

Subject: Health Check up Booking Confirmed Request(bobE48181),Package Code-PKG10000227,
Beneficiary Code-43697

Mediwheel <wellness@mediwheel.in>
Sent: Thu, 12 Oct 2023 13:08:57 GMT+0530
To: You
Cc: customercare@mediwheel.in

10

CAUTION: This email is from an external source. Exercise caution when opening attachments or clicking links.

MedSave

011-41195959
Email:wellness@mediwheel.in

Hi Metro Hospital & Heart Institute,
Diagnostic/Hospital Location: Plot No. F - 1, Sector 6A, SIDCUL Sector 8A, Road, Integrated Industrial
Estate, BHEL Township, City: Haridwar
We have received the confirmation for the following booking.

Beneficiary Name : PKG10000227
Beneficiary Name : MR. RAJKIRAN
Member Age : 30
Member Gender : Male
Member Relation : Employee
Package Name : Medi-wheel Full Body Health Checkup Male Below 40
Location : HARIDWAR, Uttarakhand-249407
Contact Details : 9720582568
Booking Date : 12-10-2023
Appointment Date : 14-10-2023

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
 2. It is advisable not to undergo any Health Check during menstrual cycle.
- We request you to facilitate the employee on priority.

Subject: Health Check up Booking Request(bobE48181), Beneficiary Code-43697

Mediwheel <wellness@mediwheel.in>

Sent: Thu, 12 Oct 2023 12:24:07 GMT+0530

To: You

Cc: customercare@mediwheel.in

CAUTION: This email is from an external source. Exercise caution when opening attachments or clicking links.

MedSave

011-41195959

Email:wellness@mediwheel.in

Dear **Metro Hospital & Heart Institute,**

City : Haridwar . **Address :** Plot No. F - 1, Sector 6A, SIDCUL Sector 8A, Road, Integrated Industrial Estate, BHEL Township ,

We have received the confirmation for the following booking .

Name : MR. RAJKIRAN

Age : 30

Gender : Male

Package Name : Medi-wheel Full Body Health Checkup Male Below 40

Contact Details : 9720582568

Booking Date : 12-10-2023

Appointment Date : 14-10-2023

Member Information			
Booked Member Name	Age	Gender	Cost(In INR)
MR. RAJKIRAN	30	Male	Cashless
Total amount to be paid			Cashless

We will get back to you with confirmation update shortly. Please find the package details as attached for your reference.

Package Name : Medi-wheel Full Body Health Checkup Male Below 40 - Includes (37)Tests

Tests included in this Package : Ecg, TSH, X-ray Chest, Stress Test (tmt)/ 2d Echo, Blood Sugar Postprandial, A:g Ratio, Blood Group, Total Cholesterol, Triglycerides, Fasting Blood Sugar, Ultrasound Whole Abdomen , Glycosylated Haemoglobin (hba1c), Hdl, Vldl, Urine Analysis, LDL, Total Protine, General Consultation, HDL/ LDL ratio, GGT(Gamma-glutamyl Transferase), Eye Check-up consultation, ALP (ALKALINE PHOSPHATASE), Uric Acid, AST/ALT Ratio, Serum Protein, CBC with ESR, Stool Analysis, Urine Sugar Fasting, Urine Sugar PP, T3, T4, Cholesterol Total / HDL Ratio, BUN, BUN/Creatinine Ratio, Bilirubin Total & Direct and Indirect, Albumin, Globulin



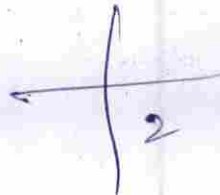
Patient Name Raj Kinam Age/Sex..... Reg.No.....
Doctor Dr. Naman Agarwal
Date..... Time.....

DENTAL EXAMINATION

➤ TEETH STATUS

= satisfactory

• MISSING -



• DECAYED -

none

➤ ORAL HYGIENE STATUS

= Average

• STAINS -

Absent

• CALCULUS -

Absent



METRO
HOSPITAL & HEART INSTITUTE
(A unit of Sunhill Hospitals Private Limited)
(NABH & ISO 9001: 2008 Certified)



we treat...HE CURES

**Metro Hospital
& Heart Institute**

(A unit of Sunhill Hospital Private Limited)

OPD CONSULTATION

Patient Name Raj Kishan Age/Sex 30y/M Reg. No.
 Doctor's Name Dr. Sushil Kumar
 Date 14/10/23 Time

OPHTHALMIC EXAMINATION

VISION

DISTANCE VISION-

RT

6/9 = o/gl

LT

NEAR VISION-

RT

N/16

LT

COLOUR VISION

Normal

EYE EXAMINATION

Cornea

Ant Chamber

Pupil

Fundus Examination

ADVICE-

Dr. Sushil Kumar, MBBS, MS (Opth)
Consultant Ophthalmologist
Metro Hospital & Heart Institute
Sidcul, Haridwar, Reg. No.-2672 (UK)
Sushil Kumar
Signature

Plot No. F-1, Sector-6A, SIDCUL, Haridwar - 249 403

Emergency : +91 8191902600, Phone : 01334 - 239040 / 42 / 43, Fax : 01334 - 239043

E-mail : metroharidwar@metrohospitals.com, Website: www.metrohospitals.com

Regd. Office : 21, Community Center, Preet Vihar, New Delhi-110092

CIN No.: U33201DL2006PTC156918

MHHI/CL/0115/Rev. No. 01

Mr Rajkiran

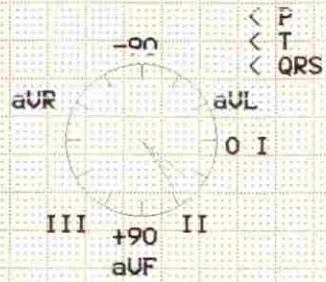
HR 69 bpm

30 y/M

14-10-23

Measurement Results:

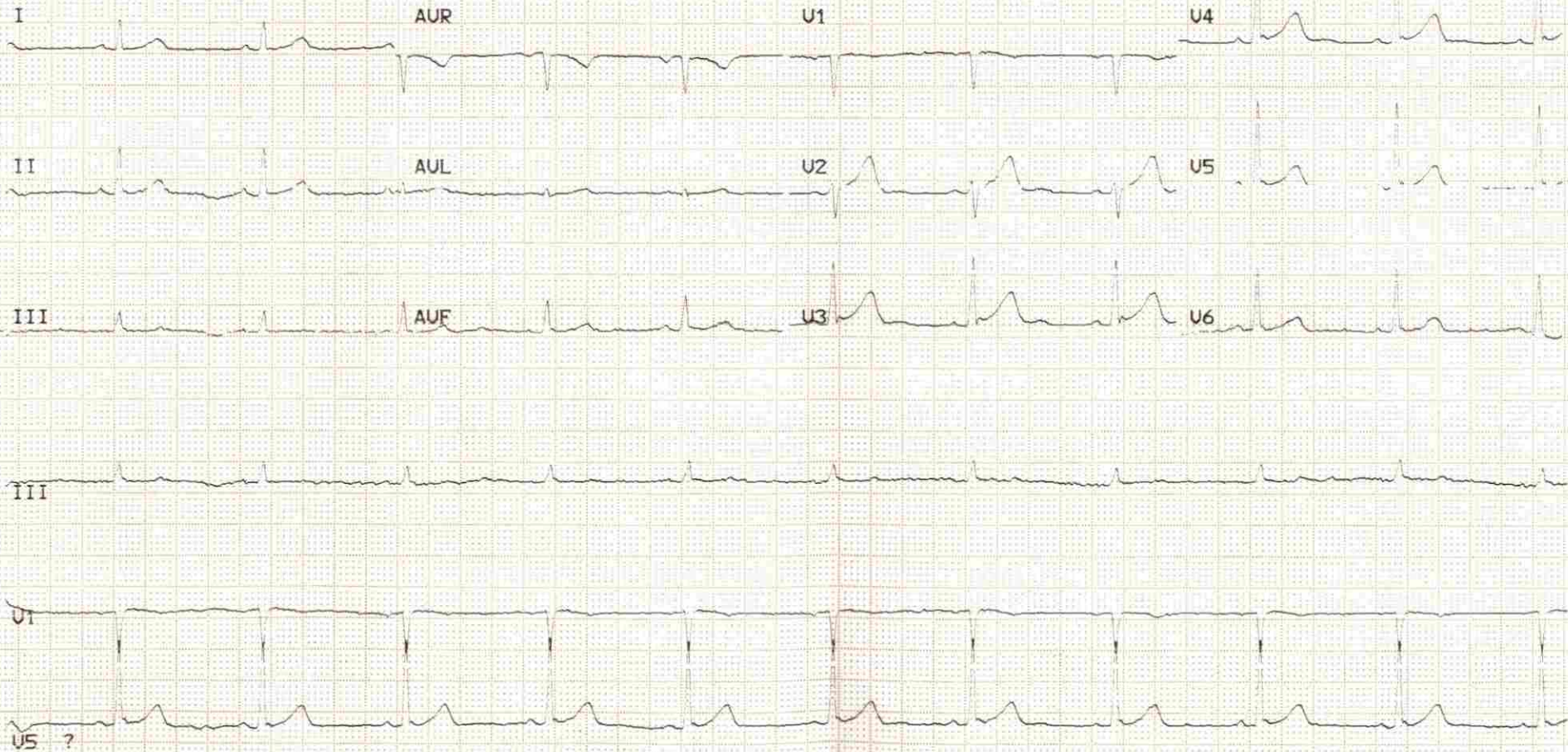
QRS	76 ms
QT/QTcB	376 / 394 ms
PR	130 ms
P	90 ms
RR/PP	910 / 910 ms
P/QRS/T	50/ 55/ 40 degrees
QTD/QTcBD	34 / 36 ms
Sokolow	1.9 mV
NK	9



Interpretation:

normal ECG

Unconfirmed report.





Radiology Investigation Report

Name : Mr. Rajkiran
Ref. By : Dr. ANIL SINGH
IP/OP : OP/202311314
Date : 14/10/2023

Age/Sex : 30 Y/M
UHID NO : 2023018010
Request No : 70240496

(10)

USG WHOLE ABDOMEN

The diaphragm is normal in contour & respiratory excursion. There is no ascitis or lymph node mass.
Liver is normal in size, shape, outline & echotexture. No focal area of abnormal echogenecity is seen in liver. Intrahepatic biliary radicles are not dilated. Portal vein & portal venous radicles are normal.
Gall bladder is normal in shape & size. Gall bladder wall is not thick. No mass lesion / calculus is seen in gall bladder. Common bile duct is normal in course & caliber. No calculus is seen in its lumen.
Spleen & pancreas appears normal in shape, size, outline & echotexture.
Both the kidneys are normal in shape, size, outline & echotexture. Renal parenchymal thickness is normal. Corticomedullary junction is defined & is normal. There is no hydronephrosis. No echogenic renal calculus is seen.
Urinary bladder is normal in contour & capacity. Bladder wall is not thick. No pathological filling defect / vesical calculus is seen in bladder. Ureterovesical junctions appear normal.
Prostate is normal in shape, outline & echotexture. Prostatic capsule & periprostatic facial planes appear normal.

IMPRESSION : NORMAL STUDY

DR. PRAKASH CHANDRA PANDEY
MBBS, DMRD
CONSULTANT RADIOLOGIST

Note:

- (1) Not Valid for medical-legal purposes.
- (2) This is a professional opinion based on imaging finding and not the diagnosis.
- (3) In case of any discrepancy due to machine error or typing error, please get it rectified immediately.



METRO
HOSPITAL & HEART INSTITUTE
(A unit of Sunhill Hospitals Private Limited)
(NABH & ISO 9001: 2008 Certified)

Radiology Investigation Report


Name : Mr. Rajkiran
Ref. By : Dr. ANIL SINGH
IP/OP : OP/202311314
Date : 14/10/2023

Age/Sex : 30 Y/M
UHID NO : 2023018010
Request No : 70240496

X-RAY CHEST PA View

*Bones under view are normal density.
Bilateral styloid processes are enlarged.
Coronal and lambdoid sutures appear normal.
No cortical breach seen.
Overlying soft tissues are normal.*

IMPRESSION: *Enlarged bilateral styloid processes.*


DR. PRAKASH CHANDRA PANDEY
MBBS, DMRD
CONSULTANT RADIOLOGIST

Note:

- (1) Not Valid for medical-legal purposes.
- (2) This is a professional opinion based on imaging finding and not the diagnosis.
- (3) In case of any discrepancy due to machine error or typing error, please get it rectified immediately.



METRO

HOSPITALS & HEART INSTITUTE

(A unit of Sunhill Hospitals Private Limited)

(NABH & ISO 9001: 2008 Certified)

2D ECHOCARDIOGRAPHY

Name:	Mr. Rajkiran	UHID No:	2023018010
Age/Sex:	30Y/M	Ward:	OPD
Referred by:	Dr. Anil Singh	Date:	14.10.2023

ACOUSTIC WINDOW: Normal

MEASUREMENTS AND CALCULATIONS

Measurements	Observed Value	Reference Value
IVS (ED)	1.1	(0.6 – 1.1 cm)
LVPW (ED)	1.0	(0.6 – 1.1 cm)
LVID (ED)	3.9	Male (3.7 – 5.5 cm) Female (3.7 – 5.2 cm)
Aortic root diameter	2.6	(2.0 – 3.7 cm)
LA dimension	2.9	Male (1.9 – 4.0 cm) Female (1.7 – 3.8 cm)
LV EF	60%	(55 – 75%)

MORPHOLOGICAL DATA

Mitral valve	Normal	Right Atrium	Normal
Aortic valve	Normal	Right Ventricle	Normal
Tricuspid valve	Normal	PA	Normal
Pulmonary valve	Normal	IVS	Intact
		IAS	Intact

DOPPLER STUDY

Valve	Regurges	Velocities (cm/s)	Gradients (mmHg)
Mitral	Nil	E – 59, A – 63, E/A<1	
Aortic	Nil	Vel – 124	
Tricuspid	Trace	Vel – 229	PASP – 23
Pulmonary	Trace	Vel – 90	

Plot No. F-1 Sector – 6A, SIDCUL, HARIDWAR – 249 403

Emergency: +91 8191902600, Phone : 01334 – 239040 / 42 43, Fax : 01334 – 239043

E-mail: metroharidwar@metrohospitals.com, Website: www.metrohospitals.com

Regd. Office : 21, Community Center, Preet Vihar, New Delhi – 110092

CIN No.: U33201DL20063PTC156918



METRO

HOSPITALS & HEART INSTITUTE

(A unit of Sunhill Hospitals Private Limited)

(NABH & ISO 9001: 2008 Certified)

FINAL IMPRESSION

- Normal Acoustic Window
- Normal Chambers Dimensions
- No RWMA
- LVEF~60%
- No LVDD
- Trace TR, Trace PR, PASP 23 mmHg
- No pericardial effusion
- No Intracardiac clot

Dr. Krishna CK

MD, DNB (Medicine), DNB (Cardiology)
Consultant Interventional Cardiology
UKMC Reg. No: 12883

Dr. Ajit Kumar

MBBS, PGDCC
Associate Consultant, Cardiology
UKMC Reg. No: 7569

(Note: This document is not for medico-legal purpose)

Plot No. F-1 Sector – 6A, SIDCUL, HARIDWAR – 249 403

Emergency: +91 8191902600, Phone : 01334 – 239040 / 42 43, Fax : 01334 – 239043

E-mail: metroharidwar@metrohospitals.com, Website: www.metrohospitals.com

Regd. Office : 21, Community Center, Preet Vihar, New Delhi – 110092

CIN No.: U33201DL20063PTC156918



METRO

HOSPITAL & HEART INSTITUTE

(A unit of Sunhill Hospitals Private Limited)
(NABH & ISO 9001: 2008 Certified)

Pathology Report

Name : Mr. Rajkiran
Ref. By : Dr. ANIL SINGH
IP/OP : OP/202311314
Sample Date : 14/10/2023
Reporting Date: 15/10/2023

Age/Sex : 30 Y/M
UHID : 2023018010
Request No. : 10374734
Sample Time : 12:48
Reporting Time : 01:14

Test	Result	Unit	Bio. Ref.	Inter. Test Method
------	--------	------	-----------	--------------------

Hematology

BLOOD GROUP

ABO : B
Rh : POSITIVE

CBC (COMPLETE BLOOD COUNT/HAEMOGRAM)

HB	14.1	gm/dl	M - 13-18	
TLC	6780	/cumm	4000-11000	
DLC (WBC DIFFERENTIAL)				
NEUTROPHILS	60	%	45-75	
LYMPHOCYTES	30	%	25-45	
EOSINOPHILS	04	%	1-6	
MONOCYTES	06	%	2-8	
BASOPHILS	00	%	--<2	
RBC	5.52	million	3.5-5.5	
PCV	46.6	%	36-52	
MCV	84.4	fL	80-100	
MCH	25.5	PG	27-32	
MCHC	30.3	gm/dl	31-37	
PLATELET COUNT	2.18	lakh/cumm	1.5-4.5	
RDW	14.0	%	11.5-15	
ESR	20	mm/hr	20	

Serology & Immunology

THYROID PROFILE

T3	1.94	nmol/L	1.70-3.10
T4	6.32	µg/dl	5.95-15.4
TSH	1.33	µIU/L	0.46-4.68

*** End of Reports ***

Dr. Vishal Arora
MBBS, DCP
(Consultant Pathologist)

Checked By *[Signature]*

Note:

1. These reports are mere estimation of values at that particular time and are liable to vary/change in different conditions in different laboratories.
2. The values are to be collaborated with clinical findings by qualified doctor and any alarming and unexpected results should be reported to Lab urgently for recheck and manual typing errors.
3. These reports are not valid for medicolegal purposes and all doctor unsigned reports should be considered provisional only.
4. All card based tests are screening test therefore need confirmation by other alternative test like (PCR, ELISA).

Plot No. F-1, Sector-6A, SIDCUL, Haridwar - 249 403
Emergency : +91 8191902600, Phone : 01334 - 239040 / 42 / 43, Fax : 01334 - 239043
E-mail : metroharidwar@metrohospitals.com, Website: www.metrohospitals.com

Regd. Office : 21, Community Center, Preet Vihar, New Delhi-110092
CIN No.: U33201DL2006PTC156918

MHHI/CL/0115/Rev. No. 01



METRO

HOSPITAL & HEART INSTITUTE

(A unit of Sunhill Hospitals Private Limited)
(NABH & ISO 9001: 2008 Certified)

Pathology Report

Name : Mr. Rajkiran
Ref. By : Dr. ANIL SINGH
IP/OP : OP/202311314
Sample Date : 14/10/2023
Reporting Date: 15/10/2023

Age/Sex : 30 Y/M
UHID : 2023018010
Request No. : 10374734
Sample Time : 12:48
Reporting Time: 01:14

Test	Result	Unit	Bio. Ref. Inter. Test Method
Biochemistry			
HB1AC	5.4	%	4.5-6.3
BLOOD SUGAR -PP	72.0	mg/dl	70.0-140.0
BLOOD SUGAR -FASTING	71.0	mg/dl	70.0-110.0
LIPID PROFILE			
TOTAL CHOLESTEROL	143.0	mg/dl	00-250.0
HDL-CHOLESTEROL	36.0	mg/dl	00-50.0
LDL	104.0	mg/dl	00-150.0
TRIGLYCERIDES	143.0	md/dl	30-150
VLDL	20.0	mg/dl	0-50
CHOL/HDL Ratio	4.4		<4.5
LFT (LIVER FUNCTION TEST)			
BILIRUBIN INDIRECT	0.45	mg/dl	0.2-0.8
SGOT	22.0	U/L	10-42
SGPT	26.0	U/L	10-42
BILIRUBIN TOTAL	0.75	mg/dl	0.2-1.0
ALKALINE PHOSPHATASE	109.0	IU/L	28-111
BILIRUBIN DIRECT	0.30	mg/dl	0.1-0.4
TOTAL PROTEIN	6.5	gm/dl	6.4-8.2
ALBUMIN	3.5	g/dl	3.5-5.0
GLOBULIN	3.0	gm/dl	2.0-4.0
AG RATIO	1.2		-
KFT (KIDNEY FUNCTION TEST)			
UREA	18.0	mg/dl	15-45
SODIUM	140.0	mmol/L	135-155
CREATININE	0.90	mg/dl	0.6-1.3
URIC ACID	4.4	mg/dl	3.0-7.6
BUN	8.5	mg/dl	05-20
POTTASSIUM	3.6	mmol/L	3.5-5.5
CALCIUM	9.5	mg/dl	8.5-10.5

*** End of Reports ***

Dr. Vishal Arora
MBBS, DCP
(Consultant Pathologist)

Checked By *Dec*

Note:

1. These reports are mere estimation of values at that particular time and are liable to vary/change in different conditions in different laboratories.
2. The values are to be collaborated with clinical findings by qualified doctor and any alarming and unexpected results should be reported to Lab urgently for recheck and manual typing errors.
3. These reports are not valid for medicolegal purposes and all doctor unsigned reports should be considered provisional only.
4. All card based tests are screening test therefore need confirmation by other alternative test like (PCR, ELISA).

Plot No. F-1, Sector-6A, SIDCUL, Haridwar - 249 403

Emergency : +91 8191902600, Phone : 01334 - 239040 / 42 / 43, Fax : 01334 - 239043

E-mail : metroharidwar@metrohospitals.com, Website: www.metrohospitals.com

Regd. Office : 21, Community Center, Preet Vihar, New Delhi-110092

CIN No.: U33201DL2006PTC156918

MHHI/CL/0115/Rev. No. 01



METRO

HOSPITAL & HEART INSTITUTE

(A unit of Sunhill Hospitals Private Limited)
(NABH & ISO 9001: 2008 Certified)

Pathology Report

Name : Mr. Rajkiran
 Ref. By : Dr. ANIL SINGH
 IP/OP : OP/202311314
 Sample Date : 14/10/2023
 Reporting Date: 15/10/2023

Age/Sex : 30 Y/M
 UHID : 2023018010
 Request No. : 10374734
 Sample Time : 12:48
 Reporting Time: 01:14

Test	Result	Unit	Bio. Ref. Inter.	Test Method
------	--------	------	------------------	-------------

Urine Examination

URINE SUGAR	NIL			
URINE ROUTINE ANALYSIS				
PHYSICAL EXAMINATION				
COLOUR	PALE			
	YELLOW			
TRANSPARENCY	CLEAR			
S. GRAVITY	1.015			
CHEMICAL EXAMINATION				
ALBUMIN	NIL			
SUGAR	NIL			
pH	6.5			
BLOOD	NIL			
KETONE	NIL			
MICROSCOPIC EXAMINATION				
PUS CELLS	2-3			
EPITHELIAL CELLS	1-2			
RBC	NIL			
CRYSTALS	NIL			
CAST	NIL			
BACTERIA	NIL			
AMORPHOUS PHOSPHATE	NIL			
AMORPHOUS URATES	NIL			

*** End of Reports ***

Dr. Vishal Arora
 MBBS, DCP
 (Consultant Pathologist)

AS
 Checked By

Note:

1. These reports are mere estimation of values at that particular time and are liable to vary/change in different conditions in different laboratories.
2. The values are to be collaborated with clinical findings by qualified doctor and any alarming and unexpected results should be reported to Lab urgently for recheck and manual typing errors.
3. These reports are not valid for medicolegal purposes and all doctor unsigned reports should be considered provisional only.
4. All card based tests are screening test therefore need confirmation by other alternative test like (PCR, ELISA).

Plot No. F-1, Sector-6A, SIDCUL, Haridwar - 249 403
 Emergency : +91 8191902600, Phone : 01334 - 239040 / 42 / 43, Fax : 01334 - 239043
 E-mail : metroharidwar@metrohospitals.com, Website: www.metrohospitals.com

Regd. Office : 21, Community Center, Preet Vihar, New Delhi-110092
 CIN No.: U33201DL2006PTC156918

MHHI/CL/0115/Rev. No. 03