

YOUR CLINICAL TEST RESULTS

Mr. ARUN THOMAS

MALE / 33 Yrs / AHB.0001138491 / AHBHC119998

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 25/03/2023

HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin :Oxyhemoglobin method(Photometric measurement)	15.2	g/dL	●	13-17
RBC Count (Impedance)	5.32	x(10) ¹² /l	●	4.5 - 5.5
Packed cell volume (Calculated)	45	%	●	40 - 50
MCV (Derived from RBC histogram)	85	fl	●	83 - 101
MCH (Calculated)	29	pg	●	27 - 32
RDW (Calculated)	15.2 *	%	●	11.60-14.00
MCHC (Calculated)	34	g/dl	●	31.5 - 34.5
Platelet Count (Impedance)	224	x(10) ⁹ /l	●	150 - 450
WBC Count (Impedance)	8.6	x(10) ⁹ /l	●	4 - 11
Neutrophils	53	%	●	40 - 80
Lymphocytes	35	%	●	8.6 -23.8
Monocytes	8	%	●	2 - 10
Monocytes	8	%	●	2 - 10
Eosinophils	3	%	●	1 - 6
Basophils	1	%	●	0 - 2
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	10	mm/1st hr	●	Adult Male- 0 - 10

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
Volume :	30	ml		
Appearance	Clear			Clear
pH	6.5			

● Within Normal Range ● Boderline High/Low ● Outside Range

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Specific Gravity	<=1.005			1.016 - 1.022
Protein :	NEGATIVE			NEGATIVE
Glucose:	NEGATIVE			NEGATIVE
Ketone	NEGATIVE			NEGATIVE
Bile Salts :	NEGATIVE			NEGATIVE
Bile Pigments:	NEGATIVE			NEGATIVE
Urobilinogen	0.2	E.U./dL	●	0.2 - 1.0
Blood :	TRACE-INTACT			NEGATIVE
Nitrate:	NEGATIVE			NEGATIVE
Leucocyte Esterases	NEGATIVE			NEGATIVE
RBC	1-2 /h.p.f	Cells/hpf		0 - 2
Pus Cells	1-2 /h.p.f	/HPF		0 - 5
Epithelial Cells	Occasional			Occasional - Few

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	B			
Rh (D) Type:	POSITIVE			
Method:	COLUMN AGGLUTINATION			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	27	U/L	●	<= 50
GLOBULIN - SERUM - CALCULATED	2.8	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.6		●	0.8 - 2.0
ALBUMIN - SERUM	4.5	g/dL	●	Adult- 3.5-5.2
ALKALINE PHOSPHATASE -	88	U/L	●	Adult: 30 - 120

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SERUM

AST (SGOT) - SERUM	21	U/L	●	<= 50
BILIRUBIN, TOTAL - SERUM	1.09	mg/dL	●	0.30-1.20

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	107	mmol/L	●	98 - 107

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	162	mg/dL	●	"Desirable : <200 Borderline : 200 - 239 High Risk : >239 "

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.27	mg/dL	●	Male : 0.9 -1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	30	U/L	●	<= 55

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	97	mg/dL	●	"Non-Diabetic : <= 100 Impaired Fasting Glucose: 100-125 Diabetic : >= 126 "

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	103	mg/dL	●	"Non-Diabetic : <= 140 Impaired Glucose Tolerance : 140-199 Diabetic : >= 200 "

GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

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Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.8	%	●	"NON-DIABETICS<=5.6PRE-DIABETIC: 5.7-6.4DIABETIC>=6.5"

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	42	mg/dL	●	"Low : <40High: >59"
LDL Cholesterol (Direct LDL)	110 *	mg/dL	●	"Optimal : <100Near/Above Optimal: 100 – 129Borderline High: 130 – 159High: 160 – 189Very High: > 189"

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.5	mmol/L	●	3.5-5.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.3	g/dL	●	ADULT: 6.0 - 8.5

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	137	mmol/L	●	135 - 145

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	132.69	ng/dL	●	Adults: 87 - 178
TOTAL T4: THYROXINE - SERUM	9.4	µg/dL	●	5.93 - 13.29

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	71	mg/dL	●	"Normal: < 150Borderline High: 150 – 199High: 200 – 499Very High: > 499"

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TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.9			< 5.0
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THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE [TSH]	2.37	µIU/mL	●	0.34 - 5.6

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
UREA - SERUM	26	mg/dL	●	15 - 45
URIC ACID - SERUM	7.0	mg/dL	●	Adult Male: 3.0 - 7.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	14	mg/dl	●	Desirable: <30

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.19	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.90	mg/dL	●	0.1 - 1.0

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO ₃) - SERUM	26		●	Healthy Adults: 22 - 29

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Date : 25/03/2023

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Biochemistry

GLUCOSE - SERUM / PLASMA (RANDOM)

CARDIOLOGY

ECHO/TMT - OPTIONAL

Ultrasound Radiology

ULTRASOUND - WHOLE ABDOMEN

CARDIOLOGY

ECG

X Ray

X-RAY CHEST PA

● Within Normal Range ● Boderline High/Low ● Outside Range

DEPARTMENT OF RADIOLOGY

Patient's Details	: Mr. ARUN THOMAS		M 033Y
UHID	: AHB.0001138491	Ward/Bed No.	: AHC / AHC
I.P.No./Bill No.	: AHBHC119998	Scanned on	: 25-Mar-2023 11:46
Accession Number	: 10601.223027357	Reported On	:
Referring Doctor	: null		

ULTRASOUND WHOLE ABDOMEN SCREENING

Clinical Information: - Routine health checkup.

Liver appears normal in size, shape and shows diffuse increase in echogenicity. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gallbladder is partially distended (post prandial status), appears grossly normal.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas: Head appears normal. Rest obscured by bowel gas.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No sonological evidence of calculi or hydronephrosis seen on either side.

Urinary bladder is minimally distended.

Prostate appears borderline enlarged in size, volume ~ 25 cc.

No evidence of ascites or pleural effusion seen.

IMPRESSION:

Fatty liver.

Grade I prostatomegaly.

- Suggested clinical correlation.

(Enclosed report) Ak



DR. SHADAB ALAM
ASSOCIATE CONSULTANT
RADIOLOGIST

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

DEPARTMENT OF RADIOLOGY

Patient's Details :	Mr. ARUN THOMAS				
UHID :	AHB.0001138491	Ward/Bed No. :	M		033Y
I.P.No./Bill No. :	AHBHC119998	Scanned on :			AHC / AHC
Accession Number :	10601.123034945	Reported On :			25-Mar-2023 10:53
Referring Doctor :	null				25-Mar-2023 11:03:58

X-RAY CHEST PA VIEW

Clinical information – health check up

Lung fields appear clear bilaterally with normal bronchovascular markings.
 Cardiac silhouette and cardiothoracic ratio appear normal.
 Costophrenic angles appear normal on both sides.
 Domes of the diaphragm appear normal.
 Underlying bony and soft tissue shadows appear normal.

=====

IMPRESSION:

No definite abnormality noted on the chest radiograph.

=====

Suggested clinical and other investigation correlation.

Dr sam k George
 Resident

---END OF THE REPORT---

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

33 Years

ARON THOMAS
Male

25-Mar-23 9:38:40 AM

Rate 67

AHB 0001136491
MR ARUN THOMAS
Age: 33 Year(s) Year(s)/Male
25 Mar 2023 9:17:28 AM

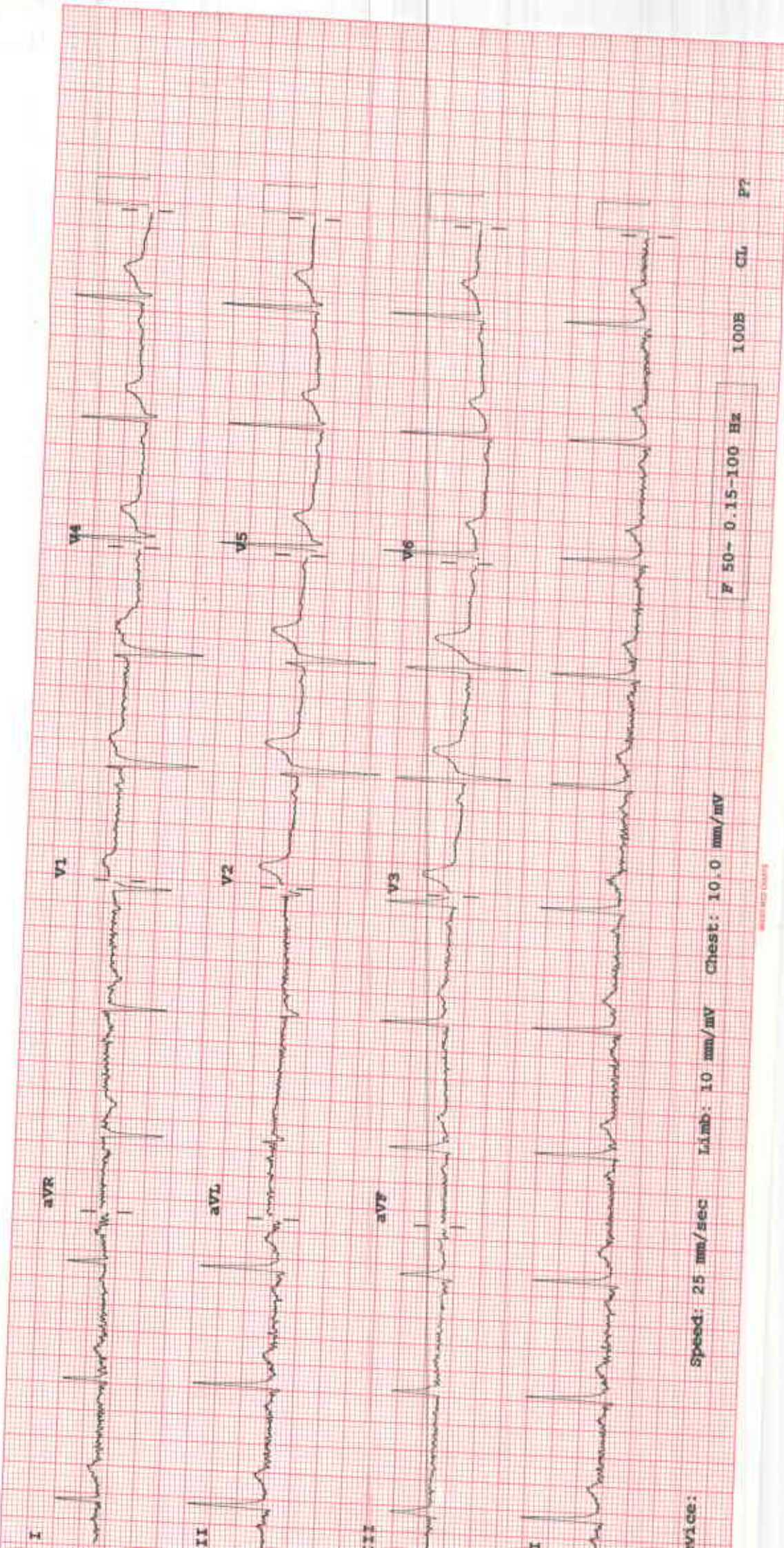
PR 144
QRS 106
QT 358
QTc 378



--AXIS--

P 42
QRS 69
T 44

12 Lead; Standard Placement



Speed: 25 mm/sec I/mb: 10 mm/mV Chest: 10.0 mm/mV

F 50~ 0.15-100 Hz

1005 CL P7

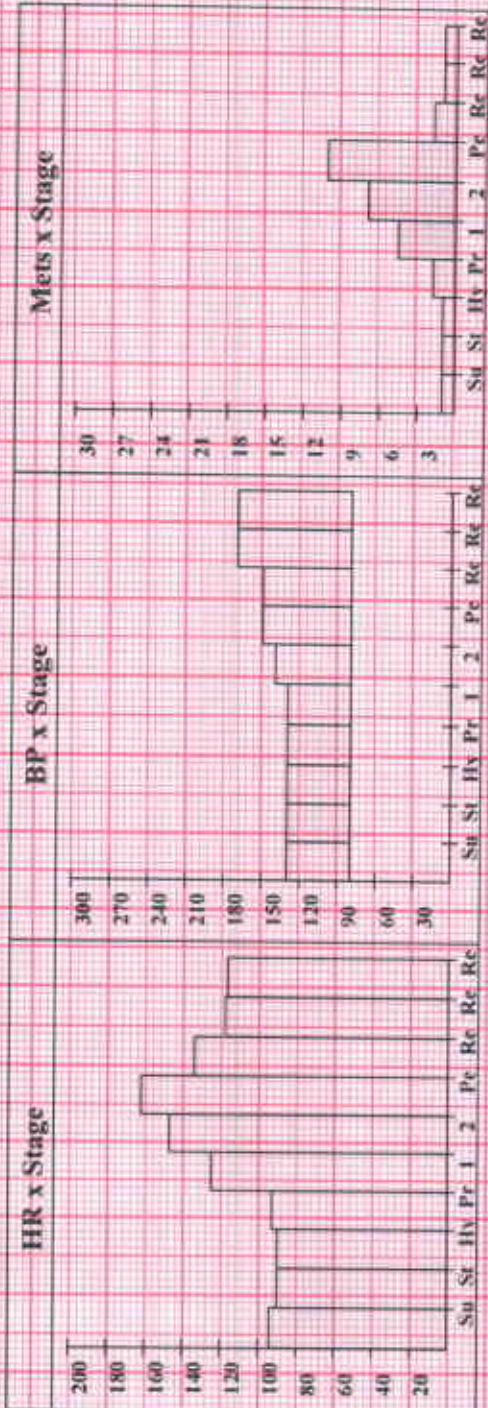
APOLLO HOSPITALS

Patient Details

Name: ARUN THOMAS ID: AHB1138491
 Age: 33 y Date: 25-Mar-23
 Sex: M Weight: 77 Kgs

Time: 15:30:01

Height: 173 cms



Interpretation

GOOD EFFORT TOLERANCE
 NORMAL HR AND BP RESPONSE
 NO ANGINA OR ARRHYTHMIAS
 NO SIGNIFICANT ST-T CHANGES NOTED
 IMP:- STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA.

Ref. Doctor: DR ABHINAV K

Doctor: DR K M NAIR

(Summary Report edited by user)

Schiller CS-20 V1.9



Dr. MEHTA .Y
MBBS, DNB (Family Medicine)
Senior Consultant
Reg. No. : ANP20010000845KTK

AUB - 1138401
Place Label Here
MR. ARUN THOMAS
Age - 33
If label not available, write Pt. Name, UHID No.,
Age, Sex, Date, Name of Treating Physician

Allergies :	Fall Risk Assessment		Wt: 77.9	Ht: 173.2	T: _____	P: 71	BP: 132/82
	H/o fall (within 1 year)	Yes <input checked="" type="checkbox"/> No <input checked="" type="checkbox"/>					
	Mobility Aid	Yes <input checked="" type="checkbox"/> No <input checked="" type="checkbox"/>					
	Gait	<input checked="" type="checkbox"/> Dep. <input checked="" type="checkbox"/> Indep.	Pain 0	/10	<input checked="" type="checkbox"/> Psychological & Social Assessment done		

- ① HbA1c - 5.8%
- ② LDL-C - 110 mg/dl
- ③ Fatty liver
- ④ - Grade I prostatomegaly

Adv Medicine Low calorie, low fat diet & Frequency
Regular exercise.

- Urologist consultation.

Kindly get this document scanned at the counter for the record purpose

leaf
Signature and Date



Dr. Shalini Shetty
MBBS, MS (Oph), FRCS (UK)
Sr. Consultant - Ophthalmology

Place Label Here **Mr: Arun Thomas**
83/M 1188491
If label not available, write Pt. Name, UHID No., Age, Sex, Date, Name of Treating Physician

Allergies :	Fall Risk Assessment				Wt: _____	Ht: _____	T: _____	P: _____	BP: _____
	H/o fall (within 1 year)	Yes	No		Pain _____/10	<input type="checkbox"/> Psychological & Social Assessment done			
Mobility Aid	Yes	No							
Gait	Dep.	Indep.							

Routine Eye test

R 2

6/6 6/6

with glass

6/6 6/6

without glass

Colour reason.

Refractive Error.

Adv: Contact Lens glass

17	17
←	←
17	17

Kindly get this document scanned at the counter for the record purpose

Chinnu Caly Noman

Signature and Date

25/3/23

DEPT. OF APOLLO HEALTH CHECK



CASE RECORD

AHB.0001138481
MR. ARUN THOMAS
Age: 33 Year(s) Year(s)/Male
26 Mar 2023 9:17:31 AM

Name:	Age:	Sex: M/F
Age:		UHID:

Physical Examination

General : Build Height 173.5cm Weight 77.9kg BMI:

Anaemia Icterus Cyanosis Clubbing

Oedema Glands

HEAD & NECK :

ENT :

CVS :

Heart Rate & Rhythm 71 bpm

B.P. : Supine Sitting Standing SpO2 96%

133/82

Chest shape

Heart Sounds

Murmurs

Thrills

RS :

Rate & Type

Breath Sounds

Echo Screening Report

- Normal LV function
- No RWMA
- LVEF: 60%