



NABL & ISO 9001 : 2008 Certified
Wellness . Diagnostics
A Unit of Gian Life Care Limited



7/216 (6), Swaroop Nagar
(In Front of L.L.R. Hospital), Kanpur
Mob. : 8808051576
E-mail : reportsgpx@gmail.com
arunguptagpx@gmail.com

Gian Pathology and X-Ray

Pathology . Radiology

Gian Life Line - Health Checkup

Lab No.	: 012301110019	Reg No/BarcodeNo	: 513086/01472012
Patient Name	: Mrs..POOJA RAJPOOT	Reg. Date	: 11/Jan/2023 10:40AM
Age/Sex	: 33 Y / Female	Sample Taken Date	: 11/Jan/2023 11:14AM
Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 11/Jan/2023 12:37PM
Referred By Doctor	: Self		

BIOCHEMISTRY

MEDIWHEEL FEMALE BELOW 40

Blood Sugar (Fasting)

Blood Sugar Fasting Glucose Oxidase Peroxidase	91	mg/dl	70 - 100
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Sample Type:Plasma

Blood Sugar (PP)

Blood Sugar PP (2 Hr.) Glucose Oxidase Peroxidase	103	mg/dL	70 - 140
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Sample Type:Plasma

GAMMA GT/GGT

GAMMA GT / GGT	22	IU/l	12 - 43
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Not in NABL Scope

Sample Type:Serum

BUN / BLOOD UREA NITROGEN

BLOOD UREA NITROGEN Urease	13	mg/dl	7.0 - 18.7
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Sample Type:Serum

CREATININE SERUM

CREATININE, Serum Aminohydrolyase	0.67	mg/dl	0.52 - 1.04
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Sample Type:Serum

URIC ACID

URIC ACID, Serum Uricase Peroxidase	5.5	mg/dl	2.5 - 6.2
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Sample Type:Serum



A Gupta

Dr. Arun Kumar Gupta
M.D. Chief Pathologist
(Reg No. 34930)



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BIOCHEMISTRY

MEDIWHEEL FEMALE BELOW 40

LFT/LIVER FUNCTION TESTS

BILIRUBIN TOTAL Reflectance spectrophotometry	0.48	mg/dl	0.10 - 1.00
BILIRUBIN DIRECT Reflectance Spectrophotometry	0.19	mg/dl	0.0 - 0.3
BILIRUBIN INDIRECT Reflectance Spectrophotometry	0.29	mg/dl	0.10 - 1.1
SGOT /AST Mutipoint Rate with P-5-P	16	U/L	14 - 36
SGPT /ALT UV with P5P	19	U/L	0.0 - 55
Alk. Phosphatase, Serum PNPP AMP BUFFER	68	U/L	38 - 126
PROTEIN TOTAL Biuret	7.7	g/dl	6.4 - 8.3
ALBUMIN BCP	4.6	g/dl	3.5 - 5.0
GLOBULIN Calculated	3.1	g/dl	2.3 - 3.5
A/G RATIO Calculated	1.48	Ratio	1.5 - 2.5

Sample Type:Serum



Arun Kumar Gupta

Dr. Arun Kumar Gupta
M.D. Chief Pathologist
(Reg No. 34930)

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BIOCHEMISTRY

MEDIWHEEL FEMALE BELOW 40

Lipid Profile

CHOLESTEROL TOTAL Cholesterol Oxidase	229	mg/dl	Desirable: <200 Boderline High: 200 – 239 High : ≥240
TRIGLYCERIDES Lip/Gluceron Kinase	185	mg/dl	Normal <150 Boderline High: 150 – 199 High : 200 – 499 Very High: ≥500
HDL CHOLESTEROL Non HDL Precopitation	40	mg/dl	40 - 60
LDL CHOLESTEROL Calculated	152	mg/dl	100 - 130
VLDL CALCULATED Calculated	37	mg/dl	13 - 36
CHOL/ HDL RATIO Calculated	5.73	Ratio	Less than 4.0
LDL / HDL RATIO	3.8		3.3 - 4.4 (Low Risk) 4.4-7.1 (Average Risk) 7.1-11.0 (Moderate Risk)

Ratio of LDL to HDL

Risk	Men	Women
Very low (1/2 average)	1	1.5
Average risk	3.6	3.2
Moderate risk (2x average)	6.3	5.0
High risk (3x risk)	8	6.1

HDL levels have an inverse relationship with coronary heart disease. The ability of HDL to predict the development of coronary atherosclerosis has been estimated to be four times greater than LDL and eight times greater than TC. Treatment is recommended for those with a HDL level below 40 mg/dL. An HDL of 60 mg/dL is considered protection against heart disease.

Preparation:

Blood should be collected after a 12-hour fast (no food or drink, except water). For the most accurate results, wait at least 2 months after a heart attack, surgery, infection, injury or pregnancy to check Lipid Profile.

Sample Type:Serum



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BIOCHEMISTRY

MEDIWHEEL FEMALE BELOW 40

BUN/CREATININE RATIO

BLOOD UREA NITROGEN Urease	13	mg/dl	7.0 - 18.7
CREATININE, Serum Aminohydrolaase	0.67	mg/dl	0.52 - 1.04
Ratio	19.40	mg/dl	5 - 20

Sample Type:Serum



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Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 11/Jan/2023 05:22PM
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CLINICAL PATHOLOGY

MEDIWHEEL FEMALE BELOW 40

MEDIWHEEL FEMALE BELOW 40

URINE SUGAR (F)

URINE SUGAR (F) NIL

(*Not in NABL Scope*)



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CLINICAL PATHOLOGY

MEDIWHEEL FEMALE BELOW 40

URINE ROUTINE EXAMINATION

Method -Dipstick And Microscopy

PHYSICAL EXAMINATION

COLOUR	COLOURLESS	
SPECIFIC GRAVITY (Based on pka change)	1.015	1.001 - 1.030
pH (methylred/Bromothymol blue method)	6	7.50 - 8.0
TURBIDITY	NIL	
Deposit (UR)	NIL	

Chemical

PROTEIN Dipstick/Tetra bromophenol blue/ Heat & Acid Test method).	NIL	Nil
GLUCOSE (Oxidase Peroxidase method)	NIL	Nil
KETONE (Nitroprusside Method)	NEGATIVE	Nil
BILL PIGMENT (Diazo Method)	NEGATIVE	Negative
UROBILINOGEN (Ehrlich reaction)	NEGATIVE	Normal
Nitrite (Based on presence of bacteria)	NEGATIVE	Negative
Leucocyte Esterase (Esterase Diazonium Method)	NEGATIVE	Negative

After Centrifugation at 2500 R.P.M. For 5 Minutes

MICROSCOPIC EXAMINATION

RBC (Microscopic)	NIL	per HPF	
PUS CELLS (Microscopic)	NIL	Per HPF	0 - 5 WBC/hpf
EPITHELIAL CELLS (Microscopic)	1-2	Per HPF	
CASTS (Microscopic)	NIL	Per LPF	
CRYSTALS (Microscopic)	NIL		
Amorphous Material (Microscopic)	Nil		Nil
BACTERIA (Microscopic)	NIL	Per HPF	0-0

URINE SUGAR (PP)

URINE SUGAR (PP) NIL

(*Not in NABL Scope*)



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HAEMATOLOGY

MEDIWHEEL FEMALE BELOW 40

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CBC / COMPLETE BLOOD COUNT

HEMOGLOBIN (Hb) Photometry Cyanide Free	11.3	g/dl	12.0 - 15.0
TLC Impedence	8000	/cumm	4000-10000
DLC (%)			
NEUTROPHIL DHSS/Microscopic	60	%	40-80
LYMPHOCYTE DHSS/Microscopic	33	%	24-44
EOSINOPHIL DHSS/Microscopic	3	%	01-06
MONOCYTE DHSS/Microscopic	4	%	3-6
Platelet Impedance/Microscopic	214	10 ³ /μL	150 - 410
RBC COUNT Impedance	4.2	10 ⁶ /μL	3.8 - 4.8
PCV (HCT) Numeric Integration	35.2	%	36-46
MCV Calculated	83.2	fL	83-91
MCH Calculated	26.7	pg	27-32
MCHC Calculated	32.1	g/dL	31.5-34.5
RDW-CV Calculated	14.8	%	11.6 - 14.0
MPV	11.1	fL	8 - 12
ABSOLUTE NEUTROPHIL COUNT DHSS/Calculated	4.8	10 ³ /μL	2.00-7.00
ABSOLUTE LYMPHOCYTE COUNT DHSS/Calculated	2.6	10 ³ /μL	1.0-3.0
ABSOLUTE MONOCYTE COUNT DHSS/Calculated	0.4	10 ³ /μL	0.02-1.0
ABSOLUTE EOSINOPHIL COUNT DHSS/Calculated	0.2	10 ³ /μL	0.02 - 0.50

Sample Type Whole Blood EDTA



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HAEMATOLOGY

MEDIWHEEL FEMALE BELOW 40

MEDIWHEEL FEMALE BELOW 40

ESR WESTERGREN (Automated)

ESR WESTERGREN (Automated) WESTERGREN	14	mm	0 - 14
--	----	----	--------

Not in NABL Scope

Sample Type:EDTA Blood

ABO Rh / BLOOD GROUP Tube Agglutination (FORWARD & REVERSE Method)

BLOOD GROUP / ABO-RH

ABO	O	-
Reverse & Forward		
Rh	POSITIVE	-
Reverse & Forward		

Sample Type:EDTA Blood



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HAEMATOLOGY

MEDIWHEEL FEMALE BELOW 40

HbA1C/GLYCATED HEMOGLOBIN/GHB

HBA1C/GLYCATED HEMOGLOBIN 5.4 %
Average of Glucose Level 108 mg/dl

Test is done by HPLC method (Gold Standard) D-10 Analyzer.

Expected Values :-

Test	Normal Range	
HbA1c	Non Diabetic:	4.0% - 6.0%
	Good Control:	6.1% - 8.0%
	Poor Control:	8.1% - 9.0 %
	Unsatisfactory:	> 9 %

To convert an A1c to the new average mean blood glucose, use this formula:
 $eAG(mg/dl) = (28.7 \times HbA1c) - 46.7$

Not in NABL Scope

Sample Type:EDTA Blood



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IMMUNOASSAY

MEDIWHEEL FEMALE BELOW 40

MEDIWHEEL FEMALE BELOW 40

T3 / TRIDOTHYRONINE TOTAL

T3 TOTAL	0.80	ng/mL	0.35 - 1.93
CLIA			

Increased levels are seen in hyperthyroidism and decreased levels are seen in hypothyroidism.

Sample Type:Serum

T4 / THYROXIN TOTAL

T4 TOTAL	6.13	µg/dl	4.50 - 10.9
CLIA			

Increased levels are seen in graves disease cancer of thyroid as symptoms of hyperthyroidism.Low levels are seen in hypothyroidism whose symptoms are myoxyedema hashmito disease and pituitary disorders



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IMMUNOASSAY

MEDIWHEEL FEMALE BELOW 40

MEDIWHEEL FEMALE BELOW 40

TSH (Thyroid Stimulating Hormone)

TSH (ECLIA) CLIA	4.87	µIU/ml	0.35 - 5.50
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NOTE:

Guidelines for interpretation of abnormal thyroid function test.

TSH	T4/FT4	T3/FT3	Interpretation
-----	--------	--------	----------------

High	Normal	Normal	Mild(subclinical) Hypothyroidism.
High	Low	Low/Normal	Hypothyroidism
Low	Normal	Normal	Mild (subclinical) Hyperthyroidism.
Low	High/Normal	High/Normal	Hyperthyroidism
Low	Low/Normal	Low/Normal	Rare pituitary(secondary)Hypothyroidism

Sample Type:Serum



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X-RAY

MEDIWHEEL FEMALE BELOW 40

MEDIWHEEL FEMALE BELOW 40

X RAY CHEST PA VIEW

Diaphragms are normal.

C.P. angles are clear.

Cardiac shadow is normal.

Trachea is in midline.

Hilar shadow are heavy.

Broncho-vascular markings are prominent ----- Bronchitis.

No parenchymal lesion is seen.

Advise :- Correlate Clinically.

DR. S. KHURANA
M.B.B.S.,D.M.R.E.

*** End Of Report ***



Stage	Time	Duration	Belt Speed (mph)	Elevation	METs	Rate	BP	RPP	PVC	Comments
Supine	00:30	0:01	00.0	00.0	01.0	78	114/74	088	00	
Standing	01:04	0:01	00.0	00.0	01.0	87	114/74	099	00	
HV	01:27	0:01	00.0	00.0	01.0	85	114/74	099	00	
ExStart	01:40	0:01	00.0	00.0	01.0	093	114/74	106	00	
BRUCE Stage 1	04:40	3:00	01.7	10.0	04.7	145	124/78	179	02	
PeakEx	07:01	2:21	02.5	12.0	06.6	176	134/82	235	02	
Recovery	08:00	1:00	00.0	00.0	01.0	161	128/80	206	00	
Recovery	09:00	2:00	00.0	00.0	01.0	140	124/78	173	00	
Recovery	10:07	3:06	00.0	00.0	01.0	124	120/76	148	00	

Findings :

Exercise Time : 05:22
Max HR Attained : 176 bpm 94% of Target 187
Max BP Attained : 134/82
Max WorkLoad Attained : 6.6 Fair response to induced stress
Max ST Dep Lead & Value : V6 & -4.8 mm
Duke Treadmill Score : 08.5
History : H/o Hypothyrodism - Thyroxin 25
Test End Reasons : Fatigue

Doctor : DR. KUSH KUMAR TYAGI D.M.



Report :

Sample Name: Stress Test Graded Exercise Treadmill
Description: .

INDICATIONS: R/O CAD.

PROCEDURE DONE: Graded exercise treadmill stress test.

STRESS ECG RESULTS:

NORMAL FUNCTIONAL CAPASITY, ADEQUATE B.P. RESPONSE, THR 95% ACHIEVED,
NO CHEST PAIN / DYSPNOEA, NO SIGNIFICANT ST-T CHANGES DURING EXERCISE
AND RECOVERY. NO ARRHYTHAEMIA.

TEST IS NEGATIVE FOR STRESS INDUCED REVERSIBLE MYOCARDIAL ISCHEMIA.

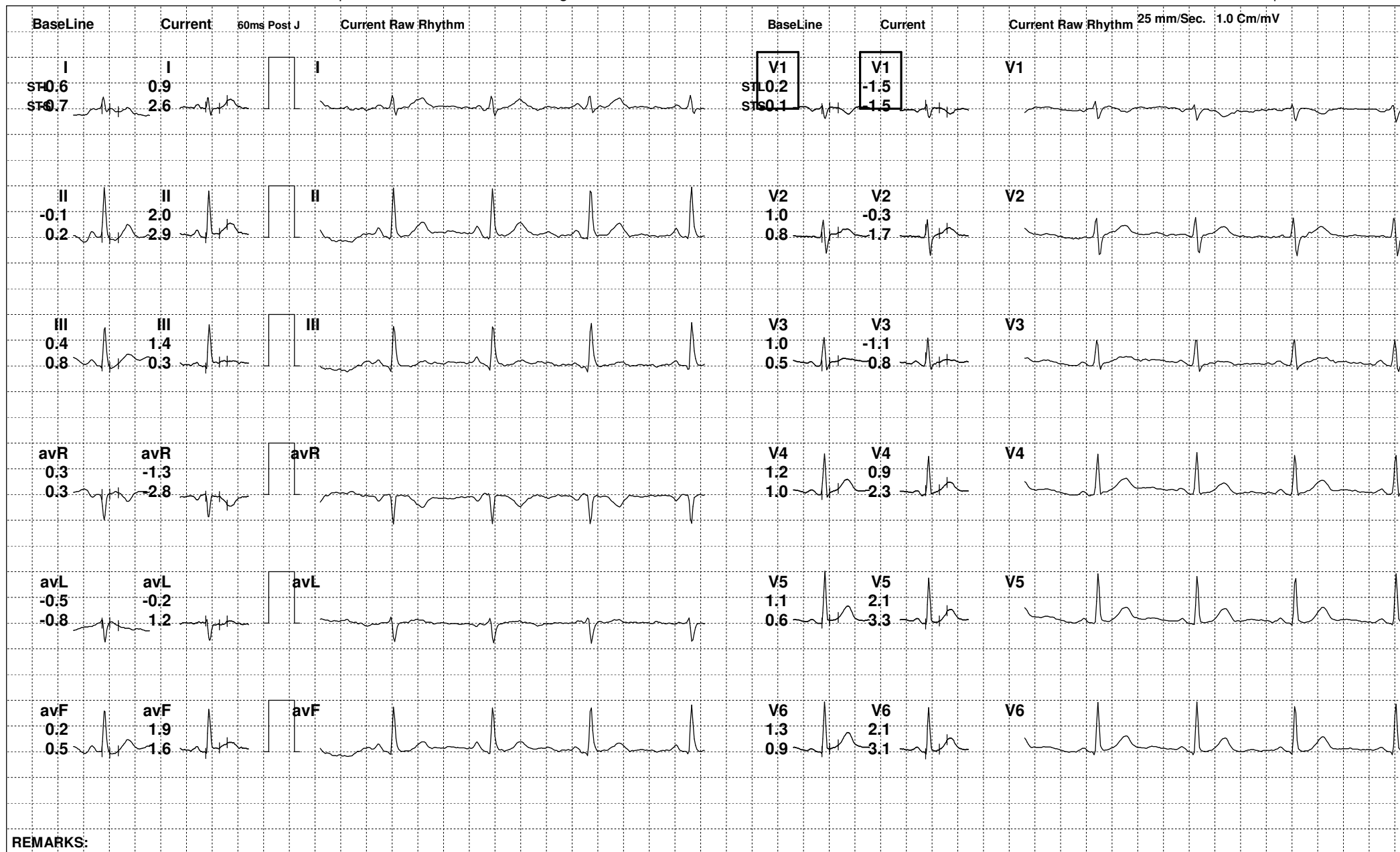
Doctor : DR. KUSH KUMAR TYAGI D.M.



139 (513086) / POOJA RAJPOOT / 33 Yrs / F

Date: 11-Jan-2023 12:41:31 PM METS: 1.0/ 78 bpm 41% of THR BP: 114/74 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:28 0.0 mph, 0.0%



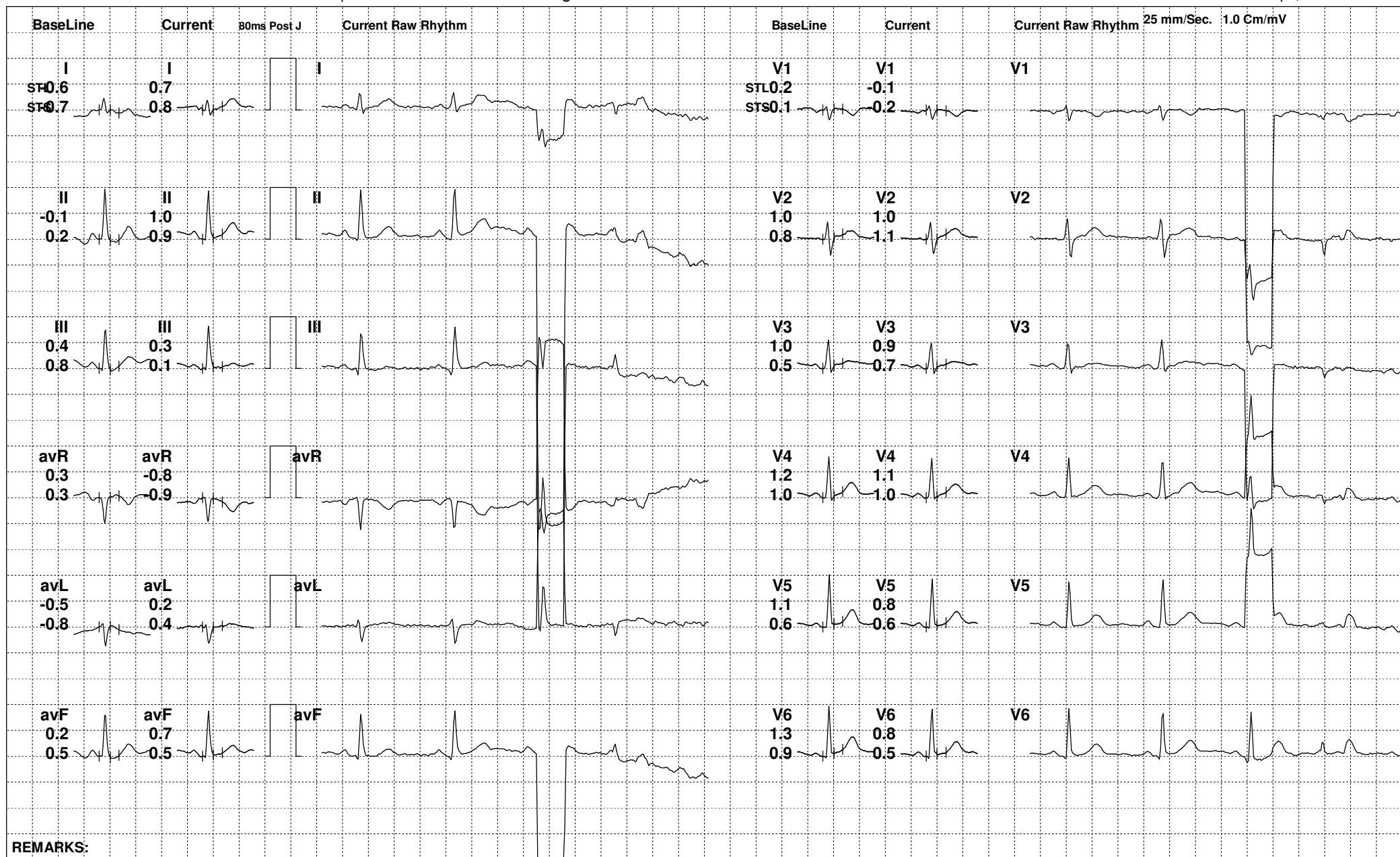
REMARKS:



139 (513086) / POOJA RAJPOOT / 33 Yrs / F

Date: 11-Jan-2023 12:41:31 PM METS: 1.0/ 87 bpm 46% of THR BP: 114/74 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 01:02 0.0 mph, 0.0%



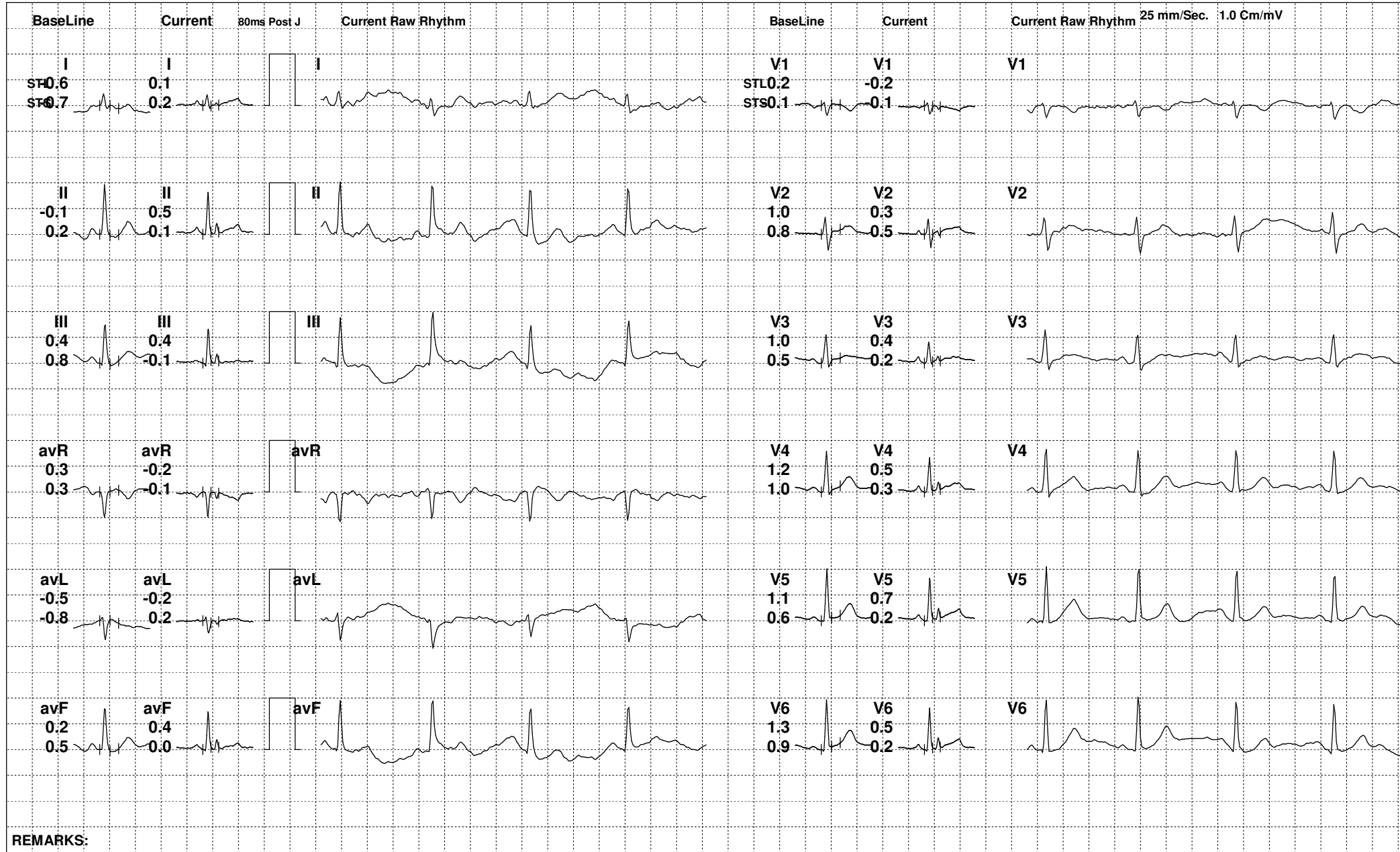
REMARKS:



139 (513086) / POOJA RAJPOOT / 33 Yrs / F

Date: 11-Jan-2023 12:41:31 PM METS: 1.0/ 85 bpm 45% of THR BP: 114/74 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 01:25 0.0 mph, 0.0%

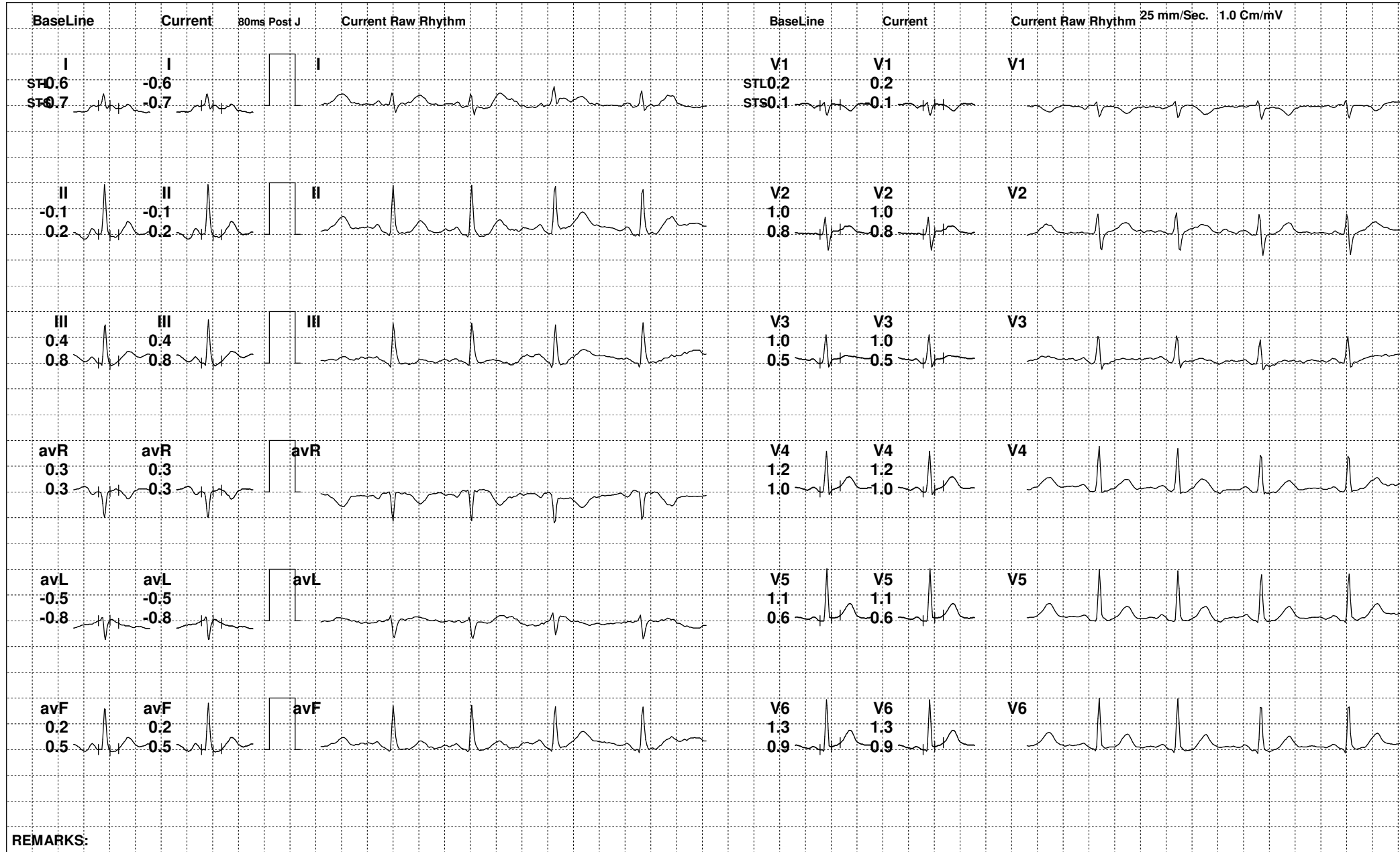




139 (513086) / POOJA RAJPOOT / 33 Yrs / F

Date: 11-Jan-2023 12:41:31 PM METS: 1.0/ 93 bpm 49% of THR BP: 114/74 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 01:38 0.0 mph, 0.0%



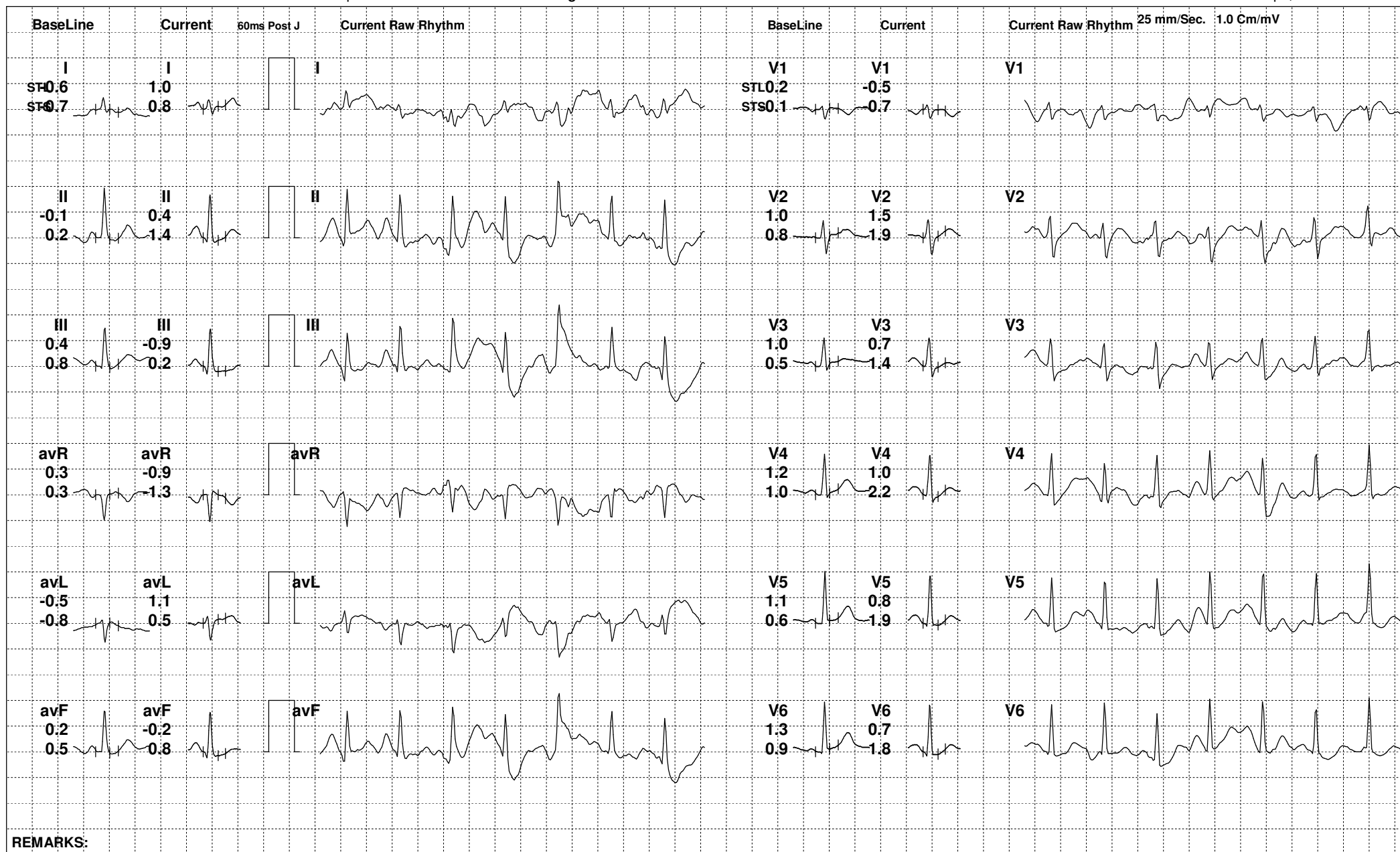
REMARKS:



139 (513086) / POOJA RAJPOOT / 33 Yrs / F

Date: 11-Jan-2023 12:41:31 PM METS: 4.7/ 145 bpm 77% of THR BP: 124/78 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:00 1.7 mph, 10.0%





139 (513086) / POOJA RAJPOOT / 33 Yrs / F

Date: 11-Jan-2023 12:41:31 PM METS: 6.6/ 91 bpm 48% of THR BP: 134/82 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 05:21 2.5 mph, 12.0%

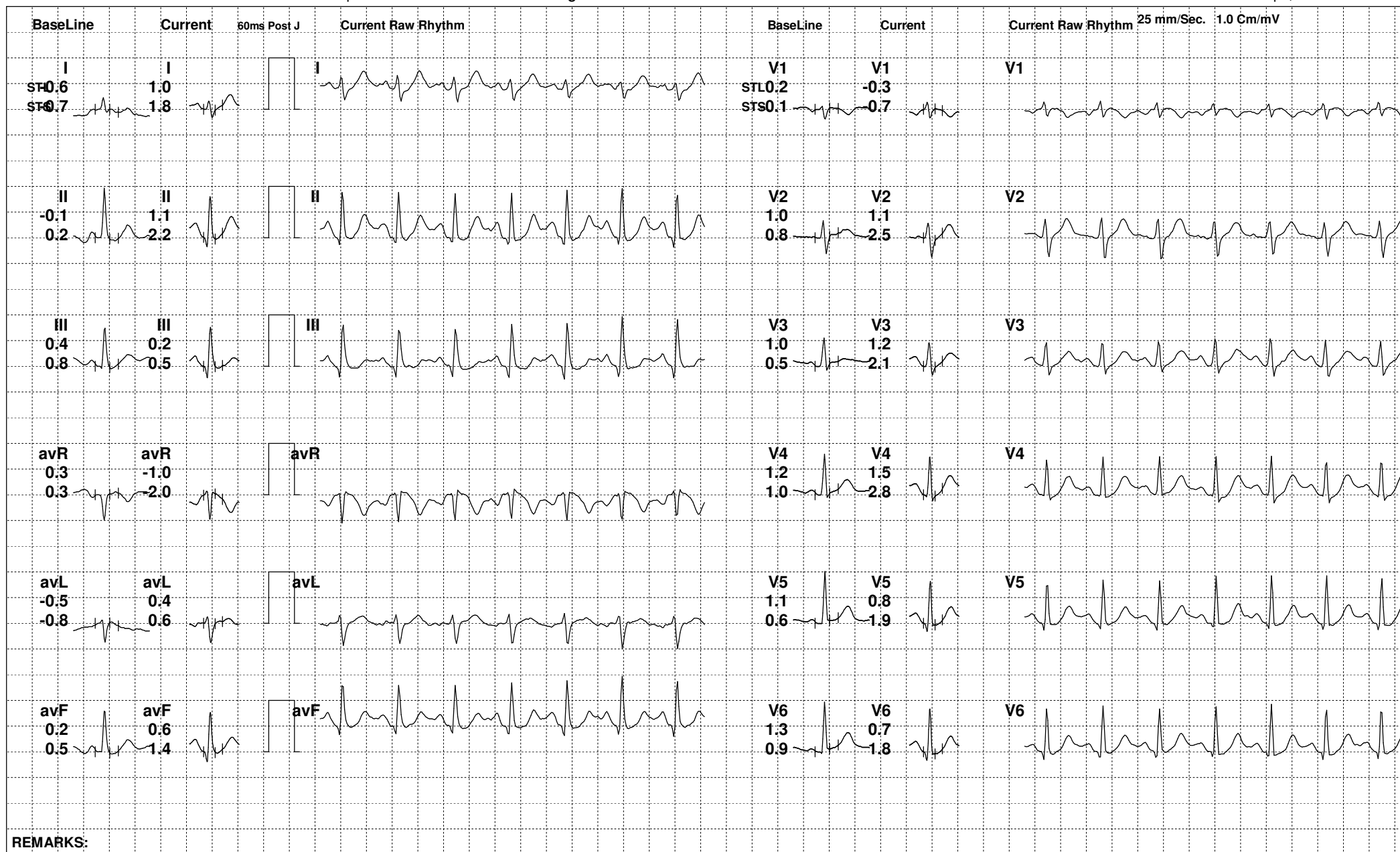




139 (513086) / POOJA RAJPOOT / 33 Yrs / F

Date: 11-Jan-2023 12:41:31 PM METS: 1.0/ 138 bpm 73% of THR BP: 128/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 05:22 0.0 mph, 0.0%



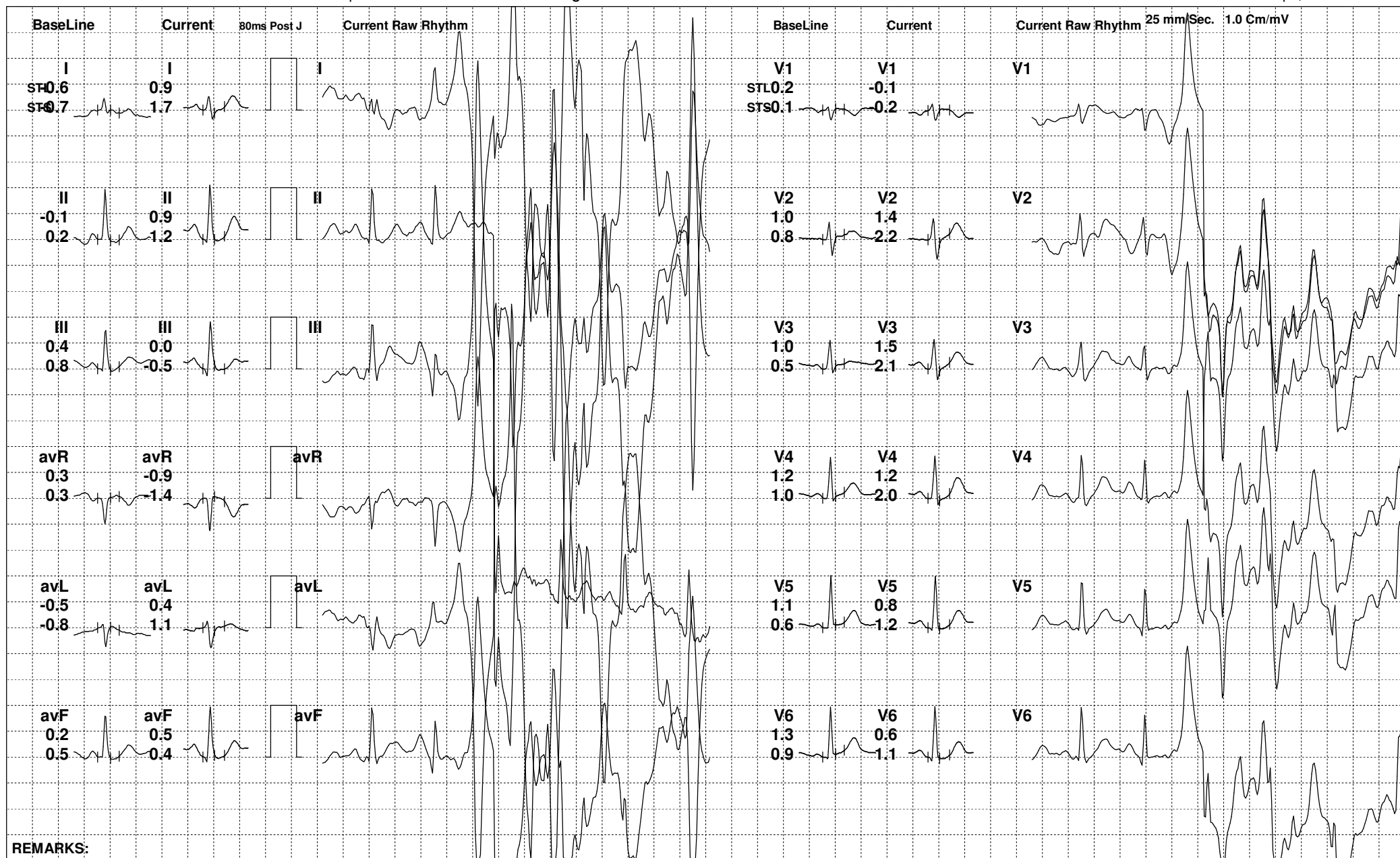
REMARKS:



139 (513086) / POOJA RAJPOOT / 33 Yrs / F

Date: 11-Jan-2023 12:41:31 PM METS: 1.0/ 123 bpm 65% of THR BP: 124/78 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 05:22 0.0 mph, 0.0%

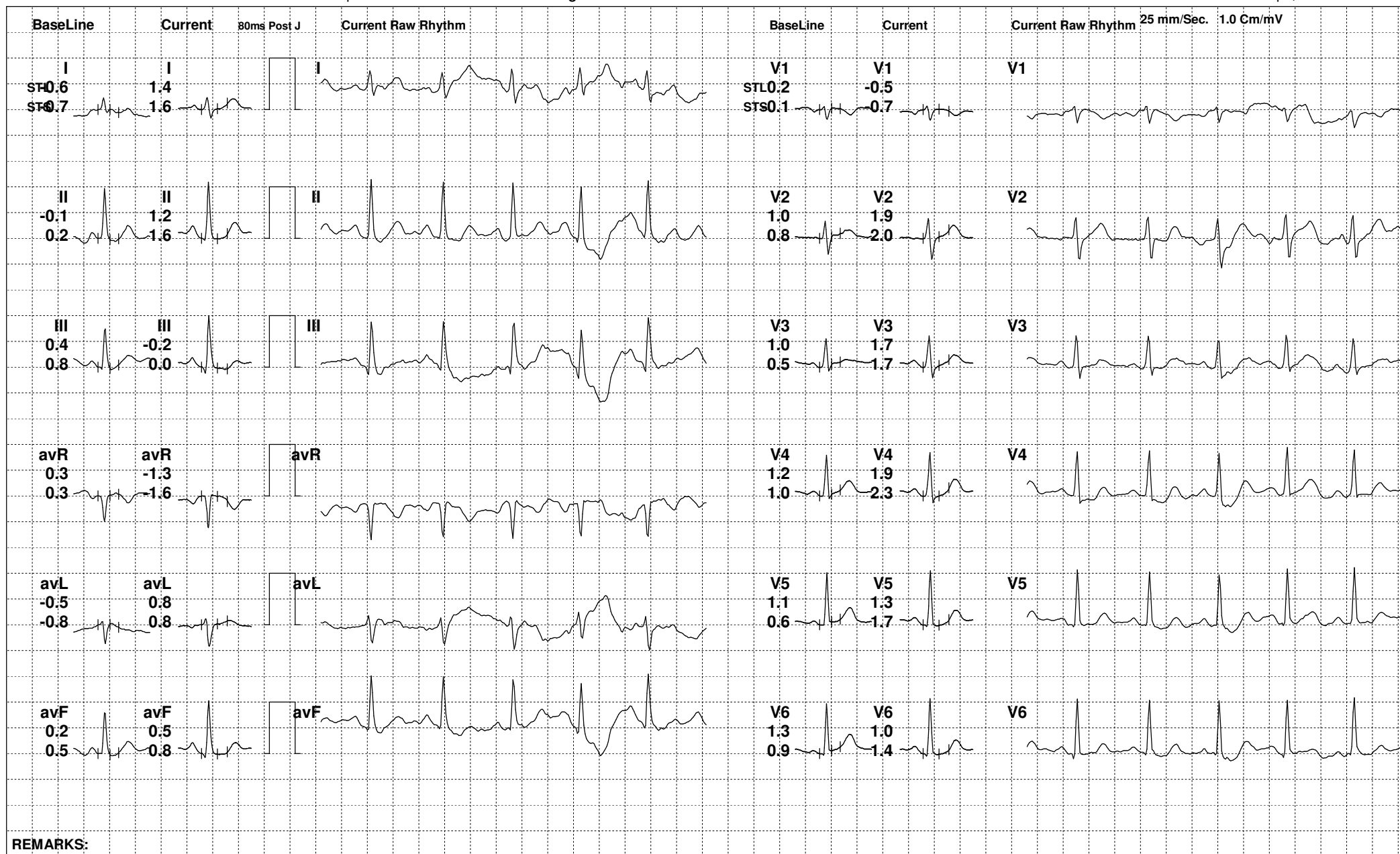




139 (513086) / POOJA RAJPOOT / 33 Yrs / F

Date: 11-Jan-2023 12:41:31 PM METS: 1.0/ 117 bpm 62% of THR BP: 120/76 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 05:22 0.0 mph, 0.0%

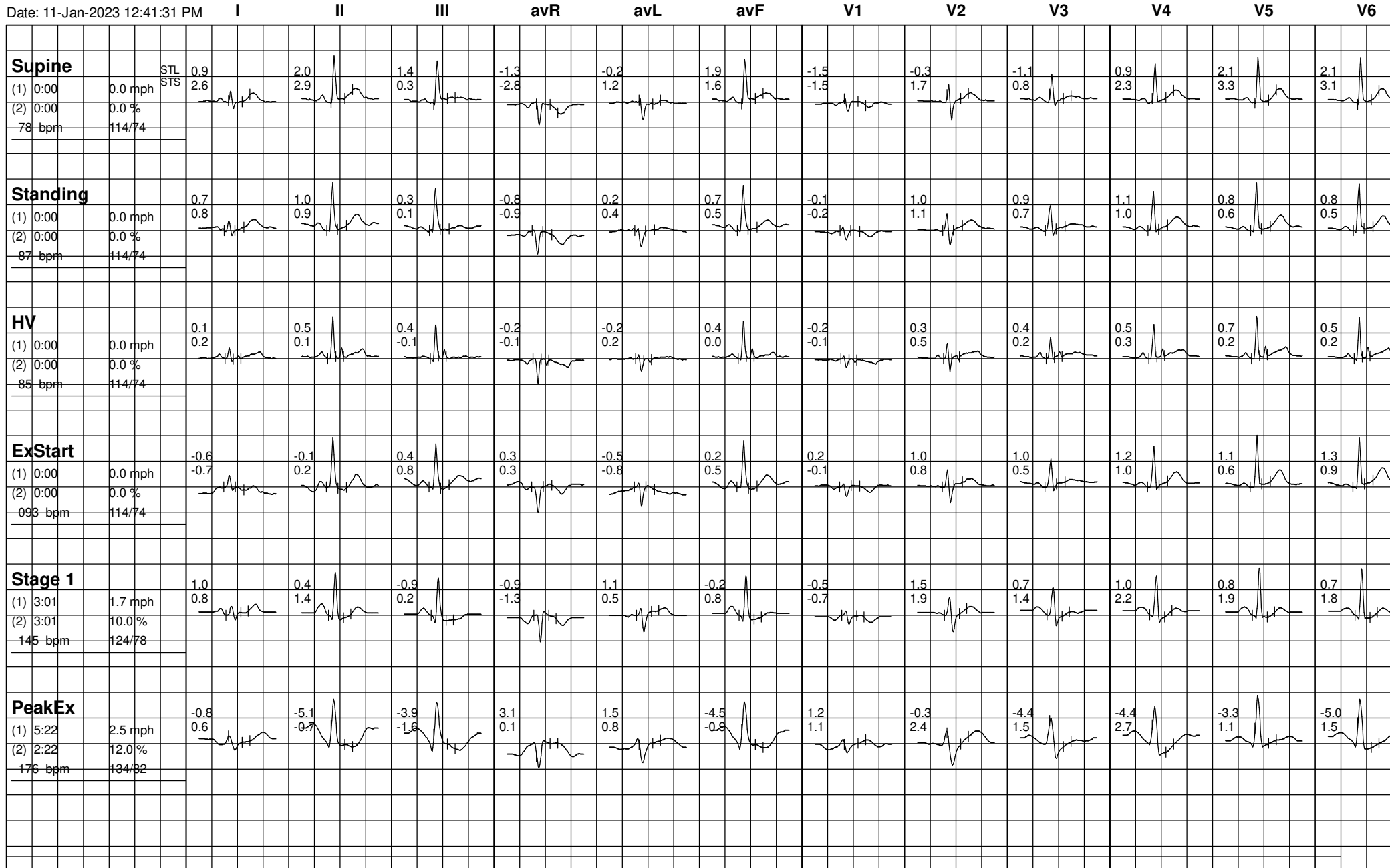


REMARKS:



139 (513086) / POOJA RAJPOOT / 33 Yrs / F

Date: 11-Jan-2023 12:41:31 PM





139 (513086) / POOJA RAJPOOT / 33 Yrs / F

Date: 11-Jan-2023 12:41:31 PM

