



DEPARTMENT OF BIOCHEMISTRY

Name : Ms. DOKALA JANAKAMMA Age : 31Yr 8Mth 29Days Gender : Female
 UHID : AHB.0001096337 / AHBHC120575 W/BN0/RefNo : AHC
 SIN \ LRN : 8661006 \ 3777769
 Specimen : Plasma
 Ref Doctor : Dr. MHC



Collected on : 04-APR-2023 12:02:59 PM Received on : 04-APR-2023 01:08:32 PM Reported on : 04-APR-2023 01:39:06 PM

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS


TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - SERUM / PLASMA (POST PRANDIAL) (HEXO KINASE)			
GLUCOSE - PLASMA (POST PRANDIAL)	91	Non-Diabetic : <=140 Impaired Glucose Tolerance : 140-199 Diabetic : >=200	mg/dL

Report Status:Final

* - Abnormal Value

* END OF REPORT *

CHECKED BY 143621
723076



Printed On : 04-APR-2023 02:10:32 PM

GOVINDARAJU N L Dr.SABHARI PRIYA S
Clinical Biochemist Registrar



Dr. MEHTA .Y
 MBBS, DNB (Family Medicine)
 Senior Consultant
 Reg. No. : ANP20010000845KTK

AUB - 1096337

Place Label Here
 MS · DOKALA JANAKAMMA
 Age - 31
 If label not available, write Pt. Name, UHID No.,
 Age, Sex, Date, Name of Treating Physician

Allergies : NIL.	Fall Risk Assessment		WT: 56.4	HT: 153	T: 105	BP: 118/78
	H/o fall (within 1 year)	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>				
	Mobility Aid	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>				
	Gait	Dep. <input checked="" type="checkbox"/> Indep. <input type="checkbox"/>	Pain 0/10	<input checked="" type="checkbox"/> Psychological & Social Assessment done		

① Anemia - Hb - 10.5 g/dl.

②

Adv

Iron rich diet

Rx

1. Cap. SOCAL 1-0-0 AF x 1 month

Medicine Reconciliation Dose & Frequency
 Advice & Plan

Kindly get this document scanned at the counter for the record purpose


 Signature and Date



DEPT. OF APOLLO HEALTH CHECK

CASE RECORD

Name: MS. DOKALA JANAKAMMA
Age: 31 Year(s) Year(s)/Female
1 Apr 2023 8:36:32 AM

Age :

Sex : M/F

Age :



UHID :

Physical Examination

General : Build

Height 153 cm Weight 56.4 kg BMI :

Anaemia

Icterus

Cyanosis

Clubbing

Oedema

Glands

HEAD & NECK :

ENT :

CVS :

Heart Rate & Rhythm 105 bpm

B.P. : Supine 118/78 Sitting 87/54 Standing 87/54 SpO2 99%

Chest shape mmHg

Heart Sounds

Murmurs

Thrills

RS :

Rate & Type

Breath Sounds

ECHO Screening Report
Normal LV systolic function
LVEF 60%
No RWMA

Rvsp: 26/10 mmHg

Place Label Here Ms: Dokala Janakamma Form # OP1
 31/P 1096337
 If label not available, write Pt. Name, UHID No.,
 Age, Sex, Date, Name of Treating Physician



Dr. Shalini Shetty
 MBBS, MS (Oph), FRCS (UK)
 Sr. Consultant - Ophthalmology

Allergies :	Fall Risk Assessment		Wt: _____ Ht: _____ T: _____ P: _____ BP: _____
	H/o fall (within 1 year)	Yes No	Pain _____ /10 <input type="checkbox"/> Psychological & Social Assessment done
Mobility Aid	Yes No		
Gait	Dep. indep		

Routine Eye test

R L
 6/6 6/6
 without glass
 2/6 2/6

Medicine Reconciliation Dose & Frequency
 Advice & Plan

Colour vision
 $\frac{17}{17}$ $\frac{17}{17}$

Clinical Record
 Kindly get this document scanned at the counter for the record purpose

Signature and Date
 4/6/23

(con)

120575

9676192320

QF400AHB.pf.8203

DEPT. OF APOLLO HEALTH CHECK

DEPT. OF APOLLO HEALTH CHECK



AECOLOGY CONSULT

UHB.0001008337
AS DOKALA JANAKAMMA
Age: 31 Year(s) Year(s)/Female
1 Apr 2023 8:36:32 AM

Name :

UHID :

Date : 4.4.23

Age :



Consultant Gynaecologist :

Dr. Berty Antony

DRUG ALLERGIES : NIL

Complaints (related to Gynaec) - NIL SPECIFIC / YES

Known to have Diabetes / Hypertension / IHD / Asthma / Thyroid / Others NIL

Past Medical / Surgical History : lymph nodes - (R) - neck - ATT - Growth

Family History : NIL

OTHER SYSTEMS :

WNL

GYNAEC HISTORY :

- Marital Status - S/M/Other not sexual active
- Children -
- Deliveries -
- L.C.B. -
- Abortion -
- Periods - regular 5/30-32.5
- L.M.P. - 7.3.23 marks final day
- Menopause -
- Contraception -

Present Medication :

NIL

GYNAEC EXAMINATION :

- P/A
- PV
- S/E
- P/R

/ Not examined

GENERAL EXAMINATION :

Weight : _____ Kgs, Height : _____ cm
 General Condition :
 Blood Pressure :
 Thyroid : - NAD
 Others :

BREASTS : - No obvious mass palpable

PAP SMEAR : Taken / Not Taken (Reason)

OPINION & ADVICE : UFG - NAD

REVIEW DETAILS : (with date)
With Patient / With reports only

GARDASIL-9 0.5ml IM x 3 doses yearly check-up (0, 2, 6 months)

Signature with Date & Time

4.4.23
11.35 AM

AH-QF-RD-04

DEPARTMENT OF RADIOLOGY

Patient's Details	Ms. DOKALA JANAKAMMA	Ward/Bed No.	031Y
UHID	AHB.0001096337	Scanned on	AHC / AHC 04-Apr-2023 09:54
I.P.No./Bill No.	AHBHC120575	Reported On	04-Apr-2023 12:49:45
Accession Number	10601.123039161		
Referring Doctor	null		

X-RAY CHEST PA VIEW

Clinical information: health check

Lung fields appear clear bilaterally with normal bronchovascular markings.

Cardiac silhouette and cardiothoracic ratio appear normal.

Costophrenic angles appear normal on both sides.

Domes of the diaphragm appear normal.

Underlying bony and soft tissue shadows appear normal.

IMPRESSION:

No definite abnormality noted on the chest radiograph.



**Dr. VINAY MD,
RADIOLOGIST**

---END OF THE REPORT---

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

CIN - U85110KA1991PLC011781

DEPARTMENT OF RADIOLOGY

Patient's Details	: Ms. DOKALA JANAKAMMA	F 031Y
UHID	: AHB.0001096337	Ward/Bed No. : AHC / AHC
I.P.No./Bill No.	: AHBHC120575	Scanned on : 04-Apr-2023 12:18
Accession Number	: 10601.223030848	Reported On :
Referring Doctor	: null	

ULTRASOUND WHOLE ABDOMEN

Clinical Information: - General health checkup.

Liver appears normal in size, shape and echopattern. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gall bladder is moderately distended. No definite calculi identified. No evidence of abnormal wall thickening.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas: Head and body appears normal. Tail is obscured by bowel gas shadows.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis seen on either side.

Urinary bladder is distended and appears normal. No evidence of abnormal wall thickening noted.

Uterus appears normal in size. Myometrial echoes appear normal. Endometrial thickness measures ~ 9mm.
Both ovaries appear normal in size and echopattern.

No evidence of ascites or pleural effusion seen.

IMPRESSION:

USG study of the abdomen shows no definite abnormality.

- Suggested clinical correlation.

(Enclosed report) LM


RADIOLOGIST

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

YOUR CLINICAL TEST RESULTS

Ms. DOKALA JANAKAMMA

FEMALE / 31 Yrs / AHB.0001096337 / AHBHC120575

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date: 04/04/2023

HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin (Oxyhemoglobin method)(Photometric measurement)	10.5 *	g/dL	●	11.5 - 15.5
RBC Count (Impedance)	4.59	x(10) ¹² /l	●	3.7 - 4.8
Packed cell volume (Calculated)	34	%	●	34 - 46
MCV (Derived from RBC histogram)	74 *	fl	●	83 - 101
MCH (Calculated)	23 *	pg	●	27 - 32
MCHC (Calculated)	31 *	g/dl	●	31.5 - 34.5
RDW (Calculated)	16.4 *	%	●	11.60-14.00
Platelet Count (Impedance)	284	x(10) ⁹ /l	●	150 - 450
WBC Count (Impedance)	8.28	x(10) ⁹ /l	●	4 - 11
Neutrophils	56	%	●	40 - 80
Lymphocytes	30	%	●	8.6 -23.8
Monocytes	8	%	●	2 - 10
Eosinophils	6	%	●	1 - 6
Basophils	0	%	●	0 - 2
RBC:	Dual population of Normocytic Normochromic and Microcytic Hypochromic RBCs.			
RBC:	Mild anisocytosis with few elliptocytes and			
WBC:	Differentials within normal limits			
Platelets:	Adequate			
Impression	Normocytic normochromic to microcytic hypochromic anemia.			
SUGGEST	Iron panel.			
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	66 *	mm/1st hr	●	Adult Female- 0 - 20



Within Normal Range

Boderline High/Low



Outside Range

YOUR CLINICAL TEST RESULTS

Ms. DOKALA JANAKAMMA

FEMALE / 31 Yrs / AHB.0001096337 / AHBHC120575

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 04/04/2023

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
Volume :	30	ml		
Appearance	Clear			Clear
pH	6.5			
Specific Gravity	<=1.005			1.016 - 1.022
Protein :	NEGATIVE			NEGATIVE
Glucose:	NEGATIVE			NEGATIVE
Ketone	NEGATIVE			NEGATIVE
Bile Salts :	NEGATIVE			NEGATIVE
Bile Pigments	NEGATIVE			NEGATIVE
Urobilinogen	0.2	E.U./dL	●	0.2 - 1.0
Blood :	NEGATIVE			NEGATIVE
Nitrate:	NEGATIVE			NEGATIVE
Leucocyte Esterases	NEGATIVE			NEGATIVE
RBC	Nil	Cells/hpf		0 - 2
Pus Cells	1-2 /h.p.f	/HPF		0 - 5
Epithelial Cells	1-2 /h.p.f			Occasional - Few

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	14	U/L	●	<= 35
GLOBULIN - SERUM - CALCULATED	3.5	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.3		●	0.8 - 2.0
ALBUMIN - SERUM	4.4	g/dL	●	Adult- 3.5-5.2

● Within Normal Range

● Boderline High/Low

● Outside Range

YOUR CLINICAL TEST RESULTS

Ms. DOKALA JANAKAMMA

FEMALE / 31 Yrs / AHB.0001096337 / AHBHC.120575

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 04/04/2023

Test Name	Result	Unit	Level	Range
ALKALINE PHOSPHATASE - SERUM	84	U/L	●	Adult: 30 - 120
AST (SGOT) - SERUM	21	U/L	●	<= 35
BILIRUBIN, TOTAL - SERUM	0.51	mg/dL	●	0.30-1.20

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	105	mmol/L	●	98 - 107

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	155	mg/dL	●	"Desirable : <200 Borderline : 200 - 239 High Risk : >239"

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.67	mg/dL	●	Female: 0.6 - 1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	17	U/L	●	<= 38

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	88	mg/dL	●	"Non-Diabetic : <= 100 Impaired Fasting Glucose : 100-125 Diabetic : >= 126"

GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	6.1	%	●	"NON-DIABETICS <= 5.6 PRE-DIABETIC: 5.7-6.4 DIABETIC >= 6.5"

LIPID PROFILE TEST (PACKAGE)

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Ms. DOKALA JANAKAMMA

FEMALE / 31 Yrs / AHB.0001096337 / AHBHC120575

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 04/04/2023

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	56	mg/dL	●	"Low : <40High: >59"
LDL Cholesterol (Direct LDL)	97	mg/dL	●	"Optimal : <100Near/Above Optimal: 100 – 129Borderline High: 130 – 159High: 160 – 189Very High: > 189"

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.2	mmol/L	●	3.5-5.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.9	g/dL	●	ADULT: 6.0 - 8.5

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	137	mmol/L	●	135 - 145

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	130.59	ng/dL	●	Adults: 87 - 178
TOTAL T4: THYROXINE - SERUM	8.5	µg/dL	●	5.93 - 13.29

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	82	mg/dL	●	"Normal: < 150Borderline High: 150 – 199High: 200 – 499Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	2.8		●	< 5.0

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING	1.86	µIU/mL	●	0.34 - 5.6

● Within Normal Range

● Boderline High/Low

● Outside Range

YOUR CLINICAL TEST RESULTS

Ms. DOKALA JANAKAMMA

FEMALE / 31 Yrs / AHB.0001096337 / AHBHC120575

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 04/04/2023

HORMONE [TSH]

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
UREA - SERUM	15	mg/dL	●	15 - 45
URIC ACID - SERUM	2.9	mg/dL	●	Adult Female: 2.5 - 6.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	16	mg/dl	●	Desirable: <30

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.08	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.43	mg/dL	●	0.1 - 1.0

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO3) - SERUM	26		●	Healthy Adults: 22 - 29

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Ms. DOKALA JANAKAMMA

FEMALE / 31 Yrs / AHB.0001096337 / AHBHC120575

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 04/04/2023

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Histopathology

PAP SMEAR (CONVENTIONAL METHOD)

Blood Bank - 2 Services

BLOOD GROUPING AND TYPING (ABO and Rh)

Biochemistry

GLUCOSE - SERUM / PLASMA (RANDOM)

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

CARDIOLOGY

ECHO/TMT - OPTIONAL

Ultrasound Radiology

ULTRASOUND - WHOLE ABDOMEN

CARDIOLOGY

ECG

X Ray

X-RAY CHEST PA

● Within Normal Range

● Boderline High/Low

● Outside Range

APOLLO HOSPITALS
BANNERGHATTA ROAD
BANGALORE 560076

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: DOKALA JANAKAMMA,
Patient ID: AHB/1096337
Height: 153 cm
Weight: 56 kg

DOB: 06.07.1991
Age: 31yrs
Gender: Female
Race: Indian

Study Date: 04.04.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: AHC
Attending Physician: DR K M NAIR
Technician: Suramy

Medications:
NONE

Medical History:
NONE

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:28	0.00	0.00	95	120/80	
	STANDING	00:03	0.00	0.00	93	120/80	
	HYPERV.	00:03	0.00	0.00	94	120/80	
	WARM-UP	00:12	0.50	0.00	114	120/80	
EXERCISE	STAGE 1	03:00	1.70	10.00	166	120/80	
	STAGE 2	03:00	2.50	12.00	181	140/80	
	STAGE 3	01:06	3.40	14.00	187	150/80	
RECOVERY		03:14	0.00	0.00	134	130/80	

The patient exercised according to the BRUCE for 7:05 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 120 bpm rose to a maximal heart rate of 187 bpm. This value represents 98 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

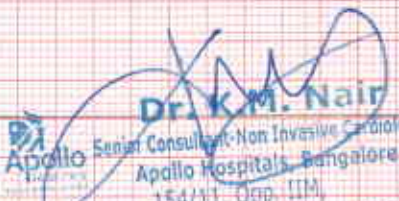
Interpretation

Summary: Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.

Conclusions

IMP:- STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA.

Physician


Dr. K.M. Nair
Senior Consultant-Non Invasive Cardiologist
Apollo Hospitals Bangalore
154/11, 6th FLM
Bannerghatta Road, Bangalore - 560076.
KMC - 20148 Ph: 9632121999

Technician



DOKALA JANAKAMMA
female

3.0001096337
years

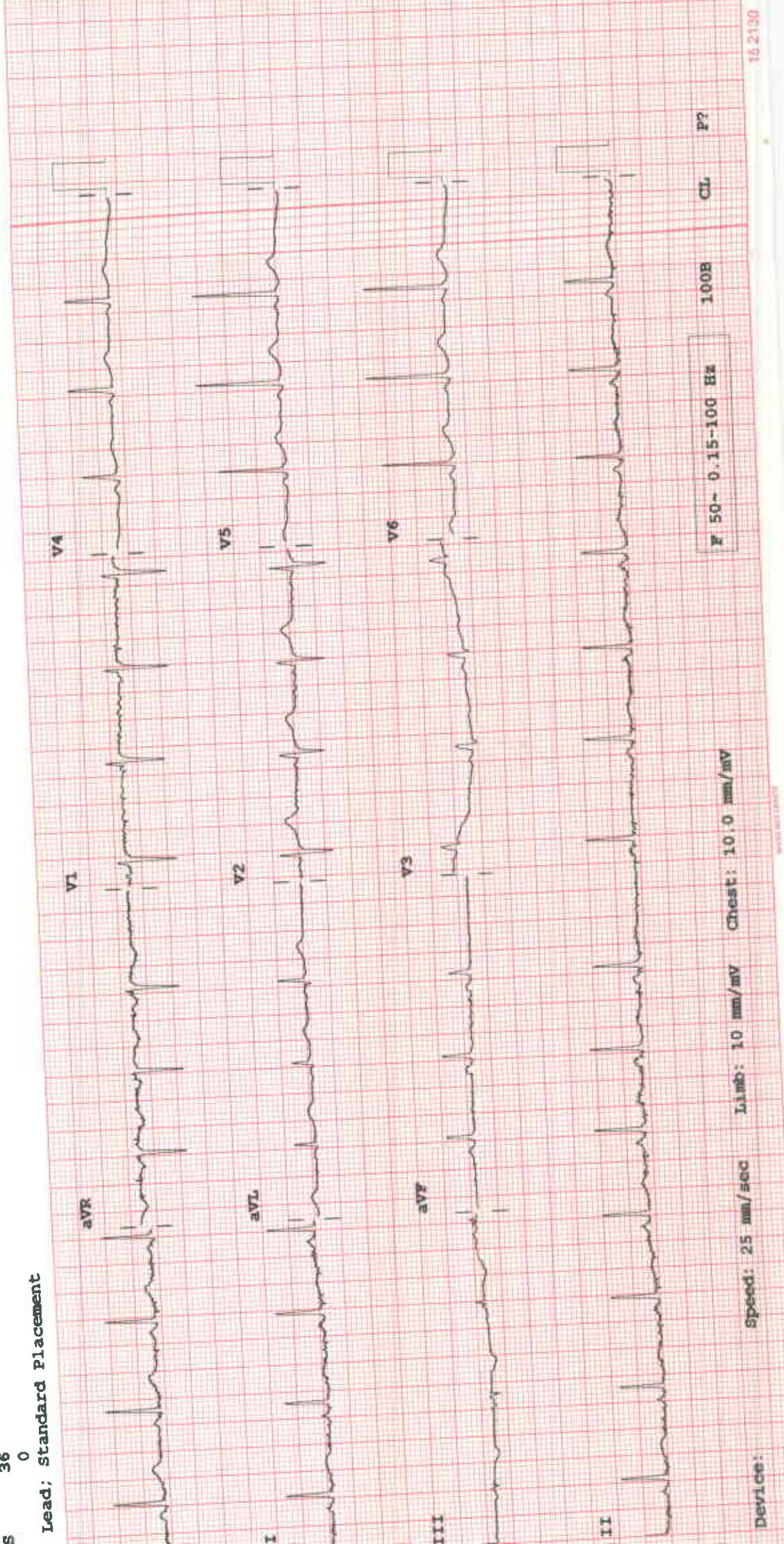
e 88
113
77
355
430

AHB.000108837
MS. DOKALA JANAKAMMA
Age: 31 Year(s) Year(s)/Female
4 Apr 2023 8:32:43 AM



AXIS-- 36
S 36
0

Lead; Standard Placement



F 50~ 0.15~100 Hz

100B CL P?

Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

Device: