

PATIENT NAME : NIMISHA E P
REF. DOCTOR : DR. MEDIWHEEL
CODE/NAME & ADDRESS : CA00010147 -

 MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED
 F701A, LADO SARAI, NEW DELHI,SOUTH DELHI,
 DELHI,
 SOUTH DELHI 110030
 8800465156

ACCESSION NO : 4053WJ001250
PATIENT ID : NIMIF1006954053
CLIENT PATIENT ID:
ABHA NO :
AGE/SEX : 28 Years Female
DRAWN :
RECEIVED : 14/10/2023 09:48:38
REPORTED : 14/10/2023 16:16:23

Test Report Status	<u>Preliminary</u>	Results	Biological Reference Interval	Units
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MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT
TREADMILL TEST

TREADMILL TEST COMPLETED

OPHTHAL

OPTHAL COMPLETED

PHYSICAL EXAMINATION

PHYSICAL EXAMINATION COMPLETED


DR.INDUSARATH S
CONSULTANT PATHOLOGIST

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DDRC AGILUS PATHLABS LIMITED

 KANNUR
 KERALA, INDIA
 Tel : 93334 93334
 Email : customercare.ddrc@agilus.in

Patient Ref. No. 66600006341812

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MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT**ECG WITH REPORT****REPORT**

COMPLETED

USG ABDOMEN AND PELVIS**REPORT**

COMPLETED

CHEST X-RAY WITH REPORT**REPORT**

COMPLETED

HAEMATOLOGY**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT****GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD**

HBA1C	4.9	Normal	: 4.0 -	%
		5.6%.		
		Non-diabetic level	: < 5.7%.	
		Diabetic	: >6.5%	

Glycemic control goal

More stringent goal : < 6.5 %.

General goal : < 7%.

Less stringent goal : < 8%.

Glycemic targets in CKD :-

If eGFR > 60 : < 7%.

If eGFR < 60 : 7 - 8.5%.

MEAN PLASMA GLUCOSE	93.9	< 116.0	mg/dL
---------------------	------	---------	-------



NIMISHA K
LAB TECHNOLOGIST



DR.INDUSARATH S
CONSULTANT PATHOLOGIST



DR.HARI SHANKAR, MBBS MD
(Reg No - TCMC:62092)
HEAD - Biochemistry &
Immunology



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BLOOD COUNTS, EDTA WHOLE BLOOD

HEMOGLOBIN	12.0	12.0 - 15.0	g/dL
RED BLOOD CELL COUNT	4.26	3.8 - 4.8	mil/ μ L
WHITE BLOOD CELL COUNT	3.71 Low	4.0 - 10.0	thou/ μ L
PLATELET COUNT	162	150 - 410	thou/ μ L

RBC AND PLATELET INDICES

HEMATOCRIT	36.3	36 - 46	%
MEAN CORPUSCULAR VOL	85.4	83 - 101	fL
MEAN CORPUSCULAR HGB.	28.1	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION	33.0	31.5 - 34.5	g/dL
RED CELL DISTRIBUTION WIDTH	14.2 High	11.6 - 14.0	%
MENTZER INDEX	20.1		
MEAN PLATELET VOLUME	8.0	6.8 - 10.9	fL

WBC DIFFERENTIAL COUNT

SEGMENTED NEUTROPHILS	51	40 - 80	%
LYMPHOCYTES	43 High	20 - 40	%
MONOCYTES	2	2 - 10	%
EOSINOPHILS	2	1 - 6	%
BASOPHILS	2	0 - 2	%
ABSOLUTE NEUTROPHIL COUNT	1.89 Low	2.0 - 7.0	thou/ μ L
ABSOLUTE LYMPHOCYTE COUNT	1.60	1 - 3	thou/ μ L
ABSOLUTE MONOCYTE COUNT	0.07 Low	0.20 - 1.00	thou/ μ L
ABSOLUTE EOSINOPHIL COUNT	0.07	0.02 - 0.50	thou/ μ L
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	1.2		



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ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD

SEDIMENTATION RATE (ESR)	3	0 - 20	mm at 1 hr
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SUGAR URINE - POST PRANDIAL

SUGAR URINE - POST PRANDIAL	NOT DETECTED	NOT DETECTED
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SUGAR URINE - FASTING

RESULT PENDING

IMMUNOHAEMATOLOGY**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT****ABO GROUP & RH TYPE, EDTA WHOLE BLOOD**

ABO GROUP	TYPE A
RH TYPE	POSITIVE

BIO CHEMISTRY**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT****BLOOD UREA NITROGEN (BUN), SERUM**

BLOOD UREA NITROGEN	8	Adult(<60 yrs) : 6 to 20	mg/dL
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BUN/CREAT RATIO

BUN/CREAT RATIO	11.4	5.00 - 15.00
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LAB TECHNOLOGISTNIMISHA K
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CREATININE, SERUM

CREATININE 0.70 18 - 60 yrs : 0.6 - 1.1 mg/dL

GLUCOSE, POST-PRANDIAL, PLASMA

GLUCOSE, POST-PRANDIAL, PLASMA 107 Diabetes Mellitus : > or = 200. mg/dL
Impaired Glucose tolerance/
Prediabetes : 140 - 199.
Hypoglycemia : < 55.

GLUCOSE FASTING,FLUORIDE PLASMA

FBS (FASTING BLOOD SUGAR) 85 Diabetes Mellitus : > or = 126. mg/dL
Impaired fasting Glucose/
Prediabetes : 101 - 125.
Hypoglycemia : < 55.

LIVER FUNCTION TEST WITH GGT

BILIRUBIN, TOTAL 0.60 General Range : < 1.1 mg/dL
BILIRUBIN, DIRECT 0.21 General Range : < 0.3 mg/dL
BILIRUBIN, INDIRECT 0.39 0.00 - 0.90 mg/dL
TOTAL PROTEIN 6.4 Ambulatory : 6.4 - 8.3 g/dL
Recumbant : 6 - 7.8
ALBUMIN 4.4 20-60yrs : 3.5 - 5.2 g/dL
GLOBULIN 2.0 General Range : 2 - 3.5 g/dL
Premature Neonates : 0.29 - 1.04
ALBUMIN/GLOBULIN RATIO 2.2 High 1.0 - 2.0 RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT) 25 Adults : < 33 U/L

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ALANINE AMINOTRANSFERASE (ALT/SGPT)	36	Adults : < 34	U/L
ALKALINE PHOSPHATASE	43	Adult(<60yrs) : 35 - 105	U/L
GAMMA GLUTAMYL TRANSFERASE (GGT)	19	Adult(female) : < 40	U/L

TOTAL PROTEIN, SERUM

TOTAL PROTEIN	6.4	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
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URIC ACID, SERUM

URIC ACID	3.8	Adults : 2.4-5.7	mg/dL
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BIOCHEMISTRY - LIPID

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

LIPID PROFILE, SERUM

CHOLESTEROL	167	Desirable : < 200 Borderline : 200-239 High : >or= 240	mg/dL
TRIGLYCERIDES	62	Normal : < 150 High : 150-199 Hypertriglyceridemia : 200-499 Very High : > 499	mg/dL
HDL CHOLESTEROL	55	General range : 40-60	mg/dL
LDL CHOLESTEROL, DIRECT	100	Optimum : < 100 Above Optimum : 100-139 Borderline High : 130-159 High : 160-189 Very High : >or= 190	mg/dL
NON HDL CHOLESTEROL	112	Desirable-Less than 130 Above Desirable-130-159 Borderline High-160-189	mg/dL

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VERY LOW DENSITY LIPOPROTEIN CHOL/HDL RATIO	12.4	High-190-219 Very High- >or =220 </= 30.0	mg/dL
	3.0 Low	3.3 - 4.4 Low Risk 4.5 - 7.0 Average Risk 7.1 - 11.0 Moderate Risk > 11.0 High Risk	
LDL/HDL RATIO	1.8	0.5-3 Desirable/Low risk 3.1-6 Borderline/Moderate risk >6.0 High Risk	

SPECIALISED CHEMISTRY - HORMONE

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

THYROID PANEL, SERUM

T3	105.20	Non-Pregnant Women 80.0 - 200.0 Pregnant Women 1st Trimester:105.0 - 230.0 2nd Trimester:129.0 - 262.0 3rd Trimester:135.0 - 262.0	ng/dL
T4	7.56	Non-Pregnant Women 5.10 - 14.10 Pregnant Women 1st Trimester: 7.33 - 14.80 2nd Trimester: 7.93 - 16.10 3rd Trimester: 6.95 - 15.70	µg/dl
TSH 3RD GENERATION	1.110	Non-Pregnant : 0.4 - 4.2 Pregnant Trimester-wise : 1st : 0.1 - 2.5 2nd : 0.2 - 3 3rd : 0.3 - 3	µIU/mL

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CLINICAL PATH - URINALYSIS

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT	RESULT PENDING
PHYSICAL EXAMINATION, URINE	RESULT PENDING
CHEMICAL EXAMINATION, URINE	RESULT PENDING
MICROSCOPIC EXAMINATION, URINE	RESULT PENDING

CLINICAL PATH - STOOL ANALYSIS

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT	RESULT PENDING
PHYSICAL EXAMINATION,STOOL	RESULT PENDING
CHEMICAL EXAMINATION,STOOL	RESULT PENDING
MICROSCOPIC EXAMINATION,STOOL	RESULT PENDING



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വിവരങ്ങൾ

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INFORMATION

- Aadhaar is a proof of identity, not of citizenship.
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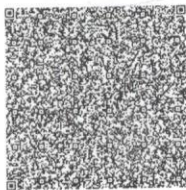


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Unique Identification Authority of India



മേൽവിലാസം: D/O: ഉത്തമൻ വി,
പുതിയപുരയിൽ, കൊടോളിപ്രം,
പട്ടാമ്പൂർ, കണ്ണൂർ, കേരളം, 670595

Address: D/O: Uthaman V, Puthiyapurayil,
Kodolipram, Pattannur, Kannur, Kerala,
670595



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आधार

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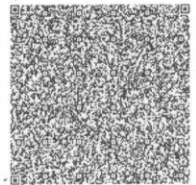
To
നിമിഷ ഇ പി
Nimisha E P
D/O: Uthaman V,
Puthiyapurayil, Kodolipram,
VTC: Pattannur,
PO: Pattannur,
Sub District: Thalassery, District: Kannur,
State: Kerala,
PIN Code: 670595,
Mobile: 7025014313

28/09/2012

1024971



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നിങ്ങളുടെ ആധാർ നമ്പർ / Your Aadhaar No. :

7373 1243 7546

എന്റെ ആധാർ, എന്റെ ഐഡന്റിറ്റി



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Government of India



നിമിഷ ഇ പി
Nimisha E P
ജനന തീയതി / DOB : 10/06/1995
സ്ത്രീ / Female

28/09/2012

7373 1243 7546

എന്റെ ആധാർ, എന്റെ ഐഡന്റിറ്റി



[Signature]

9995421817

MEDICAL EXAMINATION REPORT (MER)

If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.-

1. Name of the examinee	: Mr./Mrs./Ms. <u>Umisha. E.P</u>
2. Mark of Identification	: (Mole/Scar/any other (specify location)): <u>mole in (L) side of neck</u>
3. Age/Date of Birth	: <u>28yr, 10.6.1995</u> Gender: <u>(F)M</u>
4. Photo ID Checked	: (Passport/Election Card/PAN Card/Driving Licence/Company ID) <u>Admas</u>

PHYSICAL DETAILS:

a. Height <u>157</u> (cms)	b. Weight <u>56</u> (Kgs)	c. Girth of Abdomen <u>79</u> (cms)
d. Pulse Rate <u>70</u> (/Min)	e. Blood Pressure:	Systolic <u>110</u> Diastolic <u>70</u>
	1 st Reading	<u>110</u> <u>70</u>
	2 nd Reading	<u>110</u> <u>70</u>

FAMILY HISTORY:

Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father	<u>55</u>	<u>Healthy</u>	<u>-</u>
Mother	<u>48</u>	<u>"</u>	<u>-</u>
Brother(s)	<u>29, 23</u>	<u>"</u>	<u>-</u>
Sister(s)			

HABITS & ADDICTIONS: Does the examinee consume any of the following?

Tobacco in any form	Sedative	Alcohol
<u>no</u>	<u>no</u>	<u>no</u>

PERSONAL HISTORY

- a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. Y/N
- b. Have you undergone/been advised any surgical procedure? Y/N
- c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? 3 year back Y/N
- d. Have you lost or gained weight in past 12 months? Y/N

Have you ever suffered from any of the following?

- Psychological Disorders or any kind of disorders of the Nervous System? Y/N
- Any disorders of Respiratory system? Y/N
- Any Cardiac or Circulatory Disorders? Y/N
- Enlarged glands or any form of Cancer/Tumour? Y/N
- Any Musculoskeletal disorder? Y/N
- Any disorder of Gastrointestinal System? Y/N
- Unexplained recurrent or persistent fever, and/or weight loss Y/N
- Have you been tested for HIV/HBsAg / HCV before? If yes attach reports Y/N
- Are you presently taking medication of any kind? Y/N

no migraine R



DDRC SRL Diagnostics Limited

Corp. Office: DDRC SRL Tower, G-131, Panampilly Nagar, Ernakulam - 682 036
Ph No. 0484-23108243, 2310222, e-mail: info@ddrcsrl.com, web: www.ddrcsrl.com

Corp. Office: DDRC SRL Tower, G-131, Panampilly Nagar, Ernakulam - 682 036. Ph No. 2310688, 2318222. web: www.ddrcsrl.com

• Any disorders of Urinary System?

Y/N

• Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin

Y/N

FOR FEMALE CANDIDATES ONLY

a. Is there any history of diseases of breast/genital organs?

Y/N

d. Do you have any history of miscarriage/abortion or MTP

Y/N

b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports)

Y/N

e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc

Y/N

c. Do you suspect any disease of Uterus, Cervix or Ovaries?

Y/N

f. Are you now pregnant? If yes, how many months?

Y/N

CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER

- Was the examinee co-operative? Y/N
- Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job? Y/N
- Are there any points on which you suggest further information be obtained? Y/N
- Based on your clinical impression, please provide your suggestions and recommendations below;

.....
.....

➤ Do you think he/she is **MEDICALLY FIT** or UNFIT for employment.

Medically fit

MEDICAL EXAMINER'S DECLARATION

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner :

[Handwritten Signature]

Seal of Medical Examiner :

Dr. INDUSARATH. S MBBS, MD, DNB
Reg. No: 41964
DDRC agilus , Kannur

Name & Seal of DDRC SRL Branch :

Date & Time :



DDRC SRL Diagnostics Limited

Corp. Office: DDRC SRL Tower, G- 131, Panampilly Nagar, Ernakulam - 682 036
Ph No. 0484-2318223, 2318222, e-mail: info@ddrcsrl.com, web: www.ddrcsrl.com

Regd. Office: 4th Floor, Prime Square, Plot No.1, Gaiwadi Industrial Estate, S.V. Road, Goregaon (West), Mumbai – 400062.

Standard

L I

L II

L III

L III Inspiration

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I

aVR

V1

V4

II

aVL

V2

V5

III

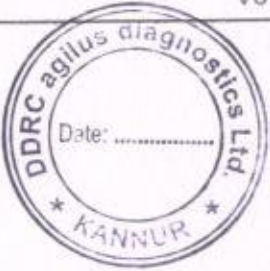
aVF

V3

V6

0.5~100Hz AC50 25mm/s 10/5mm/mV ♥58 V1.0 SEMIP V1.7

Arrow CE

V1	V2	V3	V4
<p>ID: NIMISHA EP Female / mmHg 28Years / kg cm</p> <p><i>within normal limits</i></p> <p>HR : 58 bpm P : 105 ms PR : 167 ms QRS : 75 ms QT/QTc : 383/379 ms P/QRS/T : 90/80/54 ° RV5/SV1 : 1.088/0.509 mV</p>	<p>Dr. INDUSARATH, S MBBS, MD, DNB Reg. No: 41964 DDRC agilus , Kannur</p>		
	V6	Standard	
			

OPHTHALMOLOGY REPORT

TO WHOM-SO-EVER IT MAY CONCERN

This is to certify that I have examined **Mrs. NIMISHA . E . P** , 28 years Female on 14.10.2023 and her visual standards are as follows:

	OD	OS
UNCORRECTED DISTANCE VISUAL ACUITY	6/6	6/6
UNCORRECTED NEAR VISUAL ACUITY	N6	N6
COLOUR VISION	NORMAL	NORMAL

NOTE:

- NO HISTORY OF SPECS .
- NO RELEVANT MEDICAL HISTORY .
- NO H/O ALLERGY .


SHEHZIYA V P
OPTOMETRIST

DATE: 14.10.2023



Name	Mrs. NIMISHA.E.P	Age/Sex	28/Female
Ref: By:	MEDI WHEEL	Date	14.10.2023

ULTRASOUND SCAN OF ABDOMEN AND PELVIS

(With relevant image copies)

LIVER: Normal in size and echotexture. No e/o focal parenchymal lesions / IHBD. PV, HV & IVC are within normal limits.

GB: Partially distended, shows normal wall thickness. No e/o calculi/polyps/ pericholecystic collections.

CBD: Normal.

PANCREAS: Head and body visualized and are of normal size and echotexture. No e/o focal/diffuse parenchymal lesions/ductal dilatation/calculi. Tail cannot be visualized due to poor window.

SPLEEN: Normal in size and echotexture. Splenic vein shows normal diameter.

KIDNEY'S: Both kidneys are normal in size and echotexture. No e/o calculi/ hydronephrosis/ focal lesions/ perinephric collections.

RIGHT KIDNEY: Measures 93 x 35mms

LEFT KIDNEY: Measures 92 x 40 mms

UB: Moderately distended, shows normal wall thickness. No e/o calculi/growth/diverticulac. Both UV junctions are within normal limits.

UTERUS: AV, measures 70 x 32 x 41 mms. Normal in size and echotexture.

EMT: 5 mm, normal.

OVARIES: Both ovaries are normal in size and echotexture.

RIGHT OVARY: measures 29 x 16mms

LEFT OVARY: measures 35 x 17 mms

POD: No free fluid.

No e/o intraperitoneal free fluid/ abdominal lymphadenopathy/ mass lesion.

IMPRESSION

- **NO SONOLOGICALLY DETECTED ABNORMALITY IN THE ABDOMEN AND PELVIS.**



Dr. P.NIYAZI NASIR
MBBS, DMRD

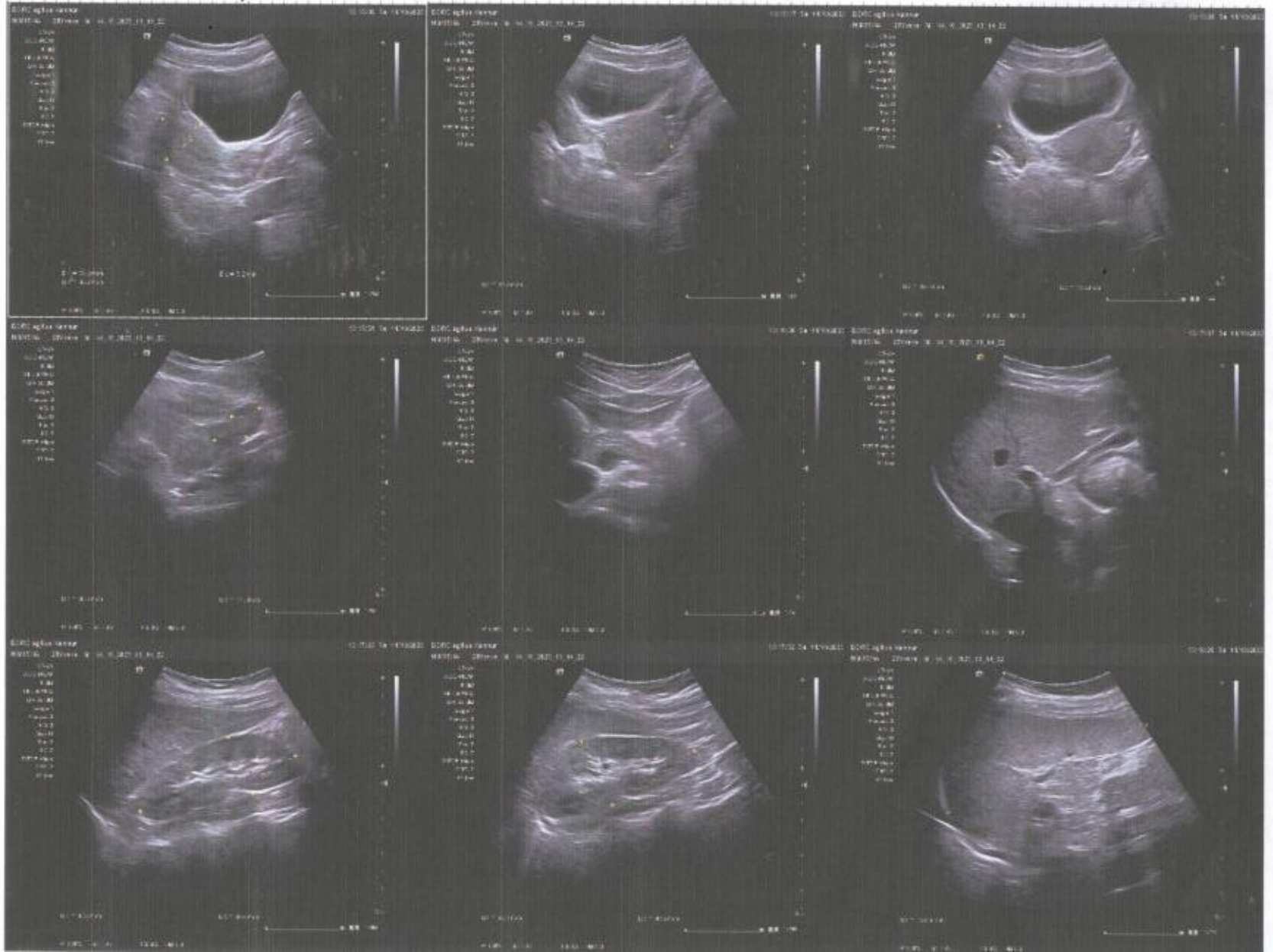
(Because of technical and technological limitation complete diagnosis cannot be assured on imaging sonography. Clinical correlation, consultation if required repeat imaging required in the event of controversies. This document is not for legal purposes).

Dr. P. NIYAZI NASIR, MBBS, DMRD
 REG. No. 41419
CONSULTANT RADIOLOGIST
DDRC Agilus Pathlabs Limited
KANNUR

DDRC agilus Kannur

NIMISHA : 14_10_2023_13_14_22

20231014



CIN : UB5190MH2006PTC161480
(Refer to "CONDITIONS OF REPORTING" overleaf)

Name	Mrs.NIMISHA.E.P	Age/Sex	28/Female
Ref: By:	MEDI WHEEL	Date	14.10.2023

Thanks for referral

CHEST X-RAY – PA VIEW

Trachea is central. Carina and principal bronchi are normal.

Cardio-thoracic ratio is within normal limits.

Both lungs show normal Broncho-vascular markings. No definite focal opacities noted.

No volume loss in either hemithorax.

No definite mediastinal widening or other abnormalities noted.

CP angles, diaphragm, bony cage and soft tissue shadows - not remarkable.

IMPRESSION:

- Normal X-ray chest

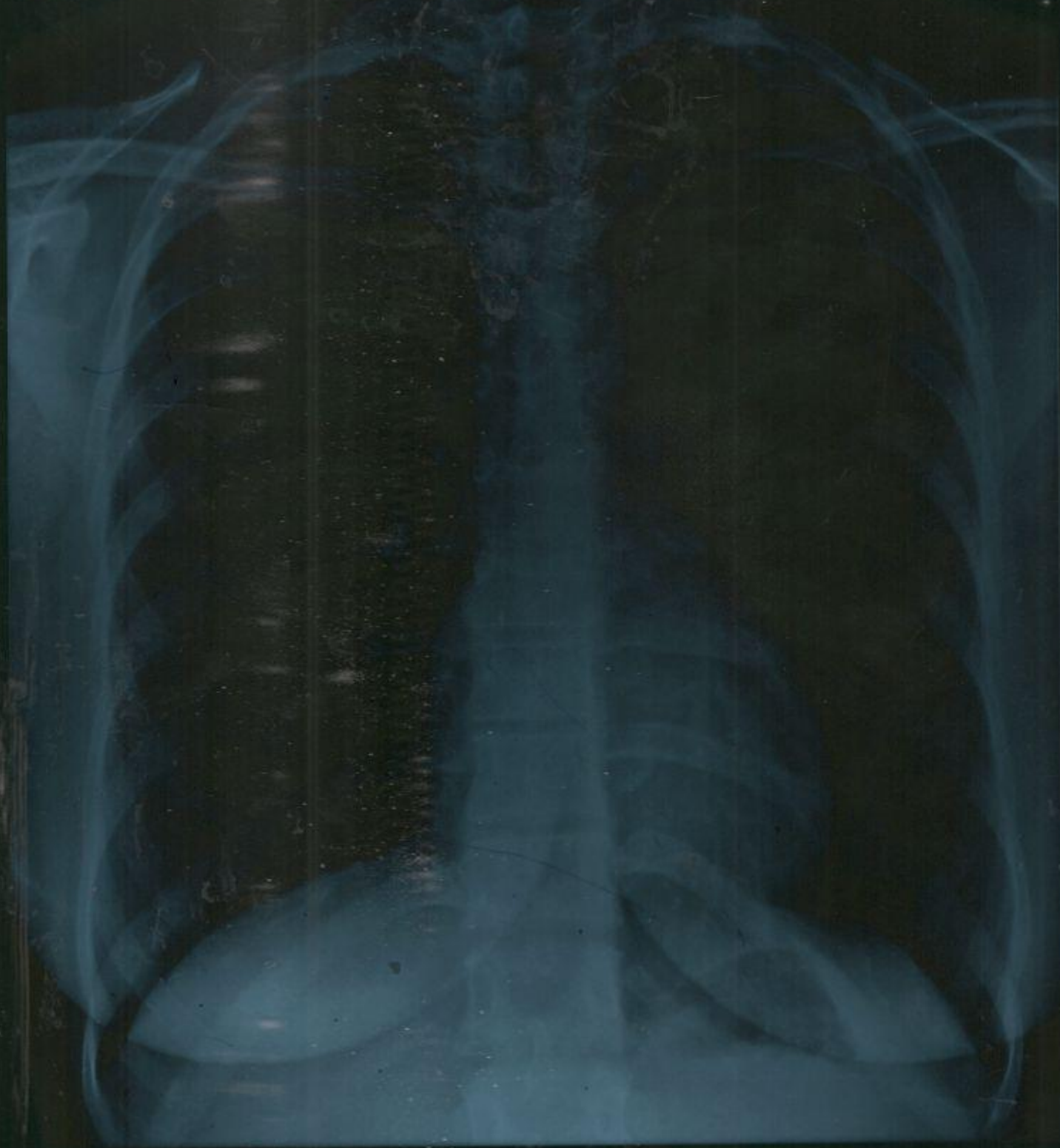


**DR. P. NIYAZI NASIR,
MBBS, DMRD**

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 REG. No. 41419
CONSULTANT RADIOLOGIST
DDRC Agilus Pathlabs Limited
KANNUR

R



NIMISHA.E.P

28Y/F

MEDIWHEEL

CHEST ,P-A 14-Oct-23 11:23 AM

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