

Name : Mr. NISHANT RAJ (39 /M)

Date : 29/06/2023

Address :

Examined by:

UHID : AMHL.0002168404

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH177264



CHIEF COMPLAINTS

For corporate health checkup

Wart

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension,
Dyslipidemia, Heart
disease
Thyroid disease - hypothyroidism;
Medication - regular



DRUG ALLERGY

NO KNOWN ALLERGY

:29/06/2023



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

Symptoms - bloating, flatulence

Genitourinary system

- Nil Significant

Central nervous system

- Nil Significant

Eyes

Vision - normal with glasses; Glasses - yes

ENT

- Nil Significant

Musculoskeletal system

Spine and joints

- Nil Significant

Skin

- warts



Past medical history

Past medical history - nil significant



Personal history

Marital status - Married
No. of children - 2
Diet - Mixed Diet
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild



Family history

Father - alive
Mother - alive
Brothers - 1
Hypertension - mother
Coronary artery
disease - none
Cancer - None

PHYSICAL EXAMINATION



General

Build - obese
Height - 166
Weight - 95
BMI - 34.48
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 89
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 140
Diastolic(mm of Hg) - 80
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Organomegaly - No
Tenderness - No

Central nervous system

- No neurological deficit

Eyes

- No significant finding

Skin

- No significant finding

Musculo Skeletal System

- No significant finding

Ophthalmology consultation

Ophthalmology findings - PGVA:RE:6/6 LE:6/6
BCVA:RE:N6 LE:N6
OCULAR MOVEMENT:WNL
ANT.SEG:WNL
ADVICE:*To continue
present glass Rx*Review
after 1yr/SOS

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	12.1 *	g/dl	●	13.0-17.0
RBC COUNT	4.66	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	40.4 *	%	●	41-53
MCV	86.6	fl	●	83-101
MCH	25.9 *	pg	●	27-32
MCHC	29.9 *	%	●	31.5-34.5
RDW	15.6 *	%	●	11.8-14.0
WBC Count	8000	/cu mm	●	4000-10000
Platelet Count	1.85	lacs/cu mm	●	1.5-4.0
Neutrophils	68	%	●	40-80
Lymphocytes	24	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	21 *	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.015			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	4-6	/hpf		
Epithelial Cells	8-10	/h.p.f/hpf		

Casts: Not Found
Crystals: Not Found

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	92	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	93	mg/dL	●	70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHO LE BLOOD	5.5	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	8.9	µg/dL	●	5.1-14.1
TSH: THYROID STIMULATING HORMONE - SERUM	5.000 *	µIU/mL	●	0.270-4.200

CARDIOLOGY

ECG

Ultrasound Radiology

ULTRASOUND SCREENING WHOLE ABDOMEN

CARDIOLOGY

TREADMILL TEST / STRESS TEST

X-RAY CHEST PA

No significant abnormalities seen.

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

Haematology

STOOL ROUTINE

Biochemistry

BUN (BLOOD UREA NITROGEN)

ALBUMIN - SERUM

URIC ACID - SERUM

CREATININE - SERUM

A/G - RATIO

PROTEIN TOTAL - SERUM

AST (SGOT) - SERUM

ALT(SGPT) - SERUM

BILIRUBIN, TOTAL - SERUM

ALKALINE PHOSPHATASE - SERUM

TRIGLYCERIDES - SERUM

GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM

BILIRUBIN CONJUGATED (DIRECT) - SERUM

CHOLESTEROL - SERUM

LDL CHOLESTEROL -SERUM

HDL CHOLESTEROL - SERUM

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Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.