

Name : Mrs. KAKALI CHAKRABORTY (35 /F)

Date : 26/08/2022

Address : NARAYANPUR, NABAPALLY, PO-LAXMI PUL, PS-HABRA, NORTH 24 PARGANAS,  
NORTH 24 PARGANAS, WEST BENGAL, INDIA

Examined by:

UHID : AGHL.0001584512

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40  
YRS WITH TMT/ECHO)

AHC No : AMHLAH155432



## CHIEF COMPLAINTS

For corporate health checkup  
C/O Occasional breathless ness.

## PRESENT KNOWN ILLNESS

### Present known illness

- Diabetes mellitus, Hypertension, Dyslipidemia,  
Thyroid disorder, Heart disease, Asthma



## DRUG ALLERGY

NO KNOWN ALLERGY

:27/08/2022



## SYSTEMIC REVIEW

### Cardiovascular system

Breathing difficulty - yes; - Occasional; Palpitation -  
yes; - Occasional

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Dyspepsia - yes; Bowel habits -  
regular

### Genitourinary system

Frequency - normal

### Gynaec history

Last menstrual period - August 2022; Periods -  
regular; No of deliveries - P2+0; Deliveries - normal  
vaginal delivery

### Central nervous system

Head ache - yes, occasional; Concentration - good;  
Sleep - normal

### Eyes

Vision - normal

### ENT

- Normal hearing

### Skin

- Nil Significant



### Past medical history

Past medical history - nil significant



### Surgical history

Surgical history - Nil



### Personal history

Marital status - Married  
No. of children - 2  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Active



### Family history

Father - alive  
Mother - alive  
Brothers - 2  
Diabetes - mother  
Coronary artery  
disease - none  
Cancer - None

## PHYSICAL EXAMINATION



### General

Build - over weight

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Height - 155 Cm  
Weight - 62 Kg  
BMI - 25.81  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 80  
Rhythm - Regular  
Systolic(mm of Hg) - 134  
Diastolic(mm of Hg) - 90  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sound



### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Present



### Central nervous system

Cranial nerves - Normal

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	11.2 *	g/dl	●	12.0-15.0
RBC COUNT	4.26	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	34.9 *	%	●	36-46
MCV	81.8 *	fl	●	83-101
MCH	26.2 *	pg	●	27-32
MCHC	32.0	%	●	31.5-34.5
RDW	14.8 *	%	●	11.8-14.0
WBC Count	10300 *	/cu mm	●	4000-10000
Platelet Count	1.84	lacs/cu mm	●	1.5-4.0
Neutrophils	71	%	●	40-80
Lymphocytes	23	%	●	20-40
Monocytes	04	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	28 *	mm/1st hr	●	0-20

**STOOL ROUTINE**

Test Name	Result	Unit	Level	Range
Colour:	Brown			
Consistency :	Semi Solid			
Mucus:	Trace			
Reaction:	Acidic			
Frank Blood	Absent			
Pus Cells	Occasional/hpf			
RBC:	Not found			
Ova:	Not Found			
Cysts:	Not Found			
PARASITE	Not Found			

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.025			
pH:	5.5			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			
Epithelial Cells	Occasional/hpf			
Casts:	Not Found			
Crystals:	Not Found			
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.			

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	16	U/L	●	10-40
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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ALKALINE PHOSPHATASE - SERUM	76	U/L	●	42-98
AST (SGOT) - SERUM	18	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.4	mg/dL	●	0.0-1.0

HDL CHOLESTEROL - SERUM	41	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	120 *	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	16	mg/dL	●	0-35

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	177	mg/dL	●	0-200

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.5	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.1	g/dL	●	1.8-3.6

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7	mg/dL	●	0.6-1.1

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	15	U/L	●	7-64

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	9.3	µg/dL	●	5.1-14.1

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	84	mg/dL	●	70-99

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	91	mg/dL	●	0-150

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	104	mg/dL	●	70-140

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	0.914	µIU/mL	●	0.270-4.200

**HBA1C (GLYCOSYLATED**

**HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.3	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.5	mg/dL	●	2.6-6.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	7.0	mg/dL	●	7.0-18.0

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### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.4		●	1.0-2.0

### PAP SMEAR /CERVICAL SMEAR

Ref No:

AG01.C2204986

SPECIMEN TYPE:

Conventional cervical smear (Pap) x 1

SPECIMEN ADEQUACY:

Satisfactory for evaluation with endocervical cells and Metaplastic cells

INTERPRETATION/RESULT:

Negative for intraepithelial lesion or malignancy,  
Reactive cellular changes associated with inflammation  
(includes typical repair)

### ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

### ULTRASOUND SCREENING WHOLE ABDOMEN

\* Grade-I fatty liver.

\* Bulky uterus.

### X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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