



Mrs. SWEETY DODIA (39 /F)

UHID : AHIL.0000850172

AHC No : AHILAH198033

Date : 11/03/2023

MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE



Namaste Mrs. SWEETY DODIA,

Thank you for choosing Apollo ProHealth, India's first AI-powered health management program, curated to help you make positive health shifts. Being healthy is about making smart choices, and you have taken the first step with this program. We are privileged to be your healthcare partner. Your health is our priority.

We are with you on your path to wellness by:

**Predicting your risk:** Artificial Intelligence-powered predictive risk scores are generated, based on your personal, medical, and family history and detailed multi-organ evaluation of your body through diagnostic and imaging tests.

**Preventing onset or progress of chronic lifestyle diseases:** Your Health Mentor is available to help you understand your physician's recommendations and helping you handle any concerns (complimentary service up to one year)

**Overcoming barriers to your wellbeing:** Your Health Mentor will help you set your health goals and guide you with tips to stay on track. We will also, digitally remind you to proactively prioritize your health.

Through this report, you will be able to understand your overall health status, your health goals and the recommendations for your path to wellness. Your Health Report will include the following:

- Your medical history and physical examination reports
- Results from your diagnostic and imaging tests
- AI powered health risk scores
- Your physician's impression and recommendations regarding your overall health
- Your personalized path to wellness, including your follow-up assessments and vaccinations

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Keep the records carefully and bring them along during your next visit to our Hospital

We have reviewed the results of the tests and have identified some areas for you to act on. We believe that with focus and targeted interventions, you can be healthier and happier.



Scan the QR code to download the Apollo 24/7 App

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You can visit your proHealth physician in person at this center, or you can book a virtual consultation for review via [www.apollo247.com](http://www.apollo247.com) or through the Apollo 24\*7 mobile app. You can avail 30% discount on additional tests and follow-up tests at Apollo Hospitals within one week. You may call your Health Mentor on 04048492633 or email at [prohealthcare@apollohospitals.com](mailto:prohealthcare@apollohospitals.com)

Stay Healthy and happy! 😊  
Apollo ProHealth Care team

**Disclaimer:** The services offered in the program may vary depending on any prior mutual agreements between guests and the facility/unit.

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**Name** : Mrs. SWEETY DODIA (39 /F)

**Address** : MOTERA, AHMEDABAD, AHMEDABAD, GUJARAT, INDIA

**Examined by** : Dr. SHASHIKANT NIGAM

**MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE**

**Date** : 11/03/2023



**UHID** : AHIL.000085017

**AHC No** : AHILAH198033



### Chief Complaints

For Annual health checkup  
No specific complaints

### Present Known illness

No history of - Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart disease



### Drug Allergy

NO KNOWN ALLERGY :11/03/2023



### Systemic Review

- Cardiovascular system** : - Nil Significant
- Respiratory system** : - Nil Significant
- Oral and dental** : - Nil Significant
- Gastrointestinal system** : - Nil Significant
- Genitourinary system** : - Nil Significant
- Gynaec history** : - Nil Significant
- Central nervous system** : - Nil Significant
- Eyes** : - Nil Significant
- ENT** : - Nil Significant
- Musculoskeletal system** :  
**Spine and joints** : - Nil Significant
- Skin** : - Nil Significant
- General symptoms** : - Nil Significant



### Past medical history

- Do you have any allergies? - No
- Allergies - Nil





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Past medical history - nil significant

Covid 19 - No

Post detection (3 Weeks) - No

Hospitalization for Covid 19 - No

Oxygen support - No



Surgical history

Surgical history - Nil



Personal history

Ethnicity - Indian Asian

Marital status - Married

No. of children - 1

Male - 1

Diet - Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Sedentary



Family history

Father - alive

Mother - alive

Sisters - 1

Diabetes - father

Hypertension - mother

Coronary artery disease - none

Cancer - None

Physical Examination



General

General appearance - normal

Build - normal

Height - 145





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Weight - 75  
 BMI - 35.67  
 Pallor - No  
 Oedema - no



**Cardiovascular system**

Heart rate (Per minute) - 80  
 Rhythm - Regular  
 Systolic(mm of Hg) - 130  
 Diastolic(mm of Hg) - 80  
 - B.P. Sitting  
 Heart sounds - S1S2+

**Respiratory system**

Breath sounds - Normal vesicular breath sounds



**Abdomen**

Organomegaly - No  
 Tenderness - No

Printed By : MUKTA S ADALTI

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**URINE FOR ROUTINE EXAMINATION**

Urinalysis, is the physical, chemical and microscopic examination of the urine and is one of the most common methods of medical diagnosis. It is used to detect markers of diabetes, kidney disease, infection etc.

Test Name	Result	Unit	Level	Range
Volume	30	mL		
Specific Gravity	1.005			
Colour:	Pale-Yellow			
Transparency:	Clear			
pH	6			
Protein :	Nil			
Sugar:	Nil			
Blood:	Negative			
Ketone	Absent			
Bile Pigments:	Absent			
Urobilinogen	Nil	E.U./dL		
Nitrite	Negative			
Pus Cells	Occassional			0-5
RBC	Occasional	/hpf		0-5/hpf
Epithelial Cells	Occassional			
Casts:	Absent			
Crystals:	Absent			

**COMPLETE BLOOD COUNT WITH ESR**

Test Name	Result	Unit	Level	Range
Hemoglobin (Photometric Measurement)	9.9 *	gm%	●	12-16
Packed cell volume(Calculated)	32.2 *	%	●	36-46
RBC COUNT (Impedance)	4.66	Million/ul	●	3.8-5.2
MCV (From RBC Histogram)	69.1 *	fl	●	80-100
MCH(Calculated)	21.32 *	pg	●	27-32
MCHC(Calculated)	30.9 *	%	●	31-36
RDW(Calculated)	16.4 *	%	●	11.5-14.5
WBC Count (Impedance)	6548	/cu mm	●	4000-11000

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Neutrophils	48	%	●	40-75
Lymphocytes	30	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	16*	%	●	01-06
Basophils	00	%	●	0-1
Platelet Count (Impedance)	267800	/cu mm	●	150000-450000
MPV (Calculated)	8.4	fl	●	7-11
RBC:	Anemia			
RBC::	Anisocytosis (+)-Hypochromia (+)-Microcytes (+)			
WBC:	Eosinophilia noted			
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Automated/ optic-electronic)	10	mm/1st hr	●	0-20
SUGGEST :	S. Iron Profile is indicated.			

**URINE GLUCOSE(FASTING)**

Test Name	Result	Unit	Level	Range
Urine Glucose (Post Prandial)	Nil			

**URINE GLUCOSE(POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
Urine Glucose (Post Prandial)	Nil			

**BLOOD GROUPING AND TYPING (ABO and Rh)**

Test Name	Result	Unit	Level	Range
BLOOD GROUP:	AB Positive			

**LFT (LIVER FUNCTION TEST)**

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	33	U/L	●	0-35
ALKALINE PHOSPHATASE - SERUM/PLASMA	78	U/L	●	Adult(Female): 35 - 104

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Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	25	U/L	●	>1 year Female : <32
Total Bilirubin	0.352	mg/dL	●	0.300-1.200
Direct Bilirubin	0.155	mg/dL	●	Upto 0.3 mg/dl
Indirect Bilirubin	0.197	mg/dL	●	1 Day ≤5.1 mg/dL 2 Days ≤7.2 mg/dL 3-5 Days ≤10.3 mg/dL 6-7 Days ≤8.4 mg/dL 8-9 Days ≤6.5 mg/dL 10-11 Days ≤4.6 mg/dL 12-13 Days ≤2.7 mg/dL 14 Days - 9 Years 0.2-0.8 mg/dL 10-19 Years 0.2-1.1 mg/dL ≥20 Years 0.2-1.2 mg/dL

**CREATININE - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.64	mg/dL	●	Adult Female: 0.5 - 1.2

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Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	32	U/L	●	Male : 10 - 71 Female : 6 - 42

**GLUCOSE - SERUM / PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	113 *	mg/dL	●	70 - 100 : Normal 100 - 125 : Impaired Glucose Tolerance ≥= 126 : Diabetes Mellitus

**GLUCOSE - SERUM / PLASMA (POST PRANDIAL) - PPBS**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Post Prandial)	120	mg/dL	●	70-140

**GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
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Glycosylated Hemoglobin (HbA1c)

5.8 \*

%



Normal < 5.7

%Increased risk for Diabetes 5.7 - 6.4%

Diabetes >= 6.5%

Monitoring criteria for Diabetes Mellitus  
<7.0 : Well Controlled Diabetes  
7.1 – 8.0 : Unsatisfactory Control  
> 8.0 : Poor Control & Needs Immediate Treatment

Estimated Average Glucose.

119.76

### LFT (LIVER FUNCTION TEST)

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM / PLASMA	7.09	g/dL	●	6.00-8.00
PROTEIN TOTAL - SERUM / PLASMA	7.09	g/dL	●	6.00-8.00
ALBUMIN - SERUM	4.2	g/dL	●	Adult(18 - 60 Yr): 3.5 - 5.2
ALBUMIN - SERUM	4.2	g/dL	●	Adult(18 - 60 Yr): 3.5 - 5.2
Globulin-Serum/Plasma	2.89		●	2.20-4.20
Globulin-Serum/Plasma	2.89		●	2.20-4.20
A/G ratio	1.45		●	1.00-2.00
A/G ratio	1.45		●	1.00-2.00

### THYROID PROFILE (T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.7	nmol/L	●	Adults(20-120 Yrs): 1.2 - 3.1 Pregnant Female : First Trimester : 1.61 - 3.53 Second Trimester : 1.98 - 4.02 Third Trimester : 2.07 - 4.02
TOTAL T4: THYROXINE - SERUM	107	nmol/L	●	Adults(20-100 Yrs ):66 - 181 Pregnant Female : First Trimester : 94.3 - 190 Second Trimester : 102 - 207 Third Trimester : 89 - 202
TSH: THYROID STIMULATING HORMONE - SERUM	3.05	µIU/mL	●	14-120 years : 0.27 - 4.20



Within Normal Range



Borderline High/Low



Out of Range



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**URIC ACID - SERUM**

Uric acid is a product of the metabolic breakdown of purine. High blood concentrations of uric acid can lead to gout. It is also associated with other medical conditions including diabetes and the formation of kidney stones.

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.9 *	mg/dL	●	Male : 3.4-7.0 Female : 2.4-5.7

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9	mg/dL	●	6-20
UREA - SERUM / PLASMA	20	mg/dL	●	15 - 50

**LIPID PROFILE - SERUM**

Test Name	Result	Unit	Level	Range
Total Cholesterol	177	mg/dl	●	0 - 200 : Desirable 200 - 240 : Borderline High 240 - 280 : High > 280 : Very High
Triglycerides - Serum	102	mg/dL	●	0-150
HDL CHOLESTEROL - SERUM / PLASMA (Direct Enzymatic Colorimetric)	39 *	mg/dL	●	< 40 : Major risk factor for heart disease 40 - 59 : The higher The better. >=60 : Considered protective against heart disease
LDL Cholesterol (Direct LDL)	138 *	mg/dL	●	100 : Optimal 100-129 : Near Optimal 130-159 : Borderline High 160-189 : High >=190 : Very High
VLDL CHOLESTEROL	21		●	< 40 mg/dl
C/H RATIO	4		●	0-4.5

**X-RAY CHEST PA**

X-ray imaging creates pictures of the inside of your body. Chest X-ray can reveal abnormalities in the lungs, the heart, and bones that sometimes cannot be detected by examination.

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Lung fields are clear.

Cardio thoracic ratio is 0.51, suggests borderline cardiomegaly.

Both costophrenic angles are clear.

Domes of diaphragm are well delineated.

Bony thorax shows no significant abnormality.

**Investigations Not Done / Not Yet Reported**

**Haematology**

STOOL ROUTINE

**Histopathology**

CONVENTIONAL PAP SMEAR /CERVICAL SMEAR

**CARDIOLOGY**

ECHO/TMT

ECG

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### Executive Summary



- .BODY WEIGHT 75 KG, IDEAL BODY WEIGHT 39-48 KG
- .ANEMIA *Eosinophilic*
- .IMPAIRED GLUCOSE TOLERANCE
- .HYPERURICEMIA
- .ECG - NORMAL
- .TMT — TEST IS NEGATIVE , EXERCISE TIME 6:32 ,WORKLOAD 8.60 METS
- .USG ABDOMEN - GRADE I FATTY LIVER
- .CHEST X-RAY - CARDIO TORACIC RATIO IS 0.51 SUGGESTS BORDERLINE CARDIOMEGALY
- .VISION - NORMAL
- .DENTAL - AS PER DOCTOR ADVICE

### Wellness Prescription

#### Advice On Diet :-



- BALANCED DIET
- LOW FAT DIET
- LOW CARBOHYDRATE DIET

#### Advice On Physical Activity :-



- REGULAR 30 MINUTES WALK FOR HEALTH AND 60 MINUTES FOR WEIGHT REDUCTION
- PRACTICE YOGA AND MEDITATION
- MAINTAIN WEIGHT BETWEEN 39-48 KG

### Follow-up and Review Plan



CHECK HB ELECTROPHORESIS

*Consults body*



Scan the QR code in AskApollo App to book your follow-up appointments and investigations

Printed By : MUKTA S ADALTI

*Dr. Shashikant Nigam*  
Dr.SHASHIKANT NIGAM

AHC Physician / Consultant Internal Medicine

Dr. Shashikant Nigam

MBBS, MD (Gen. Med.)

Consultant Internal Medicine

Apollo Hospitals International Ltd., Gandhinagar, Gujarat-382428, INDIA. Regd. No.: G-21961



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Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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## RADIOLOGY

**Patient Details :** Mrs. SWEETY DODIA | Female | 39Yr 7Mth 11Days  
**UHID :** AHIL.0000850172 **Patient Location:** AHC  
**Patient Identifier:** AHILAH198033   
**DRN :** 123032130 **Completed on :** 11-MAR-2023 12:11  
**Ref Doctor :** DR. SHASHIKANT NIGAM

### X-RAY CHEST PA

#### IMPRESSION

Lung fields are clear.

Cardio thoracic ratio is 0.51, suggests borderline cardiomegaly.

Both costophrenic angles are clear.

Domes of diaphragm are well delineated.

Bony thorax shows no significant abnormality.

— END OF THE REPORT —



RAJVEERSINH P CHAVDA

Medical Officer

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**Apollo Hospitals International Limited**  
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### Radiology

**Patient Details :** Mrs. SWEETY DODIA | Female | 39Yr 7Mth 11Days  
**UHID :** AHIL.0000850172      **Patient Location:** AHC  
**Patient Identifier:** AHILAH198033        
**DRN :** 223013805      **Completed on :** 11-MAR-2023 14:04  
**Ref Doctor :** DR. SHASHIKANT NIGAM

### USG WHOLE ABDOMEN

#### FINDINGS :

Liver appears normal in size and shows mild fatty changes. No evidence of focal pathology seen. Intra and extra hepatic biliary radicles are not dilated. Portal vein is normal in calibre. Intrahepatic portal radicles appear normal.

Gall bladder appears normal with no evidence of calculus. Wall thickness appears normal. No evidence of pericholecystic collection.

Head, body and tail of pancreas appear normal in size and echotexture. No focal lesions identified Pancreatic duct appears normal in caliber.

Spleen measures 9.4 cms and shows uniform echotexture.

Both kidneys are normal in size and show normal echopattern with good corticomedullary differentiation. Cortical outlines appear smooth. No evidence of calculi. Pelvicalyceal system on both sides appear normal.

No evidence of ascites or lymphadenopathy.

Urinary bladder is normal in contour and outline. Wall thickness appears normal. No evidence of any intraluminal pathology seen.

Uterus is anteverted and appears normal in size and echotexture. No focal lesion is seen. Myometrial and endometrial echopattern appear normal. Endometrial thickness is 8 mm.

Both ovaries are normal in size and echopattern.

No free fluid is seen in Pouch Of Douglas.

No definite evidence of adnexal/pelvic mass is seen.

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Mrs. SWEETY DODIA

AHIL.0000850172

AHILAH198033

USG WHOLE ABDOMEN

IMPRESSION :

Grade I Fatty liver.

Rest study unremarkable.

— END OF THE REPORT —

A. A. PATEL.

Dr. ALPESH A PATEL

DNB Resident

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Rate 81

PR 136  
QRS 91  
QT 396  
QTc 460

AHIL.0000850172

Mrs. SWEETY  
DODIA

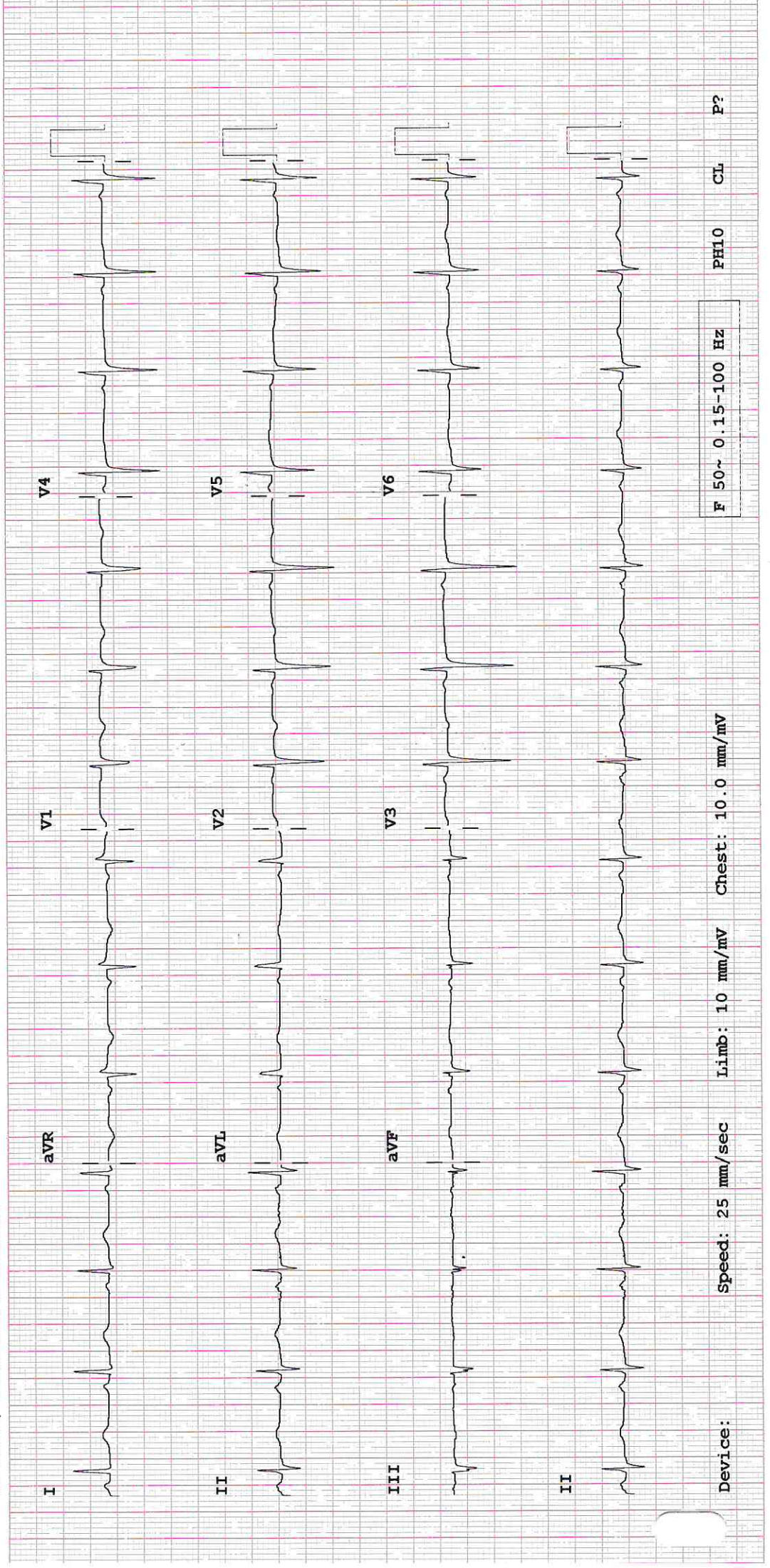
39 Year(s) / Female

--AXIS--

P 30  
QRS -16  
T 23



12 Lead; Standard Placement



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50~ 0.15-100 Hz

PH10 CL P?





**DENTISTRY**

Name : ..... Date : 11/3/23 Unit No. : .....

Occupation : ..... Ref. Physician : .....

Age : ..... Sex :  Male  Female Copies to : .....

**DENTAL RECORD**

**ALLERGIES :** N/A

**PAIN :** Score (0-10) 0 Location : ..... Character : .....

**DENTAL CLEANING HABIT**

<input checked="" type="checkbox"/> Once	<input type="checkbox"/> Twice	<input type="checkbox"/> Occasionally
<input checked="" type="checkbox"/> Brush	<input type="checkbox"/> Finger	<input type="checkbox"/> Stick
<input checked="" type="checkbox"/> Tooth Paste	<input type="checkbox"/> Powder	<input type="checkbox"/> Any other
	<input type="checkbox"/> Any other	

**DO THE GUMS BLEED WHEN YOU BRUSH YOUR TEETH?**  Yes  No

**ARE YOUR TEETH SENSITIVE TO HEAT / COLD?**  Yes  No

**ORAL HYGIENE**  Good  Fair  Poor

ORAL TISSUE EXAMINATION	PERIODONTAL EXAMINATION	OCCLUSION																																																																																
<b>NORMAL FINDINGS IN DISEASE</b>  Lips : ..... Cheeks : ..... Tongue : ..... Floor of the mouth : ..... Palate : ..... Tonsillar Area : ..... Any other : .....	<table border="0"> <tr> <td></td> <td>MILD</td> <td>MOD</td> <td>SEV</td> </tr> <tr> <td>Gingivitis</td> <td><input checked="" type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>Calculus</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>Recession</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>Periodontal Pockets</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>Attrition</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>Erosion</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>Mobility</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> </table>		MILD	MOD	SEV	Gingivitis	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Calculus	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Recession	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Periodontal Pockets	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Attrition	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Erosion	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Mobility	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<table border="0"> <tr> <td>CLASS</td> <td>I</td> <td>II</td> <td>III</td> </tr> <tr> <td>CROSSBITE</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Hypoplasia</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Impaction</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Non-vital</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Fracture</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Abcess</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Ulcers</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Caries</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Missing Teeth</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Supernumerary</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Others</td> <td></td> <td></td> <td></td> </tr> </table>	CLASS	I	II	III	CROSSBITE				Hypoplasia				Impaction				Non-vital				Fracture				Abcess				Ulcers				Caries				Missing Teeth				Supernumerary				Others			
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**PRESENT COMPLAINT :** tooth cavity

**PRE-MEDICAL HISTORY:**  DM  HTN  Thyroid  Acidity  Pregnancy  
 Anticoagulant  Under Drug Therapy

**OBSTETRICS & GYNAECOLOGY - AHC**

Name : .....	AHIL.0000850172	Date : 11/3/23	Unit No. : .....
Occupation	Mrs. SWEETY DODIA	Ref. Physician : Dr. Kavya Nair	
Age : .....	39 Year(s) / Female	Copies to : .....	



**GYNAEC CHECK UP**

**Chief Complaint:**

None. P1+2

Children: 1 ♂

Weight:

Deliveries: 1 FTND

BP:

Last Child: MCH/11 years/FTND

Abortions: 2 MTP.

Breasts: Normal

Periods: Regular

5 days  
22-27

PAP Smear: Taken.

LMP: 20/2/23

Previous Medical H/O:

Menopause: -

None

G. Condition: Fit

PH/O: HTP, DM.

P/A: Soft

Previous Surgical H/O:

S/E: -

None.

P/V: Uterus: Anteverted

Size could not be assessed  
all abdominal full

P/R: -

Cervix: Small erosion

**Impression:**

Aslv

① Tab. Fole 150mg 1 tab once a week x 4 weeks

② AH3 Vaginal pessary at night x 3 days.

Doctor Signature  
Date & Time

*[Signature]*

11/3/23  
12:14PM



**OPHTHALM**

AHIL.0000850172

**N RECORDS**

Mrs. SWEETY  
DODIA

Date : 11/3/23

Name :

39 Year(s) / Female

UHID :



Distance Vision :

Right Eye -

6/6

Left Eye -

6/6

Near Vision :

Right Eye :

NG

Left Eye :

NG

APLN.TN - Right Eye

11

Left Eye-

12

mmHg

Both Eye - Colour Vision

WNL

Both Eye - Anterior Segment Examinations -

NAD

Both Eye Posterior Segment Examinations -

NAD

  
Doctor's Signature



APOLLO HOSPITAL  
BHAT  
AHMEDABAD

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: DODIA, MRS. SWEETY  
Patient ID: 850172  
Height: 145 cm  
Weight: 75 kg

DOB: 29.07.1983  
Age: 39 yrs  
Gender: Female  
Race: Asian

Study Date: 11.03.2023  
Test Type: --  
Protocol: BRUCE

Referring Physician: --  
Attending Physician: --  
Technician: MS. KHUSHALI. C. SUCHAK

Medications:

--

Medical History:

--

Reason for Exercise Test:

--

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed [ mph ]	Grade [ % ]	HR [ bpm ]	BP [ mmHg ]	Comment
PRETEST	SUPINE	00:02	0.00	0.00	89		
	STANDING	00:24	1.00	0.00	95	120/80	
EXERCISE	STAGE 1	03:00	1.70	10.00	130	130/80	2:09 No symptoms
	STAGE 2	03:00	2.50	12.00	157	150/80	5:24 THR ACHIEVED
	STAGE 3	00:32	3.40	14.00	169	160/80	6:11 Fatigue
RECOVERY		04:21	0.00	0.00	100	130/80	2:09 No symptoms
							3:44 No symptoms

The patient exercised according to the BRUCE for 6:32 min:s, achieving a work level of Max. METS: 8.60. The resting heart rate of 89 bpm rose to a maximal heart rate of 169 bpm. This value represents 93 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 160/80 mmHg. The exercise test was stopped due to Fatigue.

### Interpretation

--

### Conclusions

TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA AT MODERATE WORKLOAD.  
NORMAL HR AND NORMAL BP RESPONSE.  
NO ANGINA // ARRHYTHMIA DURING TEST.  
NO SIGNIFICANT ST-T CHANGES SEEN DURING EXERCISE AND RECOVERY.  
TEST TERMINATED DUE TO THR ACHIEVED & FATIGUE.  
MODERATE EFFORT TOLERANCE.

Physician

Technician