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- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

DATE : 09/03/2022

TO,

Medi Wheel

This is regarding your client Miss/Mrs./Mr. Rakesh Sudhakar

Proposal number Pkg 1000020

Visited to our centre on 09/3/22 for her/his proposed tests.

All tests are done as scheduled except

Pending/skipped tests: stool Test

Reason: not willing to give

We are canceling / will reschedule it as per her/his convenience.

Thank you.

**Dr. NUPUR RAI**  
MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
Reg. No.: 2018115643

**HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS**

Client's sign

Opp. Ram...  
Thakur Village, E...  
Kandivali (East) Mumbai - 400103

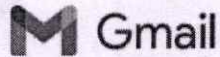
Medical Examiner

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Healthcare Diagnostics &lt;healthcare.medicals@gmail.com&gt;

## Health Check up Booking Request(bobE9055),Package Code(PKG10000240),Beneficiary Code(53823)

Mediwheel &lt;santosh@policywheel.com&gt;

Thu, Mar 3, 2022 at 2:43 PM

To: "healthcare.medicals@gmail.com" &lt;healthcare.medicals@gmail.com&gt;

Cc: Mediwheel CC &lt;customercare@mediwheel.in&gt;, Mediwheel CC &lt;mediwheelwellness@gmail.com&gt;



**Mediwheel**  
...Your wellness partner



011-41195959

Email:wellness@mediwheel.in

Dear Healthcare Medical Centre And Diagnostic,  
City : Mumbai . Location : .KANDIVALI EAST,

We have received the following request for Health Check up from

**Name** : MR. SUDHAKAR RAKESH  
**Age** : 36  
**Gender** : Male  
**Member Relations** : Employee  
**Package Name** : Metro Full Body Health Checkup Male Below 40  
**Package Code** : PKG10000240  
**User Location** : Maharashtra,MUMBAI,400051  
**Contact Details** : 9167124984  
**Booking Date** : 03-03-2022  
**Appointment Date** : 09-03-2022

| Member Information             |     |        |                 |
|--------------------------------|-----|--------|-----------------|
| Booked Member Name             | Age | Gender | Cost(In INR)    |
| MR. SUDHAKAR RAKESH            | 36  | Male   | Cashless        |
| <b>Total amount to be paid</b> |     |        | <b>Cashless</b> |

Please login to your account to confirm the same. Also you mail us for confirmation

**Package Name** : Metro Full Body Health Checkup Male Below 40 - Includes (37 )Tests

**Tests included in this Package** : Ecg, TSH, X-ray Chest, Stress Test (tmt)/ 2d Echo, Blood Sugar Postprandial, A:g Ratio, Blood Group, Total Cholesterol, Triglycerides, Fasting Blood Sugar, Ultrasound Whole Abdomen , Glycosylated Haemoglobin (hba1c), Hdl, Vldl, Urine Analysis, LDL, Total Protine, General Consultation, HDL/ LDL ratio, GGT(Gamma-glutamyl Transferase), Eye Check-up consultation, ALP (ALKALINE PHOSPHATASE), Uric Acid, AST/ALT Ratio, Serum Protein, CBC with ESR, Stool Analysis, Urine Sugar Fasting, Urine Sugar PP, T3, T4, Cholesterol Total / HDL Ratio, BUN, BUN/Creatinine Ratio, Bilirubin Total & Direct and Indirect, Albumin, Globulin

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|  |                     |  |          |
|--|---------------------|--|----------|
| <b>NAME</b>  | MR RAKESH SUDHAKAR  | <b>DATE</b>  | 09/03/22 |
| <b>HEIGHT:</b>   | 173CM               | <b>WEIGHT :</b>  | 71.2 KG  |
| <b>REFERRED BY</b>   | MEDIWHEEL           | <b>AGE</b>   | 37 YRS   |
|  |                     | <b>SEX</b>   | MALE     |
| <b>PRESENT COMPLAINT: NIL</b>  |                     |  |          |
| <b>CURRENT MEDICATION:</b>   |                     |  |          |
| <b>PAST HISTORY : P/H/O 2003-MALARIA (HOSPITALIZED FOR 4-5 DAYS)</b> |                     |  |          |
| <b>ALLERGY: NIL</b>  | <b>HABITS: NONE</b> | <b>APPETITE: GOOD</b>  |          |
| <b>SLEEP: GOOD</b>   | <b>BLADDER: NAD</b> | <b>BOWEL: NAD</b>  |          |
| <b>VISION HISTORY : LEFT EYE = -1.75 ; RIGHT EYE= -1.50</b>          |                     |  |          |
| <b>FAMILY HISTORY: FATHER=DM; MOTHER=IHD; SISTER=DM</b>              |                     |  |          |
| <b>GENERAL EXAMINATION:</b>  |                     | <b>ADVICE-</b>   |          |
| P: 84/MIN      BP: 120/80  |                     | <p>1. Tab. Ecosprin 75mg 0-0-1 x 2 months</p> <p>2. to visit cardiologist for further evaluation &amp; management.</p> <p><i>Dr. NUPUR RAI</i><br/>MBBS, DIPLOMA CARDIOLOGY (PGDCC)<br/>Reg. No. - 2018115643</p> <p><b>DR. Y. J. MEHTA [M.D.]</b></p> |          |
| PALLOR: ++      ICTERUS: NIL   |                     |  |          |
| OEDEMA: NIL      OTHERS: NAD   |                     |  |          |
| SKIN: NORMAL   |                     |  |          |
| RS: NAD  |                     |  |          |
| CVS: NAD   |                     |  |          |
| PA: SOFT, NAD  |                     |  |          |
| CNS: NAD   |                     |  |          |
| <b>INVESTIGATION:</b>  |                     |  |          |
|  |                     |  |          |

**HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS**  
Shop No. 44/49, EMP - 71,  
Opp. Raheja Reflection Bldg., 120 Feet Road,  
Thakur Village, Evershine Millenium Paradise,  
Kandivali (E), Mumbai - 400101

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- HEALTH CHECK-UP



**HEALTHCARE**  
MEDICAL CENTRE & DIAGNOSTICS

# ELECTROCARDIOGRAM (ECG)

MIR RAKESH SUDHAKAR  
EJCA6840      09-Mar-2022  
ECG

PATIENT MR RAKESH SUDHAKAR      AGE 37      SEX M  
REF. BY DR. MEDIWHEEL      DATE 09.03.2022

INTERPRETATION : Encompyute KBBB

Dr. NUPUR RAI  
MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
Reg. No.: 2018115643

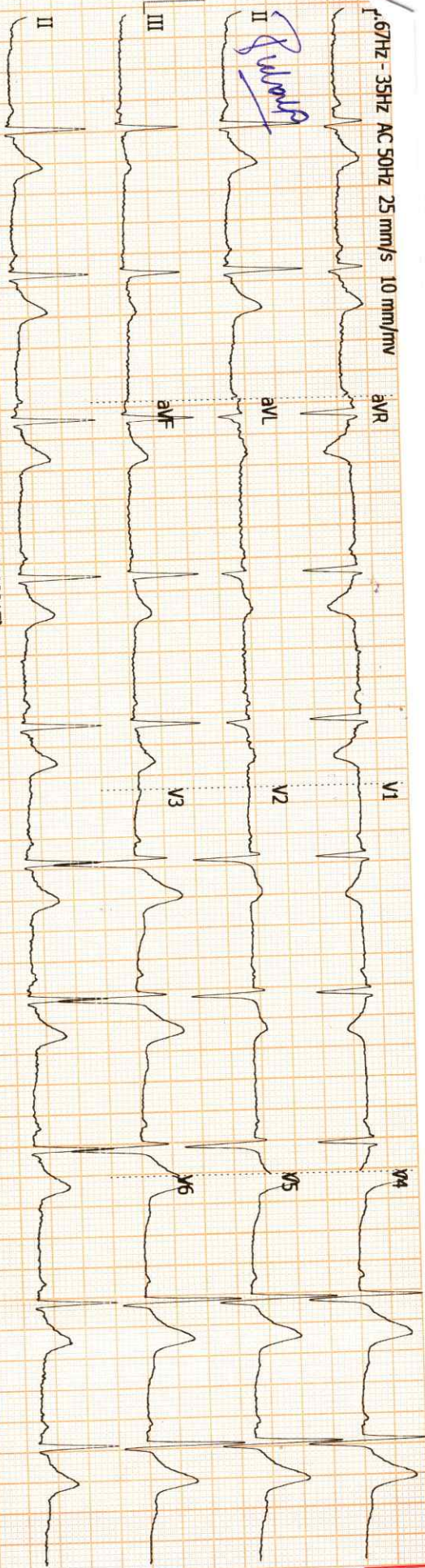
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Evershine Millennium Paradise,  
Kandivli (W), Mumbai - 400101.





1.67Hz - 35Hz AC 50Hz 25 mm/s 10 mm/mv

*R. Murthy*



UNI-EM V03.3.11(20180817)

MP

MP - XI - 20





History : .....

B.P. : .....

Drugs : .....

Standard : .....

Auricular Rate : 76 bpm

Ventricular Rate : .....

Rhythm : nsr

Mechanism : .....

Voltage : .....

Axis : .....

P Waves : .....

PR Interval : .....

Q Waves : (R)

QRS Interval : .....

ST Segment : .....

T Waves : .....

QT Interval : .....

Extra Systoles : .....

REMARKS & CONCLUSIONS : Immuniplex RBBB



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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name : MR RAKESH SUDHAKAR**

**Referred By Dr : MEDIWHEEL**

**Sex : MALE Age : 37 Years**

**Collected At : THAKUR VILLAGE MAIN BRANCH**

**Lab No. : JCA6840 \*JCA6840\***

**Reg. Date : 09-Mar-2022 9:05 am**

**Report Date: 09-Mar-2022 5:25 pm**

**Print Date : 09-Mar-2022 7:24 pm**

## COMPLETE BLOOD COUNT

| TEST                       | RESULT | UNITS       | NORMAL VALUES               |
|----------------------------|--------|-------------|-----------------------------|
| Haemoglobin                | 13.5   | gm %        | Male : 13 - 17.0 gm%        |
| Erythrocytes ( Total RBCs) | 4.34   | mill. / cmm | Male : 4.2 - 5.8mill. / cmm |
| PCV                        | 40.9   | %           | Male : 37 - 51 %            |
| MCV                        | 94.20  | fl          | 80- 96 fl                   |
| MCH                        | 31.10  | pg          | 27 - 32 pg                  |
| MCHC                       | 33.00  | gm%         | 32 - 37 gm%                 |
| RDW                        | 14.2   | %           | 12 - 14.5                   |

### TOTAL WBC COUNT

|                 |      |        |                |
|-----------------|------|--------|----------------|
| TOTAL WBC COUNT | 6900 | / cumm | 4,000 - 11,000 |
|-----------------|------|--------|----------------|

### DIFFERENTIAL COUNT

|                |        |          |               |
|----------------|--------|----------|---------------|
| Neutrophils    | 54     | %        | 40 - 75       |
| Lymphocytes    | 39     | %        | 20 - 40       |
| Eosinophils    | 05     | %        | 0 - 6         |
| Monocytes      | 02     | %        | 2 - 8         |
| Platelet count | 150000 | Lacs/cmm | 150000-450000 |

### PERIPHERAL SMEAR

|                           |                         |       |                                      |
|---------------------------|-------------------------|-------|--------------------------------------|
| RBC Morphology            | Normocytic Normochromic |       |                                      |
| WBC Morphology            | Normal                  |       |                                      |
| Platelets Morphology      | Megaplatelets Seen      |       |                                      |
| ESR (westergren's method) | 10                      | mm/hr | Male: 0 - 10 mm<br>Female: 0 - 20 mm |

END OF REPORT

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**Lab No. : JCA6840 \*JCA6840\***

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**Sex : MALE Age : 37 Years**

**Report Date: 09-Mar-2022 5:45 pm**

**Collected At : THAKUR VILLAGE MAIN BRANCH**

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**TEST**

Blood Group

Rh Factor

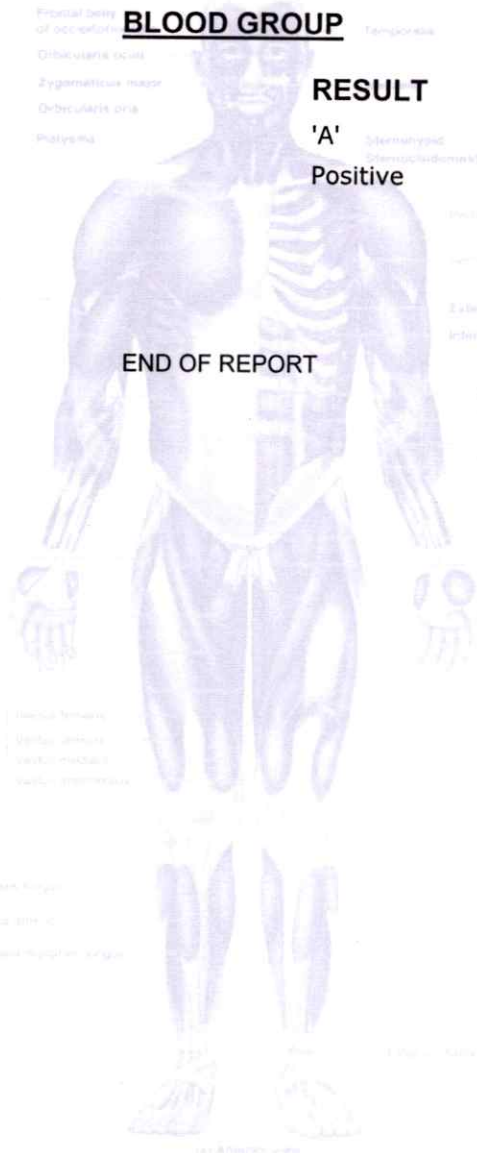
**BLOOD GROUP**

**RESULT**

'A'

Positive

END OF REPORT



*Bl*

Checked By

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**DR. BHAVINI KAMDAR**

**MD (PATH) MUM**

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**BLOOD SUGAR REPORT**

**Test**

**Result**

**Normal Range**

**BLOOD SUGAR FASTING**

**100.8**

Normal: 70-110 mg/dL  
 Impaired Fasting Glucose(IFG): 110 -125  
 Diabetes mellitus:  $\geq 126$   
 (on more than one occasion)  
 Normal: 70-140 mg/dL

**BLOOD SUGAR (Post prandial)**

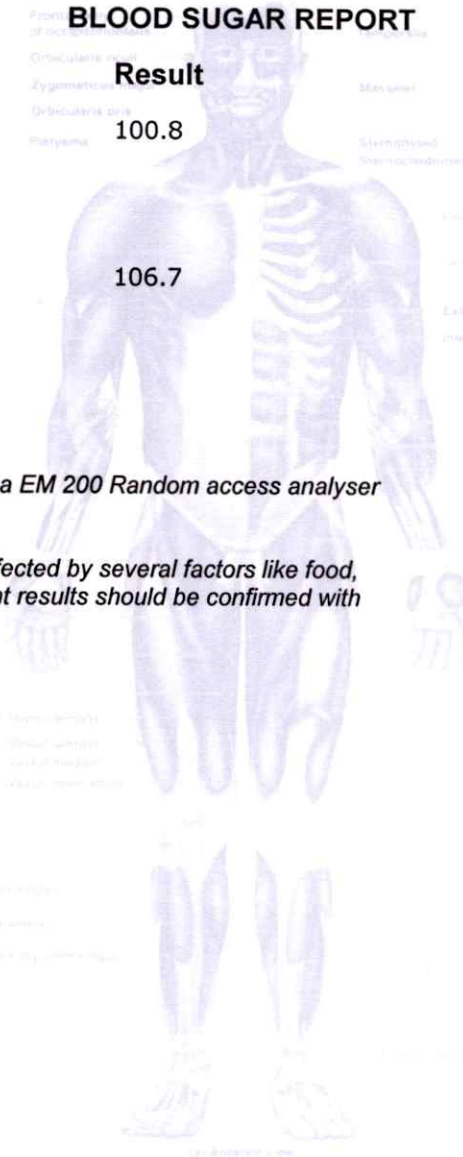
**106.7**

Impaired Tolerance: 140-199  
 Diabetes mellitus:  $\geq 200$   
 (on more than one occasion)

**Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser**

**Comment:**

Blood sugar values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.



*Bl*

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**Sex : MALE Age : 37 Years**

**Report Date: 09-Mar-2022 5:41 pm**

**Collected At : THAKUR VILLAGE MAIN BRANCH**

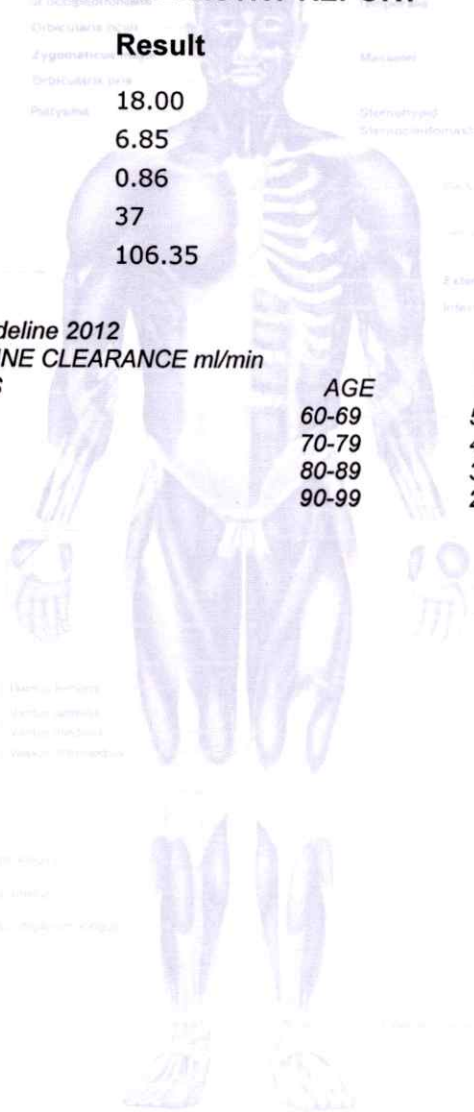
**Print Date : 09-Mar-2022 7:25 pm**

**BIOCHEMISTRY REPORT**

| Test                      | Result | Normal Range         |
|---------------------------|--------|----------------------|
| Blood Urea Nitrogen (BUN) | 18.00  | 5 - 20 mg/dl         |
| Serum Uric Acid           | 6.85   | Male : 3.4 - 7.0 mg% |
| CREATININE                | 0.86   | 0.5 - 1.5 mg/dl      |
| Age of the Patient        | 37     |                      |
| eGFR                      | 106.35 |                      |

eGFR calculation based on MDRD guideline 2012  
REFERENCE RANGE FOR CREATININE CLEARANCE ml/min

| AGE   | MALES  | FEMALES | AGE   | MALES | FEMALES |
|-------|--------|---------|-------|-------|---------|
| 20-29 | 94-140 | 72-121  | 60-69 | 54-98 | 45-75   |
| 30-39 | 89-137 | 71-110  | 70-79 | 49-79 | 37-61   |
| 40-49 | 76-120 | 50-102  | 80-89 | 30-60 | 27-55   |
| 50-59 | 67-109 | 50-102  | 90-99 | 26-44 | 26-42   |



*Bl*

- Checked By** DR. BHAVINI KAMDAR  
**KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458  
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**GOREGAON (EAST)** SATELLITE GARDENS, FILM CITY ROAD, NEAR SATELLITE TOWER, GOREGAON (EAST), MUMBAI - 400063 • TEL.: 79773 74838 / 79773 62922  
**MIRA ROAD** UNIT NO. R13, RNA LIBERTY REST, NEAR JANGID CIRCLE, VIJAY PARK, MIRA ROAD (EAST), MUMBAI - 401107. • TEL.: 70218 04221 / 70218 27389



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- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



**Patient's Name : MR RAKESH SUDHAKAR**

**Lab No. : JCA6840 \*JCA6840\***

**Referred By Dr : MEDIWHEEL**

**Reg. Date : 09-Mar-2022 9:05 am**

**Sex : MALE Age : 37 Years**

**Report Date: 09-Mar-2022 5:41 pm**

**Collected At : THAKUR VILLAGE MAIN BRANCH**

**Print Date : 09-Mar-2022 7:25 pm**

**LIVER FUNCTION TESTS**

| TEST                 | RESULT | NORMAL VALUES   |
|----------------------|--------|---|
| Bilirubin Total      | 0.66   | 0.5 - 1.0 mg / dl   |
| Bilirubin Direct     | 0.25   | 0.1 - 0.3 mg / dl   |
| Bilirubin Indirect   | 0.41   | UPTO 0.8 mg / dl  |
| S.G.P.T.             | 29.90  | Up to 49 U / L  |
| S.G.O.T.             | 33.80  | Up to 46 U / L  |
| Alkaline Phosphatase | 93.00  | 1 - 12 Years: 54 - 369 U/I<br>20 - 59 Years: 53 - 128 U/I<br>> 60 Years: 56 - 119 U/I |
| Total Proteins       | 7.93   | 6 - 8 gm / dl   |
| Albumin              | 4.57   | 3.2 - 5.5 gm / dl   |
| Globulin             | 3.36   | 2 - 3.5 mg / dl   |
| A / G Ratio          | 1.36   | 1.0- 2.3  |
| GGT                  | 38     | 5 - 50 IU/L   |

END OF REPORT

- Checked By** DR. BHAVINI KAMDAR  
MD (PATH) MUM
- ORPULI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 3930
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**Patient's Name : MR RAKESH SUDHAKAR**

**Referred By Dr : MEDIWHEEL**

**Sex : MALE Age : 37 Years**

**Collected At : THAKUR VILLAGE MAIN BRANCH**

**Lab No. : JCA6840 \*JCA6840\***

**Reg. Date : 09-Mar-2022 9:05 am**

**Report Date: 09-Mar-2022 5:41 pm**

**Print Date : 09-Mar-2022 7:25 pm**

**LIPID PROFILE**

**TEST**

**RESULT**

**NORMAL VALUES**

SR. CHOLESTEROL

182

Desirable: < 200 mg/dl  
Borderline High: 200-239 mg/dl  
High: >= 240 mg/dl

SR. TRIGLYCERIDES

162

Normal: < 150 mg/dl  
Borderline High: 150-199 mg/dl  
High: 200-499 mg/dl  
Very High: >= 500 mg/dl

HDL CHOLESTEROL

54

40 - 60 mg / dl

VLDL

32.40

6 - 38 mg / dl

LDL CHOLESTEROL

95.60

Optimal: < 100 mg/dl  
Near Optimal: 100-129 mg/dl  
Borderline high: 130-159 mg/dl  
High: 160-189 mg/dl  
Very High: >= 190 mg/dl

CHOLESTEROL / HDL

3.37

< 5

LDL / HDL

1.77

< 3.5

**NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report. Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL Ratio below 5.1 is statistically associated with decreased incidence of heart disease.**

END OF REPORT

- Checked By** DR. BHAVINI KAMDAR  
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**Patient's Name : MR RAKESH SUDHAKAR**

**Referred By Dr : MEDIWHEEL**

**Sex : MALE Age : 37 Years**

**Collected At : THAKUR VILLAGE MAIN BRANCH**

**Lab No. : JCA6840 \*JCA6840\***

**Reg. Date : 09-Mar-2022 9:05 am**

**Report Date: 09-Mar-2022 5:50 pm**

**Print Date : 09-Mar-2022 7:25 pm**

**HBA1C**

**TEST**

HBA1C  
ESTIMATED AVERAGE GLUCOSE

**RESULT**

4.9  
93.93

**NORMAL VALUES**

4 - 5.7 %

**METHOD : NEPHELOMETRY**

**DIAGNOSTIC CRITERIA FOR DIABETES:**

Normal: Less than 5.7%

Impaired glucose tolerance: 5.8% to 6.4%

Diabetes: 6.5% or more

**CONTROL CRITERIA IN DIABETICS:**

Optimal control: 7.0% or less

Fair control: 7.0% to 8.0%

Poor control: More than 8.0%

**Comment :**

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

END OF REPORT

- Checked By: **DR. BHAVINI KAMDAR**  
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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name : MR RAKESH SUDHAKAR**

**Lab No. : JCA6840 \*JCA6840\***

**Referred By Dr : MEDIWHEEL**

**Reg. Date : 09-Mar-2022 9:05 am**

**Sex : MALE Age : 37 Years**

**Report Date: 09-Mar-2022 4:43 pm**

**Collected At : THAKUR VILLAGE MAIN BRANCH**

**Print Date : 09-Mar-2022 7:25 pm**

## ROUTINE URINE EXAMINATION

### PHYSICAL EXAMINATION

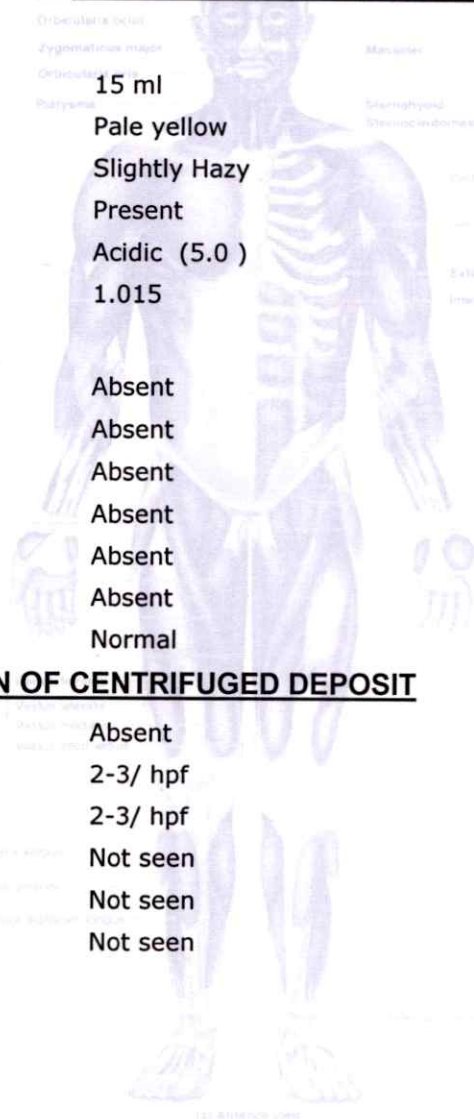
Quantity **15 ml**  
 Colour **Pale yellow**  
 Appearance **Slightly Hazy**  
 Deposit **Present**  
 pH **Acidic (5.0)**  
 Specific Gravity **1.015**

### CHEMICAL EXAMINATION

Proteins **Absent**  
 Sugar **Absent**  
 Ketone **Absent**  
 Occult Blood **Absent**  
 Bile Pigment **Absent**  
 Bile Salts **Absent**  
 Urobilinogen **Normal**

### MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT

Red Blood Cells **Absent**  
 Pus Cells **2-3/ hpf**  
 Epithelial Cells **2-3/ hpf**  
 Casts **Not seen**  
 Crystals **Not seen**  
 Yeast **Not seen**



*Bl*

- Checked By **DR. BHAVINI KAMDAR**  
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Website : [www.healthcarediag.com](http://www.healthcarediag.com) • E-mail : [healthcare.medicals@gmail.com](mailto:healthcare.medicals@gmail.com)

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# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

THAKUR VILLAGE  
KANDIVALI EAST

## TREADMILL TEST REPORT

MR RAKESH SUDHAKAR  
ID : 353  
DATE : 09-03-2022  
AGE/SEX : 37 / M  
HT/WT : 173 / 71  
REF. BY : MEDIWHEEL

PROTOCOL : Bruce  
HISTORY : Checkup/Physical fitness,  
INDICATION : MEDIWHEEL  
MEDICATION : NONE

| PHASE       | TOTAL TIME | STAGE TIME | SPEED Km/Hr | GRADE % | H.R. bpm | B.P. mmHg | RPP x100 | ST LEVEL (MM) |      |    | METTS |       |
|-------------|------------|------------|-------------|---------|----------|-----------|----------|---------------|------|----|-------|-------|
|             |            |            |             |         |          |           |          | II            | V1   | V5 |       |       |
| SUPINE      |            |            |             |         |          |           |          |               |      |    |       |       |
| STANDING    |            |            |             |         | 78       | 120 / 80  | 93       | 3.3           | -1   |    | 3.1   |       |
| HYPERVENT   |            |            |             |         | 78       | 120 / 80  | 93       | 3.4           | -0.9 |    | 3     |       |
| Stage 1     | 2:55       | 1:18       | 2.7         | 10      | 75       | 120 / 80  | 90       | 3.5           | -1.1 |    | 3.3   |       |
| Stage 2     | 5:55       | 2:55       | 4           | 12      | 112      | 120 / 80  | 134      | 3             | -1.1 |    | 3     | 4.67  |
| Stage 3     | 8:55       | 2:55       | 5.4         | 14      | 140      | 130 / 90  | 182      | 1.2           | -0.5 |    | 1.7   | 7.04  |
| PK-EXERCISE | 9:5        | 0:5        | 6.7         | 16      | 176      | 140 / 90  | 246      | -0.2          | -0.5 |    | 0.5   | 9.92  |
| RECOVERY    | 10:45      | 1:20       |             |         | 176      | 130 / 90  | 146      | -0.3          | 0.1  |    | 0.1   | 10.11 |
| RECOVERY 2  | 11:38      | 2:13       |             |         | 113      | 120 / 80  | 124      | 2.1           | -0.7 |    | 2.2   |       |
| RECOVERY    | 12:20      | 2:55       |             |         | 104      | 120 / 80  | 124      | 0.9           | -0.2 |    | 1.2   |       |
| RECOVERY 2  | 13:21      | 3:56       |             |         | 105      | 120 / 80  | 126      | 1             | -0.4 |    | 0.8   |       |
| RECOVERY 4  | 14:17      | 4:52       |             |         | 98       | 120 / 80  | 117      | 0.8           | -0.2 |    | 1     |       |
| RECOVERY 5  | 15:20      | 5:55       |             |         | 102      | 120 / 80  | 122      | 1             | -0.4 |    | 1.2   |       |
| RECOVERY    |            |            |             |         | 99       | 120 / 80  | 118      | 1.4           | -0.4 |    | 1.3   |       |

### RESULTS

EXERCISE DURATION : 9:5  
MAX HEART RATE : 176 bpm  
MAX BLOOD PRESSURE : 140 / 90 mm Hg  
REASON OF TERMINATION : Achieved THR,  
BP RESPONSE : Normal,  
ARRYTHMIA : None,  
H.R. RESPONSE : Normal Chronotropic Response,

MAX WORK LOAD : 10.11 METTS



# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

THAKUR VILLAGE  
KANDIVALI EAST

MR RAKESH SUDHAKAR

ID : 353  
DATE : 09-03-2022  
AGE/SEX : 37 / M  
HT/WT : 173 / 71  
REF. BY : MEDIWHEEL

TREADMILL TEST REPORT  
PROTOCOL : Bruce  
HISTORY : Checkup/Physical fitness,  
INDICATION : MEDIWHEEL  
MEDICATION : NONE

## IMPRESSIONS

GOOD EFFORT TOLERANCE,  
NO ANGINA,  
NO ARRHYTHMIA,  
NORMAL HR AND BP RESPONSE.  
NO SIGNIFICANT ST CHANGES NOTED DURING TEST AS COMPARED TO BASELINE ECG,  
STRESS TEST MILDLY POSITIVE FOR INDUCIBLE ISCHEMIA,

Technician : 1

--- ( - )

**HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS**  
Shop No. 44/49, EMP - 71,  
Opp. Raheja Reflection Bldg., 120 Feet Road,  
Thakur Village, Evershine Millennium Paradise,  
Kandivali (East), Mumbai - 400101.

*M*  
**Dr. NUPUR RAI**  
MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
Reg. No.: 2018115643



# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR RAKESH SUDHAKAR  
 I.D. 353  
 Age 37/M  
 Date 09-03-2022

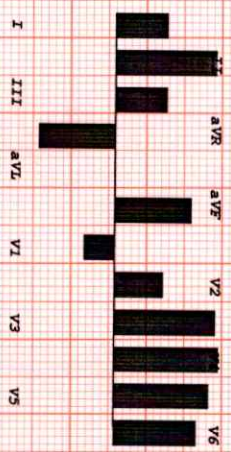
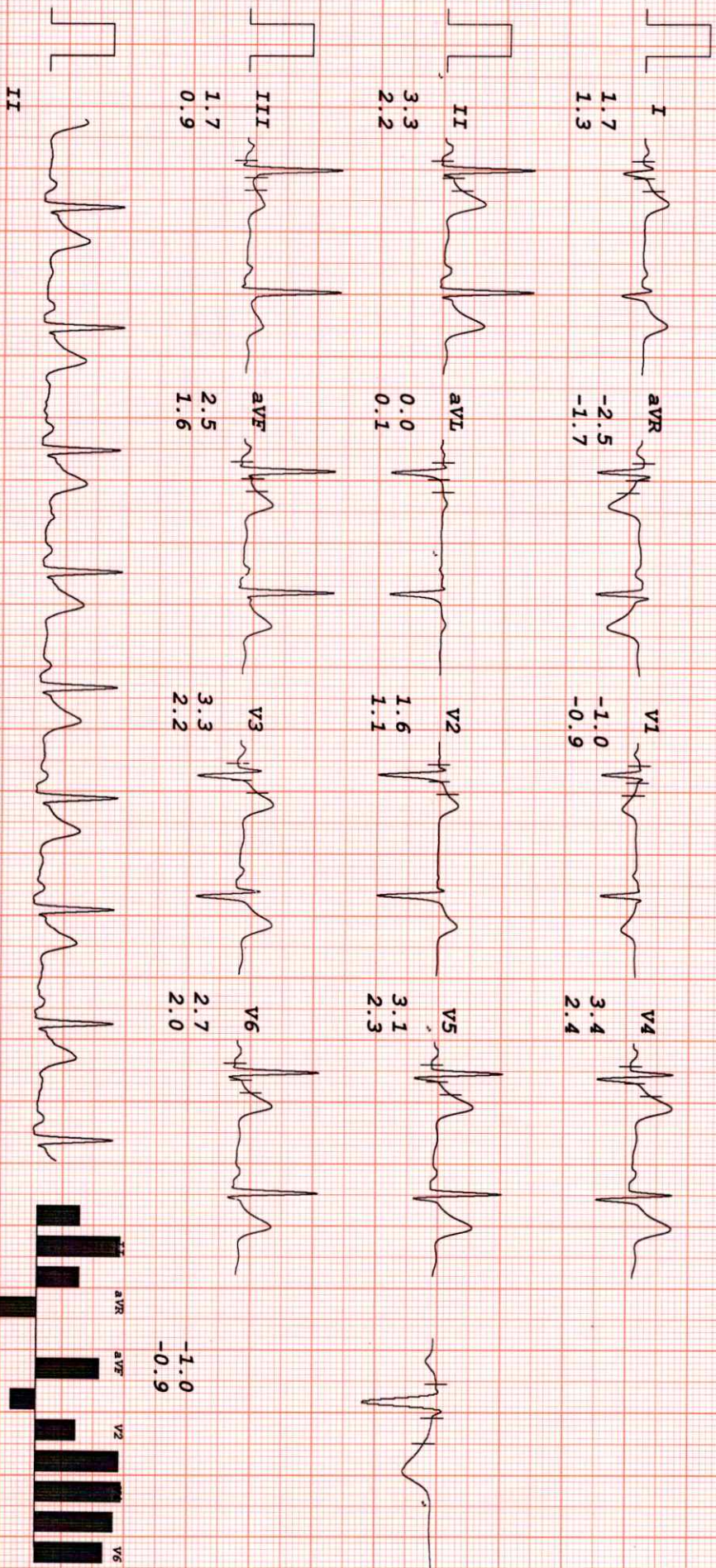
RATE 78bpm  
 B.P. 120/80

PRETEST  
 SUPINE

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2





# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR RAKESH SUDHAKAR  
 I.D. 353  
 Age 37/M  
 Date 09-03-2022

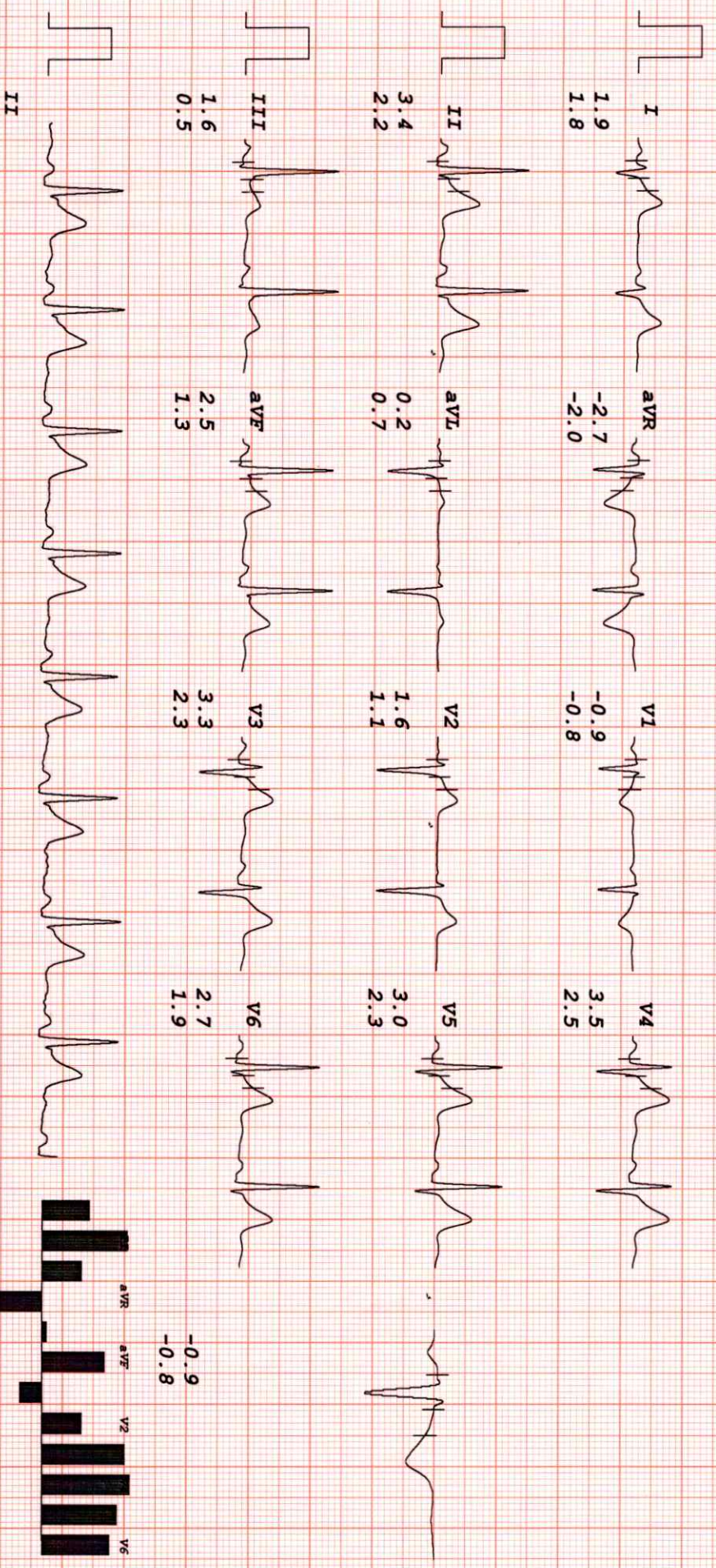
RATE 78bpm  
 B.P. 120/80

PRETEST  
 STANDING

ST @ 10mm/mV  
 80ms Post J

LINKED MEDIAN

Mag. X 2



*Signature*



# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR RAKESH SUDHAKAR  
 I.D. 353  
 Age 37/M  
 Date 09-03-2022

RATE 75bpm  
 B.P. 120/80

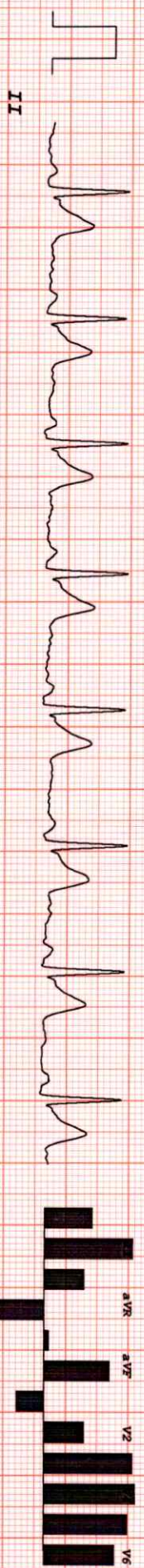
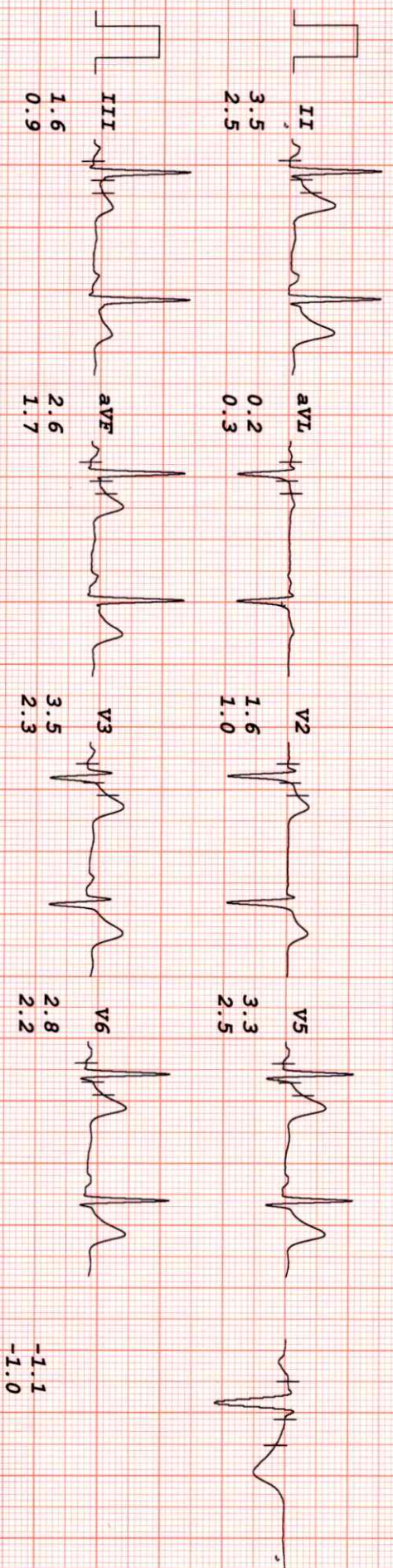
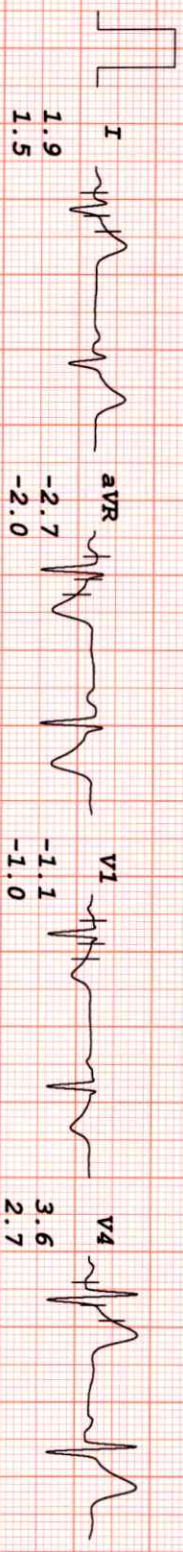
PRETEST  
 HYPERVENT  
 PHASE TIME 1:18

ST  $\theta$  10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

V1



*Ramesh*



# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

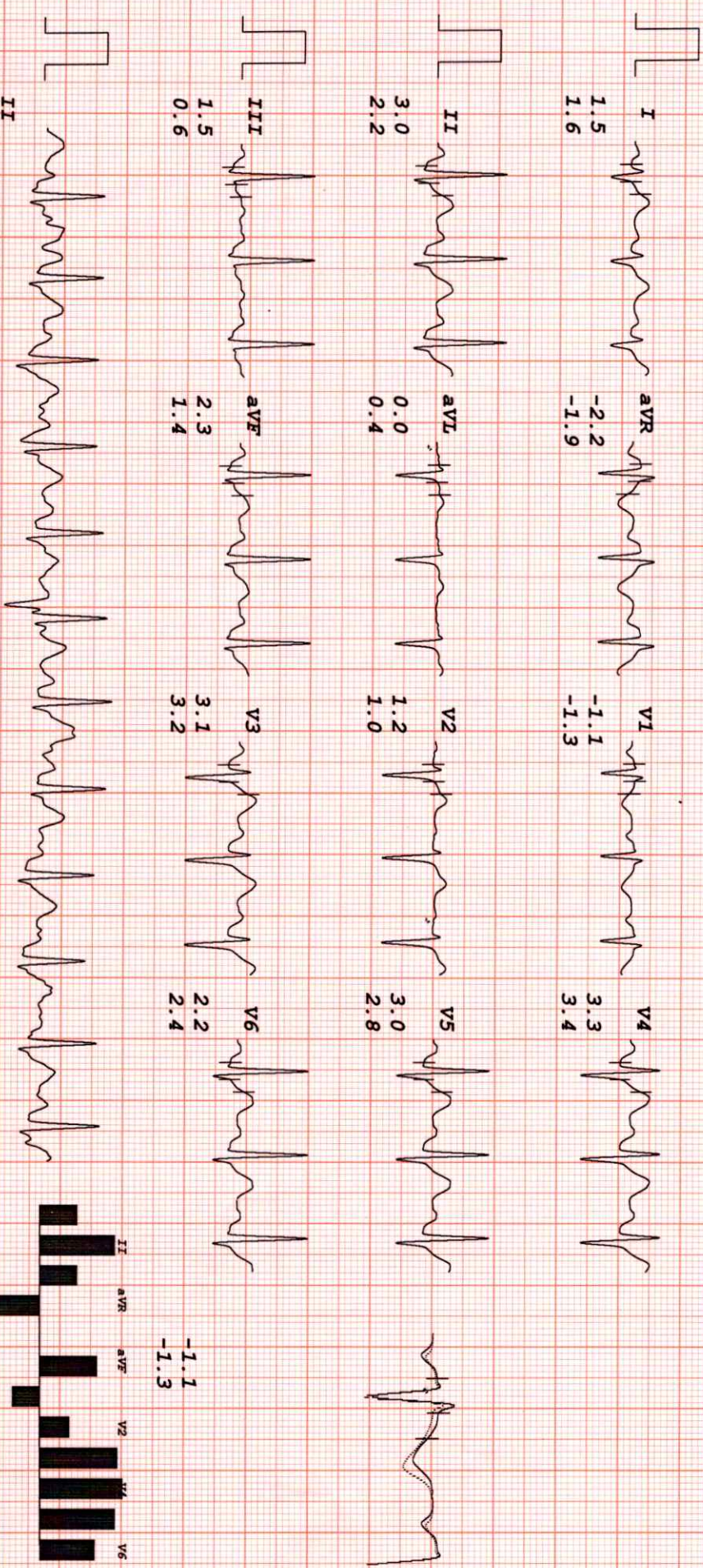
MR RAKESH SUDHAKAR  
 I.D. 353  
 Age 37/M  
 Date 09-03-2022

RATE 112bpm  
 B.P. 120/80  
 Bruce  
 Stage 1  
 TOTAL TIME 2:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 2.7 km/hr  
 SLOPE 10 %

LINKED MEDIAN

Mag. X 2



S. Manoj



# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR RAKESH SUDHAKAR  
 I.D. 353  
 Age 37/M  
 Date 09-03-2022

RATE 140bpm  
 B.P. 130/90

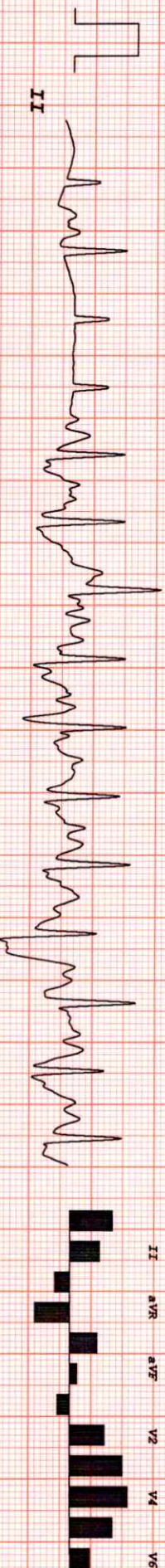
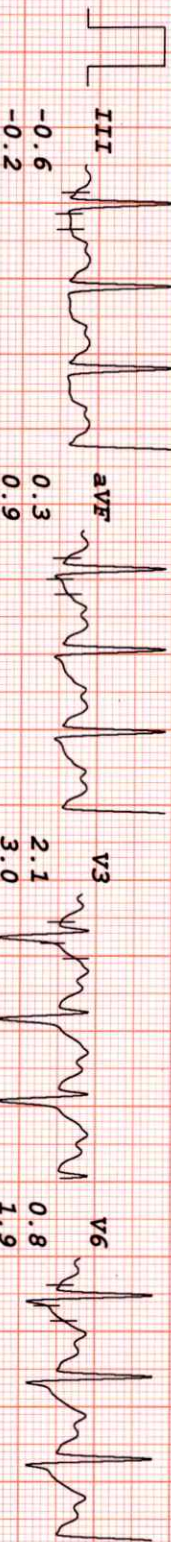
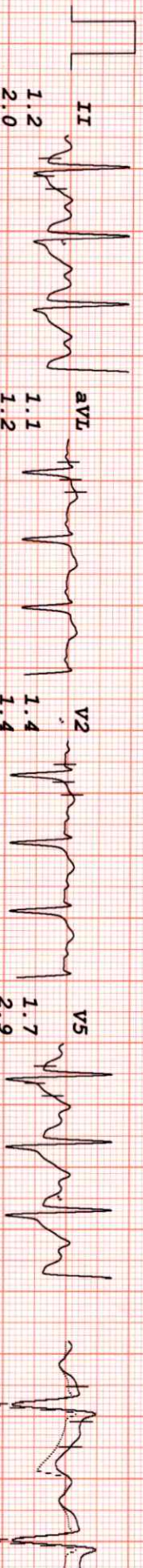
Bruce  
 Stage 2  
 TOTAL TIME 5:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 4 km/hr  
 SLOPE 12 &

LINKED MEDIAN

Mag. X 2

V1



*Sumant*



# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR RAKESH SUDHAKAR  
 I.D. 353  
 Age 37/M  
 Date 09-03-2022

RATE 176bpm  
 B.P. 140/90

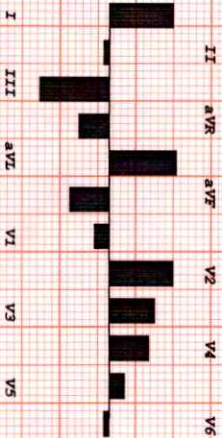
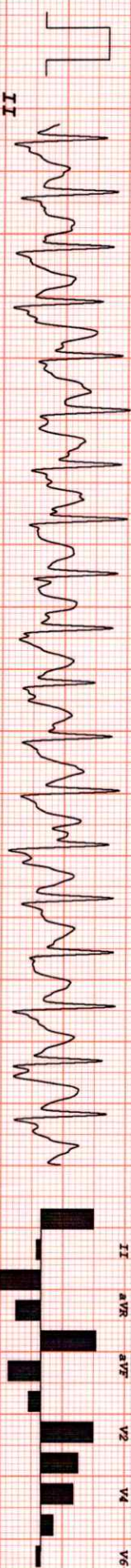
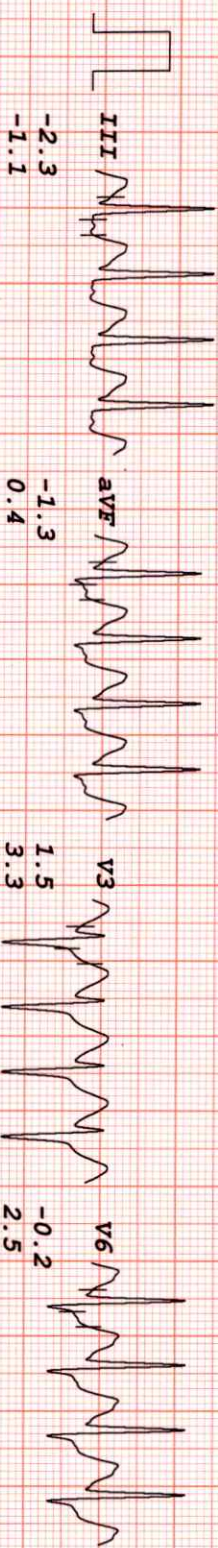
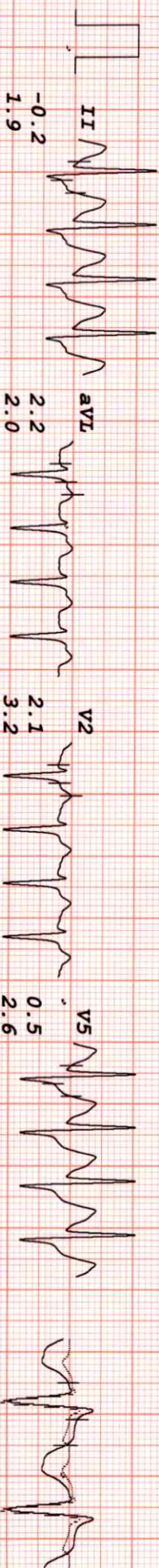
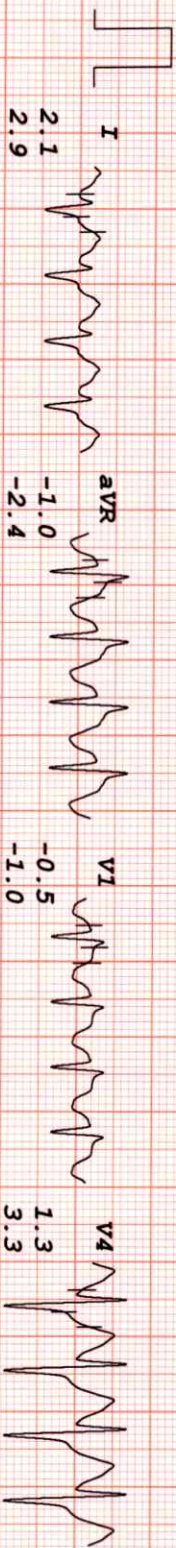
Bruce  
 Stage 3  
 TOTAL TIME 8:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms Post J  
 Speed 5.4 km/hr  
 SLOPE 14 %

LINKED MEDIAN

Mag. X 2

V1



*Ramesh*



# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR RAKESH SUDHAKAR  
 I.D. 353  
 Age 37/M  
 Date 09-03-2022

RATE 176bpm  
 B.P. 140/90

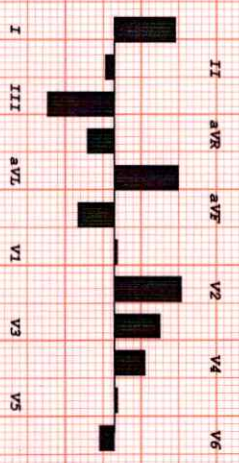
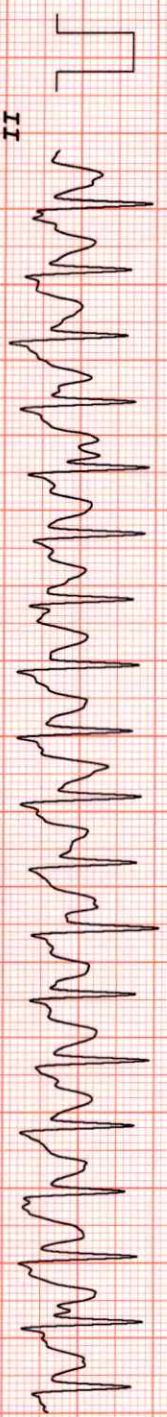
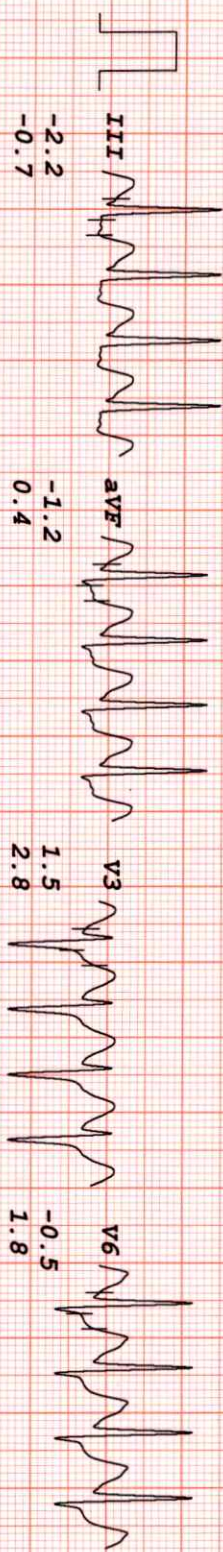
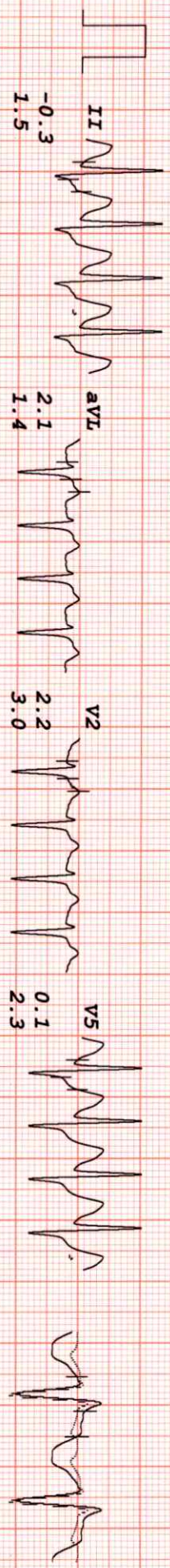
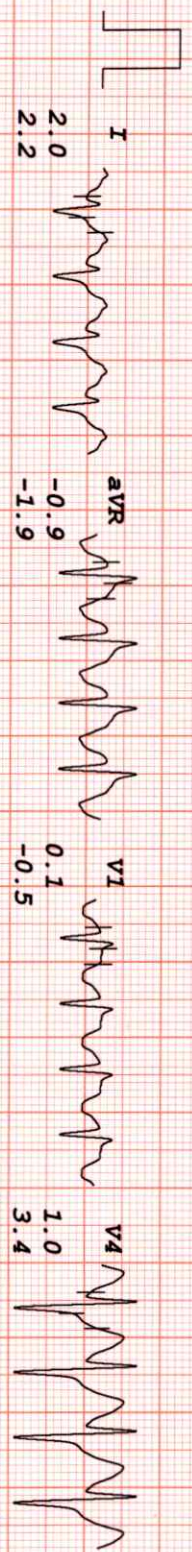
Bruce  
 PK-EXERCISE  
 TOTAL TIME 9:05  
 PHASE TIME 0:05

ST @ 10mm/mV  
 80ms PostJ  
 Speed 6.7 km/hr  
 SLOPE 16 &

LINKED MEDIAN

Mag. X 2

V1



*Sharma*



# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR RAKESH SUDHAKAR  
 I.D. 353  
 Age 37/M  
 Date 09-03-2022

RATE 113bpm  
 B.P. 130/90

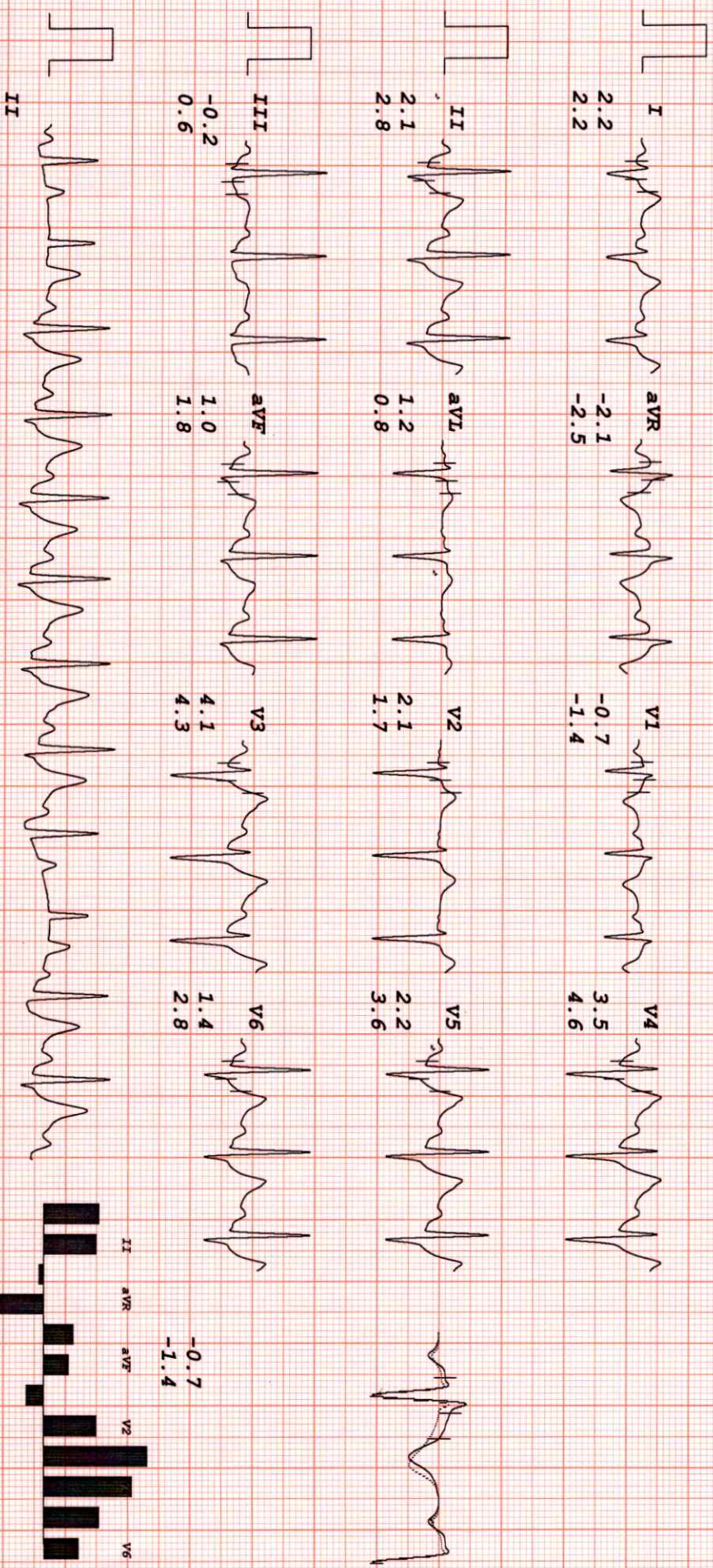
Brucce  
 RECOVERY  
 TOTAL TIME 10:45  
 PHASE TIME 1:20

ST @ 10mm/mv  
 80ms PostJ

RECOVERY  
 LINKED MEDIAN

Mag. X 2

V1



*Shivani*



# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR RAKESH SUDHAKAR  
 I.D. 353  
 Age 37/M  
 Date 09-03-2022

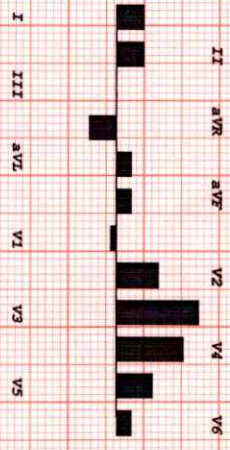
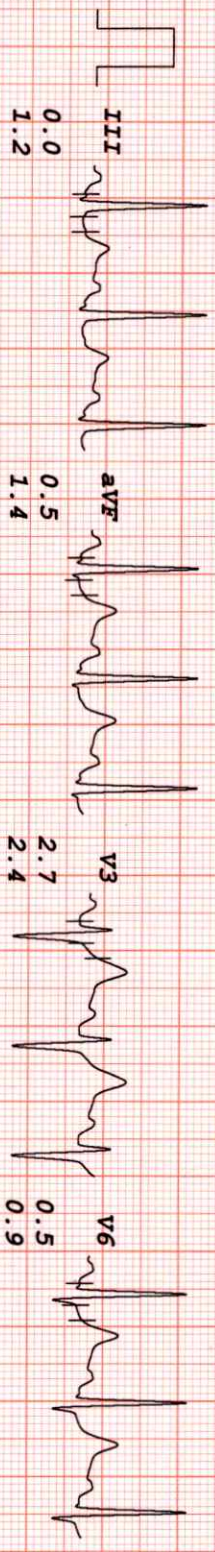
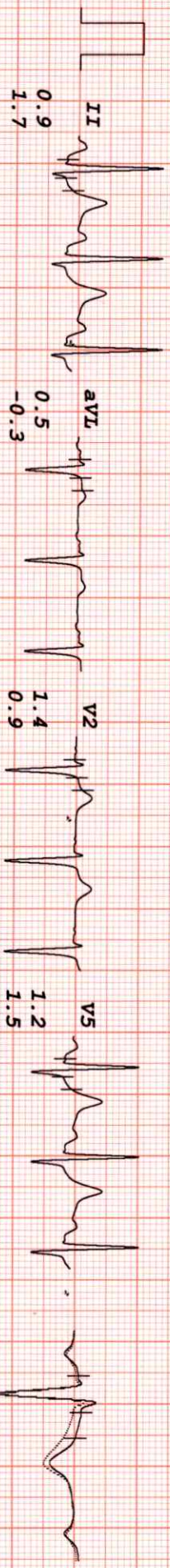
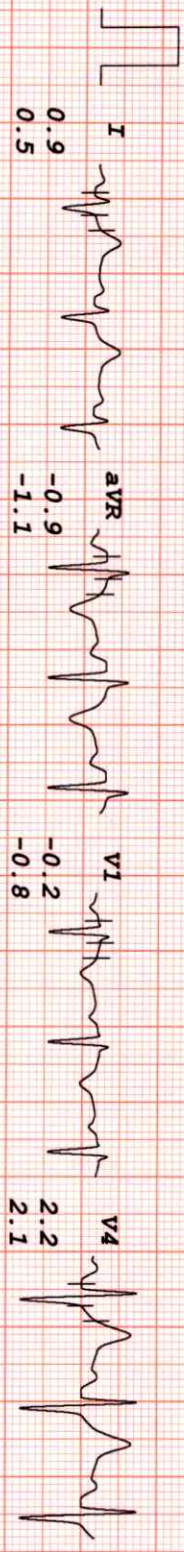
BRUCE  
 RECOVERY  
 TOTAL TIME 11:38  
 PHASE TIME 2:13

ST @ 10mm/mV  
 80ms PostJ

RECOVERY 2  
 LINKED MEDIAN

Mag. X 2

V1



*R. S. S. S.*



# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

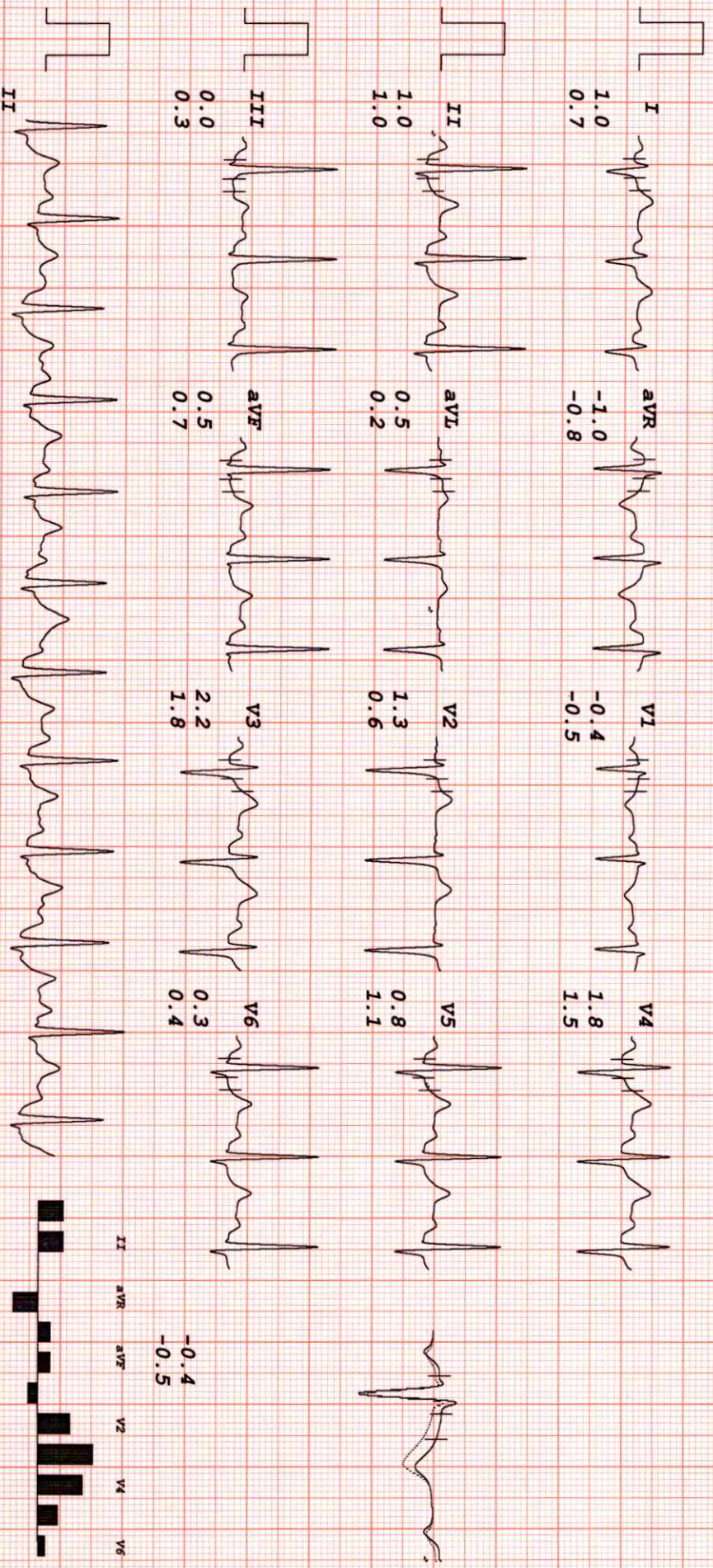
MR RAKESH SUDHAKAR  
 I.D. 353  
 Age 37/M  
 Date 09-03-2022

Rate 105bpm  
 B.P. 120/80  
 Bruce  
 RECOVERY  
 TOTAL TIME 12:20  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms Post J

LINKED MEDIAN

Mag. X 2



*Sumit*



# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR RAKESH SUDHAKAR  
 I.D. 353  
 Age 37/M  
 Date 09-03-2022

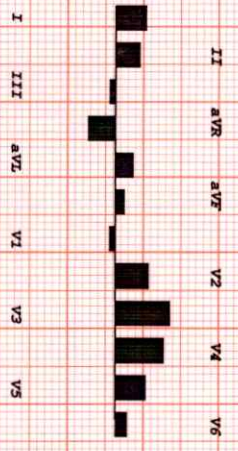
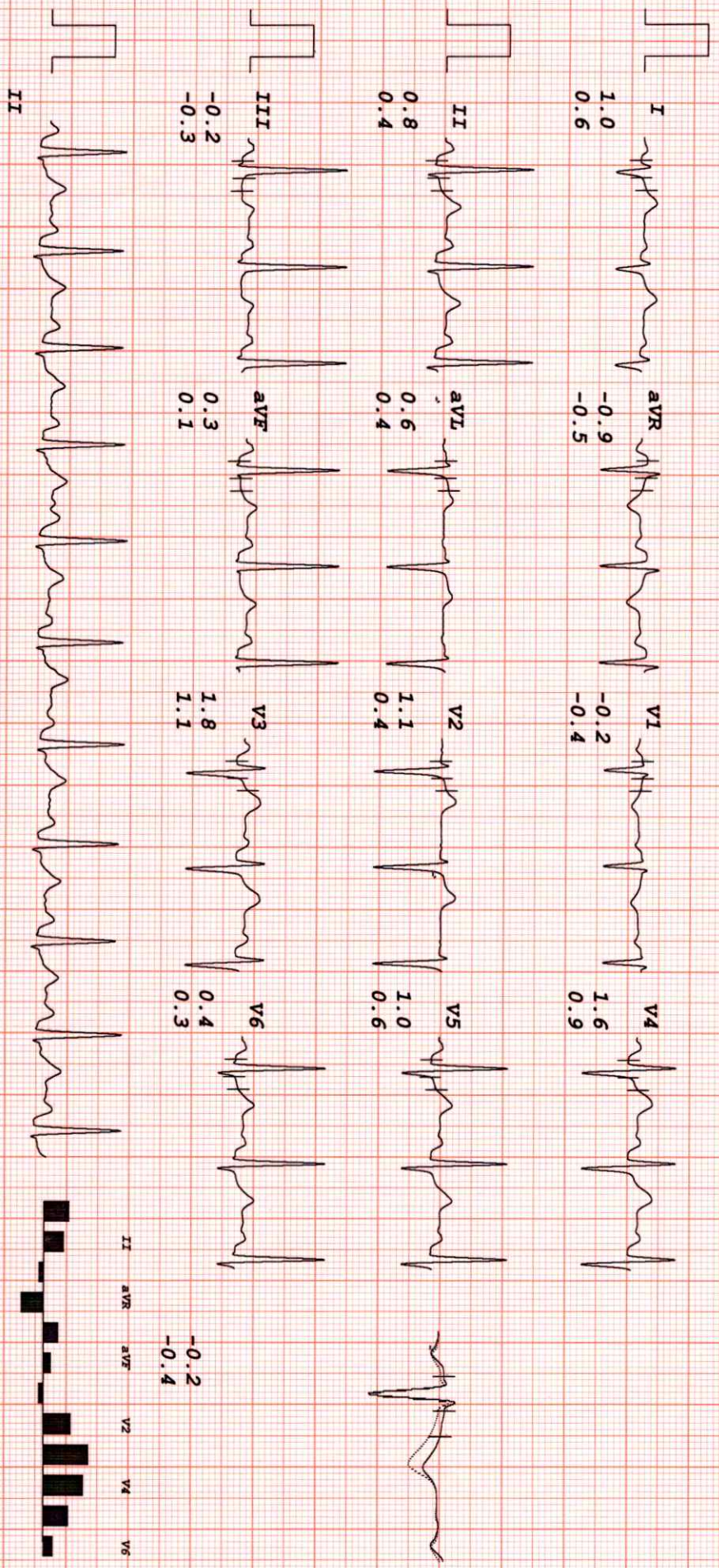
RATE 98bpm  
 B.P. 120/80

Bruce  
 RECOVERY  
 TOTAL TIME 13:21  
 PHASE TIME 3:56

ST @ 10mm/mV  
 80ms PostJ

RECOVERY 4  
 LINKED MEDIAN

Mag. X 2



*Sumant*



# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR RAKESH SUDDHAKAR  
 I.D. 353  
 Age 37/M  
 Date 09-03-2022

RATE 102bpm  
 B.P. 120/80

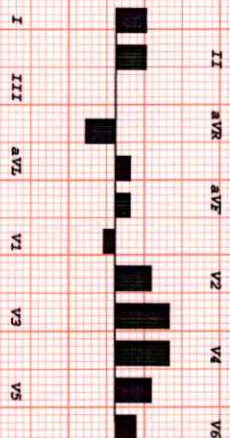
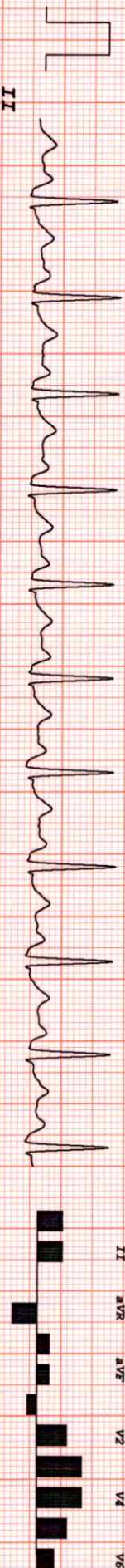
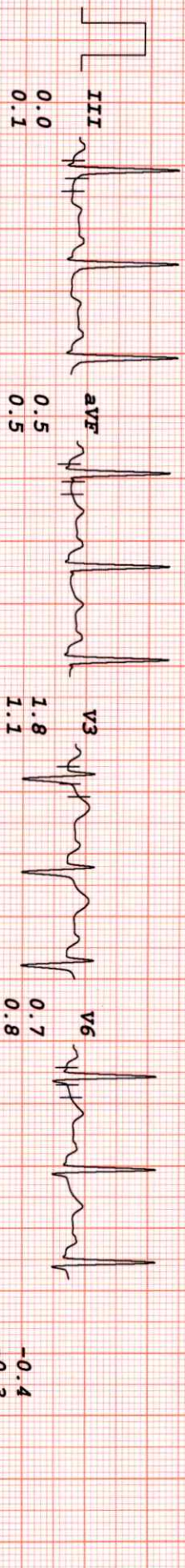
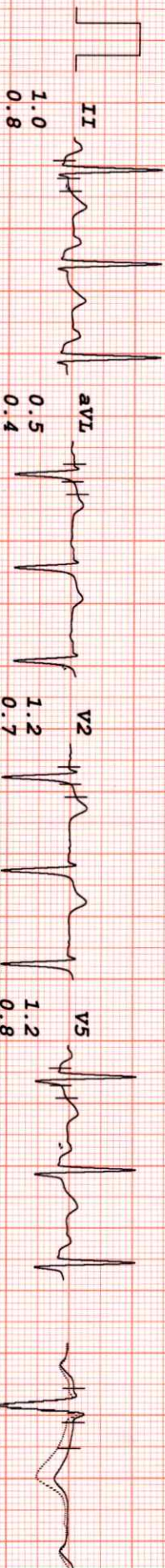
Bruce  
 RECOVERY  
 TOTAL TIME 14:17  
 PHASE TIME 4:52

ST @ 10mm/mV  
 80ms PostJ

RECOVERY 5  
 LINKED MEDIAN

Mag. X 2

V1



*R. S. S. S.*



- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

|                   |                           |             |                   |
|-------------------|---------------------------|-------------|-------------------|
| <b>NAME</b>       | <b>MR RAKESH SUDHAKAR</b> | <b>DATE</b> | <b>09.03.2022</b> |
|                   |                           | <b>AGE</b>  | <b>37 YRS</b>     |
| <b>REF. BY DR</b> | <b>MEDIWHEEL</b>          | <b>SEX</b>  | <b>MALE</b>       |

## X-RAY CHEST (PAVIEW).

The lungs on the either side show equal translucency.

The pleural spaces are normal.

The cardiac size is normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

### **IMPRESSION :**

**NO EVIDENCE OF PLEURAL OR PARENCHYMAL PATHOLOGY IS NOTED.**  
Correlate clinically .

  
**DR. SHRIKANT BODKE**  
(Consultant Radiologist)

Investigations have their limitation. Solitary pathological/Radiological & other investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms & other related tests. Please interpret accordingly.  
Clinical correlation and further evaluation is required ,if indicated.

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
- KANDIVALI CENTRE** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TE.: 2885 7171 / 89288 41541
- DAHISAR CENTRE** NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504
- GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 88354 / 72080 02565
- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806
- GOREGAON (EAST)** SATELLITE GARDENS, FILM CITY ROAD, NEAR SATELLITE TOWER, GOREGAON (EAST), MUMBAI - 400063 • TEL.: 79773 74838 / 79773 62922
- MIRA ROOD** UNIT NO. R13, RNA LIBERTY REST, NEAR JANGID CIRCLE, VIJAY PARK, MIRA ROAD (EAST), MUMBAI - 401107. • TEL.: 70218 04221 / 70218 27389

Website : [www.healthcarediag.com](http://www.healthcarediag.com) • E-mail : [healthcare.medicals@gmail.com](mailto:healthcare.medicals@gmail.com)

**"Home Visit Facility Call On 76667 66307"**



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- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
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- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



|         |                     |         |              |
|---------|---------------------|---------|--------------|
| NAME    | MR. RAKESH SUDHAKAR | DATE    | 09/03/2022   |
| REF. BY | MEDIWHEEL           | AGE/SEX | 37Yrs / Male |

## SONOGRAPHY OF ABDOMEN AND PELVIS

**TECHNIQUE:** Real time, B mode, gray scale sonography was performed.

**LIVER:** The liver is normal in size, shape and has smooth margins. The hepatic parenchyma shows homogeneous echotexture without solid or cystic mass lesion or calcification.

No evidence of intrahepatic biliary radical dilatation.

**PORTAL VEIN:** Is normal in caliber with hepatopetal flow.

**GALL BLADDER:** The gall bladder is physiologically distended, has anechoic lumen with uniformly thin & regular walls, without gall stones or mass lesions.

**COMMON BILE DUCT:** The visualised common bile duct is normal in caliber.

**PANCREAS:** The head and part of body of pancreas is normal in size, shape, contours and echo texture. Rest of the pancreas is obscured due to bowel gas artifacts.

**SPLEEN:** The spleen is normal in size and shape. Its echotexture is homogeneous.

### **KIDNEYS:**

| Right kidney | Left kidney   |
|--------------|---------------|
| 9.8 x 4.9cm  | 10.7 x 4.9 cm |

The kidneys are normal in size and have smooth renal margins.

Cortical echotexture is normal. Corticomedullary differentiation is maintained.

**There is a 1.3 x 1.1 cm cortical cyst in the mid-part of right kidney.**

**It has an anechoic lumen with no internal septations or evidence of wall calcification.**

**No evidence of neovascularity seen.**

There is no hydronephrosis or calculus disease seen in either kidney.

No evidence of hydroureter bilaterally.

Contd...

|                         |   |
|-------------------------|---|
| <b>BORIVALI CENTRE</b>  | 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301                                 |
| <b>KANDIVALI CENTRE</b> | MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458 |
| <b>KANDIVALI CENTRE</b> | SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TE.: 2885 7171 / 89288 41541 |
| <b>DAHISAR CENTRE</b>   | NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504   |
| <b>GORAI CENTRE</b>     | VICTORY HEIGHTS, GORAI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 88354 / 72080 02565           |
| <b>GOREGAON CENTRE</b>  | M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806                                       |
| <b>GOREGAON (EAST)</b>  | SATELLITE GARDENS, FILM CITY ROAD, NEAR SATELLITE TOWER, GOREGAON (EAST), MUMBAI - 400063 • TEL.: 79773 74838 / 79773 62922                         |
| <b>MIRA ROAD</b>        | UNIT NO. R13, RNA LIBERTY REST, NEAR JANGID CIRCLE, VIJAY PARK, MIRA ROAD (EAST), MUMBAI - 401107. • TEL.: 70218 04221 / 70218 27389                |



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|         |                     |         |              |
|---------|---------------------|---------|--------------|
| NAME    | MR. RAKESH SUDHAKAR | DATE    | 09/03/2022   |
| REF. BY | MEDIWHEEL           | AGE/SEX | 37Yrs / Male |

**URINARY BLADDER:** The urinary bladder is distended. It shows uniformly thin walls and sharp mucosa. No evidence of calculus, mass or diverticulum is noted.


**PROSTATE:** The prostate is not enlarged and has an estimated weight of **19.7 gm.**

**RETROPERITONEUM:** partially obscured.  
The visualised great vessels namely aorta and IVC appear normal.

**ILIAC FOSSAE:** There is no abnormal bowel thickening or mesenteric inflammation noted.  
No enlarged, inflamed appendix was identified at this stage.  
There is no obvious evidence of significant lymphadenopathy or ascites.

**IMPRESSION:**

- **1.3 x 1.1 cm simple interpolar cortical cyst in right kidney**
- **No significant sonographic abnormality detected in Pancreas, Liver, Gall Bladder, Spleen, left kidney, Urinary bladder & Prostate.**
- **No para-aortic lymphadenopathy.**
- **No Ascites.**

  
**DR. PADMESH JAIN,**  
**CONSULTANT RADIOLOGIST**  
**M.B.B.S, D.M.R.E (Mumbai)**  
**Foetal Medicine Foundation , London, UK certified (FMF id :121416)**

**PLEASE CORRELATE USG FINDINGS WITH HISTORY AND CLINICOPATHOLOGICALLY.**  
Investigations have their limitations. Solitary radiological / pathological & other investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms & other related tests. Please interpret accordingly.

**REPORT NOT VALID FOR MEDICOLEGAL PURPOSE**

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