

Subject: Health Check up Booking Request(bobE48182), Beneficiary Code-14155

Mediwheel <wellness@mediwheel.in>

Sent: Thu, 12 Oct 2023 12:27:06 GMT+0530

To: You

Cc: customercare@mediwheel.in

①

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MedSave

011-41195959

Email:wellness@mediwheel.in

Dear Metro Hospital & Heart Institute,

City : Haridwar . Address : Plot No. F - 1, Sector 6A, SIDCUL Sector 8A, Road, Integrated Industrial Estate, BHEL Township ,

We have received the confirmation for the following booking .

Name : MR. KUMAR RAJESH
Age : 42
Gender : Male
Package Name : Medi-Wheel Full Body Health Checkup Male Above 40 .
Contact Details : 9897615715
Booking Date : 12-10-2023
Appointment Date : 14-10-2023

Member Information			
Booked Member Name	Age	Gender	Cost(In INR)
MR. KUMAR RAJESH	42	Male	Cashless
Total amount to be paid		Cashless	

We will get back to you with confirmation update shortly. Please find the package details as attached for your reference.

Package Name : Medi-Wheel Full Body Health Checkup Male Above 40 - Includes (40)Tests
Ecg, TSH, X-ray Chest, Stress Test (tmt)/ 2d Echo, Blood Sugar -Postprandial, Psa(for Male), Dental Consultation, Creatinine, Serum, A:g Ratio, Blood Group, Total Cholesterol, Triglycerides, Fasting Blood Sugar, Ultrasound Whole Abdomen , Glycosylated Haemoglobin (hba1c), Hdl, Vldl, Urine Analysis, LDL, Total Protine, General Consultation, HDL/ LDL ratio, GGT(Gamma-glutamyl Transferase), Eye Check-up consultation, ALP (ALKALINE PHOSPHATASE), Uric Acid, AST/ALT Ratio, Serum Protein, CBC with ESR, Stool Analysis, Urine Sugar Fasting, Urine Sugar PP, T3, T4, Cholesterol Total / HDL Ratio, BUN, BUN/Creatinine Ratio, Bilirubin Total & Direct and Indirect, Albumin, Globulin

Subject: Health Check up Booking Confirmed Request(bobE48182),Package Code-PKG10000236, Beneficiary Code-14155.

Mediwheel <wellness@mediwheel.in>

Sent: Thu, 12 Oct 2023 13:13:47 GMT+0530

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Hi **Metro Hospital & Heart Institute,**

Diagnostic/Hospital Location : **Plot No. F - 1, Sector 6A, SIDCUL Sector 8A, Road, Integrated Industrial Estate, BHEL Township ,City:Haridwar**

We have received the confirmation for the following booking .

Beneficiary Name : PKG10000236

Beneficiary Name : MR. KUMAR RAJESH

Member Age : 42

Member Gender : Male

Member Relation : Employee

Package Name : Medi-Wheel Full Body Health Checkup Male Above 40

Location : RISHIKESH,Uttarakhand-249201

Contact Details : 9897615715

Booking Date : 12-10-2023

Appointment Date : 14-10-2023

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
 2. It is advisable not to undergo any Health Check during menstrual cycle.
- We request you to facilitate the employee on priority.



Metro Hospital & Heart Institute, Haridwar

Health Check-up Certificate

COMPANY... Microwheel / BOB

EMPLOYEE NO. 91829 DEPTT. DESP DATE 14/10/23

NAME Rajesh Kumar AGE/SEX 46/M DOB.....

DESIGNATION Doctor MOBILE NO 9897615715

CHEST (INSP)... 89 cm. CHEST (EXP)... 85 cm. CHEST EXPANSION... 04 cm

HEIGHT... 160 cm. WEIGHT... 55 Kg. BMI.....

P/R... 67 per mt. BP... 130/83 mmHg SIGN OF EMP 210/210/110

EXAMINATION/INVESTIGATIONS

No	Investigations	Room No	Result
✓ 1	LAB INVESTIGATIONS	Path Lab	Hb <u>14.9 gm</u> TLC <u>12300</u> /DLC <u>56/34/10</u>
	BLOOD SUGAR F/PP/RANDOM	Path Lab	F <u>120</u> /PP <u>145</u> /RBS <u>NSA, C 6.6</u>
	BLOOD GROUP	Path Lab	<u>O+</u>
✓ 2	URINE	Path Lab	ALB <u>NIL</u> / Sugar <u>NIL</u>
✓ 3	STOOL	Path Lab	<u>SMR</u>
✓ 4	X RAY CHEST PA	Radiology	<u>NAD</u>
✓ 5	ULTRASONOGRAPHY (Whole Abd)	Radiology	<u>Normal study</u>
✓ 6	ECG	Health check up	<u>Normal</u>
✓ 7	ECHO	Radiology	<u>Normal study</u>
8	TMT	Radiology	—
9	PFT	Health check up	—
10	AUDIOMETRY	25	—
11	ENT EXAM	25	—
✓ 12	DENTAL EXAMINATION	24	<u>Stations good / Hygiene good</u>
✓ 13	ACUITY OF VISION/COLOUR VISION	13	<u>DRS 6/6</u> <u>CVS N/6</u> <u>ev-act</u> <u>6/6</u> <u>N/6</u> <u>ev-act</u> <u>6/6</u> <u>N/6</u> <u>ev-act</u>
✓ 14	EXAMINATION BY PHYSICIAN	23	<u>NAD</u>
15	TFT = TSH = ↑		

Observations - 2 ↑ BSS / F/PP
2 lipiods - WNL
LFT - WNL
KFT - WNL

DR. ANIL SINGH
MBBS, AFIH, DHA
Consultant Occupational Health
Reg No -UKMC-2831
Metro Hospital & Heart Institute
SIDCUL, Haridwar-249403 (U)



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Patient Name... Rajesh Kumar Age/Sex..... Reg.No.....
Doctor... D^r. Naman Agarwal
Date..... Time.....

DENTAL EXAMINATION

➤ TEETH STATUS = Good

• MISSING - NIL

• DECAYED - NIL

➤ ORAL HYGIENE STATUS = Good

• STAINS - NIL

• CALCULUS - NIL



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we treat...HE CURES

**Metro Hospital
& Heart Institute**

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OPD CONSULTATION

Patient Name Rakesh Kumar Age/Sex 45/M Reg. No.
 Doctor's Name Dr. Sushil Kumar
 Date 14/10/23 Time

OPHTHALMIC EXAMINATION

VISION

DISTANCE VISION-

Rt 6/6
 Lt 6/6

NEAR VISION-

Rt N/6
 Lt N/6

COLOUR VISION

Refractive

EYE EXAMINATION

- Cornea
- Ant Chamber
- Pupil
- Fundus Examination

ADVICE-

Dr. Sushil Kumar MBBS, MS (Ophtho)
 Consultant Ophthalmologist
 Metro Hospital & Heart Institute
 Sidcul, Haridwar
 Signature [Signature]
 2023 (U/O)

Plot No. F-1, Sector-6A, SIDCUL, Haridwar - 249 403
 Emergency : +91 8191902600, Phone : 01334 - 239040 / 42 / 43, Fax : 01334 - 239043
 E-mail : metroharidwar@metrohospitals.com, Website: www.metrohospitals.com

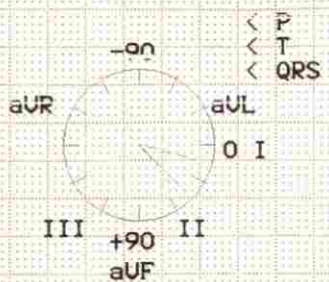
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Measurement Results:

QRS	:	82 ms
QT/QTcB	:	380 / 384 ms
PR	:	126 ms
P	:	80 ms
RR/PP	:	980 / 990 ms
P/QRS/T	:	50/ 45/ 15 degrees
QTD/QTcBD	:	40 / 40 ms
Sokolow	:	1.7 mV
NK	:	8

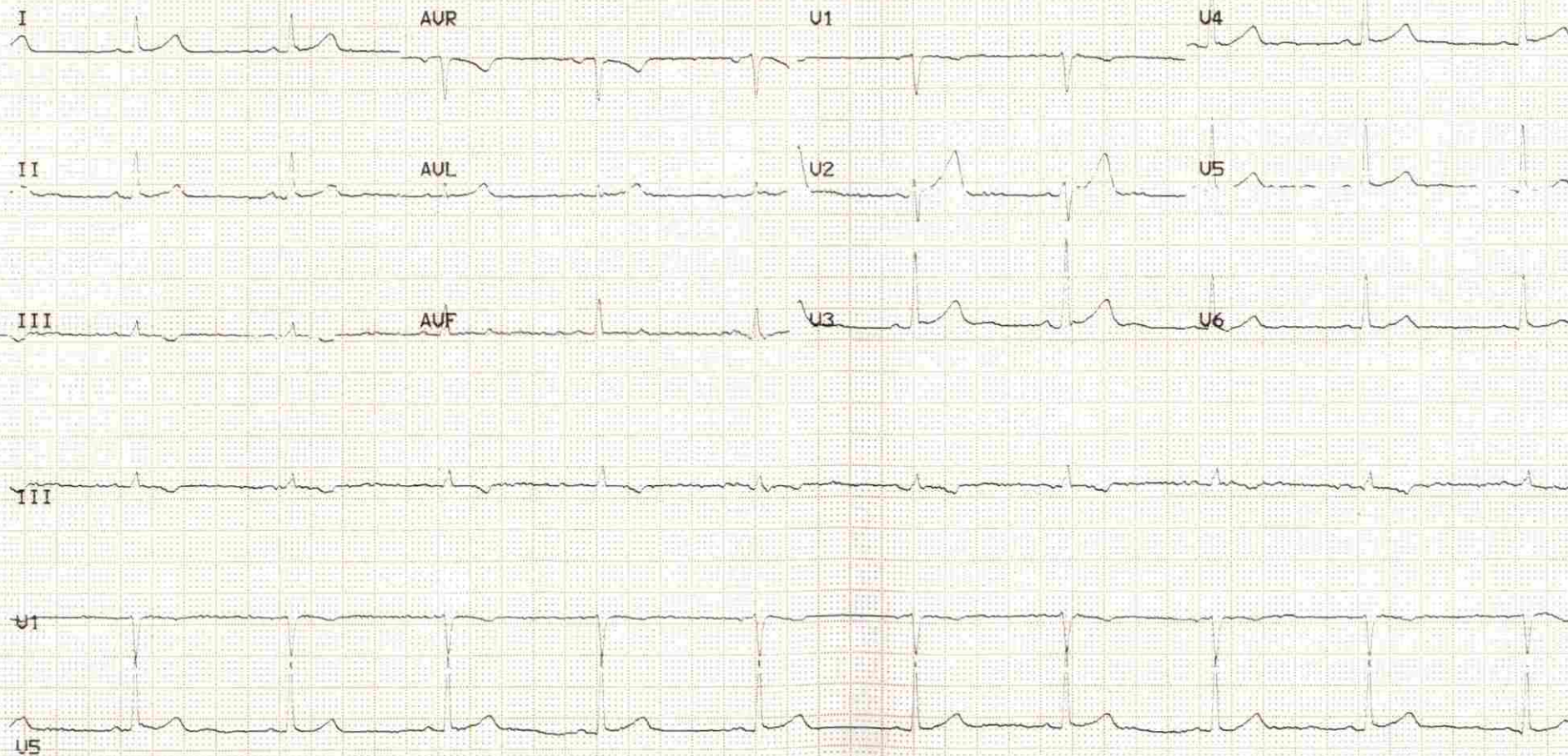


Interpretation:

normal ECG

14-10-13

Unconfirmed report





Radiology Investigation Report

Name : Mr. Rajesh Kumar
Ref. By : Dr. ANIL SINGH
IP/OP : OP/202311310
Date : 14/10/2023

Age/Sex : 42 Y/M
UHID NO : 2023018006
Request No : 70240492

USG WHOLE ABDOMEN

The diaphragm is normal in contour & respiratory excursion. There is no ascitis or lymph node mass.

Liver is normal in size, shape, outline & echotexture. No focal area of abnormal echogenecity is seen in liver. Intrahepatic biliary radicles are not dilated. Portal vein & portal venous radicles are normal.

Gall bladder is normal in shape & size. Gall bladder wall is not thick. No mass lesion / calculus is seen in gall bladder. Common bile duct is normal in course & caliber. No calculus is seen in its lumen.


Spleen & pancreas appears normal in shape, size, outline & echotexture.

Both the kidneys are normal in shape, size, outline & echotexture. Renal parenchymal thickness is normal. Corticomedullary junction is defined & is normal. There is no hydronephrosis. No echogenic renal calculus is seen.

Urinary bladder is normal in contour & capacity. Bladder wall is not thick. No pathological filling defect / vesical calculus is seen in bladder. Ureterovesical junctions appear normal.

Prostate is normal in shape, outline & echotexture. Prostatic capsule & periprostatic facial planes appear normal.

IMPRESSION : NORMAL STUDY


DR. PRAKASH CHANDRA PANDEY
MBBS, DMRD
CONSULTANT RADIOLOGIST

Note:

- (1) Not Valid for medical-legal purposes.
- (2) This is a professional opinion based on imaging finding and not the diagnosis.
- (3) In case of any discrepancy due to machine error or typing error, please get it rectified immediately.

**Radiology Investigation Report**

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Ref. By : Dr. ANIL SINGH
IP/OP : OP/202311310
Date : 14/10/2023

Age/Sex : 42 Y/M
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Request No : 70240492

X-RAY CHEST PA View

Cardiac contour & size are normal.
Trachea is central.
Lung fields are clear.
Hilar shadows are normal.
Costophrenic angles are clear.
Bony rib cage is normal.

IMPRESSION: NORMAL CHEST.

DR.PRAKASH CHANDRA PANDEY
MBBS, DMRD
CONSULTANT RADIOLOGIST

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Plot No. F-1, Sector-6A, SIDCUL, Haridwar - 249 403

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F-mail : metroharidwar@metrohospitals.com. Website: www.metrohospitals.com



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2D ECHOCARDIOGRAPHY

Name:	Mr. Rajesh Kumar	UHID No:	2023018006
Age/Sex:	42Y/M	Ward:	OPD
Referred by:	Dr. Anil Singh	Date:	14.10.2023

ACOUSTIC WINDOW: Normal

MEASUREMENTS AND CALCULATIONS

Measurements	Observed Value	Reference Value
IVS (ED)	0.9	(0.6 – 1.1 cm)
LVPW (ED)	1.0	(0.6 – 1.1 cm)
LVID (ED)	4.8	Male (3.7 – 5.5 cm) Female (3.7 – 5.2 cm)
Aortic root diameter	2.6	(2.0 – 3.7 cm)
LA dimension	3.1	Male (1.9 – 4.0 cm) Female (1.7 – 3.8 cm)
LV EF	55%	(55 – 75%)

MORPHOLOGICAL DATA

Mitral valve	Normal	Right Atrium	Normal
Aortic valve	Normal	Right Ventricle	Normal
Tricuspid valve	Normal	PA	Normal
Pulmonary valve	Normal	IVS	Intact
		IAS	Intact

DOPPLER STUDY

Valve	Regurges	Velocities (cm/s)	Gradients (mmHg)
Mitral	Trace	E – 104, A – 88, E/A>1	
Aortic	Nil	Vel – 135	
Tricuspid	Trace	Vel – 265	PASP – 28
Pulmonary	Trace	Vel – 123	

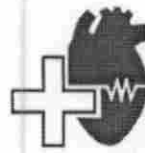
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FINAL IMPRESSION

- Normal Acoustic Window
- Normal Chambers Dimensions
- No RWMA
- LVEF~55%
- No LVDD
- Trace MR, Trace TR, Trace PR, PASP 28 mmHg
- No pericardial effusion
- No Intracardiac clot

Dr. Krishna CK

MD, DNB (Medicine), DNB (Cardiology)
Consultant Interventional Cardiology
UKMC Reg. No: 12883



Dr. Ajit Kumar

MBBS, PGDCC
Associate Consultant, Cardiology
UKMC Reg. No: 7569

(Note: This document is not for medico-legal purpose)

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Pathology Report

Name : Mr. Rajesh Kumar
 Ref. By : Dr. ANIL SINGH
 IP/OP : OP/202311310
 Sample Date : 14/10/2023
 Reporting Date : 15/10/2023

Age/Sex : 42 Y/M
 UHID : 2023018006
 Request No. : 10374726
 Sample Time : 10:07
 Reporting Time : 01:22

Test	Result	Unit	Bio. Ref.	Inter. Test Method
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Hematology

BLOOD GROUP				
ABO	O			
Rh	POSITIVE			
CBC (COMPLETE BLOOD COUNT/HAEMOGRAM)				
HB	14.9	gm/dl	M - 13-18	
TLC	5430	/cumm	4000-11000	
DLC (WBC DIFFERENTIAL)				
NEUTROPHILS	56	%	45-75	
LYMPHOCYTES	34	%	25-45	
EOSINOPHILS	04	%	1-6	
MONOCYTES	06	%	2-8	
BASOPHILS	00	%	<2	
RBC	4.79	million	3.5-5.5	
PCV	47.6	%	36-52	
MCV	100.6	fL	80-100	
MCH	31.5	PG	27-32	
MCHC	31.3	gm/dl	31-37	
PLATELET COUNT	1.39	lakh/cumm	1.5-4.5	
RDW	14.8	%	11.5-15	
ESR	17	mm/hr	20	

Serology & Immunology

THYROID PROFILE				
T3	2.76	nmol/L	1.70-3.10	
T4	11.3	µg/dl	5.95-15.4	
TSH	6.00	µIU/L	0.46-4.68	

*** End of Reports ***

Dr. Vishal Arora
 MBBS, DCP
 (Consultant Pathologist)

Aec
 Checked By

Note:

1. These reports are mere estimation of values at that particular time and are liable to vary/change in different conditions in different laboratories.
2. The values are to be collaborated with clinical findings by qualified doctor and any alarming and unexpected results should be reported to Lab urgently for recheck and manual typing errors.
3. These reports are not valid for medicolegal purposes and all doctor unsigned reports should be considered provisional only.
4. All card based tests are screening test therefore need confirmation by other alternative test like (PCR, ELISA).

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Test	Result	Unit	Bio. Ref. Inter. Test Method
------	--------	------	------------------------------

Biochemistry

HBTAC	6.6	%	4.5-6.3
BLOOD SUGAR -PP	145.0	mg/dl	70.0-140.0
BLOOD SUGAR -FASTING	129.0	mg/dl	70.0-110.0
LIPID PROFILE			
TOTAL CHOLESTEROL	221.0	mg/dl	00-250.0
HDL-CHOLESTEROL	40.0	mg/dl	00-50.0
LDL	153.0	mg/dl	00-150.0
TRIGLYCERIDES	142.0	md/dl	30-150
VLDL	28.0	mg/dl	0-50
CHOL/HDL Ratio	5.5		<4.5

LFT (LIVER FUNCTION TEST)

BILIRUBIN INDIRECT	0.44	mg/dl	0.2-0.8
SGOT	39.0	U/L	10-42
SGPT	35.0	U/L	10-42
BILIRUBIN TOTAL	0.84	mg/dl	0.2-1.0
ALKALINE PHOSPHATASE	94.0	IU/L	28-111
BILIRUBIN DIRECT	0.40	mg/dl	0.1-0.4
TOTAL PROTEIN	7.5	gm/dl	6.4-8.2
ALBUMIN	4.5	g/dl	3.5-5.0
GLOBULIN	3.0	gm/dl	2.0-4.0
AG RATIO	1.5		-

KFT (KIDNEY FUNCTION TEST)

UREA	27.9	mg/dl	15-45
SODIUM	148.0	mmol/L	135-155
CREATININE	1.01	mg/dl	0.6-1.3
URIC ACID	7.8	mg/dl	3.0-7.6
BUN	13.2	mg/dl	05-20
POTTASSIUM	4.8	mmol/L	3.5-5.5
CALCIUM	10.0	mg/dl	8.5-10.5

*** End of Reports ***

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 MBBS, DCP
 (Consultant Pathologist)

Checked By

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10/15/2023 1:56 AM



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Test	Result	Unit	Bio. Ref.	Inter.	Test Method
Urine Examination					
URINE SUGAR	NIL				
URINE ROUTINE ANALYSIS					
PHYSICAL EXAMINATION					
COLOUR	PALE				
	YELLOW				
TRANSPARENCY	CLEAR				
S. GRAVITY	1.015				
CHEMICAL EXAMINATION					
ALBUMIN	NIL				
SUGAR	NIL				
pH	7.0				
BLOOD	NIL				
KETONE	NIL				
MICROSCOPIC EXAMINATION					
PUS CELLS	2-3				
EPITHELIAL CELLS	1-2				
RBC	NIL				
CRYSTALS	NIL				
CAST	NIL				
BACTERIA	NIL				
AMORPHOUS PHOSPHATE	NIL				
AMORPHOUS URATES	NIL				

*** End of Reports ***

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