



Age 36

info Aakash <info@aakashhospital.com>

# Health Check up Booking Request(bobS32542), Beneficiary Code-81020

1 message

Mediwheel <wellness@mediwheel.in>  
To: info@aakashhospital.com  
Cc: mediwheelwellness@gmail.com

Thu, Mar 9, 2023 at 3:11 PM



**Mediwheel**  
...Your wellness partner



011-41195959

Email:wellness@mediwheel.in

Dear **Aakash Hospital**,  
City : Delhi . Address : 90/43 Malviya Nagar New Delhi,  
We have received the confirmation for the following booking .

Name : Arti gupta  
Age : 35  
Gender : Male  
Package Name : Mediwheel Metro Full Body Health Checkup Female Below 40  
Contact Details : 9716654099  
Booking Date : 09-03-2023  
Appointment Date: 11-03-2023

Member Information			
Booked Member Name	Age	Gender	Cost(In INR)
Arti gupta	36	Female	Cashless
Total amount to be paid			Cashless

We will get back to you with confirmation update shortly. Please find the package details as attached for your reference.

Package Name : Mediwheel Metro Full Body Health Checkup Female Below 40 - Includes (37 )Tests

Tests included in this Package : Ecg, TSH, X-ray Chest, Stress Test (tmt)/ 2d Echo, Blood Sugar Postprandial, A:g Ratio, Blood Group, Total Cholesterol, Triglycerides, Fasting Blood Sugar, Ultrasound Whole Abdomen , Glycosylated Haemoglobin (hba1c), Hdl, Vldl, Urine Analysis, LDL, Total Protine, General Consultation, HDL-LDL ratio, GGT(Gamma-glutamyl Transferase), Eye Check-up consultation, ALP (ALKALINE PHOSPHATASE), Uric Ac, AST/ALT Ratio, Serum Protein, CBC with ESR, Stool Analysis, Urine Fasting, Urine Sugar PP, T3, T4, Cholesterol Total / HDL Ratio, BUN/Creatinine Ratio, Bilirubin Total & Direct and Indirect, Albumin



भारत सरकार  
Unique Identification Authority of India

नामांकन क्रम / Enrollment No.: 1171/53032/03195

To  
आरती गुप्ता  
Arti Gupta  
D/O: Panna Lal Gupta  
House No- B-1781/3  
Near Serai Rohilla Shastri Nagar  
Ashok Vihar  
Ashok Vihar  
Saraswati Vihar North West Delhi  
Delhi 110052

25/04/2013  
10662154



आपका आधार क्रमांक / Your Aadhaar No. :

**4568 1228 0363**

आधार - आम आदमी का अधिकार



भारत सरकार  
Government of India

आरती गुप्ता  
Arti Gupta  
जन्म वर्ष / Year of Birth : 1986  
महिला / Female



**4568 1228 0363**

आधार - आम आदमी का अधिकार



Arti





09/03/2023 At  
10 AM





# Aakash Hospital™

Care with Concern

(A unit of Dr. Gaba & Associates Medicare Pvt. Ltd.)



90/43, Malviya Nagar, New Delhi-110017 #011 40501000 (100 Lines), 9871027922  
info@aakashhospital.com, www.aakashhospital.com

Name of patient :	Aarti Gupta	Age :	36	M/F :	F
Address :					
Consultant :	Dr. Priyanka Singh	Speciality :	ophthalmology	Date :	11.3.23

Investigations :	Presenting Complaints:	Provisional Diagnosis
	<p>routine medical eye checkup</p> <p>Present History :</p>	<p>B/E Refractive error</p>
<p>Systemic Examination :</p> <p>Vn - 6/9 6/12</p> <p>B/E AS WNL</p>	<p>Past History :</p> <p>Family History :</p> <p>H/o any Allergy :</p> <p>Vitals :</p> <p>BP :</p> <p>Pulse :</p> <p>Temp :</p> <p>Pain Scale (0-10)</p> <p>Wt/Ht (if required)</p> <p>Immunization</p>	<p>Rx</p> <p>Refraction</p>
<ul style="list-style-type: none"> <li>• Followup/Next visit</li> <li>• Diet / Nutrition Explained</li> <li>• Preventive Steps Explained</li> <li>• Prognosis Explained</li> </ul>		<p>Signature :</p> <p>Date/Time :</p>

  
**Dr. PRIYANKA SINGH**  
 MBBS, MS (Ophthalmology), DNB, FAICO  
 Consultant & Eye Surgeon  
 Regn. No.: DMC / R / 06891



# AAKASH HOSPITAL

90/43, MALVIYA NAGAR NEW DELHI 110017

## Stress Test - Summary Report

Date: 11/March/2023 13:03

### Patient Information

Name : ARTI GUPTA  
Age : 36 yrs  
Gender : Female  
Ref. Dr. : Dr Rahul Trehan

I.D. : 41  
Height : 0 cm  
Weight : 0 kgs

### Medication

### Indications

### Test Results

Protocol : Bruce  
Target H.R. : 184 (156)  
H.R. Achieved 174 bpm (94.57 )  
Max B.P. : 140/90 mm/Hg

Max. Work Load : 9.3 METS  
Exercise Time : 7:0 min:sec  
Recovery Time : 4:0 min:sec  
Max RPP (in 1000) : 24

### Reason for Termination

### Comments

regular stress induced test

Dr. RAHUL TREHAN  
M.B.B.S., MD (MED)  
Consultant Physician Cardiologist

Dr Rahul Trehan



# AAKASH HOSPITAL

90/43, MALVIYA NAGAR NEW DELHI 110017

Protocol Used : Bruce

Stage	Time m:s	H.R. bpm	B.P. mm / Hg	Speed / Grade mph / %	Load METS * 1000	R.P.P. * 1000	II	V2 (level / slope)	V5
Supine	0:12	105	0/0	0.0 / 0.0	1.0	0	0.6 / 0.8	1.0 / 1.1	0.4 / 0.8
Standing	0:12	106	110/70	0.0 / 0.0	1.0	11	0.4 / 0.7	1.2 / 1.3	0.5 / 0.8
HyperV	0:12	108	110/70	0.0 / 0.0	1.0	11	0.7 / 0.0	0.8 / 1.3	0.5 / 1.3
Exer : 1 / 7	3:0	132	120/80	1.7 / 10.0	4.8	15	0.4 / 0.3	1.7 / 2.1	0.2 / 1.2
Exer : 2 / 7	3:0	152	130/90	2.5 / 12.5	7.0	19	6.4 / 5.0	0.4 / 2.1	-0.3 / 2.0
Exer : 3 / 7	1:0	174	140/90	3.4 / 14.0	9.3	24	-1.7 / -3.8	2.4 / 4.0	2.3 / 4.8
Peak	7:0	174	140/90	3.4 / 14.0	9.3	24	2.2 / -4.2	0.8 / 4.2	-0.8 / 3.8
Recovery	1:0	125	140/90	0.0 / 0.0	1.0	17	1.8 / 3.3	1.4 / 1.2	2.2 / 3.8
Recovery	2:0	117	140/90	0.0 / 0.0	1.0	16	3.1 / 3.2	2.5 / 2.9	1.2 / 2.4
Recovery	3:0	116	120/75	0.0 / 0.0	1.0	13	0.4 / 1.6	1.6 / 2.0	0.7 / 1.6
Recovery	4:0	112	120/70	0.0 / 0.0	1.0	13	-0.1 / 0.5	1.1 / 1.3	0.4 / 1.1

ARTI GUPTA (36 yrs old Female)

11/Mar/2023 (13:28)

Dr Rahul Trehan

Dr Rahul Trehan

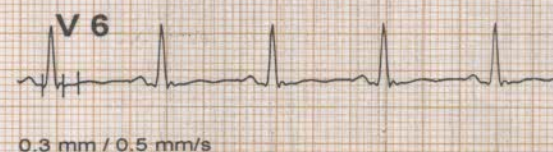
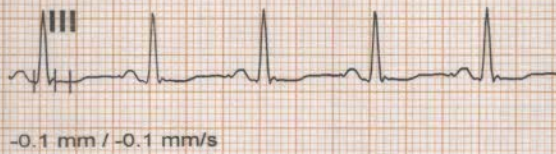
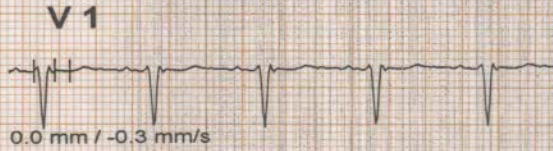
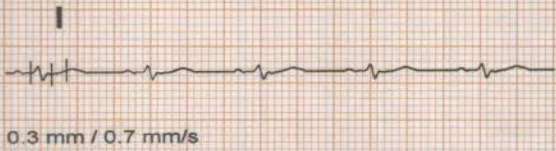


# AAKASH HOSPITAL

90/43, MALVIYA NAGAR NEW DELHI 110017

Bruce	PostJ: 80	11/Mar/2023 (13:28)	1.0 METS	ST @ 10 mm/mV	Median ECG		
Supine	0.0 %	0.0 mph	00:12	Total 00:00	25 mm/s	BP: 0/ 0 mm/Hg	HR: 105 bpm

Level / Slope  
mm / mm/s



ARTI GUPTA (36 yrs old Female)

Dr Rahul Trehan

Dr Rahul Trehan

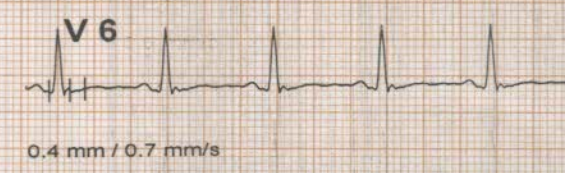
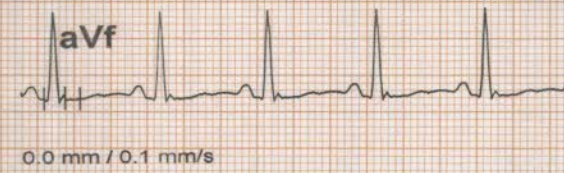
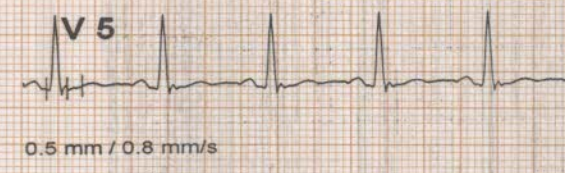
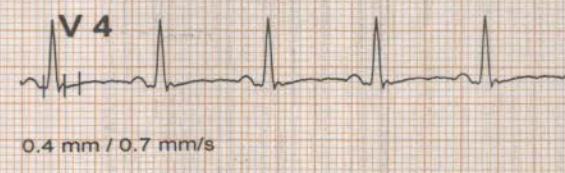
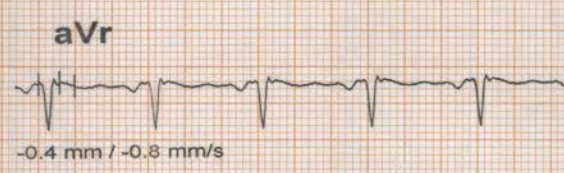
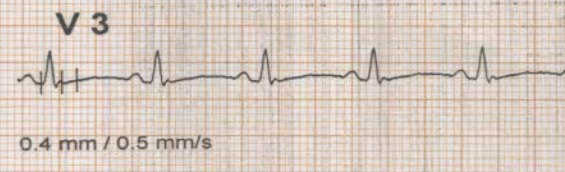
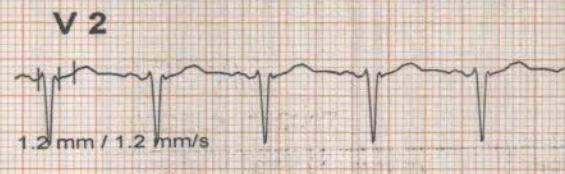


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90/43, MALVIYA NAGAR NEW DELHI 110017

Bruce		PostJ: 80	11/Mar/2023 (13:28)		1.0 METS	ST @ 10 mm/mV	Median ECG
Standing	0.0 %	0.0 mph	00:12	Total 00:00	25 mm/s	BP: 110/ 70 mm/Hg	HR: 106 bpm

Level / Slope  
mm / mm/s



ARTI GUPTA (36 yrs old Female)

Dr Rahul Trehan

Dr Rahul Trehan

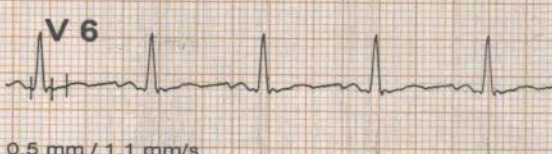
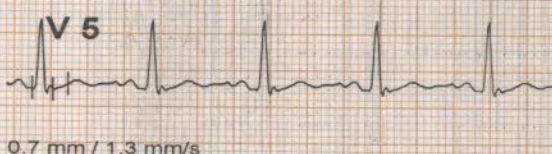
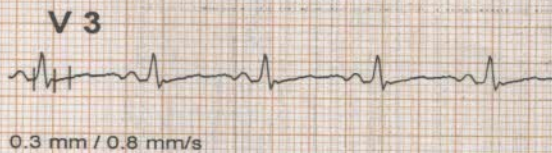
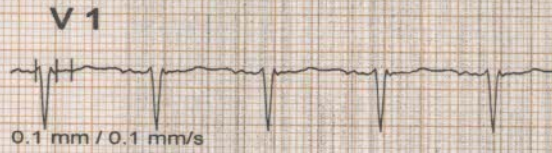
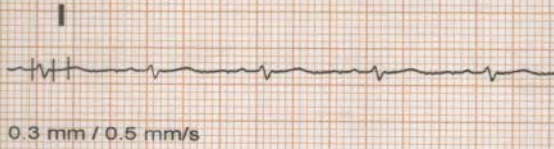


# AAKASH HOSPITAL

90/43, MALVIYA NAGAR NEW DELHI 110017

Bruce	PostJ: 80	11/Mar/2023 (13:28)	1.0 METS	ST @ 10 mm/mV	Median ECG		
HyperV	0.0 %	0.0 mph	00:12	Total 00:06	25 mm/s	BP: 110/ 70 mm/Hg	HR: 108 bpm

Level / Slope  
mm / mm/s



ARTI GUPTA (36 yrs old Female)

Dr Rahul Trehan

Dr Rahul Trehan

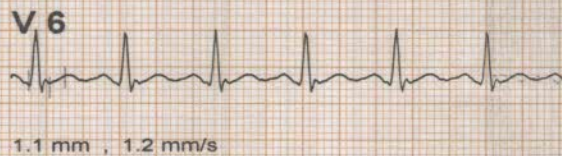
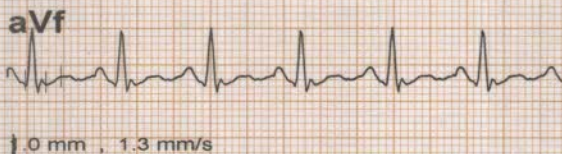
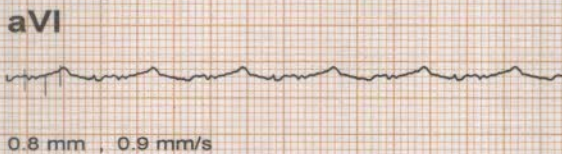
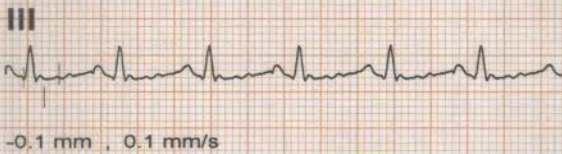


# AAKASH HOSPITAL

90/43, MALVIYA NAGAR NEW DELHI 110017

Bruce	11/Mar/2023 (12:40)	4.8 METS	ST @ 10 mm/mV	Link Median
Exer : 1 / 7	10.0 %	1.7 mph	03:00	Post J : 80
			25 mm/sec	BP:120/ 80 mm/Hg

HR:126 bpm  
Level / Slope  
mm / mm/s



\* Computer Corrected Baseline  
# Filtered Waveform

ARTI GUPTA (36 yrs old Female)

Dr Rahul Trehan

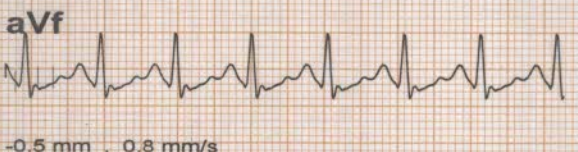
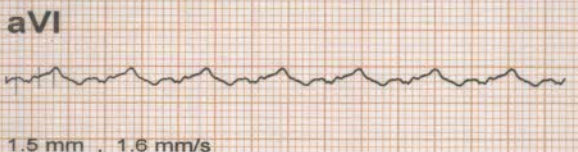


# AAKASH HOSPITAL

90/43, MALVIYA NAGAR NEW DELHI 110017

Bruce	11/Mar/2023 (12:40)	7.0 METS	ST @ 10 mm/mV	Link Median
Exer : 2 / 7	12.5 %	2.5 mph	03:00	Post J : 80
			25 mm/sec	BP:130/ 80 mm/Hg

Level / Slope  
mm / mm/s



\* Computer Corrected Baseline  
# Filtered Waveform

ARTI GUPTA (36 yrs old Female)	Dr Rahul Trehan
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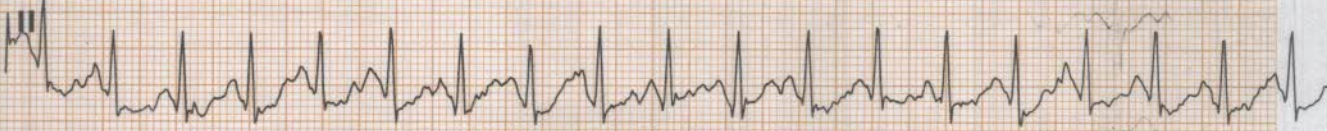
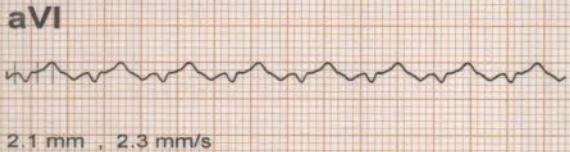
KARDIO SURGICARE 9911000518



# AAKASH HOSPITAL

90/43, MALVIYA NAGAR NEW DELHI 110017

Bruce		11/Mar/2023 (12:40)		9.3 METS	ST @ 10 mm/mV	Link Median
Exer : 3 / 7	14.0 %	3.4 mph	01:12	Post J : 80	25 mm/sec	BP:140/ 95 mm/Hg
						HR:163 bpm
						Level / Slope
						mm / mm/s



\* Computer Corrected Baseline  
# Filtered Waveform

ARTI GUPTA (36 yrs old Female)	Dr Rahul Trehan
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KARDIO SURGICAR 9811000518

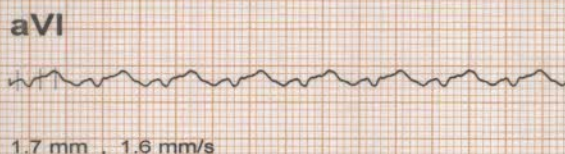
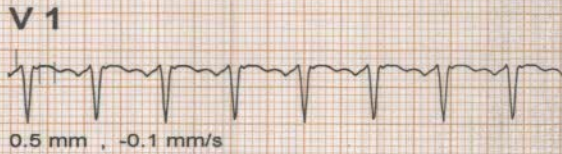


# AAKASH HOSPITAL

90/43, MALVIYA NAGAR NEW DELHI 110017

Bruce		11/Mar/2023 (12:40)		9.3 METS	ST @ 10 mm/mV	Link Median
Peak	14.0 %	3.4 mph	07:12	Post J : 80	25 mm/sec	BP:140/ 95 mm/Hg

Level / Slope  
mm / mm/s



\* Computer Corrected Baseline  
# Filtered Waveform

ARTI GUPTA (36 yrs old Female)

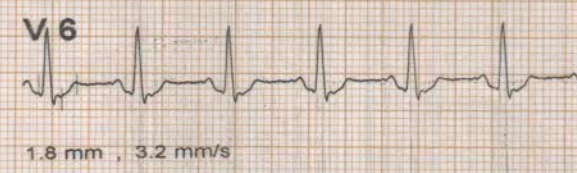
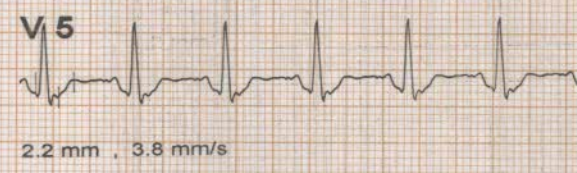
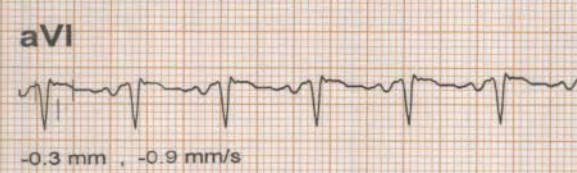
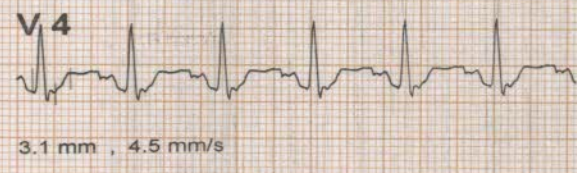
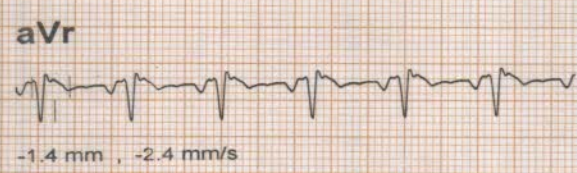
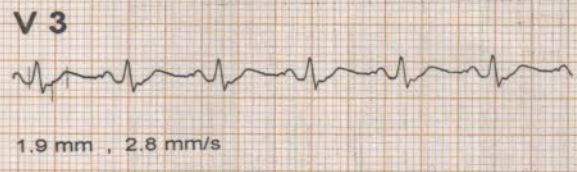
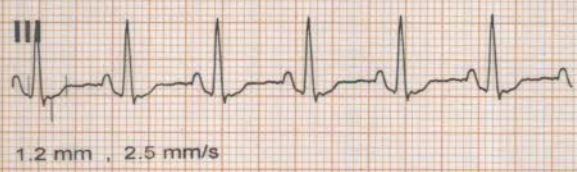
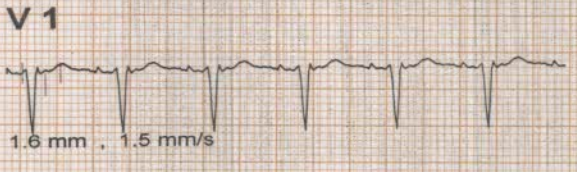
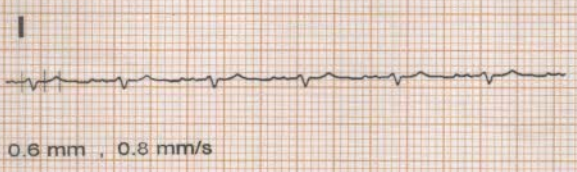
Dr Rahul Trehan



# AAKASH HOSPITAL

90/43, MALVIYA NAGAR NEW DELHI 110017

Bruce	11/Mar/2023 (13:28)	1.0 METS	ST @ 10 mm/mV	Link Median
Recovery	0.0 %	0.0 mph	01:00	Post J : 80
		25 mm/sec	BP: 140/90 mm/Hg	HR: 125 bpm
				Level / Slope mm / mm/s



\* Computer Corrected Baseline  
# Filtered Waveform

ARTI GUPTA (36 yrs old Female)

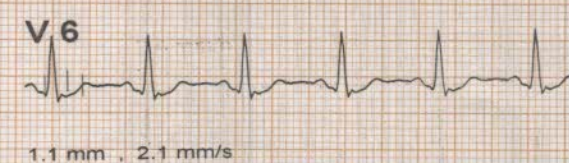
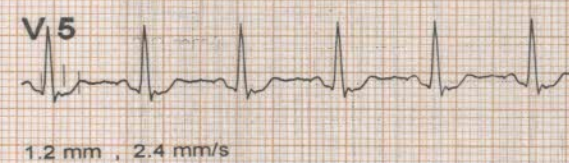
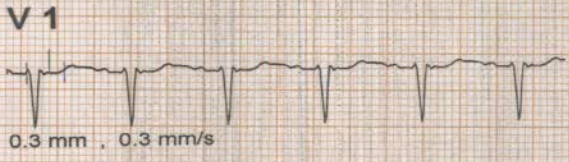
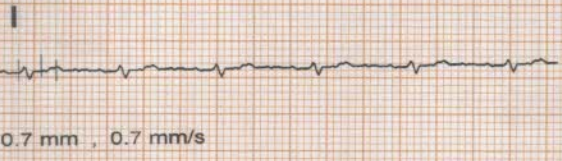
Dr Rahul Trehan



# AAKASH HOSPITAL

90/43, MALVIYA NAGAR NEW DELHI 110017

Bruce		11/Mar/2023 (13:28)		1.0 METS	ST @ 10 mm/mV	Link Median
Recovery	0.0 %	0.0 mph	02:00	Post J : 80	25 mm/sec	BP:140/ 90 mm/Hg
						HR:117 bpm
						Level / Slope
						mm / mm/s



\* Computer Corrected Baseline  
# Filtered Waveform

ARTI GUPTA (36 yrs old Female)

Dr Rahul Trehan

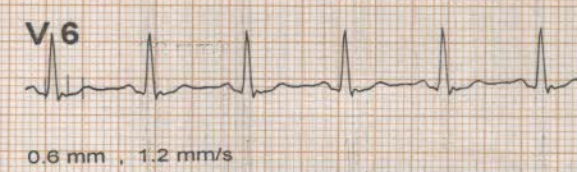
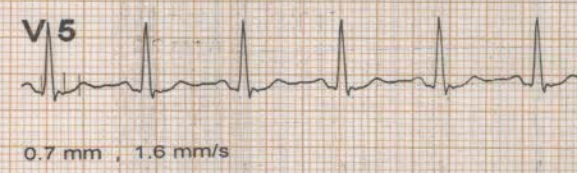
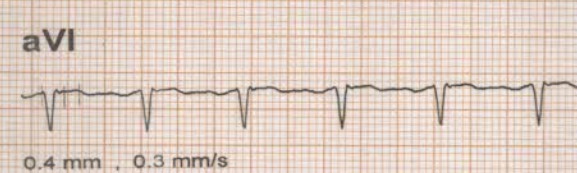
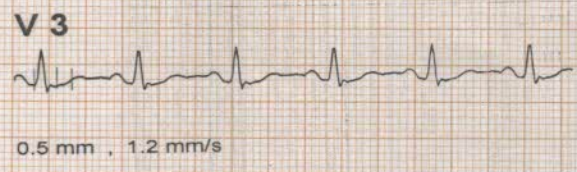
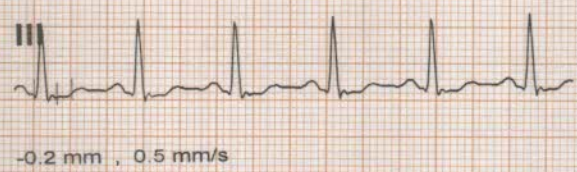
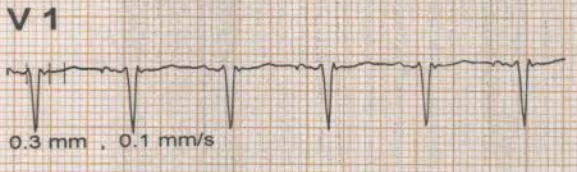
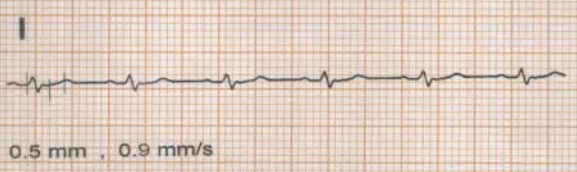
KARDIO SURGICARE 9011000518



# AAKASH HOSPITAL

90/43, MALVIYA NAGAR NEW DELHI 110017

Bruce	11/Mar/2023 (13:28)	1.0 METS	ST @ 10 mm/mV	Link Median
Recovery	0.0 %	0.0 mph	03:00	Post J : 80
		25 mm/sec	BP: 120/ 75 mm/Hg	HR: 116 bpm
				Level / Slope mm / mm/s



\* Computer Corrected Baseline  
# Filtered Waveform

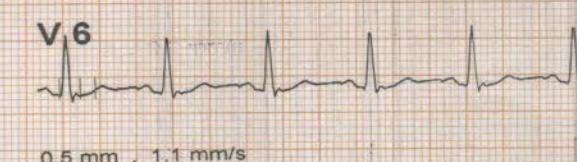
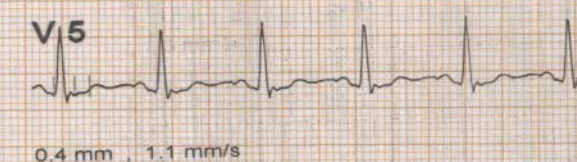
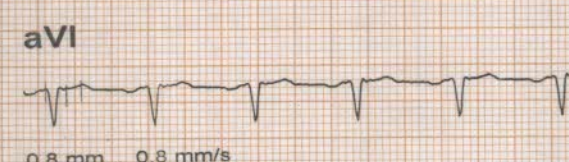
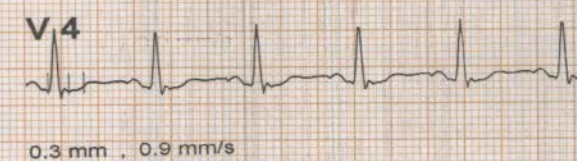
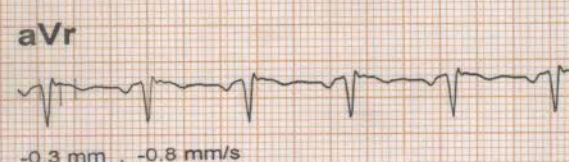
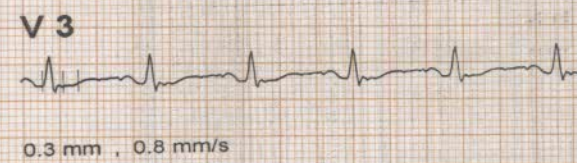
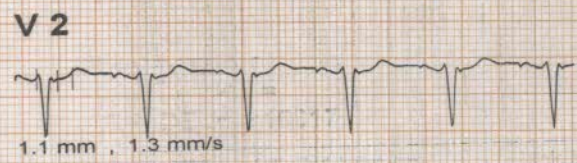
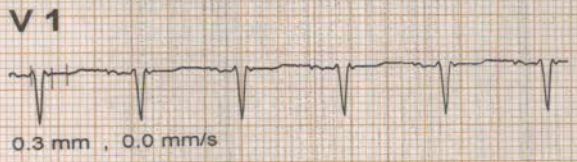
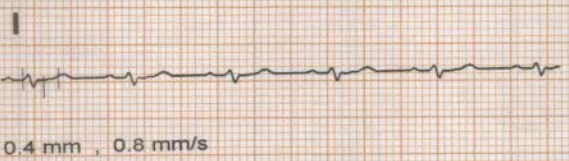
ARTI GUPTA (36 yrs old Female) Dr Rahul Trehan



# AAKASH HOSPITAL

90/43, MALVIYA NAGAR NEW DELHI 110017

Bruce			11/Mar/2023 (13:28)		1.0 METS	ST @ 10 mm/mV	Link Median
Recovery	0.0 %	0.0 mph	04:00	Post J : 80	25 mm/sec	BP:120/ 70 mm/Hg	HR:112 bpm
							Level / Slope
							mm / mm/s



\* Computer Corrected Baseline  
# Filtered Waveform

ARTI GUPTA (36 yrs old Female) Dr Rahul Trehan

KARDIO SURGICARE 9811005518





90/43, Malviya Nagar, New Delhi-110017  
#011 40501000 (100 Lines), 9871027922  
info@aakashhospital.com, www.aakashhospital.com

Patient Name : Mrs. Aarti Gupta Age/Sex : 35 Y / Female UHID : 44103  
Ref. By : Self Req. No. : 584/OPD - 26645 Req. At : 11/03/2023 18:16:03  
Sampling Date : 11/03/2023 19:45:22 Reporting Date : 12/03/2023 01:13:14

Sample type: EDTA Whole Blood


Report Type: Final

## COMPLETE HAEMOGRAM

Test Name	Results	Units	Bio. Ref. Interval	Method
Haemoglobin	12.6   L	gm/dL	13 - 16.6	Calorimetric Method
TLC	5300	/CUMM	4000 - 11000	Impedence
<b>Differential Leucocyte Count(DLC)</b>				
Neutrophils	59	%	40 - 75	Microscopy
Lymphocytes	36	%	20 - 45	Microscopy
Eosinophils	02	%	1 - 6	Microscopy
Monocytes	03	%	2 - 10	Microscopy
Basophils	00	%	0 - 2	Microscopy
RBC COUNT	4.1   L	millions/cumm	4.5 - 5.5	Microscopy
PCV (Haematocrit)	36.7	%	36 - 46	RBC PULSE HEIGHT DETECTION
MCV	88.2	gm/dL	76 - 96	Calculated
MCH	30.4	Picogram	27 - 32	Calculated
MCHC	34.5   H	gm/dL	31.5 - 34.3	Calculated
Platelet Count	1.35   L	Lakh/cmm	1.5 - 4	AUTOMATED IMPEDANCE
RDW CV	12.7	%	12 - 15	Histogram
ESR	45   H	mm II Hr.	0 - 20	Westergren

End of Report

Arti  
Created By

  
Dr. Meena Metre  
MBBS, MD Consultant Pathologist  
Approved By





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#011 40501000 (100 Lines), 9871027922  
info@aakashhospital.com, www.aakashhospital.com

Patient Name	: Mrs. Aarti Gupta	Age/Sex	: 35 Y / Female	UHID	: 44103
Ref. By	: Self	Req. No.	: 584/OPD - 26645	Req. At	: 11/03/2023 18:16:16
Sampling Date	: 11/03/2023 19:45:26	Reporting Date	: 12/03/2023 01:13:50		

Sample type : BLOOD

Report Type : Final

## LFT ( LIVER FUNCTION TEST )

Test Name	Results	Units	Bio. Ref. Interval	Method
Bilirubin Total	0.8	mg/dL	0 - 2	MODIFIED TAB
Direct Bilirubin	0.3	mg/dL	0 - 0.4	MODIFIED TAB
Indirect Bilirubin	0.5	mg/dL	0.2 - 1.2	Calculated
Protein Total - Serum	6.3	g/dL	6.2 - 8	DIRECT BIURET
Albumin - Serum	4.1	g/dL	3.5 - 5.5	BCG
Globulin - Serum	2.2	g/dL	1.8 - 3.6	Calculated
A/G Ratio	<b>1.86   H</b>		0.8 - 1.2	Calculated
SGOT	17	U/L	0 - 46	IFCC without P5P
SGPT	18	IU/L	0 - 49	IFCC
Alkaline Phosphatase - Serum	87	U/L	82 - 306	DGKC-SCE
GGTP	19	U/L	0 - 38	Glupa-c

### INTERPRETATION:

In an asymptomatic patient, Non alcoholic fatty liver disease (NAFLD) is the most common cause of increased AST, ALT levels. NAFLD is considered as hepatic manifestation of metabolic syndrome. In most type of liver disease, ALT activity is higher than that of AST; exception may be seen in Alcoholic Hepatitis, Hepatic Cirrhosis, and Liver neoplasia. In known cases of Chronic Liver disease due to Viral Hepatitis B & C, Alcoholic liver disease or NAFLD, Enhanced liver fibrosis (ELF) test may be used to evaluate liver fibrosis. In a patient with Chronic Liver disease, AFP and Des-gamma carboxyprothrombin (DCP)/PIVKA II can be used to assess risk for development of Hepatocellular Carcinoma.

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Dr. Meena Metre  
MBBS, MD Consultant Pathologist  
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Patient Name	: Mrs. Aarti Gupta	Age/Sex	: 35 Y / Female	UHID	: 44103
Ref. By	: Self	Req. No.	: 584/OPD - 26645	Req. At	: 11/03/2023 18:16:25
Sampling Date	: 11/03/2023 19:45:34	Reporting Date	: 12/03/2023 01:14:13		

Sample type: BLOOD


Report Type: Final

## BLOOD GROUP

Test Name	Results	Units	Bio. Ref. Interval	Method
Blood Group	"B"			Slide Method
RH TYPING	POSITIVE			Haemagglutination

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Patient Name	: Mrs. Aarti Gupta	Age/Sex	: 35 Y / Female	UHID	: 44103
Ref. By	: Self	Req. No.	: 584/OPD - 26645	Req. At	: 11/03/2023 18:16:38
Sampling Date	: 11/03/2023 19:45:38	Reporting Date	: 12/03/2023 01:14:24		

Sample type: BLOOD


Report Type: Final

## UREA SERUM

Test Name	Results	Units	Bio. Ref. Interval	Method
Blood Urea	33.9	mg/dL	18 - 45	Urease

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Patient Name	: Mrs. Aarti Gupta	Age/Sex	: 35 Y / Female	UHID	: 44103
Ref. By	: Self	Req. No.	: 584/OPD - 26645	Req. At	: 11/03/2023 18:16:52
Sampling Date	: 11/03/2023 19:45:41	Reporting Date	: 12/03/2023 01:14:32		

Sample type: BLOOD

Report Type: Final


## CREATININE

Test Name	Results	Units	Bio. Ref. Interval	Method
Creatinine - Serum	0.8	mg/dL	0.6 - 1.1	Enzymatic GLDH

S.Creatinine - Creatinine- Increased in acute and chronic renal disease.

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Patient Name	: Mrs. Aarti Gupta	Age/Sex	: 35 Y / Female	UHID	: 44103
Ref. By	: Self	Req. No.	: 584/OPD - 26645	Req. At	: 11/03/2023 18:17:38
Sampling Date	: 11/03/2023 19:45:45	Reporting Date	: 12/03/2023 01:14:42		

Sample type: SERUM

Report Type: Final


## URIC ACID (SERUM)

Test Name	Results	Units	Bio. Ref. Interval	Method
Uric Acid - Serum	2.7	mg/dL	2.5 - 6.8	Uricase

S. Uric Acid - Uric Acid- Elevated in renal dysfunction, gout, leukemia, polycythemia, diabetes, hypothyroidism.  
Decreased in Wilson's disease.

End of Report

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info@aakashhospital.com, www.aakashhospital.com

Patient Name : Mrs. Aarti Gupta      Age/Sex : 35 Y / Female      UHID : 44103  
Ref. By : Self      Req. No. : 584/OPD - 26645      Req. At : 11/03/2023 18:17:48  
Sampling Date : 11/03/2023 19:45:48      Reporting Date : 12/03/2023 01:14:57

Sample type : BLOOD


Report Type : Final

## BLOOD UREA NITROGEN (BUN)

Test Name	Results	Units	Bio. Ref. Interval	Method
Blood Urea	33.9	mg/dL	18 - 45	Urease
Blood Urea Nitrogen (BUN)	15.84	mg/dL	6 - 20	Calculated

End of Report

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info@aakashhospital.com, www.aakashhospital.com

Patient Name : Mrs. Aarti Gupta      Age/Sex : 35 Y / Female      UHID : 44103  
Ref. By : Self      Req. No. : 584/OPD - 26645      Req. At : 11/03/2023 18:18:01  
Sampling Date : 11/03/2023 19:45:51      Reporting Date : 12/03/2023 01:15:22

Sample type : SERUM

Report Type : Final

## LIPID PROFILE

Test Name	Results	Units	Bio. Ref. Interval	Method
Total Cholesterol	141	mg/dL	0 - 220	CHOD-PAP
Triglycerides	49	mg/dL	40 - 140	GPO-TRINDER
HDL Cholesterol	75.1	mg/dL	42 - 88	Selective Inhibition
LDL Cholesterol	<b>56.1   L</b>	mg/dL	70 - 100	Calculated
VLDL cholesterol	<b>9.8   L</b>	mg/dL	15 - 30	Calculated
LDL/HDL CHOLESTEROL RATIO	1.88		0 - 3.55	
TOTAL CHOLESTEROL/HDL RATIO	0.13		0 - 4.97	

### INTERPRETATION :

NATIONAL LIPID ASSOCIATION RECOMMENDATION	TOTAL CHOLESTROL in mg/dl	TRIGLYCERIDE in mg/dl	LDL CHOLESTROL in mg/dl	NON HDL CHOLESTROL(NLA-2014)
OPTIMAL	<200	<150	<100	<130
ABOVE OPTIMAL	---	---	100-129	130-159
BORDERLINE HIGH	200 --239	150-199	130--159	160--189
HIGH	>=240	200--499	160--189	190--219
VERY HIGH	---	>=500	> =190	>=220

A lipid panel is a common blood test that healthcare providers use to monitor and screen for your risk of





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Patient Name	: Mrs. Aarti Gupta	Age/Sex	: 35 Y / Female	UHID	: 44103
Ref. By	: Self	Req. No.	: 584/OPD - 26645	Req. At	: 11/03/2023 18:18:01
Sampling Date	: 11/03/2023 19:45:51	Reporting Date	: 12/03/2023 01:15:22		

cardiovascular disease. The panel includes three measurements of your cholesterol levels and a measurement of your triglycerides.

SPECIAL NOTE : 12 HRS FASTING REQUIRED

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Patient Name	: Mrs. Aarti Gupta	Age/Sex	: 35 Y / Female	UHID	: 44103
Ref. By	: Self	Req. No.	: 584/OPD - 26645	Req. At	: 11/03/2023 18:18:12
Sampling Date	: 11/03/2023 19:45:54	Reporting Date	: 12/03/2023 01:15:33		

Sample type: BLOOD


Report Type: Final

## BLOOD GLUCOSE FASTING (FBS )

Test Name	Results	Units	Bio. Ref. Interval	Method
BLOOD SUGAR FASTING	100	mg/dL	70 - 110	GOD-PAP

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Patient Name	: Mrs. Aarti Gupta	Age/Sex	: 35 Y / Female	UHID	: 44103
Ref. By	: Self	Req. No.	: 584/OPD - 26645	Req. At	: 11/03/2023 18:18:19
Sampling Date	: 11/03/2023 19:45:58	Reporting Date	: 12/03/2023 01:15:43		

Sample type : BLOOD


Report Type : Final

## BLOOD GLUCOSE (PP)

Test Name	Results	Units	Bio. Ref. Interval	Method
BLOOD SUGAR PP	114	mg/dL	80 - 140	GOD-PAP

End of Report

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#011 40501000 (100 Lines), 9871027922  
info@aakashhospital.com, www.aakashhospital.com

Patient Name	: Mrs. Aarti Gupta	Age/Sex	: 35 Y / Female	UHID	: 44103
Ref. By	: Self	Req. No.	: 584/OPD - 26645	Req. At	: 11/03/2023 18:18:46
Sampling Date	: 11/03/2023 19:46:11	Reporting Date	: 12/03/2023 01:15:59		

Sample type : URINE


Report Type : Final

## URINE SUGAR FASTING

Test Name	Results	Units	Bio. Ref. Interval	Method
URINE SUGAR FASTING	Negative		Negative	

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#011 40501000 (100 Lines), 9871027922  
info@aakashhospital.com, www.aakashhospital.com

Patient Name	: Mrs. Aarti Gupta	Age/Sex	: 35 Y / Female	UHID	: 44103
Ref. By	: Self	Req. No.	: 584/OPD - 26645	Req. At	: 11/03/2023 18:18:36
Sampling Date	: 11/03/2023 19:46:07	Reporting Date	: 12/03/2023 01:15:52		

Sample type : URINE


Report Type : Final

## URINE SUGAR PP

Test Name	Results	Units	Bio. Ref. Interval	Method
URINE SUGER PP	Negative		Negative	MANUAL

End of Report

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Patient Name : Mrs. Aarti Gupta Age/Sex : 35 Y / Female UHID : 44103  
Ref. By : Self Req. No. : 584/OPD - 26645 Req. At : 11/03/2023 18:19:13  
Sampling Date : 11/03/2023 19:46:15 Reporting Date : 12/03/2023 01:17:01

Sample type : EDTA Whole Blood

Report Type : Final

## HBA1C (GLYCOSYLATED HEMOGLOBIN)

Test Name	Results	Units	Bio. Ref. Interval	Method
HBA1C	5.7	%	4 - 6	Immunoturbidimetric

### EXPECTED VALUES :-

Metabolically healthy patients	=	4.8 - 5.5 % HbA1C
Good Control	=	5.5 - 6.8 % HbA1C
Fair Control	=	6.8-8.2 % HbA1C
Poor Control	=	>8.2 % HbA1C

### REMARKS:-


In vitro quantitative determination of **HbA1C** in whole blood is utilized in long term monitoring of glycemia . The **HbA1C** level correlates with the mean glucose concentration prevailing in the course of the patient's recent history (approx - 6-8 weeks) and therefore provides much more reliable information for glycemia monitoring than do determinations of blood glucose or urinary glucose.

It is recommended that the determination of **HbA1C** be performed at intervals of 4-6 weeks during Diabetes Mellitus therapy.

Results of **HbA1C** should be assessed in conjunction with the patient's medical history, clinical examinations and other findings.

End of Report

Arti  
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#011 40501000 (100 Lines), 9871027922  
info@aakashhospital.com, www.aakashhospital.com

Patient Name	: Mrs. Aarti Gupta	Age/Sex	: 35 Y / Female	UHID	: 44103
Ref. By	: Self	Req. No.	: 584/OPD - 26645	Req. At	: 11/03/2023 18:19:38
Sampling Date	: 11/03/2023 19:46:18	Reporting Date	: 12/03/2023 01:18:49		

Sample type: URINE

Report Type: Final

## URINE ROUTINE AND MICROSCOPY

Test Name	Results	Units	Bio. Ref. Interval	Method
<b>Physical Examination</b>				
Volume	20	ml		MANUAL
COLOUR/APPEARANCE	Pale Yellow		Pale yellow	MANUAL
Transparency	Slightly turbid		Clear	
pH	6.0		6 - 7.5	Manual Reagent Strip (double indicator)
Specific Gravity	1.015		1.005 - 1.03	Manual Reagent Strip (double indicator)
<b>Chemical Examination</b>				
URINE GLUCOSE	Negative		Negative	GOD POD
URINE PROTEIN	Negative		Negative	Tetrabromophenol blue
URINE KETONE BODIES/ACETONE	Negative		Negative	Sodium nitroprusside
BLOOD	Negative		Negative	Peroxidase
LEUKOCYTES	Negative		Negative	Esterase
NITRITE	Negative		Negative	Tetrahydrbenzo(h) quinolin
BILIRUBIN	Negative		Negative	Diazotized dichloraniline
UROBILINOGEN	0.8		0.2 - 1	Ehrlich reaction
<b>MICROSCOPIC EXAMINATION</b>				
PUS CELLS	4-6	/Hpf	0 - 9	Microscopy
RBC'S	NIL	/HPF	0 - 4	Microscopy
Epithelial Cells	<b>20-25   H</b>	/HPF	0 - 4	Microscopy
BACTERIA	Present	%	Absent	Microscopy
CRYSTALS	Absent		Absent	Microscopy
CASTS	Absent	/LPF	Absent	Microscopy





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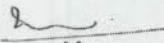
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Ref. By	: Self	Req. No.	: 584/OPD - 26645	Req. At	: 11/03/2023 18:19:38
Sampling Date	: 11/03/2023 19:46:18	Reporting Date	: 12/03/2023 01:18:49		

YEAST CELL	Absent	Absent	Microscopy
OTHERS	NIL	Nil	Microscopy

End of Report

Arti  
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#011 40501000 (100 Lines), 9871027922  
info@aakashhospital.com, www.aakashhospital.com

Name : Mrs.ARTI GUPTA  
Age/Gender : 36 Y(s) /Female  
Reg No : 1103233445  
Lab ID No : KP0198249  
Sample ID : 220199866  
Sample Type : Serum

Location : KPL A43  
Registered On : 11-03-2023 17:33  
Reported On : 11-03-2023 19:08  
Referred By : SELF  
Client Name : AAKASH HOSPITAL  
Reference No :



Test	Result	Unit	Reference Range
T3 Method : CLIA	: 1.96	nmol/L	0.92 - 2.79
T4 Method : CLIA	: 95.63	nmol/L	65 - 138.0
TSH Method : CLIA	: 1.32	uIU/mL	0.35 - 5.5

#### Reference Range for Children

1-4 days : 1.00-39.00

5 days-5 months : 1.7 - 9.1

5 months - 20 years : 0.70 - 6.40

(1) 4.2 to 15  $\mu$ IU/mL - Correlate clinically as physiological and other factors may falsely elevate TSH levels.

(2) TSH Values may be transiently altered because of non-thyroidal illness.

(3) Some drugs may decrease TSH values, e.g., L-dopa, Glucocorticoids.

(4) Some drugs may increase TSH values, e.g., Iodine, Lithium, and Amiodarone. Abbreviations.

\*\*\*\* End Of The Report \*\*\*\*



Sherry Khanna

Dr.Sherry Khanna  
D.N.B. (Pathology)  
Head-Lab Operations.  
DMC Reg.No-25315





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CIN No. U85110DL2004PTC125538

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info@aakashhospital.com, www.aakashhospital.com

**NAME: MRS ARTI GUPTA**

**AGE: 36Y**

**SEX: FEMALE**

**REF.BY: MEDICAL**

**DATE: 11.03.23**

**X RAY NO: 31648**

## **CHEST (PA VIEW)**

The diaphragmatic domes have smooth contours, a normal arched shape and occupy a normal position.

The costophrenic angles are clear.

**Fine reticulonodular markings in left parahilar and paracardiac lung field.** Both lungs are otherwise normally aerated and are applied to the chest wall on all sides.

The mediastinum is centered and of normal width.

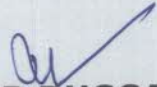
The cardiac and vascular shadows show a normal configuration.

The thoracic skeleton is symmetrically shaped and the spine is unremarkable.

The soft tissue envelope of chest shows no abnormalities.

### **IMP:**

**Correlate clinically**

  
**DR.R.DUGGAL**  
**MD(RADIOLOGY)**  
**DMC-2595**

### **AREA OF EXPERTISE**

- Interventions (Vascular & Nonvascular)
- FNAC
- Biopsy
- Drainages
- Doppler Scans
- 3D & 4D Scans
- Varicose Vein Laser Treatment







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info@aakashhospital.com, www.aakashhospital.com

**NAME: MRS ARTI GUPTA**

**AGE: 36 YRS**

**SEX: FEMALE**

**REF.BY: MEDICAL**

**DATE: 11.03.2023**

## ULTRASOUND WHOLE ABDOMEN

**LIVER:**-Normal sized, with homogenous echotexture. No focal lesion seen. Intra hepatic biliary system not dilated. Intra hepatic veins radicles are normal.

**GALL BLADDER:** - Normal distention. Walls are normal. No mass lesion or calculus seen in the lumen. Extra hepatic biliary system is not dilated.

**PANCREAS:** - Normal size and echotexture. No focal lesion seen. Pancreatic duct not dilated.

**SPLEEN:** - Normal size and echotexture. No focal lesion seen. Spleno-portal axis is normal.

**KIDNEYS:** - Both kidneys normally identified in the respective renal fossae. They demonstrate normal size, contour and echo pattern with no evidence of hydronephrosis or calculus seen on either side.

Right kidney measures approx. 8.9 cm in the long axis.

Left kidney measures approx. 8.8 cm in the long axis.

**URINARY BLADDER:** - Moderately distended. No calculus or diverticulum's seen. Walls are normal. Both UV Junctions are normal.


**UTERUS:** - Normal sized, demonstrating normal endometrial echo complex. **Mid body anteriorly on the right side shows a 8.0 mm subserous fibroid. Myometrium is normal. Cervix is normal.**

**OVARIES:** - Normally visualized.

Retroperitoneum does not show any abnormally enlarged lymph nodes. No pleural effusion or ascites seen. Bowel loops are unremarkable. Both iliac fossae are normal.

### **IMPRESSION :-**

**Correlate clinically**

  
**DR.R.DUGGAL**  
**MD(RADIOLOGY)**  
**DMC-2595**

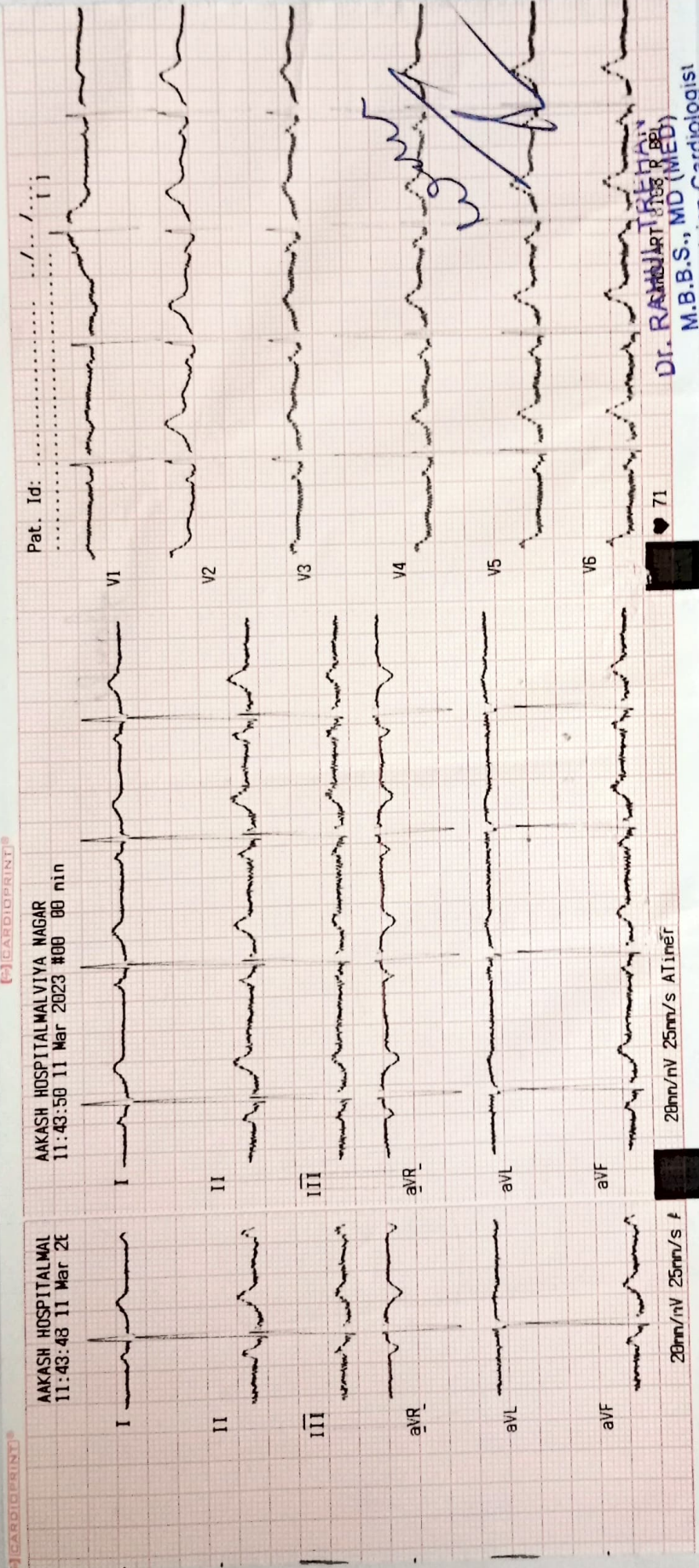
### AREA OF EXPERTISE

- Interventions (Vascular & Nonvascular)
- FNAC
- Biopsy
- Drainages
- Doppler Scans
- 3D & 4D Scans
- Varicose Vein Laser Treatment





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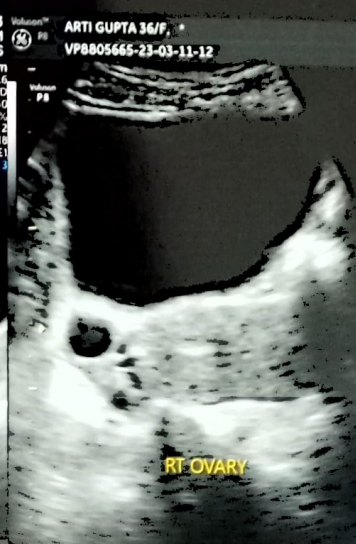
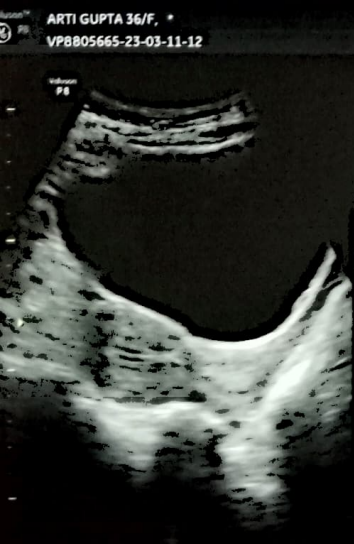
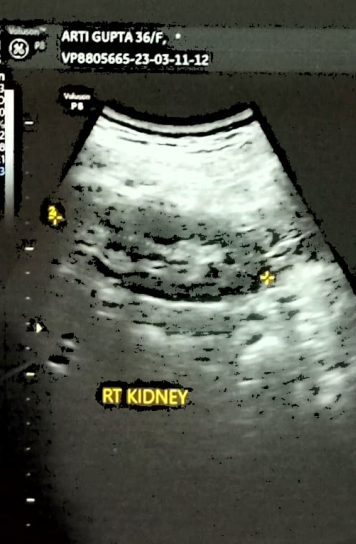
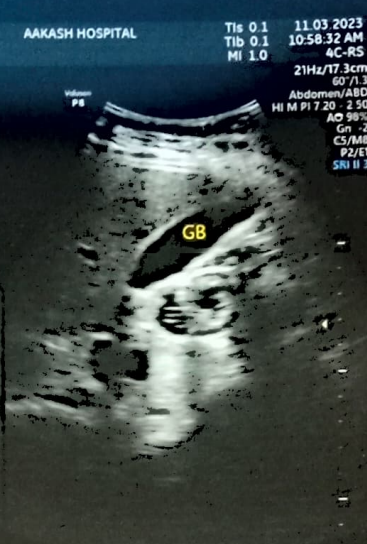
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