLC115819
Regd Office: 1-10-6/3-2, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
Ph. No: (040) 4604 7777, Fax No: 4604 7744 | Email ID: enquiry@apollohi.com | www.apollohi.com

APOLLO CLINICS NETWORK KARNATAKA

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Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

1860 500 7788

Patient Name : Mr. MAHESH VARMA

Age/Gender : 38 Y/M

UHID/MR No. : CMYS.0000057758

OP Visit No : CMYSOPV116966

Sample Collected on :

Reported on : 26-08-2023 15:44

LRN# : RAD2082434

Specimen :

Ref Doctor : SELF

Emp/Auth/TPA ID : 404362704739

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

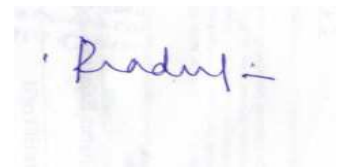
No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

IMPRESSION :NORMAL STUDY.



Dr. PRADEEP KUMAR C N
MBBS DNB(RADIOLOGY)

Radiology

Patient Name : Mr. MAHESH VARMA

Age/Gender : 38 Y/M

UHID/MR No. : CMYS.0000057758

OP Visit No : CMYSOPV116966

Sample Collected on :

Reported on : 26-08-2023 12:56

LRN# : RAD2082434

Specimen :

Ref Doctor : SELF

Emp/Auth/TPA ID : 404362704739

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

LIVER: It is normal in size, outline and in echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is distended and no calculus seen.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal in size, outline and echopattern.

RIGHT KIDNEY: It measures 9.1x4.0 cm with parenchymal thickness of 1.4cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

LEFT KIDNEY: It measures 9.3x4.8 cm with parenchymal thickness of 1.3cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

URINARY BLADDER: It is well distended. The UB wall is normal. No e/o calculi.

FOOTSTATE: It is normal in size, outline and echotexture.

No e/o free fluid in the abdomen.

IMPRESSION: NORMAL STUDY .

Chetan H, DNB

Consultant Radiologist.

Dr. CHETAN HOLEPPAGOL
MBBS, DNB(RADIO DIAGNOSIS)

Radiology

Name: Mr. MAHESH VARMA
Age/Gender: 38 Y/M
Address: VIRAJPET
Location: MYSORE, KARNATAKA
Doctor:
Department: GENERAL
Rate Plan: MYSORE_06042023
Sponsor: ARCOFEMI HEALTHCARE LIMITED
Consulting Doctor: Dr. SABAH JAVED

MR No: CMYS.0000057758
Visit ID: CMYSOPV116966
Visit Date: 26-08-2023 08:25
Discharge Date:
Referred By: SELF

HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

Chief Complaints

COMPLAINTS:::: For Routine Health Checkup,

SYSTEMIC REVIEW

**Weight

--->: Stable,

Number of kgs: 63.9,

HT-HISTORY

Past Medical History

PAST MEDICAL HISTORY: Nil Significant,

**Cancer: NILL,

PHYSICAL EXAMINATION

SYSTEMIC EXAMINATION

IMPRESSION

IMPRESSION

Finding Category : within normal limits,

EKG

: NORMAL,

RECOMMENDATION

DISCLAIMER

Disclaimer: The health checkup examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the consulting physician. Additional tests, consultations and follow up may be required in some cases.,

Doctor's Signature

Fwd: Health Check up Booking Confirmed Request(bobE44126),Package Code-PKG10000311, Beneficiary Code-80133

Mahesh Varma <maheshvarma212@gmail.com>

Fri 8/25/2023 3:28 PM

To:Kakotuparambu, Puttur Region <VJKAKO@bankofbaroda.com>

You don't often get email from maheshvarma212@gmail.com. [Learn why this is important](#)

: यह मेल बैंक डोमेन के बाहर से आया है. अगर आप प्रेषक को नहीं जानते तो मेल में दी गयी लिंक पर क्लिक
ON: THIS MAIL IS ORIGINATED FROM OUTSIDE OF THE BANK'S DOMAIN. DO NOT CLICK ON

----- Forwarded message -----

From: **Mediwheel** <wellness@mediwheel.in>

Date: Wed, 16 Aug 2023, 15:50

Subject: Health Check up Booking Confirmed Request(bobE44126),Package Code-PKG10000311, Beneficiary Code-80133

To: <maheshvarma212@gmail.com>

Cc: <customercare@mediwheel.in>

011-41195959

[Email:wellness@mediwheel.in](mailto:wellness@mediwheel.in)

Dear Mahlesh VARMA,

Please find the confirmation for following request.

Booking Date : 14-08-2023

Package Name : Arcofemi MediWheel Full Body Annual Plus Male 2D ECHO

Name of Diagnostic/Hospital : Apollo clinic - Kalidasa Road

Address of Diagnostic/Hospital : Apollo Clinic, 23, Kalidasa Road, VV Mohalla, Mysore -570002

Contact Details : 18605007788

City : Mysore

State : Karnataka

Pincode : 570002

Appointment Date : 26-08-2023

Confirmation Status : Confirmed

Preferred Time : 8:00am-8:30am

Comment : APPOINTMENT TIME 9:00AM

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.