NAME	NEENA chatrath	STUDY DATE	01-04-2023 09:01:25
AGE / SEX	059Yrs / F	HOSPITAL NO.	MH002468265
REFERRING DEPT	OPD	MODALITY/Procedure	CR /Xray chest PA (CXR)
		Description	
REPORTED ON	02-04-2023 10:56:19	REFERRED BY	Dr. Health Check MHD

X-RAY CHEST - PA VIEW

Findings:

Visualized lung fields appear clear.

Both hilar shadows appear normal.

Cardiothoracic ratio is within normal limits.

Both hemidiaphragmatic outlines appear normal.

Both costophrenic angles are clear.

No significant abnormality seen.



Dr. Divya Jain MBBS, DNB DMC/R/7955 Associate Consultant Radiologist

N.B.: This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

NAME	NEENA chatrath	STUDY DATE	01-04-2023 09:01:25
AGE / SEX	059Yrs / F	HOSPITAL NO.	MH002468265
REFERRING DEPT	OPD	MODALITY/Procedure	CR /Xray chest PA (CXR)
		Description	
REPORTED ON	02-04-2023 10:56:19	REFERRED BY	Dr. Health Check MHD

N.B.: This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

Rate . Sinus rhythm..... V-rate 50-99 . Baseline wander in lead(s) V5 PR 129 95 QRSD QT 434 445 QTc --AXIS--18 - NORMAL ECG -QRS 51 12 Lead; Standard Placement Unconfirmed Diagnosis aVR **V**1 **V4 V2 V**5 II aVL aVF III F 60~ 0.15-100 Hz 100B CL Speed: 25 mm/sec Chest: 10.0 mm/mV Limb: 10 mm/mV P? Device:



Registered Office: Sector-6, Dwarka, New Delhi- 110075

: MRS NEENA CHATRATH 59 Yr(s) Sex :Female Name Age

Registration No : MH002468265 Lab No 31230400010

Patient Episode : H03000053530 **Collection Date:** 01 Apr 2023 08:22

: HEALTH CHECK MHD Referred By **Reporting Date:** 01 Apr 2023 11:59

Receiving Date : 01 Apr 2023 10:16

Department of Transfusion Medicine (Blood Bank)

BLOOD GROUPING, RH TYPING & ANTIBODY SCREEN (TYPE & SCREEN) Specimen-Blood

Blood Group & Rh Typing (Agglutinaton by gel/tube technique)

Blood Group & Rh typing O Rh(D) Positive

Antibody Screening (Microtyping in gel cards using reagent red cells)

Final Antibody Screen Result Negative

Technical Note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique. Antibody screening is done using a 3 cell panel of reagent red cells coated with Rh, Kell, Duffy, Kidd, Lewis, P, MNS, Lutheran and Xq antigens using gel technique.

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----END OF REPORT-----













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Registered Office: Sector-6, Dwarka, New Delhi-110075

: MRS NEENA CHATRATH 59 Yr(s) Sex :Female Name Age

Registration No MH002468265 Lab No 32230400094

: H03000053530 **Patient Episode Collection Date:** 01 Apr 2023 08:22

Referred By : HEALTH CHECK MHD **Reporting Date:** 01 Apr 2023 11:04

: 01 Apr 2023 09:03 **Receiving Date**

BIOCHEMISTRY

Glycosylated Hemoglobin Specimen: EDTA Whole blood

As per American Diabetes Association (ADA) HbA1c (Glycosylated Hemoglobin)

5.6 [4.0-6.5] HbA1c in % Non diabetic adults >= 18 years <5.7

Prediabetes (At Risk) 5.7-6.4

Diagnosing Diabetes >= 6.5

Methodology (HPLC)

114 Estimated Average Glucose (eAG) mq/dl

Comments: HbAlc provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

Specimen Type : Serum

THYROID PROFILE, Serum

T3 - Triiodothyronine (ECLIA)	1.11	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	6.74	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	0.992	uIU/mL	[0.340-4.250]

1st Trimester: 0.6 - 3.4 micIU/mL 2nd Trimester: 0.37 - 3.6 micIU/mL 3rd Trimester: 0.38 - 4.04 micIU/mL

Note: TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations, Ca or Fe supplements, high fibre diet, stress and illness





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Registered Office: Sector-6, Dwarka, New Delhi- 110075

: MRS NEENA CHATRATH 59 Yr(s) Sex :Female Name Age

Registration No MH002468265 Lab No 32230400094

Patient Episode H03000053530 **Collection Date:** 01 Apr 2023 08:22

Referred By : HEALTH CHECK MHD **Reporting Date:** 01 Apr 2023 11:46

Receiving Date : 01 Apr 2023 08:57

BIOCHEMISTRY

affect TSH results.

- * References ranges recommended by the American Thyroid Association
- 1) Thyroid. 2011 Oct; 21(10):1081-125.PMID .21787128
- 2) http://www.thyroid-info.com/articles/tsh-fluctuating.html

Test Name	Result	Unit	Biological Ref. Interval
Lipid Profile (Serum)			
TOTAL CHOLESTEROL (CHOD/POD)	205 #	mg/dl	[<200]
			Moderate risk:200-239
			High risk:>240
TRIGLYCERIDES (GPO/POD)	126	mg/dl	[<150]
			Borderline high:151-199
			High: 200 - 499
			Very high:>500
HDL - CHOLESTEROL (Direct)	63 #	mg/dl	[30-60]
VLDL - Cholesterol (Calculated)	25	mg/dl	[10-40]
LDL- CHOLESTEROL	117 #	mg/dl	[<100]
			Near/Above optimal-100-129
			Borderline High: 130-159
			High Risk:160-189
T.Chol/HDL.Chol ratio	3.3		<4.0 Optimal
			4.0-5.0 Borderline
			>6 High Risk
LDL.CHOL/HDL.CHOL Ratio	1.9		<3 Optimal
			3-4 Borderline
			>6 High Risk

Note:

Reference ranges based on ATP III Classifications. Recommended to do fasting Lipid Profile after a minimum of 8 hours of overnight fasting.

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Registered Office: Sector-6, Dwarka, New Delhi- 110075

Name : MRS NEENA CHATRATH Age : 59 Yr(s) Sex :Female

Referred By: HEALTH CHECK MHD Reporting Date: 01 Apr 2023 11:43

Receiving Date : 01 Apr 2023 08:57

BIOCHEMISTRY

Test Name	Result	Unit	Biological Ref. Interval
LIVER FUNCTION TEST (Serum)			
BILIRUBIN-TOTAL (mod.J Groff) **	0.29	mg/dl	[0.10-1.20]
BILIRUBIN - DIRECT (mod.J Groff)	0.13	mg/dl	[<0.2]
BILIRUBIN - INDIRECT (mod.J Groff)	0.16 #	mg/dl	[0.20-1.00]
SGOT/ AST (P5P, IFCC)	11.90	IU/L	[5.00-37.00]
SGPT/ ALT (P5P, IFCC)	15.70	IU/L	[10.00-50.00]
ALP (p-NPP, kinetic) *	87	IU/L	[46-118]
TOTAL PROTEIN (mod.Biuret)	7.4	g/dl	[6.0-8.2]
SERUM ALBUMIN (BCG-dye)	4.2	g/dl	[3.5-5.0]
SERUM GLOBULIN (Calculated)	3.2	g/dl	[1.8-3.4]
ALB/GLOB (A/G) Ratio	1.31		[1.10-1.80]

Note:

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11. 10.07 10.07

^{**}NEW BORN: Vary according to age (days), body wt & gestation of baby

^{*}New born: 4 times the adult value



Registered Office: Sector-6, Dwarka, New Delhi- 110075

: MRS NEENA CHATRATH 59 Yr(s) Sex :Female Name Age

Registration No MH002468265 Lab No 32230400094

Patient Episode : H03000053530 **Collection Date:** 01 Apr 2023 08:22

: HEALTH CHECK MHD Referred By **Reporting Date:** 01 Apr 2023 11:41

Receiving Date : 01 Apr 2023 08:57

BIOCHEMISTRY

Test Name	Result	Unit	Biological Ref. Interval
KIDNEY PROFILE (Serum)			
BUN (Urease/GLDH)	12.00	mg/dl	[8.00-23.00]
SERUM CREATININE (mod.Jaffe)	0.73	mg/dl	[0.60-1.40]
SERUM URIC ACID (mod.Uricase)	5.2	mg/dl	[2.6-6.0]
SERUM CALCIUM (NM-BAPTA)	9.5	mg/dl	[8.6-10.0]
SERUM PHOSPHORUS (Molybdate, UV)	4.6	mg/dl	[2.3-4.7]
SERUM SODIUM (ISE)	139.0	mmol/l	[134.0-145.0]
SERUM POTASSIUM (ISE)	4.43	mmol/l	[3.50-5.20]
SERUM CHLORIDE (ISE / IMT)	102.6	mmol/l	[95.0-105.0]
eGFR	90.4	ml/min/1.73s	[>60.0]

Technical Note

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to 1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis / Icterus / Lipemia.

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-----END OF REPORT-----



Dr. Soma Pradhan











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Registered Office: Sector-6, Dwarka, New Delhi- 110075

: MRS NEENA CHATRATH 59 Yr(s) Sex :Female Name Age

Registration No : MH002468265 Lab No 32230400095

Patient Episode : H03000053530 **Collection Date:** 01 Apr 2023 12:11

: HEALTH CHECK MHD Referred By **Reporting Date:** 01 Apr 2023 13:55

Receiving Date : 01 Apr 2023 13:07

BIOCHEMISTRY

Specimen Type : Plasma PLASMA GLUCOSE - PP

Plasma GLUCOSE - PP (Hexokinase) 155 # mg/dl [70-140]

Note: Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying,

brisk glucose absorption , post exercise

Specimen Type : Serum/Plasma

Plasma GLUCOSE-Fasting (Hexokinase) 101 # mg/dl [70-100]

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-----END OF REPORT-----

Dr. Neelam Singal

CONSULTANT BIOCHEMISTRY











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Registered Office: Sector-6, Dwarka, New Delhi-110075

: MRS NEENA CHATRATH 59 Yr(s) Sex :Female Name Age

Registration No MH002468265 Lab No 33230400077

Patient Episode : H03000053530 **Collection Date:** 01 Apr 2023 08:23

Referred By : HEALTH CHECK MHD **Reporting Date:** 01 Apr 2023 12:59

Receiving Date : 01 Apr 2023 09:03

HAEMATOLOGY

ERYTHROCYTE SEDIMENTATION RATE (Automated) Specimen-Whole Blood

ESR 18.0 /1sthour [0.0-20.0]

Interpretation :

Erythrocyte sedimentation rate (ESR) is a non-specific phenomena and is clinically useful in the diagnosis and monitoring of disorders associated with an increased production of acute phase reactants (e.g. pyogenic infections, inflammation and malignancies). The ESR is increased in pregnancy from about the 3rd month and returns to normal by the 4th week postpartum.

ESR is influenced by age, sex, menstrual cycle and drugs (eg. corticosteroids, contraceptives).

It is especially low (0 -1mm) in polycythemia, hypofibrinogenemia or congestive cardiac failure and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis or sickle cells.

Test Name	Result	Unit Bio	ological Ref. Interval
COMPLETE BLOOD COUNT (EDTA Blood)			
WBC Count (Flow cytometry)	5410	/cu.mm	[4000-10000]
RBC Count (Impedence)	4.36	million/cu.mm	[3.80-4.80]
Haemoglobin (SLS Method)	12.9	g/dL	[12.0-15.0]
Haematocrit (PCV)	39.2	90	[36.0-46.0]
(RBC Pulse Height Detector Method)			
MCV (Calculated)	89.9	fL	[83.0-101.0]
MCH (Calculated)	29.6	pg	[25.0-32.0]
MCHC (Calculated)	32.9	g/dL	[31.5-34.5]
Platelet Count (Impedence)	372000	/cu.mm	[150000-410000]
RDW-CV (Calculated)	13.6	%	[11.6-14.0]
DIFFERENTIAL COUNT			
Neutrophils (Flowcytometry)	54.9	96	[40.0-80.0]
Lymphocytes (Flowcytometry)	36.2	%	[20.0-40.0]



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E-2019-0026/27/07/2019-26/07/2021



Registered Office: Sector-6, Dwarka, New Delhi- 110075

Name : MRS NEENA CHATRATH 59 Yr(s) Sex :Female Age

Registration No MH002468265 Lab No 33230400077

Patient Episode H03000053530 **Collection Date:** 01 Apr 2023 08:23

: HEALTH CHECK MHD **Referred By Reporting Date:** 01 Apr 2023 11:06

Receiving Date : 01 Apr 2023 09:03

				-	
HA	$\mathbf{F}\mathbf{N}$	ſΔ′	LOI	റ	$\mathbf{C}\mathbf{V}$

Monocytes (Flowcytometry)	5.7		8	[2.0-10.0]
Eosinophils (Flowcytometry)	3.0		ଚ	[1.0-6.0]
Basophils (Flowcytometry)	0.2 #		%	[1.0-2.0]
IG	0.00		ଚ	
Neutrophil Absolute (Flouroscence f	flow cytometry)	3.0	/cu mm	$[2.0-7.0] \times 10^{3}$
Lymphocyte Absolute (Flouroscence f	low cytometry)	2.0	/cu mm	$[1.0-3.0] \times 10^{3}$
Monocyte Absolute (Flouroscence flo	ow cytometry)	0.3	/cu mm	$[0.2-1.2] \times 10^{3}$
Eosinophil Absolute (Flouroscence f	low cytometry)	0.2	/cu mm	$[0.0-0.5] \times 10^{3}$
Basophil Absolute (Flouroscence flo	ow cytometry)	0.0	/cu mm	$[0.0-0.1] \times 10^{3}$

Complete Blood Count is used to evaluate wide range of health disorders, including anemia, infection, and leukemia. Abnormal increase or decrease in cell counts as revealed may indicate that an underlying medical condition that calls for further evaluation.

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-----END OF REPORT-----

Dr.Lakshita singh











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Registered Office: Sector-6, Dwarka, New Delhi- 110075

Name MRS NEENA CHATRATH 59 Yr(s) Sex :Female Age

Registration No MH002468265 Lab No 38230400009

Patient Episode H03000053530 **Collection Date:** 01 Apr 2023 08:23

HEALTH CHECK MHD 01 Apr 2023 14:51 **Referred By Reporting Date:**

Receiving Date : 01 Apr 2023 12:44

CLINICAL PATHOLOGY

Test Name	Result	Biological Ref. Interval
ROUTINE URINE ANALYSIS		
MACROSCOPIC DESCRIPTION		
Colour (Visual)	PALE YELLOW	(Pale Yellow - Yellow)
Appearance (Visual)	CLEAR	
CHEMICAL EXAMINATION		
Reaction[pH]	6.5	(5.0-9.0)
(Reflectancephotometry(Indicator Meth-	od))	
Specific Gravity	1.005	(1.003-1.035)
(Reflectancephotometry(Indicator Method	od))	
Bilirubin	Negative	NEGATIVE
Protein/Albumin	Negative	(NEGATIVE-TRACE)
(Reflectance photometry(Indicator Met	hod)/Manual SSA)	
Glucose	NOT DETECTED	(NEGATIVE)
(Reflectance photometry (GOD-POD/Bene	dict Method))	
Ketone Bodies	NOT DETECTED	(NEGATIVE)
(Reflectance photometry(Legal's Test)	/Manual Rotheras)	
Urobilinogen	NORMAL	(NORMAL)
Reflactance photometry/Diazonium salt	reaction	
Nitrite	NEGATIVE	NEGATIVE
Reflactance photometry/Griess test		
Leukocytes	NIL	NEGATIVE
Reflactance photometry/Action of Este	rase	
BLOOD	NIL	NEGATIVE
(Reflectance photometry(peroxidase))		
MICROSCOPIC EXAMINATION (Manual) M	ethod: Light microscopy on	centrifuged urine
WBC/Pus Cells	1-2 /hpf	(4-6)
Red Blood Cells	NIL	(1-2)
Epithelial Cells	1-2 /hpf	(2-4)
Casts	NIL	(NIL)
Crystals	NIL	(NIL)
Bacteria	NIL	
Yeast cells	NIL	

Interpretation:





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Registered Office: Sector-6, Dwarka, New Delhi- 110075

: MRS NEENA CHATRATH 59 Yr(s) Sex :Female Name Age

38230400009 **Registration No** : MH002468265 Lab No

: H03000053530 **Patient Episode Collection Date:** 01 Apr 2023 08:23

Referred By : HEALTH CHECK MHD **Reporting Date:** 01 Apr 2023 14:51

: 01 Apr 2023 12:44 **Receiving Date**

CLINICAL PATHOLOGY

URINALYSIS-Routine urine analysis assists in screening and diagnosis of various metabolic , urological, kidney and liver disorders

Protein: Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous exercise, orthostatic proteinuria, dehydration, urina tract infections and acute illness with fever

Glucose: Uncontrolled diabetes mellitus can lead to presence of glucose in urine.

Other causes include pregnancy, hormonal disturbances, liver disease and certain medications.

Ketones: Uncontrolled diabetes mellitus can lead to presence of ketones in urine.

Ketones can also be seen in starvation, frequent vomiting, pregnancy and strenuous exercise.

Blood: Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in various urological, nephrological and bleeding disorders.

Leukocytes: An increase in leukocytes is an indication of inflammation in urinary tract or kidneys Most Common cause is bacterial urinary tract infection.

Nitrite: Many bacteria give positive results when their number is high. Nitrite concentration duri infection increases with length of time the urine specimen is retained in bladder prior to collection.

pH: The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/alkalosis or ingestion of certain type of food can affect the pH of urine.

Specific gravity: Specific gravity gives an indication of how concentrated the urine is. Increased Specific gravity is seen in conditions like dehydration, glycosuria and proteinuria while decrease Specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus.

Bilirubin: In certain liver diseases such as biliary obstruction or hepatitis, bilirubin gets excreted in urine.

Urobilinogen: Positive results are seen in liver diseases like hepatitis and cirrhosis

and in case of hemolytic anemia.

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-----END OF REPORT-----



Dr. Soma Pradhan









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Awarded Clean & Green Hospital

 Name:
 NEENA CHATRATH
 Hospital No:
 MH002468265

 Age:
 59
 Sex:
 F
 Episode No:
 H03000053530

 Doctor:
 Health Check MHD
 Result Date:
 03 Apr 2023 10:19

Order: Tread Mill Test

EXERCISE STRESS TEST REPORT (TMT)

Findings:

Baseline ECG NSR Premedications Nil

Protocol Bruce MPHR 161
Duration of 7 Minutes 31 sec 85% OF MPHR 136

exercise

Reason for THR achieved METS 10.10

termination

Peak achieved 142 %of MPHR 88 %

achieved

Stage	Time	Heart rate (bpm)	BP (mmHg)	ECG(ST/T changes/arrhyth	mia) Symptoms
Control	0.00	71	130/80	No ST-T changes seen	Nil
Stage 1	3.00	94	140/80	No ST-T changes seen	Nil
Stage II	3.00	112	140/80	No ST-T changes seen	Nil
Stage III	1.31	142	140/80	No ST-T changes seen	Nil
Recovery	3.00	69	130/80	No ST-T changes seen	Nil

Result:

- Normal heart rate and BP response
- No significant ST-T changes were seen during exercise or recovery period.
- No significant arrhythmia during the test

FINAL IMPRESSION.

- Exercise stress test is **Negative** for reversible myocardial Ischemia.
- Good effort tolerance.

DR. SAMANJOY MUKHERJEE

DR. (MAJ) J S KHATRI

Name:NEENA CHATRATHHospital No:MH002468265Age:59Sex:FEpisode No:H03000053530Doctor:Health Check MHDResult Date:03 Apr 2023 10:19

Order: Tread Mill Test

MD, DM CONSULTANT CARDIOLOGIST

MBBS, PGDCC, FNIC SPECIALIST (NON-INVASIVE CARDIOLOGY)

Dr Samanjoy Mukherjee ASSOCIATE CONSULTANT Name:NEENA CHATRATHHospital No:MH002468265Age:59Sex:FEpisode No:H03000053530

Doctor: Health Check MHD Result Date: 01 Apr 2023 15:59

Order: Ultrasound abdomen n pelvis

Dr. Nipun Gumber ASSOCIATE CONSULTANT