

NAME	Amit Narynan SHARMA	STUDY DATE	11-02-2023 10:24:12
AGE / SEX	032Yrs / M	HOSPITAL NO.	MH010772753
REFERRING DEPT	OPD	MODALITY/Procedure Description	US /Echo-Cardiogram
REPORTED ON	11-02-2023 11:28:56	REFERRED BY	Dr. Health Check MHD

2D ECHOCARDIOGRAPHY REPORT

Findings:

	End diastole	End systole
IVS thickness (cm)	1.1	1.3
Left Ventricular Dimension (cm)	4.6	3.0
Left Ventricular Posterior Wall thickness (cm)	1.0	1.2

Aortic Root Diameter (cm)	3.0
Left Atrial Dimension (cm)	3.2
Left Ventricular Ejection Fraction (%)	55 %

LEFT VENTRICLE	:	Normal in size. No RWMA. LVEF= 55 %
RIGHT VENTRICLE	:	Normal in size. Normal RV function.
LEFT ATRIUM	:	Normal in size
RIGHT ATRIUM	:	Normal in size
MITRAL VALVE	:	Normal
AORTIC VALVE	:	Normal
TRICUSPID VALVE	:	Trace TR, PASP~ 23 mmHg
PULMONARY VALVE	:	Normal
MAIN PULMONARY ARTERY & ITS BRANCHES	:	Appears normal.

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

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INTERATRIAL SEPTUM : Intact.

INTERVENTRICULAR SEPTUM : Intact.

PERICARDIUM : No pericardial effusion or thickening
DOPPLER STUDY

VALVE	Peak Velocity (cm/sec)	Maximum P.G. (mmHg)	Mean P. G. (mmHg)	Regurgitation	Stenosis
MITRAL	E=88 A=55	-	-	Nil	Nil
AORTIC	110	-	-	Nil	Nil
TRICUSPID	-	N	N	Trace	Nil
PULMONARY	90	N	N	Nil	Nil

SUMMARY & INTERPRETATION:

- No LV regional wall motion abnormality with LVEF = 55 %
- Normal sized RA/RV/LV/LA with no chamber hypertrophy. Normal RV function.
- Trace TR, PASP~ 23 mmHg
- Normal mitral inflow pattern.
- IVC normal in size, >50% collapse with inspiration, suggestive of normal RA pressure.
- No clot/vegetation/pericardial effusion.

Please correlate clinically.



DR. SARITA GULATI
MD, DM
SENIOR INTERVENTIONAL CARDIOLOGIST

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Name : MR AMIT SHARMA **Age** : 32 Yr(s) Sex :Male
Registration No : MH010772753 **Lab No** : 31230200469
Patient Episode : H03000052062 **Collection Date** : 11 Feb 2023 09:13
Referred By : HEALTH CHECK MHD **Reporting Date** : 11 Feb 2023 10:34
Receiving Date : 11 Feb 2023 09:35

Department of Transfusion Medicine (Blood Bank)

BLOOD GROUPING, RH TYPING & ANTIBODY SCREEN (TYPE & SCREEN)
Specimen-Blood

Blood Group & Rh Typing (Agglutination by gel/tube technique)

Blood Group & Rh typing B Rh(D) Positive

Antibody Screening (Microtyping in gel cards using reagent red cells)

Cell Panel I NEGATIVE
Cell Panel II NEGATIVE
Cell Panel III NEGATIVE
Autocontrol NEGATIVE

Final Antibody Screen Result Negative

Technical Note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique. Antibody screening is done using a 3 cell panel of reagent red cells coated with Rh, Kell, Duffy, Kidd, Lewis, P, MNS, Lutheran and Xg antigens using gel technique.

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-----END OF REPORT-----

Dr Himanshu Lamba



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Name : MR AMIT SHARMA **Age** : 32 Yr(s) Sex :Male
Registration No : MH010772753 **Lab No** : 32230204306
Patient Episode : H03000052062 **Collection Date** : 11 Feb 2023 09:13
Referred By : HEALTH CHECK MHD **Reporting Date** : 11 Feb 2023 12:28
Receiving Date : 11 Feb 2023 09:47

BIOCHEMISTRY

Glycosylated Hemoglobin Specimen: EDTA Whole blood
HbA1c (Glycosylated Hemoglobin) 5.4 As per American Diabetes Association(ADA)
% [4.0-6.5]HbA1c in %
Non diabetic adults >= 18years <5.7
Prediabetes (At Risk) 5.7-6.4
Diagnosing Diabetes >= 6.5

Methodology (HPLC)

Estimated Average Glucose (eAG) 108 mg/dl

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

Specimen Type : Serum

THYROID PROFILE, Serum

T3 - Triiodothyronine (ECLIA)	1.21	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	9.15	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	2.170	µIU/mL	[0.340-4.250]

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet, stress and illness affect TSH results.

* References ranges recommended by the American Thyroid Association

1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128



Name : MR AMIT SHARMA **Age** : 32 Yr(s) Sex :Male
Registration No : MH010772753 **Lab No** : 32230204306
Patient Episode : H03000052062 **Collection Date** : 11 Feb 2023 09:13
Referred By : HEALTH CHECK MHD **Reporting Date** : 11 Feb 2023 11:08
Receiving Date : 11 Feb 2023 09:40

BIOCHEMISTRY

2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

Test Name	Result	Unit	Biological Ref. Interval
Lipid Profile (Serum)			
TOTAL CHOLESTEROL (CHOD/POD)	172	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	83	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL - CHOLESTEROL (Direct)	37	mg/dl	[30-60]
VLDL - Cholesterol (Calculated)	17	mg/dl	[10-40]
LDL- CHOLESTEROL	118 #	mg/dl	[<100] Near/Above optimal-100-129 Borderline High:130-159 High Risk:160-189
T.Chol/HDL.Chol ratio	4.6		<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
LDL.CHOL/HDL.CHOL Ratio	3.2		<3 Optimal 3-4 Borderline >6 High Risk

Note:
 Reference ranges based on ATP III Classifications.
 Recommended to do fasting Lipid Profile after a minimum of 8 hours of overnight fasting.



Name : MR AMIT SHARMA Age : 32 Yr(s) Sex :Male
Registration No : MH010772753 Lab No : 32230204306
Patient Episode : H03000052062 Collection Date : 11 Feb 2023 09:13
Referred By : HEALTH CHECK MHD Reporting Date : 11 Feb 2023 11:08
Receiving Date : 11 Feb 2023 09:40

BIOCHEMISTRY

Test Name	Result	Unit	Biological Ref. Interval
LIVER FUNCTION TEST (Serum)			
BILIRUBIN-TOTAL (mod.J Groff)**	1.07	mg/dl	[0.10-1.20]
BILIRUBIN - DIRECT (mod.J Groff)	0.30 #	mg/dl	[<0.2]
BILIRUBIN - INDIRECT (mod.J Groff)	0.77	mg/dl	[0.20-1.00]
SGOT/ AST (P5P,IFCC)	22.70	IU/L	[5.00-37.00]
SGPT/ ALT (P5P,IFCC)	42.90	IU/L	[10.00-50.00]
ALP (p-NPP,kinetic)*	62	IU/L	[45-135]
TOTAL PROTEIN (mod.Biuret)	7.2	g/dl	[6.0-8.2]
SERUM ALBUMIN (BCG-dye)	4.7	g/dl	[3.5-5.0]
SERUM GLOBULIN (Calculated)	2.5	g/dl	[1.8-3.4]
ALB/GLOB (A/G) Ratio	1.88 #		[1.10-1.80]

Note:

**NEW BORN:Vary according to age (days), body wt & gestation of baby

*New born: 4 times the adult value





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Registration No : MH010772753 **Lab No** : 32230204306
Patient Episode : H03000052062 **Collection Date** : 11 Feb 2023 09:13
Referred By : HEALTH CHECK MHD **Reporting Date** : 11 Feb 2023 11:08
Receiving Date : 11 Feb 2023 09:40

BIOCHEMISTRY

Test Name	Result	Unit	Biological Ref. Interval
KIDNEY PROFILE (Serum)			
BUN (Urease/GLDH)	12.00	mg/dl	[8.00-23.00]
SERUM CREATININE (mod.Jaffe)	0.82	mg/dl	[0.80-1.60]
SERUM URIC ACID (mod.Uricase)	8.3 #	mg/dl	[3.5-7.2]
SERUM CALCIUM (NM-BAPTA)	9.8	mg/dl	[8.6-10.0]
SERUM PHOSPHORUS (Molybdate, UV)	2.8	mg/dl	[2.3-4.7]
SERUM SODIUM (ISE)	142.0	mmol/l	[134.0-145.0]
SERUM POTASSIUM (ISE)	3.98	mmol/l	[3.50-5.20]
SERUM CHLORIDE (ISE / IMT)	106.6 #	mmol/l	[95.0-105.0]
eGFR	117.0	ml/min/1.73sq.m	[>60.0]

Technical Note

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to 1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis / Icterus / Lipemia.

-----END OF REPORT-----

Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY



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Name : MR AMIT SHARMA **Age** : 32 Yr(s) Sex :Male
Registration No : MH010772753 **Lab No** : 32230204307
Patient Episode : H03000052062 **Collection Date** : 11 Feb 2023 14:13
Referred By : HEALTH CHECK MHD **Reporting Date** : 11 Feb 2023 16:19
Receiving Date : 11 Feb 2023 15:21

BIOCHEMISTRY

Specimen Type : Serum/Plasma

PLASMA GLUCOSE - PP

Plasma GLUCOSE - PP (Hexokinase) 103 mg/dl [70-140]

Note : Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying, brisk glucose absorption , post exercise

Specimen Type : Serum/Plasma

Plasma GLUCOSE-Fasting (Hexokinase) 100 mg/dl [70-100]

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-----END OF REPORT-----

Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY



Name : MR AMIT SHARMA **Age** : 32 Yr(s) Sex :Male
Registration No : MH010772753 **Lab No** : 33230202589
Patient Episode : H03000052062 **Collection Date** : 11 Feb 2023 09:13
Referred By : HEALTH CHECK MHD **Reporting Date** : 11 Feb 2023 12:07
Receiving Date : 11 Feb 2023 09:30

HAEMATOLOGY

ERYTHROCYTE SEDIMENTATION RATE (Automated) Specimen-Whole Blood

ESR 5.0 /1sthour [0.0-10.0]

Interpretation :

Erythrocyte sedimentation rate (ESR) is a non-specific phenomena and is clinically useful in the diagnosis and monitoring of disorders associated with an increased production of acute phase reactants (e.g. pyogenic infections, inflammation and malignancies). The ESR is increased in pregnancy from about the 3rd month and returns to normal by the 4th week postpartum.

ESR is influenced by age, sex, menstrual cycle and drugs (eg. corticosteroids, contraceptives).

It is especially low (0 -1mm) in polycythemia, hypofibrinogenemia or congestive cardiac failure and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis or sickle cells.

Test Name	Result	Unit	Biological Ref. Interval
COMPLETE BLOOD COUNT (EDTA Blood)			
WBC Count (Flow cytometry)	7370	/cu.mm	[4000-10000]
RBC Count (Impedence)	5.13	million/cu.mm	[4.50-5.50]
Haemoglobin (SLS Method)	14.7	g/dL	[13.0-17.0]
Haematocrit (PCV) (RBC Pulse Height Detector Method)	42.2	%	[40.0-50.0]
MCV (Calculated)	82.3 #	fL	[83.0-101.0]
MCH (Calculated)	28.7	pg	[25.0-32.0]
MCHC (Calculated)	34.8 #	g/dL	[31.5-34.5]
Platelet Count (Impedence)	145000 #	/cu.mm	[150000-410000]
RDW-CV (Calculated)	14.4 #	%	[11.6-14.0]
DIFFERENTIAL COUNT			
Neutrophils (Flowcytometry)	43.8	%	[40.0-80.0]

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Name : MR AMIT SHARMA **Age** : 32 Yr(s) Sex :Male
Registration No : MH010772753 **Lab No** : 33230202589
Patient Episode : H03000052062 **Collection Date** : 11 Feb 2023 09:13
Referred By : HEALTH CHECK MHD **Reporting Date** : 11 Feb 2023 11:03
Receiving Date : 11 Feb 2023 09:30

HAEMATOLOGY

Lymphocytes (Flowcytometry)	46.3 #	%	[20.0-40.0]
Monocytes (Flowcytometry)	8.0	%	[2.0-10.0]
Eosinophils (Flowcytometry)	1.4	%	[1.0-6.0]
Basophils (Flowcytometry)	0.5 #	%	[1.0-2.0]
IG	0.10	%	

Complete Blood Count is used to evaluate wide range of health disorders, including anemia, infection, and leukemia. Abnormal increase or decrease in cell counts as revealed may indicate that an underlying medical condition that calls for further evaluation.

-----END OF REPORT-----

Dr.Lakshita singh



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Name	: MR AMIT SHARMA	Age	: 32 Yr(s) Sex :Male
Registration No	: MH010772753	Lab No	: 38230200685
Patient Episode	: H03000052062	Collection Date	: 11 Feb 2023 09:13
Referred By	: HEALTH CHECK MHD	Reporting Date	: 11 Feb 2023 12:54
Receiving Date	: 11 Feb 2023 10:16		

CLINICAL PATHOLOGY

Test Name	Result	Biological Ref. Interval
ROUTINE URINE ANALYSIS		
MACROSCOPIC DESCRIPTION		
Colour (Visual)	PALE YELLOW	(Pale Yellow - Yellow)
Appearance (Visual)	CLEAR	
CHEMICAL EXAMINATION		
Reaction[pH]	5.0	(5.0-9.0)
(Reflectancephotometry(Indicator Method))		
Specific Gravity	1.025	(1.003-1.035)
(Reflectancephotometry(Indicator Method))		
Bilirubin	Negative	NEGATIVE
Protein/Albumin	Negative	(NEGATIVE-TRACE)
(Reflectance photometry(Indicator Method)/Manual SSA)		
Glucose	NOT DETECTED	(NEGATIVE)
(Reflectance photometry (GOD-POD/Benedict Method))		
Ketone Bodies	NOT DETECTED	(NEGATIVE)
(Reflectance photometry(Legal's Test)/Manual Rotheras)		
Urobilinogen	NORMAL	(NORMAL)
Reflectance photometry/Diazonium salt reaction		
Nitrite	NEGATIVE	NEGATIVE
Reflectance photometry/Griess test		
Leukocytes	NIL	NEGATIVE
Reflectance photometry/Action of Esterase		
BLOOD	NIL	NEGATIVE
(Reflectance photometry(peroxidase))		
MICROSCOPIC EXAMINATION (Manual)	Method: Light microscopy on centrifuged urine	
WBC/Pus Cells	0-1 /hpf	(4-6)
Red Blood Cells	NIL	(1-2)
Epithelial Cells	1-2 /hpf	(2-4)
Casts	NIL	(NIL)
Crystals	NIL	(NIL)
Bacteria	NIL	
Yeast cells	NIL	





Name : MR AMIT SHARMA **Age** : 32 Yr(s) Sex :Male
Registration No : MH010772753 **Lab No** : 38230200685
Patient Episode : H03000052062 **Collection Date** : 11 Feb 2023 09:13
Referred By : HEALTH CHECK MHD **Reporting Date** : 11 Feb 2023 12:54
Receiving Date : 11 Feb 2023 10:16

CLINICAL PATHOLOGY

Interpretation:

URINALYSIS-Routine urine analysis assists in screening and diagnosis of various metabolic , urological, kidney and liver disorders

Protein: Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous exercise, orthostatic proteinuria, dehydration, urinary tract infections and acute illness with fever

Glucose: Uncontrolled diabetes mellitus can lead to presence of glucose in urine.

Other causes include pregnancy, hormonal disturbances, liver disease and certain medications.

Ketones: Uncontrolled diabetes mellitus can lead to presence of ketones in urine.

Ketones can also be seen in starvation, frequent vomiting, pregnancy and strenuous exercise.

Blood: Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in various urological, nephrological and bleeding disorders.

Leukocytes: An increase in leukocytes is an indication of inflammation in urinary tract or kidneys. Most Common cause is bacterial urinary tract infection.

Nitrite: Many bacteria give positive results when their number is high. Nitrite concentration during infection increases with length of time the urine specimen is retained in bladder prior to collection.

pH: The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/alkalosis or ingestion of certain type of food can affect the pH of urine.

Specific gravity: Specific gravity gives an indication of how concentrated the urine is. Increased Specific gravity is seen in conditions like dehydration, glycosuria and proteinuria while decreased Specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus.

Bilirubin: In certain liver diseases such as biliary obstruction or hepatitis,

bilirubin gets excreted in urine.

Urobilinogen: Positive results are seen in liver diseases like hepatitis and cirrhosis and in case of hemolytic anemia.

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-----END OF REPORT-----

Dr.Lakshita singh



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Registered Office : Sector-6,Dwarka, New Delhi- 110075

Name : MR AMIT SHARMA
Age[year(s)] / Sex : 32 Yr(s)/Male
Reg No : MH010772753

Report Date : 16/02/2023
Episode No : H03000052062

PHYSICIAN REPORT

Urine Examination : Normal
Stool Examination :
CBC : PLATELET- 145000
Blood Biochemical Analysis : LDL- 118
URIC ACID - 8.3
X-Ray Chest : Normal
ECG : Normal
Treadmill (stress)Test :
Echo Cardiography :
Ultrasonography : FATTY LIVER GRADE I
ECG :
Audiometry :
Other Tests :
Special Test :

Impression

HYPERTENSION
HYPOTHYROIDISM
DYSLIPIDEMIA
FATTY LIVER GRADE I
HYPERURICEMIA

Advice

- 1-TAB CTD 6.25 OD
- 2-TAB THYRONORM 100 MCG OD ON E/S
- 3-CAP SUPRACAL PRO ON ALTERNATE DAY AFTER DINNER
- 4-BRISK WALK FOR 40 MINUTES DAILY
- 5-LOW FAT HIGH FIBRE DIET
- 6-REPEAT FASTING LIPID PROFILE , URIC ACID AFTER 3 MONTHS

Examined By :

Anuja Lakra

Dr. Anuja Lakra



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NAME	Amit Narynan SHARMA	STUDY DATE	11-02-2023 12:15:53
AGE / SEX	032Yrs / M	HOSPITAL NO.	MH010772753
REFERRING DEPT	OPD	MODALITY/Procedure	US /Ultrasound abdomen n pelvis
REPORTED ON	11-02-2023 13:27:22	REFERRED BY	Dr. Health Check MHD

USG WHOLE ABDOMEN

Findings:

Liver is normal in size measuring ~14.5 cm and **shows grade I fatty changes**. No focal intra-hepatic lesion is detected. Intra-hepatic biliary radicals are not dilated. Portal vein is normal in calibre.

Gall bladder appears echofree with normal wall thickness.
Common bile duct is normal in calibre.

Pancreas is normal in size and echopattern.
Spleen is normal in size ~11.7 cm and echopattern.

Both kidneys are normal in position, size (RK~11.9 x 4.6 cm and LK ~11.5 x 4.9 cm) and outline. Cortico-medullary differentiation of both kidneys is maintained. Central sinus echoes are compact. No focal lesion or calculus seen. Bilateral pelvicalyceal systems are not dilated.

Urinary bladder is sub-optimally distended.

Prostate is normal in shape and echopattern. It measures ~22 cc in volume.

No significant free fluid is detected.

IMPRESSION:

- **Grade I fatty liver.**

Kindly correlate clinically.



Dr. Kumar Raju DMRD, DNB, DMC No. 106585
Associate Consultant, Radiology

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NAME	Amit Narynan SHARMA	STUDY DATE	11-02-2023 12:15:53
AGE / SEX	032Yrs / M	HOSPITAL NO.	MH010772753
REFERRING DEPT	OPD	MODALITY/Procedure	US /Ultrasound abdomen n pelvis
REPORTED ON	11-02-2023 13:27:22	REFERRED BY	Dr. Health Check MHD

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NAME	Amit Narynan SHARMA	STUDY DATE	11-02-2023 09:37:37
AGE / SEX	032Yrs / M	HOSPITAL NO.	MH010772753
REFERRING DEPT	OPD	MODALITY/Procedure Description	CR /Xray chest PA (CXR)
REPORTED ON	11-02-2023 12:00:03	REFERRED BY	Dr. Health Check MHD

X-RAY CHEST - PA VIEW

Findings:

Visualized lung fields appear clear.

Both hilar shadows appear normal.

Cardiothoracic ratio is within normal limits.

Both hemidiaphragmatic outlines appear normal.

Both costophrenic angles are clear.

Kindly correlate clinically



Dr.Pankaj Saini
MD,DHA, DMC reg. no. 15796
Consultant Radiologist

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NAME	Amit Narynan SHARMA	STUDY DATE	11-02-2023 09:37:37
AGE / SEX	032Yrs / M	HOSPITAL NO.	MH010772753
REFERRING DEPT	OPD	MODALITY/Procedure Description	CR /Xray chest PA (CXR)
REPORTED ON	11-02-2023 12:00:03	REFERRED BY	Dr. Health Check MHD

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.